

TRIBAL MEMBER TURNS 105, Page 9

TRIBAL NET WORTH OVER \$700 MILLION

MISS CHEROKEE
REPORT FOR
JUNE AND JULY
PAGE 4

STATE BILL: CHEROKEE LANGUAGE RECOGNIZED BY UNC SYSTEM, PAGE 3

Tribal net worth over \$700 million

By SCOTT MCKIE B.P. **ONE FEATHER STAFF**

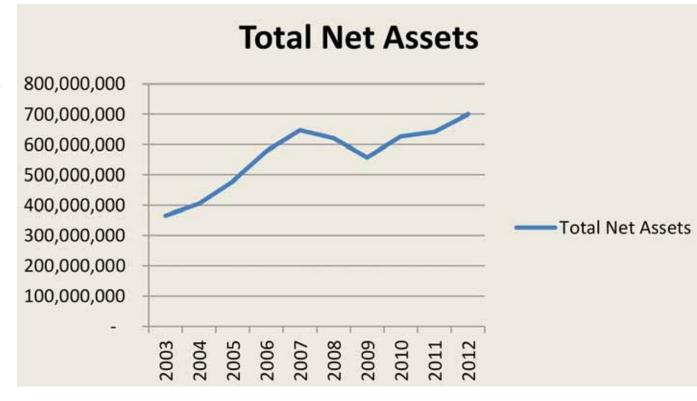
ccording to a report released last week by Deputy Financial Officer Kim Peone, the Eastern Band of Cherokee Indians has a net worth of over \$700 million. The report, entitled "Budget Highlights Fiscal Year 2014", reports on the amounts of tribal reserve funds and total net assets along with budget highlights and goals for FY15.

"Our staff has worked diligently to assist tribal programs and entities in determining their budgetary needs, goals and objectives as part of our priority-based budget approach," Peone said in the report. "In the next fiscal year we have tremendous capacity to continue to shape and strategically plan for the future of the Eastern Band of Cherokee Indians, our service to our members, and our opportunities for economic development and diversification."

lined in the report include: adding a fifth grade classroom to the New Kituwah Academy, completing the Justice Center, building the Snowbird Youth Center, expanding the Cherokee Phoenix Theater, building a community pool, building a new Community Center in the Painttown Community, and beginning construction on the new Cherokee Indian Hospital and the new Waste Water Treatment Plant.

Some of the new initiatives out-

"Fiscal Year 2014 will give us an opportunity to plan, identify strategic initiatives, and build a comprehensive roadmap toward

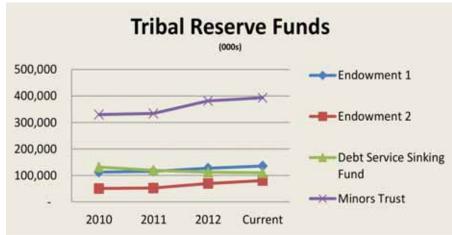


sustainability," said Peone.

Some of the FY2014 goals Peone outlines in the report include:

- Assist the Tribe in the development of a strategic operating plan
- Collaborate with Tribal leadership in setting strategic priorities with multigenerational focus
- Obtain direction from Tribal leadership on new initiatives
- Prepare multi-year capital asset plan and budget
- Plan and develop a budget for new initiatives

"Our Tribe enjoys a level of prosperity that is a beacon for Indian Country," noted Peone. "We will meet and exceed the required fund balance in General Fund."



Graphics by EBCI Office of Budget and Finance

State Bill: Cherokee language recognized by UNC system

By SCOTT MCKIE B.P.

ONE FEATHER STAFF

tudents in one of the 16 college institutions of the University of North Carolina system will now be able to use Cherokee language to fulfill their foreign language requirement. The North Carolina House passed S444 on Wednesday, July 17 which would "require the constituent institutions of the University of North Carolina to recognize the Cherokee language as a language for which a student may satisfy a foreign language course requirement for degree completion."

The bill, introduced by North Carolina Senators Jim Davis and Andrew Brock, was passed in the Senate on May 13.

"I applaud the North Carolina General Assembly's passage of the new state law that permits students to use the Cherokee language to satisfy a 'foreign' language requirement for institutions of the UNC system," said Principal Chief Michell Hicks who thanked House Speaker Thom Tillis and President Pro Tem Phil Berger for their support. He also

"I applaud the North Carolina General Assembly's passage of the new state law that permits students to use the Cherokee language to satisfy a 'foreign' language requirement for institutions of the UNC system."

- Principal Chief Michell Hicks

thanked bill sponsors Senators Davis and Brock.

"For many years now, we, in the Eastern Band, have been pursuing renewal of the Cherokee language in our schools on the Qualla Boundary and in colleges and universities in the western region," Chief Hicks related. "We have a school in Cherokee in which our children, beginning in pre-school, can become totally immersed in learning our language and we have year-round programs on the Boundary in which children and adults can again become fluent in Cherokee. We are equally proud of programs, which we actively support, such as those at Western Carolina University where teachers of Cherokee are being educated."

The University of North Car-

olina system includes the following: Appalachian State University, East Carolina University, Elizabeth City State University, Fayetteville State University, N.C. Agricultural and Technical State University, North Carolina Central University, N.C. State University, UNC – Asheville, UNC – Chapel Hill, UNC – Charlotte, UNC – Greensboro, UNC – Pembroke, UNC – Wilmington, UNC School of the Arts, Western Carolina University, and Winston –Salem State University.

"Cherokee language is not a foreign language," said Dr. Hartwell Francis, Cherokee Language Program director at Western Carolina University. "The wording of the bill is unfortunate, but not unexpected. Most UNC System programs are

August 30

August 31

changing to become 'modern language' programs or 'global language' programs. But still, because of the importance of English in the mainstream culture and in global commerce, from the mainstream perspective, all other languages are considered 'foreign'."

Dr. Francis related that WCU accepts Cherokee language for study at both the undergraduate and graduate levels. "Cherokee language is an important World Cultures credit for Liberal Arts Studies here at Western Carolina University. We enrolled about 60 students for our first semester Cherokee language course."

He said that WCU currently provides Cherokee language courses to UNC – Chapel Hill students. "With the passage of NC Senate Bill 444, Western Carolina University will become the key provider of Cherokee language education to the UNC System."

Chief Hicks concluded by saying "It is a proud day when North Carolina again leads the way in helping strengthen our collective cultural heritage in this important way."

EBCI Transit weekly shopping trips



Cherokee Transit is offering trips to Sylva and Waynesville shopping centers each week.

- * Every Tuesday, the bus leaves the Transit office at 4:30pm for Waynesville and returns to Cherokee at 7:15pm.
- * Every Wednesday, the bus leaves the Transit office at 10:30am for Sylva and returns to Cherokee at 1:15pm.
- Senior Citizens (60 & older) will have seating preference
- The cost is \$3 for a round trip.
- * There is no charge for Senior Citizens.
- * All passes are good for this trip except JARC pass.
- Call Transit Dispatch 554-6300 to reserve your seat or to ask any questions.
- * LIMIT: 3 full bags per person or whatever you can hold in your lap or what can fit under the seat in front of
- * Passengers must be 18 or older to ride or be accompanied by a parent or legal guardian.

MUSIC BY THE RIVER

Evening musical performances staged downtown Cherokee. Performances include rock n' roll, blues, jazz, Gospel and country. Evening performances are near local eateries, shopping and the downtown water features.

There is room to dance and enjoy the beauty of the riverside area.

Each Friday and Saturday-beginning May 3 and ending August 31.

8:00 pm to 10:00 pm

For more information call the Cherokee Welcome Center at 800-438-1601 or 828-554-6490

July 26 Will Thompson and Blackstone Band July 27 Al Lossiah and Eastern Blues Band **Smoky Mountain Drifters** August 2 August 3 Robert Wolfe Band Al Lossiah and Eastern Blues Band August 10 Will Thompson and Blackstone Band August 16 The Boomers August 23 Will Thompson and Blackstone Band August 24 Green Valley Band

Al Lossiah and Eastern Blues Band

Larry Ward Gospel Singers

4

Miss Cherokee report for June and July

By KARYL FRANKIEWICZ
MISS CHEROKEE 2012

hi-yo! The time is here, and the applications are out. Do you have what it takes to represent the Eastern Band of the Cherokee Indians? With two months left, it's hard to believe I will hand down my reign to the next wonderful lady that will have the experience and the chance to meet all the wonderful people that I have had during this

During the months of June and

July, I had the privilege to meet some

amazing people. I attended the send-

off ceremony for the Remember the

Removal Riders at the Kituwah mound on June 1. I also got the blessing to be the guest speaker at the Age Link graduation on June 4. On June 8, I traveled to Murphy to do a blessing for the Cherokee Valley River Cherokee Festival. Later that day, I took part in the Cherokee Voices festival at the Museum of the Cherokee Indian. On June 14, I had the blessing to host Junior Miss Lumbee Cici and her mother, Crystal Fedor, to the Outdoor Drama Theater, Museum of the Cherokee Indian, and the Oconaluftee Indian Village before we got ready for the 38th annual Eastern Band of Cherokee Pow Wow. During the pow wow, held June 14-16, I took part in the grand entries and the intertribal dances with other dancers and royalty including Junior Miss Cherokee Aliyah Bigmeat and Teen Miss Cherokee Bradley Welch. On June 22, I traveled to Robbinsville to take part in the Trail of Tears Memorial Walk. On June 28, we went back to the Kituwah mound for the Annual Kituwah Celebration where I got to meet the Little Miss Ambassador Maysi Fields, of the Cherokee Nation, and danced with the Warriors of Anikuwah.

On July 2, I traveled back to Lumberton to attend the Little Miss Lumbee and Junior Miss Lumbee "During the months of June and July, I had the privilege to meet some amazing people."

> - Miss Cherokee 2012 Karyl Frankiewicz

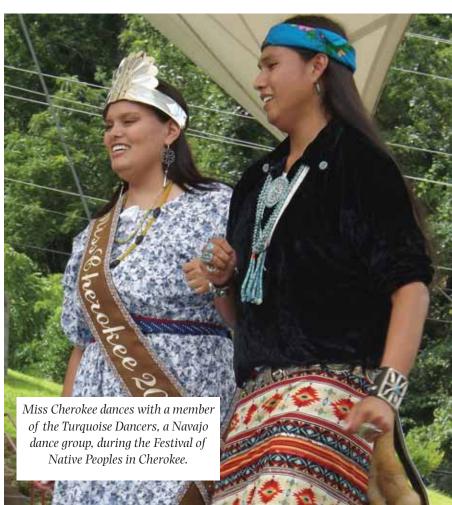
pageants to see Cici Fedor and Lilly Locklear as they handed down their titles and crowns to the new ambassadors. On July 4, even on a rainy day, I watched the runners as they came in during the Sunset 5K here in Cherokee. From July 11-12, I traveled to Choctaw, Miss. to attend the 64th annual Choctaw Indian Fair. There, I got to do the Stealing Partner Dance, have a live interview, see the crowning of the new Miss Choctaw, and meet Chief Phyllis J. Anderson and Josh Turner. On July 13, I came back to be a part of the Festival of Native Peoples where I danced with not only the Warriors but various visiting tribes that attended this event as well with Little Miss Marcela, Junior Miss Aliyah, and Teen Miss Bradley.

Thank you Age Link for letting me speak at the graduation for the upcoming kindergarten children. Thank you Cherokee County for inviting me to the festival that will enable everyone to learn about our heritage. Barbara Duncan, thank you for inviting me to dance with the warriors at the Cherokee Voices festival. Thank you Cici and Crystal for coming up to attend the Pow Wow and for inviting me back to your own pageant. Thank you Punkin Jackson for inviting me down to Robbinsville for the Trail of Tears walk. Thank you Chief Phyllis and the Mississippi Band of the Choctaw Indians for inviting me to the Choctaw Indian Fair. Lastly, but certainly not least, thank you royalty board for letting me take part in all these events and giving me the support to carry on as my reign is coming to a close. Sgi.



Photos courtesy of Miss Cherokee Karyl Frankiewicz

Miss Cherokee 2012 Karyl Frankiewicz (left), along with her mother Melissa Arch (right), meets country singer Josh Turner.



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Don't miss the Riverwalk Mountain Music Series this Saturday from 8pm - 11pm. Special appearance by Jeff and Mark from the hit TV show "Moonshiners", July 27 and August 31.

For more information, visit HarrahsCherokee.com.

Photo representative of assortment. Must be 21 years of age or older to enter casino floor and to gamble. Know When To Stop Before You Start.

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THURSDAY, JULY 25, 2013

Purdue Prof: Diet drinks contribute to weight gain

By SCOTT MCKIE B.P. *ONE FEATHER STAFF*

or years, diet sodas have been touted as a way to enjoy soft drinks without the guilt. A Purdue professor is alleging that those claims are incorrect.

"Although it seems like common sense that diet sodas would not be problematic, that doesn't appear to be the case," said Susan E. Swithers, a professor of psychological sciences at Purdue University. "Findings from a variety of studies show that routine consumption of diet sodas, even one per day, can be connected to higher likelihood of heart disease, stroke, diabetes, metabolic syndrome and high blood pressure, in addition to contributing to weight gain."

Her findings were published as an opinion piece on the Wednesday, July 10 issue of Trends in Endocrinology & Metabolism.

"The concern that these non-caloric sweeteners might not be healthy is a message that many people do not want to hear, especially as the prevalence of articifical sweeteners increases in other products," said Swithers.

One group that doesn't want to hear her findings is the American Beverage Association who wrote in a blog post on July 10, "First, low-calorie sweeteners are safe. They are some of the most studied and reviewed ingredients in the food supply today, and their

throughout the world, such as the European Food Safety Authority and the U.S. Food and Drug Administration, as well as some of the world's leading toxicologists." "Second, low-calorie sweeteners can be beneficial in weight loss and weight management, a position supported by leading health groups, including the Academy of Nutrition and Dietetics and the American Diabetes Association." For her article, Swithers looked at various studies including the San Antonio Heart Study, the Nurses' Health Study, BITTER and the Health Professional Follow-up Study. Information from Purdue states, "Some data (in the studies) indicated that those who consumed artificially sweetened beverages had double the risk of metabolic syn-**TASTE?** drome compared to non-consumers." Sheena Kanott, Cherokee Choices program manager, commented, "Soft drink companies spend billions on marketing soda each year in this country...what you never hear is the dangers that adults and children are exposed to by the increase in consumption of soft drinks." "Regular sodas are loaded with tons of calories. Diet sodas are calorie-free yet are loaded with tons of sodium. Neither provide any nutritional value such as essential vitamins and minerals your body needs to function properly." Kanott added, "There is strong evidence that shows a huge correlation between soda consumption and obesity. This is why it is so important that we educate others on these concepts so that our children, families, and community try to make the best



Body found in river near Casino

Cherokee Indian Police reported that they received a call at around 8:53am on Monday, July 22 about a body in the river near the Harrah's Cherokee Casino Resort. The body has been identified as Robert Evans, 84, of Jonesborough, Tenn. No foul play is suspected. CIPF investigators

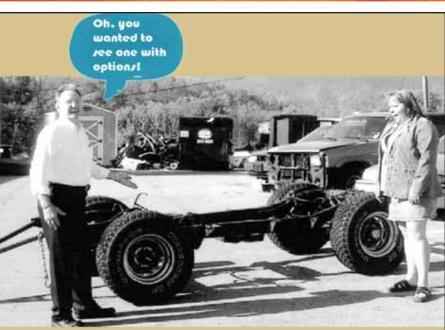
choices to stay healthy."

are working with the victim's family to close the investigation.

safety is supported by regulatory agencies

- CIPD





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Dora Reed Center news

"We, at Dora Reed, are on the right foot with an organized approach to staff training," said Pat Swayney, Dora Reed Center literacy coordinator "We are excited to be doing our first ever 'Rocking in to the New Year' Pre-service Training. We will have a variety of themes that staff will participate in such as Celebrity/Rock star, PJ and 80's day as well as Mardi Gras and Sports day."

The following week will be Country/Western, Hat day, Super Power,
Tye Dye and the last day we will wear
our Dora Reed Team shirt.

"During our fun-filled training, we will also have a lot of activities, treats, surprises, contests and opportunities for our staff," said Swayney. "These trainings are essential to keeping our employees motivated and to encourage team building as well as interaction."

Dora Reed is having an Open House on Thursday, Aug. 1 from 1-6pm, and the first Parent Meeting is scheduled for Monday, Aug. 12 at 5:30pm.

- Pat Swayney, Dora Reed Center literacy coordinator

Tourists to host charity tournament at Sequoyah National

The Asheville Tourists will host their 18th Annual Charity Golf Tournament on Monday, Aug. 12 at Sequoyah National Golf Club. The event will once again raise money for the Asheville Tourists Children's Fund while being held at Sequoyah National for the first time.

"We're looking forward to an outstanding event once again this year and we are very excited to be at Sequoyah National," said Chris Smith, senior sales executive of the Tourists. "We have a great working relationship with the people at Sequoyah and believe everyone who

participates in this year's event will have a great time for a great cause."

The tournament is scheduled to have a shotgun start at 1 p.m., with registration and box lunches available beginning at noon. Prizes will be awarded to the teams that finish in first, second and third place. There will also be door prizes along with awards for closest to the pin, longest drive and longest successful putt. Dinner will be served at the end of the event, at 6 p.m.

The tournament is limited to 128 golfers. Cost for an individual player is \$110 and a foursome is \$400. Sponsorship packages are also available that conclude golfers and hole sponsorship. For more information, contact Chris Smith (828) 258-0428 ext. 204 or at csmith@theashevilletourists.com.

- Asheville Tourists

REI supports Smokies Trails Forever Program

Friends of the Smokies, and any hiker who has hiked the Forney Ridge trail by Clingmans Dome to spectacular mountain ridge views, are thankful to Trails Forever volunteers and the support the Smokies Trails Forever program receives from Recreational Equipment Inc. (REI). REI has donated \$5,000 to support the Trails Forever crew and many dedicated volunteers to improve well-loved trails in Great Smoky Mountains National Park (GSMNP).

The Smokies Trails Forever program, in its fifth year of operation, continues needed trail improvements in GSMNP with highly trained trail building staff and a high rate of returning volunteers. Volunteers work one on one with experienced trail building staff to re-construct trails using sustainable materials in order to preserve the trail and protect the resources around the trail corridor.

Over the past few years, REI has funded trail reconstruction along Forney Ridge and Chimney Tops Trails, as well as a Trails Forever equipment trailer, facilitating tool and equipment storage helping each workday run more smoothly. REI continues to support GSMNP also by promoting volunteer opportunities

with the Smokies Trails Forever program and other opportunities to learn about and assist GSMNP.

Smokies Trails Forever volunteers include people who have donated their time and skills with trail work in previous years, who volunteer with the Park in other ways, and still others who are volunteering in the Smokies for the first time. Some families spend their week vacation volunteering with the Trails Forever crew. Last year, volunteers worked alongside the highly skilled crew for more than 6,000 hours.

Info: www.friendsofthesmokies.org or call (828) 452-0720.

- Friends of the Smokies

CHS Driver's Education Program

The Driver's Education Program Course will be offered to all eligible students during the week of July 29 - Aug. 1. All eligible students should sign up at Cherokee High School by Thursday, July 25. A sign-up sheet will be provided at the high school front office. The class will begin at 8am and end at 3:45pm each day, Monday through Thursday. Students should report promptly for class on Monday, July 29 to the front office of the high school. A thirty minute lunch break is permitted from 12-12:30pm. Lunch will not be provided by the high school. Therefore, lunch plans should be made by the student and their parents. Info: Cherokee High School 554-5030.

- CHS

CHS to offer History of Eastern Cherokee Education

Cherokee High School and Appalachian State University have partnered to offer a brand new college credit course for junior and seniors: "History of Eastern Cherokee Education." The course "will examine the evolution of formal education among the Eastern Band of Cherokee Indians from the pre-missionary period, through the missionary period of education

(1800-1839) and into the modern era," according to Dr. Allen Bryant, creator and professor of the course.

The course will be offered during 3rd block on the CHS campus through a mix of face-to-face instruction, online applications, guest speakers, and field trips. Students enrolled in the course will be considered Appalachian State University students and will receive three credit hours upon successful completion of the course.

Info: Debbie Lambert, CHS guidance counselor, on or after Monday, July 29.

- Cherokee High School

American Cancer Society needs volunteers

The American Cancer Society is looking for volunteers for the Eastern Band of Cherokee Indians (EBCI) to help these community members participate in lifesaving screening tests. The Society trains volunteer Community Health Advisors (CHA) on the basics of cancer and cancer screening. It provides information on community resources to help get men and women get screened for the disease. According to the NC Central Cancer Registry, Cherokee residents are diagnosed with cancer at a higher rate and dying at a higher rate than their counterparts.

"Volunteers help the American Cancer Society save lives," said Nancy Long, manager of the Community Health Advisor Program for the EBCI. "Community Health Advisors spread positive health messages in their communities and truly multiply the impact that the Society can have as an organization."

The American Cancer Society expects that the CHA program will help eliminate the high number on new cases and deaths from cancer in communities that are at higher risk for breast, cervical and colon cancers.

Upcoming trainings will be held on Aug. 3 and 10. Info: Nancy Long or Harold Long 554-5682 or nancy.long@cancer.org.

- Nancy Long

Cherokee in a Snap submit your photos to scotmckie@nc-cherokee.com



SCOTT MCKIE B.P./One Feather

Carrie Robinson celebrates 105th birthday

Mrs. Carrie Robinson, one of the oldest EBCI tribal members, celebrated her 105th birthday during a party at Tsali Care Center on Friday, July 19. Surrounded by friends and family, she was presented with flowers and several cakes.



LYNNE HARLAN/EBCI Public Relations

Cherokee teams place at NAYO

The 13-15 year old team representing the Eastern Band of Cherokee Indians took third place at the NAYO Tournament held in Hollywood, Fla. on July 18-21. The tournament was hosted by the Seminole Tribe of Florida. The EBCI 9-10 year old team took second place in their division.



Photo courtesy of Lynn Taylor/Cherokee Life Center

Fun in Water Therapy Class

The 20 participants in Cherokee Life Center's Water Therapy Class enjoy their therapeutic workout on Monday, July 22. The class meets Monday, Wednesday and Fridays from 11-11:45am. All one has to do is show up for the class and join in on the fun.

Cody!!
Hey, Man!
Is it your
birthday... Or
what?!?!
From,
You Know Who

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3rd Birthday
Zoe Delosreyes
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Nana, Papa



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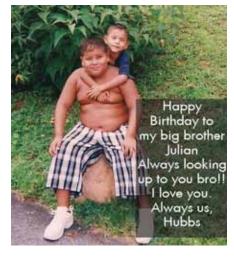
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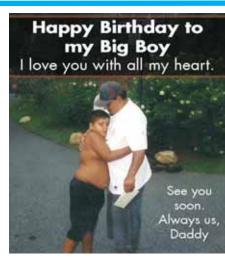
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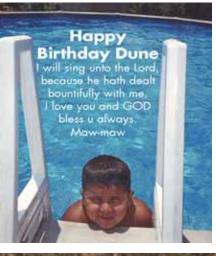
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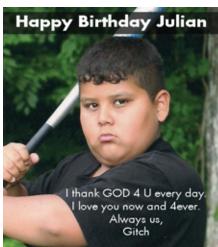
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WCU awarded \$1 million federal grant to increase diversity of nursing students

ULLOWHEE – The Western Carolina University School of Nursing is the recipient of a \$1 million federal workforce diversity grant designed to increase the number of students from underserved rural populations who enter the nursing profession, including members of the Eastern Band of Cherokee Indians.

The Health Resources and Services Administration of the U.S. Department of Health and Human Services is awarding approximately \$345,000 a year over a three-year period to WCU to create the Western North Carolina Nursing Career Network Project. The effort begins this academic year and continues until 2016.

The WNCNCN Project will enable WCU nursing faculty members to partner with community nursing professionals and nursing educators to serve as mentors to ethnically diverse and disadvantaged students from Andrews, Cherokee, Murphy, Robbinsville, Smoky Mountain and Swain high schools who are interested in nursing as a career.

The program also will provide significant scholarships and monthly stipends to qualifying graduates from those high schools and will give them the additional mentoring and support they need to achieve their

"For me, this is a dream fulfilled - a way to meet the needs of our health care community by increasing the diversity within our School of Nursing and subsequently increasing the diversity of our practicing nurse population."

- Judy Neubrander, director of WCU's School of Nursing

goals of being nurses, said Judy Neubrander, director of WCU's School of Nursing.

"For me, this is a dream fulfilled - a way to meet the needs of our health care community by increasing the diversity within our School of Nursing and subsequently increasing the diversity of our practicing nurse population," said Neubrander. "We have tried several ways to increase our student diversity, but have had little success. I believe this new endeavor will help enhance diversity and strengthen our existing relationships with the Eastern Band of Cherokee Indians."

The WNCNCN Project addresses the barriers of students of ethnic diversity and disadvantaged backgrounds initially at the high-school level through an innovative program designed to excite students in math and science using the Second Life "virtual campus" platform and to provide them with specialized standardized test preparation.

The grant also takes advantage of existing programs including Med-Cat, a medical career counseling and technologies program that works to recruit high school students interested in medical careers and related technologies. MedCat is a component of the Culturally Based Native Health Program, an ongoing partnership among WCU, Wake Forest University and the Eastern Band of Cherokee Indians to promote Native American health initiatives. Lisa Lefler directs the CBNHP at WCU. with Roseanna Belt serving as elderin-residence.

In addition, the grant will enable students at Southwestern Community College to participate in the new program through the Regionally Increasing Baccalaureate Nurses (RIBN) Program, a partnership that provides a four-year, seamless associate-to-baccalaureate nursing education.

WCU's School of Nursing is one of only 12 recipients nationwide of

the highly competitive federal grant, said Douglas Keskula, dean of the WCU College of Heath and Human Sciences.

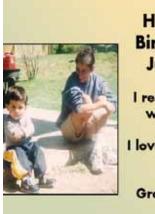
"This will be an exciting project for the university and for the region we serve," Keskula said. "It will provide a wonderful opportunity for the School of Nursing, the College of Health and Human Sciences and WCU to help fulfill the health care educational needs of our state and region."

For more information, contact the School of Nursing at 828-227-7467 or visit the website nursing.wcu.edu.

- WCU

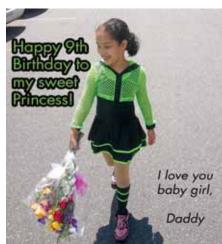






Happy
Birthday
Julian
I remember
when!!!
I love you big
guy
Granny Bit





* Cherokee Happenings submit New Listings or CHANGES TO SCOTMCKIE@NC-CHEROKEE.COM.

Church Events

Wrights Creek Baptist Church Vacation
Bible School. July 28 at 6p.m. Bible School will
also be held July 29-July 31, starting at 6:30 each
evening. Join for crafts, singing and good fellowship. There will be a class for adults also.

Vacation Bible School. July 29 – Aug. 2 at Big Cove Pentecostal Holiness Church. Mrs. Ruby White, from Danville, Va., will be presenting "Fun with the Son". Info: 497-4220

Back-to-School Extravaganza. Aug. 4 at 6:30pm at Peachtree Memorial Baptist Church. Speakers will be Dr. Dan Lunsford, Mars Hill College president; Dr. Chester Jones, Pastor of Peachtree Memorial Baptist Church; and Tim Clifton, Mars Hill Lion football coach. Steve Coleman will lead the music. All high school students from Swain, Cherokee, Clay, Graham and Macon counties and the Cherokee Indian Reservation are invited to participate. Everyone is invited to join the students. This event is sponsored by Christian Lighthouse Ministries.

Annual Hooper Bald Prayer Walk. Aug. 17 at 10am at the trailhead of Hooper Bald in Robbinsville. Lunch will be provided by Christian Lighthouse Ministries. Please RSVP to Fred Lunsford (828) 837-2605 by Aug. 13 to lunch can be provided.

General Events

Bake Sale. July 22 at 8am at Peter's Pancake. Purchase some goodies from the Relay for life team Mighty Mighty Fighters. Relay for life will be held in Cherokee on Aug. 23.

Tops and Bottom Dress Rehearsal. July 25 at 6pm at the Robbinsville High School Auditorium. This play, presented by the Summer Cherokee Language Camp children, will be done in the Cherokee language with a translation preceding each line. The play will be repeated on Friday, but you must have a ticket for Friday's show which is free. It is open to the public.

Kolanvyi Fundraising event (new date). July 27. Cornhole Tournament – registration fee is \$30/team, bring your own partner, deadline to enter is 10am, 1st and 2nd place paid (double elimination). Volleyball Tournament – registration fee is \$50/team, 5-person teams (3 men, 2 women at all times), double elimination, 1st place paid. Tube Ride - \$3 each, rides from pull-off

below Stoned to bridge above new school, guides will be available, tube at own risk. Pony Rides - \$5 (purchase tickets at concession stand), rides are at Kathy and Donald Wolfe's House. Dunking Booth – 3 throws for \$1. Inflatables - \$2 all-day pass. Stickball game at 4pm or after volleyball tournament. Silent auction and concession available. Info: Mariah 788-4574 or 497-5853, Totsie at Big Cove Rec. Center 497-7172, or Mary Thompson 497-5533.

Wolftown Indian Ball Community Day. July 27 at 7am at the Wolftown Gym and Ballfield. Corn-hole tournament, horse ride, dunk tank, Indian Ballgames, raffles, silent auction, frybread, concession. All proceeds go towards expenses to go to the Cherokee Holiday in Tahlequah, Okla.

Cherokee Elementary School Open House. Aug. 6 from 4-6pm.

Foundations Business Planning Course (in Spanish). Aug. 6, 13, 20 from 6-8pm at the Sequoyah Fund Conference Room in the Ginger Lynn Welch Complex. This three-session course is for anyone interested in starting a business. It is presented by Mountain Biz Works and Sequoyah Fund. Space is limited. Info: (828) 253-2834 or email Zurilma Zurilma@mountainbizworks.org

Sherman Taylor Family Reunion. Aug. 11 at 1pm at the Tsali Manor Pavilion. Bring family photos. Children's games to be held. Door prizes are being collected. Bring a covered dish. Info: Bessie Welch 497-0208, Katie Cooper 788-3133, Nancy Driver 497-0206, Stacy Rogers 508-0392

Health/Sports Events

Cherokee Braves football parent meeting. July 29 at 6pm in the Charles George Arena at Cherokee High School. Student-athletes that are interested in playing JV and varsity football need to attend the meeting with a parent or guardian. Practice schedule and expectations will be handed out for the upcoming season.

Free sports physicals. July 29 at 2:30pm at the CHS Fieldhouse. Forms are available in the CHS main office and the Fieldhouse Athletic Training Room. Athletes must have forms completed and signed to receive a physical.

Healthy Cook-Out & Fire Safety event. July 29 from 4-6pm at the Cherokee Food Lion. Taste and learning healthy eating tips for cooking out. Learn tips on how to have a safe and healthy cook-

out. Receive a free healthy cookout recipe packet. Receive a free tour of a Cherokee Fire & Rescue fire truck. This event, hosted by the Cherokee Food Lion and Cherokee Community Wellness Team, is free and open to everyone. Info: Robin Callahan, RD, MHS, LDN 554-6785 or robibail@nc-cherokee.com

2nd Annual Youth Track Meet. Aug. 1-2 at the Acquoni Expo Center track. 3-8year olds will compete on Thursday, Aug. 1 and 9-18 year olds will compete on Friday, Aug. 2. Pick up a registration packet at the Cherokee Life Center or download online at:

http://theonefeather.com/2013/07/2nd-annual-youth-track-meet-flyer-and-applications/ The deadline to register is Friday, July 26. Info: Ahlisha Stephens 554-6498 or ahlistep@nc-cherokee.com

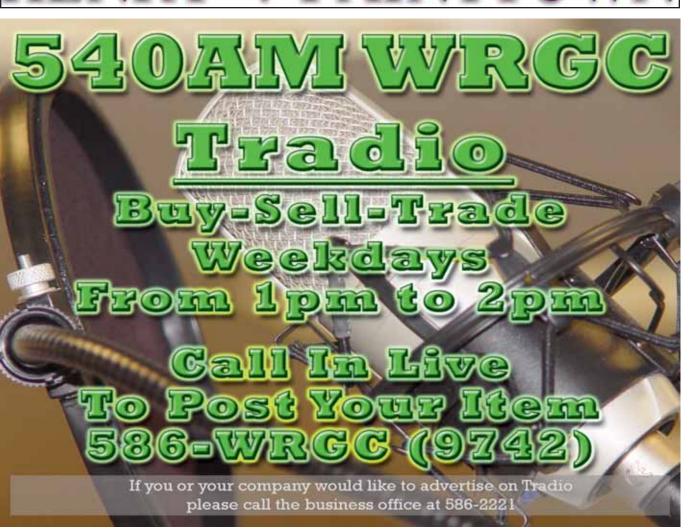
Cherokee High School Booster Club Meeting. Aug. 1 at 5pm at the high school.



cherokee one feather/na tsalagi soquo ugidahli







Tribe hosting 12th Annual Trout Derby

he Eastern Band of Cherokee Indians is hosting the 12th Annual Talking Trees Children's Trout Derby on Saturday, Aug. 3. The annual event takes place at the Oconaluftee River Islands Park.

Children 3-11 years old are invited to participate. Pre-registration begins Friday, Aug. 2 at 10am at the Cherokee Indian Fairgrounds and ends at 6pm with a special prize event and Derby orientation. Also on Friday, there will be traditional music and dance, food, games, zip lines, animal exhibitions, Professional Bull Riders exhibitions, merchant discount coupons and the Madison Hornbuckle Children's Cancer Foundation Cornhole Tournament with a \$500 first prize.

Trout Derby fishing begins on Saturday at 8am and ends at noon with awards and prize presentations to follow at 1pm. This event is accessible to children with disabilities.

The Fishing Derby Armband gets a child free admission at Unto These Hills Drama and the Oconaluftee Indian Village when accompanied by an adult, a Cherokee Fun Park free miniature golf with paying adult and special rates for Cherokee Rapids tubing on the river.

Carolina Dockdogs will present a Cherokee Dock Warriors event which begins on Friday at the Cherokee Indian Fairgrounds and takes place through Sunday, Aug. 4 with Outdoor Big Air®, Extreme VerticalTM, Speed RetrieveTM & Iron DogTM events.

To register for the Madison Hornbuckle Children's Cancer Foundation Cornhole tournament, contact Jeremiah Fennessy (843) 909-0847. All boards and bags will be provided. This is a non-sanctioned tournament, but American Cornhole Association rules are followed.

Info: www.Cherokeetroutderby.com or www.dockdogs.com.

- EBCI Public Relations

C

Cherokee Central Schools Report

Cherokee Elementary School supply lists

Pre-K

Hand sanitizer, Kleenex, bowls (for snacks), 5oz. paper cups, small paper plates, three-ring binder (for portfolio), glue stick, blanket for cot, backpack (regular size), gallon Ziploc bags, napkins, baby wipes, band aids, quart Ziploc bags

Kindergarten

One box markers, pair of scissors, two-pocket folder, two boxes Kleenex, wide-rule loose leaf paper, one pack glue sticks, one pack pencils, two Pink Pearle erasers, pencil box, hand sanitizer, Clorox wipes, one box band aids, back bag, pack of coffee filters, beach towel, one box plastic silverware, box of 24 Crayons, one 1-inch binder Boys only: pack of Playdoh, one box of Ziploc gallon bags

Girls only: pack of permanent markers, one box Ziploc quart bags

Optional: one pack of white copy paper

1st Grade

Pack of 24 pencils, two primary journals, one 1inch binder, one box colored pencils, one box markers, book bag, four glue sticks, box of 24 Crayons, four Pink Pearle erasers, hand sanitizer, Clorox wipes

Optional: freezer bags, Kleenex, cups/plates/utensils

2nd Grade

Two packs of pencils, one box of Crayons, one box of colored pencils, one pack of markers, one highlighter, two composition notebooks, three one-subject spiral notebooks (wide-ruled), two glue sticks, two packs of eraser tops, four plastic folders with prongs and pockets, two packs of wide-ruled notebook paper, two boxes of Kleenex, one bottle of hand sanitzer, two canisters of disinfectant wipes, two packs of copy paper, one box of gallon/sandwich Ziploc bags

3rd Grade

Three one subject notebooks (wide-ruled), one pack of #2 wooden pencils, three sturdy plastic folders for classwork and homework (make sure they have pockets and brads), 16-count Crayons, one pack of colors pencils, individual pair of standard headphones (labeled with student's name, can be found at Dollar Tree), one pack of glue sticks, three packs of wide-ruled paper, one pack of cap erasers, Ziploc bags (gallon or sandwich), antibacterial wipe

Optional: Classroom supplies to be used a class-

 $\label{eq:community-Kleenex} room \ community-Kleenex, hand sanitizer, construction paper \ (variety \ of \ colors), \ one \ pack \ of \ white \ copy \ paper$

4th Grade

Two packs of loose wide-ruled paper, one pack of #2 pencils with erasers, two boxes of facial tissue, one bottle of hand sanitizer, one container of Clorox wipes, one pack of copy paper, five 2-pocket folders with prongs, one pack of colored pencils, one pencil box, one glue stick, three composition books (similar to black and white books in which covers are hard cardboard), two spiral note-books

5th Grade

One 3-prong packet folder (any color), two spiral notebooks, two 1.5inch binder, two packs of Avery Tab insert dividers (multi-color), two packs of wide-ruled lined paper (200 count each), one pocket thesaurus, three reams of copy paper, one box of color pencils (12 count), two red pens, one pencil box, lots of erasers (pencil tip erasers), one pack of graph paper (50 count), four 2-pocket laminated folders (any color), one pack of Post-It notes (yellow), two glue sticks, one can of Lysol spray, two boxes of Kleenex

- Cherokee Central Schools



Terry Lee Beck

Terry Lee Beck, 50, of Easley, SC went home to be with the Lord, Tuesday, July 16, 2013 at his residence. A native and lifelong resident of Easley, SC, he was the son of Jackson and Lottie Raby Beck of Cherokee. Terry was an employee of the City of Easley for 18 years. He was a United States Army Veteran. He was a member of Easley Church of God. He was preceded in death by a brother, Ted William Beck and sister Evelyn Jackie Beck.

In addition to his parents, he is survived by a

son: Jarrett Thomas Lance of Salem, SC, two sisters: Teresa L. Beck of Easley, Patricia Ann Beck of Cherokee.

Funeral Services were be held 2p.m. on Saturday, July 20 in the Chapel of Crisp Funeral Home. Revs. Eddie Stillwell and J.T. Lambert officiated with burial in Tow String Cemetery.

Angela Tindall Morris

Angela Tindall Morris, 54, of Whittier, passed away at her residence on July 14, 2013 following an extended illness. Angela is the daughter of the late Ramsey Walkingstick and Mabel Walkingstick, she was a member of the In Touch Ministries Church and was an employee at Harrah's Cherokee Casino for many years.

Angela is survived by her son; George Adam Morris of Wintersprings, Fla. Also surviving are brothers; Owen Walkingstick, Moses Walkingstick, Tony Walkingstick and Bruce Walkingstick; two sisters, Ann Arneach and Lois Lambert; four grandchildren and other family members; Stacey Rodgers, many nieces, nephews, aunts and uncles; and special friend, Mary Alice. Angela also leaves behind many friends who will miss her.

Angela is preceded in death by her sister, Geneva Walkingstick and brother, Chief Dean Walkingstick. The funeral service was held at Long House Funeral Home on Wednesday, July 17.

Long House Funeral Home assisted family with arrangements.



THURSDAY, JULY 25, 2013 cherokee one feather/na tsalagi soquo ugidahli

* Cherokee Announcements tidbits affecting ebci tribal members and the community

Cherokee Idol seeking contestants

16

The Cherokee Idol Contest will be held at the Cherokee Fairgrounds in the Amphitheatre. A three night elimination is planned beginning Tuesday, Oct. 1 at 8:30pm. Phase two will be held on Thursday, Oct. 3 at 9pm and the finale is scheduled for Friday, Oct. 4 at 9:30pm.

Contestants will perform three different musical styles-R&B/Hip Hop, Country and Rock. Contestants will be asked to prepare a song from each genre for each night of the performance. Each night, the MC will randomly draw the style of music each artist will perform.

A random draw for the line -up of contestants will determine the order the contestants will perform each night. Contestants will be required to have their music for any of the three categories ready to go one hour before show time with it labeled clearly so that the sound technicians will have it ready for the performance.

Contestants will be judged on: stage presence, vocal performance and crowd reaction. Contestants must be an EBCI tribal member.

A grand prize winner and runner up will be selected. Grand prize is \$1000 and the runner up will receive \$500.

There are a limited number of slots available. To register as a contestant, call or email Chris Watty at 828-554-6486 or email at chriwatt@nc-cherokee.com.

- Cherokee Indian Fairgrounds

Miss Cherokee 2013 contestants sought

Qualifications, Rules and Application packets are now available at Tsali Manor. Deadline is Aug. 25.

Entrants sought for unior pageants

Applications are now available at the Cherokee Welcome Center for the Little Miss Cherokee, Junior Miss Cherokee, and Teen Miss Cherokee pageants. The deadline to turn in the applications is Friday, July 26.

You may also download applications online at http://theonefeather.com/2013/07/entrants-sought-for-junior-pageants/

Unto These Hills Performing Arts School seeking fall students

If you have an interest in acting, singing and theatre world, then join the Unto These Hills Mountainside Theatre Performing Arts School located at 564 Tsali Blvd. in Cherokee. This is located across the street from the Museum of the Cherokee Indian. Applications are now being accepted, and scholarship are available for the fall semester. There are a limited number of scholarships available. The semester will start on Tuesday, Sept. 10.

Class will be:

- Tuesdays from 6-7pm: Acting 1/Intermediate (ages 8-up)
- Thursdays from 6-7pm: Musical Theatre 1 (ages 5-up)
 For those interested in Community Theatre, it will resume on Sept. 10 at 7pm and continue every Tuesday and Thursday from 7-8pm. You must be at least 14 years old.
 Info: Marina Hunley-Graham, artistic director, 497-3652 or Linda Squirrel, program specialist 497-1125

- Cherokee Historical Association

DNA testing schedule for August 2013

The last day to be DNA tested in time for the Sept. 16 deadline will be Friday, Aug. 30
The following dates are available to schedule appointments for DNA col-

• Friday, Aug. 2

lection:

- Thursday, Aug. 8
- Friday, Aug. 9
- Wednesday, Aug. 14
- Friday, Aug. 16
- Wednesday, Aug. 21
- Thursday, Aug. 22
- Friday, Aug. 23
- Wednesday, Aug. 28
- Thursday, Aug. 29
- Friday, Aug. 30 The local collection site is at the

EBCI Tribal Enrollment office located at the Ginger Lynn Welch Complex. Appointments will be scheduled by the staff of 1 Family Services from 9-11:30am and 1-3:30pm. To schedule an appointment at the local collection site, contact Michelle at Tribal Enrollment 828-554-6463.

To schedule an out-of-town appointment, please contact Amber Wilson at 918-685-0478. All DNA questions should be directed to the staff of 1 Family Services.

- EBCI Tribal Enrollment office

101st Annual Cherokee Indian Fair Vendor information

The Cherokee Fairgrounds is taking names for the food vendor drawing until Friday, Aug. 16 at 4pm. Food vendors must be 18 years old to qualify for a space or booth. Please submit your name and menu to Frieda Huskey 554-6492 or friehusk@nc-cherokee.com by the deadline. No exceptions will be made.

The drawing will be held on Monday, Aug. 19 at 5pm. You must be present at the drawing and pay in cash for your booth on the spot if one is awarded, a receipt will be issued at time of payment. The fee for the food vendor spaces are the total amount for the five-day event. Booths must remain open during stated daily hours of the Fair. Preference will be given to EBCI tribal members for the food booths. The prices for the spaces are as follows:

Food Vendor space outside of the booths 10'x20' = \$250Booth without fryer = \$300Booth with fryer = \$400

The Cherokee Fairgrounds is also taking names for arts and crafts vendor spaces at the 101ST Cherokee Indian Fair. There are a limited number of spaces. Arts and crafts vendors must be 18 years old to qualify for a space. Please submit your name to Frieda Huskey 554-6492 or friehusk@nc-cherokee.com by Friday, Aug. 16 at 4pm. You will be contacted by Friday, Aug. 23 as to whether you receive a space or not. Payment will be expected in cash by

4pm on Friday, Aug. 30 or your space will be forfeited to another vendor. No exceptions will be made. Spaces are 10'x10' and will be located on the Exhibit Hall porch at the Cherokee Fairgrounds. The fee is \$200 total for each space for the entire five-day event. Booths must remain open during stated daily hours of the Fair.

If food or craft spaces are available after the deadline, the remaining spaces will be first-come, first-served until they are gone.

- Cherokee Indian Fairgrounds

Law School scholarship available

The Trustees of the Beck Charitable Educational Trust Fund will be accepting applications for law school scholarship assistance from qualified EBCI tribal members.

To apply for scholarship consideration, individuals must meet the following criteria: 1) proof of enrolled member status with the Eastern Band of Cherokee Indians (first descendents will not be considered): 2) full transcripts of undergraduate degree completion; 3) proof of acceptance to an accredited law school in the United States; 4) demonstrated effort to apply for other types of financial assistance; and 5) be willing to sign a binding agreement to achieve a J.D. degree within the normal three (3) year course of study, pass North Carolina Bar Exam within 12 months following graduation and practice law near or on the Cherokee Reservation for a period of not less than five (5) years.

Applicants may request an application by contacting the Cherokee Higher Education Office at 554-6655 or 554-6660. Applications may also be requested by e-mail from Tate McCoy at tatemcco@nc-cherokee.com or Jeannie Arkansas at jeanarka@nc-cherokee.com.

Deadline for receiving applications is Wednesday, July 31.

- Beck Charitable Educational

Trust Fund

Per capita notice for new enrollees

ber distribution.

To be considered for the December 2013 per capita distribution, a complete enrollment application for a new applicant must be submitted to the Enrollment Office by 4:30 p.m., Monday, Sept. 16. Enrollment applications received after this date will not be considered for the Decem-

An application will only be con-

sidered complete with a county certified birth certificate and Certified DNA results sent directly from the lab to the Enrollment Office. To schedule a DNA test in Cherokee, contact Michelle at the EBCI Enrollment office 554-6463. To schedule a DNA test out of town, contact Amber Harrison (918) 685-0478. DNA Testing must be scheduled on or before Aug. 30 to obtain the results before the Sept. 16 deadline.

of time in receiving a social security number for a newborn, an application will be considered for enrollment without the social security number. However, an Enrollment Card will not be issued until the Enrollment Office receives the social security number for the new enrollee.

Because of the extended amount

Applications may be obtained from the Enrollment Office located in the Ginger Lynn Welch Complex or you may call the Enrollment Office 554-6467, 554-6465 or 554-6466. - EBCI Enrollment Office

Cherokee Life Center memberships, fees and hours

The Cherokee Life Center is FREE to EBCI tribal members. There are various membership fees for other tribally-enrolled members, senior rates, entity rates and disability rates. Also, there are options to pay daily, weekly, or monthly. For more information about memberships and fees, 554-6494, 554-6495 or 554-6497.

Hours of Operation:

Monday – Thursday 6a.m. – 7p.m. Friday 6a.m. – 5p.m. Saturday 9a.m. – 2p.m.

Pool Hours:

Monday – Thursday 8a.m. – 6p.m.

Friday 8a.m. – 4:30 p.m. Saturday 9a.m. – 1p.m.

- Cherokee Life Center

Cherokee Life Center provides Cardiact Rehab Program

Cherokee Indian Hospital has teamed up with Cherokee Life Center to provide a Phase III Cardiac Rehab program for EBCI tribal members and those who qualify for services at the Cherokee Indian Hospital. This program has been in operation since October 2006.

The Cardiac Rehab Program is aimed at helping patients diagnosed with risk factors for or history of cardiovascular disease to safely exercise and to learn ways of healthy living. The Cardiac Rehab Program is held every Monday and Wednesday morning from 8-9a.m. for warm up, stretching, exercise, walking, more exercise and a cool down. The walking and exercise depends on the individual's level of ability and comfort based on recommendations from vour doctor.

Health care providers are present to monitor blood pressure, monitor oxygen and heart rate to ensure you are exercising within a range that is appropriate for you. The program is open to anyone interested in joining. Membership is on a rolling basis meaning you can join when you like for as long as you like. You may have been recommended for Cardiac Rehab in the past, you may have already participated in a Cardiac Rehab program, you may have had a cardiac event in the past, or you may be at risk for cardiovascular disease. In any case, this program can help you to learn to exercise safely, how to make healthy changes in your life and provide an environment for you to meet others with similarities.

If you are interested in participating in this program contact of the people listed below or complete the following steps:

- 1. Get a Medical Clearance from your doctor
- 2. Fill out paperwork to join the Cherokee Life Center (if you are not a
- 3. Join them at 8a.m. on Monday & Wednesday.

Permission from your doctor is required to participate in this program as well as membership with the Cherokee Life Center. Your doctor may or may not need to see you to fill out the Medical Clearance Form. Contact your clinic at the hospital or speak to Julie Van Leuven, PT, 497-1963 x6262; Skip Myers, RN, 497-9163 x6224 or Lynn Taylor, Cherokee Life Center, 554-6496.

- Lynn Taylor, Cherokee Life Center

Coulter Regional Leadership Program accepting Applications The new Coulter Regional Lead-

ership Program, with the support of

the Cherokee Preservation Founda-

tion, will begin a pilot program in October 2013. This program will give people in the region new opportunities to learn and work together across cultures, governments, systems and counties to identify, understand and address region-wide challenges and opportunities. The Program will bring together adults from Cherokee, Clay, Graham, Haywood, Jackson, Macon and Swain Counties and the Qualla Boundary to learn about leadership and practice leadership through group projects to benefit the region.

Applications to participate in the pilot year program will be accepted until Aug. 15. Participants will be chosen by Sept. 1.

Planning for the program began with listening sessions in the fall of 2012. More than 100 people in six counties and the Qualla Boundary participated and discussed the needs for leadership and effective approaches to leadership learning. Four themes emerged as desired key elements for the Coulter Program. These include expanding individual leadership competencies, including public speaking project management skills, developing hands-on experiential learning and group service projects, creating opportunities for mentoring, and adopting a regional approach to solve problems and take advantage of opportunities. Named for Dr. Myron Coulter,

the Program honors Dr. Coulter's lifelong work in leadership and his interest in the western North Car-

olina region. Chancellor at Western Carolina University for a decade, Dr. Coulter was a founding member of the Board of Directors of the Cherokee Preservation Foundation and was an active and effective leader in the region. The Coulter Program builds on

recent leadership initiatives of the Cherokee Preservation Foundation. Since 2005, the Foundation has established the Costa Rica Cultural Exchange Program, the Jones-Bowman Leadership Award Program, the Cherokee Youth Council and youth councils in the seven far west counties, and the Right Path Program for EBCI tribal members.

Info: Juanita Wilson, program director of WNC Leadership Institute, 497-7920, 736-5903 or jmwilson@email.wcu.edu.

- Iuanita Wilson

CYC holding fundraiser

The Cherokee Youth Center is having a raffle to help finance their youth trip for the summer program. There are six(6) items in this raffle, so your odds of winning an item are higher as opposed to just having a single item. An up and coming artist, Steven Paul Judd (Kiowa/Choctaw), donated three (3) signed prints to the CYC to help with their fundraising endeavors. Judd is known primarily as a filmmaker. However, he is also a prolific visual artist whose mash-ups of Native experiences and disposable American pop culture are sly and often downright funny. His creations include paintings, prints, poster art, photography, and t-shirt designs. His work has been featured in public and private collections across the country. and more of his work is available on www.etsy.com/shop/TheArtof-StevenJudd. The other three (3) raffle items are a Pendleton baby blanket, a ceramic wedding vase with \$50 (cash), and a Kindle (2010) Wireless Reading Device: Wi-Fi: 6" display screen. The drawing will be on Monday, July 29. To purchase a ticket, see any youth member of the summer program, or stop by the Cherokee Youth Center on Acquoni Road, 497-3119.

- Matt Hollifield, CYC

Opinions and Letters word LIMIT FOR LETTERS IS 250 WORDS



A good habit

Dear Dr. Per Cap: I can't save money! No matter how much I think about it and really want to do it, I just can't seem to put anything aside out of my paycheck. What's up with that?

> Signed, Buffalo Nickel

Dear Buffalo Nickel:

Living paycheck to paycheck and not saving a dime is a habit – a bad one! You need to replace it with a good one.

How about the habit of paying yourself first?

On your paycheck stub, there are always deductions made before you get your "net" pay or take-home pay. They are things like federal and state taxes, insurance premiums, charity donations you chose to make through your company's payroll deduction, and perhaps other things. All of these items are getting "paid

first" before you ever collect your take-home pay.

So make yourself first, too, by way of setting aside money for YOUR savings.

You can do that in a few ways, or use a combination of them.

- If you signed up for direct deposit into your checking account, you can probably arrange with your bank to automatically divert a portion of it into a savings account each time a paycheck deposit is made. You can choose the amount, and the bank will help you set up a savings account if you don't already have one.
- If your company has a retirement plan, sign up to funnel some of your pay into that plan each paycheck. These are usually invested for you in some way so your money may even grow over time. At some companies, your funds might be matched at a certain level with "free money" provided by your employer. Take advantage of that. It truly is free and should not be left on the table.
- If neither of those options is available, then make a conscious effort to do it yourself. If you actually cash a paper check every payday, then take some of it and put it into a savings account right away, or at least stash it in the cookie jar or mattress at home. If you have direct deposit, take the time to actually transfer a consistent amount into your savings

account each and every paycheck.

The key is to just get used to doing it. By repeatedly doing this, you'll get into the habit of regularly setting aside some savings and paying yourself first. You don't have to start with a big amount. You can make it nearly painless by starting with a small amount that you won't even notice, then increase that amount as you get more used to saving money while finding other ways to save on expenses.

Finally, if you don't think you can spare even a small amount into your savings each paycheck, here's an exercise that will help you find out that you CAN spare it. For a week or even a month, carry a notepad with you and write down each and every expenditure you make and what it's for, whether it's paying the rent or buying a cup of coffee, paying on your credit card bill or plugging a parking meter. After a week or a month, look at where you

are spending your money and how much of it you are spending. No doubt you'll see places where you can easily save a few bucks, or even a lot more, without much effort. Stop spending on those things you decide are unnecessary and begin putting that amount into savings each pay period. Remember: pay yourself first, and make savings a habit!

For more information on financial wellness including free credit pulls & review, budgeting, credit coaching, and savings plans please call Hope at Sequoyah Fund, 359-5005 or email: hopehuskey@sequoyahfund.org.

Ask Dr. Per Cap is a program funded by First Nations Development Institute with assistance from the FINRA Investor Education Foundation. For more information, visit www.firstnations.org. To send a question to Dr. Per Cap, email askdrpercap@firstnations.org.

Energy Tip of the Week

Presented by Cameron Cooper, Energy Program Coordinator 828-554-6713 ccooper@nc-cherokee.com

Windows...

Keep the sun out. Closing blinds, shades and drapes in your home during unoccupied times will help keep the house cooler, causing the air conditioner to use less energy in bringing the temperature to a comfortable level.



Thank you letter from Little Miss Cherokee

Thank you Papa!

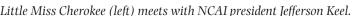
I would like to take this time to thank my papa, who is also one of my sponsors, for allowing me to go with him to the NCAI Conference in Reno, Nev. I got to meet the President of NCAI, Jefferson Keel. He was a very nice man, and I have a lot of respect for him and what he does for Indian country. It was an amazing experience for me. I introduced myself to the NCAI panel and all of their guests. I also met different members from Alaska, New Mexico and even one from Cherokee. I also got to meet a good friend of my papas, Billy Mills. Thank you Papa for this great experience! I had an awesome time and it is something I will never forget. It was an honor for me to go and represent the Eastern Band of Cherokee Indians! I am doing my best to represent my people and I have loved every minute of it!!!

Much love and respect

Marcela Garcia
2012 Little Miss Cherokee









Little Miss Cherokee and her family meet with Billy Mills, 1960 Olympic gold medalist and member of the Oglala Sioux Tribe. Shown (left-right) back row - Joe Garcia, Mills; front row - Emiliano Garcia, Little Miss Cherokee Marcela Garcia and Oneva Garcia.

Center for Native American Youth

reetings fellow Native students! In considering a focus for this week's article, I found some very disturbing statistics that made me truly appreciate being a member of the Eastern Band. Do you know how fortunate we are to be members of a tribe that has enjoyed economic success and sustainability for many decades? There are many Native American tribes that have not been so fortunate. For the Eastern Band, our home on the Oualla Boundary of beautiful Great Smoky Mountains is a fortunate advantage for tourism.

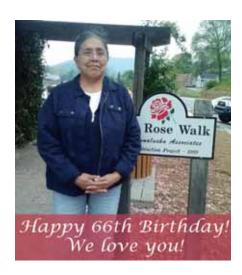
The majority of Indian Country (and especially for those in remote locations) continues to suffer from high rates of poverty and unemployment with some tribal communities experiencing unemployment rates near 70 percent, additionally, more than 23 percent of all Native Americans live in poverty. Many of the poorest counties in the United States are located on Indian reservations. Because of chronic underfunding in federal housing dollars, many Native youth live in overcrowded dilapidated homes and attend schools which rely on the federal government for funding and yet, remain in critical condition. The result is that these communities suffer high rates of alcohol and substance abuse, violent crime and significant health disparities compared to the rest of America.

Significant obstacles for many Native American youth make it even more challenging to succeed. Did you know that Native students have the highest high school dropout rates, and some of the lowest college

high school graduation rate for Native students in many states where reservations are located is nearly 50 percent! This unprecedented bruise on tribal societies has caused Native youth in many tribal communities to develop a sense of hopelessness. We clearly see this in the average suicide rates among Native American youth which is 3.5 times the national average with some tribal communities having rates up to 10 times the national average. But fortunately, there is an organization devoting its efforts to changing the lives and futures of Native students. The Center for Native American Youth has dedicated its mission to improving the health, safety and overall well-being of Native American youth through communication, policy development and advocacy. Founded by former US Senator Byron Dorgan, the Center is a policy program within the Aspen Institute headquartered in Washington, DC. The goal of the center is to bring greater national attention to the issues facing Native American youth, and to foster solutions, with special emphasis on youth suicide prevention.

enrollment rates in the country? The

The national website provides a great array of outlets to assist Native youth in securing internships, scholarships, and youth advocacy and involvement activities. It provides a wealth of information regarding many aspects of Native youth life. Students can sign up to receive notifications regarding many outstanding opportunities to enrich their lives and academic ventures. My email from the organization comes every



Wednesday morning and has presented me several opportunities to apply for summer academic camps, scholarships, and internships that I may have missed out on otherwise. It's a clearinghouse of all things Native youth oriented. If you are a teen struggling with identity issues, health concerns, or other situations where you feel you have nowhere to turn, the organizations features many venues to get youth the counseling, help, intervention, or information you might need to help you through the challenges of teen life.

Please visit cnay.org and get involved today! And, always remember how fortunate we are to be Eastern Band and take advantage of the opportunities and advantages your membership provides. Most importantly, lend a hand to a fellow Native student; we are all Native, and therefore, we are all connected in the hope for a better tomorrow for ourselves, our families, and our tribes.



Apply Today!

On Call Front Desk Clerk Dual Rate Table Games Supervisor (shift varies) \$17.31-\$26.44 (shift varies) \$10.51 **Part-Time Security Officer** Part Time Service Person (2nd & 3rd shift) \$10.50 (shift varies) \$5.25 + tips Part-Time Food & Beverage Cashiei **Part Time Service Assistant** (shift varies) \$9.01 (shift varies) \$6.25 + tips Cook II (2nd Shift - \$10.83) Steward (all shifts) \$8.00 Cook (shift varies) \$9.00 Senior Cook (Swing) \$11.36-\$16.46 **Part-Time Table Games Dealer Training School** Catering Chef \$36,000-\$55,000 (shift varies) \$7.25 Part-Time Total Rewards Representative Part Time Sales Associate (shift varies) \$9.01 (shift varies) \$11.79 **Full & Part-Time Table Games Dealer** Food Service Supervisor (shift varies) \$30,000-\$46,000 Experienced Only (shift varies) \$5,25 + tips Part-Time Valet (shift varies) \$7.00 + tips Food & Beverage Cashier Hiring Bonus \$300 **Part-Time Cocktail Server POSITIONS ELIGIBLE FOR A** (Essence Lounge) \$5.95 + tips \$400.00 HIRING BONUS: Cook & Cook II Find your new career at caesars.com.

If you have already submitted your application, it will be considered active for 6 months from the date of application. To qualify, applicants must be 21 years or older (18-21 years eligible for non-gaming positions), must successfully pass an RIAH hair/drug test and undergo an investigation by Tribal Gaming Commission. Preference for Tribal members. This property is owned by the Eastern Band of the Cherokee Nation, managed by Caesars Entertainment. The Human Resources Department accepts applications Mon. thru Thur., from 10 am - 3 pm. Call 828.497.8778, or send resume to Human Resources Department, 777 Casino Drive, Cherokee, NC 28719 or fax resume to 828.497.8540.



Crown Food Mart in Robbinsville

Cherokee Trading Post classified ads are \$5 for 30 words

FOR RENT

For rent. 2 and 3 bedroom mobile homes in Bryson and Whittier. 5 mins from casino. \$400-\$550. Call 828)736-1183 for more information. **7/25pd**

Mobile home 2bed, 2bath. Camp Creek, \$575/month. No animals. 2 to 3 persons. References. (828) 736-1882. **7/25pd**

House for Rent. Available August 1, 3BR/1BA in Birdtown Community. \$750 per month plus security and deposit. Serious inquires only. Call 828-421-5604 for details. 8/15pd

FOR SALE

Truck Accessories. Big Rims, Oversize Tires. Off Road Products, Leveling Kits, Diesel Upgrades. Huge Showroom! Anglin's in Otto (828) 349-4500 **UFN**

Pipestone for sale. New shipment lower price. Friday and Saturday at Uncle Bill's Market or by appointment 9 to 5pm formerly Old Mill. (828) 497-2461. **8/1pd**

Trailer Hitches and wiring. Tag, Gooseneck and 5th Wheel hitches available. We can supply you with all your trailer needs! Anglin's in Otto. (828) 349-4500. **7/25**

House for sale. 3 bedroom 1 ½ bath on large lot. Piney Grove Community. Newly remodeled. Call 497-9000 for more information. **7/25pd**

Little Princess Restaurant.

Now serving home cooked breakfast buffet. Homemade sausage gravy & biscuits, country ham, large fruit bar and much more from 8am to 11am. 7/25pd

Lift Kits. Mild to wild, body and suspension, Rough Country, Skyjacker, Fab Tech and more. We install it all! Anglin's in Otto. (828) 349-4500. **7/25**

Tribal land for sale. Big Cove Community Parcel #392. Total acreage 67.863(+ -), will not divide. Contact Robert Crowers (828) 349-9430. Leave message. **8/1pd**

SERVICES

AVENUES COUNSELING w/ Beth

Farris, Licensed Professional Counselor and Licensed Clinical Addictions Specialist addressing Depression, Anxiety, Trauma, Addiction and Relationship issues. Welcomes discussing her alternative styles toward finding truth and joy. Trained in EMDR and Motivational Interviewing- Evidence Based Practices. Call 1-421-9855. 7/25pd

Need a Good Reliable Mechanic? Call Mark Robbins 828-788-2415. **8/1pd**

EMPLOYMENT

Native Models needed for local Cherokee County-based skin care manufacturer. One day only. No experience necessary. Must have good skin. Modesty-friendly photos. Moral integrity of model important for the image of this Christian & Veteran-owned business. Some positions paid, some unpaid. All models accepted for photo shoot receive free CD of digital photos taken. Bringing own authentic Native regalia a plus. Seeking: Toddler (boy or girl). Teenager (guy or gal). Woman (25-45 years old). 1 elder woman who is expressive, comical and real... no beauty contest winner or teeth required. Email ceo@nativetouch.us or text 828-557-6212 with a picture and contact information. More information on our Facebook page "Native Touch". 8/1pd

Eastern Band of Cherokee Indians

For deadlines and applications please **call 497-8131**. Indian Preference does apply A current job application must be submitted. Resumes will not be accepted in lieu of a Tribal application.



Positions Open

Please attach all required documents

eg: Driver's license, Enrollment, Diplomas, Certificates

The Eastern Band of Cherokee Indians has the following positions open:

Closing August 2, 2013 @ 4 pm

1. Housekeeper I- Tribal Housekeeping (\$18,140-\$22,680)

Closing July 26, 2013 @ 4 pm

- 1. Youth Sports Coordinator-Cherokee Life (\$28,790-\$36,710)
- 2. Fitness Center Manager-Cherokee Life (\$42,300-\$53,930)
- 3. Business Program Supervisor-Cherokee Life (\$28,790-\$36,710)
- 4. Recreation Manager-Cherokee Life (\$42,300-\$53,930)
- 5. Director Community & Recreation Services-Cherokee Life (\$51,280-\$65,380)
- 6. Family Support Coordinator (Home Based Specialist)-Child Care (\$22,000-\$27,500)
- 7. Cook Aide-Child Care (\$16,480-\$20,600)
- 8. Health Coordinator-Child Care (\$26,140-\$33,340)
- 9. Academy Cook-KPEP (\$19,980-\$24,980)
- 10. Manager- Internal Audit (\$51,280-\$65,380)

Open Until Filled

- 1. EMT-P (Part-time) EMS
- 2. Teacher-Tribal Child Care
- 3. Teacher Assistant-Tribal Child Care
- 4. Academy Teacher- KPEP
- 5. Language Specialist- KPEP
- 6. Early Childhood Supervisor I- KPEP

Health & Medical Positions

Open Until Filled

- 1. C.N.A-Tsali Care Center
- 2. RN-Tsali Care Center
- 3. Cook Supervisor-Tsali Care Center
- 4. Nutritionist/Community Outreach Coordinator- Cherokee Diabetes
- 5. RN Supervisor- Wound Care Treatment/Prevention
- 6. RN Supervisor-Tsali Care Center

Download Applications/Job Descriptions at the following website! http://www.nc-cherokee.com/humanresources/employment/jobopportunities

EMPLOYMENT

RESEARCH INTERVIEWERS

NORC, a social science research center is seeking reliable, outgoing, persuasive people to conduct in-person interviews within the homes of residents in the Eastern Cherokee Nation August-November, 2013 Must be able to work 20+ flexible hours per week, including late evening and weekend hours. Car, good driving record and telephone is required.

\$13.41 per hour plus .56 cents per mile. Interviewers must gain the cooperation of the residents of sampled households and maintain strict confidentiality standards. Census experience a plus.

NORC is an affirmative action, equal opportunity employer that values and actively seeks diversity in the workforce.

TO APPLY: Visit our website: http://www.norc.org/Careers/>Click on>Current Opportunities/>Under the heading>Job Listings>Click on Field Operations>and search for the NAHSG – Eastern Cherokee Nation, Cherokee, NC (or call NORC Field Manager Patricia Maugherman toll free at (800)994-2325). **8/1pd**

Western Carolina University is seeking qualified individuals for the following positions:

- Asst Athletic Dir (143616)
- Asst Dir Admissions (0219)
- Asst Dir Alumni Affairs (132740)
- Asst Dir Campus Recreation (4519)
- Asst/Assoc VC for Institutional Plng (0310)
- Associate Dean, Library Svcs (2854)
- Assoc Dir Campus Recreation (4519)
- Assoc Dir Catamount Club (140244)
- Assoc Dir Counseling & Psych Svcs (5303)
- Assoc Dir Fraternity & Sorority Life (143550)
- Dir, Development (132742)
- Dir, Donor Relations (132741)
- Dir, Marketing (140249)
- Dir, Operations & Maintenance (3008)
- Dir, Systems & Procedures
- Distinguished Professor Ed Leadership (0478)
- Executive Director, Millennial Initiatives (132739)
- Provost/Vice Chancellor Academic Affairs (0305)
- Research Asst Fire Effects
- Resident Director (4294)
- University Program Spec (2494)
- Visual Arts Specialist (0084)
- Faculty Positions:
- Accounting (2044)
- Anthropology & Sociology (1353)
- Chemistry & Physics (1006)
- Educational Research (1171)(0182)
- Engineering & Technology (0164)
- Health Sciences (2012)
- Intensive English Instructor
 - Modern Foreign Languages (0171)
- Sport Management (0494)
- Vice Chancellor for Intn'l & Ext Programs (2425)
- Visiting Instructor (0372)

THE CHEROKEE INDIAN HOSPITAL AUTHORITY has the following job available: FT Mid-Level Practitioner. Anyone interested should pick up an application and position description from Teresa Carvalho at the Cherokee Indian hospital Human Resources Office between the hours of 8:00am – 4:00pm Monday –Friday. This position will July 29, 2013 @ 4pm. Indian preference does apply and a current job application must be submitted. Resumes will not be accepted in lieu of CIHA application. **7/25**

Help wanted for RV Campground. Retired couples to help maintain small family campground. Full hookup and other benefits in exchange for part-time work. Adventure Trail Campground, Camp Creek Road, Cherokee. For info: 828-497-3651.

8/1 pd

REALTY

Big Cove Community

The following is a list of tribal members that have documents to sign in the BIA Realty Office. These are land transfers from both Tribal Members and the Eastern Band by Resolution.

Clarence Steven Arch, Noah Allen Arch, Gaynell Johnson Bradley, Shawn David Calhoun, William Dennis Calhoun, Cora Lynn Sanders Crowe, Kimberly Dawn Crowe, Kristin Lynn Sanders Crowe, Susanna Calhoun Finger, Edmond Merony French, Kathy Linda Ross Galanick, Viola Yvonne Shell Garnett, Bonnie Sue Locust George, Jennifer Dawn West George, Kathy Ann McGillis Hasler, Annie Wolfe James, Tony Anthony Johnson, Patricia Ann Rose Kramer, Clyde Ed Locust, Ernest Locust Jr., Ivy Kay Locust, Katherine Austin Wolfe Long, Frances Ann Wolfe Maney, Jenny Rae Locust Maney, Eugene J. McGillis, Cleto Alfonzo Montelongo, Cynthia Ann Taylor Meuse, Kimberly Cree Meuse, *Deborah Sue Panther, *Samuel Patrick Panther, Sharon Lenell Welch Panther, Stella Mandalean Rose Patrick, Robert Lee Queen, *Charla Deann Reed, Wendy Wynne West Ricks, Jeffrey William Rose, Ernest Lynn Ross, Letina Renee Saunooke, Rynda Lynn Marie Saunooke, Elliott Clark Shell, Meroney George Shell, Michael Jay Shell, Flora Mae Calhoun Shelton, Annabelle Calhoun Shuler, Sheila Kay Standingdeer, William James Allan Tooni, *Anna Louise Watty, David Nor-Phillip Standingdeer. man Watty, Quincy Watty Sr., Rebecca Lynn Watty, Samuel Watty, Jennifer Beth Welch, Jessie James Welch, Samuel Lee Welch, Thomas Edward Welch, Caren S. West, Donovan Phillip Woodard West, Abel Wolfe, Deweese Wolfe, Donald Eugene Wolfe, *Edwin Wolfe, Jane Wolfe, Lloyd Edward Wolfe, Samantha Nicole Wolfe

Divisions

Kirk Wilson Lossiah Sr., Maury Estes Lossiah, Vanessa Lossiah Welch, Rena Janet Johnson Wachacha, Jackie Lee Johnson, Maggie Ruth Catolster Armachain, Frances Elnora Armachain Morgan, Rachel Marie Armachain Justice, Bernice Ann Taylor, Betty Lou Taylor, Trudy Louise Taylor, Brian William Armachain

One Feather deadline Monday at 12noon

BIDS, RFPs, etc.

Advertisement for Request for Proposal

Eastern Band of Cherokee Indians Benefits Office Ginger Lynn Welch Center P.O. Box 554 810 Acquoni Road Cherokee, North Carolina 28719

Phone: (828) 554-6391 Fax: (828) 497-8198

Request For Proposal Title: Trustee for the EBCI Employee **Pension Plan**

The Eastern Band of Cherokee Indians Benefits Office is requesting sealed proposals for the Trustee Services for the EBCI Retirement Plans, a defined benefit plan consisting of a Governmental Plan and a Commercial Plan. The EBCI invites your organization to respond to this Request For Proposal (RFP) with a proposal and quotation for furnishing Trustee Services for the EBCI Retirement Plans, a defined benefit plan.

All interested parties shall meet the deadline for proposals by sending them to the Benefits Office no later than July 31st at 4:00 PM. Firms that do not submit their proposals by this deadline will not be considered. Please be advised that Indian Preference (as defined by the Tribal Employment Rights Office) applies for this contract. Equal Employment Opportunities (EEO) documentation required by Executive 11246 As Amended and Regulations (41 CFR Part 60-4) shall be application through the performance of any work awarded pursuant to this solicitation.

You may request a copy of the RFP by contacting EBCI Retirement Specialist, Kristin Smith at (828) 554-6391 or krissmit@nc-cherokee.com.

ADVERTISEMENT FOR BIDS

Flintco, LLC has been selected as Construction Manager/General Contractor (CM/GC) for the following project:

Cherokee Justice Facility

Eastern Band of Cherokee Indians

Cherokee, NC

Bid Manuals and CDs (containing drawings and specifications) will be made available to all prequalified subcontractors for the following bid items. Bid packets are available by contacting Griffin Hall. Potential subcontractors will be required to have completed and returned prequalification packets prior to any bids being received from that contractor. Other bid items will be prequalified/bid at a later date.

Package "C":

Bid Item # 12 – Caulking & Waterproofing

Bid Items #13 – Drywall & Framing

Bid Items #15 – Acoustical Ceilings

Bid Item # 16 – Painting

Bid Item # 23 – Millwork

Bid Item # 24 - EIFS

Bids Will Be Received At: Flintco, LLC, 91 Oliver Smith Place,

Cherokee, NC 28719

8/1

Ph. 901 372-9600 / 901-359-0975

Bids Due: 3:00 PM EST, On: Friday, August 2, 2013

Construction Manager: Flintco, LLC, 2179 Hillshire Circle,

Memphis, TN 38133, Contact: Griffin Hall (901) 372-9600

LEGALS

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 13-050 In the Matter of the Estate of

Sarah Lynn Boudreaux

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: October 11, 2013

Nakoa Chiltoskie PO Box 2325 Cherokee, NC 28719

7/25pd

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 13-056 In the Matter of the Estate of

John Lossiah

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: October 18, 2013

Linda L. Swimmer P.O. Box 683

Cherokee, NC 28719

8/1pd

Eastern Band of Cherokee Indians Cherokee, North Carolina Estate File No. 13-054 In the Matter of the Estate of

Jeffrey Allen Howard

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.

Date to submit claims: October 18, 2013

Della L. Howard 498 Macedonia Road Cherokee, NC 28719

8/1pd



