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### FOOD SECTION



## November is Crantastic!

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*The Cherokee  
One Feather*  
Year 45, No. 45



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## Chief's Community Report

Doyu ulihelisdodi agiwonihisdi hi gvnigesv igvndii.

The past few weeks have been very busy and exciting. I would like to take some time to discuss the many activities I have been involved with recently.

I had the pleasure to meet with Robbinsville High School students to discuss Tribal government and the role the Principal Chief's Office plays within the Tribe. It is always an honor to speak with high school students and to teach them a little more about the office of the Principal Chief and how Tribal government operates.

I also had an opportunity to join the Snowbird residents in a National Diabetes Awareness Day Walk. This walk, which was approximately 1.5 miles, was sponsored by the Cherokee Diabetes Program, Community Health, Cherokee Choices and the Cherokee Police Department. I would like to invite everyone to

join us for a Diabetes Awareness Walk in Cherokee on Friday, November 12th. If you are not able to join us, I would like to encourage you to take some time this week or this weekend to make a plan and start your path towards a healthier and more active lifestyle.

There have been some questions and concerns regarding Principal Chief's Office credit card and our expenditures. I understand the need for transparency in Tribal government and as an effort to be more transparent the Executive Office has summarized our expenditures. These expenditures are provided in the chart below so tribal members can better understand how the Principal Chief's Office works and the kinds of charges we

apply to tribal credit cards.

There are four basic categories that we have sorted the charges in to: Gas,

**see CHIEF'S REPORT page 5**



**Principal Chief  
Michell Hicks**

## Cherokee one feather

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# Bridge to be renamed for Medal of Honor Recipient

By SCOTT MCKIE B.P.  
ONE FEATHER STAFF

A local bridge will be renamed to honor one of the greatest American Indian military heroes of all time. Pfc. Charles George, an EBCI tribal member, gave his life on the night of Nov. 30, 1952 near Songnee-dong, Korea by jumping on a live grenade thereby saving several of his comrades at the expense of his own life. That heroic act earned him the Medal of Honor, the highest military honor bestowed upon soldiers in the U.S. Armed Forces.

Fifty-eight years later, a bridge will be named in his honor in Cherokee.

Tribal Council passed Resolution No. 513 on Wednesday, Oct. 27 that gave approval to rename the bridge located at the intersection of the Museum of the Cherokee Indian, Qualla Arts & Crafts and the Cherokee Historical Association in honor of Pfc. George. The resolution was submitted by kindergarten and first grade students at New Kituwah Language Academy.

"As part of these students' education, they are encouraged to participate in civic activities that benefit their com-



The bridge at the intersection of the Museum of the Cherokee Indian and Qualla Arts and Crafts Mutual, Inc. is set to be renamed in honor of Cherokee hero Pfc. Charles George who won the Medal of Honor in the Korean War.

munities, including honoring our men and women who have served in the Armed Forces on behalf of our country," the resolution states.

Renissa Walker, Kituwah Preservation and Education Program manager, stated that the idea for the naming of the bridge came out of a growing relation-




A bust of Pfc. Charles George sits atop a monument at the Cherokee Veterans Park.

ship between the Steve Youngdeer American Legion Post 143 and the students at New Kituwah. "It is more than just naming a bridge, it is building a relationship with the veterans in our communities."

It started with the students performing at an event in September at the

see BRIDGE page 5



## Family Talk Night

**Tuesday, November 16, 2010**  
**Cherokee Youth Center**  
**5:00pm - 9:00pm**

Presentations include: HIV/AIDS Prevention, STI's/STD's, Birth Control Options, Sexting/Social Networking, Dating Violence, Teen Pregnancy, Suicide Prevention, Teen Sex


Bring your tweens, teens, children, grandchildren, nieces, nephews, wives, husbands, and friends...Let's Talk!

Sponsored by: EBCI Health & Medical Division HIV/AIDS Prevention Team, Healthy Cherokee, EBCI Community Health, Cherokee Youth/Teen Center, Analeisgi, Qualla Youth Health Center, Ernestine Walkingstick Shelter, EBCI Domestic Violence Program, Cherokee Women's Wellness Center

Dinner catered by: Granny's Kitchen, Doorprizes \*must be present to win

For information contact: Keahana Lambert-Sluder 497-1032 or Healthy Cherokee 497-7460

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# Cherokee Rodders host Rod Run

The local group hosted the Cruisin' the Smokies Cherokee Rod Run at the Acquoni Events Center on Nov. 5-7. Hundreds of vintage cars and trucks were on display all weekend.

Photos by  
SCOTT MCKIE B.P./One Feather



**'38**

This bright, fire engine red 1938 Chevy belongs to Jerry and Joy Peden of Cohutta, Ga.

## RIGHT: Visitors Galore

The lineup of cars in the parking lot of the Events Center was full all weekend long with hot rod enthusiasts.



## BELOW: Nice Smile

The front end of a nice 1950 Ford owned by Terry Dillard of Sylva.



## Hey, it winked at me!

It doesn't take much to fall in love with this cherry 1955 Chevy owned by James Wood of Mineral Bluff, Ga.



# Tribal Prosecutor elected District Judge

By SCOTT MCKIE B.P.  
ONE FEATHER STAFF

**T**ribal Prosecutor Roy Wijewickrama was elected a District Judge for North Carolina’s 30th District on Tuesday, Nov. 2. Defeating Stephen Ellis by more than 4,000 votes, he garnered 53.88 percent of the vote according to the N.C. State Board of Elections (SBE). On his official campaign Facebook site, he commented after his win, “We did it!!! We won all seven counties in

our District!!!! We could not have done it without all of you. Jodi and I are very grateful for all the prayers and support we have received over the past eight months. Thank you all so much!! I will be honored to serve as your next District Court Judge.” Kristina L. Earwood, who formerly worked in the Office of the Tribal Prosecutor, also won a judgeship in the 30th District. She defeated David Sutton by nearly 2,000 votes and garnered 51.78 percent of the ballots cast. “First, I would like to thank Roy Wijewickrama for his service to the East-

ern Band of Cherokee Indians,” said Principal Chief Michell Hicks. He has been a committed employee and has greatly progressed the Prosecutor’s Office during his tenure.” “I would like to congratulate Roy on his successful bid for the 30th District Court Judge seat. I know he will do a tremendous job for the state of North Carolina and for our region. I wish him well in his new capacity.” EBCI tribal member Bradley Letts will continue as a Superior Court Judge. He ran unopposed in District 30B.

Voter turnout was relatively low in both Swain and Jackson counties. According to the NC SBE, Swain’s turnout was 47.94 percent and Jackson’s was 42.33 percent. Cherokee Chief Justice Bill Boyum said in a statement, “We are very pleased and excited that three outstanding members of our Bar are joining the local judiciary. While we are sorry to lose Judge Wijewickrama as our Prosecutor, we know that he and his new colleagues will serve everyone in Western North Carolina, including our Tribal members, superbly.”

## CHIEF’S REPORT, from page 2

Public Relations, Dues and Travel. Executive uses tribal credit cards to purchase fuel for Principal Chief’s Office vehicles; we also occasionally purchase fuel for tribal members in extreme cases of emergencies. Our public relations expenses include lunches and dinners for visiting officials, business opportunities, assistance with the purchase of food for benefits for tribal members and presents for the Cherokee Children’s Home children. The Principal Chief and occasionally executive office staff purchase hotel rooms and other travel related expenses rather than receive an advance for those expenses. Lastly, we occasionally assist tribal members with emergency travel expenses such as death related situations. Any questions regarding Principal Chief’s Office credit cards can be directed to Jeremy Hyatt at (828) 497-7003. Sgi! Michell Hicks Unelanv adatolosdi nihi.

## Summary of 2010 Credit Card Charges for The Office of Principal Chief

Item	Executive Expenses	Tribal Program & Staff Support	Business Relations	Emergency Assistance- Tribal Members	Total
Gas:	\$ 3,853.83			\$ 628.24	\$ 4,482.07
PR:		\$ 7,856.60	\$ 2,904.75	\$ 4,804.47	\$ 15,565.82
Dues:	\$ 1,226.61				\$ 1,226.61
Travel:	\$ 5,960.83			\$ 690.73	\$ 6,651.56
Total:	\$ 11,041.27	\$ 7,856.60	\$ 2,904.75	\$ 6,123.44	\$ 27,926.06

## BRIDGE, from page 3

request of the Post. The students asked the Legionnaires to come back during the week of Veteran’s Day and do a presentation for the school. “During our discussions, we talked about how disappointing it was to drive by and not see the Charles George gym anymore,” said Walker. “We felt that this was one thing we could do to honor the veterans.”

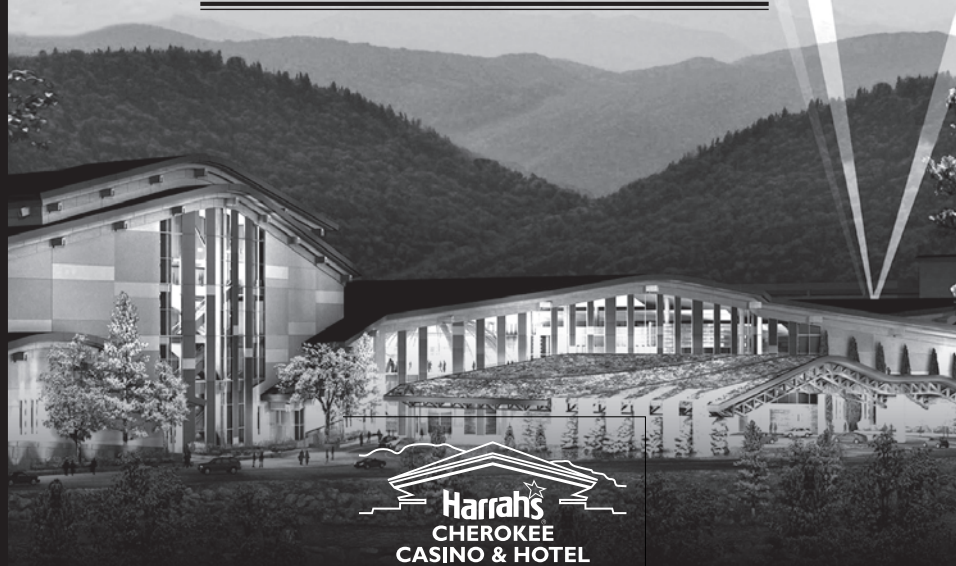
Walker said the concepts of patriotism and love of country are some of the values they hope to instill in the children at the school. “We want that concept to be something that is engrained into the fabric of the school. Our students, as they grow up, will be able to drive by that bridge and know that they played a part.” Principal Chief Michell Hicks

stated, “Congressional Medal of Honor recipient Charles George was a hero to our people and to our country. George’s heroic acts in saving his fellow soldiers in Korea are worthy of remembrance and bestowing his name on a bridge in Cherokee is one way we can ensure our people and the millions of visitors who come to Cherokee know of his legacy.” George, a member of U.S. Army Company C 179th Infantry Regiment, was one of 133 Medal of Honor recipients in the Korean War according to the Congressional Medal of Honor Society

(CMOHS). The CMOHS relates that to date there have been 3,448 recipients of the Medal of Honor. The first award was given on March 25, 1863 to Private Jacob Parrott and the most recent award was given on Oct. 6, 2010 to Staff Sgt. Robert J. Miller. The full text of Pfc. George’s Medal of Honor citation can be found online at: <http://www.history.army.mil/html/moh/koreanwar.html>.

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## CHEROKEE NEWS BRIEFS

### Tribal Elders featured in Book

EBCI tribal elders Jerry Wolfe and Lloyd Arneach, Sr. were two of the 16 artists featured in a new book by Sandra Kelley entitled "Southern Appalachian Storytellers". Kelley will read from her book and sign copies on Saturday, Nov. 20 at 7pm at City Lights Bookstore on Spring Street in Sylva.

- Source: Dave Waldrop

### UNC-A to host Native American Heritage Week activities on campus

The Native American Student Association at UNC Asheville is hosting their 1st annual Native American Heritage Week. The week begins Monday, Nov. 15 and starts off with a flute performance by JJ Kent. Everyday afterwards, the Association will have different activities on campus including a pottery demonstration with Dr. Amanda Swimmer and her daughter Merina Swimmer, Traditional Cherokee Dancers, and a free movie night. Admis-

sion for all events is free and all events will be on the UNCA campus. Info: Heather at [hrdriver@unca.edu](mailto:hrdriver@unca.edu) or (828) 258-7671.

- Source: Heather Driver

### Diabetes Walk to be held

The Cherokee Diabetes Program is sponsoring a walk to recognize November as "Diabetes Awareness" month. The walk will be held, in conjunction with World Diabetes Day, on Friday, Nov. 12 at 3pm in Cherokee and will start in the parking lot of the Cherokee Diabetes Program.

- Source: Cherokee Diabetes Program

### Correction

The subject of a photo was misidentified in last week's *One Feather*. In the photo entitled "It's T-shirt time!" on page 4, the young lady portraying Snooki at the Cherokee Youth Center Safe Trick or Treat Night booth was Trae Crowe, not Samantha Hernandez. The *One Feather* apologizes for the error.

## Tribe to distribute Christmas Checks

Enrolled members turning 60 years of age or older this year will receive a Christmas check from the Eastern Band of Cherokee Indians. It is not necessary for these individuals to submit statements, requests or to sign up.

In order for enrolled members under the age of 18 to receive a Christmas check they must submit a current doctor's statement indicating they are disabled and/or handicapped.

In order for enrolled members between the ages of 18 and 60 to receive a Christmas check they must waive their per capita checks and also submit a current doctor's statement indicating they are disabled and/or handicapped.

New statements are required each year and will not be returned. Please attach address, telephone number and enrollment number with each statement. Statements must be received by the Tribal Operations Program (T.O.P.) Office, which is located beside the Council House, by Monday, Nov. 29. Info: Denise Walkingstick 497-7022.

- Source TOP Office

## Cherokee Stamped Pottery Workshop

November 23 from 5:30 pm - 8:30pm

Qualla Arts & Crafts

by Dean Reed

FMI call Tonya Carroll 828-497-3103

## Artist Talk & Hand Tint Photo Workshop

November 13 from 11am - 4pm

Oconaluftee Institute for Cultural Arts

by Shan Goshorn

FMI call Tonya Carroll 828-497-3103



# Indian Heritage to be featured in Raleigh Celebration

## EBCI tribal members to participate in 15th Annual American Indian Heritage Celebration

RALEIGH - Scores of American Indian dancers will fill the plaza outside the N.C. Museum of History in Raleigh on Saturday, Nov. 20, at noon. Several EBCI tribal members will participate in the event which is sponsored, in part, by the Tribe.

The brilliant colors of their traditional regalia will transform the space as they move to the rhythm of drum groups nearby. With beadwork glistening in the sunlight and ribbons flowing, their dance steps will represent centuries of American Indian heritage and culture.

This lively scene is part of the Fifteenth Annual American Indian Heritage Celebration at the Museum of History. From 11 a.m. to 4 p.m., the museum's largest annual event showcases musicians, artists, storytellers, dancers and others from North Carolina's eight state-recognized tribes.\* The day's activities include performances, craft demonstrations and workshops, hands-on activities, food and much more. Admission and parking are free.

The Nov. 20 festival offers a firsthand opportunity to learn about the contributions of the state's American Indians, past and present. With something for all ages, it is the perfect way to celebrate American Indian Heritage Month. In fact, did you know that North Carolina has the largest American Indian population east of the Mississippi River?

A sampling of the event's activities follows.

- Hear nationally recognized storyteller Lloyd Arneach, an

EBCI tribal member, share tales of long ago, or join a presentation by Dr. Malinda Lowery, a Lumbee tribe member and an assistant professor of history at UNC-Chapel Hill.

- At 2 p.m. the Warriors of Anikituhwah will bring to life the Cherokee War dance and the Eagle Tail dance. Their informative demonstration includes social dances, such as the Bear dance and Beaver Hunting dance.

- Watch a dugout canoe being burned into shape.

- See a wigwam frame built especially for the event, and learn about early types of American Indian housing.

- Talk with artisans at work, such as nationally known potter Senora Lynch, a member of the Haliwa-Saponi tribe whose work has been featured at the Smithsonian Institution's Museum of the American Indian. Meet award-winning artist Karen Lynch Harley, also a Haliwa-Saponi, who draws and paints on animal skins and paper.

- Artists from other tribes will carve wood and stone, make silver and bead jewelry, create feather art, and more.

- Sign up for flute and instrument workshops by Native American flute recording artists Jonathan C. Ward and Arnold Richardson. Hear the intertribal a capella choir Unheard Voices and the mesmerizing beats of the Southern Sun and Stoney Creek drum groups.

- Hands-on crafts, traditional games and other activities provide experiences galore. Play a game of corn cob darts or shoot a blowgun. Make a dream catcher with members of the Sappony tribe, quilt with the Coharie Quilters, or make a cornhusk doll.

Stay for lunch and warm up with traditional American Indian foods. Vendors will sell fry bread, sweet potato fries, beef stew, buffalo burgers, fried pies and more. Be sure to check out specific performance times on the day's schedule. For a complete schedule with performances and presentation

times and more information, go to [ncmuseumofhistory.org](http://ncmuseumofhistory.org) or call 919-807-7900.

The American Indian Heritage Celebration is supported by the Eastern Band of Cherokee Indians; Food Lion; Harrah's Cherokee Casino and Hotel; IBM; Lumbee tribe; N.C. Commission of Indian Affairs; N.C. Museum of History Associates; and United Arts Council of Raleigh and Wake County, with funds from the United Arts campaign, the N.C. Arts Council and the National Endowment for the Arts, which believes a great nation deserves great art.

Additional funding is provided by the Haliwa-Saponi tribe; Thomas, Judy & Tucker, P.A.; UNC American Indian Center; Native American Resource Center at UNC-Pembroke; Eastern Band of Cherokee Tribal Gaming Commission; Arrowhead Graphics; and Lumbee Guaranty Bank.

- Source: N.C. Museum of History

## Cherokee Tribal Court Report

### Judgment Summary for Nov. 2

MATHIS, Bud David

14-40.57 Assault on a Child (DV) – Dismissed, Treatment Complete

14-40.57 Assault on a Child (DV) – Dismissed, Treatment Complete

14-40-56 Assault on a Female (DV) – Dismissed, Treatment Complete, 12 months probation, \$100 fine, \$140 court costs

### Judgment Summary for Nov. 3

BUCHANAN, Kimberly Nicole

14-95.5(c) Drugs: Simple Possession of Marijuana – Guilty/Responsible, 6 months probation, 24 hours community service, obtain Substance Abuse Assessment, \$200 probation fee

14-95.11(c) Drugs: Possession of Drug Paraphernalia – Dismissed on Plea

CAROTHERS, Ashlyn

14-15.6(b) Purchasing, Attempt to Purchase, Possession or Consumption of Alcoholic Beverages by Persons under 21 – Guilty/Responsible, 6 months probation, \$50 fine, \$140 court costs, \$1000 DARE, 72 hours community service, obtain Substance Abuse Assessment

CUNNINGHAM, Tashauna Amber

14-95.5(c) Drugs: Simple Possession of Marijuana – Guilty/Responsible, 12 months probation, \$100 fine, \$140 court costs, \$1000 DARE, 24 hours community service, obtain Substance Abuse Assessment, \$200 probation fee

14-95.11(c) Drugs: Possession of Drug Paraphernalia – Dismissed on Plea

FLORES, Otilia

14-10.61 Receiving or Possessing Stolen Property – Dismissed with Leave to Refile  
14-10.61 Receiving or Possessing Stolen Property – Dismissed with Leave to Refile, \$140 court costs, \$86.40 restitution ordered

HORNBuckle, Justina L.

14-25.2 Drugs: Possession of Drug Paraphernalia, Dismissed

14-25.2 Drugs: Simple Possession of Marijuana, Dismissed

LARCH, Allen Larch

14-25.2 Drugs: Possession > 1.5 oz. of Marijuana, Guilty/Responsible, 12 months probation, credit for time served (21 days), \$100 fine, \$140 court costs, \$250 attorney, \$1000 DARE, \$200 probation fee, obtain Substance Abuse Assessment, 24 hours community service

14-25.2 Drugs: Possession of Drug Paraphernalia, Dismissed on Plea

14-25.2 Drugs: Possession Schedule II – Dismissed on Plea

14-25.2 Drugs: Simple Possession < 0.5 oz. of Marijuana – Dismissed on Plea

LEGERE, Jon Bantom

14-10.60(c) Grand Larceny – Guilty/Responsible, 18 months probation, \$200 fine, \$140 court costs, restitution ordered (amount not given on report, but will be set by PO), \$200 probation fee

14-10.60 Larceny – Vol. Dismissal

14-10.60 Larceny – Vol. Dismissal

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14-10.60 Larceny – Vol. Dismissal

MANEY, Cody Alden-Edward

14-10.60 Larceny – Guilty/Responsible, 12 months probation, \$1083.25 restitution ordered, 24 hours community service

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

- Source: Cherokee Tribal Court

# Honoring Indian Veterans this Veterans Day

By ED HOOPER  
HISTORY NEWS SERVICE



Last June, a caravan of cars pulled into the Black Hills National Cemetery near Sturgis, S.D., to lay a legendary Marine to rest. Gov. Mike Rounds asked that flags be lowered to half staff across the state in tribute to Clarence Wolf Guts, the last surviving Lakota Sioux "code talker" of World War II. In September, Allen Dale June, one of the original Navajo "code talkers," also passed away. While Navajo are

the best known, 15 other Indian tribes were also involved in the use of Indian languages in the top-secret code project, which began unofficially in the trenches of World War I. Though declassified in 1968, their stories are still little known. Veterans Day falls in the middle of American Indian Heritage Month, but those military men and many others, including Ira Hayes (Pima), who helped raise the iconic flag on Iwo Jima, and Gen. Clarence Tinker (Osage), who was the first U.S. general killed in World War II, are not names that come to mind for most people.

That's because this is not the usual story line of American Indian history portrayed in movies or taught in public schools. For most school children, American Indian Heritage Month typically involves a few lessons in early Indian history, arts and crafts, and the national tragedies of the 19th century. This is important material, but after the lessons one of history's most influential indigenous populations is placed back in the closet until next year.

The Department of Defense is

see VETERANS page 9

# Student Moms can do Extracurricular Activities too

My niece has an almost 8 month old baby. She's a good mommy at 16. Yet, an employee at the Teen Center basically put her down for getting her physical in order to play basketball! They told her she was losing hours of her baby's life by playing and practicing. Why would you want to discourage a teen parent from wanting to be active in school?

My niece has a support system (parents, aunt and uncle, and baby's grandparents) that enables her to play basketball and to know that her baby will be at the games with said support people! She's making the grades to be able to play and she takes care of her baby - doesn't pawn her off on whomever so she can do what she wants. She is a very good mommy and absolutely loves her baby.

As a matter of fact, there were a couple of girls on last year's basketball team who have a young child and they faced no discrimination, no put-downs for playing basketball! I'm sure that if they haven't graduated this past year, they will probably be playing this basketball season also!

I believe if a teen parent is involved in an extracurricular activity at school, they are showing perseverance in their education, in their physical fitness and putting forth the effort to better their lives for their child. Especially when they have a solid support system in parents, friends, family, uncles, and aunts to help them with the baby and encourage them to continue their education in order to provide a better life for their baby.

It sure beats the other "options" they have of quitting school, possibly getting involved in drugs/alcohol, and possibly wind up resenting that precious gift from God.

Signed,  
Stephanie Welch

## Bad Business Decisions:

# Save the Bottled Water Company

By HAROLD RATTLER

By now, everyone has seen that tribal leaders have gotten around to approving the budget for FY2011. Hopefully, unreliable projections were excluded in this year's decision. Budget shortfalls don't bode well with the appearance of a well-run business' reputation.

However, one interesting development was the decision not to fund the Cherokee Bottled Water Project.

Hmmm...Weren't some of the same individuals as now in charge when the decision was made to purchase the bottled water business? So, rather than come out with a professional explanation

on why this decision was made they just cut the funding and let it die like all the other numerous "bad business decisions" of late.

Everybody and anybody with any kind of business education, whether it be from school or having learned it on the job, has got to be asking themselves, "What happened?" Right??? One of the most important aspects of owning and running a successful business is if something is up or down you have to let your shareholders know what's happening. Thus, seeing how all members of the EBCI are shareholders, it would be nice if someone let us know what's happening. Right???

The reason for the obvious query

would be to find out why, after so much interest in obtaining this business where, supposedly, a "good business plan" had been reviewed and accepted, would the same people who insisted on having it, let it fold? Is "cutting the funding" another way to say "We made a mistake"? And now that our tribal name and reputation have been applied to this product it would be a mistake of "epic" proportions, wouldn't it? What would this decision say about the people who put this plan into action in the first place? And how do you fix that? Reference any news source you wish and in today's highly competitive business world you counter a

see WATER page 9

## Letters Policy

The Cherokee One Feather is available as a forum for any opinion or point of view concerning issues of general interest. Letters should be typed, exclusive to the One Feather. Letters must be signed and should include a name, address and phone number. Only the name and town (if writer resides outside of Cherokee) will be printed. Letters critical of specifically-named minor children will not be published. Unsigned letters will not be considered for publication at all. The One Feather will not accept poetry submissions as a letter or requests for pen pals.

**Disclaimer:** the opinions expressed on the Opinions pages do not necessarily reflect the views of the Cherokee One Feather, the Principal Chief, the Vice Chief or Tribal Council of the Eastern Band of Cherokee Indians.



# VETERANS, from page 8

working to change this. For the last few years, they have used their Internet and media outlets to showcase the modern heritage that American Indians have brought to the armed forces of the United States for more than 150 years. Gen. Ulysses S. Grant opened the door to the military for American Indians during the Civil War. New York Gov. Edwin Morgan had turned away Ely Parker's (Seneca) Iroquois Volunteers, and Secretary of War Simon Cameron had declared that Parker's ethnicity wouldn't permit him to serve. Grant secured Parker's appointment as an engineer, and he rose to become the first American Indian general in U.S. history. Meanwhile, on the Confederate side, Stand Watie (Cherokee) also rose to the rank of general and was the last commanding officer to surrender in the war.

In 1866, Congress passed the Army Reorganization Act, allowing the employment of 1,000 Indian scouts in the western Indian campaigns. Alchesay (Apache) and 11 other Indians received the Medal of Honor for their actions in the campaigns. At first their loyalty was questioned, but only once in their 71-year history did scouts ever turn against their Army commanders. The scouts' crossed-arrow insignia was eventually adopted by U.S. Special Forces.

In World War I, 12,000 American Indians joined the ranks of the armed forces -- even though it wasn't until 1924 that Congress granted Indians U.S. citizenship. Their unique combat abilities and survival skills, which had frustrated opponents for generations, became invaluable to the nation's combat collective.

More than 44,000 Indians served in World War II. Lt. Ernest Childers (Creek), Lt. Van Barfoot (Choctaw) and Lt. Jack Montgomery (Cherokee) received Medals of Honor for their actions in Europe with the Army's 45th Thunderbird Division. The Army Corps of Engineers' Goingback Chiltoskey (Cherokee) helped to create the relief maps used for the D-Day invasion. Fellow tribesman Ting Rogers survived the infamous "Bataan Death March," in which childhood friend Jacob Cornsilk perished. Joseph Clark (Cherokee) was the first to achieve the rank of admiral in the U.S. Navy, and Brumette Echohawk (Pawnee) became a legend training commandos for hand-to-hand combat.

In the Korean War Capt. Raymond Harvey (Chickasaw), Cpl. Mitchell Red Cloud (Ho-Chunk), and Pfc. Charles George (Cherokee) received Medals of Honor for their actions under fire. In Vietnam, 42,000 American Indians served, 90 percent of them volunteers.

The nation's most decorated American Indian, 1st Lt. Pascal Poolaw (Kiowa) was killed in action with 42 decorations on a service record that reached back to World War II.

Their progeny's service continues today. In March 2003 Army Spc. Lori Ann Piewesta (Hopi) became the first American Indian woman to die in combat. Four months earlier, U.S. Navy Cmdr. John Herrington (Chickasaw) became the first American Indian astronaut serving as flight engineer for the Space Shuttle Endeavor.

This is far from the Hollywood or schoolbook image. The ancient cultural heritage of American Indians is, of course, worthy of study and celebration, but this is the modern legacy that Americans should remember on Veterans Day.

**Ed is a veteran journalist and military affairs reporter and a writer for the His- tory News Service.**

# WATER, from page 8

bad decision with a good one, meaning get rid of them! Right?

Now, everybody knows how tribal politics are handled today and nobody will likely take responsibility, but it was somebody's fault, right? People don't just buy existing businesses or start new ones in hopes they will fail, do they? On the contrary, the business taken over or started is usually a dream come true. All it needs, then, is a little T.L.C. to get it going. As with anything you love, "water" it and it will grow!

So, what happened to the T.L.C. when it came to the Cherokee Bottled Water project? For all those who don't know, water is sacred to our people. We believe in all of its life-giving qualities. So, when the decision was made to purchase a bottled water company, apply our name and give the good word of the EBCI that this is some high-quality H<sub>2</sub>O, then by golly it's worth fighting for! According to the article in the 10/21 edition of the One Feather, stated by the Chief himself (C.E.O, if you will), several private investors are already ready to fight for this business.

Well, duh! What does that say about this business? It says, fellow shareholders, that this business of ours has potential! Nobody's going to be waiting in line to invest in a business that's going to fail, are they? The people waiting in line can see this potential. Just like the lucky individuals who took over the mirror company we once owned, which, by the way, is doing quite well. Hmmm...

So, what could we do to save our namesake bottled water company? The answer would partially lie in seeing

where the original developers of this somehow extraordinary business plan went wrong. And, seeing how we'd be hard-pressed to get that original business plan, let's just comment with the knowledge we learned in the most basic of business education, "Business 101."

How many bottles of water do they go through at Harrah's every year? Seeing how this is another of our businesses shouldn't we nurture one with the other? That's right, all those bottles of complimentary water...who pays for them? Also, another "smart" decision would be to make Cherokee Bottled Water the only bottled water available or given away at Harrah's, right? This amount alone should be enough to keep the bottled water project alive. Now, look at all the other organizations, just on the Boundary, which use bottled water and pay for it out of their budget. Let's list just a few to see where some of this T.L.C. should be coming from: The hospital, the school system, tribal offices including every tribally-operated office, Boy's Club, Youth Center, and the list goes on. And that's only on the Boundary. Add to that all the numerous events that take place in Cherokee every year and a picture of a successful business starts to develop.

Now, everybody knows that breaking into an already established market, like bottled water, is difficult. A partnership can bring instant access to new customers. In the business world this is known as a "strategic alliance" and this gets us off the Boundary. Wonder if any of the people on all of these business committees and boards have ever heard

of a strategic alliance? Judging by past successes, it would seem unlikely.

A strategic alliance is a joint venture between two companies and it's often an irresistible recipe for success. Does the United Band of Keetowah use our water? How about the Cherokee Nation of Oklahoma? Or, has anybody ever broached the subject to see if we could establish a "strategic alliance deal" with them? Hey! I'm starting to see a little T.L.C. now! In fact, how many other tribes throughout the U.S. own a bottled water company? Remember! We can put any kind of label they want on it as long as the fine print states, "Bottled by Cherokee Bottled Water, Cherokee, NC" right? And I'm betting just about all other tribal casinos would like their own bottled water. What do you think? Wonder how many of them were approached with samples and offers of a beautiful deal like this? I bet if we checked it wouldn't be the answer the individuals wishing to cut the funding would want their shareholders to hear. You think?

Now, let's go one even better than that. That's right, it gets even better. How often do you hear some official from the State of North Carolina or the Federal Government thanking the people of the EBCI for all we do for them? Right. Ok. How about somebody Google Uncle Sam and just see how much of the trillion dollars spent last year went for bottled water. I bet you'll be really, really, really, really surprised. Oh and check the state too. Now here's the kicker. Maybe this will help the wise business committees and boards. These monumental organizations give preference to minority organizations when awarding "all" or "part" of multimillion dollar contracts. And Hello! Did anybody

ever hear of "natural disasters"? You did! Well, what's the first thing needed in any natural disaster? One guess! Come on now, it's right there on the end of your tongue. That's it! Bottled water! Now check and see if we're on the list for available suppliers. OUCH! Ok, Ok. Let's ease up a little.

Let's try a different angle. How about celebrity endorsements? Do you think if asked real nice all these famous people claiming ties to our people would be willing to help their people? I don't know, but I think Sam Bradford would look great holding a bottle of Cherokee Bottled Water. And if Cherokee Bottled Water helps him play like that every kid in America would want some. Reckon? Oh, I'm sorry! Did the super-aggressive marketing people we have already think of this and try it? How about all these country music stars coming to town? I bet an "Indian Outlaw" would help.

We elect these individuals to office hoping their leadership skills will somehow advance the quality of life for our people. And, successful business management skills are vital to a people as ours, who depend on it.

Several other projects have already shown our business management division to be lacking. While a whole lot of shareholders sit around uninformed and complain, it's time the people of the EBCI start demanding answers to poor political decisions. Don't let our Cherokee Bottled Water Company, with so much potential, become the latest victim of somebody else's "Bad Business Decision."

**Harold is an EBCI tribal member living in Butner, NC.**



# Tribal Court welcomes New Judges, applauds Relationship

By **MONICA LAMBERT**

On Nov. 2, voters elected three prominent local lawyers who regularly appear before the Cherokee Court to the District Court Bench in the 30th Judicial District of North Carolina. Tribal Prosecutor Roy Wijewickrama, former Assistant Tribal Prosecutor Kristina Earwood and Waynesville attorney Donna Forga all were elected by wide margins.

"We are very pleased and excited that three outstanding members of our Bar are joining the local judiciary," said Chief Justice Bill Boyum. "While we are sorry to lose Judge Wijewickrama as our Prose-

cutor, we know that he and his new colleagues will serve everyone in Western North Carolina, including our Tribal members, superbly," added the Chief Justice.

It is unlikely that there is any other Tribal Court in the Country that has enjoyed such close ties with the local State Court Judges and that is not going to change any time soon. Retired Chief Justice and current Temporary Judge Harry C. Martin is a former North Carolina Supreme Court Justice. New Associate Justice Danny E. Davis is the retired Chief District Judge of the 30th Judicial District. District Court Judges are North Carolina's specialized Court Judges, primarily han-

dling misdemeanor criminal cases, traffic matters, family law issues, civil claims involving sums less than \$10,000.00 and child support and dependency cases. The six Judges in the 30th Judicial District serve the citizens of Haywood, Jackson, Clay, Macon, Swain, Graham and Cherokee Counties.

The fact that all three of the new District Judges regularly appeared in the Tribal Court is a great reflection on our Court system and on the Bar of the Tribal Court, which now numbers 252 lawyers.

Their experiences in Indian Country will be invaluable to them as they assume their new duties and it is extraordi-

nary for a Tribe to have so many local Judges, including Superior Court Judge Brad Letts, who are so experienced in Federal Indian and Tribal law.

In addition to the three new local Judges, Bar member Steve Cogburn was elected Clerk of Court in Buncombe County, completing a sweep of races in which members of the Tribal Court Bar competed. The Judicial branch of Tribal government extends its warmest congratulations to each of these successful candidates.

**Monica works with the Cherokee Tribal Court system.**

## Veterans Corner

By **L.H. HARDING**

In some communities around the country appreciation for and commemoration of Veterans Day is diminishing, thankfully not ours. As a community we honor all of our Tribal members who have served on active duty. Many of their lives and their families' lives were altered forever because they served their country. There were heroic actions under fire by many of our warriors. There was heroism demonstrated in many other quiet ways. We owe them an eternal debt of gratitude.

Heroism can not just be defined as bravery in the face of danger. Milton wrote "They also serve who only stand and wait". There are 24 million veterans living today that deserve recognition and appreciation on veteran's day. But the families they left behind also deserve recognition. Recognition for preserving the home, getting up and going to work, parenting the children, caring for aging parents, volunteering to help neighbors and other military families, demonstrating the ideal that our country that can work for everyone.

Americans in uniform did the job asked of them. On Veterans Day we honor them for protecting our freedom by their military service.

On Veteran's Day, our hearts turn to those who gave some of their entire human journey that we might be free. They are all our heroes.

Come and be with us at 3pm on Thursday, Nov 11th in the exhibition hall at the ceremonial grounds as we celebrate their service.

**Lew is the Commander for the Steve Youngdeer American Legion Post 143.**

## Thank You

I wanted to take a minute and thank Ms. Mary E. Smith, the Student Government Association, students, and staff of Oconaluftee Job Corps Civilian Conservation Center for going Passionately Pink for the Cure. Breast cancer awareness is very close to my heart and to see the Oconaluftee students wearing pink and collecting pennies was awesome! These are great students, who are compassionate and accepting and I enjoy coming to the center and hearing what they have been doing in the community.

I want you to know that Oconaluftee Job Corps Civilian Conservation Center's support is greatly appreciated.

**Cheryl Holden  
NC CTS**

## Youth Council Says Thanks

The Cherokee Youth Council held their 4th Annual Haunted House at the Yellowhill Community Building October 28 - 30, 2010. The youth worked very hard on their Haunted House and enjoyed scaring all their customers. This is a fun event the youth enjoy doing every year and it is also a unique way the youth fundraise for the annual United National Indian Tribal Youth Conference. The Cherokee Youth Council would like to thank the Yellowhill Community Club for the use of their building and their full support of the youth. The Cherokee Youth Council is sponsored in part by the Cherokee Preservation Foundation and housed in the NC Cooperative Extension Center.

## Cancer Group holds Remembrance

The Cherokee Cancer Support Group would like to acknowledge all the women and men who have valiantly battled the enemy of cancer. Once known, cancer is a threat that does not go away, even to those who have never had to battle it personally. Cancer survivors were honored at the meeting of the Group last Thursday with a small remembrance. Greg Morgan of the Rock Springs Baptist Church offered an encouraging message from the gospels of those who brought their suffering friend to Jesus for healing and how they did not give up; reminding us all of the importance of friends to those who are ailing, and that it may be through those friends that healing may come. Thank you, Greg, for your encouragement to not give up! A special remembrance was given to Stacy Rogers for her steadfast service and friendship

to cancer patients and those in need over the past years. Thank you to all who attended the meeting and brought such wonderful food to share for the potluck. Please be sure to let the group know if you are in need of assistance because of your battle with cancer, or if you know someone who does. Thank you

## Thanks from Safe Trick or Treat Night Committee

On Saturday, October 30th Healthy Cherokee hosted the 10th Annual Safe Kids Trick or Treat Night. Over 5,000 people entered the gates of the old Cherokee High School to trick or treat, a grand total of 1,857 children trick or treated. We had appearances by Iron Man, a guest from Avatar, Ninjas, Bat Girl, and many more.

Vendors have a friendly competition for Best Costume, Best Theme, Scariest Booth, and overall Best Booth. The Best Costume, Scariest Booth, and overall Best Booth Awards are named for Lieutenant Rod Cooper who was instrumental in making the event what it is today and the Best Theme Award is named for Mr. John Tripp who was a long time participant in Trick or Treat Night and loved to create various booths following themes he planned throughout the year. This year's winners were Rod Cooper Best Costume Award: Lloyd Arneach as Chewbacca, John Tripp Best Theme Award: "Hollywood" Cherokee Youth Center, Rod Cooper Scariest Booth Award: Tribal Construction Rod Cooper Best Booth Award: "Alice in Wonderland" Cherokee Boys Club.

Healthy Cherokee would like to send a big THANK YOU to our vendors: Western Carolina University, Harrah's Cherokee Casino, EBCI Information Technology, Tsali Manor Senior Citizens, The Inn of the Seven Clans, Cherokee Police Department, Emergency Management, Tribal EMS, Hope Center, Tribal Gaming Commission, Cherokee Youth Center, Junaluska Leadership Council, Cherokee Elementary School, Granny's Kitchen, CHS S.A.D.D, EBCI Facilities, Cherokee Boy's Club, EBCI Transfer Station, Tribal Construction, Cherokee Life Recreation & Wellness Center.

THANK YOU to our volunteers: Arlene Squirrel, Brooke Saunooke, Jeremy Saunooke, Alanna Panther, Theresa Cunningham, Margie Wachacha, Onita Bush, Nell Crowe, Ashley Crowe, Robin Swayney, Bessie Swayney, Sweet Pea Wolfe, Elijah Arch, Shawn Crowe, and Peanut Crowe.

Submitted by,  
**Radonna Crowe**  
Healthy Cherokee





# Cherokee Boys Club Report

## CLUB SCHEDULE:

**Thursday, November 11** – Veteran's Day Holiday (Tribe, School and Club)  
**Friday, November 12** – Deadline for Frell Owl Award Nominations – 4:30 p.m.  
**Monday, November 15** – Health Screen – 8:00 a.m. to 9:00 a.m.  
**Wednesday, November 17** – Board of Directors Meeting – 8:00 a.m.  
**Thursday, November 18** – Club Safety Committee Meeting – 11:30 a.m.  
**Thursday, November 25** – Thanksgiving Holiday (School, Tribal and Club Holiday)  
**Friday, November 26** – Tsali Day (School, Tribal and Club Holiday)

## VETERAN'S DAY

Veteran's Day is the anniversary of the end of the World War on November 11, 1918. This holiday is best known as Veterans Day, Remembrance Day or Armistice Day in many nations around the world. Veterans Day was declared a national holiday in many nations. We thank and honor the many men and women serving our country now as well as those who served before them.

*This nation will remain the land of the free only so long as it is the home of the brave – Elmer Davis*

## SYMPATHY

The Boys Club would like to extend thoughts and prayers to the friends and family of Charlene Smith "Sissie" Maney who passed away on Monday, November 8, 2010. Sissie was a former employee of the Club.

## BOARD MEETING TIME CHANGE

The Cherokee Boys Club Board will now meet at 8:30 a.m. instead of 8:00 a.m. The next meeting is Wednesday, November 17. Resolution requests need to be turned in to the General Manager's office.

## BRAVES VS. ELKIN

FRIDAY, NOVEMBER 12, 2010 at ELKIN, NC

First Round of State 1-A Playoffs. Go Braves!

## BOYS CLUB HOURS AND PHONE INFORMATION

Please note that there is someone available to answer the Boys Club phones Monday through Friday during normal business hours. The Club's number is 828-497-9101. Please use this number if you call the Club before or after business hours, on holidays or during the weekend. The Club has implemented an automated phone system that goes into effect after hours. Listen to the recording options to determine which department number you need to choose and follow the instructions provided. Thanks for your cooperation.

## INCLEMENT WEATHER NOTIFICATION

With the possibility of inclement weather approaching, please note that the Cherokee Boys Club and DOT will continue to check the roads and will send any information regarding School delays or closures to WLOS – Channel 13 by 6:30 a.m. for broadcast.

## BOYS CLUB MANAGERS, DEPARTMENTS AND PHONE NUMBERS

Tammy Bradley	Agelink/School Age	497-6726
Frank Cooper	Finance and Audit Manager	497-9101
Barbara Jones	Family Support Manager	497-6092
Tommy Lambert	General Manager	497-5120
Vickie McCoy	Administrative Manager	497-5228
Allan Oocumma	Assistant to General Manager	497-5126
Donnie Owle	Garage Manager	497-5761
Cindi Squirrel	Acting C&F Manager	497-5274
Cris Weatherford	Children's Home Manager	497-5813
Trista Welch	Acting Graphics Manager	497-5510
Noah Wolfe	Bus and Truck Manager	497-5962

## C&F Department

Dee Dee Bradley is available to answer the phones in the Club's Construction and Facility Department and will be happy to assist anyone with HIP program questions. Her hours are 7:30 a.m. through 4:30 p.m. Monday through Friday and she can be reached at 497-5269.

**2011 DATE LOGS ARE NOW AVAILABLE AT THE BOYS CLUB DESK**

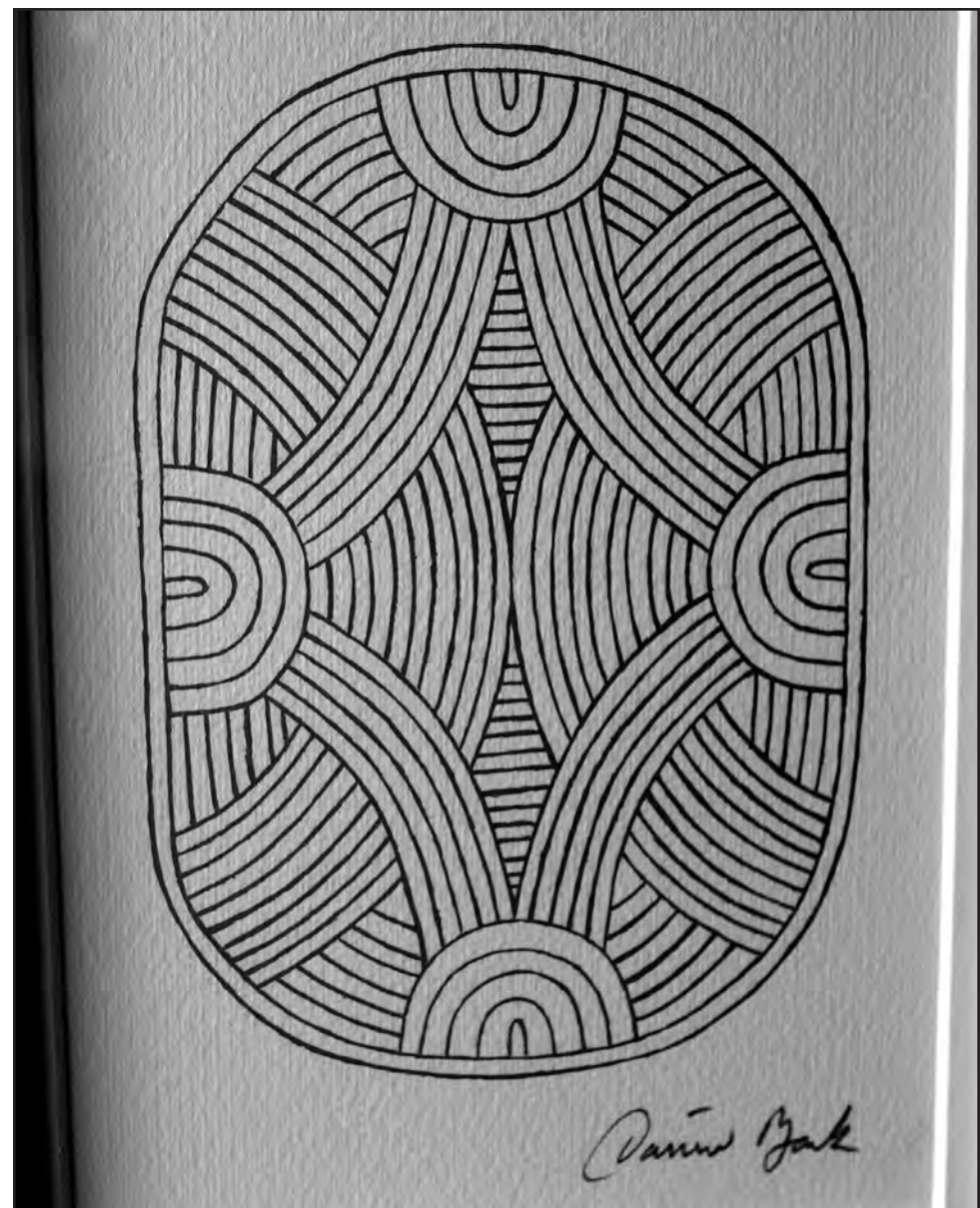


Photo courtesy of Rose Hooper Garrett/SCC

## SCC Art Display celebrates Native American Heritage Month

The November art display at Southwestern Community College's Balsam Lobby on the Jackson Campus celebrates Native American Heritage Month. Students from Southwestern's Oconaluftee Institute for Cultural Arts will display their recent work through Dec. 1. The work includes examples from the Drawing I, Design I and Printmaking I classes. OICA director Jeff Marley said the prints, like one shown above by Darrin Bark, are significant since they are the first work from the new printing press that was delivered in August. In addition to Bark, students exhibiting work include Carrie Atkinson, Jon Alderman, Deana Burchett, Sheila Creed, Amelia Haynes and Samantha Newhouse. Info: Marley at j\_marley@southwesterncc.edu or 497-3945.

## Celebration of Family Caregivers - Nov.

Messages for Family Caregivers to live by

1. BELIEVE IN YOURSELF – Trust your instincts. Let your inner voice guide your decision making for your loved one and yourself. Believing in "You" is the first step toward building confidence, an essential tool in coping with being a family caregiver.
2. PROTECT YOUR HEALTH – Taking care of yourself is not a luxury; it's a necessity. If your health is compromised it's hard for you to be an effective caregiver. Your life is hard enough. For your own sake, and your loved one's, takes good care.
3. REACH OUT FOR HELP – Family caregiver is not a one-person job. Asking for help is a sign of strength, NOT WEAKNESS. Help comes in various forms; from others pitching in, to having more information about your loved one's condition and sympathetic understanding from your boss.
4. SPEAK UP FOR YOUR RIGHTS – In your daily life speaks up for respect and more support for yourself and your loved one. Speak up for the rights of all family caregivers by talking about the need for education, financial support and better chronic illness care.

For information contact Tsali Caregivers Support Program at 828-554-6872 and speak with Tavish Panozzo, caregiver Case manager or Heather Bird, Outreach Worker II at 828-554-6860

- Source: Heather Bird



# "Take 3" Actions To Fight The Flu

Flu is a serious contagious disease that can lead to hospitalization and even death. Flu is unpredictable. Cherokee Indian Hospital and the CDC urges you to take the following actions to protect yourself and others from influenza (the flu):

## Take time to get a flu vaccine.

- CDC recommends a yearly flu vaccine as the first and most important step in protecting against flu viruses.
- While there are many different flu viruses, the flu vaccine protects against the three viruses that research suggests will be most common.
- The 2010-2011 flu vaccine will protect against an influenza A H3N2 virus, an influenza B virus and the 2009 H1N1 virus that caused so much illness last season.
- Everyone 6 months of age and older should get vaccinated against the flu as soon as the 2010-2011 season vaccine is available.
- People at high risk of serious flu complications include young children, pregnant women, people with chronic health conditions like asthma, diabetes or heart and lung disease and people 65 years and older.
- Vaccination of high risk persons is especially important to decrease their risk of severe flu illness.
- Vaccination also is important for health care workers, and other people who live with or care for high risk people to keep from spreading flu to high risk people.
- Children younger than 6 months are at high risk of serious flu illness, but are too young to be vaccinated. People who care for them should be vaccinated instead.

## Take everyday preventive actions to stop the spread of germs.

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.\*
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.)
- While sick, limit contact with others as much as possible to keep from infecting them.

## Take flu antiviral drugs if your doctor prescribes them.

- If you get the flu, antiviral drugs can treat your illness.
- Antiviral drugs are different from antibiotics. They are prescription medicines (pills, liquid or an inhaled powder)

and are not available over-the-counter.

- Antiviral drugs can make illness milder and shorten the time you are sick. They may also prevent serious flu complications.

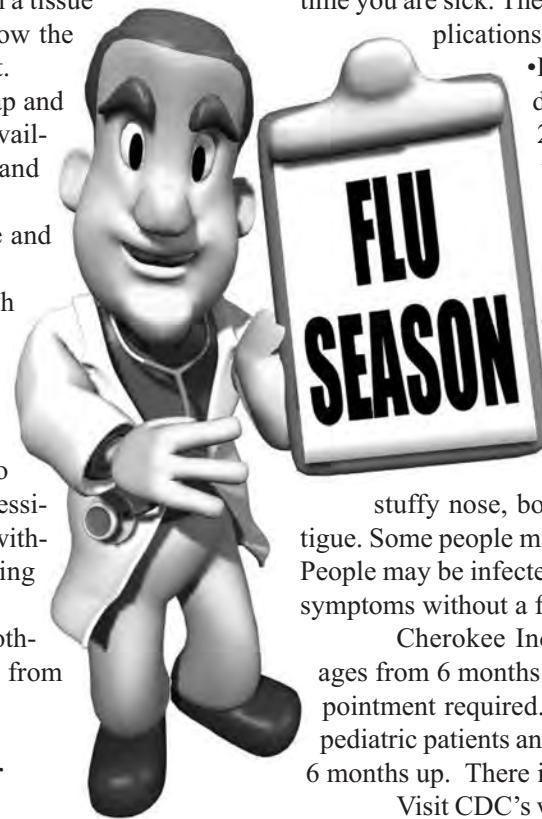
•It's very important that antiviral drugs be used early (within the first 2 days of symptoms) to treat people who are very sick (such as those who are hospitalized) or people who are sick with flu symptoms and who are at increased risk of severe flu illness, such as pregnant women, young children, people 65 and older and people with certain chronic health conditions.

•Flu-like symptoms include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may also have vomiting and diarrhea. People may be infected with the flu, and have respiratory symptoms without a fever.

Cherokee Indian Hospital has flu shots for all ages from 6 months up. Ask for a nurse visit. No appointment required. No face sheet. We have mist for pediatric patients and adults and pediatric vaccine from 6 months up. There is a limited supply of flu vaccines.

Visit CDC's website to find out what to do if you get sick with the flu and how to care for someone at home who is sick with the flu.

- Source: Cherokee Indian Hospital



## Changes in the ER Department at CIH

Cherokee Indian Hospital would like to inform the community that there may be a temporary increase in waiting time in the Emergency Department (ER) during the week of October 25. During this week, the Emergency Department will complete the implementation of the Electronic Health Record (EHR). This will require a period of training and adjustment to new work-flow, but it will provide an additional layer of safety for patients.

Your providers at Cherokee Indian Hospital have already had access to previous primary care notes, medication lists, allergies, study results, and consult notes in the ED for many years in EHR. Next week, Cherokee Indian Hospital will complete the final step of implementation of the EHR in the ER. This final step is the "Go-Live". The most significant change that will happen with the Go-Live is that we will now have computerized provider order entry (CPOE) of medications into our EHR in the ER. This means that your ER providers will be directly entering in care orders into your computerized medical record. That then allows the computer to immediately run checks on

drug-drug interactions, allergy checks, and checks based on age, kidney function, or other clinical considerations before the medication is administered or dispensed from the ER. This will provide an added layer of safety for patients.

Your providers use the same EHR system across all Cherokee Indian Hospital and Health and Medical Division care settings, including Outpatient, Inpatient, ER, Urgent Care, Diabetes Clinic, Qualla Youth Health Center, Women's Wellness, Analenisgi, Cherokee County Clinic, and Snowbird Clinic. Because these systems are all linked with the same unified medical record, and they all utilize the same pharmacy, we have the most complete and comprehensive health information system possible. This translates to the safest possible system of care. While the computer system cannot completely eliminate all safety risks, it is estimated to reduce the possibility of medication errors significantly.

Cherokee Indian Hospital, recognized in 2008 with the national Davies Award for Excellence in Public Health, demonstrated how we use this information

system to improve health outcomes. We have been host to visiting health care officials from all over the United States, as far away as Alaska and Hawaii.

The Go-Live requires staff to have additional training, and to learn new processes of care. Tony Taylor and the IT staff have installed the infrastructure to support the extension of this information system into the ER. Sarah Wachacha, MPH, the Clinical Applications Coordinator, has been conducting trainings for doctors, physician assistants, nurses, and clerks over the past several months. Victoria Harlan-Allison, RN, MSN, the Nurse Manager in the ER, has been working with her staff for many months working out improvements in flow. Russ Appleby, Pharmacy Doctorate and the pharmacy staff have been upgrading the medication package. In order to minimize the impact that the Go-Live will have on wait-time, Cherokee Indian Hospital will also provide additional staffing during peak times. We will do everything we can to minimize any temporary wait-time impact of this safety upgrade.

- Source: Cherokee Indian Hospital

## Refrigerator Cleanup tip from WIC

Always keep your refrigerator cold. The temperature should be 40° F or less.

Get in the habit of going through your refrigerator once a week.

- Throw away old foods in the garbage can.
- Check expiration dates on foods. If food is past expiration date, throw it away. Remember- when in doubt, throw it out!
- Wipe up spills when they happen. Your refrigerator will stay clean and have less bacteria.
- Try to wash your refrigerator at least every 2 to 3 months with hot soapy water. Rinse and dry everything.

For past Nubites nutrition tips, please stop by the WIC office.

To make an appointment for WIC please call 828-497-7297. Walk-in clinic is every Monday from 8:00-11:30 am and 1:00-4:00 pm except for holidays.

From Nutrition Matters, Inc. nutrition tips for today's families.

Submitted by the EBCI WIC Program: The Special Nutritional Supplement and Breastfeeding Support Program for women, infants, and children is open to all eligible persons regardless of race, color, sex, national origin, age, or disability.



# What you need to know about artificial sweeteners...

## ONE FEATHER STAFF REPORT

Ten years ago, the average American was recorded as consuming the equivalent of 20 teaspoons of sugar a day (while the recommended amount of added sugar is only 10 teaspoons). According to the FDA, approximately 60% of that consumption comes from corn sweeteners, often found in soft drinks and candy.

As a nation battling obesity, diabetes, heart disease, and metabolic syndrome, it is important to limit our fat and sugar intake. In an attempt to have our cake and eat it too, we have turned to artificial sweeteners.

Five artificial sweeteners are currently approved by the FDA for consumption. They are all so low in caloric energy that they are considered to be calorie-free.

**Aspartame, Saccharin, Sucralose, Acesulfame – K, Neotame, Stevia,**

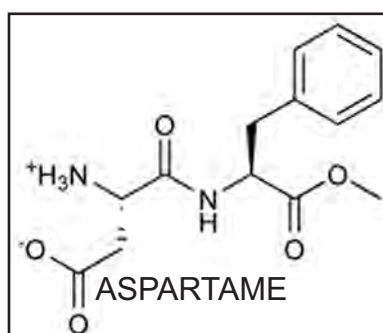
### Aspartame:

**NUTRASWEET** - The NutraSweet Company makes and sells NutraSweet, their trademarked brand name for the artificial sweetener aspartame, and Neotame. Aspartame was discovered in 1965 by James M. Schlatter, a chemist working for G.D. Searle & Company.

Aspartame is a methyl ester (methyl group is a type of alkyl group - alkyl group is an alkane- Alkanes also known as paraffins or saturated hydrocarbons, are chemical compounds that consist

only of the elements carbon and hydrogen. Esters are formed by condensing an acid with an alcohol) of the dipeptide of the natural amino acids L-aspartic acid and L-phenylalanine. Under strongly acidic or alkaline conditions, aspartame may generate methanol by hydrolysis. Under more severe conditions, the peptide bonds are also hydrolyzed, resulting in free amino acids.

For some markets, aspartame is manufactured from phenylalanine produced by a genetically modified strain of *E. coli*, a bacterium used commonly in laboratory research and biotechnology.



### Sucralose:

**Splenda** - Splenda is the trade name for sucralose, a synthetic compound discovered in 1976 when scientists at Queen's College in London were trying to formulate a new pesticide.

The Splenda molecule is comprised of sucrose (sugar) — except that three of the hydroxyl groups in the molecule have been replaced by three chlorine atoms. To make sucralose, take a cane sugar molecule and substitute three hydrogen-oxygen groups with three chlorine atoms.

Sucralose is a chlorocarbon, chlorocarbons have long been famous for

causing organ, genetic, and reproductive damage.

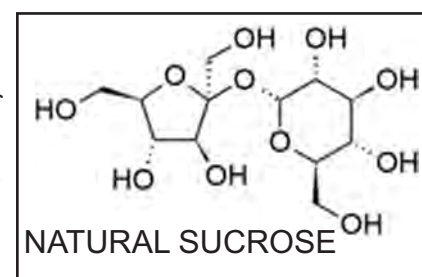
Sucralose has been accepted by several national and international food safety regulatory bodies, including the U.S. Food and Drug Administration (FDA), Joint Food and Agriculture Organization / World Health Organization Expert Committee on Food Additives, The European Union's Scientific Committee on Food, Health Protection Branch of Health and Welfare Canada, and Food Standards Australia-New Zealand (FSANZ). Sucralose is one of two artificial sweeteners ranked as "safe" by the consumer advocacy group Center for Science in the Public Interest, the other is Neotame.

### How Much is Safe?

Animal studies in the 1970s found that rats could eat 4 grams of aspartame per kilogram of body weight without showing health problems. To be safe, the JECFA divided this dose by 100, and set the Acceptable Daily Intake of aspartame for humans at 40 milligrams per kilogram of body weight. The FDA, now has stated that the acceptable daily intake of aspartame for humans is 50 milligrams per kilogram of body weight. This is equivalent to 3500 milligrams per day for a typical 70-

kilogram (about 150 pounds) adult, far more than most adults take in daily. For comparison, a can of diet soft drink contains about 180 milligrams of aspartame. So a typical adult could drink 19 cans of diet soft drink each day before going over the recommended level. A 30-kilogram (66 pounds) child would have to drink more than 8 cans of diet soda daily to reach the ADI for aspartame.

According to the Canadian Diabetes Association, the amount of sucralose that can be consumed on a daily basis over a person's lifetime without any adverse effects is 9 mg/kg/day



### What's the Bottom Line?

Research on artificial sweeteners, including aspartame, continues today. Current evidence does not demonstrate any link between aspartame and an increased risk of cancer.

Aspartame has not been linked with other health problems except among people with the genetic disorder, phenylketonuria. People with this disorder should avoid aspartame in their diet.

**Sources:** *Southern Medical Journal, Wikipedia, By James Bowen, M.D., MedicineNet, Cancer.org.*

## Two CNAs honored with Georgia Crump CNA Award

Two Certified Nurse Assistants were honored this year with the Georgia Crump CNA Award presented at MAHEC (Mountain Area Health Education Center) by MemoryCare. They are Tracy Conseen, CNA, who works in the Emergency Department of Cherokee Indian Hospital, and Edna Crowe, CNA II, who works at Mission Hospital on the progressive care adult medicine nursing unit on the St. Joseph campus.

The award was presented at the 11th annual Nursing Assistant Conference Oct. 6 held at MAHEC. It was named in honor of

the first recipient and established in 2003 by Margaret Noel, MD, Medical Director of the MemoryCare practice for support of families with loved ones affected by memory problems.

"MemoryCare is a program about care giving, and in 2003 it established this award to honor front-line caregivers and recognize excellent CNAs for the heroic work they do every day," said Dr. Noel. "Their kind, skilled hands assist with the most intimate care needs of the frail and infirm — they are the ones who determine whether a vulnerable patient feels secure and comfortable. They



Tracy Conseen

ease the feelings of helplessness and burdensome-ness that threaten to overwhelm patients more than their physical illness. Our health care system will never reach its potential until certified nursing assistants are recognized, compensated and appreciated for the critical role they play."

"This award is designed to honor and recognize the important contributions that the Nursing Assistant makes to health care and to the well-being of the patient," said Linda Stanton, MHS, BSN, RN, Associate Director of Nursing Education at MAHEC.

In all, 43 CNAs were nominated by fellow nurses from all over Western North Carolina.

- Source: Cherokee Indian Hospital

## Cherokee Indian Hospital Telephone and Extensions

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Cherokee County Clinic	6633
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Orthopedic Clinic	6402
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Inpatient Nurses Station	6396
Emergency Department	6301
Pharmacy	6369
Dental	6478
Physical Therapy	6270
Eye Clinic	6495
Eye Glass Fitting	6319
Human Resources	6232
Snowbird Clinic	6330
Radiology	6466



# Obituaries

## Frieda Smith Huskey

Frieda Smith Huskey, 79, of Cherokee, went home to be with the Lord, Tuesday, November 2, 2010 at Tsali Care Center. A native of Cherokee, she was the daughter of the late Sibbald and Estelene Adams Smith. She was preceded in death by her husband, Venoy Jack Huskey and her son Jimmy Huskey. She was a former member of Ela Baptist Church.

She is survived by 4 children: Tom Huskey and his wife Marsha of Whittier, Ken Huskey and his wife Louise of Apple Valley, Cal., Jack Huskey of Cherokee and Barbara Stevenson and her husband Ernie of Wake Forest, NC 5 Grandchildren

and 2 Great Grandchildren 3 Sisters- Mary Smith of Webster, Lucy Parker of Arizona, Trudy Knuckles of Kernersville, NC, 1 Brother- Johnny Payne

A Private Funeral Service will be held at a later date. Crisp Funeral Home is assisting the family with arrangements.

## William Dale Owle

William Dale Owle, 69, of Cherokee died Nov. 1, 2010 at Tsali Care Center after an extended illness. He lived in the Paintown Community. Dale was a member of the Cherokee United Methodist Church and had been employed by the VOC.

He was preceded in death by his father, William J. Owle, mother, Lucy B. Long, and sister, Dorcas Smith.

He is survived by a sister, Gracia Wilnoty, and several nieces and nephews.

The service was held on Thursday

Nov. 4, 2010 at 2 PM at Cherokee United Methodist Church. The family received friends at the church on Wednesday from 6 PM until the service hour.

The Rev. Roland Whitaker and Ray Kinsland officiated. Pall Bearers were, Marshall Bradley, Eddie Marrow, Gene Saine, Mangus Parra-Rubio, Jarrett Wilnoty and Cory Wilnoty.

Burial followed in the Lucy B. Long family cemetery.

Long House Funeral Home assisted the family with arrangements.

## Charlene (Sissie) Smith Maney

Charlene (Sissie) Smith Maney, 50, of the Paintown Community, went home to be with the Lord, Monday, November 8th, 2010 in Cherokee Indian Hospital. A na-

tive of Cherokee, she was the daughter of Charles Edward and Lucille Taylor Smith of Cherokee. She was a member of Old Antioch Baptist Church. She was preceded in death by a daughter, Nancy Dawnelle Maney, and One brother Eddie Smith.

In addition to her parents she is survived by five children; Sheronda Watty and husband Christopher, Angela Maney, Cody Maney and wife Amanda, and B.J. Smith all of Cherokee, and David Maney of the home; two sisters, Angie Smith, and Norma Smith both of Cherokee, and four grandchildren, Jayce Watty, Amaris Watty, Cody Maney, and Precious Maney.

Funeral Services will be held 2:00 PM Thursday at Yellowhill Baptist Church. Revs. Donald Ensley, Roland Whitaker, and Denny Crowe will officiate with burial in the Taylor Family Cemetery.

An online register is available at [www.crispfuneralhome.org](http://www.crispfuneralhome.org)

## Cherokee Veterans still Serve



DAWN ARNEACH/One Feather

The little post office on the Qualla Boundary is manned by veterans. They are from the U.S. Army and Marine Corp. Three served during Vietnam. They lost one of their own earlier this year, John L. Bradley, who was in the U.S. Army and served as the postmaster for most of his 25 years at the Cherokee Post Office. Shown (left-right) are Richard Smoker, Vietnam Army veteran; Gale Williams, Vietnam Marine Corps veteran; Barbara Toineeta, Army veteran; Jay Hesselschwerdt, Army veteran; and Steve Queen, Vietnam Marine Corps veteran.



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SCOTT MCKIE B.P./One Feather

## Baby Kanga

This baby kangaroo was seen snuggled in its owner's jacket pocket while she was waiting for coffee at Tribal Grounds coffeehouse on Friday, Nov. 5.



DAWN ARNEACH/One Feather

## Snow? And flip-flops?

Cheyenne Arneach rears back to launch a snowball on Saturday, Nov. 6 on the Blue Ridge Parkway above Cherokee. Snow began to fall in the area on Friday and higher elevations saw accumulations of more than five inches.



Photo courtesy of Tiani Osborn

## Tribal Member to ring bell for NYSE today

Tiani Osborn (far right), an EBCI tribal member, has been in meetings this past week with Native One Financial, a firm in New York. The firm has helped with funding for the Navajo Code Talkers Museum, and are hosting real live code talkers for the event. "It is going to be quite an event, after the ceremony at the exchange, they, and I, will be in the Veteran's Day parade in NY, then on to a book signing at the Cornell Club", Osborn stated. She has been invited to attend the "ringing of the bell" at the New York Stock Exchange on Veteran's Day. Allison Jaffe (far left) and Scott Eskwitt (2nd from right) are with Native One Financial, and James McQuire (2nd from left) and Patrick Forbes (center) are floor traders with Raymond C. Forbes Co.



SCOTT MCKIE B.P./One Feather

## Yellow and Orange in Yellowhill

Yellow and orange leaves shined on the side of this mountain in the Yellowhill Community during the late afternoon on Monday, Nov. 8.



# Seven Cherokee Runners finish 35th Marine Marathon in D.C.

"I had a lot of fun running in the Nation's Capitol. It was great being cheered on the whole way and then to be given a medal at the end by a marine - that made the whole experience. I kept thanking all of them along the way for keeping me & my country safe."

-- Dawna Paul

By GERRI GRADY  
CHEROKEE RUNNERS

Autumn days have been filled with runners making strides toward long term goals and improved PRs. Among them, the seven Cherokee Runners that completed the 35th Marine Corps Marathon (26.2 miles) on Oct. 31 and the six that completed the Marine Corps 10K (6.2 miles).

Both of these races were held in the Washington, D.C. area with both finishing at the Iwo Jima Memorial near Arlington Cemetery. Competitors in the marathon were: Jimmy Oocumma, Brian Burgess, Robin Swimmer, Stephan Swimmer, Skye Littledave, Chris Reed and Gerri Grady. Runners in the 10K were: Marlene Arch, Sean Grady, Karleigh Reeves, Brian Driver, Pam Sneed, and Dawna Paul.

"I had a lot of fun running in the Nation's Capitol," said Paul. "It was great being cheered on the whole way and then to be given a medal at the end by a marine - that made the whole experience. I kept thanking all of them along the way for keeping me and my country safe."

The Marine Corps Marathon was the first marathon for several of the runners and they started with over 30,000 other runners from all over the United States. Of the 30,000 that started the race, over 8,000 did not finish, but all seven from Cherokee crossed the finish line. The group from Cherokee that competed in the 10K started the race with over 10,000 runners, again, from all across the country. Some of the runners for both races ran with injuries and competed with courage and conviction.

Only a few days after the Marine Corps races, three Cherokee Runners competed in the Haywood Heroes 5K (3.1 miles). Dawna Paul, Karleigh Reeves and Pam Sneed ran and all three placed in their



Photos courtesy of Dawn Arneach/ Dawna Paul

The following finished the 35th Marine Corps Marathon held Oct. 31 in Washington, DC. Shown (left-right) back row - Chris Reed, Robin Swimmer, Jim Oocumma; front row: Stephen Swimmer, Gerri Grady, Skye Littledave, and Brian Burgess.

## Official Results Time, Division Placing

### Marathon

Chris Reed - 5:49:39, 866  
Robin Swimmer - 4:51:27, 561  
Jim Oocumma - 3:48:53, 400  
Stephen Swimmer - 5:13:17, 1290  
Gerri Grady - 5:54:39, 427  
Brian Burgess - 4:23:33, 964  
Skye Littledave - no results available

### 10K

Marlene Arch - 1:04:52, 197  
Brian Driver - 1:19:56, 343  
Sean Grady - 1:08:25, 80  
Dawna Paul - 1:31:03, 473  
Karleigh Reeves - 1:13:37, 65  
Pamela Sneed - 1:24:34, 439

- Source: Marine Corps Marathon

age groups.

Another Cherokee Runner competed in her first marathon the same weekend as the Washington race. Natalie Welch ran the Spinx Runfest Marathon in



The following finished the Marine Corps 10K race: Back row (left-right) Karleigh Reeves, Dawna Paul, Marlene Arch, Brian Driver; front row - Sean Grady and Pamela Sneed.

Greenville, SC, coming in 4th in her age group. This is a great accomplishment that Natalie has been training and planning for many months. The Cherokee Runners would like to thank their families for the

support and encouragement that each have received over the last several months of training. We would also like to thank Chief Michell Hicks for his support and for running with us when he can.





Robbinsville  
**63**

## BRAVES FOOTBALL

# Black Knights demolish Braves



Cherokee  
**13**

### ONE FEATHER STAFF REPORT

**ROBBINSVILLE** - Eight turnovers were costly to the Braves (3-8) as the Robbinsville Black Knights (8-3) defeated them 63-13 on Friday, Nov. 5. Cherokee lost seven fumbles and threw one interception while the Black Knights only had one turnover on an interception. Robbinsville gained 523 yards on offense while holding Cherokee to 287.

Robbinsville's Chris Daniels scored five touchdowns including two fumble returns for a score to lead the Black Knights.

Cherokee RB Dorian Walkingstick ended the regular season just shy of 2,000 yards. On Friday, he gained 175 yards on 29 carries which gave him a season total of 1,933 yards on 287 carries. He

scored 15 rushing touchdowns on the year to lead the Braves.

Robbinsville came out of the blocks on Friday pumped up and scored four touchdowns in the first quarter alone.

### NEXT FOR THE BRAVES

**Friday, Nov. 12 at  
Elkin Elks  
1st Round of  
State 1A Playoffs**



Daniels scored on runs of 19 and 14. He also returned two Cherokee fumbles all the way to the house (34, 12).

Seth Littlejohn returned a kickoff

40 yards for the Braves' lone score in the half.

The Black Knights poured in 19 more points in the second quarter on a 7-yard touchdown run by Cassidy Galaviz, a 1-yard run by Austin Hill and a 6-yard run by Daniels. They took a 47-7 lead into the locker room.

Fast forward to the fourth quarter and the Black Knights' Jordan Storm would score twice on runs of 6 and 44. Cherokee QB Jesse Blanton scored on a 36-yard run midway through the quarter, but the Black Knights were too much on the night and took the game 63-13.

Forrest Stamper led Cherokee's defense with 14 tackles followed by Jeremy Wolfe with 11 and S. Littlejohn with 8.

### BRAVES STATS ON THE YEAR (through 11 games)

#### RUSHING

Walkingstick 287 carries, 1,933 yds, 15TD  
Blanton 117 carries, 603 yds, 8TD  
Wright 49 carries, 241 yds, 1TD  
Bradley 27 carries, 173 yds, 2 TD

#### PASSING

Blanton 29 of 69, 468 yds, 7TD, 4INT

#### RECEIVING

McMillan 7 rec, 125 yds, 3TD  
Ramirez 7 rec, 101 yds, 1TD  
Crowe 7 rec, 77 yds, 1TD  
Bradley 3 rec, 86 yds, 1TD

#### PUNT RETURNS

Bradley 3, 116 yds, 1TD  
Stamper 1, 10 yds

#### KICK RETURNS

S. Littlejohn 13, 296 yds, 1TD  
Bradley 12, 319 yds, 1 TD  
Walkingstick 11, 275 yds  
Blanton 3, 41 yds

#### TACKLES (unassisted, assisted)

Stamper (29, 62)  
Buddy Arch (25, 88)  
McMillan (17, 23)  
S. Littlejohn (15, 53)

### BY THE NUMBERS

	C	R
First Downs	16	27
Rushes - yards	46-242	49-471
Passing	2-5-1	2-8-1
Passing yards	45	52
Punts	2-84	0-0
Fumbles - lost	8-7	2-0
Penalties	8-51	6-50

### INDIVIDUAL STATISTICS

**RUSHING** - Cherokee: Walkingstick 29-175, Blanton 14-64, Bottchenbaugh 2-1, Wright 1-2; Robbinsville: Coy 13-47, Hill 10-146, Waldroup 8-47, Storm 5-97, Daniels 4-64, Galaviz 4-35, Crisp 2-19, Ayers 2-14, Williams 1-2

**PASSING** - Cherokee: Blanton 2-5, 45yds, 1int; Robbinsville: Galaviz 1-4, 40 yds; Crisp 1-4, 12 yds, 1int

**RECEIVING** - Cherokee: Ramirez 2-45; Robbinsville: McClung 1-40, Burchfield 1-12

### GAME SUMMARY

#### 1st quarter

R - Chris Daniels 19-yd run (Brendlyn Phillips kick)

R - Daniels 34-yd fumble return (Phillips kick)

C - Seth Littlejohn 40-yd kickoff return (Tommy Lossiah kick)

R - Daniels 14-yd run (Phillips kick)

R - Daniels 12-yd fumble return (Phillips kick)

2nd quarter

R - Galaviz 7-yd run (kick failed)

R - Hill 1-yd run (Phillips kick)

R - Daniels 22-yd run (Phillips kick)

4th quarter

R - Storm 6-yd run (Dakota Crisp pass to Jordan Coy)

C - Jesse Blanton 36-yd run (pass failed)

R - Jordan Storm 44-yd run (Coy run)

### AROUND THE MOUNTAINS

Hayesville 20  
Andrews 18

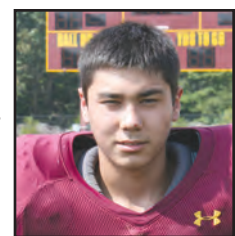
Smoky Mtn. 30  
N. Henderson 27

Murphy 27  
Swain 21

Tuscola 27  
Franklin 21

### PLAYER OF THE WEEK

CHS coaching staff selected Seth Littlejohn as the player of the week. He will receive a \$10 gift certificate from Granny's Kitchen, a specially-designed t-shirt from Three Sister's Enterprise Screen Printing and Embroidery and a plaque from Wendy's restaurant of Cherokee.





# Crantastic!

## Cranberries: Beyond the Sauce

By SHEENA BRINGS PLENTY, CPC

When you think of cranberries, what do you think? The most common answer is usually “cranberry sauce” as it has been a staple at traditional Thanksgiving dinners forever, it seems. However, there is more to the meager cranberry than meets the eye. It has been, and continues to be, used as a medicine and coloring in addition to being used for a variety of food products.

Cranberries are one of three fruits native to North America and have been a staple in the North American diet for centuries. The Algonquin Indians were among the first to harvest them growing wild. They would pound the fresh berries into a paste and mix it with dried meat to make pemmican. They would also use the cranberries for medicine, dyes, and as a gift symbolizing peace.

Around 1620, the Pilgrims began to learn to use cranberries (named for their resemblance to the neck, head, and bill of a sandhill crane), from their Native American neighbors. The settlers were the first to make the

see CRANBERRIES next page

Photo courtesy of the  
Wisconsin Cranberry Growers  
Association



# CRANBERRIES,

from page 18

berries into juice, and the first to cultivate them domestically. The first recorded domestic cranberry crop was harvested in 1816 in Massachusetts. By the 1850s American and Canadian sailors discovered that cranberries could be used on long voyages as a means of protection from scurvy.

Although cranberries were probably served at the first Thanksgiving, they weren't in the form of sauce as we think of it today. Cranberry sauce didn't come about, commercially, until 1912, when the Hayden Cranberry Separator was patented, thus paving the way for the first cranberry sauce to be marketed in Hanson, Massachusetts. In addition to cranberry juice and sauce, the dried and fresh berries are used in baking in the form of muffins, scones, cakes and even cheesecakes. They add an acidic and tart bite to otherwise only sweet desserts. Cranberry wine has also been a new addition to the fruit's resume.

Today, cranberries are a major commercial crop in the American states of Maine, Massachusetts, Minnesota, Michigan, New Jersey, Oregon, Tennessee, Washington, and Wisconsin. According to the Economic Research Service of the United States Department of Agriculture, Wisconsin is the leading producer of cranberries, (producing over half of the U.S. crop), with Massachusetts in second place (producing about 28% of the U.S. crop). About 95% of the cranberries harvested are 5% are sold fresh.

Cranberries have recently been labeled a "super-fruit" because of its known health benefits and potential health benefits. They have moderate levels of vitamin C, dietary fiber and manganese, as well as calcium, magnesium, potassium, Vitamin K, and Vitamin A. Cranberries are known to help reduce urinary tract infections and dental plaque causing gingivitis. They are also under research, (due to their polyphenol antioxidant content), for possible benefits to the cardiovascular system, immune system, people with Alzheimer's disease, and as anti-cancer agents.

However you choose to use your cranberries this Thanksgiving season, have fun with them and re-



## Cranberry Bread Pudding

SCOTT MCKIE B.P./One Feather

member that they are great for more than just sauce!! If you're looking for a new way to present these super-fruits, try this recipe!!

## Cranberry Bread Pudding

1lb dry bread cubes, cut into 1-inch pieces  
4 oz butter, melted  
7 ½ eggs, lightly beaten  
11 oz sugar  
½ teaspoon salt  
¾ teaspoon nutmeg  
1 Tablespoon vanilla  
2 pints milk  
12 oz dried cranberries

1. Preheat oven to 350 degrees. Place dried bread cubes into a 9x13-inch pan.
2. Pour melted butter over the bread, toss lightly and bake until light brown, turning mixture once. Remove from oven and set aside.
3. In a large bowl, mix eggs, sugar, salt, nutmeg, and vanilla until well-blended. Slowly mix in milk until incorporated. Gently fold in cranberries
4. Pour bread mixture into bowl with egg and milk mixture and gently fold together.
5. Pour mixture back into the same pan used for toasting the bread. Bake for 45 minutes, or until firm.
6. Remove and cool then refrigerate until ready to serve.

**Sheena is a Certified Pastry Culinarian and resides in the Yellowhill Community.**

## HEALTHY FOOD CHOICES LAST A LIFETIME

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right to breastfeed.  
Think of it as a child's right to eat.*



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## CRANBERRY MALLOW PIE

By KEAHANNA LAMBERT-SLUDER



### INGREDIENTS:

32 large marshmallows or 3 cups miniature marshmallows  
1 14-ounce can whole berry cranberry sauce  
1 cup chilled whipping cream  
1 teaspoon vanilla extract

1 (6-ounce) pre-made vanilla wafer or graham cracker crust

### DIRECTIONS:

Combine marshmallows and cranberry sauce in a medium saucepan. Cook on medium-low heat, stirring constantly, just until marshmallows are melted. Remove from heat; cool 10 minutes. Refrigerate, stirring occasionally, about 1 hour or until mixture mounds slightly when dropped from a spoon.

Beat whipping cream and vanilla in a small mixing bowl until stiff peaks form. Stir cranberry mixture until blended; fold gently into whipped cream. Pour into crust. Chill until set, at least 5 hours. For a cool treat on a hot day, try freezing the Cranberry Mallow Pie until firm.

To serve, garnish slices with additional sweetened whipped cream, if desired. Makes 6 servings.

Keahana is the administrative program coordinator for the EBCI Health & Medical Division.

## FRUIT AND NUT BAGEL SPREAD

Servings per recipe: 16

### Ingredients:

½ cup dried cranberries  
12 ounce light cream cheese  
1/3 cup chopped walnuts  
1 Tbs. Splenda sugar blend for baking  
Grated zest of orange  
1/8 tsp. cinnamon

### Directions:

Preheat oven to 350°F. Spread walnuts in a single layer in a small baking dish and bake for 5-8 minutes or until the nuts are noticeably fragrant and darkened in color. Stir them once during toasting.

Place dried cranberries in a small bowl and add enough hot water to cover. Let stand to plump the cranberries, about 20 minutes. Drain and pat dry with paper towels.

Using a rubber spatula, mash the cranberries, cream cheese, walnuts, Splenda, orange zest and cinnamon in a medium bowl. (The spread can be stored, covered and refrigerated for up to 3 days.) Serve chilled or let stand at room temperature for about 30 minutes.

### Nutrition Information:

Calories: 70 Total Fat: 5g Saturated Fat 2.5g Cholesterol: 12mg Sodium: 65mg  
Total Carbohydrates: 5g Dietary Fiber: 0.4g Protein: 3g

- Source: Cherokee Choices



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**For Rent** - 2bdrm 1 ba, home on Stillwell-branch behind the Casino, partially furnished, w& d \$400 deposit, \$450 per month, does not include utilities. No pets. Deposit and first month's rent in advance. Prefer married couple or single. Contct Kim at 497-5355 after 4:30pm. No calls after 9:00pm. **11/11pd**

**For Rent** - 2bdrm, 1 ba mobile, quiet park in Ela, no pets, references, background check required, \$375.00 month \$300.00 deposit call 828-488-8752 **12/2pd**

**For Rent** - 3bdrm, 1 ba house in Birdtown, large kitchen, laundry and bonus room. Quiet neighborhood, annual lease \$725 month, first/ last plus security, serious inquires call 828-421-5604 **11/25pd**

**For Rent** - 2bdrm, 2ba mobile home, and a 3bdrm 2ba mobile home, no pets, HUD approved call 506-0578 **11/28pd.**

**For rent** - Log Home, Whittier, 2bdrm, 2 ba, hardwood and ceramic floors, large stone fireplace, covered porch, washer & dryer, 5 min from Harrah's, no pets, will be available Dec. \$850.00 per month 828-497-6497 or 736-1183 **11/18pd**

### FREE

**Free** - Gospel Sermons in book form, by the late Rev. William Branham. Elijah of Malachi 4 V5 to order: print name and address abnd mail to Watkins, P.o. Box 4636, Beaufort, SC. 29903 **12/16pd.**

**The deadline  
for the Nov. 25  
(Thanksgiving)  
paper will be  
Monday, Nov. 22  
at 12noon.**

**No exceptions!**

### EMPLOYMENT

## Eastern Band of Cherokee Indians



For Deadlines and applications please call 497-8131. Indian Preference does apply A current job application must be submitted. Resumes will not be accepted in lieu of a Tribal application.

### Positions Open

#### Closing November 29, 2010 @ 4 pm

1. Recreation Aide- Cherokee Life (\$18,140-\$22,680)
2. Language Specialist- KPEP (\$28,790-\$36,710)
3. Academy Teacher- KPEP (\$34,900-\$44,500)
4. Homebuyer Services Coordinator- HCD (\$28,790-\$36,710)
5. Sergeant Corrections- CIPD (\$38,410-\$48,980)
6. Sergeant Detective- CIPD (\$38,410-\$48,980)
7. School Resources Officer- CIPD (\$28,790-\$36,710)
8. Patrol Officer- CIPD (4 Positions) (\$28,790-\$36,710)
9. Senior Compliance Officer- Budget & Finance (\$31,700-\$40,420)
10. Youth Development Professional- CYC (\$18,140-\$22,680)

#### Closing November 19, 2010 @ 4 pm

1. File Clerk- Legal (\$22,000-\$27,500)
2. Utility Worker- Transfer Station (\$18,140-\$22,680)

#### Open Until Filled

1. EMT-P (Part-time) - EMS
2. Teacher- Tribal Child Care
3. Teacher Assistant- Tribal Child Care

### Health & Medical Positions

1. C.N.A.- Tsali Care Center
2. Cook Aide- Tsali Care Center
3. CHR- CHR
4. Community Coordinator- Healthy Cherokee
5. Receptionist/C.N.A- CDP/Healthy Heart Initiative
6. Exercise Physiologist- CDP/Healthy Heart Initiative
7. RN Case Manager/Educator Healthy Heart- CDP/Healthy Heart Initiative

### Education and Development Director

The Cherokee Historical Association is looking to hire someone with experience in education, development and grants. Requirements for applying are submission of a cover letter, resume, and three sealed reference letters. Applicants have until November 19th at 4:00 pm to submit all requirements to the Cherokee Historical Association's administration building. A full job description is available in the front office of the administration building. For more information please call 497-1128. **11/11**

### Full Time RN/ER

THE CHEROKEE INDIAN HOSPITAL AUTHORITY has the following job available: Full Time RN/ER. Anyone interested should pick up an application and position description from Arlenea Chapa or Teresa Carvalho at the Cherokee Indian Hospital Human Resources Office between the hours of 8:00am - 4:00pm Monday -Friday. This position will close November 19, 2010. Indian preference does apply and a current job application must be submitted. Resumes will not be accepted in lieu of CIHA application. **11/18**



**EMPLOYMENT****Vacancy Announcement**

Vocational Opportunities of Cherokee (VOC) is currently taking nominations to fill a vacancy on its Board of Directors. The vacancy is due to a resignation. The ideal candidate shall have a good understanding of financial accounting practices and non-profit organization. Interested community/business members are encouraged to state their interest to VOC on/before 11/19/10. For more information, call Angela at 828-497-9827. **11/18**

**FT Physicians Assistant**

THE CHEROKEE INDIAN HOSPITAL AUTHORITY has the following jobs available: FT Physicians Assistant. Anyone interested should pick up an application and position description from Arlenea Chapa or Teresa Carvalho at the Cherokee Indian Hospital Human Resources Office between the hours of 8:00am – 4:00pm Monday – Friday. This position will close December 3, 2010. Indian preference does apply and a current job application must be submitted. Resumes will not be accepted in lieu of CIHA application. **11/25**

**BIDS, RFPs, Etc.****Advertisement for Bids**

The Sequoyah Fund invites qualified firms to submit an offer under seal for General Contract for the construction of 5 Cherokee Summer Houses. The project is located along US 19N at various key points that currently have platforms for exhibition native dancing. The project consists of demolition of existing features and new construction of five Summer Houses to include concrete, carpentry, and electrical trades.

Bid documents may be reviewed at the following locations:

The Sequoyah Fund  
810 Acquoni Rd.  
Cherokee, NC 28719

Proctor-Hodge Architecture  
1655 Acquoni Rd.  
Cherokee, NC 28719 (497-7972)

Plans may be purchased for \$50. Specific questions should be addressed to Harold Duckett, Proctor-Hodge Architecture (865-384-2144 or 828-497-7972).

A Pre-Bid conference will be held Thursday, November 11, 2010 at 2 p.m. local time in the office of Proctor-Hodge Architecture, 1655 Acquoni Rd., Cherokee, NC.

Sealed bids Complying to Tribal Employment Rights Office regulations and NC State law are due in the office of Proctor-Hodge Architecture by Tuesday, November 30, 2010 at 3:00 PM local time. **11/18**

**Advertisement for Bids**

The Eastern Band of Cherokee Indians is seeking proposals from qualified general contracting firms to construct elements of the new Cherokee Actions Sports Park in Cherokee, North Carolina. The project includes selective site demolition, installation of erosion and sediment control devices and grading and storm drainage for a concrete skateboard and BMX bicycle park to be located at 1036 Acquoni Road, Cherokee NC 28719.

Sealed proposals for this project will be received in writing no later than 2:00 PM on Tuesday, November 30th, 2010 in the large conference room of Ginger Lynn Welch Center, 810 Acquoni Road, Cherokee, NC 28719 and publicly opened immediately thereafter. All proposals will be lump sum.

Complete plans and specifications for this project may be viewed at:

1) The Cherokee Business Development Center, Suite 190 Ginger Lynn Welch Center, 810 Acquoni Rd., Cherokee, NC 28719

2) The Tribal Employment Rights Office, Suite 137 Ginger Lynn Welch Center, 810 Acquoni Rd., Cherokee, NC 28719, beginning on November 12th, 2010

Requests for electronic copies of plans as well as any questions regarding the plans and specifications should be directed to:

Garry P. Walston, RLA, ASLA  
Stewart Engineering, Inc.  
421 Fayetteville Street, Suite 400  
Raleigh, NC 27601  
(919) 866-4818

First preference will be given to qualified TERO contractors. **11/18**

**REALTY****Snowbird Community**

The following is a list of tribal members that have documents to sign in the BIA Realty office. These are land transfers from both Tribal Members and the Eastern Band by resolution.

**Judy Regina Bird, Jonah Brown, Leverne Brown, William Allen Brown, Sasha Darlene Jumper Castillo, Alan Chekelelee, Chrystal Gayle Ellington, Phillip Sean Ellington, Mary Ann Jumper Fortenberry, Joyce Lynn Smoker Gregory, Randal Maurillo Hernandez, Kathleen Brown Holloway, Maureen Jumper Jackson, Kathy Garrett Johnson, Tony Anthony Johnson, Mary Ann Smoker Lossiah, Sheldon Allen Rattler, Anthony Richard Saunooke, Natalie Suzane Saunooke, Mike Lee Wachacha, Glenn Elliot Welch Jr.**

**Divisions**

Dorothy Sue Caloneheskie Black, Arnold Wachacha, Louisa Wachacha Grindstaff, Mike Lee Wachacha, Abraham Wachacha.

**Proposed transfers**

Robert Leroy Blankenship and Laura Jane Wolfe Blankenship to Corey Matthew Blankenship Big Cove Community Parcel no. 385-I (part of parcel no. 385-H) containing 7.833 acres more or less.

Robert Leroy Blankenship and Laura Jane Wolfe Blankenship to Lori Blankenship Big Cove Community parcel. No. 385-J (part of parcel no. 385-H) containing 11.470 acres more or less.

Alan B. Ensley to Kirstie Elaine Ensley Wolfetown Community Parcel no. 460 (part of parcel no. 172) containing 2.133 acres more or less, together with all improvements located thereon. UNDIVIDED REVERSIONARY INTEREST

**NEW TRIBAL ROAD REQUESTS AS OF**

**November 02, 2010**

**John Cucumber Rd -**

**Starts at 357 Lizzie Cucumber Rd**

**11/11**

# Cherokee one feather

**Advertising Rate Sheet**

**Full Page - \$400      1/2 Page - \$200**

**10.25" x 12.5"      10.25" x. 6.25" or  
5" x 12.5"**

**1/4 Page - \$100      1/8 Page - \$50**

**5" x 6.25"      5" x 3"**

**Classifieds are \$5.00 for 30 words.**

**Bid, RFPs, job announcements, etc. are billed at \$8.00 per column inch.**

**Call (828) 497-1754 for more info**

**Deadline for All Ads is Tuesday at noon.  
No Exceptions!**



LEGALS

<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-591 <b>SAUNOOKE LAW FIRM</b> V. <b>DUSTIN SAMPSON</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-593 <b>SAUNOOKE LAW FIRM</b> V. <b>HENRY W. SEQUOYAH</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-551 <b>STEVEN D. TEESATESKIE</b> V. <b>KONAWV P. TESSATESKIE</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of dissolution of marriage, complaint for custody, and final hearing on dissolution of marriage and complaint for custody at the following date and time: Tuesday November 16, 2010 Cherokee Courthouse 9:30 a.m. This the 18th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-552 <b>LAURA CROWE</b> V. <b>SABRINA SAUNOOKE</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of custody, ex parte custody, and final hearing on custody at the following date and time: Tuesday November 16, 2010 Cherokee Courthouse 9:30 a.m. This the 18th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>
<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-592 <b>SAUNOOKE LAW FIRM</b> V. <b>TRISTAN SANCHEZ</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-594 <b>SAUNOOKE LAW FIRM</b> V. <b>RANDALL RAY SIMONDS</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-596 <b>SAUNOOKE LAW FIRM</b> V. <b>TIMMY RAY TAYLOR</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-598 <b>SAUNOOKE LAW FIRM</b> V. <b>ESTEVAN WELCH</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>
<p><b>Low Income Energy Assistance Program</b></p> <p>The Low Income Energy Assistance Program gives families a one-time cash payment to help pay their heating bills. This program is open to all residents of Jackson County. Applications will be accepted at Jackson County Department of Social Services located at The Bureau of Indian Affairs, November 1, 2010 through November 12, 2010. The office will be closed Thursday, November 11th in observance of Veteran’s Day. Applications may be made Monday through Friday between the hours of 7:30 a.m. and 4:00 p.m. Applications will not be accepted before November 1st or after November 12th. The office will have extended hours on November 4th from 7:30 a.m. until 8:00 p.m. All eligible households will receive a payment around the first of February 2011.</p> <p>Food and Nutrition Service households that meet Low Income Energy guidelines will automatically receive a payment for heating costs. These households received a notice in mid October. If your household has not received a notice, or if you received a Notice of Denial, you may apply in person, at the Jackson County Department of Social Services, between November 1 and November 12, 2010.</p> <p><b>Families must meet the following guidelines to be eligible:</b></p> <p>1.The household’s total income must be equal to or below 110% of the federal poverty level.</p> <p>2.The household must be responsible for it’s heating bills.</p> <p>3.The household cannot have assets over \$2,200.00, excluding primary home and automobiles.</p> <p>4.The household must include a U.S. citizen or an eligible alien.</p> <p>The applicant should bring proof of October gross income, information about any household bank accounts, stocks, bonds, property and other assets, and social security numbers for all household members.</p> <p><b>Once all applications are processed, payment amounts are based on:</b></p> <p>1.The total number of eligible households to be served by the program.</p> <p>2.The total income for each household.</p> <p>3.The number of household members.</p> <p>4.The type of heat the household uses.</p> <p>5.The region of the state where the family lives.</p> <p>For more information about the Low Income Energy Assistance program, contact the Jackson County Department of Social Services, 15 Griffin Street, Sylva, N.C. or call Tammy Bradley at 586-5546, extension 131. <b>11/11</b></p>		<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-597 <b>SAUNOOKE LAW FIRM</b> V. <b>QUINCY WATTY</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p><b>LEGAL NOTICE</b> Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Estate File No. 10-053 Notice to Creditors and Debtors of <b>Billy DustinLane</b> All Persons, firms, and corporations, having claims against, this estate are notified to exhibit them to the fiduciary (s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary (s) listed below. <b>Deadline to submit claims: January1 , 2011. This is the 18th day of October, 2010.</b> Kenitra L. Corbin P.O. Box 1801 Robbinsville, NC. 28771 <b>11/11 pd</b></p>
		<p><b>LEGAL NOTICE</b> Eastern band of Cherokee Indians Cherokee Tribal Court Cherokee, NC CASE NO.: 10-CV-595 <b>SAUNOOKE LAW FIRM</b> V. <b>JIM SMITH</b></p> <p>TAKE NOTICE that the Plaintiff has set for hearing the above captioned matter FOR DEFAULT on the issue of BREACH of CONTRACT and MONEY OWED at the following date and time: December 6, 2010 Cherokee Courthouse 9:30 a.m. This the 26th day of October 2010 Saunooke Law Firm, P.A. P.O. Box 2369 Cherokee, NC 28719 828-497-3041 <b>11/11</b></p>	<p>Notice of Service of Process by Publication Eastern Band of Cherokee Indians Cherokee Court Cherokee, North Carolina <b>File #SP-10-167</b> <b>In RE: Matter of Baby Boy Doe</b> TO: Unknown Parent of Baby Boy Doe TAKE NOTICE THAT an adoption proceeding has been filed regarding a minor child, born on the 11th day of August, 2003. It is alleged that you are the biological father of said child. Be further advised that if you do not respond to this notice by December 7, 2010, said date being forty (40) days from the date of first publication of this notice, the adopting Petitioner shall request that the Court enter an Order allowing this adoption to proceed without your consent and also provide that you will not receive any further notices of this adoption proceeding including the time and place of any further hearings. Your response to this notice should be sent to the Clerk for the Cherokee Tribal Court in Cherokee, North Carolina and a copy sent to the undersigned attorney. THIS the 21st day of October, 2010.</p> <p>Lawrence Nestler, Attorney for Petitioner .Legal Aid of NC, INC – Sylva Office P.O. Box 426 Sylva, NC 28779 Telephone: 828/586-8931 <b>11/11</b></p>
		<p><b>LEGAL NOTICES</b></p> <p><b>\$56/flat fee</b></p>	



# TERO Job Bank Members

## Enrolled members

**Cherokee Bingo Hall, Thursday, November 4  
10am – 12 noon.**

The TERO office and Harrah's Casino will be holding a meeting for potential employment opportunities for the New Restaurants and Hotel Expansion. This will be a great opportunity for long term employment. Please come and attend if you are looking for employment opportunities.

## “Sudoku by Krazydad”

"For more puzzles visit [krazydad.com/puzzles](http://krazydad.com/puzzles)

1	7	2			4			9
3			5	6				1
7	6		9					5
9	2	8				7	4	6
5					7		3	8
8				5	1			2
2			8			5	1	7

© 2010 KrazyDad.com

NEWS ka-no-he-da

## Culture, culture, and more... culture.

The Cherokee High School Humanities Club ventures forth to learn about the world around them again and again. This new club kicked off this school year by attending the Massenkoff Russian Folk Festival at Western Carolina University where they were immersed in Russian language, dance, and music. Closely following this event, the students headed back to WCU to view the Native American Art Exhibit, after which they went to dinner and discussed their feelings about the exhibit and what they learned.

This club allows students to sign up for extracurricular cultural events which interest them ranging from viewing classic films like “Anna and the King,” and “Fiddler on the Roof,” as well as “Dr. Zhivago,” to heading to the High Art Museum to experience Salvador Dali and Toulouse-Lautrec. The students will also travel to Georgia to visit the Aquarium and to South Carolina to visit Riverbanks Zoo. Additional trips to places like Old Salem and Biltmore as well as plays and symphonies are in the works, too. A trip back to Western Carolina University to see the Aids Quilt will be taking place within the next two weeks.

- Source: Yona Wade, Cherokee Central Schools

## Taking steps back through time...

That's what the English III Honors and US History Honors classes are doing at Cherokee High School. The classes have merged together in order to give the students some hands-on experiences. While covering the core curriculum, the students have decided to give up some of their Saturdays in order to take field trips related to the approved curricula. Their first field trip was to Winston-Salem, North Carolina, in order to visit Old Salem Village. They went on Harvest Day and learned about everything from Moravian guns, which they held and balanced, to making stationery. The students who ventured out on the trip included: Rachel Wiggins, Alicia Whitesides, Chelsea Ledford, Jessica McCoy and Brittnee Arch. The students learned about the first Moravian hospital and about what life was like for teens in the village, from dyeing cloth to making apple cider (they worked the press themselves) to seeing one of the first working printing presses in North Carolina.

Though students were slated to head to the Carl Sandburg house on, November 20th, the students have decided to push that date back so that they can participate, as one class, in the Cherokee Choices walk to raise awareness about domestic violence. The classes will still spend a day at the Carl Sandburg home, take a tour, learn about the family's famous work with goats as well as literature, and follow the trails; furthermore, they will also head to Webster to see an exact replica of the house on Walden Pond that was built by Henry David Thoreau. Joe Rhinehart has recently had this beautiful educational tool created and has graciously agreed to allow the students to visit. Teachers Heath Robertson and April Riser are hoping to add cross-curriculum blogging to their future classes as well as the Saturday field trips.

- Source: Yona Wade, Cherokee Central Schools

## One Feather deadline Tuesday at 12noon

### Best In Show



by Phil Juliano



# Healthy Halloween Fair held at Cherokee Elementary

By YVETTE COLMANT

## Changing the Focus

Cherokee Central Schools Health Advisory Council sponsored the first annual Healthy Halloween Fair for elementary school students on October 28th. The focus this year changed from supplying students with candy to supplying students with fun activity. Twenty-two helpful Cherokee agencies spent over four hours in the Cherokee Elementary School court yard first decorating their booths and then welcoming students in their Halloween costumes to offer them activities and/or small prizes. Principal Coker stated, "I'll admit to being somewhat nervous about the change of focus this year. However, when I observed the positive interactions between community support organizations, students and teachers, I knew we had made the

right decision!"

## High School and Middle School Students Contribute

High School and Middle School students had the opportunity to participate in the Healthy Halloween Fair as highly valued members. Our High School students labored over a month producing a spectacular haunted house, grave yard, and fortune telling booth in wood working classes. Their creations were built to last and will be used annually. Other lively High School students manned the haunted house, storytelling booth, and milk bottle toss booth. High School football players with their coaches skillfully engaged elementary school students in football toss, encouraging the young students to throw that football as far as they could. Middle school students directed by Gear Up and Middle School P.E. teachers

taught elementary kids about balloon rockets.

## It's all about the Community

The Community agencies were creative with their fun and interactive booths. Cherokee Choices presented Scary Yoga, a telling of a Halloween story that matched up with yoga poses. Other notable activities were pumpkin bowling, pumpkin fun facts, spider toss, hula hoop & jump rope, dig for veggies, dancing, slime making, and reptile & bones activity, (with a live snake & owl). Cooperative Extension lead a game called, "Monster, monster, can you come out and play?" A Boy's Club literacy grant provided apples to all the students, volunteers, and teachers. The Water Department donated and handed out healthy snacks. Teachers reported that the students had a great time. Ms. Beck, a fourth grade teacher

stated, "This was the best Halloween Fair ever! My kids didn't miss the candy. The fair was fun and interactive; the community agencies did a wonderful job." We had surprise visitors Senator Snow, Juanita Wilson, and Asst. Superintendent Smith. Senator Snow remarked, "I thought it was going to be just another candy handout. What a wonderful surprise to see the community coming together to instead give students an active experience." Ms. Coker added, "I'd like to thank our parents and community for their wonderful support of our first Halloween Health Fair. As a school, I think it's so important that we're consistent in our messages to students. If we're going to teach students the importance of healthy lifestyle choices, then we must show them that those choices apply to all areas of their lives."

Special thanks to the

programs for providing the various fun healthy activities to 648 students: Cherokee Choices, Healthy Cherokee, Cherokee Youth Center, Cooperative Extension, Qualla Library, Cherokee Life Center-Justin, Cherokee Diabetes Program, Cherokee High School, Cherokee Alcohol Law Enforcement, Ernestine Walkingstick Program, Cherokee Gear up, Middle school PE, Balsam Mtn. Preserve, Cherokee Athletics, Home Health, Qualla Youth Center, High School Students, IHS Pharmacy, Analengsi, Heart to Heart, Water Department, Cherokee Choices School to Garden, IHS Pediatrics- Rita, EBCI Children's Dental

**Yvette works with Cherokee Choices Diabetes Prevention Program.**

## 2010-11 Cherokee School Year Calendar

**Nov.11** HOLIDAY – Veteran's Day  
**10** Early Release 2:00 - Staff Sacred Path  
**25** HOLIDAY – Thanksgiving Day  
**26** HOLIDAY - Tsali Day  
**Dec. 20** Christmas Vacation Begins - Early Release: Elementary at 11:30 a.m. MS & HS at 11:40 a.m.  
**21** Teacher Workday (Required) – Pending Snow Days  
**22** School Vacation Day – Pending Snow Days  
**23** School Vacation Day  
**24** HOLIDAY –Observe Christmas Day  
**27-30** School Vacation Days  
**31** HOLIDAY – Observe New Year's Day  
**Jan.03** Staff Development Day  
**04** Students Return  
**17** HOLIDAY – Martin L. King, Jr. Day  
**Feb.09** Early Release 2:00 - Staff Sacred Path  
**16** Early Release: Elem at 11:30 a.m. MS & HS at 11:40 a.m.  
**22** HOLIDAY – President's Day  
**Mar.17** Early Release/\*Staff Development: Elem at 11:30 a.m. MS & HS at 11:40 a.m.  
**Apr. 04-08** Spring Break  
**May04** Early Release 2:00 – Staff Sacred Path  
**18** End of School Year/Early Release: Elem at 11:30 a.m. MS & HS at 11:40 a.m.  
**19-20** Teacher Workdays  
**23-25** Teacher Workdays  
 \*Required attendance for Staff Development Days

- Source: Cherokee Central Schools



Photo courtesy of Juanita Wilson

## Sen. Snow visits Cherokee High School

Pictured left to right: Maggie Welch, Regina Bird, Hannah Cline, Jordan Toineeta, Senator John Snow, Juanita Wilson, Ed French

Senator John Snow took time from the campaign trail to listen to students in the Cherokee High School "Reconnecting Youth" class. Reconnecting Youth (RY) helps high-risk youth achieve in school and decrease drug use, anger, depression, and suicidal behavior. RY program goals are to increase school performance, decrease drug involvement and decrease suicide-risk behaviors. RY was introduced to Cherokee High School students in 2007 through the Project Today, Not Tomorrow grant. It was administered by Juanita Wilson, grant site director.

"These young people are amazing, what they deal with everyday," said Sen. Snow. "I am glad to see they have a class like Reconnecting Youth to help them overcome their obstacles."

Maggie Welch, one of the students, presented Sen. Snow with a piece of art she created.

"I will hang this on my wall," he promised her.



# Kanoheda Tsaha?

# Tsalagi Tsaha?

# Cherokee one feather

www.nc-chokeee.com/theonefeather

## Students Making a Positive Impact Program comes to Cherokee High

SMAPI needs you! What is SMAPI, you might ask? SMAPI or Students Making A Positive Impact is a club at Cherokee High School that is dedicated to making a positive contribution to the community in which they live as well as the world around them.

These students select and then volunteer to work with various projects. Recently, SMAPI worked with SHAC (the School Health Advisory Committee) on the Healthy Halloween Fair put on by Cherokee Central Schools – they made a haunted house for the younger children to walk through, replete with a fortune teller, coloring and activity books, and a haunted forest. SMAPI also brought Red Ribbon Week to CHS via activities like the Wear Read Day Contest, which was won by Jeremy Baldwin, and the Proud to Be Drug Free Door Covering Contest, which was won by Mrs. Francis Hess' Health Occupations class as well as the Creative Learning Center classes.

Currently, SMAPI is working on three projects in which you might help. First, SMAPI is supporting Cherokee Middle School's Bear Drive -- they are collecting teddy bears (new and used but in good condition) to donate to the hospital. If you would like to donate any bears, you may

turn them in to Bette Fitzgerald in the Cherokee Middle School Office. You may also turn them in to the Cherokee High School Office, to Miss Nicole Jackson or Ms. April Riser. Bears will be collected through November 15th. Next, SMAPI will be supporting the English III Honors class as they raise a CHS team to participate in the Cherokee Choices walk to raise awareness about domestic violence.

Finally, SMAPI is working with Samaritan's Purse on their annual Christmas Shoebox Drive for needy children. In our first year, we collected 52 shoeboxes filled with toys for children, in their second they collected 36 boxes.

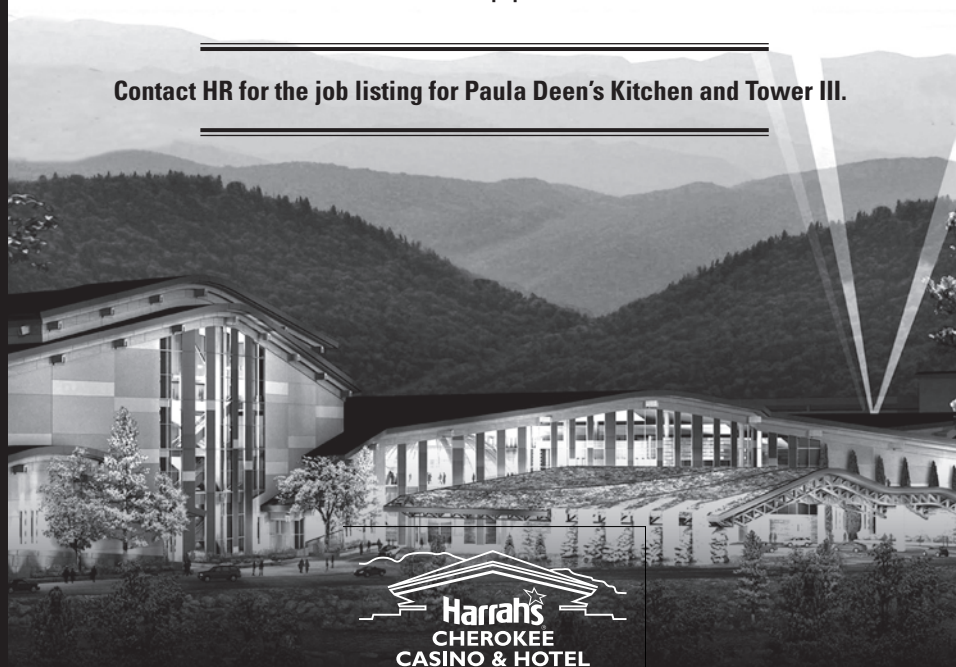
If you would like to participate, you need to pick a gender and an age (1-4, 5-6, 7-9, 10-14), then fill a box with toys (no play money or guns please), and finally add \$7 (for shipping). Bring the boxes to Cherokee High School – SMAPI is acting as a drop off station. You may bring boxes until November 19th. The club is hoping to double its number of shoeboxes this year.

For more information, contact Nicole Jackson or April Riser at Cherokee High School.

- Source: Yona Wade,  
Cherokee Central Schools

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Effective Monday, November 29th we will be back on property at 777 Casino Drive.  
Applicants will park on level one of the new parking garage.

If you have already submitted your application, it will be considered active for 6 months from the date of application. To qualify, applicants must be 21 years or older (18-21 years eligible for non-gaming positions), must successfully pass an RIAH hair/drug test and undergo an investigation by Tribal Gaming Commission. Preference for Tribal members. This property is owned by the Eastern Band of the Cherokee Nation, managed by Harrah's NC Casino Company LLC. The Human Resources Department accepts applications Mon. thru Thur., from 10 am - 3 pm. Call 828.497.8778, or send resume to Human Resources Department, 91 Bingo Loop Road, Cherokee, NC 28719 or fax resume to 828.497.8402.



Photo courtesy of Juanita Wilson

## Region A celebrates 16 years

The Region A Partnership for Children (RAPC) Board Chair Juanita Wilson (left) and Representative Ray Rapp prepare to cut the cake for eager children as the organization celebrated 16 years of serving all children, birth to five years old, residing in the counties of Haywood, Jackson, Macon, Cherokee, Swain, Graham, Clay, and the Qualla Boundary. RAPC funds early education initiatives throughout these counties that help prepare children to enter school ready to succeed.



## GENERAL EVENTS

**Veterans Day Ceremony.** **Nov. 11** at 3pm at the Exhibit Hall at the Cherokee Indian Fairgrounds. This event is hosted by the American Legion Steve Youngdeer Post 143 and all EBCI veterans and family members are invited to attend.

**17th Annual AA Convention.** **Nov. 11-14** at the Events Center (Old Cherokee high School) on Acquoni Rd. Registration begins Thursday at 12pm. Sunrise services, speaker meetins, Al-Anon meetings, marathon meetings, entertainment: sobriety pow wow, Thunderhand Joe, former member of Redbone. Come join for good clean sober fun.

**Gathering Places.** **Nov. 12-14** at the Great Smokies Center in Cherokee. Presenters from Hawaii, Oklahoma, South Carolina and Michigan. This project is supported by the Cherokee Preservation Foundation. Info: Beth 554-6925.

**In-Door Yard Sale for Big Y Community Club.** **Nov. 13** from 8am – 12pm at the Big Y Community Center. Spaces are available for \$10 with table or \$8 if you bring your own table. An Old-Time Box Supper and Bingo will begin at 6pm.

**Artist Talk and Hand-Tint Photo Workshop.** **Nov. 13** from 11am – 4pm at the Oconaluftee Institute for Cultural Arts. This workshop, taught by EBCI tribal member Shan Goshorn, is free, but space is limited to only 20 slots. A reservation is required to participate. Info: Tonya Carroll 497-3103

**National Veterans’ Pow Wow & Indian Festival .** **Nov. 13-14** at Boling Park in Canton, Ga. The event will be held 11am – 7pm on Saturday and 11am – 6pm on Sunday.

**Rough Branch Community Special Meeting.** **Nov. 15** at 7pm at the Rough Branch Gym. Refreshments will be provided. Info: Andrew 508-3666 or Tony 497-2122

**Cherokee Tribal Vocational Rehabilitation Program Open House.** **Nov. 19** from 1-3pm. Meet the Staff, Q&A and applications and brochures will be available. Snacks and drinks will be provided. Everyone is welcome and encouraged to attend. Info: Angela Taylor 497-4300

**30th CHS Class Reunion Planning Meeting.** **Nov. 22** at 5pm at the Birdtown Rec. Center. Chili and frybread will be served. Info: Pepper Taylor 497-6851, Ben Fuller 226-7949, Missy Crowe 736-6011, Pam Straughn 497-8134, or Albert Crowe 497-1761

**4-H Native American Craft Club Meeting.** **Nov. 22** at 5pm at the Cherokee Cooperative Extension Office (formerly the Women’s Wellness Building). The craft will be Daisy Chains and is for children ages 9-12. The Native American Craft Club is designed to strengthen the bond between the children and their parents/guardians. Info: Trish 554-6933

**Cherokee Stamped Pottery Workshop.** **Nov. 23** from 5:30-8:30pm at the Qualla Arts & Crafts Mutual. This free class is being taught by Dean Reed. It is being funded by the Cherokee Preservation Foundation, organized by Qualla Arts and Crafts and hosted by the Painttown Community. All materials will be provided, and there are 20 slots open. RSVP to Tonya Carroll 497-3103

**Cherokee Phoenix Book Club .** **Nov. 27** in the Qualla Public Library. The book for November is The Little Bee. The moderator will be Kathy Dugan. Info: 497-1764 or [robisway@nc-chokeee.com](mailto:robisway@nc-chokeee.com)

**A celebration of Food Production .** **Dec. 6-10** at the Flamingo Hotel in Las Vegas, NV. This event is hosted by the Indian Nations Conservation Alliance and Intertribal Agriculture Council. Info: (406) 259-3525, (406) 684-5199, or fax (406) 256-9980

**Christmas Bazaar.** **Dec. 11** from 8am – 8pm at the Exhibit Hall at the Cherokee Indian Fairgrounds. \$10 for one table and two chairs. All items must be hand/homemade. Table requests will be taken until the close of business on Dec. 9 at 5pm. Info: Josie Long at the Cherokee Welcome Center 554-6490 or email [travel@nc-chokeee.com](mailto:travel@nc-chokeee.com)

## HEALTH & SPORTS

**Indian Ball Games.** **Nov. 13** at 2pm at the Wolftown Gym and Field in honor of the late Bill Reed. There will be a potluck dinner after the game. Please bring your favorite dish. The public and singers are invited. Info: Frances Reed 497-9837

**Cherokee Aerobics.** **Nov. 15** from 5-5:30pm and **Nov. 18** from 12:10-12:40pm at the Cherokee Life Center Gym. Cherokee Aerobics, taught by Daniel Trampler and the Cherokee Aerobics Team, is traditional Cherokee dance combined with aerobic exercise designed to strengthen and condition your heart and muscles. This class is free and open to everyone – no membership is required. All ages welcome, kids 13 and under must be accompanied by an adult. Info: Robin at Cherokee Choices 497-1975

**Cancer Support Group Meetings** will begin Thursday evenings in January at 6:30. All are invited to attend.

## BENEFITS

**Benefit for Angelo West.** **Nov. 12** from 11am – 1:30pm at the Cherokee Indian Fairgrounds. Indian taco and drink for \$7. Angelo has been unable to work for several months due to medical problems.

**Lossiah Family Turkey Shoot .** **Nov. 13** at 5pm at Jess Welch’s residence. Good food, good prizes, delicious turkey dinners for \$7 as well as hamburgers and hot dogs will be sold.

**3rd Annual Brothers in the Wind Toy Run.** **Nov. 27** at the Cherokee Indian Fairgrounds. \$15/person or \$20/couple or toy of equivalent value. Car and bike trophies. Registration begins at 10am, ride begins at 12noon. Raffle, door prizes, music, and food. Rain or shine. Info: Sam Reed 269-7923

## CHURCH EVENTS & ANNOUNCEMENTS

**November Fellowship Dinner.** **Nov 14** at Cherokee Wesleyan Church. Sunday School will start at 10am with the service at 11am followed by a covered dish dinner, After dinner, the youth group will pack shoe boxes for the Samaritan's Purse project Operation Christmas Child. Everyone is encouraged to bring several items to add to the shoe boxes such as school and art supplies, hygiene items, small toys, small items of clothing. No liquids, perishables or war-related items please. Info: Pastor Patricia Crockett 586-5453.

**Benefit Dinner & Singing.** **Nov. 13** at Piney Grove Baptist Church. Dinner starts at 5pm and singing starts at 6pm. All singers are invited to attend.

**Revival.** **Nov. 29 – Dec. 3** at 7pm nightly at Straight Fork Baptist Church. Brother Steve Smith will be preaching and a special singing will be held each night. Everyone is welcome.

## GENERAL ANNOUNCEMENTS

**Apps for Christmas Store available.** Applications for the Family Support Services Christmas Store are available now until Monday, Nov. 22 at 4:30 pm. Applications may be picked up and returned to the Family Support Office at 508 Goose Creek Road. Applications in the Snowbird Community may be picked up and returned to Kathy Holloway at the Family Support Office in the Snowbird Complex.

**Cherokee Central School PTO.** The Parent-Teacher Organization meets every second Tuesday in the Cherokee Middle School Cafeteria at 5pm.

**Drop off Toys for Cherokee Children’s Home.** Please drop off your toys for the Home at the Cherokee Radio Shack. Santa will be at the store on Dec. 4 from 10am – 3pm. Come and get your picture taken with Santa.

## Turkey Shoot Schedule 2010

### Jesse Welch (Big Cove) Shoots are at 5pm

<b>Nov 13 – Big Cove Daycare Parent group</b>	<b>mas Parade</b>
<b>Nov 20 – Maggie Lossiah Family</b>	<b>Dec 18 – Big Cove Daycare Parent Group</b>
<b>Nov 27 – Maggie Lossiah Family</b>	<b>Dec 25 – Jesse Welch Benefit for</b>
<b>Dec 4 – Fire Dept</b>	<b>Christmas</b>
<b>Dec 11 – NO SHOOT, Cherokee Christ-</b>	



FUZZIE GOES TO CHOKEY MOUNTAIN SMUCKERS CLUB.

GET OUT OF THE HOLE !!  
SOOO I CAN PUT MY BALL IN !!

HELP  
ME!

By: Billy Young

**Stitches®** Just Purely Funny By: Billy Young

JO JO, WHY IS ALL THOSE PEOPLE  
IN MY FIELD? WHAT ARE THEY  
DOING OVER THERE AND WE ARE  
STANDING OVER HERE?

DOOH, I KIND OF  
TOLD THEM THAT IT  
WAS A GOLF COURSE  
AND THAT I TEACH AT  
CHOKEY MOUNTAIN  
SMUCKERS CLUB!!

HEY, WHERE DID MY  
GOLF BALL GO !! ①

GET THAT GOLF  
CLUB OUT OF MY EAR!! ③

WHO CARES! ALL I WANT  
TO KNOW IS WHERE THE  
HOLE IS SO I WON'T STEP  
INTO IT!!! ②

WHO CARES!  
I JUST WANT  
TO FIND THE  
WAY OUT OF  
HERE!!! ⑤

HOW DID WE GET IN HERE? ④

HELP  
ME!

STOP  
KICKIN  
ME!

By: Billy Young



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## Swayney Retires after 24 years of Military Service



Lieutenant Colonel Kina B. Swayney, U.S. Army and Cherokee Native served overseas in Germany and in various stateside assignments; also had a combat tour in Kuwait and Iraq. Awards and decorations include: The Meritorious Service Medal, 4th OLC, Army Commendation Medal, 3rd OLC; and the Army Achievement Medal. Upon retirement she was awarded the Defense Meritorious Service Medal. At the time of her retirement she served as Observer/ Trainer, Joint War fighting Center, U.S. Joint Forces Command, Suffolk, Virginia. She is the daughter of the late Bernard Wilnoty, Harriett James and Calvin James Sr. . LTC Swayney and her husband Lawrence and family plan to reside in Cherokee, North Carolina



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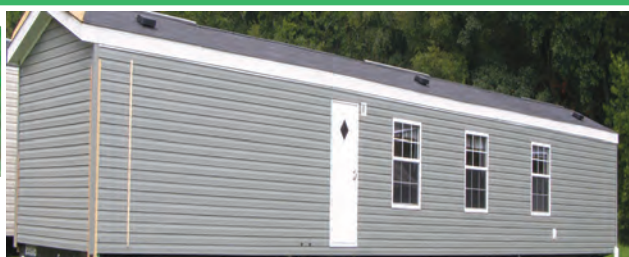
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I would like to take this opportunity to thank the voters of Swain County for the confidence that they have placed in me and the dedicated professionals of the Swain County Sheriff's Office. As your Sheriff for the next four years, I, along with the Sheriff's Office staff, commit to provide the best law enforcement possible. The people of Swain County deserve no less. And, as Sheriff, I will continue to maintain an open door policy. If you have any questions or concerns for which I can be of assistance, please do not hesitate to contact me. Again, thank you for your support.



Sheriff Curtis Cochran



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# Community Day held at Tsali Manor

By PEGGY HILL

The community members who attended the 3rd Annual Community Day held at the Tsali Manor pavilion on Saturday, Oct. 23 had an enjoyable time. The event sponsored by the Cherokee Healing and Wellness Coalition has been held each year to foster interest in Cherokee cultural during social events.

The new people who attended were given information on the seven Cherokee Clans and given the opportunity to place their names on the Clan Family Boards with other clan members. They were also introduced to one of the seven Cherokee ceremonies--"Make Friends or Cementation".

This year the theme of the event was "The Three Sisters" and people were encouraged to bring a dish that was made of Cherokee food. An amazing spread of food delighted the palates. There was pumpkin & wild rice soup; bear roast, roast pork and turkey, and hominy & elk stew, neckbone stew with squash/potatoes/onions, savory stuffed pumpkin with

mushrooms/wild rice/chestnuts/onions/meat and, of course, fat back; vegetables included beans & corn, sochan, poke salad with eggs, potatoes, a 3-sister casserole, pickled beans/corn/kraut; breads were lye dumplings, and baked bean bread, blackberry cobbler, corn pudding, passion fruit dumplings and pumpkin cake were deserts with sassafras tea and regular tea for the drinks.

The weather was perfect for this outdoor event, people enjoyed the fellowship and the sharing of not only food, but also the many personal stories that were shared, most all who shared talked about their memories of the savory wafts of food cooked on the wood stoves of parents, grandparents or other's homes and that was always available. It is hoped that, in the future, more people will create social-culture events for coming to gather to share, eat and just enjoy fellowship together.

Peggy is an EBCI tribal member living in the Yellowhill Community.

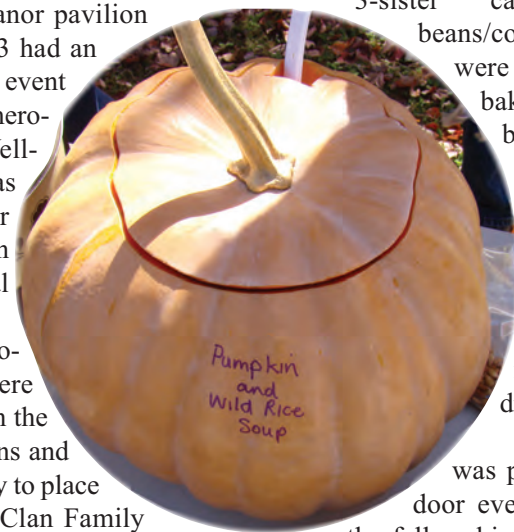


Photo courtesy of Qualla Boundary Library

## Caught Reading

Riley, Angela and Peyton Bartness were "Caught Reading" in the Qualla Boundary Public Library recently. Start a family fun evening by visiting the library with your children and take a moment to read with them and to them. You will enjoy it as much as they will. Hope to see you in the library and I hope you get "CAUGHT READING"!



## BRADLEY

Seaborn Augustus Bradley born on Oct. 25 to Thomas and Talisa Bradley of Cherokee in Swain County, weighing 7 pounds, 9 ounces.

## WOLFE

Ko'dee Kaye Silver Wolfe born on Oct. 27 to William Wolfe and Alicia Griffin of Cherokee in Jackson County, weighing 7 pounds, 14 ounces.

## MURPHY

Braelyn Johnay Bradley Murphy born on Nov. 1 to Christopher Murphy and Brianna Bradley of Cherokee in Swain County, weighing 6 pounds, 3 ounces.

## STAMPER

Cambry Amarra Stamper born October 15, 2010 to Rob and Miranda Stamper weighing 7lbs 8oz and 20 inches at Haywood Regional Hospital.



Happy Birthday  
Nov 14  
We love you a whole bunch  
Mom & Dad



Happy 17th Birthday  
Shelby  
Love, Mom & Dad



Happy 10th Anniversary

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 <b>\$15,901</b> 2006 Chevy Trailblazer LS 4WD White, auto, all power, pw, p, seats, pl, ps, pb, ac, cruise, tilt, stereo/cass/CD, exc. cond., extra clean 50K miles Stk#K2911	 <b>\$5901</b> 2005 DODGE NEON SXT. Silver, 4 dr., auto, all power, pw, pdl, ps, pb, air, cruise, tilt, CD, exc. cond., extra clean, 100K miles. Stk#11893A	 <b>\$20,905</b> 2007 AUDI A4 2.0T. White, 4 dr., leather, auto, all power, pw, p, seats, pdl, ps, pb, alum. whls, air, cruise, tilt, sunroof, CD, exc. cond., extra clean, 32K miles. Stk#H232A
 <b>\$10,901</b> 2009 HYUNDAI ACCENT GLS. Red, 4 dr., auto, all power, pw, p, seats, ps, pb, air, tilt, stereo/cass/CD, exc. cond., extra clean, 34K miles. Stk#12022A	 <b>\$19,901</b> 2008 FORD ESCAPE XLT 4WD. Burgundy, 4 dr., 4WD, auto, all power, pw, p, seats, pdl, ps, pb, cruise, tilt, stereo/cass/CD, exc. cond., extra clean, 43K miles. Stk#M3085	 <b>\$7,401</b> 1999 Mitsubishi Eclipse Spyder GS Red, 2DR, convert., Sunroof, all power, pw, pl, ps, pb, alloy, ac, cruise, tilt, stereo/cass/CD, loaded, exc. cond., extra clean, 87K miles Stk#K2911
 <b>\$14,901</b> 2010 KIA FORTE EX. Black, 4 dr., auto, all power, pw, pdl, ps, pb, alum. whls, air, cruise, tilt, stereo/cass/CD, exc. cond., extra clean, 18K miles. Stk#K2903	 <b>\$17,901</b> 2009 Mercury Grand Marquis LS White, 4DR, auto, all power, pw, p, seats, pl, ps, pb, ac, cruise, tilt, stereo/cass/CD, 28K miles Stk#M3072	 <b>\$17,901</b> 2010 KIA SOUL SPORT. Red, 4 dr., auto, all power, pw, pdl, ps, pb, air, cruise, tilt, sunroof, stereo/cass/CD, 12K miles. Stk#K2893. *Save thousands.*
 <b>\$11,901</b> 2009 CHRYSLER PT CRUISER. White, 4 dr., auto, all power, pw, pdl, ps, pb, air, cruise, tilt, stereo/cass/CD, exc. cond., extra clean, 35K miles. Stk#K2913	 <b>\$12,901</b> 2009 Chevy Cobalt LT White, 2DR, auto, all power, pw, pl, ps, pb, alloy, ac, cruise, tilt, stereo/cass/CD, exc. cond., extra clean, 30K miles Stk#K2918	 <b>\$11,901</b> 2003 HONDA ACCORD EX-V6 NAV. Red, 2 dr., auto, all power, pw, pdl, ps, pb, alloys, air, cruise, tilt, sunroof, CD, exc. cond., extra clean, 74K miles. Stk#2896
 <b>\$14,904</b> 2007 MERCURY MILAN PREMIER. Silver, 4 dr., leather, auto, all power, pw, p, seats, pdl, ps, pb, alum. whls, air, cruise, tilt, stereo/cass/CD, exc. cond., extra clean, 40K miles. Stk#K2863	 <b>\$13,411</b> 2009 Dodge Caliber SXL Silver, 4DR, auto, all power, pw, pl, ps, pb, alum. ac, cruise, tilt, CD, exc. cond., extra clean, 47K miles Stk#K2918	 <b>\$17,901</b> 2006 SUBARU FORESTER PREMIUM. Burgundy, 4 dr., AWD, auto, all power, pw, p, seats, pdl, ps, pb, alum. whls, air, cruise, tilt, sunroof, CD, exc. cond., extra clean, 52K miles. Stk#K2890

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# If You Are a Native American Who Tried to Get a Farm Loan or Loan Servicing from the USDA,

## You Could Receive Benefits from a \$760 Million Class Action Settlement.

A class action Settlement with the United States Department of Agriculture ("USDA") has been reached. The lawsuit claimed the USDA discriminated against Native Americans who applied for or tried to apply for farm loans or loan servicing. The USDA denies it did anything wrong.

### Am I included?

The Class includes all Native American farmers and ranchers who:

- Farmed or ranched or attempted to farm or ranch between January 1, 1981 and November 24, 1999;
- Tried to get a farm loan or loan servicing from the USDA during that period; **and**
- Complained about discrimination to the USDA either on their own or through a representative during the time period.

You are not eligible for this Settlement if you filed a claim, or intend to file a claim, in another USDA discrimination case like Pigford I or Pigford II (Black farmers), Garcia (Hispanic farmers) or Love (Women farmers).

Because of a law passed by Congress, you are also not eligible for this Settlement if you **either**:

- Experienced discrimination only between January 1 and November 23, 1997; **or**
- Complained of discrimination only between July 1 and November 23, 1997.

### What does the Settlement provide?

The \$760 million Settlement will pay cash to Class Members for valid claims as well as attorneys' fees (between 4% and 8%, subject to Court approval) and awards. The Settlement includes up to \$80 million in USDA loan forgiveness for Class Members who qualify. The USDA will pay an additional \$20 million to implement the Settlement and will make some changes to their farm loan programs. Any money left after all payments and expenses have been made will be donated to one or more organizations that help Native American farmers and ranchers.

### What can I get from the Settlement?

The amount of money you will receive will depend on whether you file a claim under Track A or Track B. It will also depend on the total number of claims that are filed and approved.

**Track A** – You can get a payment up to \$50,000 for your discrimination claim plus an additional 25% paid to the IRS to reduce any income tax you may owe.

**Track B** – You can get the amount of your actual damages up to \$250,000. Track B requires more proof than Track A.

**USDA Loan Forgiveness** – Under both Track A and Track B you can get forgiveness on part or all of your eligible USDA farm loans plus an additional 25% paid to the IRS to reduce any income tax you may owe.

### How do I get benefits?

You will need to file a claim by **December 24, 2011** to get benefits. After the Court approves the Settlement, meetings will be held across the country to help Class Members file claims. You can register for a Claims Package at the website or by calling the toll-free number.

### What are my other rights?

- If you want to keep your right to sue the USDA about the claims in this Settlement, you must exclude yourself by **February 28, 2011**. Unless you exclude yourself, you will be bound by the terms of this Settlement.
- If you stay in the Settlement, you can object to or comment on it by **February 28, 2011**.

The Court will hold a hearing on **April 28, 2011** to consider whether to approve the Settlement and the attorneys' fees. The Court has appointed attorneys to represent the Class. You or your own lawyer may ask to appear and speak at the hearing at your own expense.

**For More Information: 1-888-233-5506 [www.IndianFarmClass.com](http://www.IndianFarmClass.com)**