



ON THE SIDELINES

Let's be more

positive

towards

officials

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# GWY 4V OY6C CHEROKEE ONE FEATHER \* TSALAGI SOQUO UGIDAHLI

week of galoni 16-22 2023

# Last runner standing

Cherokee couple tackles ultra running race

**By SCOTT MCKIE B.P.**One Feather Asst. Editor

or one Cherokee couple, challenging themselves in their running is not only a passion, it's a way of life. Kallup McCoy II and Katelynn Ledford-McCoy, husband and wife and both members of the Eastern Band of Cherokee Indians, competed recently in the Bob's Big Timber Backyard Ultra Last Runner Standing event in Glenmont, Ohio.

"The format of this event is that you complete a 4.167 mile

see **RUNNING** next page



Kallup McCoy II (front center) and Katelynn Ledford-McCoy (right), husband and wife and both members of the Eastern Band of Cherokee Indians, are shown competing recently in the Bob's Big Timber Backyard Ultra Last Runner Standing event in Glenmont, Ohio. (Photos contributed)

# **Elect Cyndi Lambert**



Birdtown Tribal Council
Your Voice Matters





# NEWS OZPG



The Editorial Board of the Cherokee One Feather consists of: Robert Jumper, chairperson; Dawn Arneach, vice chairperson; Scott M. Brings Plenty; Sally Davis; Chris Siewers; and Breanna Lucas.

### One Feather staff

Editor - Robert Jumper robejump@ebci-nsn.gov, 359-6482

Assistant Editor - Scott M. Brings Plenty scotmcki@ebci-nsn.gov, 359-6263

Reporter - Position is currently open

Ad Sales Coordinator - Dawn Arneach dawnarne@ebci-nsn.gov, 359-6489

Subscription Clerk - Sally Davis salldavi@ebci-nsn.gov, 359-6262

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The Cherokee One Feather is available as a forum for opinion or comment concerning issues of interest to the community and readership. Letters, including any submitted photos, should be exclusive to and will become the property of the One Feather. Letters must be signed and include contact information (name, address, email, or phone number). Letters should not exceed 250 words and may be rejected if those exceed the word limit. Submissions of more than 250 words may be considered for commentaries at the discretion of the Editor. The name and township of the writer will be printed. Letters must conform to the ethics policy of the Cherokee One Feather and the paper reserves the right to refuse publication of any material. The Editorial Board is the final arbiter on all decisions involving content. The deadline for all submissions is Friday at 12 p.m.

Disclaimer: The views and opinions expressed by the editor and commentators are those of the authors and do not necessarily reflect the official policy or position of the Cherokee one Feather and Eastern Band of Cherokee Indians.

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2nd Place - Community Coverage



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**RUNNING:** Cherokee couple competes in ultra race, *from front page* 

loop, every hour on the hour, until you cannot continue or you do not make it back into the starting line corral within that hour," Kallup explained. "Whatever time you have to spare within that hour, is the time you get to use to rest and recover. For example, if you finish the loop in 51 minutes, then you have 9 minutes before the next loop begins. The race goes on until there is one runner left."

Kallup ran 21 laps totaling 87.5 miles in 21 hours, and Katelynn ran for 14 laps totaling 58.3 miles in 14 hours.

Both have competed in ultra races before such as marathons and Ironman events, but this was a first for an event like this.

Kallup noted, "I was relying on the strength and fitness that I had built over the past couple of years from marathon training. I didn't train a whole lot specifically for this race. We really just decided to do this race on whim, two weeks prior during one of my wife's training runs."

Katelynn is currently preparing for a 100-mile ultra-marathon and has been battling a case of plantar fasciitis as well. "I have been slowly getting back into running. I really didn't start turning up the distance and elevation until July, which was super helpful for me to

be prepared in this Last Runner Standing event. I have been running a lot in our local area like Deep Creek and the Mingus Mill trail, which are two of my favorite trail runs for training."

She added, "I feel like all of the events I have competed in over the years have all helped me to get prepared for this specific race, mentally. Knowing that I have completed challenging events such as Ironman, Spartans, and other ultramarathons, that helped me to wrap my mind around the thought that the pain during an ultra is only temporary."

Having recently competed in the Missoula, Mont. Marathon, Kallup changed his training up a bit and joined his wife on the trails. "I realized I have been missing the trails, and wanted to change things up a bit. We live our life in such a way that we follow this acronym-BYLR (build your life resume)- which is where we do things unscripted, out of our comfort zone, and just say yes to signing up for things. We can come up with a million reasons to talk ourselves out of doing something, whether that is physically, in our daily life decisions, work endeavors, etc., or we can subscribe to the BYLR way of life which enhances our lives to be brave, be willing, make memories, and live our life in a way that is meaningful to us."

The format of the Last Runner

Standing event was different for them as well and offered interesting challenges.

Kallup commented, "With marathon training, it's about how fast you can run, while not crossing that red line, and finishing quickly. With this event, it's almost the exact opposite. It's about being patient, slowing down, how long you can endure the suffering and discomfort, and then the race doesn't even really start until you get to that point of experiencing the discomfort and urge to quit. The marathon is a distance that is short enough to race, but long enough to cause suffering and you know when it will end. The last runner standing event is one where you never know when it is going to end, and that's hard for you to wrap your mind around."

Katelynn noted, "You have to welcome the pain. I know that sounds crazy, but the pain is unavoidable. You cannot enter into a race like this with the expectation or mindset that everything is going to go smooth, and that you will be able to cheat the pain. It doesn't work that way. This kind of event not only tests you to the physical limits, but your mental as well."

Doing an event such as the Last Runner Standing presents mental and physical challenges unlike other races, and this included making sure they stayed hydrated and properly nourished throughout the event. "We both hydrated with water, Pedialyte, and Powerade," said Kallup. "I also drank pickle juice from timeto-time."

He added, "Making sure you eat is vital during an ultramarathon, so I ate a little bit of everything that my body could stomach. Sometimes it was turkey and cheese in a spinach wrap, pineapples, and watermelon. When



Draped in the flag of the Eastern Band of Cherokee Indians, the two pose at the finish line.

the nighttime loops hit, I needed a change up in food so I smashed three pieces of pizza, mashed potatoes, and ramen soup."

Katelynn ate turkey and cheese wraps during her Ironman race and stayed with those and added some other options. "I went with what I knew would work for my body during extreme physical exertion. The people at the aid station also made grilled cheese and cheese quesadillas which were divine, and I ate fruit. It was pretty hot so when they offered frozen ice pops, I was thankful. I also carried bottles of water to dump on myself while running to keep from overheating."

Kallup said he was happy with his race. "I was shooting to run 100 miles, which would have gotten me a buckle, but I am really happy with my performance and effort. As I had finished lap 19 and was entering the corral, I said to the race director and my friend Bob, 'Not too bad for a marathoner'."

Katelynn, who has the ultra-marathon coming up, had a different goal and was also happy with her performance. "When Kallup first suggested that we go run this event, it didn't take me long to say yes, as I figured I could use it as a long training run. So we went into this event with the intention of pulling me out after a decent distance so that I wouldn't hinder my ongoing training for my goal race, knowing I would now have to include recovery time."

What an athlete does to recover physically following a contest is many times just as important as pre-training, and that was especially true following this event.

"This kind of event not only tests you to the physical limits, but your mental as well."

- Katelynn Ledford-McCoy

"Sleeping and eating more to replenish the body," said Kallup. "We hobbled around for two days before we could actually start walking normal again. We gave our bodies extra days of no running to recover, and after four days we went on a bike ride to flush the legs out. After that we felt pretty good. We like to use the Hyperice massage gun for our muscles and tendons, and we also took several epsom salt baths."

Katelynn visited a sauna house for hot/cold therapy to help with inflammation.

The couple said they'd like to thank Nancy Pheasant, Katelynn's mother, and Cocoa Bean, their Frenchie, for helping them during the race as a pit crew. "Having a crew there helps boost morale and takes out a lot of the stress a runner might have trying to do everything on their own. She did a fantastic job at helping us refill hydration and preparing our nutrition."

### CIPD Arrest Report for July 30 – Aug. 6, 2023

The following people were arrested by the Cherokee Indian Police Department and booked into the Anthony Edward Lossiah Justice Center. It should be noted that the following defendants have only been charged with the crimes listed and should be presumed innocent until proven guilty in a court of law. Mugshots can be viewed at theonefeather.com.

Arkansas, Crystal Beth – age 41 Arrested: July 31 Released: Aug. 3

Charges: Second Degree Trespass

Figuerroa, Francisco Kalvloi – age

Arrested: July 31

Released: July 31 Charges: Simple Assault, Assault and Battery, Simple Affray; As-

sault on a Female

Lespier, April Lee – age 41

Arrested: July 31 Released: Aug. 3

Charges: Second Degree Trespass

Reed, Addie Pauline – age 52

Arrested: July 31 Released: Aug. 8

Charges: Failure to Obey a Lawful

Order of the Court

Smith, Gilbert Wesley – age 68

Arrested: July 31 Released: July 31

Charges: Probation Violation

Welch, Kelsey Anne – age 32

Arrested: July 31

Released: Not released as of report

date (Aug. 9)

**Charges: Probation Violation** 

Wolfe, Terry Lee – age 37

Arrested: July 31 Released: Aug. 7

Charges: Second Degree Trespass

Bristow, Tanya Diane – age 47

Arrested: Aug. 1 Released: Aug. 1

Charges: Temporary Hold for

Jackson Co.

Burton, Joseph Daniel – age 45

Arrested: Aug. 1

Released: Not released as of report

date (Aug. 9)

Charges: Failure to Appear on

Misdemeanor

Dockery, Sheena Smith - age 38

Arrested: Aug. 1 Released: Aug. 3

**Charges: Probation Violation** 

Sadongei, Paulo Khyli – age 21

Arrested: Aug. 1 Released: Aug. 1

Charges: Weapon Offense, Driving

While Impaired

Gammon, James Stephen – age 28

Arrested: Aug. 2 Released: Aug. 3

Charges: Child Abuse in the Sec-

ond Degree

Rayfield, Adam – age 44

Arrested: Aug. 2 Released: Aug. 2 Charges: First Degree Trespass

Sequoyah, Jeremy Isaac – age 30

Arrested: Aug. 2 Released: Aug. 3

**Charges: Probation Violation** 

Teesateskie, Beth Sonya – age 41

Arrested: Aug. 2 Released: Aub. 8

Charges: Possession of a Controlled Substance, Child Abuse in

the Second Degree

Wildcatt, Wesley Jordan – age 23

Arrested: Aug. 2

Released: Not released as of report

date (Aug. 9)

**Charges: Probation Violation** 

Armachain, Henrietta – age 38

Arrested: Aug. 3 Released: Aug. 4

Charges: Contributing to the Delinquency, Undiscipline, Neglect, or Abuse of Minors (7 counts)

Conseen, Venyall Lashaun – age

43

Arrested: Aug. 3

Released: Not released as of report

date (Aug. 9)

**Charges: Probation Violation** 

George, Elicio Sanchez – age 27

Arrested: Aug. 3

Released: Not released as of report

date (Aug. 9)

**Charges: Probation Violation** 

McCoy, Charlene Anita – age 52

Arrested: Aug. 3 Released: Aug. 4 Charges: Larceny Pesikan, Boris - age 34

Arrested: Aug. 3 Released: Aug. 7

Charges: Violations of Exclusion

**Resolutions and Orders** 

Toineeta, Margie Lynn – age 54

Arrested: Aug. 3

Released: Not released as of report

date (Aug. 9)

**Charges: Probation Violation** 

Bird, Alexia – age 18

Arrested: Aug. 4

Released: Aug. 4

Charges: Providing Alcoholic

Beverages to, Possession of, Consumption of Alcoholic Beverages by Persons Under 21 years Old;

**Public Intoxication** 

Littlejohn, Emery Lee - age 38

Arrested: Aug. 5 Released: Aug. 7

Charges: Child Abuse in the Second Degree, Driving While Im-

paired

Locust, Robyn Lynn – age 39

Arrested: Aug. 5 Released: Aug. 5

Charges: Possession of a Con-

trolled Substance

Patterson, Eric Shea – age 45

Arrested: Aug. 5 Released: Aug. 6

Charges: Hold Until Sober

Taylor, Dante – age 18 Arrested: Aug. 5 Released: Aug. 5

Charges: Driving While Impaired



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# N SPORTS DΛK

ON THE SIDELINES

# Let's all be more positive towards officials this season

**By SCOTT MCKIE B.P.**One Feather Asst. Editor

CHEROKEE, N.C. – High School sports starts the week of Aug. 14, and I'm looking forward to getting back on the sidelines. Something I'm not looking forward to is having to hear all of the cussing, screaming, and threats coming from the "fans" directed at the sports officials.

This behavior has gotten so pervasive in prep sports that most major high school athletic associations have begun addressing it — they have to because they're losing officials.

It is so prevalent that the National Federation of State High School Associations (NFHS) is hosting the NFHS Behavior in Sports Summit: Understanding Your Influence on Aug. 14-16 in Indianapolis.

Dr. Karissa Niehoof, NFHS chief executive officer, said in a statement on Aug. 8, "Recent surveys indicated that despite the efforts of many individuals, groups, and organizations, the behavior at events and abuse of officials is continuing across the country. We are tired of talking about the problems. It is time to start formulating solutions to the behavior issues at high school – and middle school – sporting events nationwide."



An official watches a play intently during a game between the Cherokee Braves and Franklin Panthers at Ray Kinsland Stadium in Cherokee, N.C. on the evening of Aug. 26, 2022. A NCHSAA report from October 2022 states that over half of the state's officials have considered quitting in the past two years. (SCOTT MCKIE B.P./One Feather photo)

According to a 2022 officiating study released by the NCHSAA (North Carolina High School Athletic Association), "Poor sportsmanship is the number one reason officials will leave the officiating ranks. 63 percent of those (officials) surveyed indicated that bad behaviors by fans, coaches, and players make officiating no longer rewarding. 66 percent of all surveyed believe that spectator behavior is worse than it has ever been."

Even more shocking than that is the revelation in the study stating "more than half of current NCHSAA officials have considered quitting in the last two years". Well, as I think about the statement, it shouldn't shock me at all. Officials are people – they are, I checked. So, officials are people, and most people don't like being screamed at while they're working.

Que Tucker, NCHSAA commissioner, said in a statement in October following release of the report, "We hear our officials loudly and clearly. Bad behavior, particularly by fans, at high school contests must stop. The data from this survey of officials is alarming as it shows how close we are to a tremendous problem in finding qualified officials for contests at our schools."

That's what I'm afraid will

happen. I'd hate to see a day when student-athletes cannot play their sport because of a lack of officials. And, it seems like we're heading towards that now.

I'm a sports fan, a huge sports fan. And, I get it. I really do.

Sometimes, officials make just absolutely terrible calls. I see it each and every single game I cover.

But, I get to see the game through a telephoto lens and see the game much closer than even the official on the field. Sports move fast, and it's hard to make a split-second decision. They get calls right, and they get them wrong. It's up to us, as fans, to accept their calls and their foibles.

Even when it is hard to do so, we have to accept their calls. We have to do this for the student-athletes.

If an official continually makes bad calls or if a school feels they continually target their students, then the school should document it and file a formal complaint. It's the only way to move forward and have officials continue to officiate games.

There's no perfect officiating, but fans have to calm down. Cheer for, not against.

Let's have a great 2023-24 sports season. See you on the sidelines.



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### Fitness Frenzy - Torl

Come join us for our Fitness Frenzy to get a 5–10-minute sample of each fitness program Cherokee Choices offers to find the right match for you! The Fitness Frenzy will be Thursday, September 7th at 10-10:30am, 12-1:30pm,1:30-3:00 pm and 3-4:30pm. Raffle prizes & health education info. Limited space is available.

### Art of Self Care Support Group - Keahana Lambert

Tuesday 10am - 11am Virtual Support Group - Begins September 5,

### Life Coaching - Keahana Lambert

Are you looking for guidance in navigating a significant life change or means of bridging the gap between your current circumstances and the life you'd like to lead?

### Soup for the Soul Book Club - Keahana Lambert

Engage in positive, thought-provoking dialog, exploring our imaginations while coping with life stresses. Meet once per month. September -January FIRST MEETING: September 11, 2023 5pm – 6pm

### Living Well with Diabetes - April Innis

This 6-week course will help you learn to live your best life while managing your diabetes. We will learn how to cook delicious healthy meals and discuss meal planning. We will cover the basics of managing your diabetes to help you live a healthier, happier life. Lunch will be provided. Dates TBA.

### **POUND - April or Tori**

Get your cardio and strength training all in one! For all fitness levels. Use a set of rip sticks (drumsticks) to work out to each song. Classes will be held on Tuesdays at noon beginning September 12 in the Cherokee Choices Community room.

### Yoga - Robin

Beginner Yoga Therapeutics Tuesday 12:00-12:45: Great for all levels focuses on the breath, flexibility, and yoga for neck, shoulders, hips & back. Gentle Yoga Flow & Meditation Thursdays 12:00-12:45: All levels welcome with modification, movement with breath focusing on strength and flexibility with Meditation before/after class. FREE & Open to the public in the Cherokee Yoga Room. EBCI enrolled members receive priority in class space. Signups are required.

### Resources for Resiliency 2-day training - Shelby Parker

September 18th and 19th 8:30am- 3:30pm

Learn how to cope with everyday stressors and trauma. Learn about how our brains are wired and how this affects our body's response to trauma. Learn about self-regulation, co-regulation, historical trauma, and more! This is a free 2-day training, open to all! Administrative leave is available to tribal employees with supervisors' approval. For more info or to sign up contact Shelby Parker

### Remember the Removal Bike Ride 2024

MUST be an enrolled member of the EBCI to apply, MUST interview in-person, and MUST be able to commit to training in-person. Applications are available via email or in-person at Cherokee Choices 806 Acquoni Rd. Cherokee NC 28719 Contact Tori Trammell at victtram@ebci-nsn.gov or 359-6778 for an application or for more information. Applications are due August 23rd by 4pm to Tori via email or in-person.





### **Meditation Series**

Meditation with Tonya Carroll Wednesdays @ 5-5:45 PM-August 23rd, 30th & September 13th 20th & 27th in the Cherokee Yoga Room. Sign-up with Tonya @ tonya@rkli.org

### Tai chi for Arthritis

Begins September 6, Wednesdays @ 10am in the Cherokee Choices community room. All ages & fitness levels are welcomed. Contact Yolanda Saunooke

### Contact

Robin Bailey Callahan 828-359-6785, robibail@ebci-nsn.gov

Yolanda Saunooke 359-6784, yolasaun@ebci-nsn.gov

Keahana Lambert 828-359-6193, keahlamb@ebci-nsn.gov

Tori Trammell 828-359-6778 victtram@ebci-nsn.gov

April Innis 828-359-6201 apriinni@ebci-nsn.com

Shelby Parker 828-359-6783 shelpark@ebci-nsn.gov

# COMMUNITY & SSY

### EBCI COMMUNITY ANNOUNCEMENTS

### 111th Annual Cherokee Indian Fair vendor information

The Cherokee Indian Fairgrounds is now taking applications
for food trucks, stand-alone, and
Craft Vendor Spaces for the 111th
Annual Cherokee Indian Fair until
all spaces are full. Food vendors
must be at least 18 years old to qualify for a space. Please submit your
application and payment with your
menu attached to it to Lisa Frady
(lisafrad@ebci-nsn.gov) or Frieda
Huskey (friehusk@ebci-nsn.gov).
No exceptions will be made.

The fee for the food truck and stand-alone spaces (25'x25') is \$300.00. The Craft Vendor spaces are a 10' X 10' space for \$200 for Oct. 3-7. The food truck, standalone, and craft vendor spaces are

on a first-come, first-pay basis for enrolled members of the Eastern Band of Cherokee Indians until 4:30 p.m. on Friday, Aug. 18. If there are any spaces left, non-enrolled members can get a food vendor space that will be on a first-come, first-pay basis on Monday, Aug. 21 until 4:30 pm on Aug. 28 or until all food vendor spots are taken. They will not accept any application without the full payment for the space. You can pick up and turn in your application at the Ginger Lynn Welch Complex building from Lisa Frady or Frieda Huskey.

The prices for the spaces are as follows:

Food Truck/Stand Alone Space (25' x 25') = \$300

Craft Vendor Space (10' X 10') = \$200

Info: Lisa Frady (828) 788-1708 or

Frieda Huskey (828) 269-7095

- Cherokee Indian Fairgrounds release

### **NATIONAL PARK NEWS**

### Great Smoky Mountains National Park announces closure dates for Lakeview Drive construction

GATLINBURG, Tenn.— Great Smoky Mountains National Park officials announced that Lakeview Drive will be closed from Aug. 14 to Nov. 14 for reconstruction funded by the Great American Outdoors Act.

During the construction, the road will be closed to all public access, including foot traffic, bicycles, horses, and vehicles. Cemeteries along Lakeview Drive will be open on Sunday, October 8 for anyone planning a Decoration Day or cemetery visit.

Hikers and visitors will not be able to access the Noland Creek Trail, Lakeshore Trail, Goldmine Loop Trail, Benton MacKaye Trail, Lakeview Drive Tunnel, or the Tunnel Bypass Trail from the road during the closure. During the road closure, backcountry campsites 65 and 67 will also be closed. All other backcountry campsites in the area will remain open but will only be reachable via routes and trailheads not accessed from Lakeview Drive. For specific information about backcountry access in the area, please contact the backcountry office at (865) 436-1297.

Supported by revenue from energy development, the Great American Outdoors Act provides funding to make significant enhancements in national parks and other public lands to ensure their preservation and provide opportunities for recreation, education, and enjoyment for current and future visitors. The Great American Outdoors Act, the Bipartisan Infrastructure Law, and

other construction funding sources are part of a concerted effort to address the extensive maintenance backlog in national parks.

The Federal Highway Administration awarded a \$15,681,860 construction contract to Bryant's Land and Development Industries of Burnsville, N.C. for Lakeview Drive reconstruction. Work will include the complete reconstruction of the 6.5-mile-long road, replacement of all guardrails, construction of ADA accessible parking spaces, new road signs, drainage repair and other miscellaneous work.

- National Park Service release

### Upcoming closures on the Gatlinburg Spur and Alum Cave Trail

GATLINBURG, Tenn. — Great Smoky Mountains National Park maintenance crews will implement temporary, single-lane closures along the north-and southbound Spur Monday, Aug. 14 through Thursday, Aug. 17, and again Monday, Aug. 21 through Thursday, Aug. 24. Crews will remove fallen trees and branches, rock debris, and litter and will mow along road shoulders.

The lane closures will be in effect from 7 a.m. to 4 p.m. each day. Drivers should reduce speeds, drive with extra caution, and anticipate delays during lane closures.

Crews will also close Alum Cave Trail on Wednesday, August 16 to repair a bridge damaged by a tree during a recent storm.

There will be no access to the trail during the closure. Hikers who wish to go to Mt. LeConte on August 16 may use one of the other trail routes to the summit. For more information about the other routes, contact the Backcountry Office (865) 436-1297.

- National Park Service release



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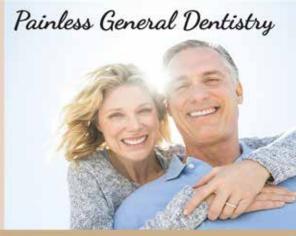
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#### APPROVED LENDERS

While CIRD works with First Citizens Bank and 1st Tribal Lending for on-boundary lending; we also work with numerous lenders for purchases or construction off the houndary.



### COUNTIES SERVED

Swain Counties. Buncombe County is eligible for DPA. RBD and Foster Parent this fiscal year only (grant funded).



#### WANGIAL LITERACY

Lendong Officers welcome any interested enumbed member credit counseling to introduce them to function literacy. We also work with the school and summer youth programs to heach fundamentals of budgeting and credit.

FOR MORE INFORMATION:

Tina: 828-359-6912; tinalarc@ebci-nsn.gov Misty: 828-359-6919; mistmill@ebci-nsn.gov

### **OBITUARIES** JhfifR

### Renata "Nott" Maney

Renata "Nott" Maney, age 43, passed away on Friday, Aug. 4, 2023, at her residence after an extended illness.

She is survived by her children, Jonah (Porschea), LaTyra, and Josiah Maney; mother, Ramona Standingdeer; biological father, Richard "Twidge" Welch; sister, Ursula Millsaps; brothers, Richard "Duck" Welch and Lee Standingdeer; niece, Estella (Damien) Litzinger; nephews, Gabriel "Gabe" and Aiden Millsaps; aunt, Dean Teesatuskie; uncles, Don Smiley and Roy Teesatuskie; and many cousins also survive. Renata is preceded in death by her Dad, Kenneth Standingdeer; Mamaw, Estella Teesatuskie; aunt, Rosalie "Rosie" Teesatuskie

Smiley; and uncles, Raymond, Richard, Reuben Teesatuskie, and David Arch.

A funeral service was held on Tuesday, Aug. 8 at Yellowhill Baptist Church with Foreman Bradley and Scott Chekelelee officiating. Burial was in the Kenneth Standingdeer Family Cemetery. Pallbearers were Jonah Maney, Gabe Millsaps, Richard "Duck" Welch, Jonah Teesatuskie, Gavin Teesatuskie, and Josiah "Siah" Maney. Honorary Pallbearer was Aiden Millsaps.

Long House Funeral Home assisted the family with final arrangements.

### Johnathan Christopher "Big John" Martin

Johnathan Christopher Martin, better known as "Big John", age 38, passed away unexpectedly

on Wednesday, Aug. 9, 2023 after a brief illness.

He is the son of Henrietta
Littlejohn. Also surviving is his
brother, Henry "Moose" Littlejohn (Spirit); sisters, Joni Martin
(Eddie) and Jasmine Littlejohn
(Brandon); mother's side from
South Carolina, Debra Starnes
(Buddy), A.D. Martin, Doris Honeycutt, and Johnny Martin (Jennifer); father's side, Mose Oocumma
(Peggy), Dolly Littlejohn, Leslie
Caron Swayney, Ruth McCoy; and
LadyBird Powell. Many nieces,
nephews, cousins, and special
friends also survive.

Big John was preceded in death by his Dad, Henry Queen Littlejohn Jr.; niece, Aubrey Littlejohn; aunts, Mildred Cisaneros, Annie Cucumber, and Annie Oocumma; uncle, Levi Oocumma; grandparents, (mother's side) Henry Martin and Annie Martin; (father's side) Henry Queen Sr. and Stacy Elizabeth Sequoyah and Kina Littlejohn (Boyd).

It takes a village to raise a child. Special thanks to Edith Queen; Imelda, Stinker, Beth, Lou and Buddy; Noah Wolfe (Cookie); Dave Wolfe; special friend, Danny Gift from Houston, Texas; Timmy Ray Smith and family; Braves Nation Family; Boss; Jason Jones and Harrah's Cherokee Casino family; Western Carolina University family; and all those who knew you were special to him. We are very sorry if we did not list you by name. Big John touched so many people and their lives, too many to

count and name.

Funeral services will be held at the Chief Joyce Dugan Cultural Arts Center at Cherokee Central Schools on Wednesday, Aug. 16 at 4 p.m. Burial will be in Sequoyah Cemetery. Pallbearers will be Rob Stamper, Joe Don Owle, Steven Youngdeer, cousins, and Ball team of 2003.

Long House Funeral Home assisted the family with final arrangements.

### Gene Rowland

Gene Rowland, 74, of Cherokee, went to Heaven to be with his girls on Wednesday, Aug. 9, 2023. A native of Cherokee, he was the son of Rowena Rowland of Cherokee and the late Ed Rowland.

He was preceded in death by his daughters, Melissa and Heather

Gene was a U.S. Army veteran having served two tours in Vietnam. He enjoyed fishing, hunting, camping, horseback riding and gardening.

He is survived by his siblings, John, David, Doris and Donny as well as many friends, nieces and nephews.

Funeral services were held Monday, Aug. 14 in the chapel of Crisp Funeral Home. Rev. Mike Cogdill officiated with burial in the Birdtown Cemetery.

Pallbearers were John Ralph Edwards, John Rowland Jr., David Lee Rowland II, Riley Randall, Jeremy Howard, Hunter Cochran, and Noah Shuler.





Chooj, a 3-year-old Chi-Weenie lives with human, Sophie Crowe, in the Big Cove Community





Don't miss a single game.

theonefeather.com/events/ to see what's going on in Cherokee and beyond. Going back to school is a great time to visit our dealership and find your next vehicle that will meet your needs this upcoming school year. Whether you're looking for a reliable vehicle with great gas mileage and low maintenance for college students, or a spacious SUV for dropping off and picking up your kids, we have an extensive pre-owned vehicle inventory of different makes and models to choose from!





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2021 JEEP WRANGLER

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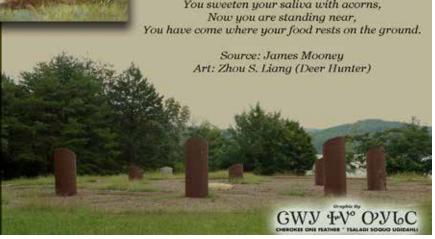
### Deer Songs

The Indian hunters of olden time had many songs intended to call up the deer and the bear. Most of these songs have perished, but a few are still remembered.

They were sung by the hunter, with some accompanying ceremony, to a sweetly plaintive tune, either before starting, either before starting out or on reaching the hunting ground. One Cherokee deer song, sung with repetition, may be freely rendered:

O Deer, you stand close by the tree,

You sweeten your saliva with acorns, Now you are standing near,





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# MISSING PERSON

### Laura Ellen Hendrickson

American Indian/Alaska Native

Height: 5' 3" Weight: 120 lbs.

Hair: Black Eyes: Brown

Female Age: 20 years

Date of last contact:

July 22, 2023

Location: Anchorage, Alaska



Circumstances of Disappearance: Family has not had contact with Laura for several months.

If you have seen Laura Hendrickson, contact the Alaska State Troopers (907) 269-5511.

Source: Namus.gov



# N OPINIONS ZPODET

COMMENTARY

### It's time: the Principal People's right to choose

By ROBERT JUMPER

One Feather Editor

During the controversy over the constitution, the forces opposing the people's right to choose kept using the term "unintended consequences" to describe the alleged damage the proposed constitution as written would do to the workings of the government. We will never know if those claims were founded because the intended consequence of removing the unanimously approved referendum question was realized in the eleventh hour by a hastily-organized campaign.

After years of ignorance, apathy, or possibly lack of interest, a special interest group that included members of the legal department of the government, convinced the government that allowing the people to decide this issue was too risky of a proposition. In the process, the government was also convinced to remove two additional referendum questions that could have resulted in extending the terms of Tribal Council members to four years, staggering their terms, and establishing two consecutive term limitations. These questions had been approved for the voters to consider since 2021, with two unanimous votes from the Tribal Council and two ratifications from the Principal Chief. The removal of the questions was lumped into a proposal by the Attorney General's office to kill the constitution referendum question.

For years, the One Feather has documented, as part of its coverage of the election process, the candidates' comments. Sometimes that is through the review of their statements from other publications or media, sometimes from their appearances at events, "meet the candidates" sessions, and debates. Most candidates express that they favor a constitution for the tribe. And most of them said it was time to let the people decide about changes to the terms of the Tribal Council seats. And most of them also say that they favor letting the people decide through referendums how the government should operate. After all, the government was created to serve the community.

My guess is that the Charter is firmly in place for at least the next four years. With the disruption

of the Constitution Committee and new law that will send the proposed constitution back to the drawing board, the legal department's opinion that the majority of the document would have to be gutted in order to avert all those consequences that they foresaw, and the mandate under law that a referendum needs 51 percent of the registered voters to participate and 30 percent required to approve a referendum item in order for a referendum to have legitimacy, it is highly unlikely that a constitution of any sort will appear on a ballot again until 2027. It is simply unrealistic to think that after decades of low voter turnout history in the off year (years when a Chief race is not occurring), voter habits will change that dramatically.

As I said in a previous commentary, I have no doubt that the actions that reversed a 6-year-plus

course toward a governing document that included civil rights for the Cherokee people were legal. And in the case of the Tribal Council, they did the business that we expect them to do. The Attorney General did the job that he was tasked to do as related to the executive and legislative branches. That is the confounding thing, that while everyone doing their respective jobs, we somehow managed to deny the people the right to choose on these issues. We even had one attorney state that they were opposed to allowing the people to vote on the issue of the proposed constitution. You see, had those questions gone to the referendum, there was as good a chance that those compelling arguments would have caused the constituency to vote no as there were those arguments would have caused a "yes" vote. But instead of putting it in the hands of the people, it



was decided that wouldn't happen. And even though most of the people involved have stated publicly that they either support legislative branch terms or support putting the question to the people through a referendum, it was decided that we will not decide that as well. All that being said, the people will choose their representatives for the legislative branch, and executive branch, and some communities will select their school board representatives in this election. Those are incredibly important decisions. The financial and social health of our tribe is put in the hands of the people at election time. We decide who sits in the seats for two and four years. Those who we choose to represent us will determine our future, good or bad. It is a time when we decide if we need to change or stay the course.

Each candidate has made their case to us, and now we are in the process of selection. It is no small decision and I hope that each one of us is weighing up the choice based on who they think has the best credentials, and heart, to lead us into the future.

And two referendum questions were left for us to decide.

One asks us if we want to permit the regulatory body for alcohol to expand the ability of businesses to serve mixed drinks on the Boundary. The exact question that we see on the ballot is as follows: "Do you support allowing the Tribal ABC Commission to issue mixed beverage permits for the sale of mixed beverages on tribal lands to qualified establishments including but not limited to restaurants, hotels, convention centers, and nonprofit organizations?"

Our "yes" or "no" on this question will have consequences, both intentional and unintentional, both positive and negative. We must decide if the positives outweigh the negatives enough to bring value to our community. The other asks us if want to legalize the use, including recreational use, of cannabis on the Qualla Boundary. The exact question is as follows: ?Do you support legalizing the possession and use of cannabis for persons who are at least twenty-one (21) years old, and require the EBCI Tribal Council to develop legislation to regulate the market?"

Again, this is an incredibly important question that requires us to carefully study and consider the ramifications of either our "yes" or "no" vote.

Both questions involve the financial and social future of our tribe. They require careful consideration and reasoning. Based on the rationale used to remove the three referendum questions from the ballot over the past two months, one would think that the questions that remain would also be too "over our heads" to decide.

Let's show those who think that of us that we are capable of controlling our own destiny. Let's make this the largest voter turnout in the history of our tribe. If you live on Boundary, early voting is now in progress. Drop by the Election Board office and cast your votes. If you live or will be away from the Boundary during the election and you qualify for an absentee ballot, you have hopefully applied for and received what you need to cast your votes. Note that I am not telling you how you should vote. I am just asking you to make this election for the people and for the people.

And if you are on the fence about voting, keep in mind that there are those who are counting on the status quo. Low voter turnout creates advantages for some candidates. Our elections sometimes turn on a few votes, particularly in the legislative branch and school board elections. When you consider marking your marks on the ballot, remember the comments of those who inferred that you were too simple-minded to make choices about your destiny. And prove them wrong.



Download The Free Mobile App! Keyword: WBHN





Tori M. DeHaven

2023 Summer Graduate

University of Alabama- Tuscaloosa

### **Faith Commentary**

# Immortal Combat

By Lamont H. Fuchs, Ed.D.

This is an excerpt from the book, Preacher Spurs, Dr. Lamont H. Fuchs, 2022, Christian Faith Publishing. Used with permission from the author

Read Ephesians 6:10-18.

As Christians living in this evil world, where we don't belong, our lives are continually in immortal combat with the ruler of this world. We tend to forget that and therefore disarm ourselves. However, keeping perpetually vigilant is a daunting task; we may drop our guard and allow satan to attack.

Satan hates our success against him, and it is those times he attacks. If we are sedentary and not doing what we were called to do for Jesus, he will leave us alone. We should be blessed and thankful that satan works so hard against us. We should take that to mean we are doing what God has called us to do as servants to Him.

Throughout my live in service to my Lord, Jesus, I realized that it was beyond coincidence that troubles, accidents, and failures occurred in the middle of a Christian gathering or event glorifying God. After I realized there were no coincidences, I began to give sound warning to my fellow servants while planning for an event. I fervently asked them to bathe these times in prayer for God's hedge of protection and be ready for war with the unseen spirits that were bound to defeat or lessen our efforts. Knowing up front that we were going into battle, mortal combat, our successes increased with less counterinsurgency from evil to defeat us. If you are thinking like this when planning an event to evangelize or bring glory to God, I suggest you begin now, for we are always in mortal combat against an adversary capable of defeating the unprepared and lacking in requested blessing in prayer.

It may sound like a play on the words Mortal Combat but be assured that there is no playing around about it. We are in a constant battle against an evil being who has set out to destroy everything we try to accomplish for our Lord.

Get prepared for battle. Pray that God provides a hedge of protection around your words and bless your efforts.

Job 1:10 "Hast not thou made a hedge about him, and about his house, and about all that he hath, on every side? Thou hast blessed the work of his hands, and his substance is increased in the land."

If you take your concordance and search for the word hedge, you will find many verses that use the word hedge, you will find many verses that use the word to protect or keep the enemy out or keep what needs to be protected. Use it in your prayers to spiritually shield your work in service to God.

Watch for and remove distractions. Calamity is one of the worst things that can happen to you. God uses calamity like wrath throughout the Old Testament Bible to destroy enemies, punish the wicked and disrupt the efforts of the unrighteous. But He is not the ruler of calamity, satan is. You can plan, you can prepare, you can finance, you can gather tens of friends to help, but if you are working against God's will, He allows satan and calamity to knock you flat. But if you are working to glorify God, He will

protect you form calamity and give you success.

1 Peter 5:8-9 "Be sober, be watchful, your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: whom withstand stedfast in your faith, knowing that the same sufferings are accomplished in your brethren who are in the world."

Isaiah 65:23 "They shall not labor in vain, nor bring forth for calamity: for they are the seed of the blessed of Jehovah, and their offspring wish them."

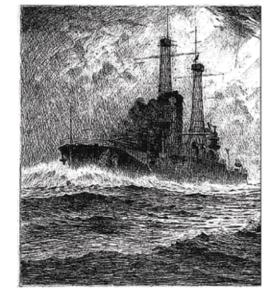
Conversely, if you want Satan to leave you alone in peace, nothing is all you need to do. He will leave you alone because you are no longer any problem for him. You have lost your salt. Go and find some.

Pray: Lord, God, and Father, I ask for Your favor and countenance upon all I do to glorify You. I know, Lord, if You are not in it, there is nothing I can do to make it. I ask to know and do Your will and receive Your blessing. I'm not asking You to join me; I pray that I join You in what You want that glorifies You. Lord, I ask before I begin that You are in it, alongside, and I'm not alone. Protect me, Lord. Protect those around us in this work, grant us success and expand our territories. In Jesus' holy and precious name, I pray. Amen.

# THE ILLUSTRATED BIBLE

Some went out on the sea in ships; they were merchants on the mighty waters. They saw the works of the Lord, his wonderful deeds in the deep. For he spoke and stirred up a tempest that lifted high the waves.

PSALMS 107: 23-25 1800



Detail of "American Battleship 1916" by Martin Lewis

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#### **Super** Crossword NFL MIX-UP ACROSS 56 Headed up 48 Chachi player 84 Like fillets 1 Cheddar-like 57 Thurman of whose logo charm Scott 85 Movie-8 "- done it!" cheese "Robin Hood" is a cheese 49 Volcano in archiving 9 Fleur-de- -6 Pointy heel 58 NFL team curd? Sicily ora. 98 Old film critic 14 Catching with 10 "A Nightmare 50 Light meal whose logo is 89 U2 vocalist a lariat a steak? James on - Street" 55 "Who ya 90 Apartment 20 Love to bits 61 "- Fideles' 99 Justice 11 Carrere of call?" sharer, to a 21 Decorative "True Lies" 57 Colorado (yule carol) Kagan 100 Oscar winner 12 Illuminator on park shelter 63 Go by ship tribe 91 Neat and 22 Intro 65 Pre-takeoff Witherspoon 58 Affront, a dime wholesome 23 NFL team 101 NFL team 13 Advent informally abbr. 94 Nixing mark 59 Pupil, in Paris 66 Biblical 14 President on whose logo is whose logo is 95 High peak a red planet? "ark-itect" an amoeba? a dime 60 Suffragist 96 For every 25 Canadian 67 NFL team 108 Arkin of film 15 Choose B. Wells 97 Old PC whose logo is 109 San -, Italy 16 Floral parts 62 "My Two metropolis screen 26 Guitar ridge a Lipitor pill? 110 L-P link 17 Nonsensical Dads" actress 98 Trojan hero 27 Manning of 72 Gillette razor 111 Final Four 18 Pond Keanan 75 Rhinoplasty 101 Birth-related the Giants 63 Karate wrigglers org.

19 Lawn stuff

24 Catch on to

29 Baseballer

Hershiser

32 Tyrant Amin

33 Light meal

34 Prefix with

35 Burglarize

36 Actor Hugh

37 Artist's stand

38 Amtrak train

39 Fathered

40 Sarcastic

policy

short

46 What the

44 Ladies' club

45 Target of the

March, for

Million Mom

weary have.

in a saying

12

cvcle

115 "Honor Thy

Father\*

117 NFL team

bottle?

124 Board, as a

127 Half a school

128 Really vexed

1 Baby cow

3 Be defeated

4 "St. Elmo's

5 Longing

Fire" bunch

34 35

6 Kind of wheat 47 Little cave

69

2 Smell

123 Lounging

train

126 Alleviate

vear

DOWN

125 Slabs

author Gay

whose logo

is a perfume

28 Co. kingpins

30 Cookout

raiders

31 NFL team

a prairie?

38 President of

41 Small-time

42 Actresses

Mendes

43 NFL team

Syria

whose logo is

Longoria and

whose logo is

invasion river

a bracelet?

48 Poet Jonson

51 Estrada of

"CHiPs"

53 Here-there

54 Opposite of

staccato

52 D-Day

link

23

26

43 51

56 61

87

92

115

126

73

101 102 103

67

82

93

116

109

doc

76 Nix from

77 Like most

81 NFL team

a sword?

seabird

chopper

(Louvre

statue)

electronica

89 Super-close

88 Brian of

buds

91 Where a

goatee

grows

92 Just-OK

mark

24

68

104 105

117

124

127

87 Venus -

85 Diving

86 Wood

Nixon, say

slasher films

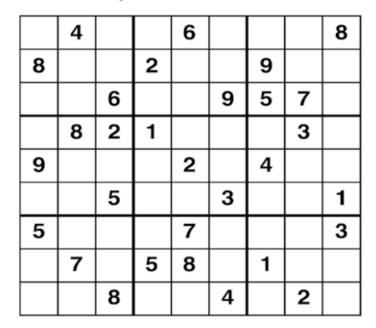
whose logo is

See answers on page 16

118 119 120 121

# Weekly SUDOKU

### by Linda Thistle

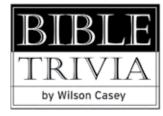


Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

### **DIFFICULTY THIS WEEK:** ◆

♦ Moderate ♦ ♦ Challenging ♦ ♦ ♦ HOO BOY!

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- 1. Is the book of Eutychus in the Old or New Testament or neither?
- Who sent word to Pontius Pilate to leave Jesus alone after having a dream about Him? Servant, Soldier, Pilate's wife, Priest
- From Zechariah 1, what type of tree surrounded a man on a red horse? Fig, Cedar, Sycamore, Myrtle
- 4. According to Romans 11, whose loss meant riches for the Gentiles? Caesar, Lucifer, Israel, Syria
- In Genesis 25, what was the name of Isaac's older half-brother? Noah, Ishmael, Ezekiel, Micah
- Who had a miraculous well open up to him after battle? Samson, David, Aaron, Uriah

Sharpen your understanding of scripture with Wilson's Casey's latest book, "Test Your Bible Knowledge," available in bookstores and online.

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- LITERATURE: What inanimate item does the crocodile swallow in the children's classic "Peter Pan"?
- GEOGRAPHY: Which modern countries make up the ancient land known as Thracia?
- GENERAL KNOWLEDGE: What is the symbol used in the zodiac sign Libra?
- ANIMAL KINGDOM: What kind
   of animal is in the scientific order chi-
- MEDICINE: What is the Latin notation for taking a medication twice a day?
- 6. MOVIES: What is the name of Will Smith's character in "Independence Day"?
- 7. FOOD & DRINK: Which flavor is predominant in the liqueur limon-cello?
- 8. MEASUREMENTS: What is 10 milligrams equal to in centigrams?
- TELEVISION: In which decade is "The Goldbergs" sitcom set?
- 10. MATH: What is the equivalent of the Roman numeral MCMLX?

112 113 114

102 Thrill

Kazakhstan's 104 Stockpile

103 Swansea

locale

105 Opposite of

106 Soon to

treat

112 Traffic

107 Fa follower

marker

113 Singer Paul

Abbr.

116 Iceland-to-

lander

119 Chimp, e.g.

121 Blast creator

18

120 Denials

122 "Eureka!"

**118 NASA** 

114 Office helper:

Ireland dir.

day, in Italy

receive, as a

teacher

name of

capital

68 Prefix with

69 Ending for

auction

71 Rile

101-Down

70 Bridge beam

72 "Moneytalks"

rock band

73 You, quaintly

the Ancient

78 Western lake

80 Concentrated

82 Put straight

83 Taken eco-

friendly

14

22

25

70

106 107

122

125

128

55

66

42

measures

74 "The — of

Mariner\*

79 Leaves

64 Former

# APPENINGS

Event listings are free of charge. Send your event name, date and time, location, and contact info to scotmckie@ebci-nsn.gov.

### **EBCI COMMUNITY EVENTS**

**Snowbird Community Library** Free Book Fair. Aug. 14-18 from 7:45 a.m. to 4:30 p.m. at the Snowbird Community Library located in the Jacob Cornsilk Complex in Robbinsville, N.C. This project is funded by a grant from Reading Nation Waterfall. Info: (828) 346-6971, zenaratt@ebci-nsn.gov

Cherokee Fire & Rescue Fire Academy. Oct. 9 to Feb. 15 (Monday through Friday 8 a.m. to 5 p.m. at Cherokee Fire Station 1. Participants will graduate with the following certifications: NC Firefighter II, Haz-Mat Operations. Info: Interim Fire Chief Thomas Simmons (828) 788-1272 or thomsimm@ebci-nsn.gov

#### **HEALTH/SPORTS EVENTS**

Fireside Sobriety Circle. Sept. 7-10 at the Yogi in the Smokies Campground in Cherokee, N.C. Bring your chairs, camping gear, warm clothes and blankets, and your Pow Wow regalia. AA/Alanon speakers, talking circles, meetings, t-shirts and sweatshirts, Sobriety Pow Wow. No pets in food serving/ eating, Pow Wow, under big tent, or Sacred Fire Areas. Registration begins Thursday at noon. Info: Herb W. (828) 506-8563 or

firesidesobriety@gmail.com.

### **Childbirth Education Class.**

Sept. 5, 12, 19, and 26 from 5 p.m. to 7:30 p.m. at Cherokee Choices located at 806 Acquoni Rd. in Cherokee, N.C. These classes are free and open to all. Learn about labor and birth, coping skills for labor, postpartum, breastfeeding, and newborn care. Participants must register prior to class. Sign up with Tricia Carver at triccarv@ ebci-nsn.gov or (828) 359-6250

### **Cherokee High School Fall Sports Schedules**

**Varsity Football** (all games start at 7:30 p.m.)

- Aug. 18, vs Smoky Mountain
- Aug. 25, at Cosby (Tenn.)
- Sept. 1, at Choctaw Central (Miss.)
- Sept. 8, vs Rosman
- Sept. 15, at Mount Zion Christian Academy (Durham, N.C.)
- Sept. 29, vs Robbinsville - Oct. 6, at Andrews - Oct. 13, at Hayesville - Oct. 20, at Swain Co. - Oct. 27, vs Murphy JV Football (all games start at 6 p.m.) - Aug. 17, at Rosman - Aug. 24, vs Avery Co. - Aug. 31, at Robbinsville - Sept. 7, vs Andrews tow do you say that in Cherokee! ASPD gowelia I am writing

MAPBD

tsigoliyea

I am reading

hrows.

tsisuwisga

I am painting

- Sept. 14, vs Hayesville
- Sept. 21, vs Swain Co.
- Sept. 28, at Murphy

### **Cross Country**

- Aug. 23, at Hayesville, 4 p.m.
- Aug. 30, at Tri-County Early College, 3:30 p.m.
- Sept. 6, home meet (Cherokee), 4 p.m.
- Sept. 16, at Swain Co., 4 p.m.
- Sept. 23, at Murphy, 4 p.m.
- Sept. 27, at Hiwassee Dam, 4
- Oct. 4, at Robbinsville, 4 p.m.
- Oct. 14, Smoky Mountain Conference Championship, hosted by Swain Co.

### Varsity and JV Volleyball

JV games at 5 p.m., Varsity games at 6 p.m., home games at Charles George Memorial Arena Aug. 15 at Franklin Aug. 17 at Pisgah

Aug. 22 vs Pisgah

Aug. 24 vs Blue Ridge

Aug. 26 Tri-Match at home (varsi-

Aug. 28 at Hiwassee Dam

Aug. 29 at Andrews

Aug. 31 at Hayesville

Sept. 5 at Swain Co.

Sept. 7 vs Highlands

Sept. 11 at West Henderson

Sept. 12 at Nantahala (varsity only)

Sept. 18 at Highlands

Sept. 19 vs Hiwassee Dam

Sept. 21 at Murphy

Sept. 26 at Robbinsville

Sept. 28 vs Andrews

Oct. 3 vs Hayesville

Oct. 5 vs Swain Co.

Oct. 10 vs Murphy

Oct. 12 vs Robbinsville (Senior Night)

Middle School Volleyball

Games start at 4 p.m., home games

### **Puzzle Answers**



### Weekly SUDOKU

### Answer

2	4	9	7	6	5	3	1	8
8	5	7	2	3	1	9	6	4
1	3	6	8	4	9	5	7	2
4	8	2	1	5	7	6	3	9
9	1	3	6	2	8	4	5	7
7	6	5	4	9	3	2	8	1
5	2	1	9	7	6	8	4	3
3	7	4	5	8	2	1	9	6
6	9	8	3	1	4	7	2	5



ANSWERS: 1) Neither, 2) Pilate's wife, 3) Myrtle, 4) Israel, 5) Ishmael,



#### Answers

- A clock.
- Bulgaria, Greece and Turkey.
- The scales.
- Bats.
- 5. b.i.d. (bis in die).
- Capt. Steven Hiller.
- Lemon.
- 1 centigram.
- 9. 1980s.
- 10. 1,960.
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at Charles George Memorial Arena Aug. 22 vs Martins Creek Aug. 24 vs Highlands

Aug. 28 at Hiwassee Dam/Ranger

Aug. 29 at Andrews Sept. 5 at Swain Co.

Sept. 12 at Martins Creek

Sept. 19 vs Hiwassee Dam/Ranger

Sept. 21 at Murphy

Sept. 26 at Robbinsville

Sept. 28 vs Andrews

Oct. 2 at Highlands

Oct o va Hovogrill

Oct. 3 vs Hayesville Oct. 5 vs Swain Co.

Oct. 10 vs Murphy

Oct. 12 vs Robbinsville

### UPCOMING POW WOWS

Note: This list of pow wows was compiled by One Feather staff.
The One Feather does not endorse any of these dances. It is simply a listing of ones occurring through-

out the continent. Please call before traveling.

Cowessess First Nation Traditional Pow Wow. Aug. 15-17 at Cowessess Pow Wow Grounds in Cowessess, Saskatchewan, Canada. Emcees: Howie Thompson and Hal Eagletail. Host Drums: Crooked Lake Agency, Buffalo Lodge. Info: Glenn Pelletier (306) 696-7905

### **Ute Mountain Casino Pow**

Wow. Aug. 18-20 at Ute Mountain Casino, Hotel, and Resort in Towaoc, Colo. Info: Reggie Lopez (970) 570-9803, e.lehi@yahoo.com

**47th Annual Chief Looking Glass Pow Wow.** Aug. 18-20 at

See **EVENTS** next page



ARIES (March 21 to April 19) A turn in a relationship upsets the amorous Arian, who is puzzled by Cupid's romantic antics. Be patient and considerate. The confusion will soon sort itself out.

TAURUS (April 20 to May 20) It's a good time for travel-loving Taureans to take off for fun-filled jaunts to new places. And don't be surprised if Cupid tags along for what could be a very eventful trip.

**GEMINI** (May 21 to June 20) You appear to be of two minds about continuing a relationship that seems to be riding roughshod over your emotions. A frank talk could help you decide one way or the other.

CANCER (June 21 to July 22) Stepping back from a relationship problem provides a fresh perspective on how to deal with it. Meanwhile, watch your words. Something said in anger now could backfire later.

LEO (July 23 to August 22) A changing situation makes the Big Cat uneasy. But hold on until things settle down in about a week. Meanwhile, continue your good work on that still-unfinished project.

VIRGO (August 23 to September 22) A decided improvement in a workplace situation results in an unexpected, but very welcome, added benefit for everyone. Personal relationships also improve.

LIBRA (September 23 to October 22) Money matters remain a bit unsettled, but soon will ease into the kind of stability you appreciate. Meanwhile, an expanding social life offers a chance to make new friends.

SCORPIO (October 23 to November 21) Use an unexpected roadblock in your monetary dealings to reassess your financial plans and make changes, if necessary. It soon will be smooth sailing again.

SAGITTARIUS (November 22 to December 21) Aspects of love are strong for both single and paired Sagittarians. Professional dealings also thrive under the Sag's clever handling of difficult situations.

CAPRICORN (December 22 to January 19) Set a realistic goal and follow it through to completion. Remember, you're more likely to impress the right people with one well-done job than with lots of jobs left undone.

AQUARIUS (January 20 to February 18) You like to plan ahead. That's fine. But, be prepared to make some changes because of an unsettled period that influences your aspects throughout the next week.

PISCES (February 19 to March 20) A brief phase of instability affects your usual work cycle. Use the time to catch up on chores around the house or office. Things will settle down soon after this week.

BORN THIS WEEK: You love being the center of attention and probably would be a big success in show business.

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by Freddy Groves

### The OIG Never Stops

The Department of Veterans Affairs Office of Inspector General has saved us a potential \$1.8 billion. When it comes to nailing scammers who steal from the VA, they just never give up.

A nurse at the VA pleaded guilty to COVID vaccination card fraud and theft of government funds. Her scam involved stealing authentic vax record cards, right from the beginning when the vaccines first came out, and included snagging the lot numbers to make it appear legit. Then she went online to sell her wares, charging anywhere from \$150 to \$200 for each fake card.

The scammer wasn't too bright to peddle these cards that way. The Department of Justice has a whole department dedicated to disaster fraud, and you know that watching the internet was probably the first thing they did when COVID hit. When she was nabbed, the scammer was investigated by no less than three government agencies, plus the OIG.

Then there was the scammer, a habitual offender who, with two coconspirators, defrauded the VA by creating aliases that made them appear to be heirs of veterans who had died.

By generating fake documents, they grabbed up survivor benefits and unclaimed property (to the tune of nearly a half million dollars). They have been charged with multiple offenses. It doesn't help that one scammer skipped out and didn't show for court, thus generating a bench warrant for her arrest.

Then there was the lowest of the low, a scammer who was in a position of responsibility as a fiduciary. His job was to receive payments on behalf of veterans, in his case, 10 disabled vets, and manage their money. The scammer, who ran his own fiduciary services company, stole more than \$300,000, including from the estate of a woman who'd died a few years ago.

When sentenced, he could get as many as 50 years in the federal pen. He deserves every day of that.

They all do.

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### A Bug-Out Bag for Pets

DEAR PAW'S CORNER: As the U.S. enters the most active period of the year for hurricanes, it's important to make sure we're prepared in case a storm strikes. My husband and I have prepared a backpack for each of us and a duffel bag with supplies for our dog and cat. We can grab these three bags on our way out the door if we have to evacuate to a safer area. Please share this tip with your readers: Preparing a bug-out bag for your pets is important no matter what part of the country you live in. — Carl in Fort Lauderdale, Florida

DEAR CARL: That's fantastic advice, and thank you for sharing it. Keeping a bug-out bag ready for yourself and your pets can spell the difference between comfort and disaster.

Find a comprehensive guide to preparing pets for disasters at ready.gov/ pets. It offers additional recommendations like microchipping pets in case they get separated from you.

Prepare a bug-out bag for each pet. If you use a single large duffel like Carl and his husband, separate each pet's supplies with a piece of cardboard or in different packing cubes. Items should include:

- Food and treats. Include enough for three days.
- Sanitation supplies. A small bag of cat litter, waste pickup bags and pee pads.
- First aid kit and medications. Include a seven-day supply; accessing medicine may be much harder than finding more food for pets.
- Essential records. Make copies of records like vaccinations. Store them in a waterproof bag and include a photo of yourself and your pets.
- Extra collar, leash and ID tags.
- Toys and bedding. These provide comfort and familiarity for pets.

Send your tips, comments or questions to ask@pawscorner.com.

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**EVENTS:** From page 17

the Wa-A'Yas Community Center in Kamiah, Idaho. Info: Marilyn Bowen (208) 935-8107

Mille Lacs Band of Ojibwe
Traditional Pow Wow. Aug.
18-20 at Mille Lacs Band of Ojibwe
Pow Wow Arena, in Onamia,
Minn. Info: Tony Pike (320) 5324181, Tony.Pike@millelacsband.
com

Shakopee Mdewakanton Sioux Community Wacipi. Aug. 18-20 in Shakopee, Minn. Emcees: Redwing Thomas, Juaquin Hamilton, Whitney Rencountre. Info: (952) 445-8900

Standing Peachtree Native
American Festival & Pow
Wow. Aug. 19-20 at Grounds of
the City Hall of East Point, Ga.
MC: Lowery Begay. Host Drum:
Silver Ridge. Info: Monika Ponton-Arrington (770) 402-8288,
indigenous.diversity.info@gmail.
com

Benton Rodeo Painted Pony Intertribal Pow Wow. Aug. 19-20 at Benton Rodeo Grounds in Benton, Pa. MC: Barry Lee. Host Drum: Gray Cloud. Info: Laura Hess (570) 256-3241, dale\_jr85@ yahoo.com

Pikwakanagan's 34th Traditional Pow Wow. Aug. 19-20 at Pikwakanagan Cultural Grounds in Pikwakanagan, Ontario, Canada. MC: Fred McGregor. Invited Drums: High Ridge, Kitchisipirini, Whirlwind. Info: Jamie Sarazin (613) 625-1109 (leave message)

**Shawanaga Traditional Pow Wow.** Aug. 19-20 at Pow Wow Grounds in Shawanaga First Nation, Ontario, Canada. Emcees: Allan Manitowabi, Frazer Sundown. Host Drum: Chippewa Travelers. Co-Host Drums: Chippewa Point, Eagle Heart. Info: cultural.nc@shawanagafirstnation.ca

Siksikaitsitapi Pow Wow. Aug. 23-24 at Agri-Food Hub & Trade Center in Lethbridge, Alberta, Canada. Emcees: Travis Plaited Hair, Tony Delaney. Info: Claire Heavy Head (403) 328-4491, claire.heavyhead@agrifoodhub.ca

**147th Annual Rosebud Fair** & Wacipi. Aug. 25-27 at Adam Bordeaux Memorial Arena in Rosebud, S.D. Info: www.rosebudfair.com

Jingtamok Pow Wow. Aug. 25-27 near Bridge View Park in St. Ignace, Mich. Info: Darryl Brown (906) 984-2033, Turtlesback@ charter.net

Zhiibaahaasing 27th Annual Pow Wow. Aug. 26-27 at Zhiibaahaasing First Nation, Ontario, Canada. Info: Crystal Sagon (705) 283-3963, crystals@zhiibaahaasing.org

**Tribute to the Elders Pow Wow.** Aug. 26-27 at Bromley
Farm in Brighton, Colo. Info: Mary
Martinez (720) 322-3685

Mountain Spirit Pow Wow.

Aug. 26-27 at Mason-Dixon Historical Park in Core, W.V. Info: Phyllis Bruce (304) 662-6220, immarketingreal@gmail.com

21st Annual Santa Rose Days Pow Wow & Gathering. Aug. 26-27 at Tachi Palace Casino in Lemoore, Calif. MC: Carlos Calica. Host Northern Drum: Wild Rose. Host Southern Drum: White Tail Boyz. No contact information was provided.

### **WESTERN N.C. & BEYOND EVENTS**

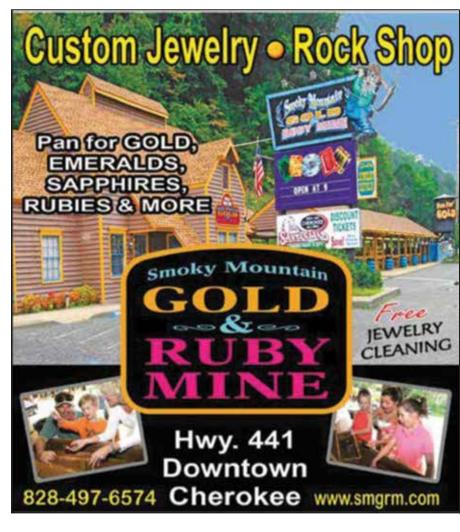
**Native Market.** Third Saturday of each month from 10 a.m. to 5 p.m. at 46 Aston Street in Asheville, N.C. To be a vendor, visit www.indigenouswallsprojects.com and fill out the application.

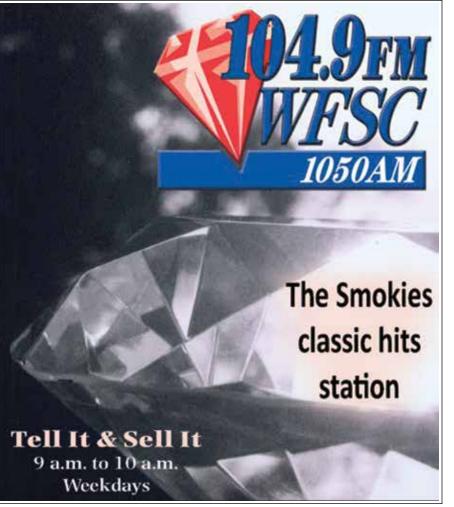
Come Read with a Dog. Mondays at 4 p.m. at the Jackson County Public Library in Sylva, N.C. To practice accuracy and fluency, and improve confidence in reading, learners can read to Bailey, a certified therapy dog. Bailey and his handler will be available by appointment only each week this summer. This event is co-sponsored by the Friends of the Jackson County Public Library. Call Library Youth Services (828) 586-

2016 to make an appointment.

Meagan Lucas: In Conversation with Dale Neal and Matthew Fiander. Aug. 19 at 3 p.m. at City Lights Bookstore in Sylva, N.C. Conversation with three North Carolina fiction writers and celebrating the release of Meagan's new short story collection entitled "Here in the Dark".

Washington County (Tenn.) Heritage Fair. Sept. 1-2 in Jonesborough, Tenn. This event is being hosted by the Jonesborough Genealogical Society, and organizers are looking for living historians, artisans, and heritage organizations to participate. Info: chadfredb@gmail.com







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- Neck & Back Pain
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Supported by the N.C. Department of Health and Human Services, Division of Mental Health, Developmental Deabhildes and Substance About Services, with funding from the Substance About and Mental Health Services Administration, Gloid STRCLines (Deart #1H198h8800257) and SP4-RX (Brant #1H98P1270877).

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### LEGAL NOTICES

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. EST 23-042

### In the Matter of the Estate of **Richard Lossiah**

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-CATION

Ruby Lossiah 3814 Wrights Creek Road Cherokee, NC 28719

8/16

Eastern Band of Cherokee Indians Cherokee, North Carolina The Cherokee Court Civil File No. CV 23-024 **Cherokee Indian Housing** 

### Division v. **Donald and Andrea Jones**

Take notice that a pleading seeking relief against you has been filed in the above-titled action. The nature of the relief being sought is residential eviction and money owed. You are required to make defense to such pleading not later than the September 11, 2023 session of Small Claims Court, 9:00AM at the Cherokee Justice Center, 91 Seven Clans Lane, Cherokee NC 28719, and upon your failure to do so the party seeking service against you will

apply to the Court for the relief sought. You may contact CIHD at 828-359-6328 or at P.O. Box 1749, Cherokee NC 28719. **8/16** 

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 23-076

### **Notice to Creditors and Debtors of:**

### **Diane Lea Goshorn**

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fudicary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fudicary(s) listed below. Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-**CATION** 

Robert O. Saunooke P.O. Box 309

Cherokee, NC 28719 8/16

Eastern Band of Cherokee Indians Cherokee, North Carolina The Cherokee Court Civil File No. CV 23-026

### **Cherokee Indian Housing** Division v. Dwaine George

Take notice that a pleading seeking relief against you has been filed in the above-titled action. The nature of the relief being sought is residential eviction and reimbursement of court costs. You are required to make defense to such pleading not later than the October 9, 2023 session of Small Claims Court, 9:00AM at the Cherokee Justice Center, 91 Seven Clans Lane, Cherokee NC 28719, and upon your failure to do so the party seeking service against you will apply to the Court for the relief sought. You may contact CIHD at 828-359-6328 or at P.O.

Box 1749, Cherokee NC 28719. 8/30

RFPs, BIDs, etc.

### **Bid Proposals**

Robins & Morton will be accepting rebid proposals from Subcontractors and Vendors for the project which has had several changes noted below: Ruth's Chris Steak House at Harrah's Cherokee Casino Resort. Cherokee, NC.

The following scopes of work are available to bid: Demolition, Concrete, Masonry, Decorative Metal Railings, Millwork, Firestopping and Joint Sealants, Doors, Frames and Hardware, Framing and Drywall, Tile, Painting, Bath accessories, Quartz countertops, Fire Suppression, Plumbing, HVAC, Electrical, Communication, Fire Alarm. Proposal due date is : August 22, 2023 at 5:00 PM CST.

Please contact Bob Legler at bob.legler@robinsmorton.com or 205-803-0178 for further information regarding this request for proposal.

Plans and specs are available through Building Connected.

Every bidder is responsible for reviewing all contract documents and including all costs associated with the contractor's scope of work. Any questions regarding discrepancies, conflicts or insufficient information are to be directed to Bob Legler bob.legler@ robinsmorton.com. The project is to be bid per plans and specifications. Voluntary alternates, methods and/or substitutions are encouraged, but must be identified and quoted separately from your base bid. 8/16









### Now Available - TERO's Job Listing



The Tribal Employment Rights Office ("TERO") is pleased to provide a monthly job listing for the Cherokee area. Please visit the TERO Office or TERO's website at <a href="mailto:ebc-lero.com">ebc-lero.com</a> to receive the job list for February 2023. Our office is located at 756 Acquoni Rd in Cherokee, NC.

#### **TERO Job Bank**

If you are seeking employment and you are:



- An enrolled member of the EBCI
  - Spouse, parent, or child of an EBCI enrolled member
  - o An enrolled member of another federally recognized tribe
  - Spouse of an enrolled member of another federally recognized tribe

Youare eligible to enroll in TERO's Job Bank for job referrals. Please contact Hillary Norville or Douglas McCoy at the email or telephone numbers below.

Hillary Norville -TERO Job Bank Coordinator 828.359.6422

hillnorv@ebci-nsn.gov

Douglas McCoy -TERO Job Bank Coordinator 828.359.6478

douamcco@ebci-nsn.gov

### Museum of the Cherokee Indian - Now Hiring

The Museum of the Cherokee Indian is currently accepting applications for multiple roles.

The Atsila Anotasgi Cultural Specialist will enhance visitors' experience at the Museum and through the cultural district of Cherokee by presenting Cherokee history and culture through cultural programs, leading group tours, and more. Compensation begins at \$12/hour.

The **Front Line Associate** will serve Museum visitors in the Store and box office. Flexible hours and season work welcome. Compensation begins at \$12/hour.

The **Lead Front Line Associate** will be responsible for supervision of all Front Line Associates, fulfillment of Webstore orders and ensuring a positive guest experience. Hiring Range: \$14—17/hour. Salary Range: \$14—21/hour.

The Aniyuwiyahi Community Program
Coordinator will plan and coordinate meaningful
community-based programming. Hiring Range: \$30,000—\$42,000;
Salary Range: \$30,000—\$50,000. Comprehensive benefits and
retirement package.

Hiring All positions open until filled.

Learn more and apply with cover letter and resume

via mci.org/employment.



### **EXECUTIVE:**

Utilization Review Specialist - \$67,082 - \$83,852

### FINANCE:

Senior Accountant - \$67,082 - \$83,852

### **BEHAVIORAL HEALTH**

Master Level Therapist - Adult & Child - \$58,332 -

\$72,915 -\*\$5,000 Hiring Bonus

Targeted Case Manager - Cherokee Central Schools -

\$44,107 - \$55,134

Targeted Case Manager - Family Safety - \$44,107 -

\$55,134

Residential Technician – Kanvwotiyi - \$17.12 - \$19.26

Residential Technician - Men's Home - \$17.12 - \$19.26

Inpatient Technician - FT and PTI - Analenisgi Inpatient -

\$17.12 - \$19.26

Peer Support Specialist - \$17.12 - \$19.26

Residential Support Assistant Manager \$67,082 - \$83,852

Adult Outpatient Services Supervisor - \$67,082 - \$83,852

Program Coordinator - \$50,723 - \$63,404

### **OPERATIONS**

Dentist - Dentures & Partial Dentures - \$131,405 -

\$164,256

Dentist - Pediatrics - \$131,405 - \$164,256

Dental Assistant II - \$18.32 - \$20.67

Dental Assistant I - \$17.12 - \$19.26

Ultrasound Technologist - PTI - \$26.52 - \$30.31

Medical Technologist - \$28.68 - \$32.85 - \*\$5,000 Hiring

Bonus

Medical Laboratory Technician - \$22.76 - \$25.89 - \*\$5,000

Hiring Bonus

Occupational Therapist I - \$68,082 - \$83,852

Information Security Specialist - \$77,144 - \$96,430

DME Specialist - \$18.32 - \$20.67

# EMPLOYMENT OPPORTUNITIES

### **MEDICAL**

Clinical Dietitian - \$50,723 - \$63,404

Physician - ER \$227,068 - \$283,835

Physician - Primary Care \$157,686 - \$197,108

Hospitalist - Inpatient - Full Time & Part Time - \$227,068 -

\$283,835

### NURSING

Certified Medical Assistant – Immediate Care Center - \$21.13 - \$23.98

Massage Therapist - \$50,723 - \$63,404

Registered Nurse - Emergency Room \$33.68 - \$38.72 - \*\$5,000

Hiring Bonus

Registered Nurse Part Time Intermittent - Emergency Room

\$33.68 - \$38.72 (Nights)

Registered Nurse - Inpatient - \$31.06 - \$35.64 - \*\$5,000 Hiring

Bonus (Night shift)

Registered Nurse - Immediate Care Center \$31.06 - \$35.64 -

\*\$5,000 Hiring Bonus

Nursing/Medical Administrative Assistant - \$19.66 - \$22.25

### **TSALI CARE CENTER**

Certified Nursing Assistant - \$17.12 - \$19.26 - \*\$3,000 Hiring

Bonus

Certified Nursing Assistant - Part-time Intermittent - \$17.12 -

\$19.26

CNA/PCA - Part Time Regular - \$17.12 - \$19.26

CNA/PCA - \$17.12 - \$19.26 - \*\$3,000 Hiring Bonus

Certified Medication Aide - \$17.12 - \$19.26

Housekeeping Assistant Supervisor - \$18.32 - \$20.67

Life Enrichment Assistant - \$17.12 - \$19.26

LPN—Part-Time Intermittent - \$22.76 - \$25.89

Registered Nurse - \$31.06 - \$35.64 - \*\$5,000 Hiring Bonus

Registered Nurse Supervisor - \$36.56 - \$42.11

Registered Nurse—Part-Time Intermittent - \$31.06 - \$35.64

### **Tribal Option**

Tribal Option Business Analyst - \$67,082 - \$83,852

To apply, visit careers.cherokeehospital.org
If you have questions, contact the Cherokee Indian Hospital HR Dept. at (828) 497-9163 ext. 6343.



### Cherokee Boys Club Job Announcements

Application and job description can be picked up from the receptionist at the Boys Club information window between the hours of 8 a.m. and 4:30 p.m.

submit to a pre-employment drug screen and local, state, and federal civil and criminal background and sexual offender screens.

**OPEN UNTIL FILLED** 

BUS DEPARTMENT: Multiple Pt Bus **Drivers**; Multiple Ft Bus Drivers

CHEROKEE CHILDREN'S HOME: M u l ti ple FT Resident Counselors and Multiple PT Resident Counselors - 2nd Shift -3:30pm-11:30pm; 3rd Shift - 11:30pm -7:30 Am, Assistant Manager

CHILD DEVELOPMENT: (6) Teachers (Agelink); Assistant Manager - Child Development

CONSTRUCTION/FACILITIES: (2) Skilled Carpenter/Mason, Experienced Sheet Rock Finisher; (4) Carpenter/Mason



following job opportunities, all jobs are open until filled unless otherwise indicated

K-12 Mental Health Behavioral Support Specialist

9-12 Pathseekers Teacher Assistant

Elementary Teacher Elementary Teacher Assistant Elementary Support Specialist Elementary Lifeskills Special Education Teacher

9-12 Science Teacher 9-12 Math Teacher 9-12 Lifeskills Special

Education Teacher

9-12 Special Education Teacher Assistant

6-8 Alternative Program Special

Education Teacher (Pathseekers) 6-8 Lifeskills Special Education Teacher Assistant

6-8 Behavior Modification Teacher

6-8 Science Teacher

6-8 Math Teacher

6-8 Student Support Specialist

Substitute Teachers Substitute Security



### Eastern Band of Cherokee Indians **HUMAN RESOURCES**

Cherokee Nr. 28719 828 359 6388

NO Box 553

All applications and job descriptions are available at www.ebci.com/jobs

Closing Sunday, August 20, 2023

- 1. LAOLD DADIWONISI APPRENTICE SAA Language & Culture - SJ. 7 CWY SSY Services (I.5 \$15.00 - \$18.75 per hour)
- 2. Recreation Aide Snowbird Recreation Snowbird and Cherokee County Services (L7 \$15.60 - \$19.50 per hour)
- 3. Family Safety Attorney Civil Law Office of the Attorney General (L19 \$97,792 \$130,389)
- Manager Housekeeping Operations (L14 \$52,349 \$65,437) SAFETY SENSITIVE POSITION
- 5. Administrative Assistant Internal Audit and Ethics (L8 \$15.90 - \$19.88 per hour)
- 6. Maintenance Technician Housing Program Housing (1.9 \$16.21 - \$20.26 per hour) SAFETY SENSITIVE POSITION
- 7. Senior Office Administrator Employment Human Resources (L12 \$43,441 - \$54,302)

Open Until Filled

- 1. Detention Officer (Multiple) Detention Services Public Safety (L7 \$33,250 - \$41,574) SAFETY SENSITIVE POSITION
- 2. Patrol Officer (Multiple) Cherokee Indian Police Department EBCI Law Enforcement (L12 \$20.89 - \$26.11 per hour) SAFETY SENSITIVE POSITION
- 3. Community Response Officer Cherokee Indian Police Department - EBCl Law Enforcement (L12 \$20.89 - \$26.11 per hour)
- 4. Natural Resources Enforcement Officer (Multiple) Natural Resources Enforcement - EBCl Law Enforcement (L12 \$20.89) \$26.11 per hour)
- FT Paramedic Emergency Medical Services Public Safety (L8 \$30,357 - \$37,946) SAFETY SENSITIVE POSITION (L11 \$19.13 - \$23.92 per hour)
- 6. PT Paramedic (Multiple) Emergency Medical Services Operations (L11 \$19.13 - \$23.92 per hour) SAFETY SENSITIVE POSI-TION
- Teacher (Multiple) Qualla Boundary Early Head Start Public Health and Human Services (L9 \$16.21 - \$20.26 per hour)
- 8. Teacher (Multiple) Qualla Boundary Head Start Public Health and Human Services (L10 \$17.58 - \$21.98 per hour)
- 9. Social Worker (Multiple) Family Safety Public Health and Human Services (L14 \$25.17 - \$31.46 per hour)
- 10. Financial Analyst Budget and Finance Treasury (L15 \$57,982 - \$72,478)
- 11. WWT Operator Waste Water Treatment Plant Operations (L10 \$17.58 - \$21.98 per hour)
- 12. Certified Biological Waste Water Treatment Operator Waste Water Treatment - Operations (L11 \$19.13 - \$23.92 per hour) SAFETY SENSITIVE POSITION
- 13. Supervisor Biological/Waste Water Operator Waste Water Treatment - Operations (L14 \$25.17 - \$31.46 per hour) SAFETY SENSITIVE POSITION
- 14. Family Safety Grants Coordinator Family Safety Public Health and Human Services (L12 \$20.89 - \$26.11 per hour)
- 15. Certified Nursing Assistant Tribal In Home Care Services
- Public Health and Human Services (I.9 \$16.21 \$20.26 per hour) 16. Legislative Legal Counsel Tribal Council Legislative Branch (L19 \$97,792 - \$130,389)
- 17. Driver (Multiple) Transit Operations (L8 \$15.90 \$19.88 per hour) SAFETY SENSITIVE POSITION
- 18. Transportation Facilities Coordinator Qualla Boundary Head Start/Early Head Start - Public Health and Human Services (L9 \$16.21 - \$20.26 per hour) SAFETY SENSITIVE POSITION
- 19. Senior Utilities Engineer Water and Sewer Operations (L19 \$98,083 \$122,604)
- 20. Deputy Court Clerk Tribal Court Judicial Branch (I.8 \$15.90 \$19.88 per hour)

# 5 REASONS TO CALL HOSPICE SOONER THAN LATER



The Care You Trust

### Hospice Can Improve Quality of Life

Hospice helps manage symptoms including chronic pain, trouble breathing, anxiety, insomnia, fatigue or depression, thereby improving quality of life. It can take time to get symptoms under control, so calling earlier is key and may also reduce hospital stays.

### Most Insurance Pays for Hospice Care

Hospice Care is covered by Medicare, Medicaid, and most private insurers and covers an array of hospice patient and family services. Calling Hospice sooner has been shown to significantly reduce costs, according to a study at UNC Chapel-Hill.

### **Hospice is About Your Goals**

We ask our patients and families "what's most important to you" and use those wishes as a guide to provide care that is the best fit for you. Calling earlier ensures more time to prioritize you.

### Hospice Helps You Navigate

Our team will help you understand the sometimes confusing journey through end-of-life care, empowering you to communicate more effectively. Calling sooner gives you more time to plan for what's next, so your moments are spent on what matters most.

### **Hospice Supports Families & Caregivers**

Families and caregivers are sometimes overwhelmed and Hospice Care provides education and resources to manage caregiving and also provide Respite Care. Calling earlier provides key training and support to equip caregivers and families for the journey.

Call us today or visit us online to Request Care: 866.466.9734 | FourSeasonsCare.org