Three Cherokee wrestlers going to N.C. State Finals PAGE 18



EBCI Tribal Members can now receive the *One Feather* in PDF format for FREE! See ad on page 7 for details.



TRIBE MEETS WITH DUKE ENERGY

Principal Chief Hicks and Tribal Council meets with Duke Energy officials over proposed Substation Project near Kituwah Site.



Photo courtesy of Lynne Harlan/EBCI public relations officer

Principal Chief Michell Hicks (right) met with Duke Energy president Brett C. Carter at the Kituwah Site on Thursday, Feb. 18. Along twith the EBCI Tribal Council, Chief Hicks voiced concerns over Duke Energy's plan to build a sub-station near the site.





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NAIA

EBCI wins big at Tourism Conference

The 7th Annual Southeast Festivals and Events Conference was held in Macon Ga., Feb. 15-17, and the Eastern Band of Cherokee Indians walked away with four medals including two golds.

PAGE 2

Harrah's Cherokee recognizes Employee Volunteers

Harrah's Cherokee Casino & Hotel recognized three employees for outstanding community service at its annual HERO (Harrah's Employees Reaching Out) Awards Banquet. The Valentine's Day themed banquet was held Thursday evening.

PAGE 10

Lady Braves Basketball Action

The Cherokee Lady Braves won their opening game in the 2010 Smoky Mountain Conference Tournament, but lost to Murphy in the semi-finals. On



Monday, Feb. 22, they defeated Highlands in the 1st round of the 1A West Sectional playoffs. They were scheduled to travel to East Wilkes on Wednesday, Feb. 24 and those results were after press time.

PAGES 18-19

3rd Place General Excellence 2009 NAJA Media Awards

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Tribe wins Big at **Southeast Festivals & Events Conference**



SCOTT MCKIE B.P./One Feather

EBCI Marketing and Promotions staff (left-right) Robert Jumper, Sharri Pheasant and Janice Wildcatt hold the awards the division won at the recent Southeast Festivals and Events Association conference.

EBCI brings home Two Golds, a Silver, and a Bronze

SUBMITTED By SFEA

MARIETTA, Ga. The 7th Annual Southeast Festivals and Events Conference was held in Macon Ga., Feb. 15-17, and the Eastern Band of Cherokee Indians walked away with four medals including two golds.

The Tribe won in the following categories: Gold - Best Event Photograph, Festival of Native Peoples; Gold -Best Event Program or Brochure, Cherokee Indian Fair; Bronze - Best Festival or Event under \$75,000, Cherokee Fall Rod Run; and Silver - Best Festival or Event under \$75,000, July Pow Wow.

In addition to those awards, the July Pow Wow and the Festival of Native Peoples and Cherokee Art Market were named "Top 20 Events in the Southeast".

"The conference was a huge success providing educational sessions and panel discussions to 150 event professionals", said Wendy Thomas, SFEA Chairman. Thomas attributes the success to outstanding speakers and a well-rounded program plus a super core of volunteers.

During the awards program, top festivals & events throughout the southeast were recognized for their outstanding contributions to the festivals and events industry by receiving the prestigious

Kaleidoscope Award, which is sponsored by RCS Productions.

The name Kaleidoscope was selected because the award committee felt the colors & changes in the image represent the many different festivals and facets within the events.

"The quality of submissions continues to go up each year making it harder and harder to choose only one winner", says Carolyn Morris, Award Coordinator, SFEA. "It is a wonderful opportunity to showcase your event or community and award those who have worked hard creating the perfect event or festival"

The full winners list includes:

Best Event Photograph

Bronze: City of Suwanee - City Hall Grand Opening Silver: Atlanta Parent Magazine - Family Block Party Gold: Eastern Band of Cherokee - Festival of Native Peoples **Best Event Within an Event** Bronze: The Georgia International Horse Park - Conyers Cherry Blossom Festival WildFlower Seedball Project Silver: Macon Georgia's International Cherry Blossom Festival Pink Pancakes Breakfasts at Central City Park Gold: City of Oak Ridge - Secret City Festival USO Style Variety Show Best T-Shirt Bronze: Stone Mountain Park - 41st Yellow Daisy Festival

Silver: The Georgia International Horse

see EVENT AWARDS page 6

COVER STORY

Tribal Officials meet with Duke Energy concerning Kituwah



DAWN ARNEACH/One Feather

EBCI tribal member Natalie Smith speaks during a concerned citizens meeting on Friday, Feb. 19 at the Tribal Grounds coffee house dealing with the proposed Duke Energy Substation near the Kituwah Site

SUBMITTED By LYNNE HARLAN

Principal Chief Michell Hicks and the Tribal Council met with Duke Energy President Brett C. Carter on Thursday, Feb. 18 regarding Duke Energy's Hyatt Tie in Substation in Swain County. Tribal officials voiced concerns that the substation, currently under construction, presents a significant negative impact to the tribe's Kituwah site. Kituwah (pronounced Gee-doo-wah) is known as the mother town of the Cherokee and is regarded as the most sacred site still in existence for the Cherokee people.

Chief Hicks said, "We wanted to open the discussion about the substation with Duke Energy so they are aware of our concerns. Our primary concern is that this discussion was not held prior to planning and execution of this project. The Tribe has always had a positive relationship with Duke however our first priority is to protect the sacred site of Kituwah for future generations."

Carter met with Chief Hicks and Principal Chief George Wickliffe, of the United Keetowah Band of Cherokee from Oklahoma, before joining the EBCI Tribal Council.

Duke Energy staff presented the plan for the project, currently being constructed on an adjacent hillside, and offered a series of mitigation plans to minimize the negative impact which has tribal leaders concerned. Possible mitigation includes the utilization of materials and wildlife plantings to minimize visual

impact. Several tribal members were also in attendance as were officials from Swain

County. Chief Hicks continued, "I am confident that Mr. Carter is fully aware of our concerns and that together we can work toward a resolution which protects the integrity of this site while meeting the need for energy in the region. Kituwah is listed on the National Register of Historic Sites and considerations for its protection are paramount for both Swain County and the Tribe."

EBCI leaders expect to work with Duke Energy in the coming weeks to propose solutions which are amicable to both interests.

A concerned citizen's meeting was held at Tribal Grounds coffeehouse in Cherokee on Friday, Feb. 19.

Natalie Smith, EBCI tribal member, stated at the meeting, "Kituwah is endangered, as of right now, because we haven't stopped Duke's plans as of now. We're not trying to stop Duke Power, we're just trying to keep them from developing on our sacred land."

Natalie's sister, Hannah Smith, commented, "I would encourage people to get out and speak out. We have to do everything we can to protect it (Kituwah) for the future."

Lynne is the public relations officer for the Eastern Band of Cherokee Indians. One Feather Reporter Scott McKie B.P. contributed to this report.

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2/25

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The Cherokee One Feather

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Published Weekly Eastern Band of Cherokee Indians - Owners Second Class Postage Paid at Cherokee, N.C. 28719, USPS 715-640

Advertising Deadline - Tuesdays, 3p.m.

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Crowe appointed to State Board

By SCOTT MCKIE B.P. **ONE FEATHER STAFF**

Jarrett "Sheriff" Crowe, an EBCI tribal member, has been appointed to a twoyear term to the North Carolina Board for Licensing of Soil Scientists which is the state regulatory board for soil scientists. Nominated by State Rep. Phil Haire, Crowe will serve through 2011.

"Not too many tribal members are appointed to state positions," said Crowe who related he is honored to serve.

As a member of the Board, Crowe will help approve the exam that is administered to people seeking to become state-approved soil scientists and he will go over applications for those applying to become soil scientists.



The Board generally meets twice a year, and his first meeting is scheduled for Thursday, Mar. 18. Crowe is an at-large member of the Board.

U.S. Attorney General announces Creation of Tribal Nations Leadership Council

Source: Department of Justice

WASHINGTON – Attorney General Eric Holder announced on Monday, Feb. 22 the creation of the Justice Department's Tribal Nations Leadership Council (TNLC), a group of tribal leaders from around the country that will advise him on issues critical to tribal communities. The TNLC marks the first time a council composed of tribal leaders selected by tribal governments will advise Justice Department leadership on an ongoing basis. The creation of the TNLC fulfills a pledge made by Attorney General Holder at the department's Tribal Nations Listening Session in October 2009.

"The Tribal Nations Leadership Council will play an important role in continuing the critical dialogue between the department and tribal governments on matters including public safety," said Attorney General Holder. "The creation of the council has been a priority for me since my visit with tribal leaders last year and I

believe it is a critical step in our work to improve coordination and collaboration with tribal communities."

The TNLC, which will meet twice a year, will be composed of one tribal leader from each of the twelve regions of the Bureau of Indian Affairs. The TNLC member for each region will be chosen by the tribes of that region. Solicitations are being distributed to all federally-recognized tribes seeking their region's delegate.

Monday's announcement is another step in the Justice Department's ongoing initiative to increase engagement, coordination and action on public safety in tribal communities. This effort is driven largely by input gathered from the department's own 2009 Tribal Nations Listening Session, the department's annual tribal consultation on violence against women, and from written comments submitted by tribal governments, groups and organizations to the Justice Department.

3/4 PSA

Can you be arrested and prosecuted in Tribal Court? Why do some court cases go to the Federal Level while others don't? **Do You Know Your Rights?** Find out Thursday, March 18 at 6-8pm **Old High School Auditorium Everyone Welcome!**

NEWS ka-no-he-da

Cherokee Tribal Court Report

SUBMITTED By CHEROKEE TRIBAL COURT

<u>Judgment Summary for Feb. 17</u>

BERNHISEL, CHAD

20-28 Revoked Driver's License - Guilty/Responsible Fine \$25 Court Costs \$140

BRADLEY, HELANA BETH

14-60.10 Forgery - Dismissed on Plea 14-60.10 Forgery - Dismissed on Plea

- 14-60.10 Forgery Dismissed on Plea
- 14-60.10 Forgery Dismissed on Plea
 - 14-10.60 Larceny Guilty/Responsible

14-60.11 Criminal Simulation - Guilty/Responsible, 7 Days suspended, 6 Months probation, Fine \$100, Court Costs \$140, Community Service 48 Hrs

BUSH, CALLIE R

14-15.6(b) Purchasing, Attempt to Purchase, Possession or Consumption of Alcoholic Beverages by Persons under 21- Guilty/Responsible, 6 Months probation, Fine \$50, Court Costs \$140, Community Service 72 Hrs

DAVIS, KAYLA NICHOLE

14-15.6(b) Purchasing, Attempt to Purchase, Possession or Consumption of Alcoholic Beverages by Persons under 21 - Guilty/Responsible, 6 Months probation, Fine \$50, Court Costs \$140, Community Service 72 Hrs, Obtain Substance Abuse Assessment

GEORGE, JOHN WILLIAM

14-15.6(b) Purchasing, Attempt to Purchase, Possession or Consumption of Alcoholic Beverages by Persons under 21- Guilty/Responsible, 6 Months probation, Fine \$50, Court Costs \$140, Community Service 72 Hrs, DARE \$1000, Obtain Substance Abuse Assessment

JOHNSON, PHOENIX C

14-10.60 Larceny - Prayer for Court Costs \$140 Judgment Continued

LOSSIAH, FALON RENEE

14-15.6(b) Purchasing, Attempt to Purchase, Possession or Consumption of Alcoholic Beverages by Persons under 21 - Guilty/Responsible, 6 Months probation, Fine \$50, Court Costs \$140, Community Service 72 Hrs, DARE \$1000, Obtain Substance Abuse Assessment

MCCOY, TARA PHEASANT

14-70.22 Failure to Obey a Lawful Order of the Court - Vol Dismiss

MEJIA, ERNESTO

14-25.13 Harassment - Dismissed, Failure of Prosecution to Provide Discovery

SMITH, GILBERT WESLEY

14-25.12 Disorderly Conduct - Guilty/Responsible, Fine \$25, Court Costs \$140

SNEED, MONICA L

14-10.60(c) Grand Larceny (> \$1,000) - Guilty/Responsible 14-10.41Breaking and Entering - Guilty/Responsible, Restitution Ordered \$700

TAYLOR, BUDDY O'BRIAN

14-10.60 Larceny Dismissed - Settled in Mediation

TEESATESKIE, TOSHA

14-70.19 Resisting Lawful Arrest - Guilty/Responsible, 48 Hours suspended, Court Costs \$140, Cost Remit

14-15.5 Intoxicated and Disruptive in Public - Dismissed on Plea

VESELY, DANIELLE MARIE

14-40.51(c) Assault on a Law Enforcement Officer - Dismissed on Plea 14-10.15 First Degree Trespass - Dismissed on Plea

14-70.19 Resisting Lawful Arrest - Guilty/Responsible, 72 Hours suspended, Fine \$100, Court Costs \$140, Attorney \$250

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ATTENTION EBCI COLLEGE STUDENTS! APPLY FOR FAFSA NOW!

If you will be funded by the EBCI Education Department for the 2010-2011 school year that begins in the fall 2010 semester, now is the time to apply for the Free Application for Federal Student Aid. (FAFSA)

* You must apply online at www.fafsa.ed.gov.

* Do NOT use a website that asks for money. This is a free application.

* The Education Program staff needs your Student Aid Report (SAR). The SAR will not be available until 3-5 AFTER the fafsa is submitted. THAT IS THE ONLY DOCUMENT WE WILL ACCEPT!

* Students who turn in their Student Aid Report (SAR) to the Education Department by MARCH 1, 2010 can count it as one of the 3 required scholarships.

If you have any questions, please contact Laura Smith or Sandi Owle at 497-7485.

THURSDAY, FEBRUARY 25, 2010 | cherokee one feather

3/4

EVENT AWARDS, from page 2



SCOTT MCKIE B.P./One Feather

Mary Jane Ferguson (left), EBCI Marketing and Promotions director, and Robert Jumper, Travel and Tourism program manager, hold certificates designating the Cherokee July Pow Wow and the Festival of Native Peoples as "Top 20 Southeast Events".

Park – Convers Cherry Blossom Festival Gold: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival**

Best Event Program or Brochure

Bronze: Atlanta Dogwood Festival Silver: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival** Gold: Eastern Band of Cherokee - Chero-

kee Indian Fair

Best Promotional Poster

Bronze: Stone Mountain Park - 41st Annual Yellow Daisy Festival

Silver: Milledgeville Main Street/Downtown Development Authority - Deep Roots Festival

Gold: Bright Ideas Group - Arts on Riverdale/Macon Jazz Association

Best Pin or Button

Silver: Milledgeville Main Street/Down-

town Development Authority - Deep Roots Festival

Gold: Macon Georgia's International

Cherry Blossom Festival **Best Volunteer Program**

Silver: Macon Georgia's International Cherry Blossom Festival

Gold: Dooly County Chamber - Big Pig Jig

Best Volunteer

Silver: Macon Georgia's International Cherry Blossom Festival Gold: Stone Mountain Park – 41st Annual

Yellow Daisy Festival

Best Website

Bronze: Decatur Arts Alliance - Oakhurst Arts and Music Festival Silver: Taste of Atlanta Gold: Milledgeville Main Street/Down-

town Development Authority - Deep **Roots Festival**

Best Miscellaneous Printed Materials

Bronze: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival**

Silver: City of Winchester - International Dogwood Festival

Gold: Macon Georgia's International Cherry Blossom Festival

Best Marketing Campaign

Bronze: Bright Ideas Group - Fired Works/Macon Arts Silver: Macon Georgia's International Cherry Blossom Festival

Gold: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival**

Best Single Print Ad

Bronze: Macon Georgia's International Cherry Blossom Festival

Silver: The Georgia International Horse Park – Big Haynes Creek Wildlife Festival

Gold: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival**

Best Event Banner

Bronze: Macon Georgia's International Cherry Blossom Festival Silver: Stone Mountain Park – 41st Annual Yellow Daisy Festival Gold: Milledgeville Main Street/Downtown Development Authority - Deep **Roots Festival Best Miscellaneous Clothing**

Bronze: Dooly County Chamber - Big Pig Jig

Silver: City of Winchester - International Dogwood Festival Gold: Bright Ideas Group - Taste of

Music/Macon Arts

Best Other Merchandising

Bronze: Dooly County Chamber - Big Pig Jig Silver: Stone Mountain Park – 41st Annual Yellow Daisy Festival Gold: Macon Georgia's International Cherry Blossom Festival **Best Green Gig**

Silver: Macon Georgia's International Cherry Blossom Festival

Gold: City of Oak Ridge - Secret City Festival

Best Solicitation Package

Bronze: Macon Georgia's International Cherry Blossom Festival Silver: The Georgia International Horse Park - Big Haynes Creek Wildlife Festival Gold: Atlanta Dogwood Festival **Best Sponsor** Bronze: City of Oak Ridge - Secret City Festival, EnergySolutions Silver: Macon Georgia's International Cherry Blossom Festival, Budweiser Gold: City of Suwanee, Suwanee Day, Ippolito's **Best Vendor or Supplier** Silver: City of Winchester - International Dogwood Festival, Home Depot Gold: Macon Georgia's International Cherry Blossom Festival, Dairyland Ice Cream **Best New Event** Bronze: Macon Georgia's International Cherry Blossom Festival, Tunes and Balloons Silver: Milledgeville Main Street/Downtown Development Authority Milledgeville Marketplace Farmer's Market Gold: Atlanta Dogwood Festival - International/Community Stage Best Festival or Event – Under \$75,000 Bronze: Eastern Band of Cherokee -Cherokee Fall Rod Run Silver: Eastern Band of Cherokee - July Pow Wow Gold: The Georgia International Horse Park - The Conyers Cherry Blossom Festival Best Festival or Event - Over \$75,000 Bronze: Taste of Atlanta Silver: Macon Georgia's International Cherry Blossom Festival Gold: Milledgeville Main Street/Downtown Development Authority - Deep Roots Festival

Heard Museum 2010 Hoop Dance contest winners

Source: Heard Museum

Following are the winners of the 20th Annual World Championship Hoop Dance Contest held at the Heard Museum in Phoenix, Ariz. on Feb. 13-14:

<u>Senior Division (40 years and older)</u>

• First Place: Moontee Sinquah, Hopi/Tewa/Choctaw, Polacca, Ariz., 230 points

- Second Place: Terry Goedel, Yakama/Tulalip, Rancho Cucamonga, Calif., 214 points
- Third Place: No third competitor

Adult Division (18-39 years)

6

• World Champion: Derrick Suwaima Davis, Hopi/Choctaw, Old Oraibi, Ariz., 240 points • Second Place: Charles Denny, Cree/Ute, Fort Duchesne, wood, Okla., 217 points

Utah, 236 points

- Third Place: Tony Duncan, San Carlos Apache, of Mesa, Ariz., 235 points
- Fourth Place: Brian Hammill, Ho Chunk, of New River, Ariz., 228 points
- Fifth Place: Quentin Pipestem, Tsuu-Tina, of Calgary, Alberta, Canada, 223 points

• Sixth Place: Lane Jensen, Navajo/Maricopa, of Dilcon, Ariz., 222 points

Teen Division (13-17 years)

Sponsored by the Jeff Kahn Family • First Place: Christian R. J. Hazell, Metis Nation, of Cal-

gary, Alberta, Canada, 228 points

· Second Place: Peanutt Roberts, Choctaw/Nakota, of At-

· Third Place: Sampson Sixkiller Sinquah, Hopi-Tewa/Choctawa/Pima/Cherokee, of Polacca, Ariz., 214 points

Youth Division (6-12 years)

• First Place: Tyrese Jensen, Navajo/Maricopa, of Dilcon, Ariz., 239 points

• Second Place: Beedoskah Stonefish,

Odawa/Chippewa/Delaware/Pottawotami, of Pe-

shawbestown, Mich., 224 points

• Third Place: Talon Duncan, San Carlos Apache, of Mesa, Ariz., 218 points

Note: EBCI tribal members Eddie Swimmer and Daniel Tramper are both past World Champions of this event. Swimmer won the first event held in 1990.





TO EBCI MEMBERS

The *One Feather* staff is now thrilled to announce that a PDF version subscription of the *Cherokee One Feather* is FREE to all enrolled members of the Eastern Band of Cherokee Indians.

To start your free subscription, please email your name, EBCI roll #, and email address to - *dawnarne@nc-cherokee.com*. Please put in subject line: **One Feather PDF EBCI.**

We are not able to send them to EBCI tribal email...it must be another email address. Please do not call as will not take this information over the phone. If you have questions, please email Dawn Arneach at the above email.

Covering the Eastern Band of Cherokee Nation

Cherokee Cultural Partners Request for Proposal—Marketing & Promotion Cherokee, North Carolina

Scope of Proposal

This Request for Proposal seeks to identify professional marketing and promotions service provider(s) in the service areas listed below. The Cultural Partners will accept proposals from any qualified individuals or firms who can adequately perform any or all of these services. The Cultural Partners will consider hiring multiple individuals and firms to accomplish our goals and objectives.

<u>Creative Development & Placement:</u> the development of strategic and research based creative for both our primary and secondary markets. Planning, negotiation, and management of the placement of all brand creative in order to reach our primary and secondary markets. This will also include the development of a researchbased, detailed annual and multi-year placement plan and marketing strategy.

<u>Public Relations:</u> the development of overall brand communications for each of the partners that will include our primary attractions, special events, programs, and activities.

Research: identifying research needs and executing those needs, as well as the development of metrics to determine return on investment (ROI) for our marketing efforts.

The Cherokee Cultural Partners are in the process of building capacity in-house to accomplish our goals and objectives. Firms and individuals interested in working with the Cherokee Cultural Partners should be prepared to engage in an interactive and collaborative effort.

For Full Request for Proposal www.cherokeeadventure.com/RFP.pdf or call 828.497.2111 x204.

Proposals will be accepted until 4:30PM EST February 26, 2010.

Museum of the Cherokee Indian * Qualla Arts & Crafts Mutual, Inc. Cherokee Historical Association * EBCI Marketing & Promotions 2/25



7

Letters to the Editor

Health Problems interfering with Employee's Job Performance

I am confused as to how a person is allowed to keep their job when they obviously have health problems that interfere with said job. If they are consistently calling in sick, it seems to me that they are in too poor health to continue in that position. When health issues interfere with the duties that the job entails, then that person's supervisor/manager should be taking a closer look as to why that employee's health is becoming an interference. There are programs available to help that employee meet their job requirements. I am also surprised that a company would allow this behavior to continue for years.

The employee I am referring to has cancelled several classes many, many times (that I know of) over the past three years. I would have gotten fired or been asked to politely resign after the first year if it had been me holding this position. It makes me wonder if this person's absences have been "ignored" by their superiors out of respect for said person's family member, who held said position years ago.

What saddens me the most is that the children of Swain County and the Cherokee Reservation are the ones being affected by the consistent absences of this employee. They get fed up with the constant "Class is cancelled because so and so called in sick today". This is not a positive image to project to these children because they will remember that when they are ready to work in the adult world – kinda

Letters Policy

The Cherokee One Feather is available as a forum for any opinion or point of view concerning issues of general interest. Letters should be typed, exclusive to the One Feather. Letters must be signed and should include a name, address and phone number. Only the name and town (if writer resides outside of Cherokee) will be printed. Letters critical of specifically-named minor children will not be published. Unsigned letters will not be considered for publication at all. The One Feather will not accept poetry submissions as a letter or requests for pen pals.

Disclaimer: the opinions expressed on the Opinions pages do not necessarily reflect the views of the Cherokee One Feather, the Principal Chief, the Vice Chief or Tribal Council of the Eastern Band of Cherokee Indians. like "monkey see- monkey do". Let's show them that is not the way to keep a job.

I would like to see this problem rectified as soon as possible. I wonder if many of the parents who read this paper will understand what this letter is about. I'm sure they have heard the same from their child(ren) also. And, I will keep said person in prayer, because if the health problems are that bad then they truly need all of our prayers so they can get help to better themselves and their health.

> May God bless you all! Stephanie Welch

Thank You

Jon and I want to thank everyone, family and friends, who were so kind and considerate in arranging the benefit for him. So many people worked so hard and did so much and even though Job was at chemotherapy it was encouraging for him to hear from everyone and learn of how much people care for him. We especially want to thank Diamond Brown and all Jon's Robbinsville family, Tommye Saunooke and all the other Council Members who helped make the event a success. And most especially Jon's own family here in Cherokee for doing so much. I apologize if we have failed to mention anyone so many people have done so much.

The scriptures say it best 1 Corinthians 1:4 "I always thank God for you in view of the underserved kindness of God" NWT.

With a heartfelt SGI, Jon and Brina Rattler and the whole Rattler family

Thank You

Thanks to everyone that has helped us after the loss of our home. Thank you to EMS for the care they gave Gene during his heart attack and for the benefit they did. They have shown so much love.Thank to Cherokee Fire Department and thanks to Cherokee Senior Citizens for everything they have done, they have been so loving and caring toward us. Thanks to Tow String Community for going above and beyond and to all the Churches that have loved and helped us. Thanks to every individual and every club that has reached out to us. There's not enough words to tell all of you how we feel, may God bless each and everyone that has shown such love and caring.

Love to everyone continue praying for

Gene and Glenna Cunningham

Thank You

Recently our daughter Jayanna Thompson was very ill and was in the hospital up sylva for a week. We would like to say a big THANK YOU to Tribal EMS & Fireman James Driver for your quick response to help our baby and get her safely to the hospital. Aunt Shoogie & husband Leo, Cherokee Elementary Staff,& Cherokee Boys Club staff who donated money, said a prayer, or asked about Jay. Mamaw Ike, Papaw Randy, Granny Sue, Papaw Sam, Aunts Michelle & Ernestine Thank you all so much for helping out with Ayden and Nyree during Jay's hospital stay. We don't what we would do without all of you. If there is anyone we forgot, it was not on purpose. We greatly appreciate everyones help.

> Sgi, The Thompsons Jaime, Jason, Ayden,Nyree & most of all Jayanna

More Accurate Date for Photo

Dear Staff,

A more accurate date for the picture of the basket weavers (Cherokee One Feather, Feb. 11, 2010 issue on page six) is 1950. Two graduated in 1952 and at least one in the picture was not in school for our senior year.

> Sincerely, Mary Jo Washington Rogers

Coach impressed with Maturity Level in Cherokee Youth

My name is Kevin Cantwell, former College Basketball Coach at Appalachian State and Georgia Tech.

I have given two basketball clinics and this past Saturday gave four presentations on the Basketball Training Program which is coming to Birdtown Gym this spring. I have been tremendously impressed with the respect, politeness and hospitality given to me and Derek Thomas, my assistant. In my 30 years of coaching and giving hundreds of camps and clinics in America, I can say from the bottom of my heart that I have never come across the maturity level of your youth (1st – 12th grade).

I am looking forward to assisting in getting them better as basketball players but more important; continue building their character using basketball as the tool. It is enjoyable to train and teach kids that have a good base of respect. This has been my experience every time I connect with anyone from Cherokee.

There is an old expression "Sports Builds Character" but most importantly it "Reveals It". This is my teaching philosophy when training.

This Saturday, Feb. 27, we will be giving another presentation at Birdtown Gym (3:00–4:30). I look forward to my visit because I never feel like a stranger.

Having said this, I feel relieved because it is important to me to relay this message to all of you involved who continue taking the time working on their character. It is so refreshing.

> Sincerely, Kevin Cantwell

A Heartfelt Thank You from the Family of Jon Rattler

First and foremost, we must give thanks to God for all he does and for allowing us to have Jon in our lives.

A very special thank you to the Stamper family for always being there and for the ability to come together when times get rough. Thank you to Aunt Geraldine, Aunt Jane, Uncle Ned and Wahneetah, Mary Jackson, Lynn Stamper-Taylor, Deb Stamper, Dee Owle, Sharon Owle, Lou Johnson, Stinker Toineeta, Imelda Sequoyah, Theresa Rattler, Squirlie Jumper, Zena Rattler, Janelle Rattler for your extra hard work getting the dinners out.

Thank you to the Rattler Family from Robbinsville, Soogie and Carroll Ray Lambert, Frieda Brown, Diamond Brown, Geraldine Thompson, Ossie, JoAnne, Becky, Connie and Nancy Smith, Terri Henry, Bob and Helen Owle Family, Punkin Jackson, Chief Hicks, Gloria Panther, Buddy Johnson, Perry Shell and all others who brought donations.

To everyone who donated money, time, offered words of support or encouragement, we thank you from the bottom of our hearts. With the community's help, our benefit was a great success.

If we have failed to mention anyone who helped, it is not intentional for there were so many others who helped to make this a success. We thank all of you from the bottom of our hearts. Please continue to keep Jon, Don, Sue Rattler and Jon's children and wife in your prayers. Again, thank you each and everyone and may God bless you.

> Sincerely, Jon's Aunt "Big E" AKA: Mommy-Doo!

OPINIONS

More Letters...

Appreciation Expressed

The Family of James (Bug) Wolfe expresses their appreciation to all those who offered condolences during the loss of our loved one.

First, we would like to thank our Heavenly Father for giving us Bug for 44 wonderful years. To everyone who called, visited, brought food, the singers – we appreciate all you did.

A special thanks to Mike Cogdill of Deep Creek Baptist Church, Bo Parris, and Ray Kinsland for your comforting words.

Thank you to Perry Shell and the Big Cove Free Labor for preparing the grave. Thank you to Mike Crisp and the staff of Crisp Funeral Home.

May God bless each and everyone of you – family and friends. Continue to remember us in your prayers.

> Denene, Val, Jim, Daliyah, Keleetah and Chris, Lisa and family and the rest of our family.

One Feather deadline Tuesday at 12noon

!!! PUBLIC NOTICE !!!

The Eastern Band of Cherokee Indians, Fisheries & Wildlife Management Program will be closing ALL Tribal Enterprise Waters (this includes all Enrolled members of the Eastern Band of Cherokees as well) Effective Sunday, February 28th, 2010 at one half hour after sunset.

OPENING DAY will be March 27, 2010 (1/2 hour before Sunrise)

The Catch & Release Only – Fly Fishing Only section starting at the Blue Ridge Parkway Bridge and ending at the River Valley Campground is OPEN Year Round (No Closed Season).

All Tribal Fishing Waters Designated as "Non Enterprise Waters" is OPEN Year Round (No Closed Season) to Tribal members of the Eastern Band of Cherokee Indians.



1-866-861-2010

Tax Credits Provide Outstanding Opportunities for Home Buyers

The Worker, Homeownership, and Business Assistance Act of 2009 has extended the tax credit of up to \$8,000 for qualified first-time home buyers purchasing a principal residence. It also authorized a tax credit of up to \$6,500 for qualified repeat home buyers.

Go to www.federalhousingtaxcredit.com for more information or stop by the Housing Division office at 85 Children's Home Road to pick up a copy of the full article.

2/25

Auto*Home*Business*Motorcycle*Boat **RV*Non-Owners/Operators**

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Harrah's Cherokee recognizes Outstanding **Volunteers**



Photo courtesy of Charles Pringle/Harrah's Cherokee

Harrah's Cherokee held its annual HERO Awards Banquet and recognized three employees for outstanding work. Shown (left-right) - Top Row: Big Cove Rep. Perry Shell and Darold Londo, Harrah's Cherokee general manager; Bottow Row: Mary Nicholson, winner of the "Steppin' Up Award"; Pat Hornbuckle, winner of the Lifetime Achievement Award; and Dee Boozer, winner of the HERO of the Year Award.

arrah's Cherokee Casino &

Hotel recognized three employees for outstanding community service at its annual HERO (Harrah's

Employees Reaching Out) Awards Banquet. The Valentine's Day themed banquet was held Thursday evening.

Administrative Assistant Dee Boozer form the casino's marketing department received the HERO of the Year Award. Dee accumulated 663 hours of volunteer service in 2009. Most of the hours came from a project "Handmade by HERO". Dee made 15 afghans for residents of Mountain View Manor in Bryson City. Janna Hyatt coordinates the HERO program and helps Harrah's Cherokee employees find events and places where their volunteer hours can really make a difference.

Also recognized at the banquet was HR manager Doris Johnson. Doris had given 288 hours to the Cherokee Central Schools Booster Club. Doris was recognized for her community service outside of the official HERO events.

Mary Nicholson won the steppin? up award for her dedication to participating in HERO activities and active encouragement and recruitment of other employees for volunteer projects.

Pat Hornbuckle of Marketing received a Lifetime Achievement Award. Pat was Community HERO of the Year for 2007 and 2008 and volunteered 1,921.5 hours working in HERO events and in her community, particularly at the Cherokee Dialysis Center. Council members Perry Shell and Tommye Saunooke were on hand to present Pat with her award.

In all, 525 volunteers donated 7,624 volunteer hours back to the area. Harrah's Cherokee is ranked number three in the corporation for community involvement.

At the banquet, all of the HERO volunteers were thanked and congratulated by Senior Vice President and General Manager Darold Londo and banquet speaker Autumn McCarver of Manna Food Bank.

CHEROKEE CALENDAR

GENERAL EVENTS

Native American Parent Meeting. Feb. 25 at 6pm at Swain County East Elementary School cafeteria. Native American education staff will be on hand to report about their individual schools and answer any questions that parents may have. Guest speakers have been invited to speak about services available to parents and children on and around the Qualla Boundary. Childcare and light refreshments will provided. Source: Misty L. Sneed Native American Education Swain County High School

Lunch and Learn – Debt Collection for Small Businesses. Feb. 26 from 11am -2pm at the Tribal EMS Building. Learn how to collect payments quickly and legally, prevent bad checks, and perform credit checks. Registration is required. Info: Kimberly Winchester 497-1666 or kimbwinc@nc-cherokee.com

Community Clean-up at Kituwah. Feb. 26 from 5-7pm. There will be a community clean-up and potluck at Kituwah Mound and concerned community members are encouraged to come and lend a hand. If you are unable to work, bring food, or just come and show your support of Kituwah.

Hammered Metal Art Class. Feb. 27 from 10am - 4pm at the Yellowhill Community Club Building. With a grant from the Cherokee Preservation Foundation, the Yellowhill Community is again providing a beginning historical hammered metal art class. The six proposed sessions will be taught by master metal craftsman, William Rogers. This is the second series to be taught in Cherokee. All materials are provided by the grant. Anyone interested in the class is asked to contact Peggy Hill 497-9363 as registration is on a first-come basis. Please leave a message if there is no answer.

The Scarlet Oak Sway in concert. Feb. 27 at 7pm at Tribal Grounds coffeehouse. The band, featuring Angela Faye Martin, will be performing songs from her new album entitled Pictures from Home which was recorded last year in Cherokee County. To listen to the band, visit www.myspace.com/angelafayemartin.

Attention Bikers. Feb. 27 at 1pm at the Painttown Community Building there will be a meeting for anyone interested in organizing a Native American Bike Ride. Info: Ned Stamper 736-2780.

Living Waters to install New Pastor. Feb. 28 at 11am at the Living Water Lutheran Church at 30 Locust Road in Cherokee. Everyone is invited to a joyous celebration as the Church installs its new Pastor, Jack Russell.

4-H Native American Horse Riding Club. Mar. 1 at 5pm at the Cooperative Extension Office. This Club is for youth ages 9 and up. Youth do not need to own a horse to be a member of this Club. Info: Heather James 554-6932, heatjames@nc-cherokee.com.

Bandolier Bag Workshop. Scheduled for Mar. 6-7 at the Qualla Arts and Crafts Mutual Inc is FILLED!

Surprise 90th Birthday Party for Bill Jordan. Mar. 6 from 1-4pm at the Leicester Community Center at 2979 New Leicester Hwy. in Leicester, NC. Mr. Jordan's name will be on the sign at the road. Lots of food and snacks will be provided. No gifts, please; just cards. From Cherokee: take I-40 towards Asheville, take exit 33 from Canton to Leicester; at Country Food store turn left and follow Old Newfound Road to New Leicester Road. The community center is about two miles or so on the right.



Cherokee Calendar includes events upcoming in the next two weeks. For other events, please visit nc-cherokee.com/onefeather. Event listings are free. Please fax to (828) 497-1753 or email to scotmckie@nc-cherokee.com.

BENEFITS & FUNDRAISERS

Benefit for Annette Sequoyah. Feb. 25 at the Yellowhill Community Building. Indian Tacos or Frybread w/chilli made by Edith Stamper will be sold for \$7. Delivery is available and walk-ins are welcome. Annette has undergone a major surgery and is in need of assistance with her finances. To order early for delivery call Edith 788-0405 or 736-2647.

Benefit for Robbie Craig. Feb. 26 starting at 11am at the Cherokee Fairgrounds Pavillion. This event is being hosted by EBCI Tribal Construction and NAIWA members for Robbie who has been out of work due to an injury. The cost for an Indian Dinner is \$8 and consists of: chicken, cabbage, potatoes, bean bread, fat back, homemade dessert, and drink. For delivery, please call 497-1808, 1807, 1806, or 1835.

Benefit for Bessie Murphy Sexton. Feb. 26 starting at 11am at the Birdtown Community Building. Indian Taco dinners will be sold. Info: Deb 736-0472 or Gail 736-1002

Turkey Shoot. Feb. 27 at 5pm at Jesse Welch's residence. All proceeds will go to help with burial expenses for James (Bug) Wolfe Jr. All guns welcome. BBQ dinners or BBQ sandwiches will be available

Turkey Shoot. Feb. 27 from 10am - 2pm at the Little Snowbird Playground. No scopes please. Info: Judy Bird (828) 479-2366

Fundraisers for Dovi Smoker cancelled. *Per Stephanie Welch:* We have had to cancel the fundraisers for Dovi Smoker due to financial difficulties and her no longer being able to go to Japan. The first fundraiser had been scheduled for this upcoming Friday, Feb. 26. We will be returning the raffle ticket money to those who purchased raffle ticket ets also, and giving the Gift Certificate back to Indian Ink Tattoos. Thank you so much! We truly appreciate everyone's support and help in this!

HEALTH/SPORTS

Basketball Training Open House. Feb. 27 from 3-4:30pm at the Birdtown Recreation Center. Kevin Cantwell, a 30-year college coach (Appalachian State and Georgia Tech) will be assisted by Coach Derek Thomas in bringing a basketball training program to Cherokee. The open houses will feature a power point presentation about the program designed for youth (4th-12th grade). The training program itself will run from Mar. 7 – May 26. Info: Coach Thomas (828) 246-2129, derekthomas53@yahoo.com.

Substance Abuse Lecture Series #9. March 3 from 10am – 12pm in the Cherokee Indian Hospital Videoconference Room. Dr. Frank Miller will discuss "Abuse Potential of Psychotropic Medicine" and continuing education credit is available. Info: Stephen Colmant 497-6892.

NAYO Qualifier Basketball Tournament. March 20 (note date change) at the Snowbird Gym. The deadline to enter is Friday, March 5 at 3pm. To enter a team, call (828) 479-6178.

Blood Drives in Cherokee Area. March 15 from 11:30am – 1:30pm at Smokey Mountain Elementary School. This event is being held in loving memory of Ms. Privette. Info: 497-5535. **March 25** from 9am – 1:30pm at the Cherokee Indian Hospital. Info: 497-9163, ext. 6498.

nc-cherokee.com/onefeather

A&E BOOK REVIEW Trudell shines in *Lines from a Mined Mind*

By DR. HONEY DAWN KARIMA PETTIGREW, Ph.D

"Last night in a dream I interrogated god,"writes John Trudell in his poem "Reason to This", "Why is it that the good die young What's the reason to this?" In this poem from his stirring collection, *Lines from a Mined Mind*, the noted activist relates that "We talked, we argued, we cried I never did get any answers But god knows I tried." John Trudell shares his wrestlings with a higher power and the result is a dynamic book.

Trudell's tries to make sense of relationships, environmental angst, racial injustice, family ties and cultural preservation fill the pages of this intriguing book. Blending songs and poems into thought-provoking pieces of Trudell's inner life allows readers to enter into the issues that face Native America, Mother Earth and individuals from diverse walks of life.

John Trudell masterfully incorporates vivid imagery, powerful symbolism, intriguing historical and social incidents, cultural aspects and spiritual themes into his pieces. As a result, the words in this book come across its pages with strong impact, which enlightens the reader. Further, Trudell uses beats and meter in each verse with alacrity, which engages the reader. *Lines from a Mined Mind* transmits truths through Trudell's sincerity and transparency.

Achingly, John Trudell laments the eradication of Native American spirituality in "To God", saying "your Representatives spoke magnificent things Of you which we were willing to believe But from the way they acted We know you and we were being deceived." In "Blue Indians", John Trudell describes "Blue Indians being pulled into melting pots Grueling class rules the haves and have-nots Industrial reservations tyranny stakes its claim Blue Indians emotional siege in civilized stain."

"Rich Men keep living off the poor, "sings John

Trudell in "Rant 'n' Roll" as he claims, "The soul is what's left after they eat your spirit When every act is an act of self-defense We have to do something or perish in the pretense."

In addition to his admonitions concerning social conditions, John Trudell also celebrates the blessings and feelings of his own life. "Little Daughter" records the pleasures of parenting as "the times I hold you next to me I am flowing An infinity of love to fill the times I cannot hold you next to me." "Men don't cry Indians are stoic," asserts John Trudell in "Tears of Salt" during a reflection on release and emotions, "I tell that to my heart To my eyes They just laugh at me And sometimes When my spirit hurts They make me cry." Frequently, the author recounts the passions and romance that characterize his own life as he does in "Such a Fine Day" when he triumphs, "Such a fine day Woman in a T-shirt walking down the street Some women need silks and diamonds Some women need furs and limos Some women need to turn cosmetics Some women have just what they need."

Lines from a Mined Mind shows the special inner workings of a unique and creative mind. The Santee Sioux activist and artist shares the circumstances of reservation and urban Native life, specifics of environmental and political crisis and the value of traditions and heritage in this collection of potent words and phrases. John Trudell has composed colorful pieces that effectively carry emotions and information to readers and to listeners.

Book info: Lines from a Mined Mind:The Words of John Trudell. Golden,CO:Fulcrum,2008, 270pages, ISBN#:978-1-55591-678-7.

Dr. Honey Dawn Karima Pettrigrew, Ph.D is the author of two novels, *The Way We Make Sense* and *The Marriage of Saints*. She is an award-winning filmmaker and resides in the Yellowhill Community.



Pensmoke: A Tsalagi Artist Lives to "Move Undetected"

Note: Following is an interview with Cherokee rapper Pensmoke conducted by *One Feather* contributro Dr. Honey Dawn Karima Pettigrew, Ph.D.

Pensmoke, AKA 'The Professional Outcast', is an underground Memphis emcee and traditional golden age style artist. He perceives that his music is going against the grain of the popular 'trends' that are common in the mainstream rap world. With soulful production from Memphis beatmaker/emcee MaxPtah and 'The Derelict' of Half-Breed Productions, his new album, "Move Undetected", is unique. Pensmoke describes his cd as a "much welcome change from whats typical in the Memphis Hip Hop/ Rap scene". His songs touch on life in Memphis, being a confused mixed-blood (Native American/White) in a black and white racially segregated southern city, and going from a state of furious rage to recieving knowledge of God, as well as the state of Hip Hop music today. Pensmoke describes his style as "real Hip Hop music for real Hip Hop heads". He shares his vision, his inspiration and his insights in this recent conversation.

Q: Who is Pensmoke?

A: Pensmoke is an emcee trying to speak Truth in an age that doesn't want to hear it. And doing it in a style that is closer to traditional hip hop than today's watered down version of this once proud artform.

Q: How did you acquire the name "Pensmoke"? How does it reflect your music?

A:'Pensmoke' refers to placing well thought out writing in the forefront instead of tough guy gun-talk. Pensmokemeans strong lyrics instead of the more popular subject of 'gunsmoke' that is more prevalent in todays rap music.

Q: Congratulations on your new cd! That's a great accomplishment! What does it mean for you to "Move Undetected" ?

A:Thank you very much. I am honored. Move Undetected is what I have done throughout my life...unintentionally. Moving in silence, most of the time alone, instead of screaming for attention and running with the followers in this artform of Hip Hop.

see PENSMOKE page 31





HEALTH TALK

Recipes by K<u>eahana...</u>



Lemon custards with fresh blueberry sauce

Tip: Tofu — a high-protein bean curd has a bland, slightly nutty flavor that takes on the flavor of the food with which it's cooked. Here, the silken tofu, along with the soy milk, gives these baked custards a velvety, smooth texture. Serves 4

Ingredients

2 teaspoons firmly packed brown sugar 1 teaspoon canola oil

1/2 cup silken or soft tofu

1 1/2 cups plain soy milk (soya milk) 3 eggs

2 tablespoons firmly packed light brown sugar

2 tablespoons honey

1 teaspoon lemon zest

1/2 teaspoon vanilla extract

1/2 teaspoon lemon extract

For the sauce

1/4 cup all-fruit blueberry preserves

2 tablespoons fresh lemon juice

3/4 cup fresh blueberries

Directions

Preheat the oven to 300 F. Lightly coat each of four 3/4-cup ramekins with 1/4 teaspoon of the canola oil.

In a blender or food processor, combine the tofu and 1/2 cup of the soy milk. Process until smooth, about 30 seconds.

In a bowl, whisk the eggs until well blended. Stir in the brown sugar, honey, lemon zest, vanilla extract and lemon extract. Add the tofu mixture and the remaining 1 cup soy milk. Whisk until well blended.

Divide the custard mixture evenly among the prepared ramekins. Arrange the ramekins in a large baking pan. Pour hot water into the pan to come halfway up the sides of the ramekins. Bake until the custards are set but the centers still jiggle slightly when the ramekins are gently shaken, about 50 minutes. Remove the ramekins from the water bath and let stand at room temperature until the custards are fully set, about 15 minutes. Cover and refrigerate until well chilled, at least 4 hours. To make the blueberry sauce, combine the preserves and lemon juice. Whisk until well blended in a small bowl. Stir in the blueberries.

To serve, loosen the edges of the custards with the tip of a knife and invert the ramekins onto individual plates. Top with the blueberry sauce.

Nutrition Facts

Serving size: 1 prepared custard Calories 234 Monounsaturated fat 3 g Protein 11 g Cholesterol 159 mg Carbohydrate 31 g Sodium 104 mg Total fat7 g

Fiber 1 g Saturated fat 2 g

Sweet ginger tisane

Tip: A tisane is a soothing drink made by steeping herbs, spices, fruits or flowers in hot water. Here, ginger gives this welcome alternative to coffee or tea a pleasant spiciness. Serves 6

Ingredients

6 cups water

1/4 cup peeled and chopped fresh ginger 1/3 cup fresh lemon juice

1/2 cup firmly packed fresh mint leaves 6 tablespoons dark honey

1 lemon, cut into 6 wedges

Directions

In a large saucepan over high heat, combine the water, ginger and lemon juice. Bring to a boil, then reduce the heat to low and simmer for 5 minutes. Remove from the heat, add the mint, and let steep for 5 minutes.

Pass the mixture through a finemesh sieve, placed over a pitcher, pressing down lightly on the ginger and mint. Discard the mint and ginger.

Stir the honey into the tisane. Serve hot or iced, garnished with a lemon wedge.

Nutrition Facts

Calories 77 Monounsaturated fat 0 g Protein < 1 gCholesterol 0 mg Carbohydrate 20 g Sodium 8 mg Total fat 0 g Fiber 0 g Saturated fat 0 g

Beef stroganoff

Tip: Instead of egg noodles, serve this beef stroganoff over rice pilaf - a Middle Eastern dish with sauteed rice or other grains, seasonings and various vegetables. Serves 4

see RECIPES page 22

Tips for Teens The Truth about **HIV/AIDS**

SUBMITTED By HEALTHY CHEROKEE

AIDS--Acquired Immunodeficiency Syndrome--is caused by HIV, the Human Immunodeficiency Virus. HIV passes from one person to another through contact with the bodily fluids of someone infected with the virus. Most often, the virus spreads through unprotected sexual intercourse, or by sharing a needle. Mothers can pass the virus on to their babies during pregnancy, birth or by breast-feeding.

Using alcohol and drugs increases your risk; it affects your judgment and lowers your inhibitions. As a result, drinking or taking drugs can lead you to take risks you are less likely to take when sober, such as having unprotected sex. According to the Centers for Disease Control and Prevention, injection drug use has been the cause of at least 6 percent of infections for young people ages 13-24.

The decision to find out if you have HIV is a smart one, HIV testing is used to find out if you have HIV; maybe you have been exposed to someone with HIV and judt didn't get it. But, you can change what you do so you are never exposed again. You need to stay informed about HIV/AIDS because people who have the disease now are able to live much longer due to medical research and new drugs, but there is no cure.

Info: The National AIDS Hotline: 1-800-342-AIDS, Cherokee Indian Hospital 497-9163 or Qualla Youth Health Center 497-6318.

March is National Nutrition Month

March is National Nutrition Month and the theme this year is Nutrition from the Ground Up. The dietitians at Cherokee Indian Hospital's Nutrition Dept. would like to share some tips for a healthful diet, by helping you improve your nutrition from the ground up! For more nutrition information or to speak with a dietitian, contact the Nutrition Dept. at 497-9163 X 6459.

It's common knowledge that a healthful diet is an important part of a healthful lifestyle, but most people have trouble figuring out what to do when planning a complete diet overhaul. During National Nutrition Month®, the American Dietetic Association reminds everyone that an easy way to focus on eating better is to start with the basics: build your nutritional health from the ground up.

"By starting slowly and giving yourself a good foundation, you can work towards a healthier life," says registered dietitian and ADA spokesperson Toby Smithson. "Change doesn't have to be dramatic to make a difference."

Smithson suggests ways to improve your nutrition

from the ground up:

Focus on fruits and veggies: "Take a good look at 1. your current diet and you'll probably realize you're not eating enough fruits or vegetables," says Smithson. "Add a serving each day to one meal and increase it every few weeks. Adding more of these foods into your diet is important whether you buy frozen, fresh or organic."

Look locally: From farmer's markets to commu-2 nity-supported agriculture, you have many options to find new, fresh foods in your area. "This can be a great way to eat well and support your community at the same time," Smithson says.

Make calories count: "Too often, people think of 3. foods as good or bad and that only those on the 'good foods' list are okay to eat," says Smithson. "When you're choosing between options, focus instead on the one with more of the vitamins and nutrients that you need. Sometimes, foods with fewer calories aren't always the healthiest options." To figure out how many calories you need to achieve a healthy weight, visit www.mypyramid.gov.

4. Test your taste buds: A healthy eating plan emphasizes fruits, vegetables, whole grains, low-fat or fatfree dairy and includes lean meats, poultry, fish, beans and nuts. "Those are the basics, but within this wide range there are always opportunities to try new things and find new favorites," Smithson says. "Expand your horizons. Try a fish you've never eaten before or find a new vegetable recipe. By testing yourself, you might find new healthy favorites to add to your regular grocery list."

Trick yourself with treats: "A healthful diet does-5. n't mean deprivation," says Smithson. "If you have a sweet tooth, have fruit and yogurt for dessert. If you want a snack in the afternoon, have some trail mix or nuts. There is no reason to go hungry just because you're making healthful changes."

For more tips on building your healthful diet from the ground up, during National Nutrition Month and all year long, visit www.eatright.org and click on "For the Public.'

-- Source: Nilofer Couture, Cherokee Hospital



EBCI Health and Medical Division.

Seal for Real: Dental Sealants can help prevent future tooth decay

SUBMITTED By MELLIE K. BURNS, RDH

"An ounce of prevention is worth a pound of cure," is especially true when it comes to dental health. One of the most effective ways to prevent children from developing cavities is by placing dental sealants on their back teeth. Evidence shows that dental sealants can prevent about 80 percent of tooth decay in sealed permanent back teeth.

In an effort to increase the number of children receiving dental sealants, several area agencies are working together to provide the "Seal for Real" program. On specific days in March and April second, third and fifth graders from Cherokee Elementary School will be given the opportunity to travel to the dental clinic at the Cherokee Indian Hospital, receive a visual exam from a dentist and then have dental sealants placed on their teeth. Following the sealant placement each participant will receive a fluoride varnish treatment. (Second, third and fifth grades were chosen because this is the age when most children have received either their first or second molars.) All children in these grades will receive a permission form. It is important this form be completed and returned to the classroom teacher.

According to Mellie Burns, program coordinator for the Children's Dental Program, "This program has been designed to serve children in a timely manner and to offer them a fun way to visit the dentist."

Staff members from Healthy Cherokee will be present to help each child make a craft.

Burns further states, "This opportunity would not be possible without the cooperation of many people." She would like to thank the staffs from the following agencies: CIHA Dental, Healthy Cherokee, Health Check and Cherokee Boys Club.

"And of course this would not be possible without support from the nurse's, teachers and administration from Cherokee Elementary School and the Cherokee Central School Board. Most importantly, thanks to the parents/guardians who allow their children to participate."

Facts about Dental Sealants

What are dental sealants?

Dental sealants are thin plastic coatings placed on the chewing surfaces of the back teeth. More than 80% of all tooth decay occurs on the chewing surfaces of the back teeth.

Why are dental sealants important?

The chewing surfaces of teeth are the most at risk for decay, and placing sealants on these surfaces can bring about an estimated 80% reduction in dental decay. Sealants are greatly underutilized in North Carolina. Only 37% of NC 5th grade children have sealants. The Governor's Task Force on Health Objectives for Year 2010 aims for 87% of NC 5th grade children to be decay-free in their permanent teeth. In school year 2000-2001, 80% of 5th graders had decay-free permanent teeth.

How do dental sealants work?

Cavities start to form when food and bacteria sticks in the pits and grooves of the back teeth. It is difficult for a toothbrush to get into the pits and grooves to clean them. The sealant is placed on the chewing surfaces of the back teeth. The sealant flows into the pits and grooves, creating a protective barrier that will not allow food to stick in these pits and grooves.

How are dental sealants applied?

The teeth are cleaned with a special solution and dried. The sealant is place on the tooth with a small brush. In less than a minute, the sealant hardens, forming the protective barrier.

When should a parent get dental sealants for a child?

It is recommended that dental sealants be placed on the chewing surfaces of back teeth shortly after they erupt through the gum, when children are 5 to 13 years old.

Are sealants safe and effective?

Yes. Dental sealants have been used for more than 40 years. Due to technology and science, they have continued to improve over the years. Clinical studies have shown sealants to be very effective in reducing tooth decay in children. Dental sealants are safe, effective and economical.

Source: NC Oral Health Section, Division of Public Health, Department of Health and Human Services

Car Seat Prices from Healthy Cherokee to increase

Healthy Cherokee/Injury Prevention is now in the transition status of increasing the sales charge of its car seat inventory to the following:

Infant Car seat: \$20.00 Convertible: \$20.00 High Back Boosters: \$20.00 No back Boosters: \$10.00

Healthy Cherokee/ Injury Prevention staff related they would like to apologize for any inconvenience that this may cause. If you would like to schedule

an appointment to receive a car seat please contact Healthy Cherokee 497-7460.

Source: Healthy Cherokee/ Injury Prevention

OSU Center for Health Sciences seeks Participants for Native Explorers Summer Program

Source: Oklahoma State Univ.

Oklahoma State University Center for Health Sciences has received a grant from the Whitten-Newman Foundation to fund a new program to recruit, train, and educate Native American college students in the disciplines of anatomy and vertebrate paleontology as well as an introduction to Osteopathic Medicine.

The Native Explorers program, June 20 through July 3, is primarily a scientific expedition offering participants an opportunity to learn about ice-age vertebrate fossils, such as saber-toothed cats and mammoths, and vertebrates that lived during the Cretaceous (Age of Dinosaurs).

The summer program begins with three days of lab activities, exploring anatomy, comparing diseased and normal organs, preparing fossil specimens, reading topographical maps, and learning how to use a compass and GPS units. These activities are in preparation for a 10-day field excursion at various sites in the Manti-La Sal National Forest, in Utah, where students will work side-by-side with OSU-CHS faculty in prospecting and collecting fossils. U.S. Forest Service staff and administrators will introduce students to protocols for fire, range, and wildlife management, and preservation and protection of historic sites.

"OSU is honored to offer this program, thanks to the generosity of the Whitten-Newman Foundation," says Kent Smith, Ph.D., associate professor of anatomy. "We believe this unique opportunity to integrate anatomy, paleontology, and medicine with lab and field activities will serve as a stepping stone to recruit more Native American students to study science as well as provide insight into related career opportunities."

The Native Explorers program is designed to promote and increase the numbers of Native Americans in science and medicine. OSU-CHS will select six students, undergraduate and graduate-level, to participate. Students can earn three hours of college credit. All expenses are paid for those students selected.

More information and an application is available at http://www.healthsciences.okstate.edu/college/native_explorers/index.cfm or by contacting: Kent Smith, Ph.D., 918-561-8246, kent.smith@okstate.edu.

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CHEROKEE IN A SNAP

Email your high-resolution photos for inclusion in "Cherokee in a Snap" to scotmckie@nc-cherokee.com or call 497-1752 for more information.

SCOTT MCKIE B.P./One Feather BLUE RIDGE FRIENDS

A meeting of the Friends of the Blue Ridge Parkway, Inc. was held in the new Education and Research wing of the Museum of the Cherokee Indians on Tuesday, Feb. 23. The mission of the organization is "to help preserve, promote and enhance the oustanding natural beauty, ecological vitality and cultural distinctiveness of the Blue Ridge Parkway and its surrounding scenic landscape, thereby preserving this natural treasure for future generations." For more information on the group, contact Susan Jackson Mills, Ph.D. 1-800-228-PARK (7275), Susan_Mills@FriendsBRP.org or visit www.BlueRidgeFRIENDS.org.





DAWN ARNEACH/One Feather

HAWK EYE

16

This hawk was photographed on a power line over the highway near Almond.



<< DAWN ARNEACH/ One Feather GOOD DEFENSE

Cherokee's Tsaladi Sequoyah (right) towers over an Andrews player in a nice defensive move during a game on Thursday, Feb. 18.

CHEROKEE IN A SNAP



SNOWY CAMP

Snow and ice blanket the KOA Campground in the Big Cove Community on Thursday, Feb. 18.



Photo courtesy of Michael Caldwell
JOHN CROWE COMPLEX HONORED

Michael Caldwell (right), N.C. State Director of the Independent Softball Association (ISA) holds a plaque designating the John Crowe Complex in Cherokee, NC as the Southern Region Complex of the Year. Greg Walker, from Lenior, holds a plaque he received for being named "Adult Umpire of the Year". Caldwell was honored as the "Executive Director of the Year".



<<

Photo courtesy of Landon French WHICH WAY DO WE GO?

These two elk, photographed in the Yellowhill Community on Saturday, Feb. 20, seemed to have a difference of opinion on which way to go...river or cornfield?

Three CHS Wrestlers advance to State



Cherokee's John Roper (top) works on a pin during the 1A Regional Individual Wrestling Tournament held this past weekend at Alleghany High School. Roper advanced to the State Tournament with a fourth place finish.

Source: Kathy Littlejohn

Three wrestlers from Cherokee High School are on their way to state. Christian Crowe, John Roper and Tavi Rivera advanced to the 1A State Championship by placing at the 1A West Regional Individual Wrestling Tournament held at Alleghany High School on Feb. 19-20.

A total of 30 schools participated in the regional tournament which featured the top 16 wrestlers in the region from each weight class.

Crowe (24-2 season record) took second place in the tournament's heavyweight division. Rivera (21-9) took fourth place in the 152lb. division and Roper (30-5) took fourth place in the 171lb. division.

Will Bird (26-12) came into the tournament seeded fourth in the 189lb. division but had to withdrawn due to an injury. Justice Littlejohn just missed qualifying for state in the 215lb. division as he took fifth place.

Other Cherokee wrestlers participating included: Troy Hartline (17-5) in the 103lb. division, Billy Brady (7-17) in the 119lb. division, Cain Oocumma (22-11) in the 125lb. division and Robert Washington (24-12) in the 145lb. division.

The 1A State Individual Wrestling Tournament is scheduled for Feb. 26-27 at the Greensboro Coliseum in Greensboro, NC.



Christian Crowe poses with the Silver Medal he earned at the Regional Tournament. He advanced to the state finals this weekend in Greensboro.

Lady Braves lose in Semis of SMC Basketball Tournament

By SCOTT MCKIE B.P. ONE FEATHER STAFF

The Lady Braves started the 2010 Smoky Mountain Basketball Tournament with a statement game against Andrews on Wednesday, Feb. 17, but couldn't find the same magic the next night as they lost in the semifinals to Murphy.

Cherokee 70 Andrews 37

The Lady Braves opened up the tournament in style and with a statement. Led by Tahnee Arkansas with 19 points, Cherokee beat the Andrews Lady Wildcats 70-37 in the first conference basketball tournament held at the new Cherokee Central Schools arena.

Cherokee actually trailed early in this game, and after several minutes Andrews led 7-2. But, then the Lady Braves found their range, got over their early game jitters, and the points began to roll in.

Cherokee went on an 11-3 run late in the first period and led 13-10 at the end of the first. They never looked back. The Lady Braves took a 42-21 lead into the locker room and then outscored the Lady Wildcats 13-4 in the third period to extend their lead to 55-25 after three.

Ten different players scored for the Lady Braves with some getting their first tournament experience. In addition to her 19 points, Arkansas had eight rebounds. Jordyn Thompson added 10 points of her own and point guard Elizabeth Wahnetah scored 6 points and added 6 assists. Rayna Davis scored 5 points with 4 assists and 4 steals.

Other Lady Braves scoring included: Paige Jackson 5, Celine Lambert 4, Alexis Maney 7, Hannah Youngdeer 6, Kayla Smith 5, and Tashina Martin 3.

Murphy 76 Cherokee 66

After crushing Andrews the night before, the Cherokee Lady Braves couldn't find their shooting range on Thursday, Feb. 18 as they lost by 10 to the Murphy Lady Bulldogs in the semifinals of the girls Smoky Mountain Conference Tournament.

Despite four Cherokee players scoring in double digits, the Lady Braves fell 76-66. Murphy's center Katrina Evans scored 28 points to lead the Lady Bulldogs and proved a threat in the middle all night.

Both teams played a fast paced first period and ended up tied at 14 after the first eight minutes. The Lady Braves committed several key turnovers in the second period and trailed by five at halftime (36-31).

The third period started out as a nightmare for Cherokee. They didn't score until the 2:49 mark when Paige Jackson made a foul shot. They were able to get it going after that and scored 11 in the final two minutes to only trail 56-43 going into the fourth period.

The Lady Braves actually outscored Murphy in the final period 21-20, but they couldn't overcome the third period deficit.

Rayna Davis led the way for Cherokee with 16 points followed by Tahnee Arkansas and Elizabeth Wahnetah with 12 each. Celine Lambert added 11 points, and the rest of the Lady Braves scoring included: Trae Crowe 1, Jackson 4, Alexis Maney 1, Tashina Martin 3, and Jordyn Thompson 6 (both three-point shots).



SCOTT MCKIE B.P./One Feather

Cherokee's Rayna Davis (#14) and Paige Jackson (#3) tie up an Andrews player during the opening round of the Smoky Mountain Conference basketball tournament at the Cherokee Central Schools Arena on Wednesday, Feb. 17.



DAWN ARNEACH/One Feather

Tahnee Arkansas (#23 - far left) blocks a shot from behind during Thursday's game against Murphy. She led Cherokee in the tournament with 31combined points in two games.

Swain Boys top Cherokee in SMC Tourney Opener



DAWN ARNEACH/One Feather Cherokee's Tsaladi Sequoyah (#50) fights for the ball during Thursday's "Sectional Seeding" game against Andrews.

ONE FEATHER STAFF REPORT

Swain 70 Cherokee 62

It was a different outcome for the Cherokee Braves boys teams in the opening round of the Smoky Mountain Conference Tournament on Wednesday, Feb. 17 as they lost to rival Swain 70-62. The Maroon Devils' Ryan McMahan poured in 31 points to lead Swain's offense.

Swain took an early 18-10 lead after the first period and led at halftime 35-22. Cherokee came back with a good third period outscoring the Maroon Devils 24-19. Trailing by eight going into the final period, the Braves were unable to make up the difference as each team scored 16 in the fourth.

Tyler Williams and Tre Owle led the Braves with 17 points apiece followed by Storm Sequovah and J.T. Wildcat with 8 each. Other Cherokee scorers included: Greg Bradley 4, A.J. Crowe 2, and Seth Littlejohn 6.

Andrews 64 Cherokee 51

In a game played at Swain High School on Thursday, Feb. 18 that helped determine seeding for the 1A Sectional Playoffs, the Andrews Wildcats boys team defeated Cherokee 64-51.

Lady Braves win in 1st Round of Sectionals

ONE FEATHER STAFF REPORT

Cherokee 43 Highlands 36

The Cherokee Lady Braves edged Highlands 43-36 in the 1st Round of the 1A Sectional Playoffs on Monday, Feb. 22. Elizabeth Wahnetah led the way for Cherokee with 9 points and 4 steals followed by Tashina Martin with 8.

The game started out slow and Cherokee led 5-2 after the first period. Both teams picked it up a bit and were tied at 15-15 at the half. The Lady Braves outscored Highlands 28-21 in the final two periods to take the win and advance in the playoffs.

The Lady Braves were scheduled to travel to East Wilkes in Ronda, NC on Wednesday, Feb. 24. Those results were after press time. Read next week's One

Feather and visit nc-cherokee.com/onefeather for coverage.

Courtney Rogers, Taylor Buras and Emily Munger all had 8 points to lead Highlands.

Other Lady Braves scorers included: Tahnee Arkansas 5 (8 rebounds), Rayna Davis 2 (8 rebounds and 3 blocks), Paige Jackson 7, Alexis Maney 1, and Jordyn Thompson 4.

Other 1A Sectional results from Monday, Feb. 22, per highschoolsports.net include:

Mitchell 60 Swain 22 Murphy 82 Nantahala 13 Hiwassee Dam 50 Rosman 29 Avery 81 Elkin 53 Robbinsville 81 Hayesville 58 Alleghany 54 Hendersonville 44

Braves season over after 1st Round Loss to Murphy

ONE FEATHER STAFF REPORT

Murphy 78 Cherokee 67

The Cherokee Braves varsity basketball season drew to a close on Monday, Feb. 22 following a loss in the 1st Round of the Sectional Playoffs. Cherokee lost 78-67 to the Murphy Bulldogs in a game that went down to the wire.

Cherokee was led by Greg Bradley and Tre Owle with 17 points each followed by J.T. Wildcat with 16. Murphy had four players in double digits including: Cody Allen 16, Ryan Cook 16, Zack Lovingood 15 and Justin Sneed 11.

The game was just about even in the first period with the Bulldogs leading 22-20 after the first eight. Murphy extended its lead to 45-31 at halftime, but the Braves came back in the third period and outscored the Bulldogs 24-12 and only trailed by two (57-55) going into the final period.

Murphy outscored Cherokee 21-12 in the final eight minutes to take the win and advance.

Other Cherokee scorers included: A.J. Crowe 4, Tsaladi Sequoyah 7, and Tyler Williams 6.

In other 1A Sectional action, according to highschoolsports.net: Hayesville 77 Hiwassee Dam 73 Hendersonville 81 Andrews 38 Robbinsville 59 Highlands 45 Nantahala 79 Swain 44 West Wilkes 65 Avery 52 Murphy 78 Cherokee 67 Mitchell 71 Elkin 64

Diabetes is threatening our future.



But we can fight it by controlling our blood sugar.

A PUBLIC SERVICE OF THIS PUBLICATION

Control your diabetes. For life. For more information, call 1-800-438-5383. Or visit us at http://ndep.nih.gov.

A joint program of the National Institutes of Health and the Centers for Disease Control and Prevention



nc-cherokee.com/onefeather

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March Club Schedule:

Staff Meeting – Wednesday, March 3 – 8:30 a.m.
Resolution Deadline – Wednesday, March 10 – 8:00 a.m.
Health Screen – Monday, March 15 – 8:00 a.m. – 9:00 a.m.
Board Meeting – Wednesday, March 17 – 8:00 a.m.
Safety Committee – Thursday, March 18 – 11:30 a.m.

DRUG AWARENESS TRAINING

The Boys Club held two Drug Awareness Training sessions on Tuesday, February 23. The Club is required by law to comply with all of the requirements of the Drug-Free Workplace Rules and Regulations. This is a requirement for all of our interagency agreements with the School, the Tribe (Admin., Bus Service, Food Service, HIP Program, Infrastructure, Roadside Mowing and Trimming, Solid Waste Transport, Children's Home, Family Support, Child Care, Shop, CBC Printing, Charter Bus).

Included in the Drug-Free Workplace Rules and Regulations was one, one-hour drug awareness training session for all employees annually and also a one-hour session for managers. The manager's session was held back in the fall and the employees' sessions were held Tuesday.

CLUB JOB OPPORTUNITIES

All Club jobs are advertised within the Club for one week in order to give present employees who are qualified opportunities to advance. If no qualified applications are received from within the Club, the jobs are advertised for at least two weeks in the Employment Section of the *Cherokee One Feather*. These jobs are also advertised with T.E.R.O.

CONGRATULATIONS

Congratulations to the JV Lady Braves and the Varsity Lady Braves for making it to the semi finals of the Smoky Mountain Conference Tournament. Congratulations to the Varsity Braves and Varsity Lady Braves who earned their way to the first round of the North Carolina High School Athletic Association State Playoffs. The Lady Braves defeated Highlands Monday night and are continuing in the playoffs at press deadline. The Varsity Braves played a tremendous game against number-one rated Murphy with Murphy finally winning in the end.

Thanks and congratulations to everyone who participated, worked or attended the Smoky Mountain Conference Tournament, the first tournament to be held in the new school. Because of the weather, we had to get six nights of basketball completed in three nights. All of our visitors were very impressed with our facilities and with the great job we did in hosting the tournament. Many people worked hard to make this possible.

Congratulations to the nine wrestlers who made it to the State Regionals held in Allegheny this past weekend. They are Tavi Rivera, Christian Crowe, John Roper, Troy Hartline, Billy Brady, Cane Oocumma, Robert Washington, Will Bird and Justice Littlejohn. Congratulations also to Tavi Rivera, John Roper and Christian Crowe who will be in the State Finals in Greensboro Friday. Congratulations also to Jessica McCoy who won the State in her weight class this past weekend and to Grace Bird who placed second in the State.

One Feather deadline Thursday at 12noon

Acquoni Baptist Chapel collecting donations for Haiti

SUBMITTED By PASTOR ED KILGORE

Acquoni Baptist Chapel is partnering with Hearts with Hands, a Christian Relief Agency in Asheville, to help the earthquake victims in Haiti. The following items are needed: rice and beans, bottled water, non-perishable foods, baby formula/foods, convenience type foods, paper goods, camping supplies, flashlights and batteries, shovels, cooking oil, first aid supplies, energy drinks, diapers and wipes, tarps and plastic sheeting, picnic supplies, gloves, and ropes.

Any of the items may be brought to the Acquoni Baptist Chapel who will arrange for them to be carried to the Hearts with Hands warehouse in Asheville. Financial donations to purchase items or hnelp defray shipping costs are welcome also. Checks can be made payable to Acquoni Baptist Chapel and marked for Haiti Relief.

To read more about Hearts with Hands and their relief work in Haiti, go to: www.heartswithhands.org.

For local information, call the church office at 497-7106 or Pastor Ed Kilgore (828) 788-0643.

Museum to offer Classes

Source: Museum of the Cherokee Indian

The Museum of the Cherokee Indian will offer the following classes in the new Education and Research Wing:

Cherokee Stamped Pottery. Feb. 27 and repeated March 27 – Saturdays from 9am – 4pm. Learn to make potter in this 3,000 year old tradition; taught by Bernadine George and Cherokee Potters Guild. Fee: \$50 plus \$10 materials. Museum Members: \$40. EBCI: \$20

Creative Writing. March 6-13-20-27 – Saturdays from 1-4pm. Learn about writing prose and poetry from Robert Conley (Cherokee Nation). Fee: \$150. Museum Members: \$120. EBCI: \$20

White Oak Basketmaking. March 13 from 9am – 4pm. Leran to make a white oak basket from Ramona Lossiah. Fee: \$100 plus \$50 materials. Museum Members: \$80. EBCI: \$20

Fingerweaving and Feather Capes. Feb. 28 from 2-4pm. Lecture and demonstration by Deborah Harding, curator at the Carnegie Museum of Natural History. Sponsored by the North Carolina Arts Council. Free and open to the public.

Fingerweaving with Beads. March 1-5 from 9-12am or March 6 from 9am – 4pm. Learn the 18th Century Cherokee technique with Deborah Harding and Karen George. Fee: \$100 plus \$25 for materials. Museum Members: \$80. EBCI: 20

Making Netted Capes. March 1-2 from 6-9pm. Learn this technique in two evenings with Deborah Harding. Fee: \$100 plus \$25 for materials. Museum Members: \$80. EBCI: \$20

Making Feather Capes. March 3-4-5 from 6-9pm. Learn this technique in three evenings with Deborah Harding. Fee: \$100 plus \$25 for materials. Museum Members: \$80. EBCI: \$20

Info: 497-3481 or swimmer@cherokeemuseum.org.

Cherokee by Design

Will Come to you!!!

Cherokee by Design is going mobile! Beginning March 1, will take bookings for yoru workplace. A lunchtime and/ or after work demonstrations. All we need is space and your interest. There are many new items for sale and products are also completely customizable. For more information or to book please call 828-497-9758 or 828-269-6447. 3/18

Locals graduate from SCC

Source: SCC

The following local students recently graduated from Southwestern Community College: Shelley C. Long, Gaming Management, Certificate; Tammy M. Matthews, Gaming Management, Certificate; Jessica L. Stacy Betty, College Transfer, Associate in Arts; Jonee Chantelle Taylor, College Transfer, Associate in Arts; Sabrina Hornbuckle Williamson, Criminal Justice, Associate in Applied Science; Brittany N. Woodard, Cosmetology, Certificate; Jerry M. Jenkins, Electrical/Electronics, Certificate; Brian Aaron Lambert, College Transfer, Associate in Arts; Dahne Santiago, Computer Information Technology, Associate in Applied Science; Richard Michael Taylor, Fine Arts, Associate in Fine Arts; Sarah M. Thompson, Welding Technology, Certificate; and Stephanie Dawn Wilnoty, Early Childhood Education, Associate in Applied Science.

Conley selected Elder in Residence at UNC

SUBMITTED By WCU CHEROKEE CENTER

The Cherokee Center is proud to announce that Western's own Sequoyah Distinguished Professor in Cherokee Studies is the 2010 Elder in Residence at the University of North Carolina at Chapel Hill. Robert Conley will be on the Carolina campus from Feb. 22-25 giving the students a chance to learn from his experience and wisdom. Robert is one of the foremost American Indian authors in the country.

Recently he was invited to the Geronimo Symposium at Oklahoma State University in Stillwater because he wrote the novelization for the movie Geronimo starring Wes Studi. He has also won the "Plattner Award" for his 2009 "Plastic Indian" story published in the Appalachian



Photo courtesy of WCU Professor Robert Conley

Heritage Journal.

We are very proud of Robert's accomplishments.

RECIPES, from page 14

<u>Ingredients</u>

- 1/2 cup chopped onion
- 1/2 pound boneless beef round steak, cut 3/4-inch thick, all fat removed
- 4 cups uncooked yolkless egg noodles
- 1/2 can fat-free cream of mushroom soup (undiluted)
- 1/2 cup of water
- 1 tablespoon all-purpose (plain) flour
- 1/2 teaspoon paprika
- 1/2 cup fat-free sour cream

Directions

In a nonstick frying pan, saute the onions over medium heat until they're translucent, about 5 minutes. Add the beef and continue to cook for another 5 minutes or until the beef is tender and browned throughout. Drain well and set aside.

Fill a large pot 3/4 full with water and bring to a boil. Add the noodles and cook until al dente (tender), 10 to 12 minutes, or according to the package directions. Drain the pasta thoroughly. In a saucepan, whisk together the soup, water and flour over medium heat. Stir until the sauce thickens, about 5 minutes.

Add the soup mixture and paprika to the beef in the frying pan. Over medium heat, stir the mixture until warmed through. Remove from heat and add the sour cream. Stir until combined.

To serve, divide the pasta among the plates. Top with the beef mixture and serve immediately.

Nutrition Facts Calories 302

Cholesterol 83 mg Protein 24 g Sodium 307 mg Carbohydrate 38 g Fiber 2 g Total fat 6 g Potassium 341 mg Saturated fat 2 g Calcium 65 mg Monounsaturated fat 2 g

Library to celebrate Dr. Seuss' Birthday

Help us celebrate Dr. Seuss' Birthday in the library! The library is looking for volunteers to read!

On Monday, March 2, The Qualla Boundary Public Library will host a program with the Cherokee Elementary School Pre K, Kindergarten, and first grade classes and is open to the public. We will start at 9:00 a.m. We will have two sessions of reading since there are over one hundred kids. The first session will start at 9:05 a.m. and end around 9:30, and the sec-

ond session will start around 9:40. We will have four (4) reading stations throughout the library and GLW Complex. This is in celebration of Dr.

> Seuss' Birthday and the Cat in the Hat's 53rd birthday; we want to encourage reading

among children that day.

We are asking for volunteers to come out and read to our young ones. You may bring your favorite book

00

or we will have a selection available that you may choose from.

Call the library at 497-1764 to sign up now! We challenge all Tribal Employees to read a book in support of our program on March 2.

Thank you, Qualla Library

<u>Obituaries</u> <u>Rebecca 'Becky' Ledford</u>

Rebecca "Becky" Hunter Ledford, 62, died Wednesday, January 27, 2010. Born in Lancaster, she was the daughter of the late James William Hunter and Mildred Davis Hunter Blue.

Ms. Ledford was of the baptist faith and loved doing bead work. Becky was deeply loved and will be missed by her family.

Surviving are her husband, Lyle Kirkland of Cherokee, NC; children, Donnie, Kim, and Crystal all of Lincolnton, NC; step-son, Richard Kirkland of Cherokee, NC; 3 nieces, 3 nephews; 10 grandchildren; 11 great grandchildren; brother, William Gary Hunter (Joyce Ann) of Camden, SC, and sister, Vickie Gail Massey (Jack) of Whittier, NC

Services were Saturday, January 30, at 11:30 a.m. at Baker Funeral Home, Kershaw, SC, with burial to follow in Forest Lawn Memorial Park. Rev. Daggett Duncan officiated. The family will received friends Friday, January 29 from 5:00 -7:00 p.m. at Baker Funeral Home. Memorials may be made to a charity of one's choice.

Amanda Elaine Smoker

Amanda Elaine Smoker, born December 13, 1916, passed away on February 18, 2010, at the age of 93. She was the beloved mother of Betty Jackson of Robbinsville, NC, and Mollie Lossiah and Joyce Gregory, both of Cherokee, NC, and grandmother to 14 grandchildren, 13 great-grandchildren, and 4 great great grandchildren.

Amanda was a gifted and renowned basket maker who was loved by many. She lived a life full of love and laughter and gracefully overcame the emotional and physical obstacles she faced. She will be greatly missed by all those who knew her.

The family received friends at the Townson-Smith Chapel on Friday, February 19, 1010, from 6:00 to 8:00 pm. Funeral services will be held at Little Snowbird Baptist Church at 2:00 pm Saturday, February 20, 2010, and will be officiated by Pastors Bo Parris and Paul Teasdale. Burial will follow at the Hickory Gap Cemetery. Townson-Smith Funeral Home is in charge of the arrangements.

One Feather deadline Tuesday at 12noon



JOBS, LEGALS, BIDS, & MORE!

SERVICES

Cherokee Auto Accessories & Pressure Washing, Radiators, Bumpers, grills, step bars, XM & Sirrius Radios, tires, wheels, oil change, brakes. Detail trucks, cars, pressure wash decks, trailers, heavy equipment. TERO Certified. Free pick-up & delivery. We are NOW doing Window Tint, call for an appointment 506-0825. 5/2010

J.W. Builders, Inc., Building quality custom homes and log homes. Conventional stick built, any floor plan, very affordable. Also offering remodeling and additions. NC licensed contractor, TERO certified, residential/commercial. Many references and fully insured. 828-736-2018. **2/25**

Daycare: Not enough room at Dora Reed? Need quality childcar while you work or relax? Call Alicia for help! Rates are as follow! \$100 for one week and \$25 for food or \$500 a month. 4 openings, prefer newborns to 1 1/2yr old, will watch from 7am - 5pm Monday - Friday, other times negotiable. call 788-7231. **3 /25pd**

No Job to Small:Local and licensed repair floors, bathrooms, drains, kitchen repairs, decks. For free estimates call 828-497-2122 ask for Tony or leave a message **3/4pd**

YARD SALES

Indoor yard sale/ bake sale - Saturday, February 27 at the Chruch of the Nazarene (Old Big Cove School) 8:30am - 4:30pm, proceeds benefit the Chruch food pantry ministry and several individual families.breakfast available at 8:30 till gone. Lunch starts at 11:30.

WANTED

Hunting Club:Need members for a hunting club in Union Co SC, for 2010 hunting season, Deer, & Turkey on 2,100 acres. call 864-427-7635 before 8pm. 3/25pd

RENTALS

For Rent: 2 bedroom, 1 bath mobile; Quiet park in Ela. No pets. References/background check required. \$400/month, \$300/deposit. 488-8752. 3/18pd

FOR SALE

For Sale: I have 200 bales of horse hay for sale. \$5.00 a bale. Call 736-2369. 2/25pd

For Sale - 2009 Singlewide trailer, never lived in, 25K call 828-788-6675 3/4pd

For Sale- - Commercial shop with office and house for sale. House 2 bdrm 1ba, shop 45' x 55' w/ 15' ceilings, plus 16' x 32' office on Bradley Branch Rd. All for \$250,000.00 call 1-828-506-9387 or 828-586-0694 **3/4pd**

Land for Sale - Kitchen Rd in Whittier 2.13 acres wqith old run down house, place for two nice house ltos, w/ state rd through middle. 15 mins from Harrah's Casino. \$45,000.00 10% down, owner financing call 1-828-506-9387 or 828-586-0694. 3/4pd

For Sale: Tamales or other MExican food on Monday, Wednesday and Fridays from 3pm - 6pm. Place orders or call for delvieries 828-497-6572 ask for Sandra. To pick up orders: 571 Blue Wing Rd at Rose Salazar's residence. **2/25pd**

EMPLOYMENT

Cochran Drywall Inc is accepting applications for laborers, experienced drywall hangers, finishers, quality control inspectors, OSHA certified safety inspectors,. For applications please call Gini Standingdeer @ 497-6210 or 507-8283. Indian Preference does apply. **3/11**



Eastern Band of Cherokee

Indians

For Deadlines and applications please **call 497-8131**. Indian Preference does apply A current job application must be submitted. Resumes will not be accepted in lieu of a Tribal application.



Closing February 26, 2010 @ 4 pm

1. Coordinator, Organizational & Employee Development-Employment (\$31,700-\$40,420)

Closing March 5, 2010 @ 4 pm

- 1. Sgt. Detective- CPD
- 2. Receptionist/Timekeeper- QHA (\$23,740-\$30,280)
- 3. Tribal Education Clerk- Tribal Education (\$18,140-\$22,680)

Open Until Filled

- 1. Teacher Tribal Child Care
- 2. Teacher Assistant Tribal Child Care 3. EMT-P (Part-time) – EMS
- 4. Temp Workers- Travel & Promotion
- 5. Academy Teacher- KPEP
- 6. Deputy Housing Officer

Health & Medical Positions

- 1. C.N.A.– Tsali Care Center
- 2. LPN- Tsali Care Center (2 Positions)
- 3. Quality Improvement Coord RN- Home Health
- 4. Master's Level Therapist-Analenisgi (2 Positions)
- 5. Community Health Representative- CHR

Cherokee School Job Opportunities

The Cherokee School System is accepting applications for the following positions: Woodcarving Instructor

School Counselor Custodian

All teachers and teacher assistance must satisfy the requirements of the "No Child Left Behind" Laws

New applicants should submit a Professional Personnel Application, a letter of interest, transcript, resume, and a one page explanation of what you will contribute.

Active applicants should submit a letter of interest, resume, and a one page explanation of what you will contribute.

Current employees should submit a letter of interest, resume, and a one page explanation of what you will contribute.

Applications are available at the Cherokee Central Schools – Central Office SUBMIT APPLICATIONS TO:Gwen Hammonds Human Resources Department Cherokee Central Schools P.O. Box 134 Cherokee, NC 28719 828-554-5093\To request or submit an application online email: ghammonds@bia.edu

Visit us on the web at cherokeecentral.sharpschool.com 2/25

nc-cherokee.com/onefeather

Tabled Ordinances

Tabled Ordinance No. 118 (2010)SUBMITTED By GLORIA RATTLER

WHEREAS, Ordinance No. 457 (2006) was passed on September 7, 2006 which established per capita disbursement/garnishment; and

WHEREAS, there are currently two instances which an individual's per capita may be garnished, which include garnishment for child support and for debts owed to the Eastern Band of Cherokee Indians; and

WHEREAS, there is a need to add an additional exception to garnishment of per capita which is money owed to a deceased enrolled member's estate; and

WHEREAS, this exception will help to expedite the closure of estates collecting debts owed to the estates.

NOW THEREFORE BE IT ORDAINED by the Tribal Council of the Eastern Band of Cherokee Indians assembled, at which a quorum is present, that Chapter 16C section 16C-5(d)(2) be amended to include another exception for garnishment of per capita for debt owed to an estate and to read as follows:

"(2) Garnishment for debts owed to the Eastern Band of Cherokee Indians. The Tribe, or a Tribal entity as defined in this chapter, may administratively garnish a member's per capita payment to reimburse the Tribe or the Tribal entity for any outstanding fees, costs, rent, judgments, user fees, or other charges owed to the Tribe or the Tribal entity. This subsection shall not apply to fees, costs, rent, judgments, user fees or other charges owed to individual Tribal members except for deceased Tribal member's estates collecting money judgments which garnishment for such collection shall be allowed. Such a garnishment shall only be effective if it is ordered in compliance with subparagraph (d)(3), below."

BE IT FINALLY ORDAINED that all ordinances that are inconsistent with this law are rescinded, and that this ordinance shall become effective when ratified by the Principal Chief.

Tabled Ordinance No. 160 (2010)SUBMITTED By OFFICE OF FINANCE & BUDGET and theOFFICE OF THE ATTORNEY GENERAL

WHEREAS, Section 106-50 to govern the regulation of Business Background Checks on Tribal Land; and WHEREAS, Tribal Council amended Cherokee Code Section 106-50 on July 9, 2009 when it passed Ordinance No. 801 (2009).

WHEREAS, In order to facilitate business transactions on Tribal Land, 106-50 needs to be further amended so that Business Background checks should only be performed when required by Business Committee.

NOW THEREFORE BE IT ORDAINED by the Annual Tribal Council of the Eastern Band of Cherokee Indians assembled, at which a quorum is present, that Cherokee Code Section 106-50 is amended to read as follows:

Sec. 106-50. Business background checks.

(a) This section applies regardless of whether the person or entity is for-profit or not-for-profit, and regardless of their legal formation or lack thereof. If a new corporation, the principals thereof are subject to the background check. If the corporation is not new, that is, it has existed for more than two years in its current corporate formation, the corporation is subject to the background check. (b) Business background checks shall be performed by the respective Tribal Entity and in the manner identified by the Business Committee.

(c) The person or entity subject to the background check must pay for the background check.

(d) The Business Committee may require that a background check be performed and a favorable report be received before the contract or lease is approve, or may allow receipt within 30 days after approval of the contract or lease, or may waive the requirement if the applicant has:

(1) An established record of successful business operation on the Tribe's trust land, including consistent and timely payments of Tribal levy, rent, wages and other assessments; and

(2) Has not committed any criminal activity.

(e) This section is effective upon approval in 2010. (Ord. No. 622, 3-30-2005), (Ord. No. 801, 7-9-2009) [Subsections (b), (c), (d), (e) remain unchanged] BE IT FURTHER ORDAINED that this amendment shall be effective upon ratification by the Principal Chief, and all prior ordinances and resolutions that are inconsistent with this ordinance are rescinded.

Tabled Ordinance No. 161 (2010) SUBMITTED BY ENROLLMENT COMMITTEE

WHEREAS, the Eastern Band of Cherokee Indians (the "Tribe") is a sovereign entity that determines its own membership; and

WHEREAS, the current Enrollment Ordinance provides an appeals process for individuals who are removed from the rolls of membership of the Tribe; and

WHEREAS, the appeals process provides for an appeal to the full Tribal Council from an Enrollment Committee decision to disenroll individuals; and

WHEREAS, half of Tribal Council's members sit on the Enrollment Committee that makes the original decision in a disenrollment; and

WHEREAS, in order to protect the due process rights of individuals subject to the disenrollment process, the Enrollment Committee thinks it is advisable to create an Appeals Committee, made up of Council members who do not sit on the Enrollment Committee, to hear appeals from disenrollment decisions.

NOW THEREFORE BE IT ORDAINED by the Tribal Council of the Eastern Band of Cherokee Indians assembled, at which a quorum is present, that an Appeals Committee, made up of the 6 members of Council who do not currently serve on the Enrollment Committee, shall hear all future appeals from disenrollment decisions. The required changes are reflected below in the changes and additions to the Cherokee Code Chapter 49-9.

Sec. 49.9. Loss of Membership.

[Section 49-9(a) shall remain unchanged]

(b) Disenrollments. The Enrollment Staff shall bring to the attention of the Enrollment Committee the names of such Tribal members as an examination of the records of the enrollment office indicate, might be subject to disenrollment. Should the Enrollment Committee determine that disenrollment action is necessary, the procedures described in this section shall be followed. Any person whose disenrollment has been completed shall not be eligible to reapply for membership.

(1) Grounds for disenrollment. A Tribal member

may be subject to disenrollment if records reveal one or more of the following conditions exist:

a. The member was erroneously enrolled (that is, he/she did not meet the eligibility criteria in existence at the time of his/her enrollment).

b. The member has accepted benefits of land or money (or if a minor, a parent or guardian has accepted benefits of land or money on the minor's behalf) as an enrolled member of another Indian Tribe after the effective date of this chapter (9-11-1995).

c. The member is currently enrolled with another Indian Tribe and has either refused to relinquish membership in the other Tribe or has failed to respond to a notice of the requirement to relinquish membership in the other Tribe.

(2) Procedures for disenrollment. Members identified as being subject to the disenrollment pursuant to subsection (1) of this section shall be notified by certified mail, return receipt requested, of the intent to disenroll. Included in the notice shall be the date set for a hearing before the Enrollment Committee to consider the matter. Following the hearing, whether or not the affected member makes any appearance or response, the Enrollment Committee shall determine if the member shall be disenrolled. The disenrolled member shall be notified of the action taken by certified mail, return receipt requested.

(3) Appeals. The Tribal Council Appeals Committee is hereby created to hear appeals from disenrollment decisions. The Committee shall consist of the six members of Tribal Council who are not serving on the Enrollment Committee and the Enrollment Appeals Officer. The Appeals officer shall serve as an ex-officio, non-voting member of the Appeals Committee. The Tribal Council Chairman shall appoint one member of the Appeals Committee to serve as that Committee's chairman.

a. The disenrolled member has the right to appeal the Enrollment Committee's decision to the Appeals Committee within thirty (30) days of the date of the receipt of notice of action to be taken. The Notice of Intent to Appeal must be filed in writing. It shall be directed to the chair of the Tribal Council Appeals Committee chair, in care of the Tribal Operations Program.

b. If the appeal is timely filed, the Tribal Council Appeals Committee shall notify the appellant of the final hearing date by certified mail, return receipt requested. Such hearing shall take place within sixty (60) days of receipt of the timely filed Notice of Intent to Appeal.

c. Following the hearing, whether or not the party on whose behalf the appeal is filed makes any appearance or response, the Tribal Council Appeals Committee shall render a decision, which shall be documented in a written order. The order of the Appeals Committee is final. If no appeal was filed, the decision of the Enrollment Committee is final. In either case, no further appeal is allowed.

(c) Effect of loss of membership. The member's name shall be removed from the membership roll of the Tribe, and all privileges pertaining thereto shall be permanently revoked.

BE IT FINALLY ORDAINED that this ordinance shall be effective upon ratification by the Principal Chief and any prior ordinance or part thereof that conflicts with this ordinance is rescinded.

LEGAL NOTICES

Legal Notice

Notice of Service of Process by Publication CHEROKEE TRIBAL COURT Regulations Cherokee, NC In Cherokee Tribal Court

Eastern Band of Cherokee Indians vs.

Quincy "Duke" Watty CV 10-048 Allen E. McCoy CV 10-049 Paul Ensley, Jr. CV 10-050 Verron Davis CV 10-051 Clint Calhoun CV 10-052 Kirby Bradley CV 10-053 Shannon Crowe CV 10-054 Joshua Little CV 10-055 Linda & John Driver CV 10-056 Bobby Brady CV 10-057 Shana & Will Hornbuckle CV 10-058 Shermane Lossiah CV 10-059 Monica Tchakirides CV 10-060 Jessica Tooni CV 10-062

To: The Above Named Parties Take notice that pleading seeking relief against you has been filed in the above entitled action. The nature of the relief being sought Is as follows: **Complaint For Money Owed On Account**

You are required to make defense of such pleading no later than February 19, 2010 and upon your failure to do so the party seeking service against you (Eastern Band of Cherokee Indians) will apply to the court of the relief sought. This is the 4th day of February 2010.

Agent for the Plaintiff Winnie Jumper P.O. Box 537 Cherokee, NC 28719 2/25

NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA

VANDERBILT MORTGAGE AND FINANCE, INC., Plaintiff

> vs. PATRICIA BIGMEAT BROWN,

Defendant CHEROKEE TRIBAL COURT

FILE NO. CV-09-553

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: Money owed, attorney's fees, possession of a 1999 Clayton Avondale manufactured home bearing serial no. CLR015890TNAB together with range, refrigerator and dishwasher, and court costs.

You are required to make a defense to such pleading not later than 40 days after the first date of the publication of this notice yielding a deadline of March 30, 2010 and upon your failure to do so, the party seeking service against you will apply to the court for the relief sought.

Dated: February 9, 2010

Jay B. Green, Attorney for Plaintiff 908 E. Edenton Street Raleigh, North Carolina 27601 Telephone: 919-829-0797 **3/4pd**

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Estate File No. 10-EST 009

Notice to Creditors and Debtors Of David Cucumber

All persons, firms, and corporations, having claims against, this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below:

Deadline to submit claims: Mary 23, 2010

This is the 11th day of February, 2009.Christine Toineeta, 25 Jeff Toineeta Rd Cherokee, NC 287193/11 pd

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina File No. CV-09-646 File NO. DV - 09-075

Notice of Service by Publication Erin Beth Rodriguez Plaintiff vs. Pedro Miguel Rodriguez

Defendant

TAKE NOTICE THAT a pleading seekign releif against youhas been filed in the above entitled Civil Action. The nature of relief sought is as follows:(1) Plaintiff is seeking judgment of Absolute Divorce (2) Plaintiff is seeking a Domestic Violence Protective Order

You are required to make a defense to such pleadings no later than **April 6**, **2010**, which is no later than 40 days from the first publication of this notice. Upon yoru failure to file a pleading by the above date, the party seeking service against you will apply to the court for the relief sought.

This is the 18th day of February, 2010.

larry Nestler, Attorney for Plaintiff, P.O. Box 426, Sylva, NC. 287179

3/11 pd

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Case No. SP-09-151

In RE: ADOPTION OF MINOR CHILD TO ADRIAN MONTEX AUSSTIN

TAKE NOTICE tha an action for ADOPTION OF A MINOR CHILD has been filed in the above entitled matter. The nature of the relief sought is TERMINATION OF PARENTAL RIGHTS AND ADOPTION. You are required to make a defense to suchpleading no later than the 9th day of March 2010 said date being more than forty (40) days from the date of first publication of this notice and upon your failure to do so theparty seeking service against you will apply to the Court for the relief sought This is the **22nd** day of **February, 2010**.

Saunooke Law Firm P.A. P.o. box 2369, Cherokee, NC. 28719 828-736-2856 3/11 pd

CELEBRATIONS



Happy First Anniversary Kiri and Justin February 21st Love, Ce, Big Boy, Granny and Pawdad Smith



Happy 50th CS and Sue Green



Happy Birthday

Seth



Happy Birthday Brother

> From Tehya & Eli

Happy 13th Birthday

"T" Feb 28th

You are growing up so fast!

Love you!

Grandma and Grandpa Smith

ard

Smith



Happy 21st Birthday Jordan Love, Nichole

Jordan Travis Sampson

Happy 21st Birthday Uncle! February 28, 2010 Hope your day is FUN!

> We love you, Travis & Kylee Hall

Happy 12th Birthday

Kennan Panther

Love, Mom & Tso

One Feather deadline Tuesday at 12noon

Happy 13th Birthday T. Smith Feb 28th We are so proud of you in everything you do and your turning into a fine young man!

> We love you! Gabby, Tony, Becca and Nesa

LEGAL NOTICES

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Estate File No. 10-EST 006

Notice to Creditors and Debtors Of Katherine Jeanette Long Jumper

All persons, firms, and corporations, having claims against, this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below:

Deadline to submit claims: May 17, 2010

This is the **4th** day of **February**, **2009**. Floyd Long, 1133 Jenkins Creek Rd, Cherokee, NC 28719 **3/4 pd**

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Estate File No. 10-EST 007

Notice to Creditors and Debtors Of Jim Daniel Littlejohn

All persons, firms, and corporations, having claims against, this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below:

Deadline to submit claims: May 16, 2010

This is the **4th** day of **February, 2009.** Callie Littlejohn, 62 Walkingstick Rd, Cherokee, NC 28719 **3/4 pd**

NOTICE OF SERVICE OF PROCESS BY PUBLICATION NORTH CAROLINA

VANDERBILT MORTGAGE AND FINANCE, INC.,

Plaintiff

vs. WAYAHSTI C. PERKINS and NAKOA D. CHILTOSKIE,

Defendant CHEROKEE TRIBAL COURT FILE NO. CV-09-554

Take notice that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief being sought is as follows: Money owed, attorney's fees, possession of a 2001 Clayton Dream manufactured home bearing serial no. NO1026852TNAB together with refrigerator, range, dishwasher and microwave, and court costs.

You are required to make a defense to such pleading not later than 40 days after the first date of the publication of this notice yielding a deadline of March 30, 2010 and upon your failure to do so, the party seeking service against you will apply to the court for the relief sought.

Dated: February 9, 2010

Jay B. Green Attorney for Plaintiff 908 E. Edenton Street Raleigh, North Carolina 27601 Telephone: 919-829-0797 **3/4pd**

One Feather deadline Tuesday at 12noon

Legal Notice

Eastern Band of Cherokee Indians Cherokee Tribal Court Cherokee, North Carolina Estate File No. 10-EST 008

Notice to Creditors and Debtors Of Ronnie Sevier Huskey

All persons, firms, and corporations, having claims against, this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below:

Deadline to submit claims: May 16, 2010

This is the **8th** day of **February, 2009.** Deloris Bradley, 333 Ela Lane, Bryson City, NC 28713 **3/4 pd**

RFPs, BIDS, ETC.

NOTICE TO THE COMMUNITY

PROJECT NAME: Cherokee Transportation Building

Project Description: This project will consist of construction of an office complex that should house the Cherokee Department of Transportation and Cherokee Transit programs. The offices will be used for administrative purposes and will serve as a bus stop and parking site for transit buses and vans. The public will have access to these offices and site. The building is not expected to exceed 10-thousand square feet. The structure could be constructed of block with siding or a steel metal structure. The Eastern Band of Cherokee Indians has designated the former Cherokees Manufacturing site on Aquoni Road adjacent to the Cherokee Boys Club as the site for construction. A map of this exact location is on file with the Tribe's Building Construction Office and Geographic Information System (GIS).

Acres of Impact: The estimated number of acres of impact is 4.5+/- that will be in or near the floodplain.

Agency Contact: Should the public have comments or questions on this project impact to the floodplain contact:

Eastern Band of Cherokee Indians Tribal Building Construction (7:45 AM until 4:30

PM Eastern Time)

Brandon Stephens, Manager P.O. Box 455

810 Acquoni Road, Suite 118 (Ginger Welch Complex) Cherokee, North Carolina 28719

(828) 497-1846

http://www.ebciconstruction.com

Comment Period: 15 days. Comments may be submitted to Tribal Building Construction from February 18, 2010 through the close of business (4:30 PM Eastern Time) on March 4, 2010.

Reasons for impact to the floodplain and actions in this project: The limitations of buildable property, the imminent need for the building, the site has been previously developed, and the demand of the American Recovery and Reinvestment Act's obligation of funds is forcing the Tribe to act quickly to implement this project.

Notice: This notice is being provided to the public through publication and public display pursuant to 24 CFR 55.20 **3/4**

Request for bid

Tsali Care Center will be accepting bids until 4:00pm March 01, 2010 for the following project.

The replacement of the dining room floor and the bathroom floor in each of the 32 resident rooms. The time frame, work specified and material specifications will be listed in the bid package. Sub contractors may be used if necessary.

To obtain a bid package for this project please contact Allen Smith or David Hunt at Tsali Care Center (828) 497-5048, 55 Echota Church Road, Cherokee, NC 28719.

Please be aware that preference will be given to certified Native Americanowned businesses in all stages of this project. Please contact the Tribal Employment Rights Office (TERO) at (828) 497-1989 for details. 2/25pd

RFPs, BIDS, ETC.

Advertisement of Request for Qualifications

Eastern Band of Cherokee Indians Building Construction Office Ginger Welch Complex 810 Acquoni Road, Suite 118 Cherokee, North Carolina 28719 Phone: (828) 497-1846

Project Title: Cherokee Transportation Building

The Eastern Band of Cherokee Indians is requesting proposals for a professional Architectural and/or Engineering Firm. The Tribe will use review proposals for qualifications for designing the new Cherokee Transportation Building, which is to be built on the old Cherokees Manufacturing site. Deadline for submitting a letter of intent to propose is February 26, 2010. Firms will have to meet various requirements to be eligible to propose or be considered for this project. One such requirement is submitting a letter of intent to propose as specified in the official request for qualifications (RFQ). The RFQ may be obtained on the Tribal Building Construction website at http://ebciconstruction.com/files/downloads/ or at the TERO office. User name and password for the FTP site may be obtained by contacting Brandon Stephens at the Tribal Building construction Office or emailing him at branstep@nc-cherokee.com

As this work is being funded by the Eastern Band of Cherokee Indians and the American Recovery and Reinvestment Act, please be advised that Indian Preference (as defined by the Tribal Employment Rights Office) applies for this contract. Equal Employment Opportunities (EEO) documentation required by Executive 11246 as Amended and Regulations (41 CFR Part 60-4) shall be application through the performance of any work awarded pursuant to this solicitation.

If you have any questions of comments, please contact Building Construction Manager Brandon Stephens at (828) 497-1846. **2/25**

Advertisment for Bids

Cherokee Enterprises Inc., an Equal Opportunity Employer, is soliciting subcontractor and material proposals for the Cherokee high Schol track and Field component project from TERO vendors. The project generally consists of athletic equipment, asphalt paving, concrete and other ancillary work. All proposals should be in our office by Monday, March 11, 2010 at 3pm. Proposals can be mailed or faxed to our office 828-497-5566. Project plans and specifications can be viewed at our office located at 1371 Acquoni Rd in Cherokee, NC. with prior appointment. Workers compensation, auto, general liability are required from all subcontractors as well as performance and payment bonds. Please contact our office at 828-497-5617 with questions or for additional information. 3/25

Requests for Bids

Eastern Band of Cherokee Indians Cherokee Department of Transportation 1840 Paintown Road P.O. Box 2400 Cherokee, North Carolina 28719 Phone: (828) 497-1890

Projects: Cultural District Streetscape Project

The Eastern Band of Cherokee Indians CDOT Office is requesting sealed bids for the completion of The Cultural District Streetscape. The deadline for submitting a proposal will be March 12th, 2010 at 2:00p.m.

Please be advised that all TERO rules and regulations, Tribal procurement policies, applicable state and federal rules, regulations and laws shall apply to the performance of any work awarded pursuant to this solicitation and to the procurement of work solicited through this advertisement.

You may request the full RFP and bid requirements for proposals through the CDOT Office, or TERO. If you have any questions or comments, please contact CDOT at (828)-497-1890. **3**/**4**

Advertisement of Request for Qualifications

Eastern Band of Cherokee Indians Building Construction Office Ginger Welch Complex 810 Acquoni Road, Suite 118 Cherokee, North Carolina 28719 Phone: (828) 497-1846

Project Title: Tsali Care Center Alzheimer's Wing

The Eastern Band of Cherokee Indians is requesting proposals for a professional Architectural and/or Engineering Firm. The Tribe will use review proposals for qualifications for the project of remodeling and creating an Alzheimer's Wing at Tsali Care Center in the Birdtown Community of the Cherokee Indian Reservation. Deadline for submitting a letter of intent to propose is February 26, 2010. Firms will have to meet various requirements to be eligible to propose or be considered for this project. One such requirement is submitting a letter of intent to propose as specified in the official request for qualifications (RFQ). The RFQ may be obtained on the Tribal Building Construction website at http://ebciconstruction.com/files/downloads/ or at the TERO office. User name and password for the FTP site may be obtained by contacting Brandon Stephens at the Tribal Building construction Office or emailing him at branstep@nc-cherokee.com

As this work is being funded by the Eastern Band of Cherokee Indians and the United States Department of Housing and Urban Development's Indian Community Development Block Grant, please be advised that Indian Preference (as defined by the Tribal Employment Rights Office) applies for this contract. Equal Employment Opportunities (EEO) documentation required by Executive 11246 as Amended and Regulations (41 CFR Part 60-4) shall be application through the performance of any work awarded pursuant to this solicitation.

If you have any questions of comments, please contact Building Construction Manager Brandon Stephens at (828) 497-1846. 2/25

Cherokee Marketing & Promotions **Request for Proposals - Travel & Tourism** Cherokee, NC

Scope of Proposal

Cherokee Travel & Tourism Requests for Proposals, to identify qualified professional service providers in the areas listed below. Travel & Tourism will accept any proposals submitted by qualified individuals or firms, whom can adequately perform any or all of the services represented.

Event Promotional Items: Provide prior to each Event quality printed/nonprinted promotional items (t-shirts, bags, buttons) and the ability to provide other types of promotional items if needed.

Event Sound & Light Production: Provide quality professional Event Sound & Light Productions for all types of Entertainment and/or Productions, including headline Entertainers for the Cherokee Indian Fair. Stage based setups at the Cherokee Indian Fairgrounds but with the ability to have smaller mobile setups at other locations if needed.

Fireworks (NC Certified Technicians): Qualified technicians to provide Fireworks displays including all materials, equipment, and proper safety precautions.

Event Food & Catering Services: Provide food & catering services for several Events, groups up to approximately 500 people or more. Food types ranging from finger foods, vegetable or fruit trays, sandwiches, and full meals.

Master of Ceremonies for Cultural Events: Provide Master of Ceremonies services during specific Events that have a highly cultural focus. Knowledge of various cultural performances, including those with competitions or judging aspects.

Master of Ceremonies for Events: Provide Master of Ceremonies services for Events, including announcements, introductions.

EBCI Roadside Landscaping Project – Watering Hanging Baskets & Hay Racks: Provide watering maintenance /upkeep to the Plant Hanging Baskets and Hay Racks in the downtown area of Cherokee, including all vehicles, equipment, materials, and labor.

EBCI Roadside Landscaping Project – Hanging Baskets, Plants & Support Materials: Provide all specific metal Hanging Baskets, Hay Racks, plants, plant materials, and labor for the preparation of the these items, to be displayed throughout the downtown area of Cherokee.

For a full Request of Proposal please contact: Heather J. Byfield, Cherokee Travel & Tourism, 828-497-8125 or Suite 500 of Ginger Lynn Welch Complex office 505. Deadline for Proposal Submissions will be March 11, 2010 @ 3:30pm EST. **3/11**

RFPs, BIDS, ETC.

Art Commissioning

Attention Enrolled Artists of the Eastern Band of Cherokee Indians

Harrah's Cherokee Casino & Hotel will soon solicit studies for art commissioning opportunities for the expanded casino & hotel, and we invite any enrolled member of the Eastern Band of Cherokee Indians to participate.

Interested enrolled member artists must pick up a commissioning packet at the Tribal Casino Gaming Enterprise (TCGE) Board of Advisor office's @ the Tribal Bingo Building on the following dates and times:

Tuesday February 16th through Thursday March 18th, 2009 Monday – Thursday 8:30am until noon & 1pm until 4:30pm Fridays 8:30am until noon.

In addition, an open house will be held on Thursday February 18th from 4pm – 7pm at Tribal Grounds Coffee House located in downtown Cherokee for any artist to drop by & ask questions.

Commissioning packets include all information relevant to the design and selection processes, including deadlines, a copy of the commissioning agreement, and design renderings, etc.

Please call Phyllis Shell @ (828) 497-7671 if you have any questions regarding the process.

Artists must be T.E.R.O. certified. T.E.R.O. Certification Applications and questions should be directed to Faye Cedillio at (828) 497-1989. 3/4

Advertisement of Request for Qualifications

Eastern Band of Cherokee Indians Building Construction Office Ginger Welch Complex 810 Acquoni Road, Suite 118 Cherokee, North Carolina 28719 Phone: (828) 497-1846

Project Title: Old Number Four Sewer Line Engineering

The Eastern Band of Cherokee Indians is requesting proposals for a professional Engineering Firm to design and provide construction administration for a 10-thousand linear foot sewer line upgrade in the Birdtown community along the Old Number Four Road leading to the present Tribal Waste Water Treatment Plant. The Tribe will use review proposals for qualifications for designing and construction administration for the sewer line. Deadline for submitting a letter of intent to propose is February 26, 2010. Firms will have to meet various requirements to be eligible to propose or be considered for this project. One such requirement is submitting a letter of intent to propose as specified in the official request for qualifications (RFQ). The RFQ may be obtained on the Tribal Building Construction website at http://ebciconstruction.com/files/downloads/ or at the TERO office. User name and password for the FTP site may be obtained by contacting Brandon Stephens at the Tribal Building construction Office or emailing him at branstep@nc-cherokee.com

As this work is being funded by the Eastern Band of Cherokee Indians and the United States Department of Housing and Urban Development, please be advised that Indian Preference (as defined by the Tribal Employment Rights Office) applies for this contract. Equal Employment Opportunities (EEO) documentation required by Executive 11246 as Amended and Regulations (41 CFR Part 60-4) shall be application through the performance of any work awarded pursuant to this solicitation.

If you have any questions of comments, please contact Building Construction Manager Brandon Stephens at (828) 497-1846. **2/25**

One Feather deadline Tuesday at 12noon

REALTY

Notice of Proposed Quitclaim of Land in accordance with Council Resolutions: From <u>William Henry Maney</u> to John William Maney,

Painttown Community Parcel No. 73-A (part of pacel no. 73) continaing 0.084 acress more or less.

Painttown Community Parcel No. 70-E (part of pacel no. 70-A) continuing 0.313 acress more or less together with all improvements located thereon

Painttown Community Parcel No. 780 (part of pacel no. 70 and 72 and all of parcel no. 779) continaing 1.036 acres more or less together with all improvements located thereon Painttown Community Parcel No. 70-H (remainder of pacel no. 70-F) continaing 0.073 acres more or less together with all improvements located thereon

Painttown Community Parcel No. 70-D (remainder of pacel no. 70-B) continaing 0.702 acres more or less.

Painttown Community Parcel No. 781 (part of parcel no. 72) continuing 0.180 acress more or less together with all improvements located thereon

Painttown Community Parcel No. 70-I (remainder of pacel no. 70 -D) continaing 0.021 acres more or less

Painttown Community Parcel No. 70-J (remainder of pacel no.70-D) continaing 0.678 acres more or less

Painttown Community Parcel No. 70-G (ramainder of pacel no. 70-F) continuing 1.246 acres more or less UNDIVIDED INTEREST

Any person or interested parties who have information which might adversly affect the above proposed transfer to the above named person or persons shall have a period of ten days from teh above date in which to file such complaint with the Cherokee Indian Agency office or the office of the Principal Chief.

Proposed Land Transfers

Sallie Smith Bradley to Thomas David Bradley Big Cove Community Parcel No. 678-H (part of pacel no. 678-A) continaing1.000 acres more or less.

Sallie Smith Bradley to Thomas David Bradley Big Cove Community Parcel No. 678-J (part of pacel no. 678-I) continaing 0.347 acres more or less.

Jonathan Nathaniel Toineeta to Victoria Eden Toineeta Big Cove Community Parcel No. 669-A (part of pacel no. 669) continuing1.000 acres more or less.

Dinah Squirrel Welch to Olsa Fay Oocumma Wolftown Community Parcel No. 24 continaing 2.50 acres more or less. ONE-HALF UNDIVIDED INTEREST

Douglas Frederick Reed II to Dora Leann Reed Wolftown Community Parcel No. 569 (part of the David Crowe Estate) continuing 1.076 acres more or less.

Gerron Dewitt Chekelelee to Samuel Watty Snowbird Community Parcel No. 365 continaing 3.949 acres more or less. UNIDIVIDED INTEREST

Martha Renee Derryberry Johnson to Tamara Lee Johnson Cherokee County Parcel No. 148 (Part of the Henson Donation tract) continuing 1.000 acres more or less together with all improvements located thereon

Snowbird Community

The following is a list of Tribal members that have documents to sign in the BIA Realty office. These are land transfers from both Tribal members and the Eastern Band by Resolution.

Alan Chekelelee, Mary Ann Jumper Fortneberry, Kasey Lynn Carpenter Moose, Maureen Jumper Jackson, Jonah Jody Brown, Donnie Edward Jackson, Lisa Elaine Jackson, Mike Lee Wachacha, William Allen Brown, Temot Zena Rattler, Leverne Brown, Kathleen Brown Holloway, Gerron Dewitt Chekelelee, Samuel Watty, Joseph Dwayne Jumper, Natalie Suzane Saunooke, Anthony Richard Saunooke, Dolly Pricilla Lyn Wachacha Castillo, Henry Joshua Wachacah, Wilma Dinah Amos, Sheldon Allen Rattler, Chrystal Gail Ellington, Phillip Sean Ellington, Glenn Elliot Welch Jr., George Allen Rattler, Benjy Ray lane, Kathy Garrett Johnson, Tony Anthony Johnson.

Divisions

Mike Lee Wachacha, Abraham Wachacha, Donnie Edward Jackson, Lisa Elaine Jackson.

CELEBRATIONS







Happy 9th Birthday

Bobby

From your favorite Cuz Shara



Love ya Jacinta



Jordan Travis Sampson

Happy 21st Birthday Brother! February 28, 2010 Hope your day is as special as the brother you are! We love you, John Daniel Hall and Jessica Rose Lambert

HappyBirthday GRANNY We love you



Happy 21st Birthday Jordan February 28th & Nichole March 5th

We love you both! Kim, Doug & Jessica



"T" Happy 13th Birthday We love you Grannie Catt, Paps, D.J., Mallie & "Lil" Bill



Jordan Travis Sampson Happy Birthday to our Baby Boy February 28, 2010 We love you, Mom, Doug & Jessica



Jordan Travis Sampson Happy Birthday Son February 28, 2010

It seems like only yesterday we were watching you try to jump the branch onyour bike.. and now you are all grown up. We love you , Mom, Doug & Jessica

er | THURSDAY, FEBRUARY 25, 2010

PENSMOKE, from page 12

Q:Who are your greatest musical influences?

A: The Golden Age of hip hop was my biggest influence. From the '86 to '95 time frame, I enjoyed Emcees like Big Daddy Kane, KRS1, Rakim, and many others. Later on, I got familiar with groups like Tunnel Rats, LPG, Cross Movement, and so on. These days I mostly listen to lots of underground brothers like Sev Statik, Supaman, Mikeless, Redcloud, and too many more to name really.

Q:How did you come to hip-hop and become a musician?

A: I started out in '88 trying to learn to DJ on a ragged turntable I had. I found hip hop music around 1987 and was hooked ever since. I like to get things off my chest so writing and emceeing was more of what I needed to do as opposed to DJing. It just clicked naturally.

Q:Describe your distinctive style of music.

A:Traditional, underground, golden age style hip hop with the Truth embedded.

Q: What are your dreams for your music?

A:I just want people to enjoy it and get the message that is relayed in it. Its up to God what direction He wants it to go in. I will try to be ready for whatever direction that is.



Jordan Travis Sampson February 28, 2010

Today as you turn 21 please know that we are very proud of the man and father that you have grown up to be Remember that we love you with all our hearts! Happy Birthday Son1 Mom (Kim), Doug and Jessica

Q:Why do you think so many Native people gravitate toward hip-hop? What does it mean to us?

A:Well, Native people and people in the hip hop community, who were at first mainly African American and Puerto Rican in New York, have had similar struggles. Very different in some ways but very similar in others. We are creative people, and hip hop is a very good outlet for creativity to be expressed. Some of the best emcees out there today are Native, might I add. Maybe I am a little biased though. lol Anyone who hasn't heard music from Redcloud or Supaman, for example, is seriously missing out on some pure hip hop.

Q:What is the difference between rap and hip-hop?

A:Hip hop is a culture. Hip hop is a culture that consists of emcees, DJs, B-Boys, and graffiti artists. Those are the basic elements of the hip hop lifestyle. 'Rapping' is another word for Emceeing, rhyming over beats. These days a 'rapper' is some one who tries to emcee but often knows nothing about real hip hop culture and usually doesn't care about it. 'Rappers' are usually willing to rap about anything because their motivation is money and not the arform. Emcees are representative of real hip hop and will rap in an expressive and/or intelligent or uplifting way.

Q:What obstacles or challenges have you faced and overcome in life and in your music?

A: In life, I came from a place where drugs and trouble were tempting me at every corner it seemed like at times. Instead of giving in, for the most part I escaped into the



Happy Birthday Dad Love. Kollin & Korbin

music until I got older and came to know the forgiveness of God.

Q: How did you overcome these issues? A:Honestly it wasn't me that overcame the issues. It had to have been God's help because I wasn't making the best decisions in life and I am fortunate to be here and have the life that I now have.

Q:What have you learned from them? A:I have learned that the easy way is usually the wrong way to go.

Q: What advice could you share with

your listeners?

A:Don't follow trends and get involved with what's popular because its usually shallow and wont last. Get involved with something meaningful that will help your people and uplift God and you will be rewarded.

Q:What message do you hope they gather from your music?

A:God really does forgive even the foulest people if they want forgiveness and want to do something that will uplift Him and help others.

Support the Cherokee Braves 100% Tobacco Free Schools

No tobacco use anytime, anywhere on school grounds, by anyone!







Health Wellness

Congratulations



Michael and Sam Placing 2nd and 3rd at State in Winston Salem, NC

CELEBRATIONS



In Memory of Susie Parker 1957 - February 22, 2007 Missing you with all my heart and soul Your baby girl Claudette "Miss Whitt"



In Loving Memory of Justice Rain Bark 9/20/03 - 2/26/07

Love you & Miss you, Daddy, Travis, Brandon & Grandma

Birth Announcement



Cainyan Ryne Lee Welch, born on February 8 to Estefan Welch and Jamaca Murphy of Cherokee in Swain County, weighing 8lbs, 10oz.



Congratulations Jade Ledford #2 Peewee Girls Travel League Champions!!

Very Proud of you Love, Mommy and Madison



SSG Joshua Welch deployed to Aftghanistan on February 13th. This makes "Rory's" fourth deployment after serving two tours of duty in Iraq and one in Korea. SSG Welch is part of the 101st Airborne Division "Screaming Eagles" based in Fort Campbell, Kentucky. A special thank you to Chief Michell Hicks, Ashley Brown, Jeremy Hyatt, Jamie Long and Perry Shell.

Mr. Welch is the son of Marvel Welch of Cherokee



Happy Birthday

Nolan

From, Dad, Misty & Jordan

Happy 13th Birthday "T" Love, Mom, Dad and LD



Sallie Smith Bradley Celebrates her 96th on March 7th A birthday social is planned for 2pm at Sallie's House Everyone is Invited please RSVP to Vita @ 497-9605