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THURSDAY
MARCH 7, 2013
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CHEROKEE
INDIAN
HOSPITAL
OPENS MRI UNIT,
Page 4



**LADY BRAVES
RUN TO THIRD
STRAIGHT
SECTIONAL
CHAMPIONSHIP
PAGE 5**



**MCCOY WINS
STATE
CHAMPIONSHIP,
RIVERA STATE
RUNNER-UP,
PAGE 8**

**REPAIR WORK IN FULL
SWING AT LANDSLIDE SITE
IN PARK, PAGES 2-3**



Heavy machinery and dump trucks are in full swing on Wednesday, Feb. 27 at the site of a January landslide in the Great Smoky Mountains National Park that has closed US 441 connecting Cherokee to Gatlinburg, Tenn.

(SCOTT MCKIE B.P./One Feather)

FIXING A HOLE

Repair work in full swing at landslide site

By SCOTT MCKIE B.P.
ONE FEATHER STAFF

Heavy machinery and dump trucks are in full swing at the site of a January landslide in the Great Smoky Mountains National Park that has closed US 441 connecting Cherokee to Gatlinburg, Tenn. Phillips & Jordan, Inc., of Robbinsville, was recently awarded a \$3.9 million contract from the Federal Highways Administration to rebuild the road.

"They have extensive experience in landslide repair," said Dana Soehn, Park spokesperson. "They have completed several projects in the North Carolina area including landslide repair along the I40 mountainous corridor...they have a wealth of experience for exactly the type of work that is required to complete this project. They have an excellent track record of completing projects on-schedule, on-time and very safely."

The deadline for completion is May 15, and the Park has partnered with the Eastern Band of Cherokee Indians to offer incentives for early completion. The contractor will receive a bonus of \$18,000 a day for each day the project is completed early up to a total of \$500,000 if they are

finished by April 15. Conversely, they will lose \$18,000 per day if they go over deadline.

"We're hopeful that the project will be completed early," said Soehn. "Certainly, we feel very confident that they will meet the May 15 deadline."

Soehn related that APAC – Atlantic, Harrison Division, who was awarded the initial contract for site preparation, completed their work on Friday, Feb. 22.

"They have gotten the site prepared by building a haul road," she said. "They also stabilized the base of the slide site so we'd be more ready to start fill operation. They also helped with installing some of the erosion control structures."

Soehn said that Park officials have worked with contractors to stabilize the slope including installation of erosion matting and seeding of the fill area with a rye grass. Other native grasses, along with trees and bushes, will be planted in the area in the coming weeks and months to help further control erosion.

As APAC finished their work, Phillips & Jordan began theirs by mobilizing equipment and bringing materials to the site.

The main work to be accomplished is the construction of a "reinforced fill" which will be layers of crushed stone with a geosynthetic material layered every three to four feet. Soehn said around 40,000 cubic yards of crushed stone will be used in the project. The stone is from the Nantahala Quarry and has been checked, along with the topsoil to be used, to make sure it doesn't include any invasive plant species.

"It will be a natural slope," she said. "It won't be a retaining wall or a steep embankment. It will be a naturally sloped area in which they will come back in and vegetate with topsoil and native materials."

Phillips & Jordan is currently clearing debris and beginning to build the base of the reinforced fill. As of Wednesday, Feb. 27, they had completed 15 feet of the base and had another 50 feet to go.

The contractor has been given permission to work around the clock, but they have not started with that schedule yet.

The landslide occurred during a period of heavy rains on Jan. 16. According to NPS officials, a total of 90,000 cubic yards of material slid off the hill during the slide.



Reporters, from Tennessee, and the worker at the bottom give depth and scale to the enormity of the landslide area.

MRI unit opens at Cherokee Indian Hospital

By **SCOTT MCKIE B.P.**
ONE FEATHER STAFF

Caesar's Entertainment, Inc. presented a \$2 million check for the purchase and five-year operation of a MRI machine to the Cherokee Indian Hospital in October 2012. Now, just a few months later, the machine is in place and patients are already benefiting from its use.

A ribbon-cutting ceremony was held for the new MRI unit on Thursday, Feb. 28.

"Needless to say, the less I have to travel for diagnostic work or treatment, the better, and I'm sure that many of our tribal members feel the same way," Carmaleta Monteith, Cherokee Indian Hospital Authority governing board, said at Thursday's event. "For the success of any project, you have to have teamwork and with the teamwork you have to have supporting leadership, you have to have the available resources, and you also have to have a committed, dedicated team in order to pull it off."

Dr. Michael Toedt, executive director of clinical services at Cherokee Indian Hospital, commented, "Yesterday, we had our employee forum, as we do every quarter, and we communicated with our employees about a path to being world-class. This is certainly one of those steps. Having the technology here that is going to be available in our community so that patients don't have to travel so far away to get this degree of really high-quality diagnostic equipment really is going to increase the level of care that we have."

Dr. Toedt continued, "The MRI is going to help us diagnose diseases accurately and in a timely manner."

He said the MRI will be able to diagnoses spinal conditions, brain conditions, muscular/skeletal problems, and various forms of cancers. Casey Cooper, Cherokee Indian



SCOTT MCKIE B.P./One Feather photos

A ribbon-cutting ceremony was held for the new MRI unit at the Cherokee Indian Hospital on Thursday, Feb. 28. Shown (left-right) are Casey Cooper, Cherokee Indian Hospital CEO; Carmaleta Monteith, CIHA governing board; and Brooks Robinson, Harrah's Cherokee senior vice president and general manager.

Hospital CEO, said the history of the project had a very simple start. "The Chief (Michell Hicks) said to me, 'I think we need MRI.'"

He said he told Chief Hicks, "Chief, we're pretty small. We're a small, rural hospital and having that kind of fixed capacity at a small, rural hospital is just unheard of, and I'm not really sure we could make the business case to sustain MRI in this community. He said 'well, the community wants it. We'll figure out a way to deal with the operating expense so get ready.'"

Cooper thanked tribal leadership, sponsors including Harrah's Cherokee Casino Resort and the MRI implementation team. "Without that level of support, a small, rural hospital would never have this level of technology...so, we are very fortunate."

Cooper also thanked the radiology staff at the Hospital including

program head Judy Lambert, a 33-year hospital veteran. "She and her team have continually re-invented themselves to respond to changes in care and technology."

Two members of the radiology staff completed special training to become certified in operation of the MRI machine including Enid Price, R (RT) (MR) and Kimberly Middleton, R (CT) (MR). They took a six-month training course at East Tennessee State University with additional training at Westcare in Sylva.

According to WebMD, MRI is defined as, "Magnetic resonance imaging (MRI) is a test that uses a magnetic field and pulses of radio wave energy to make pictures of organs and structures inside the body. In many cases, MRI gives different information about structures in the body than can be seen with an x-ray, ultrasound, or computed tomography (CT) scan."



Cherokee Indian Hospital radiology staff members Enid Price and Kimberly Middleton recently completed training to operate the new MRI machine at the hospital.

BASKETBALL

Lady Braves win Sectional Championship



Cherokee's Avery Mintz (left) dribbles up court in a playoff game on Friday, March 1 in which the Lady Braves beat Hiwassee Dam 67-55 to capture their third straight Sectional Championship.

Photos by Bear Allison

The Lady Braves (27-2) won the Western 1A Sectional basketball championship by defeating Hiwassee Dam 67-55 on Friday, March 1. Alexis Maney scored 26 points to lead Cherokee to its third straight Sectional Championship.

The Lady Braves outscored Hiwassee Dam 19-12 in the first period and led 30-28 at the half. Cherokee kept the pressure up in the second half outscoring Hiwassee Dam 37-27 to take the win and advance to the regional round of the state playoffs.

Other Cherokee scorers included: Brianna Jumper 2, Le Le Lossiah 2, Avery Mintz 18 and Kendall Toineeta 19.

Hiwassee Dam scorers included:

Ashley Crisp 1, Tori Golden 6, Kendall Haney 25, Morgan Helton 5, Alex Lovingood 11 and Haylie Shope 7.

Following are results from Cherokee's first two games in the state tournament:

1st Round

Cherokee 84 Murphy 50

The Lady Braves continued their dominance over Smoky Mountain Conference opponents with a 84-50 win over Murphy in the first round of the 1A state playoffs on Monday, Feb. 25.

Avery Mintz led Cherokee with 22 points.

The Lady Braves outscored the Lady Bulldogs 23-9 in the first period and 29-13 in the second period to

take a commanding 52-22 lead into the locker room. Cherokee outscored Murphy 32-28 in the second half to take the 34 point win.

Other Lady Braves scorers included: Deija Burgess 3, Brianna Jumper 6, Le Le Lossiah 6, Alexis Maney 7, Miranda Smith 9, Bree Stamper 3, Jordyn Thompson 3, Kendall Toineeta 18 and Sabrina Wooten 7.

Murphy scorers included: Hannah Carson 8, Kendra Henry 8, Darian Jones 2, Katie Moss 11, Sarah Nicely 8, Hannah Setzer 6, Etia Sutton 2 and Amy Trull 5.

2nd Round

Cherokee 88 Blue Ridge 37

Cherokee dismantled Blue Ridge (12-15) in the second round of the



Mintz prepares to inbound the ball to Kendall Toineeta during Friday's game.

1A state playoffs on Wednesday, Feb. 27. The Lady Braves outscored Blue Ridge 52-15 in the first half en route to a 88-37 win.

Kendall Toineeta led the Lady Braves with 25 points in a game which saw 12 Cherokee players scoring points. Other Cherokee scorers included: Deija Burgess 5, Brianna Jumper 2, Le Le Lossiah 3, Kaycee Lossiah 2, Alexis Maney 6, Avery Mintz 17, Angel Saine 3, Miranda Smith 4, Bree Stamper 13, Jordyn Thompson 3 and Peri Wildcat 5.

Blue Ridge scorers included: Natasha Bumgarner 2, Darby Hickman 12, Destiney Knope 4, Kaylee O'Dwyer 5, Venus Ramirez 3, Diane Ramirez 4, Carleigh Stewart 2 and Samantha Zarnick 5.

BOYS

The Cherokee Braves varsity basketball team ended their season with a 76-54 loss to Murphy in the first round of the 1A state playoffs on Monday, Feb. 25. Stats were unavailable for this game.

- ONE FEATHER STAFF REPORT

Two groups claiming Cherokee heritage seeking state recognition in Virginia

By **SCOTT MCKIE B.P.**
ONE FEATHER STAFF

Two groups in Virginia that claim Cherokee heritage are seeking state-recognition in that state's General Assembly. The Appalachian Cherokee Nation of Virginia and the United Cherokee Indian Tribe of Virginia, Inc., aka Buf-falo Ridge Band of Cherokee, are seeking recognition through Virginia Senate Joint Resolution No. 300 (SJR 300).

The resolution states it "does not address the question of whether the tribes have been continuously in existence since 1776" and it "does not confirm, confer, or address in any manner any issues of sovereignty."

SJR 300 incorporates SJR 326, introduced by State Sen. Kenneth Alexander (D-Norfolk), and SJR 354, introduced by State Sen. Stephen Newman (R-Lynchburn), into one joint resolution. SJR 300 was agreed to in the Senate by a voice vote on Tuesday, Feb. 5. It was placed on the House calendar on Monday, Feb. 11 and referred to the House Committee on Rules the same day. SJR 300 was tabled in the Committee on Rules by a voice vote on Tuesday, Feb. 12.

Cherokee Nation Councilwoman (Seat 2) Cara Cowan Watts is a long-time opponent of the state recognition of tribes especially when they claim Cherokee heritage. "Our grassroots partnership between the Eastern Band Council and I, along with several local friends in Virginia, was successful in getting the Virginia Legislature to table the recognition of two groups claiming to be Cherokee Tribes. Although we were successful with this Legislature, we must assume they will continue to try and raise this issue."

Councilwoman Watts is a member of the Cherokee Identity Protection Committee, a joint venture of the three federally recognized Chero-

kee tribes, which was formed in October 2011 to protect Cherokee culture and heritage. The Cherokee Nation has compiled a list of over 200 tribes, including both the Appalachian Cherokee Nation and the United Cherokee Indian Tribe of Virginia, that it considers fabricated groups claiming Cherokee heritage.

"So, we must all be ready and working together to inform and educate other states on who the real sovereign governments of the Cherokee people are today being the Eastern Band of Cherokee Indians, Cherokee Nation and United Keetoowah Band," said Councilwoman Watts. Without the Eastern Band's support, our success in Virginia, Tennessee and elsewhere on this issue would not be possible."

Councilwoman Watts wrote in a letter to Sen. Newman, "I am opposed to the recognition of any group posing as one of the three federally-recognized Cherokee Tribal Nations which includes the Cherokee Nation, Eastern Band of Cherokee Indians and United Keetoowah Band of Cherokee Indians."

"Cherokee history is clear," Councilwoman Watts wrote. "Only these three federally-recognized Tribal Nations should exist, today. I am a citizen of a nation, and not a member of a club. The identity and cultural theft of our people continues with groups such as these trying to make governments out of affinity groups."

She invited Sen. Newman to visit with the Eastern Band of Cherokee

"We have just as much right to our heritage as anyone else."

- Marshall "Lone Wolf" Couch,
principal chief of the
Appalachian Cherokee Nation

Indians or the Cherokee Nation "to see first-hand the Tribal elders and youth who would be affected by the decisions of the State of Virginia."

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"...we must all be ready and working together to inform and educate other states on who the real sovereign governments of the Cherokee people are today being the Eastern Band of Cherokee Indians, Cherokee Nation and United Keetoowah Band..."

- Cherokee Nation Councilwoman Cara Cowan Watts

The Appalachian Cherokee Nation, based in Winchester, Va., has 230 members according to Jim "Silver Fox" Dillard who serves as the group's Head Warrior and Sheriff. He related that there are two, possibly three, people in their group that speak the Cherokee language fluently.

"Our Cherokee people, they are a proud people," said Marshall "Lone Wolf" Couch, the group's principal chief. "We don't give anybody any trouble, and I don't understand why everybody is asking us questions."

When asked if his group has ever had contact or dealings with any of the three federally recognized Cherokee tribes, Couch said, "Why would we have any dealings with them? They always call us wannabes. I have Indian blood. I don't care what they call me."

Couch claims to be a direct descendant of Aaron Brock, Sr., aka Ugviyuihi Totsu'hwa, an 18th century Cherokee commonly known as Chief Red Bird.

"We have just as much right to our heritage as anyone else," said Couch. "It is time that the State of Virginia stands up and recognizes us."

To become a member of the Appalachian Cherokee, a person must first arrange a preliminary interview with Couch and then submit an application, complete with family tree, along with a \$25 fee.

"It seems all of the other tribes are coming up against us because we're going for state recognition," said Audrey "Whispering Wind" Dillard, the group's Vice Chief who also serves as the Head Woman for the

Council. "We are Cherokee people. I was raised up in the way, and even as a child I knew who I was. We continue to walk in the way, and I have raised my children up that way so they can continue on when I am no longer here."

She added that it's really sad "when you're ridiculed and being told what you're not when you know what you are".

"Indians should come together, and we should come together as one and be there to help each other, not be against each other."

Rosalee "Sacred Sparrow" Evans, the group's genealogist and a member of the Council, commented, "We don't want any money. We're not into that stuff. We just want to be recognized. Say that the Cherokee are here in Virginia. That's all we ask. State recognize us like the other tribes."

She went on to say, "We're all Cherokee. We're getting the same treatment from our own. Indians against Indians, that's sad, sad, sad."

Evans said the other state recognized tribes in Virginia say there aren't any Cherokee tribes in Virginia. "But, we're here. We are here, and they treat us like we're dirt because they're trying to say Cherokee is non-existent in Virginia, and that's not true."

For more information on the Appalachian Cherokee Nation, visit www.appalachiancherokeenation.net.

The United Cherokee Tribe of Virginia did not respond to the One Feather's request for comment on this issue.

March 1st - 15th Candidacy Filing for Tribal Council, Big Cove, Birdtown and Wolfetown School Board

Filing fees of \$500.00 for Council and \$350.00 for School Board payable at Tribal Finance Building beside Council House.

EBCI Board of Elections

828.554.6361

kellyguy@nc-cherokee.com



3/14

Creative Writing Contest 2013 First Semi-Annual Award

Theme: "How do Cherokee youth relate/not relate to the suicide epidemic throughout Indian Country?"

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Cherokee One Feather
Eastern Band of Cherokee Indians

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March 12, 2013**

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Member of the EBCI

700 word limit
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Submit Creative Writing Contest Entry Form,
Release Form & story entries in electronic format
to jeanjone@nc-cherokee.com

For contest info and forms:
Jean Jones at 828-554-6264



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WRESTLING

McCoy wins State Championship

Spencer McCoy, an EBCI tribal member from Robbinsville High School, became the first sophomore in Smoky Mountain Conference history to win a state wrestling title. He won the 195lb. championship at the 1A state wrestling tournament held at the Greensboro Coliseum on March 1-2.

McCoy (43-4) beat Tyler Hudson (Dixon) 3-1 in overtime in the finals to take the championship. In the first round, McCoy pinned Curtis Brown (Chatham Central) at 3:33, and in the second round he beat Cody Gaskill (East Surry) 6-2.

Cherokee sent two wrestlers to the state tournament including Tavi Rivera and Levi Swearengin. Rivera (39-2) took second place in the 160lb division. He started his tournament with by pinning Kaleb Smith (Rosewood) at 3:24 and by pinning Connor Hough (Pamlico County) at 1:02. Rivera lost the final to Bryan Wallace (Hendersonville) 10-5.

Swearengin (43-10) went 1-2 in the 126lb. tournament with a pin on Darrell Taylor (North Rowan) and a technical fall (16-1) loss to eventual state champion Nick Quillen (Rosewood) and a 8-2 loss to Jake St. Germain (West Wilkes).

Jacob Wildcatt (18-8), an EBCI tribal member from Swain County High School, went 1-2 in the 285lb. tournament with a pin on Casey Canterbury (Chatham Central), a loss by pin to Justin Brown (Ayden-Grifton), and a 6-5 loss to Dakota Bell (North Wilkes).

Nathan Craig (43-15), an EBCI tribal member from Robbinsville High, went 2-2 and took fourth place in the 170lb. tournament. He lost his first match 5-0 to Brandon Rabon (North Rowan) and then bounced back with a 4-3 win over Seth Schoonover (Dixon). Craig then defeated Luke Johnson (North Wilkes) 4-3 to advance to the consolation final where he barely lost to Rabon 2-1.



EBCI tribal member Spencer McCoy, Robbinsville, celebrates moments after winning the 195lb. division state wrestling championship in Greensboro on Saturday, March 2. McCoy is also shown at bottom left in his championship t-shirt.



McCoy, Rivera, Swearengin, Craig and Wildcatt all won first place in their weight divisions at the Smoky Mountain Conference tournament. McCoy and Rivera took first place at the 1A West Regional tournament, Craig took third place, and Swearengin and Wildcatt both took fourth place.

- ONE FEATHER STAFF REPORT



Cherokee's Tavi Rivera took second place in the 160lb. division. Here, he wrestles Bryan Wallace, Hendersonville, in the state final.

Photo by Anthony Swearengin

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Year 48



2nd Place General Excellence Website, Division A, 2012 NCPA Awards

VAWA passes House, now onto President

By **SCOTT MCKIE B.P.**
ONE FEATHER STAFF

Almost 40 percent of American Indian women will be a victim of violence from an intimate partner during their lifetime according to the CDC. And, according to the 2010 Census, almost 60 percent of American Indian women are married to a non-Indian partner.

Until now, tribal courts had no jurisdiction over non-Indians who commit domestic violence crimes against American Indian women. A piece of legislation heading to President Obama's desk will change that.

The House passed the Leahy-Crapo Senate version of the Violence Against Women Reauthorization Act (VAWA) by a vote of 286-138 on Thursday, Feb. 28.

"We made the Violence Against Women Act our top priority this Congress, but it should not have

taken this long," Sen. Patrick Leahy (D-Vt.) said in a statement. "Still, at a time when we face gridlock and stonewalling on even the most compelling issues, I am glad to see that we could find a way to cut through all of that to help victims of violence."

President Obama released a statement stating his positive position on the legislation. "Over more than two decades, this law has saved countless lives and transformed the way we treat victims of abuse. Today's vote will go even further by continuing to reduce domestic violence, improving how we treat victims of rape, and extending protections to Native American women and members of the LGBT community."

NCAI president Jefferson Keel said in a statement, "With this authority, comes a serious responsibility and tribal courts will administer

justice with the same level of impartiality that any defendant is afforded in state and federal courts. We have strong tribal courts systems that protect public safety. The law respects tribal sovereignty, and also requires that our courts respect the due process rights of all defendants."

Painttown Rep. Terri Henry, who also serves as the co-chair of the NCAI Task Force on Violence Against Women, said, "There were at least five things that came together: an enormous grassroots effort from Indian Country; the coalition of the National Task Force to End Domestic Violence; statistics so we could finally show the problem; steadfast leadership from the Department of Justice; and incredible support from so many members of Congress; both Republicans and Democrats.

Principal Chief Michell Hicks said, "The Violence Against Women Act re-affirms tribal sovereignty by allowing our legal system to protect victims of domestic violence. Our community deserves justice whether or not perpetrators are tribal members. The passage of the VAWA by the U.S. Congress this week is another step in providing tribal community autonomy in the governance of our Nations."

He continued, "I would like to thank Rep. Tom Cole for his vote for this legislation and to acknowledge Mark Meadows and Patrick McHenry of the North Carolina dele-

"With this authority, comes a serious responsibility and tribal courts will administer justice with the same level of impartiality..."

- NCAI president Jefferson Keel

gation for all their support to make this important legislation a reality."

Assistant Secretary - Indian Affairs Kevin K. Washburn said in a statement, "American Indian women experience among the highest domestic violence victimization rates in the country and more than half of all married Indian women have non-Indian husbands. This legislation provides tools to tribal governments to address the problem of domestic violence much more completely on Indian reservations."

Attorney General Eric Holder spoke of the bills' American Indian provisions in a statement, "Congress has also taken an historic step to finally close the loophole that left many Native American women without adequate protection. With this bill, tribes and the federal government can better work together to address domestic violence against Native American women, who experience the highest rates of assault in the United States."

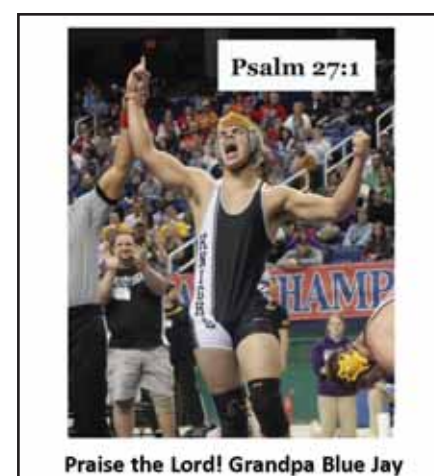
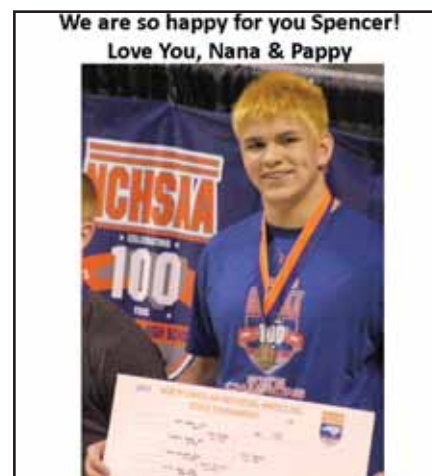


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EBCI first tribe to receive FEMA disaster funds under Stafford Act

The Eastern Band of Cherokee Indians is the first federally recognized Tribe to receive a Presidential Disaster Declaration since the Stafford Act was amended through the Sandy Relief Act this past January. The amendment to the Stafford Act allows American Indian Tribes to apply directly to the President through the Federal Emergency Management Agency (FEMA) without application through their respective state. The EBCI worked cooperatively with North Carolina Emergency Management to document damage and create its request to FEMA for a disaster declaration.

"We did not necessarily anticipate being the first Tribe to receive the declaration. But I think through the recent disaster that we had with all of the flooding, we're glad that we could set a stage for other Tribes throughout the nation," Principal Chief Michell Hicks said in response to receiving the news from FEMA. "The unfortunate part of this is that we have the damage. The fortunate part of this is that we are helping to set a good precedent for Tribes to seek assistance working directly with the President through FEMA. This sets a real good precedent for Indian Country."

The announcement that the EBCI received the declaration was made to the Tribe's Emergency Management Office Friday, March 1. The request for the declaration was made by the Tribe on Valentine's Day in response to damage that occurred on



ELVIA WALKINGSTICK/One Feather

Heavy rains on Jan. 14-17 resulted in flooding in parts of Cherokee, and as a result, the Tribe has been the first American Indian tribe to receive a Presidential Disaster Declaration under the Stafford Act.

the Cherokee Indian Reservation in January from torrential rainfall. The Tribe experienced approximately \$3 million dollars in damage to homes and public infrastructure according to Cherokee Emergency Management Manager Mollie Grant.

"FEMA will come back to Cherokee and do final damage assess-

ment," said Grant. "The amount of damage initially reported is an estimate. The final assessment will be more accurate and will be the basis of FEMA's assistance to the Tribe. This will also enable us to apply other mitigation funding."

Grant says that FEMA has informed the EBCI it will be on the

Reservation this coming week to begin the final assessment work. The Tribe is also working very closely with Richard Flores, FEMA Special Advisor for National Tribal Affairs to coordinate the final assesement.

www.theonefeather.com

Tribal Court Report

Judgment Summary for Feb. 27

BIRD, Holli Jeanne

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Dismissed on Plea

14-10.60 Larceny – Guilty Plea, No Contest, 24 hours community service, PJC two years, \$2157.06 restitution ordered

14-60.4 Fraudulent Use of Credit, Debit or Bank Card – Dismissed on Plea

14-60.4 Fraudulent Use of Credit, Debit or Bank Card – Dismissed on Plea

14-60.4 Fraudulent Use of Credit, Debit or Bank Card – Dismissed on Plea

14-60.4 Fraudulent Use of Credit, Debit or Bank Card – Dismissed on Plea

14-60.4 Fraudulent Use of Credit, Debit or Bank Card – Guilty Plea, No Contest, 24 hours community service, PJC two years, \$2157.06 restitution ordered

DRIVER, Edward Daniel

14-25.12 Disorderly Conduct – Guilty Plea, No Contest, 10 days jail time suspended, one year probation, \$50 fine, \$190 court costs

GAMMON, James Stephen
14-40.62(a)(3) Simple Affray – Guilty Plea, No Contest, 30 days jail time suspended, one year probation, \$100 fine, \$190 court costs
14-25.12 Disorderly Conduct – Dismissed, Settled in Mediation
14-5.2 Communicating Threats – Guilty Plea, No Contest, 30 days jail time suspended, one year probation, \$100 fine, \$190 court costs

LINEBERRY, Tabatha Lynn
14-30.3 Compulsory School Attendance – Dismissed at Complainant's Request

PHEASANT, Tara Renee
14-60.10 Forgery – Dismissed
14-60.30 False Pretenses – Dismissed

STANDINGDEER, Michelle D.
14-40.56 Assault on a Female – Dismissed
20-28 Revoked Driver's License – Guilty Plea, No Contest, 30 days jail time suspended, one year probation, \$50 fine, \$190 court costs

STANDINGDEER, Shaun
14-10.64 Unauthorized Use of Motor Vehicle – Dismissed

WEST, Robin French
14-10.60 Larceny – Guilty Plea, No Contest, six months jail time suspended, one year probation, no contact with victim, complete treatment at Recovery Connections Community, \$200 fine, \$190 court costs
14-5.3 Telephone Harassment – Guilty Plea, No Contest, six months jail time suspended, one year probation, no contact with victim, com-

plete treatment at Recovery Connections Community, \$200 fine, \$190 court costs

Budget Council Results – Tuesday, Feb. 12

Tabled Res. No. 369 - \$2 million from Endowment Fund #2 for Class III gaming facility in Cherokee Co. – Tabled

Tabled Res. No. 435 – Cherokee Choices authorized to submit grant application to Cherokee Preservation Foundation for RTCAR in the amount of \$5,500 – Passed

Tabled Res. No. 445 – Budget amendment to Finance – Passed

Tabled Res. No. 452 – Tribe to purchase possessory interest in Paint-town Community from Darlene Ann Whitetree for \$107,036.50 for US Hwy. 19 Reconstruction Project – Tabled

Res. No. 454 – Donation requests – Passed

Res. No. 455 – TCGE authorized to construct Class III gaming facility and hotel on trust land in Cherokee County – Died

Res. No. 456 – Tribe to purchase Old Riverview Campground for \$959,450 – Tabled

No # given – Approval of \$4.5 million for predevelopment services for the Indoor Adventure Park Resort project – Hold

Res. No. 457 – Tribe to construct a community building at the site of the Pentecostal Church in the Wolfetown Community for \$70,000 – Passed

Res. No. 458 – Fisheries & Wildlife Management authorized to submit grant application to the BIA in the amount of \$70,230 to support federal Endangered Species Act requirements for the Indiana bat – Passed

Res. No. 459 – Planning & Development authorized to submit grant application to DOJ for the CTAS – Passed

Res. No. 460 – Emergency Management authorized to submit grant application to the NC SAA from the FY13 EMPG program – Amended/Passed

Res. No. 461 – Environment & Natural Resources authorized to submit grant application to WNC Communities to support wildlife habitat enhancement activities in the amount of \$59,105 – Passed

Budget amendments:
Res. No. 463 – Building Construction – Passed
Res. No. 464 – Endowment #2 – Passed
Res. No. 465 – Healthy Delivery – Administration – Passed
Res. No. 466 – Housing Program – Passed
Res. No. 467 – EPA – Planning – Passed
Res. No. 468 – Emergency Management – Passed

- TOP Office

Way to go Spencer!
Taz!!



Son, Faith and Hard Work
always pays off.



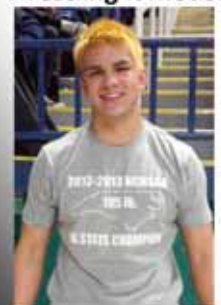
Love, Mom, Dad,
Garrett & Emma

Congratulations Spencer!



We are so proud of you!
Christine & Jim Korinek

Congrats Pemp! To Suri you're
the man who made
wrestling famous.



You're earned it!
Love, the Watty's

Cherokee Boys Club Report

www.cherokeeboysclub.com (828) 497-9101

CLUB SCHEDULE

March 4-8 – Nominations accepted for vacant Board position
 Tuesday, March 5 – CCS early release – 1:30 p.m.
 Wednesday, March 6 – Club Managers' Meeting – 8:30 a.m.
 Sunday, March 10 – Daylight Savings Time Begins
 Wednesday, March 13 – BOD Resolution Deadline – 8:30 a.m.
 Tuesday, March 19 – Health Screen – 7:30 a.m. to 8:30 a.m. (Lobby)
 Wednesday, March 20 – Board of Directors Meeting – 8:30 a.m.
 Thursday, March 21 – Safety Committee Meeting – 11:30 a.m.
 Friday, March 29 – School Furlough Day

IMPORTANT BOYS CLUB BOARD INFORMATION

VACANT BOARD OF DIRECTORS POSITION

Due to the resignation of a Cherokee Boys Club Board of Directors member, a vacancy has opened

for a board member. The Boys Club's Bylaws provide that "If a Board Member resigns before the term expires, replacement will be made by holding a special election. The Board Member elected in this special election would serve the remainder of the term until the next regular election." The next regular election will be held in August of 2014 for the term of Oct. 1, 2014 through Sept. 30, 2016.

Nominations for the vacant Board seat will be accepted Monday, March 4 through Friday March 8 from 7:30 a.m. to 4:30 p.m. in the Boys Club Lobby. You must be a Club member and present your membership card (anyone who attended Cherokee High School or Middle School) to nominate candidates. Candidates for the Board must also be Club Members (anyone who attended Cherokee High School or Middle School). You do not have to be a Boys Club employee to make a

nomination or to be nominated.

If you do not have a Club membership card, you may receive one free of charge at the Information Window of the Boys Club. Again, you must have attended Cherokee High School or Middle School to become a Club member. At the end of the nomination period, all nominees will be contacted to see if they are willing to run in a special election to become a Board member to represent the Cherokee Boys Club. A copy of the election rules can be obtained from the Boys Club. Call 497-9101 for additional information.

DAYLIGHT SAVINGS TIME BEGINS SUNDAY, MARCH 10

Set your clocks forward one hour when you go to bed on Saturday night. Daylight Savings Time begins Sunday, March 10.

CONGRATULATIONS

Congratulations to the Lady Braves Varsity Girls Basketball team on their win over Hiwassee Dam to

win the 1-A Western Sectionals Tournament. The Lady Braves play North Wilkes in the Western Regionals on Tuesday, March 5 at the Fleming Gymnasium at UNC-Greensboro. A fan bus will be provided by the Cherokee Boys Club. Call 497-9101 for more information.

Congratulations also to Tavi Rivera for taking second place in the State 1-A Wrestling Tournament this past weekend in the 160 lb. division.

JOB OPPORTUNITY

Head Parker for Unto These Hills Shuttle Bus/Parking Service
 See the Employment Section of this edition of the One Feather for more information.

CORN HOLE TOURNAMENT

Saturday, March 16 at Birdtown Gym, Registration at 10a.m.
 Bags Fly at 11a.m.
 Proceeds will go toward construction of a new Cherokee Children's Home
 Call 497-5009 for more details

ATTENTION EBCI HIGH SCHOOL SENIORS AND PARENTS

The second of three meetings will be held to discuss internal guidelines and policies and funding levels on March 16 and 23.

Call EBCI Higher Education at 554-6650

E.B.C.I. HIGHER EDUCATION



SCOTT MCKIE B.P./One Feather

Eating in the snow

A herd of elk was spotted munching on some grass off of Acquoni Road in the Yellowhill Community on Friday, March 1. It was lightly snowing when this photo was taken.



ELVIA WALKINGSTICK/One Feather

Happy Birthday Dr. Seuss!

Miss Cherokee Karyl Frankiewicz prepares to read to a group of students during an event celebrating Dr. Seuss' birthday at the Qualla Boundary Library on Friday, March 1.



Photo by Laura Hoyle/Dora Reed

Dora Reed holds mini-carnival

The Dora Reed Center held a mini-carnival on Thursday, Feb. 28 to help raise money for the student's trip in June. Children's art work was for sale and they also had a "teacher torture" that involved the children getting to throw pies in some of the staff's faces. The children also got to put make up on some of the staff, as shown in photo with Sarah Beck getting a makeover, and there was also a drawing for a \$100 Kmart Gift Card. The raffle took place from Feb. 4-28 with Pat Kalonaheskie winning the card. "This was a great success and fun for everyone involved," said Laura Hoyle, Dora Reed lead teacher/supervisor. "Thank you to the families, children, and staff that participated."



Photo by Jeremy Wilson

Whatcha doing?

A herd of elk was spotted lazing around this past weekend on the baseball field at the old Cherokee High School.

News Briefs

Jacobs-Madden named VP of Finance at Harrah's Cherokee

Harrah's Cherokee Casino Resort announced on Friday, March 1 the appointment of Adele Jacobs-Madden as the new vice president of Finance. She joined the resort in 1999, first as the accounting manager, then as a participant in the Cherokee Development Program, which focused on developing enrolled members of the Eastern Band of Cherokee for placement in senior management positions. In 2003, she was promoted to the position of Planning & Analysis manager, and then became director of finance in 2005.

"With our expansion complete, the extensive experience and proven track record Adele brings will only help to strengthen our continued growth," said general manager and

senior vice president, Brooks Robinson.

Prior to joining the Harrah's Cherokee team, Jacobs-Madden spent four years in private industry accounting and one year in public accounting. In 1994, she graduated from Arizona State University with a B. S. in Accounting and is a Certified Public Accountant.

An active member of her community, she serves on the Governing Board for the Cherokee Indian Hospital, the Accounting Advisory Board for Western Carolina University and is treasurer for 1st United Methodist Church in Sylva.

- Harrah's Cherokee

Congressman Meadows to open district office in Cherokee

Representative Mark Meadows (R-NC) has announced the official opening of 18 offices throughout the 11th Congressional District includ-

ing one in Cherokee.

"Constituent service is my top priority," said Rep. Meadows.

"By holding office hours in all 17 counties and the Qualla Boundary in Cherokee, my staff and I will be able to better serve western North Carolinians. Constituents can set up meetings at any of the district office locations to receive help with anything from navigating the federal government to assistance with their Social Security and Medicare. My staff and I are dedicated to assisting constituents whenever and wherever they need us."

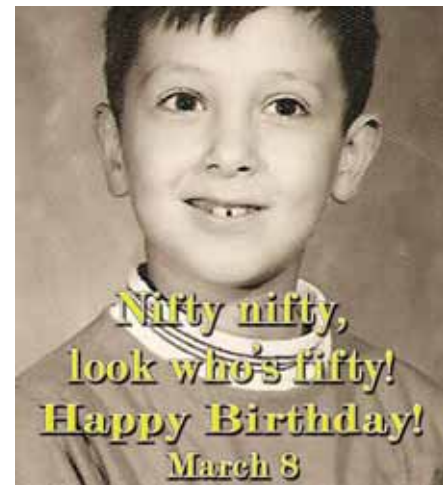
Cherokee's office will be located in the Ginger Lynn Welch Complex and office hours will be the fourth Tuesday of each month from 10am - 12pm and 1-3pm.

- Congressman Meadows office



Correction

A person was misidentified in a photo caption entitled "CMS wrestlers place at Conference Tournamnet: in the Feb. 21 issue of the *One Feather*. A wrestler was identified as John Queen. It should have read Jesse Queen. He took first place in the 106lb. division at the Smoky Mountain Conference tournament held at Hayesville on Friday, Feb. 8. The *One Feather* apologizes for the error.



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Grab a One Feather for your job search



Read the *Cherokee One Feather* each week for full job listings on the Cherokee Indian Reservation.

Building of healing

WCU dedicates new Health and Human Sciences Building to well-being of WNC

CULLOWHEE – The diagnosis is in and the long-term prognosis for the condition of health care in Western North Carolina is improving, with the dedication of Western Carolina University's new 160,000-square foot Health and Human Sciences Building.

More than 300 people ranging from first-year nursing students to hospital CEOs attended a dedication ceremony Thursday, Feb. 28, to celebrate the new facility. The \$46 million Health and Human Sciences Building, which opened to students in the fall, features customized classrooms and seminar rooms and 21 specialized labs serving more than 1,200 undergraduates and 300 graduate students in diverse high-demand, health-related programs.

The facility is the first to be constructed on WCU's West Campus, 344 acres across N.C. Highway 107 from the main campus that were acquired in 2005 as part of the Millennial Initiative. A comprehensive regional economic development strategy, the Millennial Initiative promotes university collaboration with private industry and government partners to enhance hands-on student learning and collaborative research.

In remarks at Thursday's dedication ceremony, Western Carolina Chancellor David O. Belcher thanked an array of elected officials – and the taxpayers of the state of North Carolina – for their ongoing support of the facility, envisioned as a place of learning, collaboration and community where doctors' offices, clinics and other health-related businesses and organizations will one day locate.

"In an era in which many sug-



EBCI tribal elder Jerry Wolfe, who delivered a blessing in his native Cherokee language at the dedication ceremony for WCU's new Health and Human Sciences Building on Thursday, Feb. 28, chats with Brian Railsback, dean of the WCU Honors College.

WCU photos

gest that higher education should intensify focus on careers for graduates, I think it is important to note that the graduates of the programs offered in Western Carolina University's College of Health and Human Sciences find good, high-paying jobs almost immediately after graduating. And those jobs are in the helping professions, which strive to improve the health and well-being of our community, our region, our state and our nation," Belcher said.

"What we do in and through this facility is all about economic and community development, and the investments which North Carolina, Western Carolina University, and philanthropic individuals and corporations have made in this Health and

Human Sciences Building will pay untold dividends for years to come throughout the western region of our state," he said.

Tom Ross, president of the University of North Carolina system, said the teaching, learning and outreach activities that are taking place in WCU's Health and Human Sciences Building are helping to meet critical – and growing – needs.

"When I go around the state, people in every corner of North Carolina have told us over and over that improving access to health care is a critical challenge facing their communities. That is particularly true in the western part of our state, where there is a real and growing need for more qualified health care profes-

sionals of every kind," Ross said.

"This is an absolutely marvelous facility equipped with state-of-the-art classrooms and simulation labs and research labs. But we are not here this morning to celebrate just the addition of square footage," he said. "What really matters is the long-term impact this building is already having on Western Carolina's ability to prepare students for successful careers in the health care industry, to improve patient care and well-being, and to support health-related service and outreach to the surrounding community and region. It's not so much about the facility; it's about the lives that will be transformed here."

In addition to architectural ele-

ments that foster interdisciplinary collaboration among faculty and students in various health-related academic disciplines, the facility also was built with energy-efficient features that qualify it for certification at the silver level in LEED, or Leadership in Energy and Environmental Design, from the U.S. Green Building Council. The building was nestled into a hillside with as small a footprint as possible as part of a concerted effort to make it as environmentally sensitive as possible, said Joan MacNeill, chair of WCU's Board of Trustees.

"We have such a massive sense of pride and accomplishment today in the innovative design of this building, a design that not only creates a state-of-the-art learning environment, but also respects the surrounding environment," MacNeill said.

"On a personal note, having studied nursing back in the days of Florence Nightingale, I can tell you that if Florence were here today, she would look around and think she had been beamed aboard the Starship Enterprise," she said. "It is amazing."

The new Health and Human Sciences Building will play an important role in establishing Western North Carolina as a leader in improving the quality of health care in the state, N.C. Rep. Joe Sam Queen said.

"This is the first rung on the ladder of a new day of leadership in health, in health care and in health care leadership for Western North Carolina," Queen said. "Our part of the state will lead North Carolina in health, wellness and aging. It begins here. It begins here on the first an-



Casey Cooper, Cherokee Indian Hospital CEO, was among the speakers at a special sneak peek open house for members of the WNC medical community on Wednesday, Feb. 27.

chor building of this millennial campus."

Before sending visitors through the new building to see demonstrations in physical therapy, athletic training, human movement and nursing simulation labs, and in clinical spaces currently under development such as the balance and fall prevention clinic, Marie Huff, interim dean of the College of Health and Human Sciences, asked them to think about the impact the facility is having on the surrounding community.

For example, the building features the only contained insect lab in the region, where researchers are studying how to eradicate mosquito-borne viruses such as La Crosse encephalitis; allows students and faculty to guide support groups for individuals in families touched by Alzheimer's disease; provides space for more than 1,700 sessions a year

in the Speech and Hearing Clinic at low or no cost; and is home to a social skills group for children with autism.

"As you walk throughout this building and find yourself in awe over the lifelike simulators that can moan and groan with the best of us, as you marvel over the state-of-the-art technology and equipment in the labs, as you enjoy your stroll through our beautiful clinical spaces, take just a moment to consider what this building means for our students, and ultimately for our community," Huff said.

In addition to the dedication, a sneak peek open house was held for about 100 members of the WNC medical community Wednesday, Feb. 27. Attendees included external medical and health care partners Carolina West Sports Medicine, Cherokee Indian Hospital, Community Care Clinic of

Highlands/Cashiers, Comprehensive Pain Consultants of the Carolinas, Jackson County Department of Health, Mountain Area Health Education Center, MedWest Harris, MedWest Haywood, Mission Hospital, Mountain Care Urology, Mountain Regional Cancer Center, Murphy Medical and Vecinos.

Speakers at the "sneak peek," in addition to Belcher and Huff, were Steve Heatherly, CEO of MedWest Harris; Kathleen Culhane Guyette, senior vice president of patient health care services at Mission Health System; Casey Cooper, CEO of Cherokee Indian Hospital; and Lauren Garland, a senior nursing major.

Although WCU's previous nursing graduates studied in cramped quarters without the high-tech labs and equipment offered by the new Health and Human Sciences Building, over the years they still have earned high pass rates on licensure exams and gone on to successful careers in the health care field, Garland said. "I can only imagine what the future holds for graduates of the nursing program because of the advantages offered by this new building," she said.

The building brings under one roof students and faculty from disciplines including nursing, physical therapy, communication sciences and disorders, social work, athletic training, emergency medical care, environmental health, nutrition and dietetics, and recreational therapy. It also has enabled WCU to bring back to campus seniors in its prelicensure nursing program who previously were taking classes in Asheville because of the lack of adequate instructional facilities and equipment on the Cullowhee campus.

**Don't fall behind the herd...keep up to date at
theonefeather.com**





EBCI Health & Medical Division Report

The Cherokee Community Wellness Team (CCWT) led a "Be good to your Heart" Cooking Demo at Cherokee Food Lion on Monday, Feb. 18. Shoppers enjoyed dark chocolate-covered strawberries and dark chocolate-covered walnuts. Participants received a free recipe packet, health information, and had a chance to win a one of two free fruit baskets donated by Cherokee Food Lion.

At the Healthy Heart Cooking Demo, Rose James, RN with Cherokee Choices, talked to community members about the heart healthy effects of strawberries, walnuts, and dark Chocolate.

Strawberries

Our vitality depends on having a healthy skeleton and heart. There are various ways to build and maintain a healthy skeletal and cardiovascular system; diet and exercise are paramount! But, a small amount of the essential nutrient manganese each day is important for good health. Manganese can also help build strong bones and benefit your heart, blood, and blood vessels.

One cup of strawberries contains 21 percent of RDA of manganese, which in addition to offering life support to your bones and preventing cardiovascular diseases such as atherosclerosis and hypertension, can help fight the battle against free radicals. It doesn't hurt that you're also adding more than 100 percent of the recommended daily allowance of Vitamin C!

Dark chocolate

Dark chocolate may have a positive effect on blood pressure. In 2009, the "European Heart Journal" reported lower blood pressures and consequently a 51 percent lower risk of cardiovascular disease in subjects who ate flavanol-rich chocolate. While a small amount of dark chocolate may be a nutritious addition to your diet, exercise and a diet of fruits and vegetables will complement that healthy lifestyle. High blood pressure can increase cardiovascular risk.

Cacao trees produce fruit-like pods containing cocoa beans which are collected, fermented and roasted to develop a rich flavor. The beans are ground into a low-fat cocoa powder referred to as cocoa solids. Chocolate's health benefits are derived from the cocoa solids, which are high in anti-oxidant polyphenols. Not all chocolates have the same amount of cocoa solids. Dark chocolate has more cocoa solids than milk chocolate. Look for a high percentage of cocoa solids, from 35 percent to 85 percent.

Walnuts

A new study published in the current issue of the Journal of Nutrition shows that walnuts have a similar beneficial effect on cholesterol levels and C-reactive protein (CRP), an inflammation marker that is strongly associated with atherosclerosis and heart disease.

Walnuts contain alpha-linolenic acid or ALA, an omega-3 fatty acid similar to those found in heart-smart fish, such as salmon. Alpha-linolenic acid has a number of heart-healthy effects, independent of its cholesterol-lowering effects. It has been shown in previous studies to reduce the risk of sudden death from dangerous abnormal heart rhythms.

Each month, the CCWT leads a cooking demo sponsored by Cherokee Food Lion to promote healthy living by introducing community members to healthy foods, recipes, and health information. The CCWT is comprised of community members and health representatives working to make Cherokee

a healthier place to live, work, and play. Their vision is Duyukdv, the true way, being true to self, family, community & tribe through spiritual, cultural, mental, and physical wellbeing for all generations.

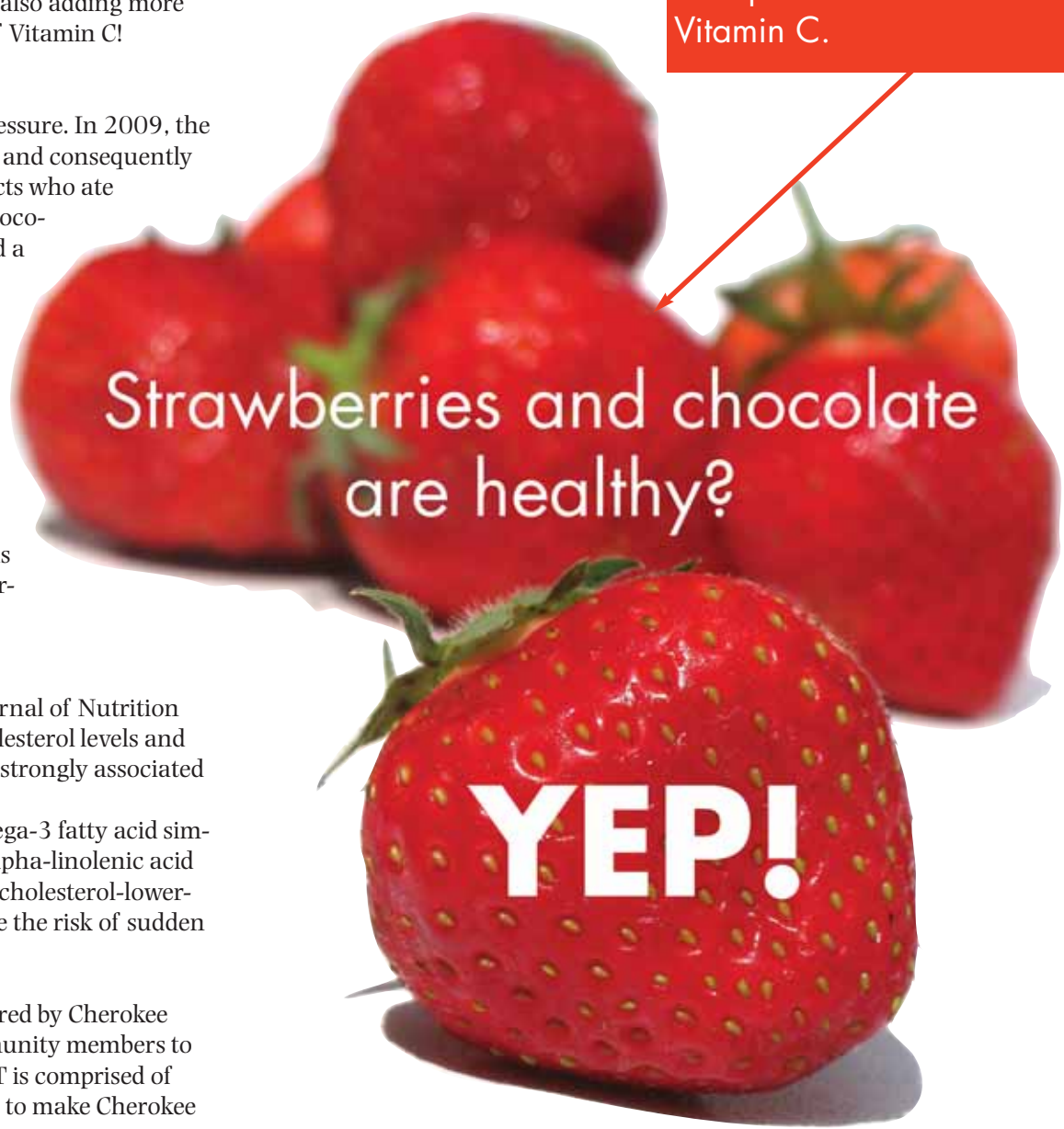
Food Lion is working to provide more healthy options to the people of Cherokee to help people manage their weight, diabetes, blood pressure, and cholesterol. Look for new healthy options at Cherokee Food Lion and for the next Cherokee Community Wellness Team Cooking Demo on Monday, March 18 from 4-6pm featuring National Nutrition Month with Registered Dietitians Nilofer Couture from the Cherokee Indian Hospital & Robin Callahan from Cherokee Choices.

Info: Robin Callahan, RD,LDN,MHS 554-6785, 828-342-3010, or robinbail@nc-cherokee.com

- Cherokee Community Wellness Team

See next page for a recipe for chocolate and strawberries!

One cup of strawberries contains 21 percent of RDA of manganese and 136 percent of RDA of Vitamin C.



Chocolate Strawberries

Prep time: 20 minutes

Cook time: 10 minutes

Ready in: 1 hour, 10 minutes

Servings: 15

Ingredients

5 oz. dark chocolate, chopped

1 pint fresh strawberries with leaves

Directions

In a microwave-safe bowl, or in the top of a double broiler over simmering water, cook chocolate until melted. Stir occasionally until chocolate is smooth. Holding berries by the stem, dip each one in molten chocolate about three-quarters of the way to the stem. Place, stem side down, on a wire rack and chill in refrigerator until hardened.



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EBCI Health & Medical briefs

No breakfast today?

Some of us try to skip breakfast and skip the calories. This isn't going to help anybody lose weight. It is more likely to feel tired and weak if breakfast is skipped. It is also to make poor food choices at other meals. People complain that eating breakfast makes them hungry a few hours after eating breakfast. This is normal. This means the body's metabolism is working and the calories are being used and more nutrition is needed! Breakfast doesn't have to be a big meal, keep it simple: Banana (or any fruit of your choice), toast and juice, bowl of cereal, or yogurt with granola, etc.

- **Kimberly Lambert, EBCI WIC program nutritionist**

Cherokee Lifestyle Balance program

The Cherokee Lifestyle Balance is a diabetes prevention program providing a fun way to learn how to eat healthy, manage stress and increase physical activity for a lifetime. The program is based on the national Diabetes Prevention Program, proven to decrease the risk of type 2 diabetes by 58 percent. The program was modified with emphasis on Cherokee culture and fun, interactive learning.

Free group classes, held every Monday from 12-1:15pm for 10 weeks, are starting Monday, March 18 in the Ginger Lynn Welch Community Rooms. Tribal employees receive 45 minutes of

administrative leave pending supervisor's approval.

Classes include a free healthy lunch; physical activity; and interactive learning on nutrition, fitness, and stress management. Each participant will have a lifestyle coach to offer ongoing support on their journey towards a healthy lifestyle.

Requirements:

- Have a body mass index of 25 or higher, indicating overweight or obese, plus two of the following:
 - Cherokee or other minority race or ethnicity
 - First degree relative with diabetes
 - Diagnosis of type 2 diabetes, gestational diabetes, or polycystic ovarian syndrome
 - Pre-diabetes
 - Diagnosis of high blood pressure
 - Triglycerides over 250 mg/dL
 - HDL cholesterol less than 35 mg/dL

You must be committed to attending a minimum of eight out of 10 classes. This is sponsored by Cherokee Choices. Info: Robin Callahan, RD, MHS, LDN 554-6785, (828) 342-3010, robibail@nc-cherokee.com or Rose James, RN 554-6787, (828) 342-9412, rosejame@nc-cherokee.com

- **Cherokee Choices**

Cherokee Lifestyle Balance Family Program

The Cherokee Lifestyle Balance program is also holding a program for families. Free group classes, held every Tuesday from 4:15-5:30pm for 10 weeks, are starting March 19 in the Ginger

Lynn Welch Community Rooms. Tribal employees receive 30 minutes of administrative leave pending supervisor's approval.

A kid's workout will be held before class from 3:30-4:45pm and will include relay games, swimming, yoga, active scavenger hunt, Cherokee aerobics, Wii dance, and body strengthening. Classes include a free healthy supper; physical activity; and interactive learning on nutrition, fitness, and stress management; and crafts.

A lifestyle coach will be available to support each family on their journey towards a healthy lifestyle.

Requirements:

- Family with a child age 8 or older
- One family member which is overweight (kids at 85th percentile) and has two or more risk factors for type 2 diabetes or that is obese (kids at 95th percentile) and has one or more risk factors including:
 - Cherokee or other minority race or ethnicity
 - First degree relative with diabetes
 - Diagnosis of high blood pressure, pre-diabetes, type 2 diabetes, gestational diabetes, or polycystic ovarian syndrome
 - High triglycerides or low HDL cholesterol
 - Acanthosis Nigricans (dark thickening of skin often seen on back of neck)

Child and family member must be committed to attending a minimum of eight out of 10 classes. Info: Robin Callahan, RD, LHN, MHS 554-6785, robibail@nc-cherokee.com or Keahana Lambert-Sluder 554-6193, keahlamb@nc-cherokee.com

This is sponsored by Cherokee Choices

- **Cherokee Choices**



WIPE

Before teeth come in, wipe baby's mouth with a moist cloth or special baby "gum" brush.



SMEAR

When teeth start to come in, around 4-8 months, start using a small "smear" of toothpaste. This is easy if you wipe toothpaste across the brush. Use this amount until your child's second birthday.



BRUSH

After your child reaches age 3, use a "pea size dab" of toothpaste. Use fluoride toothpaste every morning and night. Check after your child brushes to make sure teeth are clean!

**Tips for healthy teeth from
EBCI Children's Dental Program 554-6197**

Park visitors spent \$818M in area in 2011

A new National Park Service report for 2011 shows that the 9,008,830 visitors to Great Smoky Mountains National Park spent \$818 million in communities surrounding the park. This spending supported 11,732 jobs in the local area.

"Visitors from across the U.S. come to Great Smoky Mountains National Park to experience the unique natural and historic attractions, which has a tremendous economic impact on eastern Tennessee, western North Carolina, and especially the Park's gateway communities," said Superintendent Dale Ditmanson.

The information on Great Smoky Mountains National Park is part of a peer-reviewed spending analysis of national park visitors across the country conducted by Michigan State University for the National Park Service. For 2011, that report shows \$13 billion of direct spending by 279 million park visitors in communities within 60 miles of a national park. That visitor spending had a \$30 billion impact on the entire U.S. economy and supported 252,000 jobs nationwide.

Most visitor spending supports jobs in lodging, food, and beverage service (63 percent) followed by recreation and entertainment (17 percent), other retail (11 percent), transportation and fuel (7 percent) and wholesale and manufacturing (2 percent.)

To download the report visit www.nature.nps.gov/socialscience/products.cfm#MGM and click on Economic Benefits to Local Communities from National Park Visitation, 2011. The report includes information for visitor spending at individual parks and by state.

- NPS

Free Lecture Series at Sequoyah Birthplace Museum

The Sequoyah Birthplace Museum, located just off Highway 411 on Highway 360 in Vonore, is the state's only tribally-owned historical site. It was built to honor the Cherokee Sequoyah, who in 1821 created a Syllabary, or way of reading and writing the Cherokee language.

Throughout the year, the museum hosts various special events. This spring, a free lecture series delves into a variety of Cherokee topics.

From 2-3p.m. on Sunday, March 3, Robert Conley's topic will be, "175th Anniversary of the Trail of Tears." Distinguished novelist, Robert Conley, a member of the United Keetoowah Band of Cherokee Indians, will focus on the Trail of Tears. Conley is Sequoyah Distinguished Professor at Western Carolina University. His poetry, short stories, novels, and nonfiction works have been published in several languages and have received many

awards.

On Sunday, March 10 first time author Ronald R. Cooper will do a photo presentation at 2 p.m. and a book signing from 12-5 p.m. Mr. Cooper spent years researching the Trail of Tear, and in the winter of 2011, walked the length of the Northern Route as closely as he could to the original roadbed. He is the first person to do so in Modern times. His book, "It's My Trail, Too: A Comanche Indian's Journey on the Cherokee Trail of Tears", chronicles that trek.

On Sunday, March 17, from 2-3p.m., Tribal Historic Preservation Specialist, Tyler Howe will be lecturing on the 175th Anniversary of the Trail of Tears from the Qualla town's perspective; the Cherokees who stayed behind and did not go on the Trail of Tears. Howe works for the Tribal Historic Preservation Office in Cherokee.

On Sunday, March 24, from 2-3p.m. Tom Belt's topic will be the

175th Anniversary of the Trail of Tears. Belt, Western Carolina University's Cherokee language program coordinator, is a citizen of the Cherokee Nation of Oklahoma. He developed and teaches a Cherokee language program at WCU.

The museum, located on Tellico Lake, features video, electronic displays and exhibits from various periods of Cherokee occupation in the Tennessee Overhill area. Its gift shop offers for sale many Cherokee and Native American crafts and jewelry as well as books on Cherokee history and culture.

These lectures are free and open to the public and are sponsored in part from a grant from the East Tennessee Foundation John D. Grubb and Louise G. Sumner Fund for Monroe County. For more information check our website at www.sequoyah-museum.org or contact the museum (423) 884-6246.

- Sequoyah Birthplace Museum

March is National Nutrition Month

By **NILOFER COUTURE, RD, MPH, CDE, LDN**
CHEROKEE INDIAN HOSPITAL

March is National Nutrition Month and the Academy of Nutrition and Dietetics encourages everyone to "Eat Right, Your Way, Every Day."

Each March, the Academy encourages Americans to return to the basics of healthy eating through National Nutrition Month. This year's theme emphasizes the advantages of developing a healthful eating plan that incorporates individual food choices and preferences. This year marks the 40th anniversary of Na-

tional Nutrition Month.

To celebrate National Nutrition Month, the Nutrition Department at Cherokee Indian Hospital has fun activities planned. Weekly lunch and learns will be offered every Wednesday from 12-1 pm in the video conference room. The public is welcome to attend.

The first lunch and learn on Wednesday, March 13 features Michael Sholtz. He will be speaking about his recent book (available on Amazon) called Coaching Yourself Thin. The second lunch and learn on Wednesday, March 20 is a panel discussion on Bariatric Surgery featuring several hospital employees

who have had the surgery. The last lunch and learn on Wednesday, March 27 is a talk about the Impact of Food Insecurity on Obesity by CIH dietitian Nilofer Couture.

In addition to the lunch and learns, the Nutrition Department is organizing a Healthy Salads Recipe Contest on Monday, March 11 in the cafeteria. Healthy salads featuring lean meat, low fat cheese, beans, fruits or other low fat ingredients are encouraged and the top three winners will receive cash prizes of \$50, \$30 and \$20. The public is welcome to participate. Bring your prepared

see **NUTRITION** page 23



Cherokee Happenings

SUBMIT NEW LISTINGS OR CHANGES TO SCOTMCKIE@NC-CHEROKEE.COM.

Church Events

Gospel Singing. March 9 from 5-8pm at the Chief Joyce Dugan Cultural Arts Center. The Student Assistants Program will host this annual event showcasing the talents of staff and students at Cherokee Central Schools. Info: Yona Wade 554-5124

2nd Annual Community Family Bingo Night. March 15 at 6pm at Living Waters Lutheran Church. It is free to play, and there will be prizes. There will also be food items for sale including: hot dogs, Frito pies, snacks, drinks and desserts. Everyone is welcome.

Gospel Meeting "Listen to the Animals". March 15-17 at Cherokee Church of Christ. There will be a series of messages about what can be learned of the Creator based on lessons directly from the Bible. The speaker will be Bro. Ben Flatt, a pulpit minister from Henderson, Tenn. There will be a total of eight short lessons. The Friday and Saturday meetings will begin at 7pm. The Sunday morning Bible hour is set for 10am with a worship at 11am and a fellowship meal to follow. Info: 497-9414, 736-2287 or 736-0526

Solid Rock Outreach Food Box Distribution. Wednesday- 9am-3pm, Thursday 9am - 3pm and Friday 9am - 3pm. Info: (828) 356-7312

General Events

Nantahala School for the Arts Open House. March 7 from 4-7pm at SCC's Swain Center in Bryson City. The studios will be open, with faculty and staff available for tours or to answer questions. The Nantahala School for the Arts offers an Associate in Fine Arts degree as well as Heritage Arts certificate programs that focus on Native and Appalachian art and craft. Info: (828) 366-2000 or www.southwesterncc.edu/finearts

Benefit. March 7 at 11am at Yellowhill Community Building. \$6 - chili or soup with cornbread, drink and dessert. There will also be a raffle and silent auction. All proceeds will assist Sam "Snake" Panther with medical expenses.

Super Band. March 7 at 7pm at the Chief Joyce Dugan Cultural Arts Center. Info: Yona Wade 554-5124

Frybread dinner fundraiser. March 8 from 10:45am - 2:30pm at the Yellowhill Community

Building. This is a fundraiser for the Southwestern Community College Native American Society. Menu: Indian tacos \$8, frybread and chili \$6 (includes dessert and drink). Dine-in or call 736-9150 for business deliveries. The NAS will also be selling 50/50 tickets at the dinner.

KPEP "Lunch and Learn" series.

- March 13 - History: The Trail of Tears/Removal in western North Carolina: This program covers the fort locations and the Army movements in the five western counties of North Carolina.
- March 20 - History: The Trail of Tears - The Resistance: This program covers how around 1,000 Cherokees in North Carolina avoided the removal and remained in their homeland. More dates will be added later. Bring your own lunch. The program will be held from 12-12:30pm in the Community Room at the New Kituwah Academy. Info: B.J. Rich 554-6406 or bjrich@nc-chokeee.com.

Digali'I Native American Student Organization (at WCU) recruitment dinner.

March 13 at 6pm in the Blue Ridge Conference Room on the WCU campus. Special guests will include: Cherokee speakers, Cherokee Studies, Cherokee Language Program, WCU Cherokee Center, and the Native Health Program. RSVP by March 8 at 12pm to jrllocklear1@catamount.wcu.edu

Gallery dedication in Honor of Betty Dupree. March 14 from 11am - 1pm at Qualla Arts & Crafts Mutual, Inc. Everyone is invited to attend. Also, beginning Sunday, March 17, Qualla will be open on Sundays from 9am - 5pm.

Jackson County Genealogical Society March program. March 14 at 7pm in the Community Room of the Historic Jackson County Courthouse in Sylva. Dr. Anne Rogers, WCU professor of anthropology, will speak on "The Structure of Traditional Cherokee Kinship (and why so many mountainfolk have Cherokee grandmothers)". This event is free, and the public is invited. Info: 631-2646

Scholastic Book Fair. March 14-19 from 8:30am - 3:30pm in the Cherokee Elementary School Media Center. Family night will be March 18 from 3-6pm

Soup Luncheon and Silent Auction. March 22 from 11am - 2pm at the Cherokee EMS Build-

ing. This is a fundraiser for the Right Path Adult Leadership Alumni. Money raised will be used for community projects such as purchasing needed items for Tsali Care patients and dialysis patients and helping the Cherokee community. Potato soup, taco soup, vegetable soup and more. \$5 for a bowl of soup, bread/crackers and drink. \$7 all you can eat soup, bread/crackers and drink.

2nd Annual Little Owl Music and Arts Festival. March 23 at Audubon Acres in Chattanooga, Tenn. This event, hosted by The Audubon Society of Chattanooga, is to raise money for the Cherokee Arboretum and Bird Sanctuary. Organizers are looking for original Cherokee jewelry, arts and crafts vendors for the event. Info: Tim Anderson (423) 504-8408, LittleOwlFestival@chattaudubon.org or at www.facebook.com/LittleOwlFest

Rainbows and Ramps Festival. March 30 from 10am - 2:30pm at the Cherokee Indian Fairgrounds. Meals are \$10 and include fried trout, ramps and other vegetables. There will also be hot dogs, chips and drinks. Entertainment includes: Yellowhill Choir, Antioch Singers, J. Creek Cloggers, Ross Brothers, Warriors of Anikituwah, and bingo. Contact for vendors: Robert Jumper 554-6482, robejump@nc-chokeee.com. Info: Cherokee Welcome Center (800) 438-1601 or travel@nc-chokeee.com

Cherokee VFW Bingo, located by the old race track, on Monday nights in Whittier. Early birds 6pm, regular program 7:10pm. Info: 488-1706 or 788-2176.

Health/Sports Events

Adult Softball League meetings. March 7, 18, 27 at 5pm at John A. Crowe Recreation Complex. This is for fast pitch, slow pitch, and co-ed. Anyone interested should attend one of the meetings.

Cherokee Cancer Support Group meeting. March 7 at 5:30pm at Betty D's place located at 40 Goose Creek Road in Cherokee. The guest speaker will be Dr. Frances Owl-Smith, MD, an EBCI tribal member who will speak about reading and understanding a pathology report. Pathology reports play an important role in cancer diagnosis and staging (describing the extent of cancer within the body, especially whether it has spread) which helps determine treatment options. A potluck dinner will be served at 5:30pm.

Healing and Wellness Coalition meeting.

March 12 at 5pm at Living Waters Church off of Goose Creek on Locust Road. Brings a bag supper. All are invited. There are several spring events coming up including: Spring Moon Event on March 20 and a Fresh Start Gathering on April 20. Info: Beth Farris (828) 421-9855 or visit www.cherokeehealingcoalition.org

Cornhole tournament. March 16 at the Birdtown Gym. Registration starts at 10am and bags fly at 11am. Entry fee: \$40/per team. Cash prizes: 1st - \$500, 2nd - \$300, 3rd - \$200. Double elimination with cancellation scoring. The first to 21 points. Bring your own bags or use bags provided. Bring your own chairs. Boards are 27' apart. Food and drinks will be for sale on location. All proceeds will help build a new Cherokee Children's Home. Info: 497-5539 or 497-9101

Start Smart Baseball/Softball program. Starts March 19 at 5:30pm at the Birdtown Gym. The program, open to children 3-5, will be held on six consecutive Tuesday nights. Session times will depend on the number of participants registered. Each child needs an adult who can attend and participate in each session along with them. The program prepares children for organized teeball, baseball or softball in a fun, non-threatening environment. Each parent-child group will be charged \$20 which includes a Start Smart manual and t-shirt for the child. A parent meeting will be held on Tuesday, March 12 at 5:30pm at the Birdtown Gym. The deadline to register is March 12. Info: Jessica Daniels 554-6891

Hooping for a Cause! 18+ Open Men's Basketball Tournament. March 22-23 at the Birdtown

Gym. Entry fee is \$350 and must be paid one week before tournament, no exceptions. Teams will have a maximum 12-man roster, and a minimum of ten teams must enter to host. All proceeds will go to the Cherokee Cancer Support Group. Concessions will be for sale along with raffle tickets and t-shirts. Info: Keiah West 788-3345, keiahwest_44@yahoo.com or Michelle "Darci" Long waski08@gmail.com

Snowbird Health & Information Fair. March 26 from 10am - 2pm at the Snowbird Gym. This event is being hosted by Snowbird Community Health and the Snowbird Health Clinic. To reserve a table and chair or for information, contact Lisa Denzer (828) 479-3924, Jennifer Wachacha 554-6990 or Margie Wachacha 554-6992.

Walk a Mile in Her Shoes event. April 19. Registration begins at 10:30am, and the walk begins at 11:30am. The walk will start at the Cherokee Bear Zoo in downtown Cherokee and will end at the Cherokee Indian Fairgrounds. This event is hosted by the EBCI Domestic Violence Program in conjunction with the International Men's March to Stop Rape, Sexual Assault and Gender Violence. High heels and t-shirts will be provided. Everyone is welcome. Registration for participating men is required by March 29 so heels can be ordered. Info: EBCI DV program 554-6830

The EBCI Recreation Dept. is looking for youth football and cheerleading coaches. Applicants will be subject to a background check and mandatory coaches training. Info: Pepper Taylor 554-6895 or Jessica Daniels 554-6891

NUTRITION: *March is National Nutrition Month, from page 23*

dish (should serve 6-8 people) to the hospital cafeteria by 11am for judging.

The Cherokee WIC Department will be sponsoring a WIC Breakfast in the cafeteria on Tuesday, March 12 from 8-10am and will provide WIC cereals for the hungry. There will also be door prizes.

The Nutrition Department will be collaborating with Cherokee Food Lion and the Cherokee Community Wellness Team to offer a Cooking Demonstration at Cherokee Food Lion on Monday, March 18 from 4-6 pm. Registered Dietitians Robin Callahan, Linda Johnson and Nilofer Couture will teach participants how to add more nutrition in their lives! Participants will taste and learn how to make healthy and nutritious meals, receive a free healthy recipe packet and all attendees will receive a raffle ticket for a chance to win one of two fruit baskets donated by Cherokee Food Lion.

The Nutrition Department and the Cherokee Diabetes Program will have a Diabetes Prevention Table in the hospital lobby on Friday, March 22 from 10-12 pm for American Diabetes Alert Day. There will be informational literature, diabetes risk quizzes, snacks and door prizes for participants.

Lastly, the Nutrition Department believes that good nutrition habits start young and is therefore collaborating with the Jan Boyer, Cherokee Elementary School's Art teacher, to organize a Nutrition Month Art Contest for fourth graders using the nutrition month theme. On Monday, March 25, the department will provide a healthy snack at 2:30pm in the cafeteria and will display the students art work outside the hospital cafeteria. Those coming to taste the healthy snack will help judge the art work. The top three winners will receive cash prizes of \$30, \$20, \$10.

Info: Nilofer Couture, RD, MPH, CDE, LDN at Cherokee Hospital at 497-9163 ext. 6459.



Cherokee Central Schools Report

CHS Athletic Dept. addresses fans

To All Cherokee Brave Supporters

This letter is in regards to the current status of the Cherokee Brave Athletic Program. Thus far into the year, our student-athletes and coaches have exemplified the standard set by past generations of Brave Athletes. We seek to represent our tribe and our school with honor and dignity, striving for excellence in all of our endeavors.

The fall sports seasons came to an end in promising fashion. Despite numerous injuries and setbacks this season, the CHS Varsity Football Team returned to the playoffs. The CHS Volleyball Team also made a return to the playoffs, finishing with a strong season. The CHS Cross-Country Team once again had a great season, culminating with Kendall Toineeta and Gerald Mahan qualifying and competing in the NC State Cross-Country Championships.

The winter sports seasons are drawing to a close with excitement building around two of our athletic programs. Currently, the Lady Braves Varsity Basketball Team is in the midst of a State Championship run; after having already won the SMC Regular-Season Championship and the SMC Tournament Championship. The Lady Braves make a return trip to regional play in Greensboro on Tuesday and Saturday of this week. Please

come out and show your support. Also, two of our wrestlers, Tavi Rivera and Levi Swearengin represented our school at the NC State Wrestling Tournament this past weekend; both having strong showings but eventually coming up short of a championship. At any rate, the wrestling team had a banner year. The following wrestlers were SMC Conference Champions: Jaron Bradley, Tavi Rivera and Levi Swearengin. Also, the following wrestlers represented our school at the NC State Regional Wrestling Championships: Michael George, Ethan Swearengin, Austin Padilla, Tavi Rivera, Jaron Bradley, Levi Swearengin, Dorian Walkingstick, Raymond Taylor and Michael Montelongo. Tavi Rivera garnered the Most Outstanding Wrestler of the Tournament. We are extremely proud of these young men and women, as well as all of our student-athletes who participated in all of the aforementioned extra-curricular activities.

Springs sports are beginning to kick-off. Student-athletes and coaches involved in track and field, baseball and softball have been working extremely hard these past few weeks in preparation for what should be an excellent and exciting year. The varsity baseball, softball and track and field teams return numerous starters that should provide the framework for success and excitement.

In closing, the sports programs at Cherokee High School are continually striving for excellence both on the field of play and in the classroom. The representation of our school and tribe are of the utmost importance to the athletes and coaches associated with Cherokee High School. The lessons learned on the field or in the arena serve as a metaphor for life and we, as a staff, seek to enhance participation and success in all areas of our athletic program. Also, be assured that your complaints and relation of biased officiating have not fallen on deaf ears. On each occasion, the athletic dept. has conducted an investigation with due diligence, reporting all incidents to the hierarchy of the North Carolina High School Athletic Association. The practices of unfair treatment or bias based on preconceived notions will never be tolerated.

Unfortunately, we cannot mention each and every participant's name but know that we, as a staff, appreciate each and every student-athlete. We sincerely appreciate all of our fans and loyal followers; especially the parents of our student athletes whose sacrifice and commitment do not go unnoticed. Thanks to all and GO BRAVES!!!

Sincerely,
CHS Athletic Dept.

CMS and CHS staff hold "Biggest Loser" contest

The Health office at Cherokee High School and Cherokee Middle School organized a "Biggest Loser" contest to kick off the New Year. The contest was designed to encourage motion, reduce blood sugar, reduce blood pressure and improve overall health. The contest was for employees only, with each employee contributing \$2 to join and \$2 each week at weigh in.

For eight weeks, 35 employees

weighed in. The total weight loss at the end of the eight weeks was 294.7 pounds with 22 employees finishing the race.

Miranda Stamper won first place and the \$630 in prize money. "I am smaller than before I had my girls," she said.

The following staff members placed in the top five along with Stamper: 2nd place - CMS teacher Andrew Maney, 3rd place - CMS

teacher Matt Maney, 4th place - CHS's Emaline Kalonaheskie, and 5th place - CHS teacher Susan Ford.

"There have already been requests to do it again," said Nurse Parton. "Even if you didn't finish in the top 5, thank you for having fun with us and for trying. Let's keep it going!"

- Cherokee Central Schools



Miranda Stamper

Western Carolina UNIVERSITY

Cherokee Center Report

Roseanna Belt, director | rbelt@wcu.edu | 828-497-7920

cherokeecenter.wcu.edu

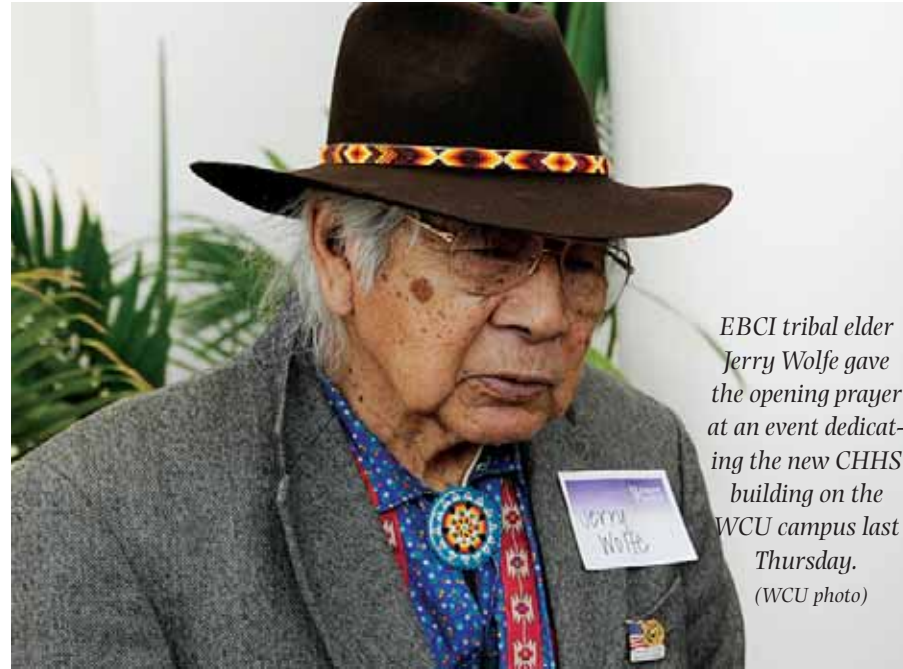
GWY JESCTDY D&P

The new College of Health and Human Sciences building celebrated an Open House last Thursday. The Cherokee Center was represented by the director, Roseanna Belt. The building is the first to be built on the New Millennial Campus, or West Campus and is located on a hillside approximately one mile from the main campus. It is the hope of the Cherokee Center and health programs of the EBCI, to have more Cherokee or Native students accepted into the specialized programs, which are extremely competitive.

Jerry Wolfe opened the program with prayer. He was escorted to the CHHS by Lynne Harlan. They both were special guests, along with other dignitaries, to a luncheon hosted by Chancellor Belcher after the speeches were made, as was Paint-town Rep. Tommy Saunooke of the tribal council. Rep. Saunooke also serves on the Board of Trustees for Western Carolina University. Artwork from Cherokee will be placed in the building at a later date.

Dr. Hartwell Francis and Tom Belt represented the Cherokee Language Program at WCU. Additionally, Dr. Lisa Lefler's program is located in the CHHS. She is the director of the certificate program, Culturally-Based Native Health, which is an interdisciplinary, online certificate program which requires

twelve hours of course work. A few examples of the courses might include "The Roots of Health Disparities in Native American Populations," "Indigenous & Western Psychologies," and "Tobacco & Substance Use Among American Indians." She also manages the summer institute in collaboration with Wake Forest University called Med-Cat. She and Roseanna Belt are currently seeking students to participate summer 2013. Please call the Cherokee Center, 828 497-7920, (address and phone number also listed on the header for this article) if you have any questions about health programs at WCU. Roseanna Belt may be reached at rbelt@email.wcu.edu



EBCI tribal elder Jerry Wolfe gave the opening prayer at an event dedicating the new CHHS building on the WCU campus last Thursday.
(WCU photo)

*The Summer Repair program of Housing and Community Development is now taking applications for home repairs. The labor will be provided by church groups that volunteer their time each summer. Please note **ONLY** the following projects qualify. 1) A roof in need of new shingles. 2) Construction of a handicap ramp. 3) Construction of small decks (8X8). 4) Exterior and Interior painting. You may pick up your application starting Friday, March 1st at the Housing and Community Development office, located at 756 Acquoni Road. You may also contact us at 554-6900 for any questions.*

**No plumbing or electrical work will be done.*



**One Feather
deadline
Monday at
12noon**

Opinions and Letters

WORD LIMIT FOR LETTERS IS 250 WORDS

Creating a Budget



Dear Dr. Per Cap: I have no idea where to start to create a budget. It seems that before the month is over, I'm outta cash. More month than money! Can you help me keep track of my expenses?

*Signed,
Unbalanced*

Dear Unbalanced:

Definitely! Creating a budget is the way to go to get a handle on making your money last as long as your month. Creating a budget, however, can seem overwhelming. Getting started is the hardest part, but it gets easier with practice.

The first thing to do is figure out what your absolutely necessary or "required" monthly expenses are. These include things such as rent or mortgage payments, utility bills (electricity, gas, water service, phone service, etc.), food, medical expenses, child care, transportation or car payments, and insurance fees. You should also think

about paying down debt and savings, so think about your credit card bills and what you can put into a savings account if possible. Since some bills vary widely month to month, a good way to come up with an "average" monthly figure is to add up the most recent 12 months of bills (your electric power bill, for example), and then divide it by 12. List all of these monthly expenses on a sheet of paper, with a line for each type of expense. At the bottom of the column, total it all up. This is your basic monthly "nut" that you have to cover with your income.

Then also make a list of all your income sources over the course of a month. Include your take-home pay and any other payments you may get each month (such as child support, per cap, alimony, disability payment, a second job, etc.). Put these on a sheet of paper, too, and total them up. Hopefully, when you compare the two totals, you'll find that you have more income than you have in basic expenses. Any extra income is generally "discretionary," which means it's your choice how you spend the extra each month. It could go toward your savings account (which I highly recommend), or toward entertainment or other stuff you want for you or your family, such as clothes, furniture, a night on the town, etc.

If you find that you have more expenses than income, then you need to take some drastic steps. The best approach is to see where you can cut some expenses, like eating out or going to the movies. After all, the idea behind a budget is to make sure your expenses are less than your income. This allows you to start building up some savings and have more discretionary income to spend or save as you see fit.

If this is your case, take a hard look at where

you spend your money – primarily your discretionary spending. Do you really need a double mocha latte at Starbucks every morning, or would a regular cup of coffee at home be just fine? Are you spending too much money on "impulse items" that you really don't want or need? Do you truly need a famous brand item if a less-expensive generic item would be OK? Are there ways to cut back on your basic expenses too? A better rate on your insurance policies or even your rent, perhaps, or can you substitute generic medicines for brand names?

Little expenses, over the course of a month, can really add up. Try to pay close attention to where you are spending your money, and always have the idea in your head that you want to cut or reduce unnecessary spending. Get a handle on what your real "needs" are and take care of them first, before your simple "wants." That will help you begin to get your expenses in line with your income.

One online resource that you can use to start budgeting can be found at this link: <http://mappingyourfuture.org/money/budgetcalculator.htm>.

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation. For more information, visit www.firstnations.org. To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.

For more information on financial wellness including free credit pulls and review, budgeting, credit coaching, and savings plans please call Hope at Sequoyah Fund, 359-5005 or email: hopehuskey@sequoyahfund.org.

theonefeather.com

Thank you from the family of Lena Y. Hornbuckle

We would like to extend our thanks and gratitude to anyone who attended the wake or funeral, sent flowers or food, sang or simply said a prayer for us all. Crisp Funeral Home, Cherokee Boys Club, Family Support, Big Y Free Labor, Reverends Red Bradley, Bo Parris and Dan Lambert. The Shades of Red drum group. The ladies of Wrights Creek Baptist Church and also Donna Teesateskie for the wonderful food. If anyone was left out it was not intentional.

We know she loved the beautiful services. She was a kind, big hearted woman who took pride in herself and loved her kids and all her grandkids. She loved flowers, hanging baskets and collected hummingbirds. She was a great cook and believed in Cherokee traditions which she passed down to her children. We will all miss her dearly and know she is in the arms of the Lord.

Love,

**Molly, Will, Babe, Bootie, Poochie and
Richard. Also her brother George**

Belated heartfelt thank you from the Randy Oocumma family

First of all, we thank GOD for allowing us to have had Randy in our lives. We sincerely appreciate each and every one of you for your comforting words, your prayers and all of your thoughtful deeds shown to us during the loss of our dear loved one. This is a very difficult time for us as we

try to get some kind of understanding.

We would like to thank and recognize each individual who helped us in any way but there are too many to list and we don't want to leave anyone out.

We want to thank the following for their kindness and care shown to us: A special thank you to our family members who were at our side tirelessly. You are all loved and very much appreciated. Thank you to everyone who prepared and brought food, your calls of concern, and those who sent beautiful flowers and your cards of sympathy. Thank you to the ones who traveled miles to be with us. Thank you to those who took time to spend with us and continued to check on us.

We want to thank Rev. Bo Parris and Rev. Greg Morgan for your comforting words, prayers and visit with us in our home. Thank you to the Rock Springs Church for the use of their church and fellowship hall. Thank you to the Longhouse Funeral Home for your kindness, comforting words and professionalism.

Thank you to the Cherokee Police Department for the escort. A big thank you to the Wolfstown Free Labor for their hard work in preparing the grave. Thank you to all of the singers who sang their beautiful songs. Thank you to Family Services for your assistance. A special thank you to all of the employees and friends at Cherokee Bingo. His bingo family gave him hope. You meant so much to him.

We extend a special thank you to the Pall Bearers who did not hesitate to carry Randy to his resting place: Stan, Beau, Max, Bumper, Goon, Greg and Chino. Each of you he considered a friend and you meant so much to him.

All of you have been a blessing to us. We are

humbled by your love and support. You will always be in our hearts. Please continue to keep us in your thoughts and prayers.

God Bless You All,

The family of Randy Oocumma

Thank you

The Martha Ross family would like to thank the following for the thoughts, prayers, food and singing during the loss of our loved one: The wonderful staff at Tsali Care and all family and friends. Charles, Ray Ball, Michelle and Agnes Wolfe, Eva Reed, Vicki Medford, Mianna Luther, Big Cove Free Labor, Juanita & Rachel Harris and Qualla Arts & Crafts. For bringing food: Maddie Welch, Donna Welch, Vanessa Welch, Kerri Jachim, LeaAnn Panther, Shirley West, Lucille Lossiah, Sadie Bradley, Elnora Nations, Ike Sequoyah, Sharyn Panther, Darlene Ledford, Straight Fork Ladies, Joe Wolfe and Marion Ormond. For singing: Ray Kinsland Group, Lloyd Wolfe Group, Old Antioch Choir, Yellowhill Choir, Rock Springs Church Choir, Land & David Smoker, Cancer Support Group Choir, Alfred and Maybelle Welch, Gail & Garfield Long. Also, the Long House Funeral Home staff. A special thanks to Sarah, Earl & Clint and Bruce Martin, Jr., and Perry Shell. There were so many friends and family by our side. If we forgot anyone please forgive us. God bless,

The family of Martha Ross



1st Dental Visit by 1st Birthday

CIHA Dental Clinic 497-9163
Sponsored by EBCI Children's Dental Program

Cherokee Churches

SUBMIT NEW LISTINGS OR CHANGES TO SCOTMCKIE@NC-CHEROKEE.COM.

Acquoni Baptist Church. 722 Acquoni Road. 497-7106. Sunday School 10am. Sunday Morning Worship 11am. Sunday Choir Practice 6pm. Sunday Evening Worship 7pm. Monday Visitation and Singing 6pm. Wednesday Prayer Meeting 6pm.

Pastor Ed Kilgore 497-6521 (h)

Antioch Baptist Church. Coopers Creek Road. Sunday School 10am. Sunday Service 11am. Sunday Night Service 6pm. Wednesday Night Bible Study 7pm. Pastor Danny Lambert

Beacon of Hope Baptist Church. Sunday Worship 11am. Wednesday Service 7pm. Pastor Wesley Stephens (828) 226-4491

Bethabara Baptist Church. 1088 Birdtown Road. Sunday School 10am. Sunday Service 11am and 7pm. Wednesday Service 7pm. Youth Meeting Wednesday 7pm. Pastor Eddie Sherrill 497-7770

Big Cove Missionary Baptist Church. 6183 Big Cove Road. Sunday School 10am with a Cherokee Language class for adults. Sunday

Morning Worship 11am. Sunday Evening Worship 6pm. Wednesday Prayer Service 7pm. Monthly Business Meeting is first Wednesday 7pm. Pastor James "Bo" Parris 497-4141

Big Cove Pentecostal Holiness Church.

7710 Big Cove Road. Sunday School 10am. Sunday Worship Service 11am. Wednesday Night Service 7pm. Pastor Doris McMillan 497-4220

Calico Church of Christ. Big Cove Community. Contact information Sallie Bradley 497-6549

Cherokee Baptist Church. 812 Tsalagi Road. Sunday School 9:45am. Sunday Worship 11am. Sunday Evening Worship 6pm. Youth Classes Wednesday 6:30pm. Wednesday Worship 6:30pm. Supper is provided at 5:30 each Wednesday evening in the Fellowship Hall. Pastor Percy Cunningham 497-2761, 497-3799 (fax)


Cherokee Bible Church. Olivet Church Road. Sunday Service 10am. Wednesday Service 7pm. Pastor Randy Miller 497-2286

Cherokee Church of Christ. 2350 Old Mission Road and Hwy. 19. Sunday Bible Study 10am. Sunday Worship 11am. Sunday Evening Worship 6pm. Wednesday Bible Study 6pm. Minister Jim Sexton 497-3334

Cherokee Church of God. 21 Church of God Drive. Sunday School 10am. Sunday Worship Service 11am. Sunday Night Service 6pm. Wednesday Night Service 7pm. Pastor Charles Griffin (828) 400-9753

Cherokee Church of the Nazarene. 72 Old School Loop off Big Cove Road. Sunday Morning Service 11am. Continental Breakfast served Sunday 10:30am. Sunday Evening Prayer Service 6pm. Wednesday Bible Study 7pm. Food and Clothing Ministry M-Th 4-8pm. Pastors Lester and Lisa Hardesty 497-2819

Cherokee Healing Waters Mission. New Hours Tuesday night Bible Study 7pm, Pastor Tony Bernhisel 497-2122, Tony11110@frontier.com



In Loving Memory of
Tom Bradley
HAPPY BIRTHDAY!
3/3/1989-8/31/2011

"Just to let you know How Much We Really Do Miss You"
Tom, just to let you know,
We always think of you, as a daredevil in the snow
Especially, when you would be with your Uncle Jim.
We have a lot of precious memories of you on some film.

We still have that piercing pain in our hearts,
Since you left us, as it tore us into parts.
That piercing pain has not eased with time at all.
But, when you were still here, we always had such a ball.

Sometimes we feel like we just can't cope.
And then a precious memory of you, always sends us some hope.
We know your spirit is always here,
And that's what helps us to dry a tear.

Tom, just to let you know,
How much we really do miss you!

We know you are having one of the greatest birthdays,
The second one in heaven above.
We miss you every single day.

With love,
Dad & Mom (Eddie & Irene Bradley)

With so many jobs to choose from, we think you'll like the odds.

CASINO JOBS

Dual Rate Table Games Supervisor (shift varies) \$17.31-\$26.44

Part-time Security Officer (2nd & 3rd shift) \$10.50

Part-time Cage Cashier (2nd and 3rd shift) \$9.70

Sous Chef - Buffet (2nd shift) \$30,000-\$46,000

Temporary Gaming Host (shift varies) \$5.25 + tips

Part Time Cocktail Server (shift varies) \$5.95 + tips

Drop Count Staff (3rd shift) \$9.70

Cook (shift varies) \$9.00

Part-time Food & Beverage Cashier (shift varies) \$9.01

**Harrah's
CHEROKEE**
CASINO RESORT

Find your new career at caesars.com

We are located at 777 Casino Drive. Applicants can park on level 1 in the new garage.

If you have already submitted your application, it will be considered active for 6 months from the date of application. To qualify, applicants must be 21 years or older (18-21 years eligible for non-gaming positions), must successfully pass an RIAH hair/drug test and undergo an investigation by Tribal Gaming Commission. Preference for Tribal members. This property is owned by the Eastern Band of the Cherokee Nation, managed by Caesars Entertainment. The Human Resources Department accepts applications Mon. thru Thur., from 10 am - 3 pm. Call 828.497.8778, or send resume to Human Resources Department, 777 Casino Drive, Cherokee, NC 28719 or fax resume to 828.497.8540.

Cherokee Pentecostal Holiness Church. 135 Long Branch Road. Wednesday night, 7pm; Sunday school, 10am; Sunday worship service, 11am; Sunday night service, 6pm., Pastor Donald Ensley 497-5829

Cherokee United Methodist Church. Hwy 19 – Soco Road. Sunday Worship Service 11am. Wednesday night family night starting with dinner at 6pm then Bible classes for all ages. Pastor John Ferree (336) 309-1016, www.cherokeemission.org

Cherokee Wesleyan Church. Hwy 19 across from Happy Holiday Campground. Sunday School 10am. Sunday Worship 11am, followed by Fellowship Dinner second Sunday of each month. Sunday Evening Kids Club 5pm. Wednesday Prayer meeting 6pm (except third Wednesday of Month at Tsali Care 6:30pm). Rev. Patricia Crockett 586-5453

Christ Fellowship Church. Great Smokies Center. Sunday Service 11am. Wednesday Service 6:30pm. Pastor Richard Sneed 736-8912

Church of Jesus Christ of Latter Day Saints. Hwy 441S. Sacrament Service 10am. Wednesday Meetings 6:30pm. 497-7651

Ela Missionary Baptist Church. Hwy 19 South. Sunday school 10am, Sunday worship 11am, Sunday evening worship 7pm, Wednesday evening worship 7pm. All visitors welcome. Pastor Larry W. Foster

Goose Creek Baptist Church. Sunday School – 10am, Sunday Worship Service 11am, Sunday Evening Services 6pm. Pastor – Bro. James Gunter

Living Waters Lutheran Church. 30 Locust Road. Sunday Service 11am. Pastor Jack Russell

497-3730, prjack@frontier.com, lwcherokee@frontier.com

Macedonia Baptist Church. 1181 Wolfstown Rd. Sunday School 10am, Sunday Morning Worship 11am, Sunday Evening Worship 6pm, Wednesday Evening Bible Study 7pm. Pastor Bro. Dan Conseen, 828-508-2629 dconseen@gmail.com

Olivet United Methodist Church. 811 Olivet Church Road. Sunday School 9am. Sunday Service 9:45am. Rev. John Ferree, www.gbgm-umc.org/olivetumnc-whittier/

Our Lady of Guadalupe Catholic Church. 82 Lambert Branch Road. Sunday Mass 9am. Sunday Spanish Mass 4pm. Pastor Shawn O'Neal 497-9755 or 497-9498

Piney Grove Baptist Church. Grassy Branch Road. 736-7850. Sunday School 10am. Sunday Worship Service 11am. Sunday Evening Service 6pm. Wednesday Worship 6pm.

Potter's House of Prayer. Inez Welch Residence on Adams Creek. Sundays at 9:30am and 6pm, Wednesdays at 6pm. Preacher: William Cornwell. Everyone welcome. Come as you are. Info: William 736-6925, Charlene Cornwell 736-2232 or Deacon John Biddix

Rock Hill Baptist Church. 736-6334. Sunday Services 11am. Thursday Bible Study 7pm. Pastor Red Woodard (828) 356-7312

Rock Springs Baptist Church. 129 Old Gap Road. Sunday School 10am. Sunday Service 11am and 6:30pm. Wednesday Service 6:30pm. Pastor Greg Morgan 497-6258, 736-1245 (cell)

Sequoyah Sovereign Grace Church. 3755 Big Cove Road. Sunday School 10:15am. Sunday Service 11am. Sunday Evening Service 1pm. Wednesday Night Bible Study 7pm. Pastor Tim James 497-7644

St. Francis of Assisi Episcopal Church of Cherokee. 82 Old River Road. Holy Communion Sunday 9:30am. Rev. Dr. Norma H. Hanson (828) 277-7399

Straight Fork Baptist Church. Big Cove Loop. Sunday school 10am. Sunday morning worship 11am. Sunday evening worship 6pm. Wednesday night prayer service 7pm. Youth group meetings also. Pastor Charles Ray Ball 488-3974

Waterfalls Baptist Church. Wrights Creek Road. Sunday Morning 10am. Sunday Evening 6pm. Wednesday Evening 6:30pm. Pastor James "Red" Bradley

Wilmot Baptist Church. Thomas Valley Road. Sunday school: 10am, Worship: 11am, Sunday night worship: 6pm, Wednesday prayer service: 7pm, every other Thursday night (Youth night) singing, bible study and crafts: 6pm. Pastor: Johnny Ray Davis

Wrights Creek Baptist Church. Wrights Creek Rd. Sunday School 10am. Sunday Worship Service 11am. Sunday Evening Service 6pm. Wednesday Night Bible Study 6pm. Visitors welcome. Pastor Dan Lambert.

Yellowhill Baptist Church. Sunday School 9:45am. Sunday Worship Service 11am. Sunday Evening Service 6pm. Wednesday Night Service 7pm. Pastor Foreman Bradley 506-0123 or 736-4872

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twitter 

Clubs/Organizations

SUBMIT NEW LISTINGS OR CHANGES TO SCOTMCKIE@NC-CHEROKEE.COM.

Big Y Community Club meets the second Tuesday of each month at 6pm at the Big Y Community Building.

Birdtown Community Club meets the last Tuesday of each month at 6pm at the Birdtown Community Building. To reserve the building for your special occasion, call Charlene Owle, secretary, 788-3723 (\$50 fee with \$20 key deposit). Info: Jeanne Crowe Lira, chairwoman, 736-2017

The Cherokee Cancer Support Group is a non-profit organization assisting cancer patients and care-givers on the Boundary, indiscriminately. Their objective is to support, educate and provide individual services as needed. The support group meets the first Thursday of each month at 5:30pm at SAFE HAVEN, 40 Goose Creek Rd. SAFE HAVEN is staffed from 10am – 2pm on Tuesdays and Wednesdays. Appointments can be made for additional assistance. Personal fittings can be arranged during these times as well. Info: 497-0788, email: cherokeeCSG@gmail.com, P.O. Box 22220, Cherokee.

Cherokee Children's Coalition meets the last Thursday of each month at 11am at the Agelink School Age Conference Room.

The Cherokee Runners meet on the 1st and 15th of each month at 7pm at the Age Link Con-

ference Room. If those dates happen to fall on a Sunday, they will meet the following day. Info: Gerri Grady gerrgrady@yahoo.com or visit www.cherokee.runners.com

Cherokee Speakers Gathering is normally held on the fourth Thursday of every month. All Cherokee speakers and Cherokee Language learners are welcome to enjoy a potluck dinner and an evening of fellowship in the Cherokee language. These events are sponsored by the Kituwah Preservation & Education Program and, in part, by the Cherokee Preservation Foundation. Info: Billie Jo Rich 554-6404 or bjrich@nc-choke-kee.com

Girl Scout Carolinas Peaks to Piedmont. Serving girls in Clay, Cherokee, Graham, Jackson, Macon, Swain Counties and the Qualla Boundary. This program is for girls in grades K-12. Info: Karen Bartlett, membership manager, 488-6537 or KBartlett@GirlScoutsP2P.org

The North American Indian Women's Association (NAIWA) Cherokee Chapter meets the second Thursday of each month at 6pm at the Birdtown Recreation Center. Info: Carmaleta Monteith, chapter treasurer, Carmaleta@msn.com

Paint Town Community Club meets the last Monday of each month at 5:30pm at the Commu-

nity Building. Info: 497-3731, ChairPTCC@gmail.com

Solid Rock Outreach. Monday -Closed; Tuesday - 9am-3pm Food Boxes Available; Wednesday - 9am-3pm Food Boxes Available; Thursday - 9am-3pm Food Boxes Available; Saturday - 9am-1pm Food Distribution

Snowbird Community Club meets the first Tuesday of each month or the Tuesday before the Tribal Council meeting. Info: Roger Smoker, chairman, (828) 479-8678 or (828) 735-2533, smoker7@frontier.com

Wolftown Community Club meets the second Monday of each month at 7pm at the Wolftown Community Club Building. Info: Tuff Jackson, chairman, 788-4088

Yellowhill Community meetings. First Tuesday of every month unless it's a holiday. If anybody would like to teach an art or craft call Reuben at 497-2043 to be scheduled.

Yellowhill Judo Club meets every Tuesday and Thursday from 6:30-8pm at the old Cherokee High School weight room. Classes are free. Info: Will Lambert 736-1600



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Cherokee One Feather, P.O. Box 501, Cherokee, NC 28719

Obituaries

Lena Yvonne (Winky) Hornbuckle

Lena Yvonne Hornbuckle (Winky), 59, of the Big Y Community went home to be with the Lord Sunday, Feb. 24, 2013 in a Buncombe County Hospital. A native of Cherokee, she was the daughter of the late William and Annie Mae Armachain Hornbuckle. She was a member of Water Falls Baptist Church. She was preceded in death by the father of her children, Abraham Driver; two brothers, Ed and Merve Hornbuckle and one sister, Rose Valentine.

She is survived by a special companion, Richard Smoker of Cherokee; four daughters, Molly Hornbuckle and husband Chad George of Cherokee, Rachel Sneed and husband Gary of Cherokee, Rose Mary Sneed and husband Bob of Waynesville, Diana Sancak and husband Mehmet of Cherokee; one son, William Hornbuckle of Cherokee; one brother, George D. Hornbuckle, Sr. of Cherokee; 18 grandchildren; and three great grandchildren.

Funeral services were held at 1 p.m. on Wednesday, Feb. 27 at Wrights Creek Baptist Church. Revs. Dan Lambert, James (Bo) Parris, and James (Red) Bradley officiated with burial in the church cemetery.

Dakota (Sneed) Brewer

Dakota(Sneed) Brewer, 97, formerly of Asheville, NC passed away peacefully on Feb. 20, 2013 at the Cherokee Hospital in Cherokee.

She was born on September 22, 1915 in Cherokee and is an EBCI tribal member.

Dakota is preceded in death by her parents Manco and Rosebud Beck Sneed, as well as all of her siblings and her husband, Nathan Brewer, who died in 1988.

Dakota attended the Haskell Institute in Lawrence, KS. She was a registered nurse graduating from the Mercy Hospital School of Nursing in Washington, DC with her nursing career spanning more than 40 years. She also belonged to many professional organizations.

Left to honor her memory are her daughter, Lynn Brewer Humphreys and husband William Preston Humphreys III of Conroe, Texas; granddaughter, Natalie Humphreys Hudson and husband John Peter Hudson Jr. of Austin, Texas; Grandson, William Preston Humphreys IV and wife Kristina Bell Humphreys of Charlotte; Great grandchildren, John Peter Hudson III, Alice Dakota Hudson, Claire Kathleen Humphreys and William Preston Humphreys V.

Dakota was a resident of the Tsali Care Center, in Cherokee, for the past three years receiving excellent care from the compassionate staff. Also providing skilled care and comfort were the staff members of the Cherokee Indian Hospital during her stay at that facility.

The funeral service was held at the Cherokee Baptist Church on Feb. 23 and was officiated by Pastor Percy

Cunningham. An immediate burial followed the service in the Cam Sneed Cemetery located off Stillwell Branch Rd. in Cherokee with the staff of Long House Funeral Home acting as Pall Bearers.

Long House Funeral Home assisted the family with arrangements. To see an online obituary, send flowers or send condolences go to www.longhousefuneralhome.com

Horace Collins Cagle

Horace Collins Cagle, 67, went to be with the Lord on Monday, Feb. 25, 2013 at Mountain View Manor unexpectedly after an illness. He was a loving father, grandfather, and great grandfather. He worked as a heavy equipment operator all his adult life. Anytime you saw him he had a joke to tell.

He was the son of Inez Cagle and the late Lucius Collins Cagle. He was preceded in death by his brothers, Mark, John, Luke, Matthew, Roosevelt, Amos, LC and Grover Cagle and his sisters, Sallie Lee Stone and Hattie Mae Hagen.

Surviving in addition to his mother are his children's mother, Barbara Ammons of Cherokee; two daughters, Terri and husband Dean Bradley and Tammy Cagle and Joe Wilnoty all of Cherokee. Two sisters, Ann Rector and husband Carroll of Macon, Ga., Julie Ann Bradshaw of Charlotte. Grandchildren, Britnee Gibson, KaShayla, Chantele, NeKylie Lossiah, Rhiannon Hull, and Colton Littlejohn-Wilnoty all of Cherokee; and two great grandsons, Wyatt Caley and Kyrie Lossiah; and one

great granddaughter waiting on arrival in May; and several nieces and nephews.

Funeral services were held at 2 p.m. on Thursday, Feb. 28 in the chapel of Crisp Funeral Home. Revs. Eddie Stillwell and Furman Smith officiated with burial in Swain Memorial Park.

Pallbearers were Joe Wilnoty, Dean Bradley, Bob Bradley, Cory Wilnoty, Trevor Cagle, NeKylie Lossiah, and Greg Bradley.

Dwayne Bird

Dwayne Bird, 47, of the Yellowhill Community, went home to be with the Lord, Saturday, March 2, 2013 at the Cherokee Indian Hospital. A native of Swain County, he was the son of Darlene Ledford of Cherokee, and the late David Bird and also his step father James Ledford. He was also preceded in death by his grandparents, Minnie Feather and Jonah Feather.

In addition to his mother he is survived by a daughter, Sydney Bird of Cherokee; one brother Eddie Bird of Cherokee and two sisters Norma Craig, and Donna Welch both of Cherokee; two nephews, Eddie Bird and Dwayne Bird, and two nieces, Hannah Calhoun, and Stephanie Wildcatt.

Funeral Services were held at 2pm on Tuesday, March 5 at Aquoni Baptist Chapel. Revs. Ed Kilgore and Noah Crowe officiated with burial in the Feather Family Cemetery.

An online register is available at www.crispfuneralhome.org

Don't fall behind the herd...keep up to date at
theonefeather.com



Cherokee Trading Post

Classified ads are \$5 for 30 words

FOR SALE

HUGE CASH DISCOUNTS ON ALL SINGLEWIDES!!! CALL 667-2529. **UFN**

New 2 bedroom, 14 wide, only \$22355. Call now! Only one left! 667-2529. **UFN**

Last one! 14X80 3 bedroom, 2 bath, with upgrades. Save at only \$33055. Call now 667-2529. **UFN**

\$39,995 (cash price). New 3 bedroom, 2 bath doublewide. A must see! Call 667-2529. **UFN**

\$29082 for this new 3 bedroom, 2 bath home. Great floor plan. Call 667-2529. **UFN**

Why rent? Only \$28281 for this new 14X80 spacious 3 bedroom! Call now at 667-2529. **UFN**

New 14X80 Special 3 bedroom, 2 bath. Spacious! Only \$28281! Call while supplies last. 667-2529. **UFN**

Truck Accessories. Big Rims, Oversize Tires. Off Road Products, Leveling Kits, Diesel Upgrades. Huge Showroom! Anglin's in Otto (828) 349-4500 **UFN**

For Sale. 4 cabins in Big Cove. 1 mile from down town Cherokee (on the river). Call 507-4936 for more information. **3/28pd**

For sale. Like new portable GE dishwasher. Paid a little over \$600 asking \$300. For more information call (828) 557-1539. **3/7pd**

Truck Accessories. Huge Showroom! Anglin's in Otto (828) 349-4500. **3/7**

FOR RENT

House for rent. 3 bedroom/2 full bath house; gas fireplace and furnace; dishwasher, fridge and stove included; paved driveway, w/d connection. Birdtown area. \$650/month plus deposit, \$25 application fee and references. Call 778-2959 for more information. **3/7pd**

For rent. 2 bedroom trailer. Serious inquiries only! No pets, no drugs. Call 497-7350 or 736-8654 for more information. **3/7pd**

For rent. Doublewide and singlewide mobile homes. All appliances. 5 minutes from Harrah's. \$650/month, \$500/deposit. Call (828) 736-1183 for more information. **3/28pd**

2br, 1 bath, mobile home. Quiet park in Ela. No pets. References/background check required. \$400/month, \$300/deposit. Call 488-8752 for more information. **4/4pd**

FREE

Free Puppies. Mixed breeds. Call 736-0255 and leave a message if interested. **3/7pd**

YARD SALES

Yard sale, indoor flea market. Friday, March 8 through Sunday, March 10. 9am-? Rain or shine, at 2717 Governor's Island Road. **3/7pd**

SERVICES

RV Parts and Service. General Maintenance to Major Repairs. Anglin's in Otto (828) 349-4500. **3/7**

Tax Preparation by Sandi – Can save you time and money. Monday thru Saturday 9am – 7pm. Located on Olivet Church Road. 828-497-4128. **4/11pd**

AVENUES COUNSELING. w/ Beth Farris, Licensed Professional Counselor and Licensed Clinical Addictions Specialist addressing Depression, Anxiety, Trauma, Addiction and Relationship issues. Welcomes discussing her holistic approach to finding truth and joy. Call 1-421-9855. **3/14pd**

Grab a One Feather for your job search



Read the *Cherokee One Feather* each week for full job listings on the Cherokee Indian Reservation.

One Feather deadline Monday at 12noon

EMPLOYMENT

Eastern Band of Cherokee Indians

For Deadlines and applications please **call 497-8131**. Indian Preference does apply A current job application must be submitted. Resumes will not be accepted in lieu of a Tribal application.



Positions Open

Closing March 08, 2013

1. Equipment Operator-QHA (\$28,790-\$36,710)
2. Telecommunicator-Public Safety (\$23,740-\$30,280)
3. Senior Buyer-Finance (\$34,900-\$44,500)
4. Accounting Coordinator I-Finance (\$26,140-\$33,340)
5. Buyer (x4)-Finance (\$28,790-\$36,710)
6. Finance Clerk-Finance (\$18,140-\$22,680)
7. Utility Worker-Sanitation (\$18,140-\$22,680)
8. Water Dept. Assistant Manager-Water & Sewer (\$42,300-\$53,930)
9. Utility Worker-Recycling (\$18,140-\$22,680)
10. Housekeeper II-Housekeeping (\$19,980-\$24,980)
11. Temp. Maintenance Utility Worker (x3)-Facility Mgmt (\$19,980-\$24,980)
12. Carpenter Helper-Facility Mgmt (\$16,480-\$20,600)
13. Accounting Coordinator I-Finance (\$26,140-\$33,340)

Closing March 15, 2013

1. Billing & Collections Specialist-Finance (\$34,900-\$44,500)

Open Until Filled

1. EMT-P (Part-time) – EMS
2. Teacher- Tribal Child Care
3. Teacher Assistant- Tribal Child Care

Health & Medical Positions

1. C.N.A-Tsali Care Center
2. RN-Tsali Care Center
3. LPN-Tsali Care Center
4. Cook Supervisor-Tsali Care Center
5. Assistant Cook-Tsali Care Center
6. Housekeeper-Tsali Care Center

Download Applications/Job Descriptions at the following website!
<http://www.nc-cherokee.com/humanresources/employment/jobopportunities>

Cherokee Central Schools Position Opening:

Women's Soccer -Head Coach, 5 yrs. Coaching Experience required.
 Food Service Worker, 6 hour position-High School diploma required
 Log onto: cherokeecentral.sharpschool.com
 Opened till filled. **3/7**

Panther Creek Cabins looking for a General Maintenance Person.

Needed to landscape, paint, run chainsaw, minor electric and building repairs and public relations. Call between 9am to 5pm at 828)226-2379.
3/7pd

Now Hiring: Cherokee Historical Association is looking to hire a Seasonal Manager for the Oconaluftee Indian Village 2013 Season.

This position requires a person who is diligent, dependable, and possesses strong leadership skills. Applicants can pick up a job description and application at the CHA main office, resumes are a plus.

Guidelines:

- Be an enrolled member of a federally recognized tribe.
- Be available to begin work in mid-March through October.
- Be willing to work weekends and holidays.
- Must make it through the interview process.
- Must have manager experience.
- Associate's Degree required.
- Must have knowledge of the Eastern Band of Cherokee Indians culture and about the culturally based tourism industry.
- Must be able to work with individuals and groups alike.
- Requires the ability to coordinate activities and events, market and promote, communicate effectively, both verbally and in writing.

3/7

EASTERN BAND OF CHEROKEE INDIANS KITUWAH PRESERVATION & EDUCATION PROGRAM

Is seeking resumes for contract work for the following: Recording audio "English version" for the Cherokee language translation version of Charlotte's web.

Qualifications:

- Must have good vocal skills
 - Experience working in recording studio required
- (an interview with interested persons will be conducted and recording sample taken)

Please submit resumes and or cost proposals to

Renissa McLaughlin, Manager

Kituwah Preservation & Education Program

PO Box 438 – Cherokee, NC 28719

Or email: renimcla@nc-cherokee.com

3/7

JOB ANNOUNCEMENT CHEROKEE BOYS CLUB

TEMPORARY HEAD PARKER

UNTO THESE HILLS - SHUTTLE/PARKING SERVICE

ORGANIZATION: Cherokee Boys Club, P. O. Box 507, Cherokee, NC 28719;
 (52 Boys Club Loop)

Department: Bus and Truck Department

Opening Date: March 4, 2013

Closing Date: March 18, 2013

REQUIREMENTS:

Education: High School diploma or GED; related experience or training is necessary

Other: Must possess a valid North Carolina Driver's License; must have good supervisory skills

A job description and application can be picked up from Receptionist at the Information Window of the Boys Club between the hours of 8:00 a.m. and 4:30 p.m., Monday through Friday. For more information call 828-497-9101.

The selected applicant must submit to a pre-employment drug screen and local, state, and federal civil and criminal background and sexual offender screens (if required).

Indian Preference does apply in the filling of this position. If claiming Indian Preference, applicant must submit the appropriate certificate. **3/14**

EMPLOYMENT

Oconaluftee Indian Village

Positions available: Tour Guides-Greeters/Craft Workers/ Historical Reenactors

The Oconaluftee Indian Village is seeking workers for the 2013 season (May 1-October 19). We are looking for people willing to educate the public about Cherokee history and culture in fun, exciting ways. We need applicants who take pride in Cherokee culture and possess good work ethics. Applications and job descriptions can be picked at the front office. For information please call Michael Lambert at 497-2111 ext. 215.

Guidelines:

- Be an enrolled member of a federally recognized tribe (Except specific historical reenactment roles).
- Must be able to show up at 8:45am and work until 5:00pm when required.
- Needs to be dressed in OIV clothing and ready to go at 9am.
- Age requirement: 16yrs or older (except for Mentoring Program).
- Be willing to work weekends and holidays.
- Must make it through the interview process if selected.

3/28

Seasonal Grounds / Maintenance Workers Needed

We are looking for seasonal workers to assist with the upkeep and maintenance of our facilities from April through October. Duties include grass and trail maintenance, some janitorial, as well as regular labor as needed. Employees should be prepared to work from 8am-5pm, and on Weekends. These are seasonal full-time positions. Pay range is \$8.00-\$8.50/hr. For an application or answers to questions please visit the Cherokee Historical Association at 564 Tsali Boulevard (beside Museum) or call Chris at 828.497.2111 ext. 213. **3/14**

Seasonal Janitorial Worker Needed

We are looking for a seasonal worker to assist with the upkeep and maintenance of our facilities from April through October. Duties include cleaning facilities and managing disposal of materials, as well as regular labor as needed. Employees should be prepared to work from 8am-5pm, and on Weekends. This is a seasonal full-time position. Pay range is \$8.00-\$8.50/hr. For an application or answers to questions please visit the Cherokee Historical Association at 564 Tsali Boulevard (beside Museum) or call Chris at 828.497.2111 ext. 213. **3/14**

Seasonal Concession/Retail/Box Office Workers Needed

We are looking for seasonal workers to assist with the sales and operations of our Oconaluftee Indian Village from April through October. Duties include ticket sales, retail craft shop sales, and concession cooking and sales. Employees should be prepared to work from 8am-5pm, and on Saturdays. These are seasonal full-time positions. Pay range is \$8.00-\$8.50/hr. For an application or answers to questions please visit the Cherokee Historical Association at 564 Tsali Boulevard (beside Museum) or call Chris at 828.497.2111 ext. 213. **3/14**

THE CHEROKEE INDIAN HOSPITAL AUTHORITY has the following job available: FT CERTIFIED MEDICAL CODER, FT RN/OPD & FT FOOD SERVICE WORKER. Anyone interested should pick up an application and position description from Teresa Carvalho at the Cherokee Indian hospital Human Resources Office between the hours of 8:00am – 4:00pm Monday –Friday. This position will March 8, 2013 @ 4pm. Indian preference does apply and a current job application must be submitted. Resumes will not be accepted in lieu of CIHA application. **3/7**

Western Carolina University is seeking qualified individuals for the following positions:

- Adjunct & Instructor – various depts.
- Distinguished Professor Entrepreneurship (132736)
- Distinguished Professor Ed Leadership (0478)
- Distinguished Professor Human Services (1703)
- Distinguished Professor Social Work (130241)
- Chemistry & Physics (120572)
- Lecturer, Forensic Anthropology (0548)

Asst or Assoc Professor for the following:

- Animal Biology (1203)
- Anthropology & Sociology (1353)
- Broadcasting (1291)
- Chemistry & Physics (1006)
- Comm Sci (131841)(131843)
- Comparative Politics (1486)
- English (0497)
- Engineering & Tech (0607)(0164)
- Entrepreneurship (132737)
- Health, P.E. & Rec (131845)
- History (131842)
- Human Resources (1508)
- Human Services/MSA & PMC-PSL (1384)
- Librarian – Metadata (2949)
- Management (1434)
- Modern Foreign Languages (0171)
- Natural Resource Conservation (0723)
- Nursing (4285) (4760)
- Physical Therapy (131840)
- Public Relations (1725)
- Psychology (1180)
- Social Work (131839)
- TESOL (4757)
- Vice Chancellor for Intn'l & Ext Programs (2425)
- Vice Chancellor for Student Success (0313)

Chief of Staff (0002)

Counselor/Psychologist (5300)

Dean of Health & Human Sciences (1891)

Dir, Academic Resources (0414)

Dir, Counseling & Psych Svc (0279)

Dir, Intensive English (0178)

University Supervisor

Please go to jobs.wcu.edu for details and to apply online. AA/EOE. **3/7**

www.theonefeather.com

REALTY

Proposed Land Transfers

Dennis Allen Hornbuckle to Dennis Christopher Hornbuckle, Wolfetown Community Parcel No. 277-A (Part of Parcel No. 277), containing 0.178 acres, more or less.

Dennis Allen Hornbuckle to Dennis Christopher Hornbuckle, Wolfetown Community Parcel No. 1449-A (Part of Parcel No. 1449), containing 0.245 acres, more or less.

Dennis Allen Hornbuckle to Dennis Christopher Hornbuckle, Wolfetown Community Parcel No. 1449-B (1st remainder of Parcel No. 1449), containing 0.762 acres, more or less.

Ray Leonard Stamper, Jr to Lynsey Raquel Stamper, Wolfetown Community Parcel No. 387-Q (Part of Parcel No. 387-I), containing 0.353 acres, more or less.

Eastern Band of Cherokee Indians to Rozina Marie Cruz Hendrix, Wolfetown Community Parcel No. 1459-K (Remainder #8 of Parcel No. 1459), containing 0.160 acres, more or less, together with all improvements located thereon.

Keri Philana Smoker to Maria Queen Smith, Cherokee County Parcel No. 182 (Part of the Henson Donation Tract), containing 1.022 acres, more or less.

Kathleen Wildcat to Curtis Lee Wildcatt, Birdtown Community Parcel No. 463-W (Part of Parcel No. 463-UA), containing 1.000 acre, more or less.

Snowbird Community

The following is a list of tribal members that have documents to sign in the BIA Realty Office. These are land transfers from both Tribal Members and the Eastern Band by Resolution.

Claude Larry Blythe, Jonah Brown, Leverne Brown, William Allen Brown, *Casey Lynn Carpenter, Sasha Darlene Jumper Castillo, Alan Chekelelee, Mitchell David Crowe, Joyce Lynn Smoker Gregory, Doyle Joseph Grindstaff, Tracy Teesateskie Hemphill, Kathleen Brown Holloway, Linda Kay Adkins Hyde, Justin Stuart Jackson, Maureen Jumper Jackson, Wanda Lee Jackson, *Kathy Garrett Johnson, *Tony Anthony Johnson, James Anthony Jones, Sonya Rena Ledford, Stanley Ray Ledford, Hattie Bird Owl, Sandra Leigh Ledford Robbins, Allen Paul Rose, *Sherry Ann Smoker, Dennis Frederick Teesateskie, Timothy Kirk Teesateskie, Gail Marie Wachacha, Shalana Marie Wachacha, Allen Russell Walkingstick, Christine Ledford Walkingstick, Sheena Roxana Walkingstick, Glenn Elliot Welch, Jr., Shane George Welch, Darin Edward Williams

BIDS, RFPs, etc.

Advertisement for Bids

Flinto, LLC has been selected as Construction Manager/General Contractor (CM/GC) for the following project:

Cherokee Justice Facility

Eastern Band Cherokee Indians

Cherokee, NC

Bid manuals and CDs (containing drawings and specifications) will be made available to all prequalified subcontractors for the following bid items. Bid packets are available by contacting Griffin Hall. Potential subcontractors will be required to have completed and returned prequalification packets prior to any bids being received from that contractor. Other bid items will be prequalified/bid at a later date.

Package "A": Bid Item #1-Masonry

Bid Item #2-Structural Steel

Bid Item #3-Fire Protection

Bid Item #4-Mechanical

Bid Item #5-Plumbing

Bid Item #6-Electrical

Bid Item #7-Detention Equipment

Bid Item #8-Security Electronics Integrators/Installers

Bid Item #9-Cast in Place Concrete/Site Concrete

Bids Will Be Received At: Flintco, LLC

91 Oliver Smith Place, Cherokee, NC 28719

Bids Due: 4:00PM EST

On: Thursday, March 14, 2013

Construction Manager: Flintco, LLC, 2179 Hillshire Circle, Memphis, TN 38133, Contact: Griffin Hall

3/14

**One Feather
deadline
Monday at 12noon**

**Don't fall behind the herd...keep up to date at
theonefeather.com**



LEGALS

NOTICE OF SERVICE OF PROCESS BY PUBLICATION

STATE OF NORTH CAROLINA
JACKSON COUNTY
IN THE GENERAL COURT OF JUSTICE
DISTRICT COURT DIVISION
IN THE MATTER OF AHNIAH KAWONI DALEANA BIRD
FILE NO. 11-JT-65

TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows:

TERMINATION OF YOUR PARENTAL RIGHTS TO THE JUVENILE, AHNIAH KAWONI DALEANA BIRD

Filed December 19, 2012 in the District Court in Jackson County, North Carolina

TO: APRIL NATIONS AND NICHOLAS DANIEL BIRD, PARENTS OF A FEMALE JUVENILE, AHNIAH KAWONI DALEANA BIRD, BORN DECEMBER 24, 2011 IN JACKSON COUNTY, NORTH CAROLINA, RESPONDENTS.

You are required to make a defense to such pleading no later than April 9, 2013 and upon your failure to do so, the Petitioner, the Jackson County Department of Social Services, seeking service against you, will apply to the Court for an order terminating your parental rights. Your parental rights to the Juvenile will be terminated if you fail to make a defense.

You are summoned and notified to answer the petition filed herein to terminate your parental rights to the child named above. Any written answer to the petition must be filed within forty (40) days after the first date this notice is published. A copy of your answer must be served on the Petitioner, the Jackson County Department of Social Services, or their attorney named below.

The Court will conduct a hearing to determine whether one or more of the grounds alleged in the petition for terminating parental rights exist. If the Court finds that one or more grounds exist, the Court will proceed at that hearing or at a later hearing to determine whether parental rights should be terminated. Notice of the date, time and location of the hearing will be mailed to you by the Petitioner after you file an answer or after service of the petition by legal publication, if your mailing address is known to the Petitioner.

If you do not file a written answer to the petition filed herein, with the Clerk of Superior Court within 40 days after the first date this notice is published, the Court may terminate your parental rights.

You have the right to be represented by a lawyer in this case. If you want a lawyer and cannot afford one, the Court will appoint a lawyer for you. If you are represented by a lawyer appointed previously in an abuse, neglect or dependency case, that lawyer will continue to represent you unless the Court orders otherwise. If you are not represented by a lawyer and want a court appointed lawyer, you are encouraged to contact immediately the following lawyer, who has been temporarily assigned to represent you. At the first hearing, the Court will determine whether you qualify for a court-appointed lawyer. If you do not qualify, the lawyer named below will be released. (NOTE: If a lawyer is appointed for you and if the Court terminates your parental rights, you may become liable for repayment of the lawyer's fees, and a judgment in the amount of the fees may be entered against you.)

You are entitled to attend any hearing affecting your parental rights. As described above, the Petitioner will mail you notice of the date, time and loca-

tion of the hearing, if your mailing address is known to the Petitioner.

Name and Address of April Nations' Lawyer: Graham Duls, PO Box 187, Sylva, NC 28778, Telephone: 828-586-4010

Name and Address of Nicholas Daniel Bird's Lawyer: Jeff Goss, PO Box 965, Sylva, NC 28779, Telephone: 828-586-3131

This the 28th day of February, 2013.

Mary G. Holliday
Attorney for Petitioner
Jackson County Department of Social Services
PO Box 597
Webster, North Carolina 28788
(828) 631-0346
NC Bar No. 14004
3/21pd

Eastern Band of Cherokee Indians
Cherokee, North Carolina
Estate File No. 13-014
In the Matter of the Estate of
Randolph Scott Pheasant

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the fate listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: May 28, 2013
Randallena Pheasant
PO BOX 604
Cherokee, NC 28719
3/21pd

Eastern Band of Cherokee Indians
Cherokee, North Carolina
Estate File No. 13-011
In the Matter of the Estate of
David Norman Hardin

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the fate listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: May 14, 2013
Norma Rae Hardin Taylor
PO BOX 353
Whittier, NC 28789
3/7pd

One Feather deadline
Monday at 12noon

LEGALS

CHEROKEE COURT
EASTERN BAND OF CHEROKEE INDIANS
CHEROKEE, NORTH CAROLINA
FILE NO: CW 13-114

Tina Marie McMinn Davis
Plaintiff,
VS
Waylon Dewight Davis AKA Bud Davis
Defendant

COMPLAINT FOR ABSOLUTE DIVORCE

Comes Now the Plaintiff, complaining of the Defendant, by alleging and saying:

1. The Plaintiff is a resident of Jackson County, North Carolina and is a first descendant of The Eastern Band of Cherokee Indians. She has resided on the Qualla Boundary for at least thirty days prior to this action.
2. The Defendant is an enrolled member of the Eastern Band of Cherokee Indians.
3. The Defendant has a residence, in the Big Cove area, on the Qualla Boundary.
4. The parties were duly married in Jackson County on June 2, 2007 and did live together as man and wife until on or about November 1, 2010; at which time the parties separated and have since that time; continued to live separate and apart. Never having resumed the marital relationship which formerly existed between them.
5. The Plaintiff believes the bonds of marriage are Irretrievable Broken with NO reasonable prospect of reconciliation.
6. The parties have no children born of this union.
7. The parties have no issues of marital property to be addressed by the court.
8. That this court has jurisdiction pursuant to the Cherokee Code 50-10 (a), (b), (c); whereas the Plaintiff has resided within the Qualla Boundary for at least thirty (30) days preceding this action and the Plaintiff believes that bonds of marriage are irretrievably broke.

WHEREFORE, THE PLAINTIFF RESPECTFULLY PRAYS THE COURT FOR THE FOLLOWING RELIEF:

1. That the Plaintiff be granted an Absolute Divorce, based upon separation of at least thirty days and the Plaintiff's belief that the bonds of marriage are irretrievably broken.
2. That the plaintiff be granted her name changed back to her maiden name of McMinn.

Tina Marie McMinn Davis
Plaintiff, PRO SE
PO BOX 1608
Whittier, NC 28789
3/28pd

CHEROKEE

one feather

GWY TV

Advertising Rate Card

PRINT DISPLAY ADS (full color available for all display ads at no extra cost!)

<p>Full Page 9.5" x 10.5" \$400</p> <p>Back Page 9.5" x 10.5" \$600</p> <p>Banner for front page 9.5" x 1.5" \$300</p>	<p>3/8 page 7.1" x 5.25" \$150</p> <p>Half Page (horizontal) 9.5" x 5.25" \$200</p> <p>1/4 page (regular) 4.67" x 5.25" \$100</p> <p>1/8 page (horizontal) 4.67" x 2.5" \$50</p> <p>1/16 page 2.25" x 2.5" \$25</p> <p>1/4 page (banner) 9.5" x 2.5" \$100</p>	<p>Half Page (vertical) 4.67" x 10.5" \$200</p> <p>1/4 page (vertical) 2.25" x 10.5" \$100</p> <p>1/8 page (vertical) 2.25" x 5.25" \$50</p>
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Classified Ads.
\$5.00 for 30 words and \$.05 for each additional word
\$5.00 - classified will be posted online
\$5.00 - put a border around classified
\$5.00 - add color to classified

Bids, RFPs, and job announcements are billed at \$8/column inch
Legal Notices are a flat fee of \$100.
Celebration and Birthday Ads (2.25" x 2.5") - \$6.50

The deadline for all advertising is Monday at 12noon.

Web Ads.
Header Ads - 468x60 pixels - \$100/month
Sidebar Ads - 125x125 pixels - \$50/month
Footer Ads - 468x60 pixels - \$75/month
www.theonefeather.com for examples

Visit the One Feather office in the Ginger Lynn Welch Complex at 801 Acquisit Road in Cherokee to place classified ads or celebration ads.

Call 554-6263 or email scotbeck@nc-cherokee.com for more information about print display ads and web ads.

Grab a One Feather for your job search

Read the *Cherokee One Feather* each week for full job listings on the Cherokee Indian Reservation.

One Feather deadline
Monday at 12noon

theonefeather.com

**Over 50,000
page views
per month**

**Info:
Scott
554-6263**

**Ads ranging
from only
\$50 - \$100
per month**

Cherokee Announcements

TIDBITS AFFECTING EBCI TRIBAL MEMBERS AND THE COMMUNITY

Cash for ramps

EBCI Fairgrounds will buy 70 gallons of ramps for the Rainbows and Ramps Festival in March. EBCI tribal members are invited to sell your ramps on Monday, March 25 at 9am at the Cherokee Indian Fairgrounds Exhibit Hall (enter at side door). There is a three-gallon limit per adult (must be 18+ years of age). \$40 per "packed" gallon for all white and \$30 per "packed" gallon for green (no more than 2" of green). After the quota is met, the Exhibit Hall porch will be available to sellers until 12pm to sell any remaining ramps. No frozen ramps will be accepted. Info: Frieda Huskey 554-6492 or Josie Long 554-6491.

- EBCI Fairgrounds

Per capita notice

To be considered for the June 2013 per capita distribution, completed enrollment applications for NEW APPLICANTS must be submitted to the Enrollment Office by 4:30 p.m., Friday, March 15. Enrollment applications received after this date will not be considered for the June 2013 distribution.

An application will only be considered complete with a COUNTY certified birth certificate, certified DNA results, and certification of any other Indian blood. To schedule an appointment for DNA collection, please call Michelle Maness at 828-554-6463. Out-of-town applicants may contact Amber Wilson at (855) 295-4372 to schedule an appointment in your area. The following dates are available at the Enrollment Office in February: Friday, Feb. 15; Tuesday, Feb. 19; Friday, Feb. 22; Tuesday, Feb. 26; Friday, March 1 – Last day to meet March 15 deadline.

Because of the extended amount of time in receiving a social security number for a newborn, an application will be considered for enrollment without the social security number. However, an Enrollment Card will only be issued upon receipt of the social security card of the new enrollee.

Applications may be obtained from the Enrollment Office located in the Ginger Lynn Welch Complex. Please call the Enrollment Office at (828) 554-6467, 554-6465 or 554-6466 if you have any questions.

- EBCI Enrollment Office

Prenatal program taking applications

The Dora Reed Tribal Child Care is currently taking applications for their prenatal program. The prenatal program is available to pregnant

teens, first time parents and low income expectant mothers. This service uses a curriculum that is geared toward first time pregnancies and taught on a monthly basis. Second time mothers will be re-evaluated according to the need/risk. If you are interested you can pick up an application at the Dora Reed Center. Info: Raquel Youngbird, prenatal coordinator, 554-6592

- Dora Reed Tribal Child Care Center

Supplies needed for Cherokee Historical Association

Cherokee Historical Association (CHA) is in need of mulch or wood chips for their garden trails as well as locust poles or trees for handrails and stockade. They need 6-8" poles and can cut them if necessary. If you know of anyone or a company that may have these materials, please contact Chris 497-2111. "Your donation is great appreciated," CHA officials stated.

- CHA

Lawn Maintenance guidelines have changed

Law Maintenance applications and guidelines are now available at Tsali Manor, Snowbird Senior Center and the John Welch Senior Center. To qualify, you must be a senior citizen age 70 and above (and spouse) living alone or with anyone under the age of 18. You must turn 70 by April 1. Or, you can be age 60-70 and must be immobile and/or disabled; incapable without use of wheelchair, walker, cane or other device.

The client is responsible for getting the yard clear of any trash/debris. The residence must be on tribal lands within the five-county service area including: Swain, Jackson, Graham, Cherokee and Haywood. Lawn maintenance is seasonal (April 1 – Sept. 27). Mowing and weed eating will include a 50 foot perimeter around the home including carports. Lawns mowed outside the 50 foot perimeter will be the homeowner's responsibility.

The deadline for applications is Friday, March 26.

- Tsali Manor HELP Program

4-H Tribal Youth and Families with Promise program

The 4-H Tribal Youth and Families with Promise program is starting at the Cherokee Youth Center for any youth in Cherokee between the ages of 10-14. Youth and family participate in family activities throughout the year, and youth attend afterschool activities throughout the

school year. Info: Matt Hollifield or Mary Thompson 554-6279

- Mary Thompson

It's Plowing Time Again!

Do you need your garden plowed? Plowing will begin on March 25 and continue through May 31. Plowing is free to all senior citizens and persons with disabilities that are EBCI tribal members. All others must pay \$50 per garden space, and the fee must be paid prior to the garden being plowed. All fees must be paid at Tsali Manor. Garden spaces cannot be any larger than 70' x 100' and must be cleared of all debris. Info: 554-6860

- Tsali Manor

Cherokee bat box giveaway

Bats play a critical role in the natural world and deserve our respect and protection. Each of these winged eating machines can consume up to 1,000 mosquito-sized insects in just one hour. There are many things you can do to help bat populations including reporting observations of sick bats, putting up a bat box on your property, and spreading the word on the importance of bats and the problems they face. The Cherokee Fisheries and Wildlife Management program is currently working with EBCI tribal members to help bats by giving away limited number of free bat boxes. Info: Mike LaVoie 497-1802

- Cherokee Fisheries and Wildlife Management

New youth program at CYC seeking volunteers

A new mentoring program at the Cherokee Youth Center known as Youth & Families with Promise is seeking volunteers. The program is a collaboration of North Carolina A&T State University Cooperative Extension and the Youth Center.

This is a youth development opportunity for youth ages 10-14 to be engaged in afterschool enrichment learning activities that includes a special family night out component. Planning is underway for this new program to extend into summer 2013.

To participate, volunteer mentors are asked to: complete volunteer application, attend mentor trainings once per month, interact with youth during afterschool activities four times per month, participate in scheduled family activities once per month

Info: Matt Hollifield or Mary Thompson 554-6279

- Mary Thompson



Eastern Band of Cherokee Indians Board of Elections 2013 Election Notice of Changes & Dates

Filing for Candidacy March 1-15*, 2013 all Tribal Council Positions open as well as Big Cove, Birdtown, and Wolfetown School Board Representatives. Filing fees: Tribal Council \$500.00, School Board \$350.00.

Primary Election THURSDAY JUNE 6, 2013

EBCI Enrolled members who will be 18 years of age on or by this date may register to vote. Voter registration/community changes will CLOSE May 7th at 4:30 PM.

General Election THURSDAY SEPTEMBER 5, 2013

EBCI Enrolled members who did not turn 18 years of age by the Primary Election date but will be 18 years of age on or before 9.5.13 should register to vote after the voter logs are re-opened. This occurs the Monday after the next regularly occurring council session certifying the PRIMARY ELECTION. Voter registration/community changes for the GENERAL ELECTION will CLOSE July 31 at 4:30 PM.

Deadline for Absentee Ballot application for Primary Election: April 1st -May 15th 2013.

Ballots must be returned by 4:30 pm, May 31st.

Deadline for Absentee Ballot application for General Election: July 1st- August 15th 2013.

Ballots must be returned by August 30th.

Enrolled Members who are registered to vote will need to meet one of the following requirements in order to receive an absentee ballot:

1. Active Military Duty
2. Employees of the Federal Government assigned to duties outside of the Cherokee Indian Reservation
3. Students of higher education or scholastic institution
4. Tribal Employees whose employment will cause absence from Cherokee on Election Day
5. Residents of nursing, hospital, treatment facilities
6. Tribal Members who reside on trust land but will be away on Election Day.

Once registered to vote in Tribal Elections, always registered.

If you are unsure of your status, please contact The EBCI BOE.

Every enrolled member who will be 18 years of age by the date of the upcoming election will be eligible to vote. Those who past convictions may prohibit entering a polling place need to seek counsel from the appropriate authorities before doing so.

Qualified voters may request and complete an absentee ballot IN OFFICE until 4:30pm
May 31 and August 30th.

The BOE cannot advise on these matters. Remember, the Board has moved to the Ginger Lynn Welch Complex, Suite 140. You may contact us by phoning 828.554-6361/6362. As always, we are here to serve. Please let us know how we may assist you with special needs/hours concerning registration, etc.

You may also email: kellyguy@nc-cherokee.com or fax 828.554.6365.

