

Long released on secured bond, prepares for trial, Page 2



Wester Carolina Univ. opens COVID-19 vaccine clinic, Page 4



Tribal member seeking spot in Olympic trials, Pages 10-11

QUOTE OF THE WEEK

"I shouldn't even be here. So, I'm going to give everything I have."

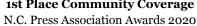
- Kallup McCoy II, a member of the Eastern Band of Cherokee Indians who is striving to secure a spot in the 2024 U.S. Olympic Trials in the marathon



Cherokee One Feather

THE OFFICIAL MULTI-MEDIA NEWS SOURCE OF THE EASTERN BAND OF CHEROKEE INDIANS

MARCH 3-9, 2021 theonefeather.com 1st Place Community Coverage











'We're ready today': Long released on unsecured bond, prepares for trial

JONAH LOSSIAH

ONE FEATHER STAFF

The case involving Benjamin Cody Long will continue on April 28, and the defense looks to go to trial.

Thursday morning (Feb. 25) marked the latest pre-trial date regarding the cyberattack of December 2019. Last week, the tribal prosecutors of the Eastern Band of Cherokee Indians voluntarily dismissed two felony charges - those being the charges presented at the initial detention hearing the week of the cyberattack. There are still seven charges against Long, all of which are counts for 'misuse of Tribal property or money.' Each of these possesses a maximum jail time of three years.

Brent Smith, Long's defense attorney, presented four motions to Judge Sharon Barrett at Thursday's hearing. The motions were as follows:

- To return seized property.
- To review the release order.
- To release the defendant from the May 28, 2020 conditions of release.

• To establish a peremptory setting for a formal trial date.

The tribal prosecutors are Cody White and Shelli Buckner.

The motion to return seized property received no objection from tribal prosecutors. However, White said the ability to return that property depends on the investigator responsible for tracking where the evidence has been sent. Judge Barrett made an order stating that this information should be provided to the defense 'as soon as practicable.'

A significant issue that disrupted this hearing was the motion to establish a peremptory setting for a formal trial date. Smith was presenting his client's right to a speedy trial. The defense has been offered a plea which they are rejecting. That only leaves the options of a trial or for the charges to be dismissed. The defense wished to set a trial date of March 22.

However, the Tribal Information Technology Department has yet to fix the jury summons program. This system was affected by the December 2019 cyberattack. Smith reported that the Clerk

of Court has said that they will be meeting with the IT department 'very soon' to resolve this issue. Currently, the Tribal Court cannot perform a jury trial because of these issues.

The prosecutors said they do not necessarily have an objection to this motion but that the problems afflicting the Court make it impossible to do so.

The Tribe also had no objection to the motions to review the release order or to release the defendant from the previous conditions. However, Judge Barrett requested to hear from both parties before accepting the motions and making an order.

Smith opened by stating the conditions for release were tied to the two charges that have now been dismissed and that the remaining charges are unrelated. He argued with that being the case, there was ample reason to reassess the conditions for release.

Further, he addressed the reasons that Long was placed under house arrest following his release from detainment on May 28, 2020. He said that his client was by no means a flight risk - that Long had a large family, many of whom were present and more who wished to be, that would be happy to testify to the Court. He vowed that his client would make every

court date without issue.

Smith continued by saying that Long was not a risk to the community. He stated that Bill Travitz, Tribal IT, has confirmed that the network is secure. He also said that the restrictions on Long are prohibiting his ability to communicate with essential parties with the case.

Tribal prosecutors responded by restating that they had no objection to the motion. White said that any attempt to tamper with the case in any way would lead to more charges. White said there was no evidence to dispute what was presented regarding Long being either a flight risk or a risk to the community.

Judge Barrett deemed there was sufficient information to accept the motion, modifying the conditions so that Long could be released on an unsecured bond of \$25,000.

Given that there are still questions regarding the Court's ability to hold a jury trial, Smith said that he wished to re-notice the defense's motion to establish a peremptory setting until the Clerk of Court meets with Tribal IT.

Judge Barrett accepted a continued pre-trial date for April 28 to revisit the issue. It is at this time that a trial date could be set.

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One Feather deadline Friday at 12 p.m.

Tribal Bingo to remain closed through at least June

SCOTT MCKIE B.P.

ONE FEATHER STAFF

Cherokee Tribal Bingo has been closed for almost a year now due to COVID-19, and officials state it will remain closed through at least the end of June.

"The current plan for Tribal Bingo is to remain closed for the next few months," said Rhoda Bigmeat, Tribal Bingo general manager. "We are tentatively scheduled to open no sooner than July 1, 2021, but those plans are subject to change as we continue to monitor the current health risks and operational concerns."

When it does re-open, safety for patrons and employees will be the number one concern. Bigmeat noted, "The same safety guidelines that are in place in our other gaming establishments will be in place when we are able to open - mandatory masks, sanitizing protocols, social distancing, capacity limits, etc. - as well as other guidelines that will be more specific to us due to the nature of our business such as directional signage, possible changes in the hours of operation, etc."

Like many businesses nationwide that have been hit with hardships due to COVID-19, Tribal Bingo is no different. "Unfortunately, because of the closure, the majority of our employees are currently furloughed. But, it is our hope to provide employment and revenue to the Tribe as soon as it

is safe to do so. We are in communication with both Tribal Council and the Executive Office to ensure we are working together to make the best decision for the EBCI."

Annually, the Tribal Bingo operation contributes levy payments to the Tribe. According to information from the EBCI Office of Budget and Finance, Tribal Bingo paid the following levy amounts in the past several years:

- * 2017: \$25,342.59
- * 2018: \$23,395.72
- * 2019: \$21,362.58
- *2020 (partial year): \$4,339.61

The Tribal Bingo building served the community recently though as it was used as the station for a COVID-19 vaccination clinic set up by the EBCI Mass Vaccination Team (MVT). According to information from the MVT, a total of 1,252 people were vaccinated at the event held on Wednesday, Feb. 10.

The number of employees at the Tribal Bingo was not provided to the One Feather by press time.

Tribal
Dispatch
497-4131



WCU opens vaccine clinic

JONAH LOSSIAH

ONE FEATHER STAFF

restern Carolina University has received a shipment of vaccines and launched its COVID-19 vaccine clinic on Thursday, Feb. 25.

The school has partnered with the Jackson County Department of Public Health to establish its clinic while also assisting the county with its extensive waiting list.

"Relief is a great way to put it. It's been a quick and bumpy road, but I'm happy to report that we actually received 500 Moderna vaccines yesterday, and we're anticipating another 100. We've spent the week training some staff, and we've got some more volunteer orientation happening this week as well," said Courtnee Lingerfelt, the director of WCU's vaccine clinic.

Lingerfelt said that it has been a stressful process, but it is exciting to get to this point.

"Not just from an employee perspective working here, but for patients. They've been waiting so long, and then this moment comes, and it's such a quick culmination. We're expecting people to be emotional; I was emotional about mine. We're happy to be a part of that," she said.

WCU has received two new freezers specifically for this project and has brought in nursing students from Southwestern Community College to assist with the clinic. Lingerfelt said that acquiring the hardware was in the plans for some time and was not the most challenging aspect of preparation.

"I would say, honestly, it's the human resource. The trained



WCU photos

WCU's Vaccine Clinic location is located on the ground floor of the Health and Human Sciences Building at 3971 Little Savannah Road, Cullowhee

and skilled staff out here in rural Western North Carolina, they can go anywhere to work. These are high-quality, high-skilled people. So, asking people to come where we are ... well, we've done it. We've got a team of trained volunteers and trained staff, but that was probably the most difficult part," she said.

Lingerfelt continued by saying that this clinic would not have been possible if it wasn't for Jackson County's assistance.

"It's definitely been mutually beneficial. They have been instrumental in helping us stand up our processes and kind of letting us stand on their shoulders to learn and build on what they already have," she said.

Anna Lippard, the clinical services director at the Jackson County Health Department, said that WCU joining in will help to drive the community forward. She said that the Health Department has been in constant dialogue with the university to impart all the lessons learned so far in mass vaccine distribution.

"We have a fantastic working relationship with Western. Here at the Health Department, we are so excited to have them come on board to be another vaccination provider in the community. It's not only going to help Jackson County residents, but also the region," said Lippard.

She said that a limited supply of the vaccines caused the waiting list to build up to over 7,000 individuals. Lippard says that a more consistent delivery schedule and WCU's clinic will propel Jackson County forward in distribution.

"The State actually started giving us a three-week baseline allocation. So, we do have a little



Cortnee Lingerfelt is the director of WCU's regional COVID-19 vaccine clinic.

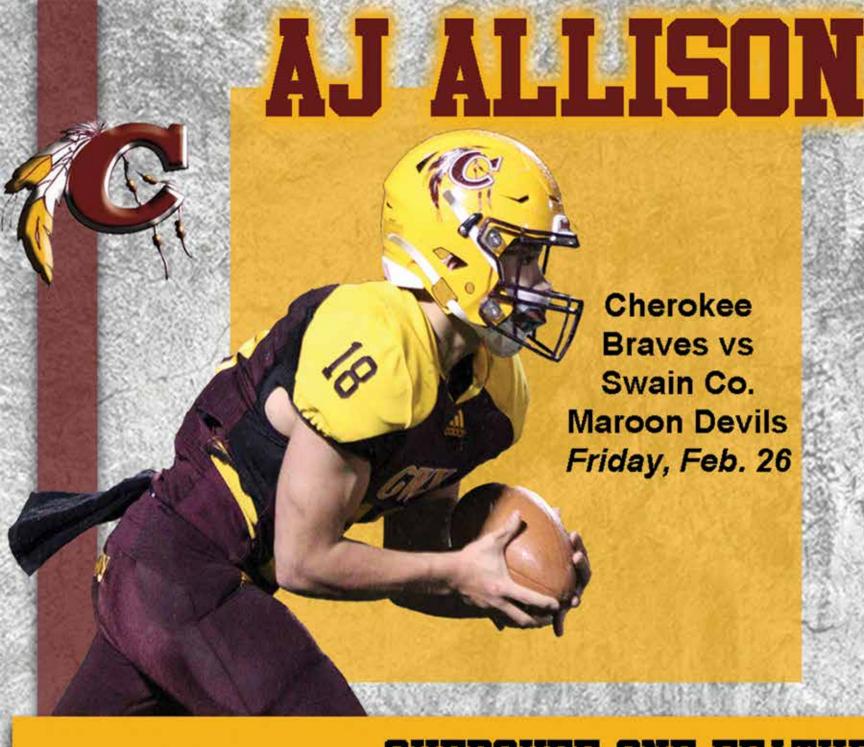
bit more of an idea of what we can expect each week for at least three weeks. That helps with planning. Because it's hard to plan when we don't know when or how much vaccine we're getting. So, we're getting in a little bit of a groove," she said.

Lingerfelt said that first, WCU needs to help clear the backlog in Jackson County. Then they focus on accepting their own patients. Once they get there, WCU will follow the North Carolina Department of Health and Human Services guidelines.

"We built our clinic on a model of sustainability," said Lingerfelt.

"We're prepared to be here for six months to a year if the state needs us to be. Right now, we have the manning that we need. Between being a site for clinical learning and volunteers and a handful of paid staff members, we're prepared to open and hit it running."

WCU will be providing updates online at https://facctr.wcu.edu/



CHEROKEE ONE FEATHER PLAYER OF THE GAME





One Feather wins 23 N.C. Press Association Awards

The Cherokee One Feather won a total of 23 awards in the N.C. Press Association's Annual News, Editorial, Photojournalism, and Ad Contest during the annual conference on Friday, Feb. 26. The paper took third place in General Excellence - Community Division A, and theonefeather. com took second place in General Excellence - Websites.

As a team, Robert Jumper, editor; Scott McKie Brings Plenty, reporter; and Jonah Lossiah, reporter, took first place in the Community Coverage category and second place in Use of Social Media. As a duo, Scott and Jonah took first place in Sports Coverage and second place in Use of Photographs. Scott was also named runner-up in the Hugh Morton Photographer of the Year Contest - Community Division.

Individual awards included: Robert Jumper:

* Serious Columns, second place

Scott McKie Brings Plenty:

Jaraen

Cyclamen

Dianthus

- Brenda Weaver

Source: www.costafarms.com

Ranunculus

* Sports Feature Photography, first place, 'Chase Sneed flies for goal during stickball'

Cold-hardy bloomers

• Calla Lily

Calceolaria

• Freesia

Here are eight colorful annuals that

• Senetti pericallis • Campanula

you can plant in early spring:

- * Headline Writing, second place
- * Photo Page or Essay, second place, 'Circle of Life' for "Lion King Jr." photos
- * Sports Feature Photography, second place, 'Skate Jam photos'
- * Spot Photography, second place, flooding in Cherokee
- * Sports Columns, second place, On the Sidelines
- * Sports News Reporting, second place, 'Smoky Mountain Conference wrestling'
- * Lighter Columns, third place
- * Motor Vehicle Advertisement, first place
- * Newspaper Promotional Advertisement, first place
- * Real Estate Advertisement, first place
- * Use of Color in Advertisement, third place

Jonah Lossiah:

- * Arts and Entertainment Reporting, first place, "Indie Horror film"
- * Business Writing, first place, 'Dairy Queen feature'
- * Photo Page or Essay, first place, 'Honor Flight photos'
- * Education Reporting, second place, "Teaching is the new normal"

The EBCI Tribal Option and what it means for Medicaid beneficiaries

Eligible Medicaid members will begin to receive letters on Monday, March 15 from the North Carolina Department of Health and Human Services (NCDHHS) notifying Medicaid beneficiaries of open enrollment which will now include the EBCI (Eastern Band of Cherokee Indians) Tribal Option.

The EBCI Tribal Option, the first Indian Managed Care Entity in the nation, is a health plan created by the Cherokee Indian Hospital Authority available to members of federally recognized tribes, or those who are eligible for Indian Healthcare Services. This health plan will offer tailored medical, behavioral health, pharmacy, and support services for Medicaid members.

"Right now, Medicaid members use NC Medicaid Direct, the current healthcare program in North Carolina," said Karen Kennedy, Tribal Option director, "CIHA is now able to offer Medicaid services through the EBCI Tribal Option as a source to meet the primary care needs of tribal members who are eligible."

Gwynneth Wildcatt, Tribal Option Member Services manager, stated, "It is important for Medicaid beneficiaries to be aware of these letters, so that they can make informed decisions when it comes to their Medicaid services. If members have not made their choice after the open enrollment period they will automatically be enrolled in the EBCI Tribal Option."

The EBCI Tribal Option will be primarily offered in the following counties: Cherokee, Graham, Haywood, Jackson and Swain.

For more information please visit nemedicaidplans.gov.

- Cherokee Indian Hospital Authority release

#throwbackthursday Photos Wanted



The One Feather is seeking historical and family photos to feature weekly in our #throwbackthursday posts on our Facebook and Instagram pages.

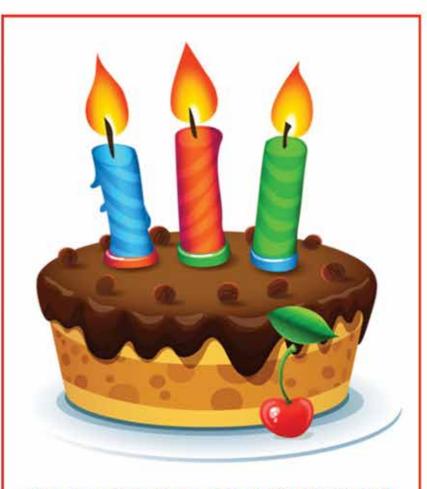
Send your photos to Scott at scotmckie@nc-cherokee.com, text to 788-6908, or message them to us on Facebook.

Share your family history with the rest of the Eastern Band of Cherokee Indians.



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Images from Museum of the Cherokee Indian



PLEASE SEND US YOUR BIRTHDAYS AND ANNIVERSARIES

The One Feather will be printing a calendar for 2022. It will feature dates of cultural significance, Native holidays and great photos. We would also like to feature community member birthdays and anniversaries. We will include EBCI Tribal members (living and deceased), tribal employees, tribal entity employees, spouses and children of EBCI tribal members (just month and day).

Please send your names, birthdays, and anniversaries to Jonah Lossiah, via email.

jonaloss@nc-cherokee.com

SPAY AND NEUTER: Why is important to "fix" your pet?

Spay/neuter is one of the greatest gifts you can provide your pet, your family, and your community. These are routine medical procedures not only reduce the number of animals who enter shelters, but they may also prevent medical and behavioral problems from developing in a cat or dog, allowing your pet to a longer, healthier life.

Sterilization directly impacts the number of animals who are killed in our nation's shelters by reducing the number of pets entering shelters and freeing up homes for homeless pets who are already born.

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CHEROKEE ANIMAL CARE CLINIC 497-3401



Cherokee Nation Supreme Court issues decision that 'by blood' reference be stricken from Cherokee Nation Constitution

TAHLEQUAH, Okla. – The Cherokee Nation Supreme Court ruled on Monday, Feb. 22 in a unanimous decision that the language "by blood" is void, and should be removed from Cherokee Nation's tribal laws, including provisions within the Cherokee Nation Constitution, according to the opinion.

The decision was made in response to the Federal 2017 Cherokee Nation V. Nash case which determined Freedmen citizens have full rights as Cherokee citizens, based on the Treaty of 1866.

Cherokee Nation Attorney General Sara Hill recently requested that the Cherokee Nation Supreme Court set a hearing and issue an order to close the issue by striking the "by blood" references in the Cherokee Nation Constitution, based on the earlier federal ruling.

"The federal court and Cherokee Nation Supreme court concluded in 2017 that Cherokee Nation is bound by the Treaty of 1866 to recognize descendants of Cherokee Freedmen as full citizens. Cherokee Nation has abided by those court orders and will continue to do so," Attorney General Hill said. "Provisions in Cherokee Nation's constitution and laws that deny descendants of Freedmen all the rights and obligations of Cherokee citizenship violate our 155-year-old Treaty obligations and are void. Cherokee citizens of Freedmen descent are simply this: Cherokee citizens."

The Cherokee Nation Supreme Court granted AG Hill's motion on Monday, Feb. 22. "Today's unanimous opinion in SC-2017-07 holds that the words by blood are void, were never valid from inception, and must be removed wherever found throughout our tribal law when said words are used in reference to the Dawes Rolls. In doing so, the Court recognizes the importance of the 1866 Treaty for purposes of our nation's prospective sovereignty and the underpinnings of citizenship," today's Cherokee Nation Supreme Court order states.

The Cherokee Nation has about 8,500 enrolled Cherokee Nation citizens of Freedmen descent.

"Cherokee Nation is stronger when we move forward as citizens together and on an equal basis under the law. Today's decision in the Cherokee Nation Supreme Court reaffirms previous decisions by the court on the issue of equality," Cherokee Nation Principal Chief Chuck Hoskin Jr. said today. "More importantly, the court has acknowledged, in the strongest terms, our ancestors' commitment to equality 155 years ago in the Treaty of 1866. My hope is that we all share in that same commitment going forward."

The Cherokee Nation Supreme Court order can be found at https://www.cherokeecourts.org/ Supreme-Court/SC-2017-07-In-Re-Effect-of-Cherokee-Nation-v-Nash-and-Vann-v-Zinke

- Cherokee Nation release

CIPD Arrest Report for Feb. 14-21

ed by the Cherokee Indian Police Department and booked into the Anthony Edward Lossiah Justice Center. It should be noted that the following defendants have only been charged with the crimes listed and should be presumed innocent until proven guilty in a court of law. Mugshots can be viewed online at theonefeather.com.

Arch, Shelby Lossiah – age 23

Arrested: Feb. 15 Released: Feb. 17

Charges: Driving While Impaired, Child Abuse in the Second Degree

Dockery, Sheena Smith – age 35

Arrested: Feb. 16 Released: Feb. 16

Charges: Temporary Hold

Crowe, Cassandra Lynn – age 28 Arrested: Feb. 17

Released: Not released as of report

Charges: Drugs: Trafficking (three counts), Drugs: Possession of Drug Paraphernalia, Transporting Controlled Substance into the Territory of the EBCI, Providing of Possessing Contraband, Probation Violation

Smith, Ashley Nicole – age 33

Arrested: Feb. 17

Released: Not released as of report

date

Charges: Possession of Schedule II Controlled Subsatnce

Arneach, Cheyenne Robin – age

Arrested: Feb. 18

Released: Not released as of report

Charges: Receiving or Possessing

Stolen Property

Sequoyah Jr., Gary Len – age 37

Arrested: Feb. 18

Charges: Obtain Property False Pretense; Receiving or Possessing Stolen Property; Child Abuse in the Second Degree; Contributing to the Delinquency, Undiscipline, Neglect, or Abuse of Minors; ReckEdmondson, Jason Michael - age

Arrested: Feb. 20 Released: Feb. 20

Charges: Intoxicated and Disruptive in Public – Temporary Hold

Murphy, Mitchell Timothy – age

Arrested: Feb. 20 Released: Feb. 20

Charges: Temporary Hold for

Jackson Co.

Quackenbush Jr., Thomas David

- age 47

Arrested: Feb. 20 Released: Feb. 20 Charges: Assault

Tribal Court Report

Judgment Summary for Feb. 23

Blanton, Damian 14-15.5 Intoxicated and Disruptive in Public - Dismissed, Compliance

Chekelelee, Kaleb Ren

14-95.5(b) Drugs: Aggravated Possession of Marijuana - Dismissed, Compliance

14-95.11(c) Drugs: Possession of Drug Paraphernalia - Dismissed, Compliance

14-95.6(c) Drugs: Manufacturing, Selling, or Delivering, Possessing with Intent to Sell or Deliver Schedule VI - Dismissed, Compliance

Ensley Jr., Paul 14-95.9 Drugs: Trafficking - Dismissed on Plea 14-40.1(b)(1) Bodily Injury (DV) -

Dismissed on Plea

20-138.1(a) Driving While Impaired - Dismissed on Plea 14-40.1 Domestic Violence -

Guilty, 135 days active jail time,

The following people were arrest-Released: Feb. 19 less Endangerment credit for time served (135 days)
14-95.6(c) Drugs: Manufacturing,
Selling or Delivering, Possessing with Intent to Sell or Deliver
Schedule VI - Dismissed on Plea
14-40.56 Assault on a Female Dismissed on Plea
14-95.5(c) Drugs: Simple Possession of Marijuana - Dismissed on
Plea

14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V - Guilty, 135 days active jail time, credit for time served (135 days) 14-40.1 Domestic Violence - Dismissed on Plea

14-40.1 Domestic Violence - Dismissed on Plea 14-40.56 Assault on a Female (DV)

- Dismissed on Plea 14-30.6 Child Abuse in the Second Degree - Dismissed on Plea

Junaluska, Cory Deshawn 14-40.50(b) Assault with a Deadly Weapon Inflicting Serious Injury -Dismissed Upon Investigation

Smith, Kathy Susan 14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V - Dismissed After Investigation

Squirrel, Bryan
14-70.18 Providing or Possessing
Contraband - Dismissed on Plea
14-40.56 Assault on a Female (DV)
- Dismissed on Plea
14-70.17 Obstructing Justice - Dismissed on Plea
14-30.6 Child Abuse in the Second
Degree - Dismissed on Plea
14-95.5(a) Drugs: Possessing a
controlled substance classified
in schedule I, II, III, IV, and V -

Guilty, 270 days active jail time, credit for time served (68 days) 14-34.10 Weapons Offense -Guilty, 270 days active jail time, credit for time served (68 days)

Swayney, Ellisa Nicole 14-70.17 Obstructing Justice - Dismissed, Improper Charge

Zepeda, Gussy Robin Shell 20-28 Revoked License - Dismissed in Interest of Justice 14-95.5(c) Drugs: Simple Possession of Marijuana - Dismissed in Interest of Justice 20-28 Revoked License - Dismissed in Interest of Justice

Judgment Summary for Feb. 24

Bigwitch, John Albert 14-10.16 Second Degree Trespass -Dismissed on Plea 14-10.16 Second Degree Trespass -Dismissed on Plea 14-95.5(a)(2) Drugs: Possessing a controlled substance classified in schedule II - Dismissed on Plea 14-95.5(a)(1) Drugs: Possessing a controlled substance classified in schedule I - Dismissed on Plea 14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V -Admit PV, 12 months probation, 93 days active jail time, credit for time served (93 days), obtain Substance Abuse Assessment, stay away from casino in Murphy and Cherokee 14-70.25 Escape from Imprisonment and Custody - Dismissed on Plea

Jackson, Rain E.S.

14-2.2 Criminal Conspiracy - Dismissed on Plea 14-70.22 Failure to Obey a Lawful Order of the Court - Dismissed on Plea 20-28 Revoked License - Dismissed on Plea 20-28 Revoked License - Dismissed on Plea 14-10.61 (charge description not listed by Court) - Dismissed on Plea 20-111(2) Fictitious Registration Plate - Dismissed on Plea 14-70.22 Failure to Obey a Lawful Order of the Court - Dismissed on

14-70.18 Providing or Possessing Contraband - Guilty, 365 days active jail time, credit for time served (365 days), may serve on electronic home confinement

14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V - Dismissed on Plea

14-95.6(b) Drugs: Manufacturing, Selling, or Delivering, Possessing with Intent to Sell or Deliver schedule I, II, III, IV, and V - Dismissed on Plea

14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V - Dismissed on Plea

14-95.6(b) Drugs: Manufacturing, Selling, or Delivering, Possessing with Intent to Sell or Deliver schedule I, II, III, IV, and V - Dismissed on Plea

20-28 Revoked License - Dismissed on Plea

14-10.61 (charge description not listed by Court) - Dismissed on Plea

14-95.9(e) Drugs: Trafficking in Opiate/Heroin - Guilty, 180 days

active jail time, credit for time served (38 days), may serve on electronic home confinement 14-95.6(b) Drugs: Manufacturing, Selling, or Delivering, Possessing with Intent to Sell or Deliver schedule I, II, III, IV, and V - Dismissed on Plea 14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V - Dismissed on Plea 14-95.9 Drugs: Trafficking - Dismissed on Plea

Mahan, Robin Denada 14-95.11(c) Drugs: Possession of Drug Paraphernalia - Dismissed, No Substance Indicated

Maney, Tina Ann 14-25.13 Harassment - Guilty, Prayer for Judgment Continued, no contact with victim 14-25.13 Harassment - Guilty, Prayer for Judgment Continued, no contact with victim

Judgment Summary for Feb. 25

Ramos, Raven Hornbuckle 14-30.6 Child Abuse in the Second Degree - Guilty, 20 days active jail time, credit for time served (20 days), \$250 fine

Standingdeer, Virginia Sue 14-25.14 Public Nuisance - PV Dismissed, 30 days jail time suspended, 6 months probation, \$190 court costs

Thompson, Amanda 14-40.62(a)(1) Simple Assault (DV) - Dismissed at Request of Prosecuting Witness

Search thousands of One Feather photos at Cherokeepics.com

Running down the rings

RUNNING

Tribal member seeking spot in marathon Olympic trials

SCOTT MCKIE B.P.

ONE FEATHER STAFF

thletes are always chasing rings and one member of the Eastern Band of Cherokee Indians (EBCI) is chasing five in the form of the Olympic rings.

Kallup McCoy II, an EBCI tribal member from the Birdtown Community, is training to be on the line for

the 2024 Olympic trials in the marathon event.

"This is a goal that is going to take some time," he said. The 2024 Summer Olympic Games are scheduled to be held in Paris, France from July 26 - Aug. 11, and McCoy II is aiming to be included in the U.S. Olympic trials prior to those games. According to USA Track and Field (USATF), a runner can qualify for the trials by running a 2-hour 17 minute marathon or a 64 minute half-marathon in a USATF race. At the 2020 U.S. Olympic trials, a total of 175 men finished the marathon event with Galen Rupp, running for NIKE, winning with a time of 2:09.20. Simply running the qualifying time of 2:17 would have landed a runner at the event in 34th place.

So, McCoy II knows what he has to do to be competitive and he plans to hit the qualifying mark in the half-marathon distance, and right now he is around 17 minutes off of that pace.

"When I look at the gap that I have to make up, it's a little over-whelming, and it almost seems impossible," he noted. "But I truly believe that impossible is not a fact. That's an opinion."

He added, "I can't look at the long game so much as much as I am taking small bites and increments out of my time."

McCoy II has been engaging in ultra-running for the past several years and is now re-focusing into shorter distances. "I'm having the mindset of an Olympian right now in how I sleep, how I eat, my training - that's the trinity of a runner. I'd had to re-focus off of ultra-running and doing these big events and just being really deliberate with my training and focusing on speed and intensity and the workouts surrounding that."

He has some smaller races planned in 2021, and he is planning to enter a large race in Na-



SCOTT MCKIE B.P./One Feather photos

Kallup McCoy II, an EBCI tribal member from the Birdtown Community shown at Kituwah, is training to be on the line for the 2024 Olympic trials in the marathon event.

ples, Fla. in January 2022. "That's going to be a fast course - super flat, and I can really test myself. By that time, I'm hoping to be around 70 minutes."

Currently averaging around 50 to 60 miles running each week, he is going to increase that to 70 to 100 miles per week. "The fact that I'm shooting for a 5-minute personal record is kind of lofty, but we'll see how it goes."

McCoy II trains and runs alone at the moment, but this goal is something he realizes will take a team effort. He is planning to reach out to other runners including ones with the Asheville Distance Project. "I don't think that any type of goal as big as this relying on yourself will only get you so far, and just having that competitive team or support of runners is going to be critical."

His immediate goal is to be on the line for the Olympic trials, but he also has his sights set to make the U.S. team. "That would be a huge accomplishment in itself just to toe the line with some of the greatest runners in our country."

Support from his family, friends, and community members has been helpful. "They all have been encouraging. I have not had anybody say, 'you can't do that'. But I don't think they understand the level of runner that you have to be to qualify for the Olympic trials. I don't think they understand just how fast you are really moving and just how many people attempt to qualify and don't make it."

Training for the Olympics is a full-time job in and of itself and is something McCoy II never thought he'd be doing seeing as how just a few years ago he was in the grips of substance abuse. "The fact of coming from my background and just the fact that I haven't been running very long in compari-



son to the competition that I'll be going up against - most of the guys that qualify are professional runners, guys that have come out of All-American in some type of distance event...I always think to myself, 'I shouldn't be here'."

McCoy II, a co-founder of RezHope, an addiction recovery support group, added, "I've got all of these buckets in my life. We're still working on the Recovery House. We're going to have that done soon, and I'll be the director of that; being a husband as well as trying to figure out how to be a father again; and train; and my recovery. But, it's fun. I find fulfillment in that - in the adventure of it and trying to balance things. That's what life is - how you balance things."

And he's willing to put in the work. "It's going to be a lot of sacrifice. But we all get the same 24 hours in a day. With that being said, you make time for what's important to you. You sacrifice sleep. You sacrifice going out, hanging out with friends - those small things. I'm just trying to find that balance."

He said he approaches his training with the rule of thirds which he explains, "You're going to feel terrible a third of the time. You're going to feel good a third of the time. And, you're going to feel ok a third of the time anytime that you're chasing something big. I've got to have that R&R (rest and relaxation) figured in as well because that's going to be very important. That's one thing that these elite guys do. They rest really well too. They train hard, and they rest really well."

While training is hard and takes sacrifice, McCoy II said he is enjoying the journey. "Have fun, realize that the brevity of life and the fact that we won't get this moment back. I'm representing people in recovery. I'm representing my community, my Tribe. That's where my mind goes. I shouldn't even be here. So, I'm going to give everything I have."

Being a positive role model and showing that recovery can and does occur keeps him going. "I can't believe I'm where I'm at and I get to continue to grow and inspire somebody. That keeps me pushing."

Cherokee opens season with loss at home to Swain Co.



Cherokee's Don Bradley (#2), Braves junior quarterback, is brought down by Swain Co. defenders Elijah Watty (#84) and Carson Taylor (#32) during a seaon-opening game at Ray Kinsland Stadium on the rainy evening of Friday, Feb. 26. The Maroon Devils controlled the game en route to a 34-0 win over Cherokee. Statistics were not available to the One Feather by press time.



Tso Smith (#12), Braves sophomore, prepares to tackle Donnavin Groenewold, Swain Co. junior wide receiver.



AJ Allison (#18), Braves senior running back, runs hard during a sweep as Swain Co.'s Groene-wold attempts a tackle. Allison was named the Cherokee One Feather Player of the Game as selected by the 104.1 WNCC Broadcast Team.

JV FOOTBALL

Robbinsville tops Braves in season opener

PHOTOS BY SCOTT MCKIE B.P./One Feather



Brandon Santiago (#25), Cherokee JV Braves running back, tries to avoid a Robbinsville tackle during a game at Ray Kinsland Stadium on the evening of Thursday, Feb. 25. With 308 total yards of offense, the Black Knights took the win 56-6 over Cherokee. The Black Knights had 260 yards rushing and 48 yards passing and held the Braves to 28 yards rushing and 34 yards passing. Cherokee was led defensively by Jayden Tramper with 3 tackles. Note: A roster for the Black Knights was not



Cherokee's Marty Roach (#5) shakes off a defender during a kickoff return in the first half. Roach returned three kickoffs for a total of 25 yards.



The Jones-Bowman Leadership Award Program is currently accepting applications for the 2021-2022 program year. This program is for EBCI college or university undergraduate students enrolled in at least 6 credit hours.

If selected, fellows receive up to \$4000 to use for their leadership and cultural endeavors and for travel/virtual opportunities. Fellows will also raise awareness and work on community issues, receive personal and professional support from mentors in our community, and have networking opportunities.

To apply, please visit:

www.rkli.org/jones-bowman/

OR

Email chris@rkli.org for an electronic application.

Applications are due to Christopher Reed by April 5th, 2021 at 4:30pm.

The Jones-Bowman Leadership Award Program is a program under the Ray Kinsland Leadership Institute; a department of the Cherokee Boys Club and is funded by the Cherokee Preservation Foundation.

COMMUNITY

Park Shares highlights of Smokies Hikes for Healing Program

¬ reat Smoky Mountains Na-Itional Park announced the release of a video highlighting the Smokies Hikes for Healing program. In response to social unrest across the country in 2020, Park Superintendent Cassius Cash initiated the program to provide a space for people to have open conversations about racism, diversity, and inclusion in a place long recognized for its incredible diversity. The park provided an ideal backdrop for rich conversations among the sixty individuals who participated in the healing hikes, along with hundreds of others who visited the Smokies Hikes for Healing website for information or to download resource guides to lead their own healing hikes.

"As an African American man and son of a police officer, I found myself overwhelmed with the challenges we faced in 2020 and the endless news cycle that focused on racial unrest," said Superintendent Cassius Cash. "My medicine for



NPS photo

Great Smoky Mountains National Park Superintendent Cassius Cash, left, is shown with program participants on the trail.

dealing with this stress was a walk in the woods, and I felt called to share that experience with others. Following a summer hike in the park, I brought together our team to create an opportunity for people to come together for sharing, understanding, and healing."

From August through December 2020, Superintendent Cash joined up to ten individuals on hikes across the park in Tennessee and North Carolina. The hikes were led by trained facilitators, David Lamfrom, Stephanie Kyriazis, and Marisol Jiménez, who

created a brave space for open conversations about diversity and racism. The individuals started the hikes as strangers and left with a deep connection and appreciation for diverse perspectives. More than 200 applications were received for the opportunity. To help meet the demand for participation, facilitators developed resources for others to start conversations in their own communities. These resources can be downloaded at www.smokieshikesforhealing.org.

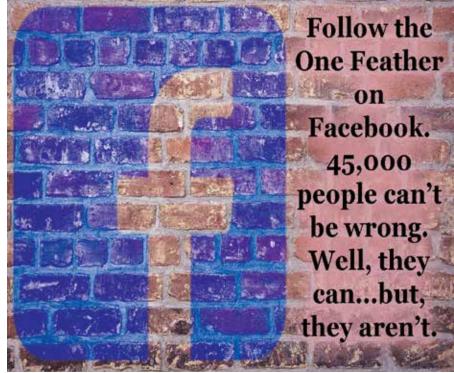
Longtime park partner Great Smoky Mountains Association assisted in the creative development of the program and website, along with additional financial support from Friends of the Smokies and New Belgium Brewing Company. The Smokies Hikes for Healing video was produced by Great Smoky Mountains Association and can be found directly at https://youtu.be/lqlg1xzcW8U.

- National Park Service release



SCOTT MCKIE B.P./One Feather photo

Pouring rain couldn't dampen the spirits of this little Braves fan. Kyler Toineeta enjoyed the Cherokee vs. Swain County football game at Ray Kinsland Stadium on the rainy evening of Friday, Feb. 26 with his parents Jordyn and Jesse Toineeta.



UNC Asheville series to feature EBCI author Annette Saunooke Clapsaddle



Annette Saunooke Clapsaddle

TNC Asheville will host three virtual author lectures throughout the spring semester. The first two public lectures, both in March, will consider the recently published novel, "Even As We Breathe", with scholar Kirstin Squint and the novel's author, Annette Saunooke Clapsaddle, respectively. The series will conclude with literary scholar Toril Moi. All events are free and available to stream live through Zoom.

Kristin Squint, Whichard Visiting Distinguished Professor at East Carolina University, will present her lecture, "Native Southern Literature and EBCI Author Annette Saunooke Clapsaddle," at 5:30 p.m. on Wednesday, March 24. She has published and lectured on Native American literatures

and cultures and U.S. multi-ethnic literatures, particularly in the Southeast. She is a contributor to the award-winning Appalachian Reckoning: A Region Responds to Hillbilly Elegy, and is the author of "LeAnne Howe at the Intersections of Southern and Native American Literature and Swamp Souths: Literary and Cultural Ecologies".

Author Annette Saunooke Clapsaddle will discuss her novel, "Even As We Breathe", at 5:30 p.m. on Wednesday, March 31. Clapsaddle, the first enrolled member of the Eastern Band of Cherokee Indians (EBCI) to publish a novel, holds degrees from Yale University and the College of William and Mary. Her first novel manuscript, "Going to Water", is winner of The Morning Star

Award for Creative Writing from the Native American Literature Symposium (2012) and a finalist for the PEN/Bellwether Prize for Socially Engaged Fiction (2014). After serving as executive director of the Cherokee Preservation Foundation, Clapsaddle returned to teaching English and Cherokee studies at Swain County High School.

Toril Moi, James B. Duke Distinguished Professor of Literature at Duke University, will conclude the series with her lecture, "A Wittgensteinian Phenomenology of Criticism," at 7:00 p.m. on Thursday, April 22. Moi's scholarship includes feminist theory and women's writing; the intersection of literature, philosophy and aesthetics; and ordinary language philosophy in the tradition of Wittgenstein, Cavell and Austin. She is the author of a number of books, including "Sexual/Textual Politics: Feminist Literary Theory"; "Simone de Beauvoir: The Making of an Intellectual Woman"; "What Is a Woman? And Other Essays"; and "Revolution of the Ordinary: Literary Studies after Wittgenstein, Austin, and Cavell".

For more information and to register for these events, visit unca.edu/events.

- UNC Asheville release

Fun Facts from the Editor:

- * Bacteria can grow and divide every 20 minutes, turning one bacterial cell into 16 million in just eight hours.
- * Cows face north to south to graze. They do this all over the world.
- * Crickets hear from their knees and chirp from their wings.





WEEKLY FISHING REPORT



MARCH 1-7, 2021





WATERSHED	STOCKING	PRODUCTIVITY	ACTIVE SPECIES	HATCHES	FLY/BAIT
Tuckaseigee River	Delayed Harvest stocking March 6. (Only delayed harvest section is open)	All Day.	Rainbow, Brook, Brown. All Day.	Caddis, BWO and Stoneflies.	BWO's, Caddis, Grif- fith's Gnat, Rubber Leg Prince Nymph, Perdigon, Frenchie, Squirmy Wormy, Red Bomb, Midges.
Chattooga & Whitewater Rivers	Hatchery Supported Waters are closed until April 3.	Based on water temperatures.	Rainbow Trout, Brown Trout	Caddis, BWO, Quill Gordons.	Prince Nymph, Girdle Bugs, Frenchie, Copper John.
Inside GSMNP Oconaluftee River & Small Streams	Hatchery	Warmest part of the day based on water temps. Watch Tippet size.	Rainbow Trout, Brown Trout, and Wild Brook Trout	Caddis, BWO's, Quill Gordon, Midges.	Caddis, BWO's, Quill Gordon, Griffith's Gnat, Rubber Leg Prince Nymph, Hares Ear, Rubber Leg Pheasant Tail, Copper John.

COURTESY OF SHANNON MESSER/TUCKASEEGEE FLY SHOP

MONDAY. MARCH 1 GOOD

1:56 PM-3:56 PM

TUESDAY, MARCH 2

WEDNESDAY, MARCH 3

BEST FISHING TIMES BASED ON THE LUNAR CYCLE THURSDAY, MARCH 4

FRIDAY, MARCH 5 MARCH 6

SUNDAY, **MARCH 7** AVERAGE

ALL 828-586-2155 OR VISIT WWW.MOUNTAINLOVERS.COM



Day trading dreamer

Dear Dr. Per Cap:

I heard about a guy who made a ton of money buying and selling GameStop stock. I keep thinking that could be me if I invested per cap. What does it take to be a day trader?

Signed, **Day Trading Dreamer**

Dear Day Trading Dreamer

If you've got \$25,000 you can be a day trader. But the question you needed to ask is - what does it take to be a successful day trader?

There's a lot of hype over day trading these days. The GameStop fiasco, in which a loosely organized group of individual investors turbocharged the company's stock price nearly 2,000 percent in three weeks by firing up online message boards and chat rooms, is front and center. Whether you spin the story as a noble band of t-shirted day traders sticking it to evil hedge fund managers or rabble rousing radicals causing disruption and chaos to financial markets - the idea of making a quick fortune betting on stocks with an iPhone is pretty enticing.

A day trade happens when a person buys and sells or (sells and buys) the same stock on the same day using a margin account (a

special type of brokerage account that lets you trade with borrowed money). According to the Financial Industry Regulatory Authority (FINRA) a pattern day trader is a person who executes "four or more day trades within five business days".

A day trader is also required to maintain equity of at least \$25,000. So you need some fairly heavy pockets to get started. The added risks of frequent trades with borrowed money makes a day trader a totally different breed than your typical buy and hold investor who socks away retirement contributions into a 401k.

Day trading has been around for years and to be good you have to pick more winners than losers. Make the right stock picks about 55 percent of the time and you stand a chance. As a kid my older sister had a friend whose dad was a day trader, although that wasn't a term back when we watched the Six Million Dollar Man on Friday nights. Spoiler alert – the show wasn't about a day trader. This guy actually had a ticker machine installed on his bedroom wall so he could check stock prices when he woke up. Long before CNBC and smartphone apps made real time quotes as ubiquitous as sunflowers in North Dakota. He did really well too. They owned a giant house in a high end neighborhood with an upstairs turret that to a seven-year-old looked like a castle – No joke.

However, I think it's misguided to think anyone can day trade for a living and ride off into the sunset. It's not easy money and the vast majority of people who set out to become day traders don't last. You're competing against pros using ultra-high speed networks, massive amounts of capital, and proprietary electronic trading

algorithms that crunch enough terabits of data to fill a warehouse with hard drives.

Think of a high school football team going up against the Super Bowl champs.

In good faith I can't recommend a day trading career to anyone because it doesn't align with my financial education mindset. However, if a person just can't resist chasing the dream please consider this:

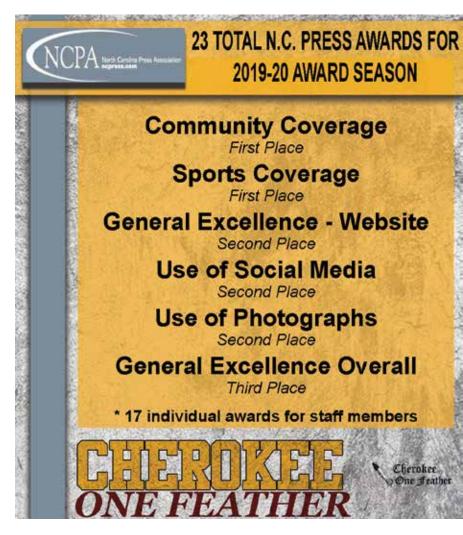
- Don't kid yourself. Many day trades are more about gambling than investing.
- Don't day trade more than you can afford to lose.
- Don't quit your day job.
- Learn as much as you can about stocks, brokerages, and trading strategies before you trade one penny.
- And please, whatever you do -

don't become a basement hermit wearing neon sweatbands and a t-shirt with a kitten while clicking trades on a purple backlit keyboard.

For more information and tips on how to avoid losing your shorts day trading check out this recently published investor alert from FINRA.

https://www.finra.org/investors/alerts/following-crowd-invest-ing-and-social-media

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation. For more information, visit www.firstnations. org. To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.



THANK YOU LETTERS Thank you Yogi Crowe Scholarship

Dear Yogi Crowe Memorial Scholarship Fund,

Thank you for your continued support into my spring 2021 semester of school. This is my fourth year and final semester of podiatric medical school. I have finished taking my board exams this semester and completed my residency interviews. Now I am just enjoying my baby girl who was born in December and waiting until match day in March to know where we will be going to residency for the next three years. Additionally, our graduation in May will be virtual. I am grateful for Yogi Crowe's help throughout the past four years.

Sincerely, **Carmen Johnson**

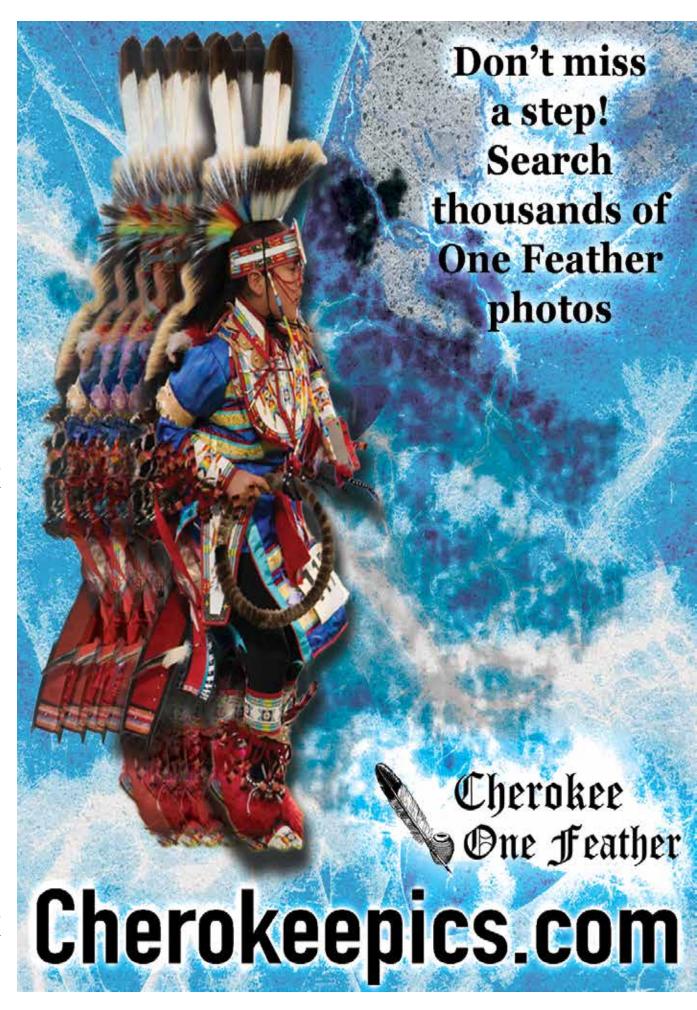
Thank You Yogi Crowe Scholarship!

I am honored to be a recipient of the Yogi Crowe Scholarship for the spring semester of 2021.

In December. I completed my first semester at the University of Tennessee-Knoxville, where I am pursuing my PhD in Anthropology.

Being a student is difficult during this time, virtual classes and limited resources are adding additional stress during an already difficult time. I am appreciative of the Yogi Crowe Scholarship award and the board for relieving some of the financial stress that goes along with being a student.

Thank you again, **Beau Carroll**



Cherokee Fitness Complex Re-Opening Phase 3 -(Modified Hours of Operation)

The Cherokee Fitness Complex will transition to Phase 3-Modified Hours of Operation on Monday, March 1under the following guidelines:

- Hours of operation: Monday -Thursday 6 a.m. to 9 p.m.; Friday 10 a.m. to 6:30 p.m.
- Members may sign up for a time slot by calling 359-6494/6495.
- Walk-ins will be allowed up to capacity during scheduled time frames.
- Time frames will be limited to 30 members at a time, as members exit the facility, members may re-enter the facility. (\$5 day pass fee and membership sales are available)
- All members are required to be pre-screened by a staff member before entering the facility.
- Membership applications will be required to be updated and check-in cards will be required for check-in. A new card will be issued if needed.
- The following areas will be closed until further notice: locker rooms/showers (restrooms available), gymnasium (only open for classes), family room, water fountains.
- EBCI enrolled members, Tribal/ Entity Employees and non-enrolled members 16 years and older can use the complex in Phase 3. (Entities include Harrah's Cherokee Casino, Cherokee Boys Club, Cherokee Central Schools, Cherokee Indian Hospital Authority, and National Park Service Employees)
- Masks will be required.
- No congregation policy is in effect; members are not allowed to congregate and gather in large groups. Individuals must implement social distancing by maintaining a minimum distance of

- 6-feet from other individuals while working out.
- Sanitizing all equipment after each use will be mandatory.
- Please bring your own towel and water bottle (water will be available for purchase only)
- Smoothie Bar will be selling prepackaged items and drinks, but no smoothies will be sold at this time.
- Updated Class Schedules and Guidelines have been issued; they are also available at the check-in front desk.
- The following are time slots for workouts: Monday Thursday 6 a.m. to 11:30 a.m., 12 p.m. to 3:30 p.m., 4 p.m. to 9 p.m.; Friday 10 a.m. to 2 p.m., 2:30 p.m. to 6:30 p.m.

Show respect to everyone in the Complex by adhering to all guidelines. Failure to follow guidelines will result in loss of complex use privileges.

- Cherokee Fitness Complex release

Cherokee Fitness Complex pool guidelines (modified hours of operations)

Effective Monday, March 1, the following schedule will be implemented for the Cherokee Fitness Complex pool:

Monday

Open Swim 9 a.m. - 10 a.m. Water Therapy 11 a.m. - 12 p.m. Open Swim 12 p.m. - 1 p.m. Open Swim 2 p.m. - 3 p.m. Open Swim 4 p.m. - 5 p.m. Youth Open Swim 5 p.m. - 7 p.m.

Tuesday

Open Swim 9 a.m. - 10 a.m. Water Aerobics 11 a.m. - 12 p.m. Open Swim 12 p.m. - 1 p.m. Open Swim 2 p.m. - 3 p.m. Open Swim 4 p.m. - 5 p.m.

Wednesday

Open Swim 9 a.m. - 10 a.m. Water Therapy 11 a.m. - 12 p.m. Open Swim 12 p.m. - 1 p.m. Open Swim 2 p.m. - 3 p.m. Open Swim 4 p.m. - 5 p.m.

Thursday

Open Swim 9 a.m. - 10 a.m.
Water Aerobics 11 a.m. - 12 p.m.
Open Swim 12 p.m. - 1 p.m.
Open Swim 2 p.m. - 3 p.m.
Open Swim 4 p.m. - 5 p.m.
Youth Open Swim 5 p.m. - 7 p.m.

Friday

Open Swim 10 a.m. - 11 a.m. Water Therapy 11 a.m. - 12 p.m. (Classes will be March 12 and 26, schedule subject to change) Open Swim 3 p.m. - 5:30 p.m.

Pool Use Guidelines

- -Please call 359-6494/6495 to reserve a timeslot, walk-ins welcome as well.
- -Max capacity is 12 per PHHS guidelines.
- -Must shower before entering the pool
- -Must bring your own towel, swim wear, etc.
- -Parents must remain in pool area during youth open swim.

"Cherokee Fitness Complex officials relate, "Show respect to everyone in the Complex by adhering to all guidelines. Failure to follow guidelines will result in loss of complex use privileges. We look forward to seeing you and appreciate your cooperation."

- Cherokee Fitness Complex release

Park announces Newfound Gap Road Paving Project

Great Smoky Mountains National Park officials announced that a paving project will begin the week of Feb. 22 on Newfound Gap Road along an 8-mile section of the roadway from Chimneys Picnic Area to Newfound Gap. The project should be completed by Nov. 30, though work schedules are subject to revision as needed for inclement weather.

Visitors traveling on Newfound Gap Road should expect weekday, single-lane closures and traffic delays through June 15 and again from Aug. 16 through Sept. 30. Lane closures are permitted from 7 a.m. on Mondays through 12 p.m. on Fridays. The lane closures will be managed with flagging operations and a pilot car to lead traffic through work zones. In addition, some parking areas and pull-offs will be closed intermittently. To better accommodate visitors during periods of high visitation, no daytime lane closures will be allowed on weekends, holidays, the week before and after the Easter holiday, summer season, or the month of October.

The Federal Highway Administration awarded the \$8.5 million paving contract to Bryant's Land Development Industries Inc of Burnsville NC. Roadwork will include the application of a pavement preservation treatment along a 6-mile section of the roadway and a full pavement rehabilitation for the remainder.

For more information about road conditions, please visit the park website at www.nps.gov/ grsm/planyourvisit/temproadclose.htm or follow Smokies-RoadsNPS on Twitter.

- National Park Service release

Turkey Shoot. March 6 at 3 p.m. at the Jesse Welch Turkey Shoot Facility in the Big Cove Community. This is a benefit for Big Injun Racing. Virus prevention measures will be followed. Good fun, good prizes, great benefit.

Constitution vs. Charter: Article IV (continued) Know the difference!

Proposed Constitution

Article IV - Legislative Branch (continued)

Section 3. Election for Tribal Council. Council Representatives shall be elected to their respective offices by the registered citizens of the Eastern Band of Cherokee Indians, who have attained the age of eighteen (18) years and are constituent citizens of the respective Townships.

Clause 1. Time of Election. The general election for Tribal Council Representatives shall be held on the first Thursday in September of 2023, following the adoption of this Constitution and every two years thereafter under such rules and regulations as may be adopted by the Board of Elections, consistent with this Constitution.

Clause 2. Selection. The successful candidate elected as a Tribal Council Representative shall be the candidate who receives a simple majority of votes cast by registered voters of each respective Township.

First Election after Adoption. In the first election after this Constitution is adopted, the two Council Representatives from each Township shall be selected as follows. The candidate that receives the most votes shall serve the full four (4) year term while the candidate that receives the next highest number of votes shall only serve a one-half term of two (2) years for the purpose of staggering terms of Representatives in each Township.

Current Charter

Section 2. The Principal Chief or Vice-Chief and members of Council shall be elected to their respective offices by the enrolled members of the Eastern Band of Cherokee Indians, who have attained the age of eighteen (18) years. All officers elected by the Council shall hold office until the first annual council held after the next tribal election and all officers shall hold office until their successors are duly qualified.

Section 3. The election for Principal Chief and Vice Chief and Tribal Council shall be held on the first Thursday in September, 1987, and every two (2) years thereafter, under such rules and regulations as may be adopted by the council.

FOR MORE INFORMATION ON THE DEVELOPMENT OF AN EASTERN BAND OF CHEROKEE INDIANS CONSTITUTION AND HOW TO PARTICIPATE IN ITS CREATION:
VISIT WWW.SGADUGI.ORG OR CONTACT LLOYD
ARNEACH AT lloyd.arneach@7clantech.com

Article IV is being presented in parts. More on Article IV next week!

Why is there a section about the first election after adoption?

The purpose of this section is to explain staggered terms for Tribal Council. This is how it would work, the first election after this constitution is adopted would work the same as it has in the past. The difference would be how long of a term someone would serve. Normally the top 2 candidates would serve on council for 2 years where both would run for re-election. Under staggered terms the first election would be as follows; the person who received the most votes would serve a 4 year term and the person who finished second would serve a 2 year term till the next election cycle and the winner of that election would serve a 4 year term.

In the following example, the constitution would be adopted in 2023. The next General Election would be held in 2025.

In 2025, the Birdtown General Election would have 4 candidates for 2 council seats. They elect Jane Doe with 800 votes and her cousin Jim Doe with 750 votes. Under this section of the Constitution, Jane would serve 4 years, because she received the most votes and would run for re-election in 2029. Jim would serve 2 years for coming in second and be up for re-election in 2027. This would be a one-time action to facilitate the staggering of terms.

For the 2027 election, Birdtown would have 2 candidates for one seat and the winner would serve 4 years and the seat would be up for vote in 2031.

OBITUARIES

Reef Gareth Cochran

Reef Gareth Cochran, 19, of Franklin, passed away Wednesday, Feb. 17, 2021.

Reef was born in Titusville, Fla. to Ronald and Storme Goldbeck Cochran. He liked fishing, shrimping, and swimming. Reef was a collector of Pokémon and Magic cards. He enjoyed playing computer games, his favorite being wizards 101. Reef was skilled at beadwork and loved spending time with his grandmother.

He is survived by parents, Ronald and Storme Cochran; brother, Zachary Kielbasa, all of Franklin; grandparents, Alan and Trina Christiansen of Crossville, Tenn.; aunt, Serene Russ of Clinton, Wisc.; and several cousins.

Service was held Sunday, Feb. 28 at Macon Funeral Home. Rev. Joel Creasman officiated.

Memorials can be made at www.maconfuneralhome.com

In lieu of flowers memorials can be made to Appalachian Animal Rescue, PO Box 81, Franklin, NC 28744.

Sandra Mary Davis (Cabe)

Sandra Mary Davis (Cabe), 77, went home to be with her Lord and Savior on Friday, Feb. 12,

Sandy was born on Jan. 11, 1944 to the late Robert Cabe and the late Charlotte Smith Cabe. In addition to her parents, she was preceded in death by her brothers, Robert Cabe, Howard Cabe, and Kenneth Smith.

Sandy was a loving godly mother, grandmother, and great grandmother who enjoyed devoting her life to her family. She was a life-long member of Glady Branch Baptist Church in Brevard and loved serving and worshipping her Lord and Savior.

Sandy was joined in eternity by her husband of 61 years, Johnny Davis, three days after her passing.

Survivors include her daughter, Angie Davis Shannon, and her son, Jeff Davis, both of Brevard.
Also included are one sister, Rita Louise Cabe; one daughter-in-law, Pam Davis; four grandchildren Makenzie Sammons (Thomas), Madison Shannon, Ashton Davis, and Cree Davis; and two great grandchildren, Peyton Sammons and Roman Sammons.

She will be greatly missed, but so lovingly remembered!

Memorial services will be held at a later date.

Online condolences may be left at www.moodyconnollyfuneral-home.com

Moody-Connolly Funeral Home and Crematory are caring for the family.

Johnny Russell Davis

Johnny Russell Davis, 80, went home to be with his Lord and Savior on Monday, Feb. 15, 2021.

Johnny was born on Jan. 31, 1941 to the late Clayton Davis and the late Edna Davis (Howell). In addition to his parents, Johnny was preceded in death three days before by his wife of 61 years, Sandy Davis.

Johnny was a godly father, grandfather, and great grandfather who led his family in love and spiritual wisdom. He was a life-long member of Glady Branch Baptist Church in Brevard and loved serving as well as studying and teaching the Word.

Survivors include his daughter, Angie Davis Shannon, and his son, Jeff Davis, both of Brevard. Also included are one sister, Harriet Davis; one daughter-in-law, Pam Davis; four grandchildren Makenzie Sammons (m. Thomas Sammons), Madison Shannon, Ashton Davis, and Cree Davis); and two great grandchildren, Peyton Sammons and Roman Sammons.

He will be greatly missed, but so lovingly remembered!

Memorial services will be held at a later date.

Online condolences may be left at www.moodyconnollyfuneralhome.com

Moody-Connolly Funeral Home and Crematory are caring for the family.

SFC Robert "Bob" "Sarge" Smith Jr.

Sergeant First Class, Robert "Bob" "Sarge" Smith Jr., U.S. Army, Ret., 90, of Havelock/Cherry Point, passed away Monday, Feb. 22, 2021 at Pruitt Health-Sea Level.

Bob was a Cherokee Indian born in Gaston County to the late Robert and Grace Smith. He served in the U.S. Army during the Vietnam War and the Korean Conflict where he was awarded the Bronze Star and was the recipient of two Purple Hearts. He was a member of Life Point Church and will be remembered as a loving father and grandfather.

He is survived by his daughter, Kim Glover and husband Roy of Havelock; sister, Ann Holcomb of Gastonia; grandsons, Hunter Glover, Kristian Glover, Colton Glover and wife Franchesca Camacho, and Nathanael Glover.

In addition to his parents, he was preceded in death by his wife, Willa "Dean" Smith; and a brother, Babe Smith.

Flowers are welcome, or memorial donations may be made to Disabled American Veterans, 3725 Alexandra Pike, Cole Springs, KY 41076.

Family and friends are welcome to submit online condolences at www.mundenfuneralhome.

His funeral service was held Wednesday, March 3 at Munden Funeral Home in Morehead City, officiated by Pastor Ray Conner, assisted by Dr. Kevin Yost. A graveside service followed at Coastal Carolina Veterans Cemetery in Jacksonville.

Arrangements are by Munden Funeral Home & Crematory, Morehead City.

Shelly Jo Head

Shelly Jo Head, of Forest City gained her heavenly wings on Monday morning, Feb. 22, 2021.

She was born on July 4, 1978 and was a loving mother and daughter. She was loved by all who knew her and never met a stranger. Shelly was known for her artistic skills was an awesome tattoo artist.

She was preceded in death by her father, Wilson Walkingstick; stepfather, Wayne Stidham; grandson, Marley Marlowe; grandfather, Russell Walkingstick; and grandparents, Helen and Ralph Head.

Those left to cherish her memory include her mother, Debbie Stidham; daughter, Melina Degree (Charlie Marlowe); grandmother, Annie Arch; two brothers, James Walkingstick (Brook) and Stephan Walkingstick; and numerous aunts, uncles and cousins. "Fly High My Love!"

The family gathered for a viewing and visitation on Monday, March 1, 2021 at Harrelson Funeral Home.

Harrelson Funeral and Cremation Services has been entrusted with arrangements.

An online guest registry is available at www.harrelsonfuner-alhome.com.

Nannie (Kalonaheskie) Calhoun

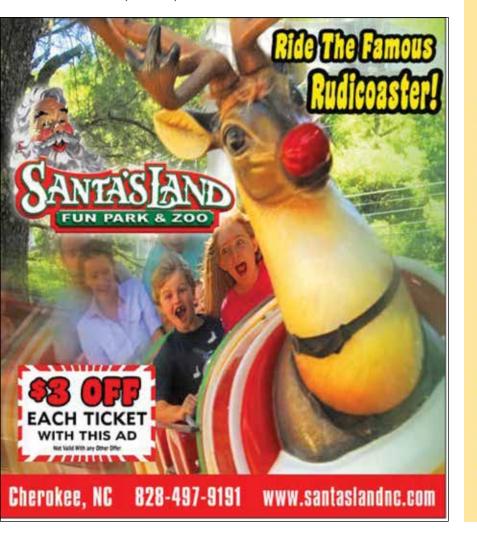
Nannie (Kalonaheskie) Calhoun, 70, of the Big Cove Community of Cherokee, passed away unexpectedly following a period of declining health on Friday, Feb. 26, 2021 while at Memorial Campus of Mission Hospitals in Asheville.

Nannie was born to the late
Styles Kalonaheskie and Susie
(Armachain) Kalonaheskie on May
16, 1950 in Cherokee. She was a
preschool teacher in her younger
years working for the Big Cove Head
Start program and she loved life.
She watched the red birds at her
home and loved spending her days
with her family. She will be missed
by her loved ones and friends.

Nannie leaves behind her daughters, Roberta Kalonaheskie (Lamont) and Pattie Calhoun both of the home in Cherokee; a brother, Charlie Kalonaheskie; a sister, Geneva Kalonaheskie Watty; two grandchildren, Tamera Kalonaheskie (Daniel) and Corey Hill (Brittney); four great grandchildren, Colton, Oakley, Aubrey and AJ; along with several Nieces and Nephews.

Along with her parents, she was predeceased by a son, Clayton Calhoun; brothers, Thomas Driver, James Kalonaheskie, Junior Kalonaheskie, and Jonah "Bonehead" Kalonaheskie; one sister, Josephine Kalonaheskie; and one grandson, Mizael Rodriguez.

Nannie had a funeral service in the Chapel of Long House Funeral Home on Tuesday, March 2. Pastor Hardesty, of the Cherokee Church of the Nazarene, officiated the service and an immediate burial followed in the "Henry" Calhoun Cemetery near the home with pallbearers being among the family and friends.





You are in business to make money ...right?

Thousands read the Cherokee One Feather each week. Our readers are a distinct demographic who are highly selective about where they get their news and what media they trust. No other media outlet reaches the Qualla Boundary like the One Feather. From tribal elders to youth stickball players, they check out their local newspaper for all the happenings in and around Cherokee. We live in a tight-knit community and we like to keep up with what is going on with our neighbors. It just makes good business sense to invest your advertising dollars where our readers will see it. And they will in the Cherokee One Feather. We have reasonable rates for print and online advertising. Check out the One Feather website, www.theonefeather.com, pick up a print copy at participating retail outlets (rack copies are free), and visit us on Facebook. Then get in touch with us and we'll help you find the size and frequency you need to make money. We'll even help you with ad creation. You may have the best product in the world, but if no one knows about it...Contact us today.

Fish Cherokee 2021 schedule

The Catch & Keep Enterprise Waters will be closed to everyone from March 13-26. The Catch & Release Enterprise Waters are open all year for trophy water fly fishing only.

Following is a list of tournaments sponsored by Fish Cherokee, a program of the EBCI Natural Resource Program (a two-day Tribal Fish Permit {\$17} and tournament registration {\$15} is required for all):

March 27-28: Opening Day Tournament

- \$20,000 cash prizes
- Registration deadline is Friday, March 26
- May 29-30: Memorial Day Tournament
- \$10,000 cash prizes
- Registration deadline is Friday, May 28

Tim Hill Memorial Tournament: July 24-25

- \$10,000 cash prizes
- Registration deadline is Friday, July 23

Qualla Country Tournament: Sept. 4-5

- \$20,000 cash prizes
- Registration deadlines is Friday, Sept. 3

Tag turn-in for all tournaments is 4 p.m. to 6 p.m. at the EBCI Natural Resources Enforcement Office at 517 Sequoyah Trail.

Participants may purchase a Tribal Fish Permit online at www. fishcherokee.com or from a local permit vendor. Children ages 11 and under may participate in tournaments under a supervising adult's registration and fish permit. Legal fishing methods apply to everyone. Report fishing violations to 497-4131 (10-fish limit per day per permit holder which includes catch of children, catch must be kept separate, fly-fishing in ponds is allowed, re-releasing

caught fish into ponds prohibited). Fishing hours are one hour prior to sunrise until one hour after sunset. Discarding fish remains anywhere other than trash bins is prohibited.

Info: www.fishcherokee.com or on Facebook at facebook.com/ fishcherokee

- EBCI Natural Resources

Harrah's Cherokee Tribal Scholarship Fund announces emergency COVID-19 funding

The Harrah's Cherokee Tribal Scholarship Fund has announced emergency COVID-19 funding made available to qualified educational institutions in the seven surrounding counties bordering the Qualla Boundary (Jackson, Swain, Haywood, Macon, Graham, Cherokee and Clay).

Organizations may apply for emergency funds related to personal protective equipment, screening supplies, sanitization chemicals/equipment, safe food transportation, and other qualified needs resulting from COVID-19. Funding will not be provided for staffing, payroll, gift cards, or any items not specifically related to safety.

For an application and full qualification criteria, please contact: Yona Wade at yona.wade@ccs-nc.org or 554-5032; or Sherri Booth at sbooth@harrahs.com or 497-8753.

- Harrah's Cherokee Tribal Scholarship Fund

Life Recovery Bible-Based 12step Zoom meeting. Started Nov. 10 from 5 p.m. to 6 p.m. Info: Deb Conseen-Bradley kellideb@gmail. com

Life Recovery Zoom meeting.

Started Nov. 10 from 4 p.m. to 5 p.m. Info: Deb Conseen-Bradley

kellideb@gmail.com

HELP Program Lawn Maintenance and Garden Plowing applications available

Applications for the HELP (Handicapped and Elderly Living Program) Lawn Maintenance and Garden Plowing are now available during Tsali Manor lunch drive-thru and/or over the phone. The deadline for applications is June 30.

Eligibility requirements:

- * Must be a member of the Eastern Band of Cherokee Indians
- * Individuals applying for assistance must be living in the home.
- * Applicants must be 59 1/2 years old or older.
- * Applicants under 59 1/2 years old must not be physically capable of mowing. Proof of disability (Social Security Disability Statement) is required.
- * For 2021, a doctor's note stating applicant is not physically capable will be required from each applicant (disabled and 59 1/2 or older). Attach statement to the application or request that it be faxed to (828) 497-3519.

Mowing information:

- * Client/family is responsible for getting yard clear of any trash and/or debris.
- * The residence must be within the three-county service area of Jackson, Swain, and Haywood.
- * Mowing will occur between April 1 and Sept. 28.
- * Mowing and weed eating include a 50-foot perimeter around the home including carports.
- * Lawns mowed outside the 50foot perimeter will be the homeowner's responsibility.

Plowing information:

- * Available up to a 100 foot by 100 foot area.
- * One garden per household
- * Plowing will occur between

March 1 and May 31. Info: 359-6638

- HELP release

VITA Tax assistance program starting

The 2021 offering of Tax Assistance has begun. If your annual income is less than \$57,000 or you are a member of the Eastern Band of Cherokee Indians, you are eligible to have your taxes prepared at no cost at the EBCI Cooperative Extension Office at 876 Acquoni Rd. The offices are located next to the Yellowhill Community Building and covered basketball court. Due to the current public health situation, VITA Tax Assistance will not be held face-to-face. Instead, a drop-off and pick-up service will be performed. Returns could take up to ten days to review and process.

Program officials note, "This process will be a bit lengthy compared to previous years. We will be limited in the weekly number of available appointments for the drop off service. As always, our program relies on volunteers to perform this service. Many volunteers are operating under the same, difficult circumstances as many of you may be and as our nation grapples with the challenges associated with COVID-19.

. We are fortunate to continue providing this service given the current state of our community and country."

Bring the following items to your appointment/drop-off:

- * All income related forms such as: W-2, 1099 Misc., 1099-I, SSA-1099, etc.
- * Photo I.D. such as Driver's License or enrollment card with picture
- * Social Security Card and birth date of every member of the household

- * Enrollment Card of Federally Recognized Tribe for NC Tax Extemption
- * Bank Account Information if you want tax return direct deposited
- * Last year's tax return (if possible)
- * The program does not do Rental Income (Schedule E), Dividend and Investment Income (Sch B) and Complex Schedule C.

To schedule an appointment, call the EBCI Cooperative Extension Office 359-6939 or 359-6930. If you reach the voicemail, please leave your full name, your primary phone number, and one of the team members will promptly return your call.

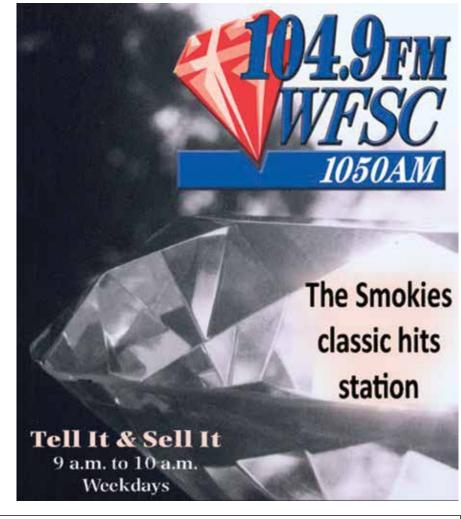
Officials stated, "We will be scheduling your appointment on a first come first serve basis. We ask that you call the numbers listed to make an appointment as our building lobby is not open to the public currently."

> - EBCI Cooperative Extension Program release

Attention: EBCI livestock producers

The EBCI Division of Agriculture and Natural Resources currently has resources available to support livestock health needs through the procurement of medical supplies for EBCI producers. They are currently trying to identify individuals and complete a needs assessment for this one-time financial assistance program. Contact Mike LaVoie, EBCI Natural Resources, prior to Friday, March 12 at 788-3427 to discuss this opportunity.

- EBCI Division of Agriculture and Natural Resources



CAPTURING THE SPIRIT

General B. Grant is a local artist, business owner and entrepreneur. Two years ago he went before Tribal council and received permission to make ethanol for medicinal purposes. When the pandemic started and important sanitizing products were hard to get, he decided to produce hand sanitizer to provide for the Cherokee people.

He founded CHEROKEE HAND SANITIZER, Inc. and built a large distillery located within the Qualla boundary. Here, he creates the necessary active ingredient from corn, which is then mixed into the much needed sanitizer.



TRADITIONAL VALUE -NATURAL INGREDIENTS

While there is no spiritual value in mainstream hand sanitizer, the Cherokee product is made with all-natural

ingredients and based on the traditional understanding of native medicine.

Each Individual has their own association with different plants and rocks.

- CONTINUE THE RESPECT FOR INDIGENOUS KNOWLEDGE
- USE THIS GIFT OF NATURE FOR PROTECTION AND HEALTH



CHEROKEE HAND SANITIZER

GENERAL B. GRANT
PO BOX 144 - 22 GRANT DRIVE
CHEROKEE, NC 28719

PHONE (828) 497.3370

EMAIL: cherokee.hs21@gmail.com WEB: CHEROKEEHANDSANITIZER.COM CHEROKEE HAND SANITIZER, Inc. provides a variety of fragrances by adding essential oils. Whenever used, their healing properties remind the body & spirit to release and navigate the self-healing power of our body.

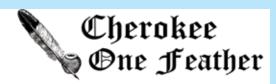
Each scent is available in different sizes. A practical 2oz bottle with hook can be connected to any school bag, belt loop, purse or keychain. Students (and everyone else) can wear it on a lanyard and be safe all day, anywhere. Larger pump bottles provide convenient dispensing for every room in your home or office. Economic half gallon or gallon bottles allow easy refilling of smaller pocket-bottles. This is eco-friendly and safes you money. Sanitizing spray can be used to clean desks, furnishings, tools or toys.

Pick up CHEROKEE HAND SANITIZER at TRADITIONAL HANDS Working Studio 22 Grant Drive, off Catolster Johnson Road (off Big Cove Road) or get it at TRADITIONAL HANDS Jewelry & Art Gallery, 1045 Tsalagi Road - HWY 441 Business, downtown Cherokee [next to SUBWAY].

BUY LOCAL - FROM A LOCAL

* Wholesale prices available for businesses. *

OPINIONS



P.O. Box 501, Cherokee, N.C., 28719 Located in Ginger Lynn Welch Complex theonefeather.com, (828) 359-6261

The Editorial Board of the Cherokee One Feather consists of: Robert Jumper, chairman; Scott M. Brings Plenty, vice-chairman; Jonah Lossiah; Sally Davis; Angela Lewis, and Breanna Lucas.

Editor - Robert Jumper robejump@nc-cherokee.com Reporter - Scott M. Brings Plenty scotmckie@nc-cherokee.com Reporter - Jonah Lossiah jonaloss@nc-cherokee.com Subscription Clerk - Sally Davis

salldavi@nc-cherokee.com

Letters Policy

The Cherokee One Feather is available as a forum for any opinion or point of view concerning issues of general interest. Letters should be typed, exclusive to the One Feather. Letters must be signed and should include a name, address, and phone number. Letters may not exceed 250 words. Letters exceeding the word limit will not be accepted for publication. The name and town or community of the writer will be printed. Letters critical of specifically-named minor children will not be published.

Disclaimer: The views and opinions expressed by the editor and commentators are those of the authors and do not necessarily reflect the official policy or position of the Cherokee one Feather and Eastern Band of Cherokee Indians.

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Winner of 23 NCPA awards in 2020 including 1st Place - Community Coverage, Sports Coverage



COMMENTARY

The Second Shot

ROBERT JUMPER

ONE FEATHER EDITOR

Roughly four weeks ago, I received my first Moderna COVID-19 vaccine inoculation. Wednesday, Feb. 24, I went in for the second shot.

Arrival was just as it had been for the first. At the Cherokee Indian Hospital (CIHA) entrance, staff took my temperature and ask me some questions to confirm, to the best of their ability, that I had not been exposed to any of the virus through contact with others. Then I was permitted to go to the area where they were staging patients for the shot. At that point, I filled out a few more forms, like the previous visit as well. One of the intake coordinators when I arrived was Hugh Lambert, a friend and acquaintance for years. We exchanged a few pleasantries in Spanish. Then, I waited just a few moments before being led to the nurse's table for the shot.

At this point, I have to say again how incredibly polite and professional our hospital staff treats those who are going in for the shot. Both visits, they treated me with great care and respect, just as I saw them doing with many other patients. It is so important for them to do that, particularly in the case of the second shot.

There are many people out there saying many things about the vaccines. Some of the talk in the community rises from personal experiences, some from gossip, and some from propaganda. There are folks pontificating on social media about a vast conspiracy to make sheep out of the population and that there is some nefarious agenda built into the vaccination process and the whole idea of a virus and virus response. They will espouse speculation as fact and promote it as reason to resist any persuasion

to "take the shot".

At no time in modern history have I seen the leadership of our country, from government leaders to health care professionals to top scientist, more in tune with each other on an issue. And never in my lifetime have I seen so many ignore those same authorities and, even more, disagree with factual findings of the likes of the Center for Disease Control, United States Surgeon General, and the Indian Health Service. Even in the face of a nationwide effort to protect the health and wellbeing of children, elders, and the infirm, there are people still fence-sitting on the decision of whether to take the vaccine.

There are literally millions of people who are not blessed to be Native who are on long waiting lists to get their first shots. There are families losing loved ones as we read this, people who had been waiting on their opportunity to get the vaccine who didn't qualify in time because their age group wasn't being vaccinated due to limited supplies of the vaccines.

So, the brief moments that I waited for my turn at the second shot, I felt thankful and humbled at the privilege of being 60 and that my Tribe was making sure to protect me, and protect those who might be around me, from the virus. God bless those who provided the vaccines to our Tribe and those who are working so hard to get all of us protected.

I spoke briefly with my nurse about the size of the needle, jokingly asking her why the needles were so much longer than the flu shot needles (they are not). She did tell me that larger needles were sent with the shipment, but that CIHA had replaced those needles with smaller ones for the comfort of their patients. That is something they didn't have to do,

but wanted to do because they are professional, humane, and want to ensure the best customer (community) service.

She asked if I had any reaction to the first shot and I said no. I actually did have a bit of a sore arm afterward, but I figured that would be normal after having a needle stuck in it, so I didn't think it was worth mentioning. She let me know that I might have some reactions with the second one because with the first one, they are building up antibodies, then with the second shot, they are actually putting those antibodies to work. She said that the hospital was getting feedback from patients after shot two that they were experiencing some discomforts.

Informally, I had asked around about what to expect from shot two from friends and colleagues who had gotten it before me. A family member said she went through 36 hours of flu-like symptoms (chills, fever, headache) and she said it was pretty rough. I have spoken with others who have had those same flu-like feelings, some who had visions and weird dreams, and still others who couldn't even tell that they had a shot, except that the only universal complaint is a pretty sore shoulder where the needle went in. I also had one lady tell me that the shot kept her awake for the first 24 hours.

Maybe my favorite description was an elder gentleman, who told me to "expect to have a little diarrhea and headache, oh, and be sure to rub the injection site a lot because it will help it from being sore."

My nurse gave me the injection. Oh, and she replaced my vaccination card, which had fallen victim to my clumsiness (spilled a cup of coffee on it in my car's

front seat). I was then sent to the 15-minute waiting room to make sure I didn't have an immediate, possibly allergic, reaction to the vaccine. So, I sat there, played on my phone, and chatted with other poor souls whose 15 minutes weren't up yet. The time passed quickly, and I was told I could be on my way.

As of this writing, it has been 30-plus hours since the second shot. As foretold, the shoulder is pretty sore to the touch, but is in no way debilitating. It continues to be sore, but I am sure that elder would say that I am simply not rubbing it enough. Off and on, over the past hours since I have had a mild headache. Honestly, I took the rest of the day off on Wednesday, anticipating that I might have a bad reaction to the shot, but soreness and the mild headache are all that have materialized. I was even able to attend Wednesday night church services without problem and do some electronic paperwork for the newspaper after services. I had no problem getting back to the office and in the swing of things today (the day after the shot).

I wanted to share my experience with you in hopes that it will help you with your decisions about taking the vaccine. Like many other things in our life, it is prudent to seek out as much firsthand information as possible instead of listening to the loud volume of unsubstantiated material thrown on the internet through social media. I have no doubt that my friends and colleagues experienced every symptom that they described to me. I have been, so far, fortunate in that my shot reaction has not been severe in any way. We are all different and will respond differently to the vaccine. Also, so far, one thing is certain. Our medical

community was so sure that we needed this vaccine that they were willing to be first in line to receive it. That speaks volumes to me, and it should to you too.

I again want to thank the amazing staff at Cherokee Indian Hospital for the excellent care as I went through this month-long process, especially the young ladies who administered shot one and shot two. And I promise Hugh that I will brush up on my Spanish.

Good Housekeeping

Asparagus With Lemon and Parmesan

- 1 lemon
- 1 small Parmesan cheese wedge
- 3 tablespoon extra-virgin olive oil
- 2 bunch asparagus
- 3/4 teaspoon salt
- 1/2 teaspoon coarsely ground black pepper
- 1. From lemon, grate 1 teaspoon peel. With vegetable peeler, remove enough shavings from wedge of Parmesan to equal 1 cup, loosely packed (about 2 ounces). Set aside.
- 2. In nonstick 12-inch skillet, heat oil over medium heat until hot. Add asparagus, salt and pepper, turning to coat asparagus. Cook, covered, 6 to 7 minutes or until asparagus is tender and lightly browned. Remove skillet from heat. Sprinkle with lemon peel.
- Transfer asparagus to warm platter; top with Parmesan shavings. Serves 6.

For thousands of triple-tested recipes, visit our website at www.good-housekeeping.com/food-recipes/.

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Local Shelters Need Your Help

DEAR PAW'S CORNER: I run a shelter in a rural area, and I wanted your readers to know that there is still a great need for donations of any kind at my shelter and just about every animal shelter in the country. While cash is the biggest way to help a local shelter obtain food, medical supplies and other items to take care of lost and abandoned pets, we also accept donations of goods. Pet food, old blankets and pet toys are always appreciated. The best way to make sure your donation is needed is to call your local shelter and ask what they need! Believe me, shelter workers won't hesitate to tell you, because they know what items are needed and they usually need them right away. — Carol in Alexandria, Louisiana

DEAR CAROL: Thank you for all that you do for animals! Readers, take note that animal shelters, like many businesses, are struggling and getting by day to day during this ongoing pandemic. Anything that you can donate will be appreciated.

Find local shelters by searching online or on Facebook. Contact the shelters by phone or email to find out what they need.

One thing I see a big call for from rescue shelters is old newspapers. These are used to line the bottom of cages — they are easy to put in and easy to clean up. Used collars and leashes also are welcome.

If you don't have pet items to donate, find out if the shelter needs office supplies. Pens, printer paper, sticky notes, file folders and other items may be gratefully accepted.

Send your tips, comments and questions to ask@pawscorner.com.

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EDITORIAL Chanala

Cherokee needs a downtown parking garage... yesterday!

ONE FEATHER EDITORIAL BOARD

Downtown Cherokee needs a parking garage to serve both the business district (aka downtown) and the cultural district, and it needs it now...actually yesterday. Driving through downtown Cherokee during the spring, summer, and early fall months can be challenging with on-street parking and the lack of sidewalks.

Build a parking garage in Cherokee. Get rid of all of the on-street parking in downtown Cherokee, and build sidewalks in the place of the parking spaces. That would make downtown Cherokee safer, and much, much more accessible to visitors and community members.

The perfect place for this parking garage is the parcel known as the old Cherokee Elementary School. It is easily within walking distance of downtown. We would even suggest building a sky bridge from the garage to the beginning area of the new sidewalks starting at the end of the downtown area near the Cherokee Harley-Davidson store.

Safety should be of paramount concern for visitors to any town, and right now pedestrians are not truly safe in downtown Cherokee. The lack of sidewalks makes it a treacherous endeavor to say the least. It is not uncommon to be driving through the area during high tourist season and have people walk out into the road from behind parked cars. It is common knowledge that downtown roadway drivers look at the speed limit as a suggestion, sometimes driving dangerously above safe speeds. Let's not even address the problem with extended-cab trucks or longer vehicles that many times stick out in the road.

You don't have to look far for a perfect example of how this type of downtown parking system works. This is how the Town of Gatlinburg, Tenn. has it set up, and it works well. On a larger scale, you can turn to Universal Studios in Orlando, Fla. which has a large parking garage. Patrons park there, walk safely across a sky bridge (where the idea came from for the one referenced above) that goes over the highway, and end up at City Walk which is an area adjacent to the park itself that has numerous restaurants and stores.

With a system like this in Cherokee, it would make pedestrian travel much more safe and much more frequent. People frequently comment and just simply observe that while neighboring towns such as Gatlinburg and Maggie Valley have visitors at night, Cherokee seems to close around dinnertime and is sort of a ghost town.

Having a parking garage could be the stimulus that downtown is looking for and is needing. There's no reason why Cherokee couldn't be just as vibrant as Gatlinburg. This could also connect downtown to the cultural district (i.e. Museum of the Cherokee Indian and Qualla Arts and Crafts Mutual, Inc.) with the addition of sidewalks that truly extend all the way down. It is close now, but with just a little bit of work, it could really connect both parts of town.

A parking garage built and funded by the Eastern Band of Cherokee Indians tribal government would be an investment in the future of the Tribe and its tourist industry. One good thing about a parking garage is that you can charge people to use it and it is a cost that they would expect. Free parking doesn't really exist in America outside of the game, Monopoly. It would take awhile, obviously, for parking fees to pay for a multi-floor garage, but in the meantime having it would boost tourism so much that tribal levy payments would increase. It's a win-win all the way around.



The Steve Youngdeer American Legion Post 143 is seeking contact information for active duty EBCI (Eastern Band of Cherokee Indians) troops currently deployed overseas.

All information will be held in the strictest confidence. The Post and Ladies Auxiliary wants to send care packages and notes of encouragement to the troops.

Info: Warren Dupree 508-2657 or David McQueen 736-9572



commentary Variants and mutations...

WILLIAM LEDFORD

s you may have heard, Senator Ted Cruz showed his constituents in Texas how he really, really cares for them when he, and family, and others, bolted for Cancun, Mexico during the polar vortex weather event that shut down the Texas energy grid during sub-zero temps. The freeze locked up the power generating stations that provide homes with lights and heat, without heat the freeze burst water pipes. Naturally the Republican governor tried blaming the "Green New Deal" and wind turbines. Sorry Governor, that GND is only a concept and the windmills only provide 13 percent of the power to the grid at peak efficiency. What he didn't blame was the fact that Texas prides itself on being the only state or one of, that has no Federal regulations compelling them to "winterize" their power grid components, so they froze up.

I don't normally disagree with either Bob the Builder or Scotty the Engineer, but I feel that I must in this case. The case being that it's the opinion of a few people that more "fans" be allowed into the stands for high school games at gyms and fields based upon facility seating size. As a COVID survivor with lingering issues I couldn't disagree more. So, I am. I can remember when high school sports were an "extra-curricular" activity. A privilege that was "earned" by attendance, good grades, and full-

time status. Now the fun seems to have been replaced by demand. People demanding to be allowed to play and be allowed to attend games regardless of the danger not only to them but any and all they may come in contact with.

And this demand with some "fans", which include parents, grandparents, uncles, aunts...infinity, it's no longer about fun. It seems that a sense of desperation is evident here. I sense a pattern, an "Al Bundy Syndrome" if you will. Those adults with the syndrome would have us believe that nothing they've done with their lives through adulthood will ever compare to playing HS sports and they seem to be passing that desperation on to the kids. I played ball in school, it just really wasn't that big of a deal and when it became not fun, I simply stepped away. I also played ball after my high school days were over and had more fun doing it. Maybe I just didn't like people telling me what to do and I was never a "rahrah" kind of person anyway. I had more fun dancing in powwows. That was a lotta fun. Hmmm... where was I?

Oh yeah, here. Look, I get it. Being under "house arrest" and forced to wear masks and be cautious about touching things and washing hands during this pandemic is very trying, it's trying for all of us but somewhere, sometimes, good sense has to prevail. We are not done with a pandemic that's killed more than 500,000 Americans. The COVID-19 virus is mutating, it's adapting and now infecting those who were once considered low risk. More than ever we need to be vigilant until

we are nearly all vaccinated. That means playing and watching high school sports should be something that's way low on the list of priorities.

I saw in the One Feather that an individual was convicted of embezzling \$199,000 from the EBCI (Eastern Band of Cherokee Indians). Eighteen months of jail time (we'll see how much he actually serves before "good time" early release) and an additional three years of supervised release (is that parole or probation, I'm confused) plus restitution is really just a slap on the wrist. He'll get himself a jailhouse boyfriend, serve easy time and be out before you know it. And, if he doesn't declare bankruptcy after he becomes unsupervised, we may get some of that money back. I have a really strange idea that would solve the

problem. Why do we, the EBCI, have all of this money sitting around so people can have access and take it, instead let's spend it and install broadband across the Rez. This pandemic has demonstrated that EBCI kids need access to efficient internet capability to stay informed. Yeah? Or am I oversimplifying here?

Before I go, I want everyone to empty their minds and picture a beautiful, empty blue sky. Beautiful rich vibrant blue. That's called Carolina Blue. And an old saying goes like this, "If God wasn't a Tarheel, why'd He make the sky Carolina Blue?" See ya!

Ledford is a member of the Eastern Band of Cherokee Indians currently residing in Albuquerque, N.M.





Classic Country WBHN Radio 94.1 FM and 1590 AM

Now online at 941classic country (QR code provided for convenience)

theonefeather.com

One Feather Question of the Week

Cherokee Nation Principal Chief Chuck Hoskin Jr. has voiced his opposition to Jeep using the name "Cherokee" on its vehicles.

Driver Blythe: Personal opinion: if they're gonna prostitute the name of a tribe on their vehicles for financial gain, then they should be giving back to the tribe(s) for use of the name - royalties, incentives, etc.

Shoshoni Medine: I think this is comical.

Justin N Michaela Davis:

This entire time and now they're wanting to oppose it? Unless the company is flat out making fun of a Tribe, I personally would consider it an honor.

Sam Driver: At least it's their Chief doing it and not ours! I think it's pretty darn stupid. Before too long the Cherokee brand cigarettes will be taken off the shelves. Cherokee brand clothing will be taken off the shelves. Just stop already. Be Cherokee and be proud.

Susan Phillips: It's a name of pride. Why would it offend anyone?

Jackie Ellis: Pretty soon we can't say we drive a white car or a black car. This is getting ridiculous.

Donna Bates: Why did they not say something about this years ago?

Troy Gleason: Didn't we use these exact vehicles in the past for our law enforcement?

Joe Baker: I think there are more important issues for Chief Hoskins to worry about than a name on a vehicle. He needs to think about issues that affect the people that he represents.

Tracy Reed: Does it ever stop? I wish I had a "shaking my head" emoii.

Brenda Allen: Really people? This is all going way too far.

Rachel Sneed: And, how many years has it been used? Nobody voiced their opinion of "hurt". Get over it. Life is short. Worry about bigger things.

Sandy Rebelb: Let's stop this. It is not offensive. Are you trying to get in the limelight? Jeep Cherokees have been around for decades and now you have a problem with it? I know I'm sure there are plenty of the Cherokee Natives driving them.

Randy Crutfield: I look at this as any other name or entity that has or hasn't been trademarked. If it has been trademarked, it has to be defended continually to keep it from common use. If it has not been trademarked and has found it's way into common use, it's out there for anyone to use. Any case, it doesn't seem to be used in a negative connotation. I wouldn't be surprised and would guess that Jeep has trademarked the name to prevent other manufacturers from using the name. Wouldn't it be ironic to find that Jeep has the right to "Cherokee"? Any case, I don't think this should be the top of anyone's agenda.

Maney Zacchaeus: Might as well - everyone is offended by anything these days.

Mary Pat Smith: Why is it just now an issue when Jeep has been using this name for years?

Pamela Stroud: Will this never end? Good grief

E.J. Morris: If Jeep wanted to pay for the use of the name I would probably be more inclined to get one. If you named a car the United States Congress I bet they would want a cut.

Judy Martin: Give me a break with this stuff; pitiful.

Dennis Burgess: I think it's fitting because every Jeep I've owned has sent me on a "trail of tears" to NAPA. Just kidding; it doesn't bother me.

Janell Rattler: When Tribes are offering and selling their crafts, books, audios, etc. is it not the same thing?

Alice Inola Nightbird: I've been wanting a Jeep Cherokee just so I can have a decal made that says "Cherokee in a..." and put it over the Cherokee emblem on the back.

Melody Turner: Jeep using the Cherokee name doesn't bother me at all. There are more important issues than this.

Penny Alford Cooper: Please invest more time in finding better health care for the people.

Libby Lane: I think as the Chief of the Cherokee Nation there would be bigger and better things for him to be concerned with.

Emily Oakes-Mead: I don't have an issue with the use of proper names. It's using words that

can be considered slurs: braves, redskins, injuns, etc.

Cedric-Sandra Maney: Tell him to worry about the homeless, the elder, ad those in need.

Carrah Swimmer: I think like anything else the name "Chero-kee" has come to be accepted, like the word "Indian". Offensive to me no, but it would nice if it was changed. If change isn't available yet at least give acknowledgement of the name and how they come to choose the name. But like I said, it's acceptable among a lot of other words.

Jessica Hogner: (comment edited for length) No one ever asked anyone if they could use "this" for that name or that team, or that costume. It just started to happen. So, people who have just experienced suppression, discrimination, attempted extraction are now seeing their names, terms, and references used by the very people who didn't want them here. I'm sure for many it was a little aggravating to say the least. Once again, no one asked those tribes anything. They just did it. Now, fast forward some years, decades, generations, tribes and tribal members are for one #stillhere, but more experienced, more educated, more powerful, more prominent, have more money and realize they do have a voice; and, they're using it. Does that mean that that one voice represents all of us? No, but it sure does represent some and probably many. Does that mean that all of us have a problem with the cars, the teams, the costumes? No, but some of us do... and probably many. So when people or a portion of those people speak out, listen because there is some truth and relevance in the

matter and maybe, just maybe it's always been there but no one ever had the gall to say it.

Chan Taylor: To me, the Cherokee name represents strong, resilient, and faithful people.

Kellie Lee Davis: There are literally more important issues than this. This is what he's concerned with?

Frank James Lossiah: I'm honored to have Cherokee on a vehicle. I just wished the federal government would have a Native American Holiday off with pay nationwide, instead of some states or just in Reservations. There are other issues that a Nation's leaders should be worried about.

Shamus Modigliani: The Jeep Cherokee, which has been in existence for over 40 years, was named that to imply rugged durabilty and strength. If a special royalty tax were added to the vehicle, you could potentially make it out of reach for more consumers. Less may be sold. That could easily mean that they will just rename it and there would be no more royalties. Do you want it to be the Jeep Viking? How would that go over? If you want everything to be more expensive, keep going down this path. The next thing you know, Indiana will want royalties when a 'Hoosier' cabinet is sold, Colorado will want royalties when a Kia Telluride is sold, what about royalties to Greece for Greek yogurt? You could go on into nonsense forever here, worry and focus on the real problems in today's life people.

Loretta King: I drive a Jeep Cherokee.

Paul Mitchem: I learned to fly

in Piper Cherokees. I thought the name was pretty cool.

Darlene Norton: Please be concerned with issues that matter. Our people are dying from drugs, diabetes, housing issues, homelessness shelters.

Pogo Tramper: Just erase all traces that Natives even existed.

James Stanley Robertson Jr.: Nobody cared until the TV told them to.

Xavier Siweumptewa: I say if they use our name let's get money from them so it can come back onto the Boundary or to tribal members. If we can't get that agreement, I say make them stop using our name.

Mark Jackson: I thought the Eastern Cherokee named it. Didn't they give the Chief one at the time it came out?

Kaitlin Wolfe Blaylock: I've said for years that Jeep should retire the name.

John Bishop: Have we grown this sensitive? Are we going to outlaw strawberries because they are red and grow on the ground? Don't we have bigger things to worry about?

David Orr: Leave the name alone. Absolutely no reason to get involved with this - more important things to worry about.

David G. Jumper: All the supposed Natives on here so enraged and want this to be over with; shaking my head.

Claudette Long-Conner: Really? Waste of time and energy - fo-

cus on the people's needs instead of a personal stance/opinion.

Donna Long: This is getting ridiculous with names. There is a lot more than names to be upset over. How about our groceries getting higher and higher, and what about the drug issues? Where are our priorities? So, if my dog or kid's name is Dixie, do I have to change it now? Give me a break!

Elizabeth Hall: Why not just ask he company for royalties? That way that money can go back the people!

Lois Dunston: A bit of history here - When John Crow was Chief, the Jeep representatives met with him. I don't know if there was an agreement or if permission was granted for the Cherokee name usage. However, for a couple of years the Tribe was given, I think, two new Jeeps a year. The Chief and Vice Chief used them. Perhaps someone else out there remembers this as well.

Steve Lambert: I think we should all get a new Jeep Gladiator.

Dianne Hyatt: Lois Dunston is right about when the Jeep Cherokee first came out. Research old One Feathers, and there will probably be an article about it. They even filmed some ads here in the Park.

Richie Wolf: It's never really bothered me. It's not an equivalent to something like Washington's football team being called the "Redskins" until this past season, but I do think it's frivolous use. That being said, I'm also not going to just dismiss the word of our

sister Tribe's Chief just because I don't necessarily hold the same opinion. It would be nice to see Jeep come to a middle ground and invest a portion of their profits from the Cherokee and Grand Cherokee line into Indian Country.

Gale Markham: Maybe the next thing that folks might want to consider is Googling all of the street lands or roads in America that are named Cherokee. Immediately go out and put up toll booths and charge them for driving on the lanes and so on. The Cherokee name carries no trademarks.

Tina Hyatt: I think instead of changing the name, ask for royalties and also do like in the past and have them donate two new Jeeps a yer for say the Chief or Teachers of the Year.

Marlene K. Brown: Why change it now? I'm Cherokee, and I don't see any harm in the name. Have you heard the saying, "If it's not broke, don't fix it.?"

Tsodni Ugama: Who cares? Focus on tribal issues and leave people alone.

Karen George: I've always wanted a Jeep Cherokee.

Gail Winstead Anderson: I would be proud that they use the name! It's keeping it alive.

Sydnee Patton: Looking through these comments makes me sad. I wish more people cared that they've been profiting off of us since 1984 and the last Native residential school didn't close until 1973. Jeep could at least invest a portion of their profits into Cherokee country.

COMMENTARY

That would never happen here

ANGELA LEWIS

If you have seen or listened to the news last week then you are aware of the devastation that a winter storm brought to Texas and many southern states. Millions lost power and have no access to supplies such as food and water. Thirty-six people lost their lives in this tragedy. Meanwhile, Senator Tez Cruz of Texas decided to board a plane to Cancun and leave his suffering constituents behind. People of all affiliations saw this is as a heartless act and a new low for a politician.

We are very fortunate in Cherokee because that would never happen here. Our Chief and Vice Chief would be standing on the back of a semi-truck handing out water and whatever supplies that they could gather from anywhere they could get them. Our Emergency Management team would be calling and checking on every vulnerable person in the Eastern Band of Cherokee Indians to make

sure that they had a source of heat and a way to keep their pipes from freezing.

Tribal Council members who could physically handle the elements would be going doorto-door with the Cherokee Fire Department to cut down trees and to clear debris. The other Council members would be helping by providing funds for supplies or by calling on local families and tribal employees to assist with disaster relief. The tribal leaders would approve the money to make sure that every constituent had food, heat, and water.

Warming shelters would be opened if needed, and the Cherokee Indian Police Department would assist in transporting people and monitoring the shelters. How do I know this? Because the Tribe has done this every time we have faced a crisis. It is not a new occurrence.

Council member Jess Murphy hauled firewood and checked on his constituents during the blizzard of 1993. One of my mother's Council members calls her any time there is severe weather. She receives texts from him whenever the Tribe has important information to convey to its members.

When is the last time that you received a text with important information from your Senator or Congressional representative? Never. Our state representatives might come and tour Cherokee, but I have never seen one appear during a disaster.

The people in the surrounding counties or states do not have a magnet on their refrigerator with the personal phone number of their local political representative. They are provided with a phone number for their representative's office that is answered by a college student or a political appointee. The employee takes down the constituent's information, but the problem may never be addressed. The state and federal representatives seem to be more concerned about the corporations who fund their campaigns for re-election. They are not immersed in a community that cares so immensely about its own members, and the state's constituents do not hold their representatives accountable for taking action.

The Cherokee community is like a church congregation: they may have their disagreements on certain issues, but they all come to the table after prayer each Sunday and provide whatever they can to feed the whole congregation. It is a wonderful thing to have leaders and members of the community that even participate in fundraising for their schools, individuals with medical needs, or when a family suffers a tragedy such as losing their home to a fire.

A friend of mine recently wrote in the name of the comical Star Wars character Jar-Jar Binks rather than cast a vote for one of our state representatives. She told me that she felt like he only cared about himself and his largest donors and he never did anything to help his community. Cherokee voters are very fortunate to know that they will never have to cast their vote for Jar-Jar Binks as their tribal representatives are just a cell phone call away, and those representatives will take action to help them in a crisis.

Lewis, of the EBCI Office of the Attorney General, is a member of the Cherokee One Feather Editorial Board.

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commentary Rep. Clampitt

responds to One Feather commentary

NOTE: This commentary is in response to a commentary (shown on previous page of this print issue) entitled "COMMENTARY: That would never happen here" that was published on the One Feather website on Wednesday, Feb. 24.

A recent opinion post in the Cherokee One Feather by Angela Lewis entitled "COMMENTARY: That would never happen here" has prompted this state representative to again reaffirm my support of the members of the Eastern Band of Cherokee Indians (EBCI). On Feb. 19, a The Cherokee One Feather, ran the story line "Mike Clampitt affirms his support of EBCI".

In the article, I am quoted, "I've made it a point, after my election, to address Principal Chief Sneed personally, as well as members of Tribal Council. I gave them my phone number."

With that being said, my campaign centered around my being phone available to all the constituents of Swain, Jackson, and Haywood Counties. I do not think that anyone should have to call a Raleigh phone number to get to speak with their state representative, and that's why I consider it so important that individuals have my personal cell number. And that is why my cell number was published on a sticker on the

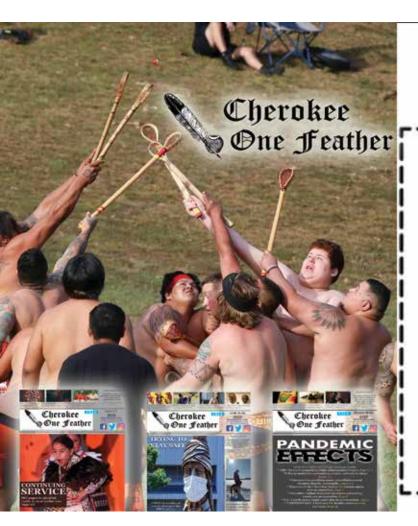
front page of The Smoky Mountain News for approximately seven weeks.

Speaking of the phone number at the office in Raleigh, it is not staffed by a college student nor a political appointee. The legislative assistant is hired from a pool of full-time staff members available from the legislature. Every phone call is logged by her, with date, time, and issue. If it's an issue she can handle, she does. If it is someone who wishes to speak to me, I return the call personally.

When we return the call or resolve the issue, that is logged as well. The turnaround time for returning calls or emails is 48 hours. Saying that as a state representative I "seem to be more concerned about the corporations who fund their campaigns for re-election", is inaccurate in North Carolina.

We are prohibited by state election law from accepting any business check donations. And, too, to keep up with the local news, I subscribe to the local on line papers to review weekly. Something important to note here, I have been named co-chair of the House Committee on Federal Regulations and American Indian Affairs for the North Carolina House of Representatives, and I have a solid commitment to EBCI. And, for anyone that doesn't have it, my cell number is 736-6222, email: mike.clampitt@ncleg.gov.

Respectfully submitted,
Representative Mike Clampitt
N.C. House 119
Swain, Jackson, Haywood



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speaking of faith Maturing of the Church, It's Thinking and Ways

REV. TIMOTHY L. MELTON, PASTOR

CHEROKEE PENTECOSTAL HOLINESS
CHURCH

Read Jeremiah 33:3; 1 Peter 5:10-11

We are each to function with the amount of individual preparation work being done. We ought to understand that the five-fold ministry gift is for the perfecting of and the preparing of the entire Body of believers to participate in the work planned for all ministries.

The ministry of the priests and pastors is to minister to God in singing and worshipping Him. They are also to minister to the congregation and to teach and train them to go out into the household of faith and to those who will soon become a part of it. These will also begin to participate, grow, and mature and have need of more teaching and instructing.

These who are to go out from each church are to have something to 'bring to the table' learning to love each other as family, as brothers and sisters in the Lord. Everyone is expected to stand up and at least cheer each other on. It is within the context of ministering that all saints are also expected to operate. They've been taught thoroughly and are willingly participating as members of the full congregation. It becomes easier to have a church home, a gathering to be a part of, as the workload grows. The larger the group it will take much more preparation and will be for the newer ones also expected. Discipleship training will be a total imperative so that no one will be left out of the preparations for Jesus's return for His Body of Believers. Timing becomes a more important consideration.

Remembering our works have never been for our salvation, they are to help in teaching the multitudes of those who will be coming to Jesus. The teaching includes: the illegal trial of Jesus, the horrific beating, and the Cross, known as the 'finished works' of Jesus, we find He paid all of our sin-debts and for our healing, too

Our works are to be done willingly for Jesus, Father God, and all others around us. When sincerely done as honoring Jesus, and in demonstrating our love for Him, they should draw them closer to Him as our Savior and Lord. All who worshipfully participate will have His eternal thanks with rewards attached to them, both here on earth and eternity.

Bringing to full maturity, the Body of Believers, brings them to an even more productive level. Working together we shall see the fullness of the Anointing that begins to splash over onto everyone. Excitement begins building.

Each day, in our personal prayer time, we are to talk with Him about our calling and asking Him for the anointing, knowledge and abilities needed to grow up fully matured in Him. There may be visions, words of knowledge, prophesies, and even more definitive instructions as we begin to ask the Lord for them in our prayers. We must always believe that He will grant the desires of our hearts as we turn to Him for the answers. Since our heart's desires came to us directly from Him, we know they will fulfill us as we begin to use and implement His instructions in our lives.

This will be the impetus for members to stop just talking about growing the Church while also making sure they really begin 'to be' the Church. Allowing any fear in our thinking has always caused a type of self-preservation mentality, which we must now be sure to put behind us, avoiding it, as it actually can prevent our believing God.

Read: Psalm 139:23-24; Proverbs 16:3; Isaiah 55:8; Mark 7:18-23; Romans 12:2; Philippians 4:8.

We are to 'bring every thought captive.'
David wanted to be like God. He even wrote he wanted God 'to look into my heart.'

Just imagine if God would take our thoughts and put them on a big screen. He sees them from 'afar off' even now. God knows our thoughts and could see what would be our first thoughts. Would they be justified? It is probably best to be more careful how we think. He tells us to commit our thoughts to the Lord. The establishment of our thoughts, means 'to stabilize them', so our ways also may be established. We are reminded there is danger as we begin to open up our thoughts (hearts) to spiritual things. God is not the only Spirit abroad, so we, most definitely, are to be conformed by the renewing our minds with His Word, found in our Bibles.



"O My people, what have I done to you?

And how have I wearied you?
Testify against Me. For I brought
you up from the land of Egypt,
I redeemed you from the house
of bondage; and I sent before
you Moses, Aaron, and Miriam.

MICAH 6: 3, 4

"Mothers" by Käthe Kollwitz (1919)

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Amber Waves









R.F.D.







The Spats







Weekly **SUDOKU**

by Linda Thistle



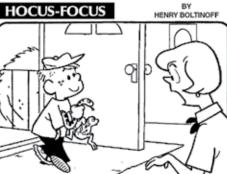
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the

DIFFICULTY THIS WEEK: ◆

♦ Moderate ♦ ♦ Challenging ♦♦♦ HOO BOY!

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HOCUS-FOCUS



Find at least six differences in details between panels.



rences: 1. Window is different. 2. Frog is missing. 3. Doorknob is er. 4. Railing is missing. 5. Cap is reversed. 6. Earling is missing.

King Crossword

16

33

ACROSS

- 1 Peruke
- 4 Tousle
- Labyrinth
- 12 Altar constellation

15

32

37

51

56

59

- 13 Isaac's eldest
- 14 Modern taxi alternative
- 15 World of organized crime
- Dross
- 18 Earth (Pref.)
- 19 Poetic feet
- 21 Ohio city
- 24 Actress Long
- 25 Mentalist Geller
- 26 Candied veggie
- 28 Knight wear
- 32 Stagger
- 34 Gaiety
- 36 Flintstones' pet
- Seoul setting
- 39 Fawn's mom
- 41 Dol. fractions
- 42 Bearded beast
- 44 Salsa scoopers
- 46 "La Mer"
- composer 50 4, on a phone
- Pre-diploma hurdle
- 52 Ruffian
- 56 Church area
- 57 Rochester's

- love
- 58 Citrus drink
- 59 Privation 60 Source
- 61 At once
- DOWN
 - 1 Witty one 2 A Gershwin
 - brother
 - 3 More like a string bean
 - 4 Tune
 - "Born in the 5
 - 6 Grit
 - 7 Egypt's
 - neighbor

- With skill
- 10 Gusto

60

- 11 Work units
- "Gosh!" 16
- "Homeland" 20
- org. 21 Ankara resi-
- dent
- 22 Crunchy cookie
- 23 Klutz
- 27 Wet dirt
- 29 State made of 49 Vacillate two peninsu
 - las
- 30 Aware of

- 8 Hot dog con-31 Colonial seamstress
 - diment 33 Lentils, for

50

example 35 Dijon denial

58

61

- 38 Reply (Abbr.) 40 Aerie new-
- born 43 Leading man?
- 45 Greek X
- 46 Transaction
- 47 Big fair, for short
- 48 Striped fish
- 53 Spanish gold
- 54 Hubbub
- 55 Just out
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- 1. Is the book of Jude in the Old or New Testament or neither?
- 2. In Acts 9, to what city was Saul traveling when suddenly there shined around about him a light from heaven? Jerusalem, Damascus, Anab, Ekron
- 3. How many days did it take Nehe miah to get the wall around Jerusalem completed? 6, 52, 100, 1,000
- 4. From Acts 17, at what church was Paul accused of turning the world upside down? Antioch, Smyrna, Thessalonica, Galatia
- 5. In Genesis 3:15, the snake is supposed to strike at (bruise) what part of man? Throat, Hand, Heel, Eyes
- 6. From Revelation 12, what angel fights against Satan? Gabriel, Angel of the Lord, Cherubim, Michael

Comments? More Trivia? Gift ideas? Visit www.TriviaGuy.com

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- 1. TELEVISION: Which 1980s-'90s sitcom featured the Conner family?
- 2. LANGUAGE: What does the Greek prefix 'pan" mean in English?
- 3. MOVIES: Which artist sang the song that inspired the movie title "Pretty Woman"?
- 4. GENERAL KNOWLEDGE: What is the first primary color that babies can see?
- 5. GEOGRAPHY: What is the world's longest cave system?
- MEDICAL: What is a fasciculation, the medical term for a common ailment?
- 7. U.S. PRESIDENTS: Which president was the only one to be elected a U.S. senator after leaving office?
- GEOLOGY: Emerald and aquamarine are types of which mineral?
- 9. U.S. STATES: What was the first state to ratify the U.S. Constitution?
- 10. MEASUREMENTS: What dosing measurement (metric) is used to administer liquid medication?

TRADING POST

FOR SALE

Outdoor metal table with four chairs with great cushions, \$100. 586-2038

2008 Honda Ridgeline RT Model w/custom cap. \$9,000. 371-6611

Folding Wheelchair, \$200. Dehumidifier, \$50. Total Gym, \$50. 269-5905.

2006 Kia Sportage. \$3,000. 508-8901



ARIES (March 21 to April 19) You might feel more encouraged about changes in your personal and/or professional life. However, it might be best not to rush things but rather work with them as they evolve.

TAURUS (April 20 to May 20) The Bovine's business sense is especially keen this week. But remember that it's always best to investigate before investing. Make sure there are no hidden factors that can rise up later on.

GEMINI (May 21 to June 20) Working on a family project could create tension between and among those concerned. Your good sense and your patience can help reduce bad attitudes and raise positive feelings.

CANCER (June 21 to July 22) You should be seeing more progress in the development of your plans and more supporters joining in. News from the past could help change someone's long-held position.

LEO (July 23 to August 22) With personal aspects strong this week, Leos and Leonas might want to spend more time with family and others who are especially close to them. Also expect news of a possible career change.

VIRGO (August 23 to September 22) Taking a strong stand can be helpful this week. But be careful you don't cross the line into obstinacy. Best to take a position on facts as they are, not as you want them to be.

LIBRA (September 23 to October 22) You have a strong sense of the needs of others. This week, turn some of that sensitivity into an honest self-appraisal, and let it find places where you can help yourself.

SCORPIO (October 23 to November 21) Creating an emotional comfort zone to handle a personal problem helps at first. But by midweek, you'll realize you need to deal with it directly or it could linger for too long.

SAGITTARIUS (November 22 to December 21) Turning the page on a mistake to start fresh might not be the thing to do. Better to go over each step that led up to the decision you made and see which one misled you.

CAPRICORN (December 22 to January 19) Goats enjoy a varied diet, but eating crow isn't on the menu—at least not this week. An embarrassing situation might have gone wrong before you got into it. Check it out.

AQUARIUS (January 20 to February 18) Your sense of honesty might impel you to speak up about a situation you disapprove of. That's fine. But do so without sounding accusatory. You might not know all the facts behind it.

PISCES (February 19 to March 20) Being asked to create a reassuring attitude in the middle of chaos isn't easy, but you can do it. Support for your efforts comes slowly, but it does come. Enjoy an arts-filled weekend.

BORN THIS WEEK: Your honesty about people and issues is expressed in a positive, not painful, way.

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Cherokee Central School is currently taking applications for employment for the following job opportunities:

- 4 Hour Food Service Worker -Must have a high school diploma or GED.
- Part Time Custodian Must have a high school diploma or GED.
- Part Time Security Must have a high school diploma or GED.

Puzzle Answers



ANSWERS: 1) New; 2) Damascus; 3) 52; 4) Thessalonica; 5) Heel; 6) Michael



- "Roseanne"
- All
- 3. Roy Orbison
- 4. Red
- 5. Mammoth Cave, Ky.
- 6. Involuntary muscle twitch
- 7. Andrew Johnson
- 8. Beryl
- Delaware
- 10. milimeter or ml

— King Crossword — Answers

Solution time: 25 mins.

_	_	_	_	_	_	_	_	_	_	_	_	_
W	1	G		М	U	S	S		М	Α	Z	Е
Α	R	Α		Е	S	Α	U		U	В	Ε	R
G	Α	Ν	G	L	А	Ν	D		S	L	Α	G
		G	Е	0		D	Α	С	Т	Υ	L	S
Т	0	L	Е	D	0		Ν	Τ	Α			
U	R	Τ		Υ	Α	М		Α	R	М	0	R
R	Ε	Ε	L		F	U	Ν		D	1	Ν	0
Κ	0	R	Е	Α		D	0	Е		C	Т	S
			G	Ν	U		Ν	А	С	Н	0	S
D	Ε	В	U	S	S	Υ		G	Н	Τ		
Е	Χ	Α	М		Н	0	0	L	1	G	Α	Ν
Α	Р	S	Е		Е	Υ	R	Е		Α	D	Е
L	0	S	S		R	0	0	Τ		Ν	0	W

— Weekly SUDOKU

Answer

4	8	2	1	5	7	6	3
5	1	4	6	7	8	2	9
2	7	9	8	3	1	5	4
7	9	1	2	4	3	8	6
3	6	5	9	8	2	1	7
1	2	3	7	6	9	4	5
9	5	8	4	1	6	3	2
6	3	7	5	2	4	9	8
8	4	6	3	9	5	7	1
	2 7 3 1 9	2 7 7 9 3 6 1 2 9 5 6 3	2 7 9 7 9 1 3 6 5 1 2 3 9 5 8 6 3 7	2 7 9 8 7 9 1 2 3 6 5 9 1 2 3 7 9 5 8 4 6 3 7 5	2 7 9 8 3 7 9 1 2 4 3 6 5 9 8 1 2 3 7 6 9 5 8 4 1 6 3 7 5 2	2 7 9 8 3 1 7 9 1 2 4 3 3 6 5 9 8 2 1 2 3 7 6 9 9 5 8 4 1 6 6 3 7 5 2 4	2 7 9 8 3 1 5 7 9 1 2 4 3 8 3 6 5 9 8 2 1 1 2 3 7 6 9 4 9 5 8 4 1 6 3 6 3 7 5 2 4 9



Application and job description can be picked up from the Receptionist at the Boys Club Information window between the hours of 8:00 a.m. and 4:30 p.m. Monday through Friday (828-497-9101). The selected applicant must submit to

a pre-employment drug screen and local, state, and federal civil and criminal background and sexual offender screens. Payroll direct deposit is mandatory. Indian Preference does apply in the filling of this position. If claiming Indian Preference, applicant must submit the appropriate certificate. The Cherokee Boys Club reserves the right to extend position closing dates or readvertise positions without notice.

Cherokee Boys Club P.O. Box 507 Cherokee, NC 28719

Open Until Filled:

Children's Home

PT Residential Counselor two positions

Agelink Childcare Center

Full Time - Lead Teacher Full Time - Teacher Assistant Full Time - Kitchen Aide Full Time - School Age Group Leader Full Time - Custodian Part Time Contract Position -Tutor/School Age Virtual Program



ON OUR SECURITY TEAM, THE GOOD GUYS WEAR THE MASKS.

While ensuring the safety of all of our guests, Harrah's security is masking up to protect us all. Help us and we'll reward you with a hiring bonus of \$500. Apply at HarrahsCherokeeJobs.com.



Restrictions apply. Please see Talent Acquisition department for details. Applicants must be 21 years of age or older and have a valid driver's license. An Enterprise of the Eastern Band of Cherokee Indians. Harrah's Cherokee Casinos value diversity and inclusion, and are equal opportunity employers. @2021, Caesars License Company, LLC



EMPLOYMENT OPPORTUNITIES

Closing Thursday, March 4, 2021

EVS Technician

Patient Registration Clerk (Grant Funded)

PTI Patient Registration Clerk

Pharmacy Technician I

Contracting Assistant

Closing, Thursday March 11, 2021

Physical Therapist II

Open Until Filled

Behavioral Health RN (Grant Funded) - Analenisgi

Billing Technician II

Certified Nursing Assistant - Primary Care (Grant Funded)

Dental Assistant II (Multiple)

Dentist

Dentist - Satellite Clinics

Dietary Services Supervisor -Patient Side

EVS Technician

Infection Control/Employee Health RN (COVID Grant)

Licensed Practical Nurse - Immediate Care Center

Masters level Therapist (Grant Funded)-Adult/Analenisgi

Medical Laboratory Technician (Emergency Hire)

Nursing/Medical Administrative Assistant

Pedodontist

PTI Analenisgi Inpatient Technician (Multiple)

PTI Registered Nurse - Analenisgi Inpatient (Multiple)

Registered Nurse - Primary Care (Grant Funded)

Senior Accountant

Targeted Case Manager - Integrated Classroom

Tsali Care Center Closing, March 11, 2021

Ward Clerk

Open Until Filled

Certified Nursing Assistant - (Full Time-Starting Pay \$14.36/Hr.

+ Retention Bonus Eligible)

Certified Nursing Assistant (Part Time Intermittent - Starting Pay

\$14.36/Hr.)

Cook Aide (Hiring Bonus)

License Practical Nurse (Full Time)

License Practical Nurse (Part Time Regular w/Benefits)

Registered Nurse (Part Time Intermittent)

To apply, visit careers.cherokeehospital.org If you have questions, contact the Cherokee Indian Hospital HR Dept. at (828) 497-9163 ext. 6343.

LEGAL NOTICES

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 21-008

In the Matter of the Estate of **Deanna Smith**

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-CATION

Mary E. McCoy 330 Sim Taylor Rd. Cherokee, NC 28719

3/3

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 21 - 004

In the Matter of the Estate of Jesse James Welch

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-**CATION** Jess Junior Welch P.O. Box 159 Cherokee, NC 28719

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 21-021

In the Matter of the Estate of Verlyn Brown

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-**CATION Brandi Mathis**

552 Jackson Branch Road Robbinsville, NC 28771 3/24

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 21 - 027

In the Matter of the Estate of **Clarence Lee Murphy**

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: 90 DAYS FROM DATE OF FIRST PUBLI-**CATION** Selena Murphy 161 Old#4 Rd. Cherokee, NC 28719 3/24



Qualla Boundary Head Start & Early Head Start

JOB OPENING

3/17

Position Title: Early Childhood Mental Health Therapist

Primary Function: Early Childhood Licensed Mental Health professional provides a wide range of prevention and early intervention services to infants, young children, and their families using a trauma-informed approach. Collaborates with early care and education providers to enhance their understanding of and capacity to meet the behavioral/emotional/mental health needs of the children (ages birth to five years) and families they serve. Develops and implements Mental Health plans for program. Records and maintains confidential data using Child Plus software.

A master's degree in social work, psychology, or counseling is required. Closing date will be August 19th, 2020 Please submit a resume to laurdavi@nc-cherokee.com

For additional information on this position, contact William Maney, Qualla Boundary Head Start/Early Head Start human resources and office administrator, willmane@nc-cherokee.com.



Qualla Boundary Head Start & Early Head Start JOB OPENING

Position Title: Substitute Teacher

Primary Function: Provides educational services consistently on a day-by-day basis according to Head Start/Early Head Start performance standards and HS/EHS policies and procedures. Ensures classroom activities, equipment, materials, and supplies are age and developmentally appropriate and that all areas of child development are addressed including social/emotional, physical, cognitive, self-help, speech/language. Maintains a safe and health environment for all children.

- Minimum Required Level 1 Childhood Development Associates Credential (CDA)
- Preferred level 2 Associate's Degree
- Preferred level 3 Bachelor's Degree in Early Childhood Education or a related field.
- Valid NC drivers license required

Please submit a resume to Heather Saunooke, Education Manager at heatsaun@nc-cherokee.com or Tina Saunooke, Early Education Director at tinasaun@nc-cherokee.com.

Full job description is on Qualla Boundary Head Start & Early Head Start Facebook page. For additional information or to request a job description for this position contact William

Maney, Human Resources and Office Administrator, willmane@nc-cherokee.com.

BIDS, RFPs, etc.

Request for Proposals General Notice

Qualla Housing Services (QHS) is requesting proposals from all interested qualified contractors for services and labor to be performed within the area of Swain, Jackson, Graham, and Cherokee Counties. The following scopes are:

* New Construction Modular Home Manufacturers licensed in North Carolina

* Civil Engineering Services

QHS reserves the right to reject any and all submissions. The work to be performed under this RFP is subject to TERO guidelines. TERO certified vendors will be given preference. Bid packages can be picked up at the warehouse or emailed to interested parties. Deliver sealed proposals to the QHS warehouse located at 2234 Old Mission Road, Cherokee, NC, 28719. Deadline for sealed pro-

posals is March 17, 2021, at 4:00 P.M. Please email Robert Welch at robewelc@nc-cherokee.com or by phone at 828-359-6344. **3/3**

Dogwood Health Trust Construction Renovation Opportunity

Vannoy Construction has been selected as the Construction Manager at Risk for Dogwood Health Trust's new corporate headquarters project. We will be conducting subcontractor bidding in March. This project is located in Asheville at 890 Hendersonville Road and includes 25,000sf of major interior renovation. Both Dogwood Health Trust and Vannoy would like to promote strong local and M/WBE participation on this project. If interested, please contact Brenton McCann at 828-575-1300 Brenton.McCann@jrvannoy.com. 3/3



Join over 45,000

Like the Cherokee One Feather Facebook Page.



Qualla Boundary Head Start & Early Head Start

JOB OPENING Position Title: Substitute Teacher Assistant

Primary Function: Provide assistance and support to teachers in achieving goals, objectives, and performance standards of the Qualla Boundary Head Start and Ealy Head Start Program. Performs various duties in one-on-one and/or group activities which are educational, recreational, or developmental in nature. Is actively engaged and playing with children and aids with classroom activities.

Education/Experience: High school diploma or GED required.

Please submit a resume to Heather Saunooke, Education Manager at heatsaun@nc-cherokee.com or Tina Saunooke, Early Education Director at tinasaun@nc-cherokee.com.

Full job description is on Qualla Boundary Head Start & Early Head Start Facebook page. For additional information or to request a job description for this position contact William Maney, Human Resources and Office Administrator, willmane@nc-cherokee.com.

818777



HUMAN RESOURCES

PO Box 553 Cherokee, NC 28719 828-359-6388

Closing Sunday March 7, 2021:

- Snowbird Language & Culture Manager:
 SBCC Language & Cultural Program/SB CC
 Services (L12 \$52,635 \$65,811)
- Cook Aide: Qualla Boundary Head Start
 Early Head Start/PHHS (L2 \$20,965 \$26,218)
- Teacher: Qualla Boundary Head Start & Early Head Start/PHHS (L7 \$33,250 \$41,574)
- Maintenance Utility Worker: Destination Marketing/Commerce (L3 \$22,990 -\$28,732)

All applications and job descriptions are available at www.ebci.com/jobs

Please attach any licenses, certificates, diplomas, resumes, etc. with application. If you are unable to attach the documents, you may drop them off at our offices located at 806 Acquoni Rd. Suite 100 or email them to the Employment Specialists listed on our website. Indian Preference does apply. NOTICE: Due to the Tribal State of Emergency, we will only advertise positions that are classified as Essential or Critical to Tribal Operations. Thank you for your patience and understanding.



Advertising Rate Card

(828) 359-6263 for ad questions scotmcki@nc-cherokee.com

Call or email for special rates on combo packages.

theonefeather.com







Signarama SIGN NEEDS 828-575-2250 Serving Cherokee & WNC Since 2011 • wncsigns.com

Banner Ads are 728x90 pixels

Banner Ad: \$250/month **Exclusive Banner Ad Above** the Masthead: \$400/month

(6-mo. contract required)



The Eastern Band of Cherokee Indians (EBCI) has received millions in CARES (Coronavirus Aid, Relief, and Economic Security

Sidebar Ads are 300x250 pixels

Sidebar Ad: \$200/month

Photos and graphics should be submitted in the required specifications. Graphic design fee is \$25 for the initial design with one free revision. After the first revision, the cost will be \$25/hour for every extra hour.





Full Page (9.5" x 11") - \$200

Banner Ads on Front Page (2.25" x 1.083") - \$25, you can purchase one- to four-space size ads

Half Page (9.5" x 5.25" or 4.67" x 10.5") - \$100

3/8 Page (7.1" x 5.25") - \$75

1/4 Page (4.67" 5.25") - \$50

1/8 Page (4.67" x 2.5" or 2.25" x **5.25") -** \$25

Classifieds involving items under \$25,000 are FREE. Listings over that amount are \$10 for 30 words and \$.10 for each additional word.

Masks are nothing new to the



Help us keep everyone safe. The elders and vulnerable are **counting on you**.





EMERGENCY NUMBERS

In an emergency, call 911

Tribal Dispatch 497-4131

Cherokee Indian Police Dept. 359-6600

Tribal Fire and Rescue 359-6584

Tribal EMS 359-6450 or 497-6402

Cherokee Indian Hospital 497-9163

EBCI TRANSIT

Transit Main Line Dispatch 359-6300

Tsali Manor funds passes for Tsali Manor residents and communal lunch attendees. This pass provides unlimited trips within the service area and on shopping trips. Out-of-town shopping trips are currently on hold due to COVID-19.

Phone Numbers for Cherokee elders

Cherokee Indian Hospital main line 497-9163

Tsali Manor - contact is Debbie West 359-6291 or 736-3950

HELP (Handicapped, Elderly Living Program) -

contact is Stephanie Welch 359-6638

HIP (Home Improvement Program) - contact is Cindi Squirrel 359-5520 or 507-7748

Congregate, Homebound Meals, Supplement - contact is Sherry Welch 359-6290

Heat Assistance/Emergency Assistance - contact is Krisna Ashe 359-6294 or 421-7364

EBCI Home Health/Home Care 497-9163 (ask for nurse on call)

EBCI Domestic Violence 359-6830

EBCI Emergency Fuel Assistance 507-7825

Cherokee Immediate Care Clinic 554-5555

DaVita Cherokee Diaslysis Center 497-6866

Snowbird Senior Center main line 479-9145

Tsali Manor main line 359-6860

John Welch Senior Center main line 835-9741

Cherokee Boy's Club Elder Fuel Delivery and Elder Mowing contact is Donnie Owle 736-7612

This message is brought to you by the: Cherokee One Feather





