

04



06



**CCS School Board meets
prior to start of school**

**Blankenship receives
prestigious honor**

QUOTE OF THE WEEK

**“My advice
would be just to
start and stick
with it every
day.”**

*- Miranda Stamper, a member of the Eastern
Band of Cherokee Indians, on her advice for
starting an exercise regimen*



Cherokee One Feather

75 CENTS

THE OFFICIAL MULTI-MEDIA NEWS SOURCE OF THE EASTERN BAND OF CHEROKEE INDIANS

AUG. 14-20, 2019



**Seneca
Nation of
New York
repatriates
two
Cherokee
Booger
masks to
EBCI**

Page 2



**Global Casino
Championship
held at Harrah's
Cherokee**

Page 16

**A true
athlete**

**Miranda Stamper sets fitness
example for everyone,
*Pages 10-11***



Seneca Nation repatriate masks to the Eastern Band of Cherokee Indians

ALLEGANY TERRITORY (Salamanca, N.Y.) - The Seneca Nation of Indians has a longstanding relationship with the Eastern Band of Cherokee Indians (EBCI) dating back to ancient times. It was strengthened on Sunday, Aug. 4 — the first anniversary of the opening of the Onöhsagwende' Cultural Center, which houses both the Seneca-Iroquois National Museum and the Seneca Nation's Archives Department, through a special nation-to-nation repatriation of Cherokee Booger masks.

Seneca-Iroquois National Museum staff came across two ceremonial masks in their collection that were suspected to have come from the EBCI. They were determined to be Booger masks, as confirmed by Bo Taylor, former executive director of the Museum of the Cherokee Indian. These masks, which are only to be touched by men, are used during the Green Corn Ceremony that commonly takes place in mid-August. The Booger Dance is performed during this season of harvest to ward off bad spirits and to let go of any negative thoughts or feelings from the previous year ensuring a new year with a fresh start.

EBCI Tribal Elder Bernice Bottchenbaugh expressed her delight in the exchange relaying, "I am so pleased that the EBCI will be receiving these traditional masks. This ceremony is not just something our ancestors practiced, but a living tradition practiced by my family and others within the EBCI. This is a special occasion for our



Photo by Ashleigh Stephens/EBCI Public Relations

Leaders from the Seneca Nation of Indians repatriate two Cherokee Booger Masks to leaders from the Eastern Band of Cherokee Indians in a ceremony at the Seneca's Onöhsagwende' Cultural Center in Salamanca, N.Y. on Sunday, Aug. 4. Shown, left to right, are Big Cove Rep. Perry Shell, Tribal Council Chairman Adam Wachacha, Seneca Nation Museum Director Joe Stahlman, Principal Chief Richard G. Sneed, and Seneca Museum Board Member Rick Jemison.

tribe, and I am so humbled to be involved in this exchange."

Seneca-Iroquois National Museum Director Joe Stahlman, highlighting the significance of this moment, stated, "Repatriation from Native nation to Native nation is uncommon. It typically occurs between university, state, federal, or any institution receiving federal funds and the Native nation the cultural items originally came from. We are very pleased to be able to host a delegation from the EBCI and offer this as part of our cultural center's anniversary celebration."

Leadership of both nations were present at the event. "I appreciate the willingness of the Seneca Nation of Indians to return these masks to the EBCI," said Principal Chief Richard G. Sneed. "I am honored the Seneca Nation of Indians considered this exchange and I am delighted our two tribes were able to come together for this special event."

The Museum of the Cherokee Indians, the official repository of historical and cultural Cherokee artifacts, has agreed to house the masks in their archives. Plans

regarding long-term storage and display will be coordinated with Museum staff and Cherokee cultural leaders and elders.

"The Museum of the Cherokee Indians is honored to be able to house these important cultural artifacts on behalf of the Eastern Band of Cherokee Indians," said Dawn Arneach, Museum of the Cherokee Indian acting executive director. "Protecting and preserving relics such as this is the main mission of the Museum of the Cherokee Indians."

- EBCI Public Relations release

affect positive change
for the EBCI today

***MEETING TO DISCUSS THE
PROPOSED CONSTITUTION
TUESDAY, AUG. 27 AT 5 P.M.
CHIEF JOYCE DUGAN
CULTURAL ARTS CENTER***

Attend and ask questions of the Citizens for a Constitution on the proposed EBCI Constitution. If you have questions but cannot attend the meeting, send them to Scott at scotmckie@nc-chokeee.com or message them to the Cherokee One Feather Facebook page.

CCS Board meets final time before the school year begins

JONAH LOSSIAH
ONE FEATHER STAFF

The Monday, August 5 meeting of the Cherokee Central Schools (CCS) Board of Education was called to order at 4:45 p.m. with Chairperson Charlotte Saunooke; Vice Chairperson Gloria Griffin; Board members Isaac Long, Karen French-Browning, and John Crowe; Assistant Superintendent Dr. Beverly Payne; CCS Finance Director Howard Wahnetah; School Board Assistant Sunnie Clapsaddle; HR Director Heather Driver; and Tribal Council Representative David Wolfe present. Secretary Jennifer Thompson and Superintendent Michael Murray were absent from the meeting.

John Crowe led the opening prayer, and the minutes from the July 22 meeting were approved.

The meeting began with reports from three CCS summer trips.

They first called in Kelly Canady, Yona Wade, as well as one of the students that traveled to Louisiana for FACS. The trip was fully fundraised at no cost to CCS and allowed the kids to experience new cities and cuisine. The next guest was Spanish teacher Blanca Forester, who traveled with Wade and CCS kids to Costa Rica for a trip to study different cultures. There was nothing but positives to report.

The final trip report came from the HOSA trip, which brought in guests CCS Principal Dr. Debora Foerst and Craig Barker. It was


an “interesting trip” according to Barker, who began to speak about the other chaperones on the trip. Before he could get into any detail, the Board made a motion to bring meeting into a closed session to discuss the rest of the HOSA trip. The Board offered no report on the closed session or trip.

After opening the meeting, Athletic Director Sean Ross provided an athletic department update. The meeting lasted about 30 minutes and touched on preseason preparation and imminent plans for the department. A major topic of discussion was the upcoming Battle of the Nations game at Choctaw. The estimated budget is currently \$4,372 over the \$11,087 budget allotted for the trip.

“I have two major lines that’s creating that negative variance. One would be the food. It’s a big group. There’s a lot of people to feed, and we have to feed them multiple times. So, that’s one of the biggest pieces. And, the second piece, and this where I think we have the flexibility to adjust in some capacity is the transportation piece,” said Ross.

The mode of transportation became a debate around the table. Ross says they planned to take Cherokee Boys Club (CBC) buses to Mississippi, but the rate seemed a bit high at \$6,261 for two 55-seat charter buses. Ross attempted to get a smaller bus for the trip, but it didn’t change the price at all.

“Are we exclusive to them? Call



WHOLESOME FAMILY ENTERTAINMENT.
FEATURING BIKERS AND A WALL OF DEATH.
THE CHEROKEE BLUE RIDGE RUN, SEPTEMBER 6-8.

It's three days of everything on two wheels. Our rally offers a ride across the Great Smoky Mountains, along with music, bike builders, a bike show, vendors, and Wall of Death bike stunts. All bikes and ages are welcome at the Cherokee Indian Fair Grounds. For tickets and times: VisitCherokeeNC.com | 800.438.1601

CHEROKEE
north carolina

Young and see what they can give us,” said John Crowe.

“They’re substantially less than the Boys Club is, I didn’t want to bring that up in here,” said Ross.

“If we violate the contract, what does that do?” asked Crowe.

The topic of exclusivity continued, and the Board decided that they needed to look into the specifics of the contract later.

Ross said, “What I would request is at least some sort of consistency in what they charge us in terms of a rate sheet. I’ve asked on three separate occasions. I’m told we’re charged by mileage. So, I calculate mileage. The mileage doesn’t match what they’re charging us. Ok, so I go back. I say, ‘this isn’t checking out’... So, then I say, ‘well let’s look, it’s an hourly rate.’ Ok so let’s look at the trip distance and

length of time. The hourly rate does not check.”

He then recalled that it cost around \$450 dollars to take the football team to WCU and back.

“This number that I received for the two buses for Mississippi seemed like an arbitrary number,” continued Ross.

“I definitely don’t propose we get rid of them by any stretch, I just need to have some sort of reasoning. Because I have to do projections.”

Ross then spoke to the idea of renaming Ray Kinsland Stadium to Ray Kinsland Memorial Stadium. He would have the scoreboard redone at the cost of around \$1,700. This would include redoing the signage for the scoreboard as well. The athletic department also has plans of honoring Kinsland further

by adding an ‘RK’ patch on every CCS sports uniform for the upcoming season.

The Board then welcomed an unscheduled guest, Michael Yannette, CCS Director of choir and musical theater. Yannette brought forward plans to reduce the score for their work “Si Otsedoha (We’re Still Here).” The benefit of this, Yannette explained, is that it would allow for any quintet to perform the music. They would own that composition, and they could travel to do shows. They did this show with the North Carolina Symphony last year and have multiple shows lined up to perform it in the upcoming year. Included in these is a performance with the National Gallery of Art in Washington D.C., who are offering \$20,000 to host the show. The price tag for getting this composition done is about \$7,000, which Yannette is planning to fundraise at no cost to CCS.

The final guest to the meeting was Aaron Hogner, the varsity men’s basketball coach at Cherokee High School (CHS). He came to clarify multiple requests to use the high school gym on Sundays. He wishes to host multiple basketball programs at CCS: a skill development program led by himself and other area coaches, the Coast-2Coast skill development camp, and the WNC Phenom 150 basketball program. The Board approved each of these.

There were only six resolutions on the agenda, and the Board

pulled four of them for further discussion. There were issues with the number of positions being offered compared to availability. They passed the two remaining resolutions:

- Approving John Murphy as a Part-Time Security Guard.
- Approving Sebastien Brun as a CHS Varsity Boys Soccer Assistant Coach.

The Board also accepted and approved two ‘walk-in’ resolutions which filled positions of a High School English teacher and a permanent substitute teacher at the Elementary School.

The final topic discussed before breaking for a meal was an overview of the CCS Budget presentation that will be brought forth to Budget Council.

After breaking for food, the Board finished the meeting in a closed session to discuss the Booster Club report for the 2019 school year and any remaining topics of discussion. Again, they provided no report on the closed session.

The next meeting of the CCS Board of Education will occur Monday, August 19.

Editor’s Note: In a subsequent conversation with Sean Ross, Athletic Director for Cherokee High School, he reiterated that, during the School Board meeting, he was not in any way advocating for using another transportation provider and wishes to continue to use Cherokee Boys Club services.



ELECT
CHELSEA
SAUNOOKE
WOLFTOWN/BIG Y
TRIBAL COUNCIL

“A VOICE FOR WA-YO-HI”

It’s time for leadership who values every walk of life within our tribe! Please do not hesitate to reach out to me if you have any questions or concerns.

P: 828-507-7848 E: cjsaun14@gmail.com

Political ad paid for by candidate

EBCI General Election
Thursday, Sept. 5
Polls open from 6 a.m. to 6 p.m.

Blankenship named to Native American 40 under 40

SCOTT MCKIE B.P.
ONE FEATHER STAFF

Cory Blankenship, a member of the Eastern Band of Cherokee Indians, has been named to the 2019 Native American 40 under 40 list. The National Center for American Indian Enterprise Development (the National Center) announced its honorees for this year on Monday, Aug. 5.

“I am honored to even be considered for this award from NCAIED,” said Blankenship, who serves as the EBCI Treasury Secretary. “I have known from a very young age that I wanted to pursue a career of service to my Tribe and community, and in my current

capacity I have the opportunity to serve day in and day out. This recognition says more about the people who have supported me on this journey than it does about me personally. I hope receiving this honor is motivation to our next generation of leaders to continue their pursuit of higher education and professional careers, and that it demonstrates to our community that we have capable and competent young leaders. I would not be where I am today without the support of my family, this community, and our Tribe.”

Chris James, National Center president and chief executive officer, said in a statement, “The 2019 class of our Native Amer-

ican 40 under 40 winners is a truly impressive group of amazing young leaders. They join a growing community of past winners who are already making a difference in their communities and professions. I look forward to honoring their achievements and welcoming them into the 40 under 40 family.”

Blankenship will receive his honor at the awards ceremony set for Saturday, Aug. 24 at the Sheraton Grand at Wild Horse Pass in Phoenix, Ariz.

Blankenship joins several other EBCI tribal members who have received the honor since its inception including: Jason Lambert (2011), Paxton Myers (2012), Hope Huskey (2017), and Jacob Reed (2017).



Photo contributed

Cory Blankenship, a member of the Eastern Band of Cherokee Indians, has been named to the 2019 Native American 40 under 40 list.



2019 Cherokee Archaeological Symposium
September 26-27, 2019
Harrah's Cherokee Casino Resort
Council Fire Ballrooms
To register: <https://www.eventbrite.com/e/2019-cherokee-archaeological-symposium-tickets-65666621633> or contact
Brian Burgess at briaburg@nc-cherokee.com
Deadline to register is September 6th

Veteran dies by suicide at the Charles George VA Medical Center

ASHEVILLE — On Sunday, Aug. 4, at approximately 8:48 a.m., a veteran died by suicide in the visitor parking lot of Charles George VA Medical Center. The Asheville Police Department is investigating the incident.

“We are saddened by this loss and extend our deepest condolences to the Veteran’s family, friends and caregivers,” Charles George VA Medical Center officials said in a statement.

Suicide prevention is the VA’s number one clinical priority. Charles George VA Medical Center and its community outpatient clinics at Hickory, Rutherford County, and Franklin have many services for Veterans who are struggling with mental health concerns, such as depression, post-traumatic stress, anxiety, military sexual trauma, and substance use disorders.

Veterans, their family members, and their caregivers may contact Dr. Laura Tugman, Assistant Chief of Mental Health (828) 298-7911, extension 2009, for information on services and programs. Additionally, the Veteran Crisis Hotline is available 24 hours a day, 7 days a week by calling 1-800-273-8255. Users may also text the hotline at 838255 or go online at www.VeteransCrisisLine.net for a confidential chat with a caring, qualified responder.

- VA release

CIPD Arrest Report for July 29 – Aug. 5

The following people were arrested by the Cherokee Indian Police Department and booked into the Anthony Edward Lossiah Justice Center. It

should be noted that the following defendants have only been charged with the crimes listed and should be presumed innocent until proven guilty in a court of law. Addresses and those files with no charge data have been redacted. Mugshots can be viewed online at theonefeather.com.

French, Walter Samuel – age 38

Arrested: July 29

Released: July 31

Charges: Misdemeanor Larceny

Smith, Kathy Sussan – age 44

Arrested: July 29

Released: Not released as of report date

Charges: Probation Violation

Taylor, Carol Denise – age 48

Arrested: July 31

Released: July 31

Charges: Possession Drug Paraphernalia, Simple Possession Schedule II Controlled Substance

Taylor Sr., John Phillip – age 53

Arrested: July 31

Released: Not released as of report date

Charges: Speeding; Passing on a No Passing Zone; Exceeding a Safe Speed (two counts); Driving While License Revoked; Failure to Burn Headlight; Failure to Appear on Misdemeanor; Obstructing Justice; Reckless Driving; Failure to Obey a Lawful Order of the Court; Simple Possession Schedule II Controlled Substance (two counts); Possession with intent to manufacture, sell, deliver Heroin; Possession with intent to manufacture, sell, deliver Schedule II Controlled Substance

Long, Mackinnley Calahan Frye – age 19

Arrested: Aug. 1

Released: Not released as of report

date

Charges: Arson in the First Degree, Criminal Mischief to Property, Breaking and/or Entering

Mathis, Randy Dean – age 42

Arrested: Aug. 1

Released: Not released as of report date

Charges: Failure to Appear on Misdemeanor

Seay, Joseph Rick – age 36

Arrested: Aug. 1

Released: Aug. 1

Charges: Temporary Hold for Jackson County

Sherrill, Tameka – age 28

Arrested: Aug. 1

Released: Not released as of report date

Charges: Failure to Appear on Misdemeanor

Tomas, Kelby Weldon – age 18

Arrested: Aug. 1

Released: Not released as of report date

Charges: Criminal Mischief to Property (DV), Child Abuse in the Second Degree

Wilson, Summer Larrayn – age 19

Arrested: Aug. 1

Released: Aug. 2

Charges: Simple Assault

Reed, Ronda Dell – age 43

Arrested: Aug. 2

Released: Not released as of report date

Charges: Revoked License, Possession of Drug Paraphernalia

Squirrel, Joshua Brent – age 32

Arrested: Aug. 2

Released: Not released as of report date

Charges: Failure to Appear

White, Heather Michelle – age 24

Arrested: Aug. 2

Released: Aug. 2

Charges: Temporary Hold for Jackson County

Banks, Victor Deshawn – age 43

Arrested: Aug. 3

Released: Aug. 3

Charges: Holding for Jackson County

Reed, Seth Payton – age 27

Arrested: Aug. 3

Released: Not released as of report date

Charges: Domestic Violence

Morrow, Robby Dean – age 50

Arrested: Aug. 4

Released: Aug. 4

Charges: Temporary Hold for Swain County

Trottier, Matthew William – age 33

Arrested: Aug. 4

Released: Aug. 4

Charges: Temporary Hold for Swain County

Welch, Juliann Renea – age 20

Arrested: Aug. 4

Released: Not released as of report date

Charges: Probation Violation

Boucher, Matthew – age 32

Arrested: Aug. 5

Released: Aug. 5

Charges: Temporary Hold for Swain County

Decoteau, Cody John – age 27

Arrested: Aug. 5

Released: Not released as of report date

Charges: Intoxicated and Disruptive, Assault Government Official/Employee

Hiker fatality in Greenbrier Area in Park

Great Smoky Mountains National Park rangers responded to a report of man in cardiac distress near the Greenbrier Ranger Station at approximately 2 p.m. on Friday, Aug. 9. Harold Thompson, 58, from Knoxville, Tenn., was hiking along the Injun Creek manway leading to the Grapeyard Ridge Trail with his brother when he experienced cardiac distress about one and half miles from the Greenbrier Ranger Station.

Thompson's brother, an EMT, administered CPR along with park medics for about an hour. Emergency responders also used an automated external defibrillator (AED) on scene. Under consultation with the Park's medical adviser from the University of Tennessee Medical

Center, Thompson was pronounced dead at approximately 3 p.m.

Thompson was transported by the Gatlinburg Fire Department to LeConte Medical Center.

- National Park Service release

Tribal Court Report

Judgment Summary for Aug. 7

Lambert, Caitlin Juanita

14-70.14 Obstructing Governmental Functions – Guilty Plea, 60 days jail time, may be released if treatment is successful, if leaves before treatment ends will be returned to CIPD custody

14-70.14 Obstructing Governmental Functions – Guilty Plea, 60 days jail time, may be released if treatment is successful, if leaves before treatment ends will be returned to

CIPD custody

14-70.14 Obstructing Governmental Functions – Guilty Plea, 60 days jail time, may be released if treatment is successful, if leaves before treatment ends will be returned to CIPD custody

Price, Colby Taylor

14-10.60 Larceny – Guilty Plea, 60 days jail time suspended, 12 months probation, stay off property of store, restitution ordered: \$200

Price, Paul Adam

14-10.64 Unauthorized Use of a Motor Vehicle – Guilty Plea, 60 days jail time suspended, 12 months probation, stay away from victim, restitution ordered: \$595

Standingdeer, Virginia Sue

14-25.14 Public Nuisance – Guilty Plea, 30 days jail time suspended, 6 months probation, court costs: \$190

Judgment Summary for Aug. 8

Bryson, Sally Jo Abilene

14-95.6(b) Drugs: Manufacturing, Selling or Delivering, Possessing with intent to sell or deliver schedule I, II, III, IV, and V – Dismissed, No Labs

14-95.5(c) Drugs: Simple Possession of Marijuana – Dismissed, No Labs

14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V – Guilty Plea, Prayer for Judgment Continued

14-95.5(a) Drugs: Possessing a controlled substance classified in schedule I, II, III, IV, and V – Dismissed, No Labs

Locust, Ivy Kay

14-40.55 Assault with Deadly

Weapon – Dismissed, Failure of Prosecuting Witness to Appear and Testify

20-166(a) Hit and Run: Failed to Stop at Scene of Accident – Dismissed, Failure of Prosecuting Witness to Appear and Testify

Morgan, Frances

14-30.6 Child Abuse in the Second Degree – Guilty Plea, 90 days jail time suspended, 12 months probation, obtain Substance Abuse Assessment, court costs: \$190

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-70.22 Failure to Obey a Lawful Order of the Court – Dismissed on Plea

Morgan, Francis A.

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

14-30.6 Child Abuse in the Second Degree – Dismissed on Plea

Salazar, Berdina

20-28(a) Restricted License – Dismissed, Insufficient Evidence

20-138.1(a) Driving While Impaired – Dismissed, Insufficient Evidence

Taylor, Debbie Walker

20-138.1(a) Driving While Impaired – Guilty Plea, 60 days jail time suspended, 12 months probation, 48 hours community service, community service fee: \$200, fine: \$200, court costs: \$190

O-di-yo-tsa-dad-sgi-nv-hi Wa-yo-hi
"We Are Coming Together Wolftown!"

Food, Fellowship, Door Prizes, and Indian Ball!

Everyone is Invited!

When: Thursday, August 22, 2019

Time: 5:00pm-8:00pm

Where: Wolftown Soccer Field

Hosted By: Chelsea Taylor Saunooke

Political ad paid for by candidate

News from Indian Country Today

Rewriting the Indigenous stories for children

By Kolby KickingWoman

Debbie Reese, Nambé Pueblo, grew up not far from Santa Fe, New Mexico, on the Nambé Reservation participating in ceremonies and dance from a young age. Although, due to the history of exploitation of Native cultures, Reese was taught not to talk about ceremony with non-Nambé friends.

Although she admits it wasn't until she got older that she began to be bothered by the misrepresentation of Native peoples.

"I was firmly and lovingly grounded in who we are as Pueblo people, and I think that's why biased depictions of history and Native peoples didn't bother me until I was older and saw that most people in the U.S. don't know what is accurate and what is stereotypical, biased, or just plain wrong," Reese said.

This was made even more evident when she moved to the Midwest for graduate school at the University of Illinois. The school's mascot, now retired, Chief Illiniwek wore imitation Lakota clothing, a fake headdress of dyed turkey feathers and often performed during halftime of various sporting events.

To understand why students and faculty were fine with this stereotypical mascot, Reese began to research how Native people were depicted in children's and young adult books. This would ultimately become her dissertation and led her to being published through a variety of mediums, helping teachers and librarians learn how to analyze image and story.

In 2006 she founded, American Indians in Children's Literature, which "provides critical perspectives and analysis of indigenous peoples in children's and young adult books, the school curriculum, popular culture, and society." One of the reasons she started American Indians in Children's Literature was to make her research available to teachers who couldn't afford to join professional associations.

Since its founding, Reese says a lot more peo-

ple are aware of misrepresentations than they used to be but there is always room to improve.

"We need more people speaking up about misrepresentations," Reese said. "We're making gains, but the big ones can happen sooner, if more people speak up. We also need to see more people buying books by Native writers."

A few years ago, she was asked to adapt an academic book by Roxanne Dunbar-Ortiz, 'An Indigenous Peoples' History of the United States,' for middle-school and young adult readers. Reese said she would only take on the project if Jean Mendoza, a peer she had met in her PhD program at the University of Illinois, could do it with her.

"It was very hard, emotionally and intellectually, to do the adaptation. We spent three years reading and revising, doing additional research, trying our best to turn the facts of history in the original book, to words that would help teens read and grasp the enormity of violence, but also the power of Indigenous resistance," Reese said of the process. "At every turn we kept in mind that Native teens would be reading it, too. We didn't want our words to hurt them. We strove for honesty but were careful of avoiding anything that would be gratuitous in any way." Mendoza said because the original book is so packed with information, part of the process included deciding what should and should not be included in their adapted version.

"We would start with Roxanne's text, read through it individually, and then get together in designated Google docs to talk about what we read and what we felt needed to be left and what could be set aside," Mendoza said.

She continued to say Reese is great to work with and praised her abilities to catch subtleties she may have missed.

"Her ability to track down sources, and alternative sources, is phenomenal," Mendoza said of Reese, "as is her ability to think critically about the material and the events in history."

Although the book hasn't been out long, it was published July 23, it has received good reviews. Booklist, an American Library Association publication that critically reviews books said the following: "This adaptation of An Indigenous Peoples' History of the United States (2014) should be required reading for all middle and high schoolers—and their teachers. There is much to commend here: the lack of sugar-coating, the debunking of origin stories, the linking between ideology and actions, the well-placed connections between events past and present, the quotes from British colonizers and American presidents that leave no doubt as to their violent intentions. The resistance continues, and this book urges all readers to consider their own roles, whether as bystanders or upstanders."

In reading, 'An Indigenous Peoples' History of the United States for Young People,' as well as the original version, Mendoza hopes people will think more in line with the truth of the history of the United States.

"We (white people) need to understand that basically we are living well on stolen land. That is huge," Mendoza said. "You can say those words in a matter of seconds, but their implications go deep."

Reese says it's important for non-Natives students to realize much of what they were taught growing up isn't necessarily the true story of what happened when it comes to Indigenous peoples.

"No child should be given untruths, but that's what most get, in today's classrooms. That fact has turned the U.S. into what it is today: a nation that thinks it is exceptional, when it never was and certainly is not now," Reese said. "Knowing the truth can help students grow into people who can disrupt the status quo, by attending protests and by casting votes, or running for office. So that justice is closer to the ways that Indigenous peoples define it."

EBCI Board of Elections

359-6361



A true athlete

Miranda Stamper, a member of the Eastern Band of Cherokee Indians from the Painttown Community, is shown in these photos working out at the Cherokee Life Center on the morning of Wednesday, Aug. 7.

Miranda Stamper sets fitness example for everyone

TEXT and PHOTOS By SCOTT MCKIE B.P./ONE FEATHER STAFF

It's a cool late summer morning, and I caught up with Miranda Stamper working out at the Cherokee Life Center – a staple activity in her life. An athlete to the core, she is an example of fitness for everyone, young and old, in the Eastern Band of Cherokee Indians (EBCI).

“My personal goals are to stay fit and stay healthy for my family and my kids – not just for my born kids, but for my kids at the Cherokee Elementary School, Middle School, and High School,” said Stamper, an EBCI tribal member from the Painttown Community, who is now in her twelfth year as a physical education and health teacher at Cherokee Central Schools. “I just want to be a good example for them health-wise. I’ve got a full-time job and I’ve got two kids who are very active as well, but I still find time for myself; find time to run, to swim, to bike, to keep myself healthy so I can be there for them now and 10, 20, 30 years from now.”

Stamper is a very competitive person and uses that spirit to keep her driving forward in her fitness. A two-time NCHSAA discus throw state champion (2000, 2001), she recently won the Iron Warrior Contest - an obstacle-style race involving tire flips, a weighted yoke carry, a truck pull, and more – for the fifth consecutive time. The event is hosted by the Mississippi Band of Choctaw Indians and held during their annual Choctaw Fair.

“The competition is what drives me,” she said. “I really don’t have much self-motivation, but I know that if I sign up for something, that helps me to have an end-goal and to push for it and do what I need to do to get ready.”

She said her students keep up with her various contests. “If I’m doing an arm-wrestling competition, a weightlifting competition, a triathlon, or a 5K race, they know what I’m doing. So, when I come back they want to see the belt, the trophy, or the medals. And, I bring



them in and show them. For the local races, several of the students will come out and do it with us.”

Her athletic endeavors vary widely. “The things I do are very different so it’s specific training for each thing. My favorite would have to be the Iron Warrior training because it’s more weight lifting and short sprint cardio. But, I know that in order to be healthy I need the triathlon training – the swim, bike, and run. That keeps my

weight down. That keeps my heart healthy.”

There isn’t much that Stamper won’t try athletically. “Everybody’s telling me no, but I would love to box and do the Tough Woman competitions. That’s something I’ve wanted to do forever. That is something I’ve been talking about for a couple of years now that I would like to try.”

Stamper encourages everyone to start on their personal fitness

journey. “The hardest thing is starting, and that may be, for some people, just walking. For some people, that may be jogging. Some people might set a goal of a race and then you’re locked into something that you have a goal that you’re trying to get to.”

She said that people’s goals will vary and that any goal towards fitness is an awesome goal for that individual. “My advice would be just to start and stick with it every day. The days you don’t want to are the best days, and just find something to do every single day.”

So, I would encourage everyone to take Miranda’s lead and do something towards your fitness today. Start today, and you’ll feel better tomorrow – at least until you start tire flips.



Cherokee Central Schools 2019 Fall Sports Schedules

Cherokee High School and Middle School Cross Country

August

Wednesday, 21: Black Knight 5K Kickoff, Robbinsville High School, 4 p.m. (high school team)

Saturday, 24: WNC Cross Country Carnival, Jackson Park in Hendersonville (high school)

September

Wednesday, 4: Watermelon Run, Jackson County Rec. Park in Sylva, 4 p.m. (high school)

Saturday, 7: Murphy Invitational, Murphy, 9 a.m. (high school and middle school)

Saturday, 14: Cherokee Invitational, home, 10 a.m. (high school and middle school)

Wednesday, 18: Hiwassee Dam, 3:30 p.m. (high school and middle school)

Wednesday, 25: Carny Classic, Hayesville, 3:30 p.m. (high school and middle school)

Saturday, 28: High Country Classic, Boone (high school)

October

Wednesday, 2: Swain Middle School host, Tsali Rec. Park, 4 p.m. (middle school)

Wednesday, 9: Robbinsville High School, 3:30 p.m. (high school and middle school)

Wednesday, 23: Smoky Mountain Conference Championship Meet, Cherokee High School, 3:30 p.m. (high school and middle school)

November

Saturday, 2: 1A West Regional Championship Meet, tba (high school)

Saturday, 9: Cross Country 1A State Championship, Beeson Park in Kernersville (high school)

Braves Varsity Football

August

Saturday, 10: scrimmage vs Franklin, time tba

Saturday, 17: scrimmage with Robbinsville, Hayesville, Andrews at Robbinsville, time tba

Friday, 23: at Polk County, 7:30 p.m.

Friday, 30: at Choctaw Central (Miss.), 7:30 p.m.

September

Friday, 6: vs Smoky Mountain, 7:30 p.m.

Friday, 13: vs Asheville Gladiators, 7:30 p.m.

Friday, 20: vs Trinity Academy, 7:30 p.m.

Friday, 27: at Swain County, 7:30 p.m.

October

Friday, 4: vs Rosman, 7:30 p.m.

Friday, 11: at Andrews, 7:30 p.m.

Friday, 18: vs Robbinsville, 7:30 p.m.

Friday, 25: at Hayesville, 7:30 p.m.

November

Friday, 1: vs Murphy

Friday, 15: First Round of Playoffs

Braves JV Football

September

Thursday, 5: at Robbinsville, 6 p.m.

Thursday, 12: vs Swain County, 6 p.m.

Thursday, 19: at Murphy, 6 p.m.

Thursday, 26: at Rosman, 6 p.m.

October

Thursday, 3: vs Andrews, 6 p.m.

Thursday, 10: vs Hayesville, 6 p.m.

Braves Men's Soccer

September

Wednesday 25: vs Blue Ridge, 4 p.m.

Monday, 30: at Swain County, 4 p.m.

October

Wednesday, 2: at Hayesville, 4 p.m.

Monday, 7: vs Highlands, 4 p.m.

Wednesday, 9: vs Murphy, 4 p.m.

Wednesday, 16: at Blue Ridge, 4 p.m.

Monday, 21: vs Swain County, 4 p.m.

Wednesday, 23: vs Hayesville, 4 p.m.

Monday, 28: at Highlands, 4 p.m.

Wednesday, 30: at Murphy, 4 p.m.

CMS Braves Soccer

September

Tuesday, 17: vs Swain County, 4 p.m.

Monday, 30: vs Rabun Gap (Ga.), 4 p.m.

Tuesday, 1: vs Murphy, 4 p.m.

Monday, 7: at Murphy, 4 p.m.

Monday, 14: at Rabun Gap (Ga.), 4 p.m.

Lady Braves JV and Varsity Volleyball

August

Friday 16: Scrimmage vs Lincoln Charter

Monday, 19: at Nantahala (varsity only), 5 p.m.

Thursday, 22: vs Hiwassee Dam

Tuesday, 27: vs Murphy

Thursday, 29: at Robbinsville

September

Tuesday, 3: at Rosman

Thursday, 5: vs Swain County

Tuesday, 10: at Blue Ridge

Thursday, 12: at Andrews

Tuesday, 17: vs Highlands

Thursday, 19: vs Hayesville

Tuesday, 24: at Murphy

Wednesday, 25: vs Nantahala (varsity only), 5 p.m.

Thursday, 26: vs Robbinsville

Monday, 30: at Hiwassee Dam

October

Tuesday, 1: vs Rosman

Thursday, 3: at Swain County

Monday, 7: vs Blue Ridge (Senior Night)

Thursday, 10: vs Andrews (Pink Game)

Tuesday, 15: at Highlands

Thursday, 17: at Hayesville

Saturday, 19: JV Big Smoky Mountain Conference Tournament starts at Murphy

21-23: Varsity Big Smoky Mountain Conference Tournament at Murphy

Game times (unless otherwise noted above: JV at 5 p.m., Varsity at 6 p.m.)

Lady Braves Middle School Volleyball

August

Saturday, 18: All-day scrimmage at Swain County

Thursday, 22: vs HDR

Tuesday, 27: vs Murphy

Thursday, 29: at Robbinsville

September

Tuesday, 3: at Rosman

Thursday, 5: vs Swain County

Thursday, 12: at Andrews

Thursday, 19: vs Hayesville

Monday, 23: vs Martens Creek

Tuesday, 24: at Murphy

Thursday, 26: vs Robbinsville

Monday, 30: at HDR

October

Tuesday, 1: vs Rosman

Thursday, 3: at Swain County

Thursday, 10: vs Andrews

Tuesday, 15: at Martens Creek

Thursday, 17: at Hayesville

All games will start at 4 p.m.

**THE MORE YOU UNDERSTAND
HER WORLD, THE MORE POSSIBILITIES**

For Julia's family, early diagnosis of autism made a lifetime difference.
Find out more at [ScreeningSesame.org](#)

For Julia's family, early screening for autism made a lifetime of difference. Find out more at **ScreenForAutism.org**



EBCI youth place at State 4-H Presentation Competition

Two Eastern Band of Cherokee Indians (EBCI) 4-H members placed at the State 4-H Presentation Competition recently at N.C. State University in Raleigh. 80 counties from across the state were represented with over 365 presenters competing in 32 different categories. Youth must prepare a 5- to 12-minute demonstration or illustrated talk that is presented to three judges.

Ayosta Lossie, an EBCI tribal member from the Wofltown Community, won third place in the Dairy Foods category in the 11-13 age group. She did a presentation entitled "What's for Dinner? Dairy!" Her presentation involved making chicken alfredo and dis-



Ayosta Lossie

cussing the value of dairy in your diet.

Joanna Shipman, an EBCI tribal member from the Wofltown Community, won third place in the Foods and Nutrition category in the 8-10 age group. She did a presentation entitled "Jedi Pancakes". Her presentation involved making



Joanna Shipman

pancakes and discussing nutrition in your diet from her meal.

"This 4-H public speaking program allows our youth to speak in front of people they don't know, present on something they are passionate about, and it also has a significant cultural piece," said Sally Dixon, EBCI 4-H agent. "All of our

kids introduce themselves entirely in the Cherokee language at the beginning of their presentations... and many of them are choosing culturally focused presentation topics."

According to Psychology Today, 25 percent of people are scared of public speaking as adults. 4-H offers a robust public speaking program on the Qualla Boundary with a Cultural Presentation Team that meets throughout the year to learn about Cherokee history, language, and culture to develop workshops for youth and adult audiences. Youth also participate in the district and state presentation competitions each summer.

- EBCI 4-H Program release



WE'RE NOT JUST COSPLAYING AROUND.

JOIN US FOR CHEROKEE COMICON AND BIGFOOT UNIVERSITY AUGUST 23-25.

We've built a full weekend around all things Comicon and added a distinctive Cherokee twist. Participate in panels about comics and Cherokee legends. Compete in our cosplay contest. And you can even attend Bigfoot talks. It all happens at the Cherokee Indian Fair Grounds. For tickets, times, and more: VisitCherokeeNC.com | 800.438.1601

CHEROKEE
north carolina

Cherokee Indian Fair Parade set for Tuesday, Oct. 8

The Cherokee Indian Fair Parade will be held on Tuesday, Oct. 8. Lineup will be located on 441 Casino Trail and will be closed at 11 a.m. The parade will be lined up on three lanes and the fourth lane will be a buffer which is to let participants be dropped off. The fifth lane will be a one-way in from 441 N only. This is will be happening only on Parade Day.

The judging of the floats will be at 2:30 p.m. There are no exceptions. All floats will turn in at the McDonalds side onto Casino Trail Road. If your float is in the judging, please make arrangements to have your float brought in at these designated times. If you are late with your float, then you will be put in the back of the line and won't be part of the judging. Be sure to let whomever is participating on your float know to be on time and if there are children please be sure to have someone to watch over them. There won't be any parking at your float while you continue to work on it. There is parking at the Old Western Steer Parking Lot.

If your float needs more work to be done, please have all your items on the trailer/truck that will need to be added.

There are two drop offs - one will be to turn into the Tribal Pawn Shop, go to end of parking lot and have someone responsible to keep group together until parade time. The other is on Buffer 4 (fourth lane).

Children cannot be dropped off without being chaperoned.

There will be signs, port a johns, and water. There's no shade so please bring an umbrella. You may want to bring a lawn chair, water



SCOTT MCKIE B.P./One Feather photo

Micah Swimmer, a member of the Warriors of Anikituha, walks in the 2018 Cherokee Indian Fair Parade. This year's 2019 Parade will be held on the afternoon of Tuesday, Oct. 8.

just in case.

Listed Times for entries:

(No exceptions, judged floats)

(Trucks that are pulling the floats will not be able to dismount.)

Community – 11:30 a.m. – 12:30 p.m. (Lane 1), Miscellaneous – 2:30 p.m.

Childcare/Youth – 12:30 p.m. – 1:15 p.m. (Lane 2)

Business/Tribal Entities – 1:15 p.m. – 2 p.m. (Lane 3)

Pageant Contestant Vehicles:

Miss Cherokee – 11:30 a.m. – 12:30 p.m.

Teen Miss – 12:30 p.m. – 1:15 p.m.
Jr. Miss – 1:15 p.m. – 2 p.m.

Little Miss – 2 p.m. – 3 p.m.

When contestants arrive, they can be brought in on Lane 4 and

dropped off at the car they are riding on or turn in by the Pawn Shop to the end of the parking lot where they will walk to car.

If you have any questions, please contact the Cherokee Welcome Center 359-6490 or Josie Long 269-8221 or 359-6491.

- Cherokee Welcome Center release

4-H Youth teach Trail of Tears workshop in Raleigh

RALEIGH - "We're Still Here: The Trail of Tears and the Strength of the Cherokee People" was the title of a workshop created and presented by Eastern Band of Cherokee Indians (EBCI) 4-H youth and adult volunteers in Raleigh during North Carolina 4-H Congress last month. 4-H Congress is a statewide youth event with over 500 in attendance that culminate the year with competitions, workshops, fellowship, service projects, and a dance...or two.

Over 60 youth from across the state attended the workshop session. They went to four stations learning about the Cherokee Re-

moval on the Trail of Tears, drawing a map of the northern route on a huge piece of paper, discussing cultural stereotypes, and learning about the corn bead legend while making corn bead keychains.

EBCI 4-H members Lucian Davis, Kaelin Jones, Shelby Solis, Carys Holiday, Joanna Shipman, and Julian Lanning were in attendance to teach and facilitate the workshop with the assistance of Chi Shipman and Marvel Welch, 4-H volunteers.

"We had kids and adults coming up after the workshop saying they

see **4-H YOUTH** next page



Photo courtesy of N.C. Commission of Indian Affairs

EBCI 4-H youth visit the North Carolina Commission of Indian Affairs office in Raleigh during a recent trip for the North Carolina 4-H Congress. Shown, left to right, are N.C. Commission of Indian Affairs Executive Director Greg Richardson; Shelby Solis; Kaelin Jones; Lucian Davis; Carys Holiday; Sally Dixon, EBCI 4-H Agent; and Marvel Welch.

Eriquezzo wins Global Casino Championship at Harrah's Cherokee

For the second time, Ryan Eriquezzo has found himself at the top of the Global Casino Championship, taking home \$279,431 at Harrah's Cherokee Casino Resort.

Eriquezzo, a 34-year old professional poker player from Danbury, Conn., has a long history of success in Circuit events all over the United States. Eriquezzo has won four World Series of Poker Circuit gold rings and 1 WSOP Gold bracelet prior to this victory for a total of \$894,797 career earnings.

"It's pretty crazy," Eriquezzo said after the event. "It's similar [to his last Global Casino Championship win] but it's different. I had a much smaller rail then I did when I won in Vegas."

Eriquezzo came into the final event holding second place in chips but nearly lost his footing when his opponent, three-time World Series of Poker Circuit gold ring winner

and North Carolina resident Eric Salazar turned a set of queens. After some back and forth play, Eriquezzo ended up winning the battle against Salazar sealing his second WSOP gold bracelet.

Eriquezzo says he is unsure of his plans in the future for poker after playing the Main Event this week. "It would be nice to take a little break and do some traveling, but I've said that before. I'll take a look at the schedule and go from there."

The tournament started with 129 entries, and the top 20 making the money. Other players finishing in the money include Maurice Hawkins (3rd place), Joshua Reichard (9th), Stephen Song (10th), Paul Sokoloff (12th), Jake Bazeley (19th), and Will Berry (20th).

Tournament information courtesy of WSOP.com.

- Harrah's Cherokee release



Harrah's Cherokee photo

For the second time, Ryan Eriquezzo has found himself at the top of the Global Casino Championship, taking home \$279,431 at Harrah's Cherokee Casino Resort.



JONAH LOSSIAH/One Feather photo

Smokey Bear celebrated his 75th birthday by the BIA Cherokee Agency building on Friday, Aug. 9.

4-H YOUTH: N.C. 4-H Congress, from page 16

wanted to attend, but couldn't get tickets," said Sally Dixon, EBCI 4-H agent. "We had lots of people saying we needed to teach at every 4-H event. The interest in this workshop was overwhelming in the best way."

The older 4-H members were able to stay for the entire 4-H Congress event. They were able to participate in a one-hour workshop with Dr. Jackie Bruce, Assistant Professor at NC State University, about cultural stereotypes and communicating culture to others. They also visited the Museum of History and the Museum of Natural Science, and went on a tour of the North Carolina Commission of Indian Affairs with Executive Director Greg Richardson. They even participated in a three-hour service project packaging 80,000 macaroni and cheese meals to be distributed to food pantries in North Carolina. Youth were able to make friends from across the state while increasing their capacity to be better citizen leaders here in Cherokee and beyond.

- EBCI 4-H release




Classic Country
WBHN Radio
94.1 FM and
1590 AM

Now online at
941classiccountry
(QR code provided for convenience)



Ride The Famous Rudicoaster!

SANTA'S LAND
FUN PARK & ZOO

\$3 OFF
EACH TICKET
WITH THIS AD
Not Valid With any Other Offer

Cherokee, NC 828-497-9191 www.santaslandnc.com

EBCI Fishing Tournament schedule

Tournaments

- Qualla Country Tournament; Sept. 6-7; \$20,000 cash prizes
- Rumble in the Rhododendron; Nov. 2-3; \$10,000 cash prizes

Opening Day: Saturday, March 30 Tournament Permit Requirements:

Daily Tribal Fish Permit for each day fished and tournament registration \$11, covers both days of respective tournament

Fishing Hours: One hour prior to sunrise and one hour after sunset

Event Coordinator: Paula Price, EBCI Natural Resources Program/Fisheries & Wildlife Management 788-3013, paprice@nc-chokeee.com, or www.fishchokeee.com

- EBCI Natural Resources Program/
Fisheries & Wildlife Management

EBCI Board of Elections announcements:

- Voter Registration and Community/Township changes close Friday, Aug. 9 at 4 p.m. Anyone turning 18 before the date of the General Election may register to vote.
 - Early Voting is held Aug. 12-16, 19-24 from 9 a.m. to 4 p.m. and ends Aug. 26 at 4 p.m. in Ginger Lynn Welch Complex Suite 140
 - General Election is Thursday, Sept. 5; polls open 6 a.m. to 6 p.m.
- Info: 359-6361

- EBCI Board of Elections

Head Start recruitment

Qualla Boundary Head Start and Early Head Start is recruiting 4-year-olds. Stop by the Center for an application or call Helen Martin 359-3008 or helemart@nc-chokeee.com.

- Qualla Boundary Head Start
and Early Head Start

Wild Turkey summer brood survey

The Cherokee Fisheries and Wildlife Management Office is asking for cooperation in recording observation to gain insight into wild turkey populations, and breeding, on tribal lands. They are asking citizen scientists to send them any records of hens, poults, gobblers, or even unknown classes until Saturday, Aug. 31. They need a location, date, and time. Return this information via email to ebcifw@gmail.com or deliver it to their office in the Painttown Community. Info: 359-6110

- Cherokee Fisheries and Wildlife
Management Office

Grassroots Arts Program sub-grants available

Jackson County Arts Council is now accepting applications for Grassroots subgrants. Jackson County Arts Council administers the Grassroots Arts Program Grant in accordance with current guidelines, policies, and requirements outlined by the North Carolina Arts Council. The Grassroots Arts Program Sub-grant provides financial support for Jackson County community groups and nonprofit organizations that offer programs and projects that enhance the arts for county residents. Grassroots Sub-grants are awarded to organizations in all cultural disciplines through a competitive application and review process. The applicant organization must be based in Jack-



JOJO

**Adopt a Dog
SAVE A
LIFE!
359-2380**



TOAD

Cherokee Animal Control

son County and produce its programming in Jackson County. Sub-grants are not awarded to support fund-raising activities. Grassroots grants are matching grants that must be matched dollar-for-dollar by the receiving organization.

The program is required to spend a set percentage of Grassroots funding on Multicultural programming that reflects African-American, Asian-American, Latino, and Native American cultures. To qualify for a Grassroots Multicultural Sub-grant, the artist or presenter and the content of the art material should both belong to one of the groups listed above. Any organization can apply for multicultural funds to conduct art programs / events that meet these standards. Please fill out the regular application for multicultural funding.

Grassroots sub-grants are intended to:

- Provide modest funding for events/projects and publicity/advertising for Artist Groups/ Artist organizations that will enhance the presence of art events in Jackson County
- Support opportunities for Jackson County residents to participate in new and thought-provoking art events in music, visual art, theater, dance, and literature.
- Celebrate the traditional arts and cultures of Jackson County as well as the multicultural aspect of arts in general.

Examples of typical programs funded include: performances, art exhibitions, artist residencies in schools, classes and workshops, art walks and studio tours, festivals, after-school arts programs and art camps, and arts marketing including website development and

research.

Interested organizations can obtain application information at www.jacksoncountyarts.org or by email at info@jacksoncountyarts.org. The deadline for acceptance of applications is Friday, Aug. 30.

Info: Jackson County Arts Council
507-9820 or email info@jacksoncountyarts.org

- Jackson County Arts Council

Senior Citizens Heating Assistance applications

The EBCI Senior Citizens Program will begin accepting Heating Assistance applications on Monday, Sept. 9. Applications will be available at Tsali Manor. If you are applying, bring a current bill and the last four digits of the Social Security number of the individual whose name the bill is in as well as your EBCI enrollment card. If you do not use the contract companies, it is yours and your company's responsibility to get your delivery invoices turned in.

Info: Krisna Ashe, Tsali Manor Social Services supervisor, 359-6294

- EBCI Senior Citizens Program

THANK YOU LETTERS

Thank you for support for daughter's trip

My daughter, Shelby Solis, attended the Junior National Young Leaders Conference in Washington, DC on June 22-27. This was a wonderful experience and she learned so much. She was able to visit the Floor of the U.S House of Representatives, several of the Historic Memorials, National Museum of American History and the Newseum. She also took part in numerous leadership activities that helped

her improve her leadership skills. First, I would like to thank God for allowing us the opportunity to have a safe trip to and from the Junior National Young Leaders Conference. I would also like to thank Grandma Vik for always being there for us and helping with everything. Glo for always going above and beyond to organize and help with whatever our family needs, BigAl, Jabby, Perry Shell, TOP - Kelly Sampson and Michelle Thompson, Tribal Council, Chief Sneed's Office, Vice Chief Ensley's Office, Tribal Gaming Commission and Big Cove Grocery as well as those who attended the turkey shoot, made donations or purchased food from our fundraisers. This trip would have not been possible without all your support.

Thank you,
Reyna Solis

Thank you Yogi Crowe Scholarship

My name is Kendall Toineeta, daughter of Bruce and Sunshine Toineeta and I am from the Wolfstown Community. I recently graduated from Lenoir-Rhyne University with a Bachelor's Degree in accounting and finance. I am currently pursuing a Master's Degree in business administration at the University of Tampa. I want to express my appreciation to the Richard (Yogi) Crowe Memorial Scholarship Fund for the generous contribution while allowing me to continue my education.

The monies allocated to me will go toward my rent and miscellaneous expenses incurred during my time in Tampa. The scholarship will alleviate some of the financial burden of graduate school and will allow me to focus on my studies.

I am very thankful for Mr.

Crowe and the legacy that he left behind that allows and inspires future generations to pursue advanced degrees. Also, a big thank you to the donors, past recipients, and the scholarship committee for your commitment to the betterment of our tribe and all of your hard work that goes into making the pursuit of higher education easier. Again, I want to extend my appreciation to all that are involved with the Richard (Yogi) Crowe Memorial Scholarship Fund.

Sincerely,
Kendall Toineeta

Thank you Yogi Crowe Scholarship

Dear Yogi Crowe Memorial Scholarship Fund,

Thank you for the continued support going into the fall 2019 term of my podiatric medical school education. I really appreciate help paying my electric, gas, water, Comcast, cell phone, and auto insurance bills. Additionally, traveling all over the Bay Area for clinical rotational is expensive and Yogi Crowe funding covers my gas, oil changes, hospital parking garage fees, toll bridge fees, and overall upkeep on my car. Yogi Crowe has been very gracious to continuously support my medical school endeavors.

As many of you may know, I recently got married to one of my classmates. We are now living together in a house with other podiatric medical students from our school. It is great to live with other podiatry students, but we are all struggling to afford the expense of living in the Bay Area. Most of my classmates have to take out massive student loans. Our clinical

see **THANK YOU** next page

OBITUARIES

Josephine K. Calhoun

Josephine K. Calhoun, 68, passed away unexpectedly in her home on Wednesday, Aug. 7 and was a life-long resident of Cherokee.

Josephine was a basket maker and a member of the Qualla Arts and Crafts Co-op of Cherokee. She was a fluent speaker of the Cherokee language. She had been a housekeeper for many years and made numerous friends in the process. She had a love of fishing, gardening and spending time with family and friends.

Josephine is survived by her daughters, Ronda Ledford, Myra Calhoun (Stanley), and Jessica Calhoun all of Cherokee; sisters, Nannie Calhoun and Geneva Watty of Cherokee; brother, Charlie Kalonaheskie of Cherokee; aunt, Nellie Taylor of Cherokee; several nieces and nephews; nine grandchildren; and 10 great grandchildren. Josephine also had two special friends, Miss Mary Glean Littledave and Jimmy Cavinias.

Josephine is preceded in death by her parents, Styles Kalonaheskie Sr. and Susie Armachain Kalonaheskie; and four brothers, James Kalonaheskie, Styles Kalonaheskie Jr., Jonah Kalonahes-

kie, and Thomas Driver.

Funeral services were held on Sunday, Aug. 11 at Macedonia Church with Pastor Dan Conseen officiating. A burial followed the funeral in the Wolfe Cemetery in the Big Cove Community. Pall Bearers were Josephine's grandsons, Noah Ledford III, Tarette Calhoun; nephews, Derk Watty, Jayce Watty, Kevin Swimmer, Damion Kalonaheskie, Jarette Calhoun; and family friends, Stanley Mahan and Cory Hill.

Long House Funeral Home assisted the family in the arrangements of services.

THANK YOU: From page 19

rotations and academic course schedules do not leave room for a job on the side to make extra money. I am very fortunate to have the financial support from my tribe and the Yogi Crowe scholarship which allows me to live without taking out loans. I cannot thank you enough for the support!

Sincerely,
Carmen Johnson

Wolftown would like to say, thank you!

On Saturday, July 27, we the held the annual Wolftown Day.

We would like to thank the following for helping make this a successful event!
Chief Sneed, Vice Chief Ensley, Councilmen Bo

Crowe and Albert Rose, Councilwomen Tommye Saunooke. Tribal Council Candidates Chelsea Taylor Saunooke, Bunsey Crowe and Bill Taylor. Wolftown Community Club, Big Y Community Club, Crowes Snow To Go, Old Time Photos, Crowes Quality Products, Medicine Man Craft Shop, Talking Leaves Native American Book Store, Newfound Restaurant, Harley Davidson Shop of Cherokee, Pizza Hut, Qualla Java, Hair Clan Salon, Karina Bottchenbaugh, Granny's Kitchen and Cherokee Fairgrounds. Also, a special thank you to all the volunteers, parents and Stickball players!

Thank you community


Thank you to everybody that made my turkey shoot a success!

Eddie Hill

Thank you for your support

We would like to give a heartfelt thank you to those who tried to help our daughter, Kelcy Crowe. Special thank you to Jason Taylor, Anthony Sequoyah, the First Responders and Tribal EMS. Thank you to Lambert Wilson for providing rooms for us. Thank you to Rock Springs Gospel singers, Alfred and Maybell Welch, Lane Smoker, Arthur and Vikki Sluder, Zena & Melvin Wolfe. Thank you to B & Libby Ensley for providing food. Thank you Troy Crow for all your support. Thank you to Appalachian Funeral Home for assisting the family during this tough time. Thank you to all who brought food offered words of support and prayers. Thank you to our families and friends who we love so much.

The Crowe Family



**LETTER TO THE
EDITOR**

The *Cherokee One Feather* is your community newspaper. We want you to feel like you are a part of the *Cherokee One Feather* family because you are. From pictures to writing, the newspaper was created to inform you and to share your thoughts. We invite you to share your thoughts on community issues, send appreciation, let people know about your concerns and celebrate your victories. Someone in our community may need the information you have. Share it. Someone may be thinking they are alone in their thoughts. Let them know that they are not alone. Make your voice louder by writing to the *Cherokee One Feather*.

Write to The Editor, *Cherokee One Feather*, P.O. Box 501, Cherokee, 28719 or email at robejump@nc-cherokee.com

Arch named to Malcolm Baldrige National Quality Award Board of Examiners for 2019

The Commerce Department's National Institute of Standards and Technology (NIST) has named Chrissy Arch, chief operating officer (COO) at Cherokee Indian Hospital Authority, to the Board of Examiners for the 2019 Malcolm Baldrige National Quality Award. The Baldrige Award is the nation's highest honor for organizational innovation and performance excellence.

Appointed by the NIST Director, examiners are responsible for reviewing and evaluating applications submitted for the Baldrige Award, as well as other assessment-related tasks. The examiner board is composed of more than 325 leading experts competitively selected from industry, professional, trade, education, health care, and nonprofit (including government) organizations from across the United States.

Those selected meet the high-



Photo courtesy of Cherokee Indian Hospital

Chrissy Arch

est standards of qualification and peer recognition, demonstrating competencies related to customer focus, communication, ethics, action orientation, team building, and analytical skills. All members of the board must take part in a nationally ranked leadership development course based on the Baldrige

Excellence Framework and the scoring/evaluation processes for the Baldrige Award. They must also complete an independent review of a Baldrige Award application or other comparable examiner task.

Arch, a member of the Eastern Band of Cherokee Indians, has served as the COO for the Cherokee Indian Hospital Authority since April 2012. Prior to this position, she served as the chief financial officer from 2005-12. Arch holds a Bachelor of Science degree in business administration from Western Carolina University and currently serves on the Kituwah Economic Development Board.

Named after Malcolm Baldrige, the 26th Secretary of Commerce, the Baldrige Award was established by Congress in 1987. Awards may be given annually to organizations in each of six categories: manufacturing, service, small business, education, health care, and non-

profit. The Award promotes innovation and excellence in organizational performance, recognizes the achievements and results of U.S. organizations, and publicizes successful performance strategies. Since the first group was recognized in 1988, 124 awards have been presented to 115 organizations (including eight repeat recipients). The 2018 winners are Integrated Project Management Company, Inc., Burr Ridge, IL (small business); Donor Alliance, Denver, CO (nonprofit); Alamo Colleges District, San Antonio, TX (education); Tri County Tech, Bartlesville, OK (education); and Memorial Hospital and Health Care Center, Jasper, IN (health care).

NIST manages the Baldrige Award in close conjunction with the private sector.

- National Institute of Standards and Technology release



CHANNEL 28 Council Replays



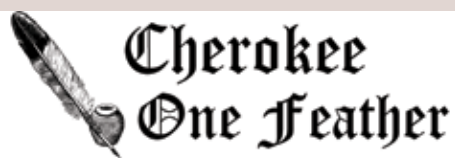
Tuesdays & Saturdays:

**Tribal Council: 8:00 am
Budget Council: 4:00 pm**

Thursdays & Sundays:

**Budget Council: 8:00 am
Tribal Council: 4:00 pm**

***Other televised sessions will be played as time allows**



P.O. Box 501, Cherokee, N.C. 28719
Located in Ginger Lynn Welch Complex
theonefeather.com, (828) 359-6261

The Editorial Board of the Cherokee One Feather consists of: Robert Jumper, chairman;

Scott M. Brings Plenty, vice chairman; Sally Davis; Philenia Walkingstick, secretary; Ashleigh Stephens; and Angela Lewis.

Editor - Robert Jumper,
robejump@nc-chokeee.com

Reporter - Scott M. Brings Plenty,
scotmckie@nc-chokeee.com

Reporter - Jonah Lossiah
jonaloss@nc-chokeee.com

Ad Sales Coord. - Philenia Walkingstick,
philwalk@nc-chokeee.com

Subscription Clerk - Sally Davis,
salldavi@nc-chokeee.com

Letters Policy

The Cherokee One Feather is available as a forum for any opinion or point of view concerning issues of general interest. Letters should be typed, exclusive to the One Feather. Letters must be signed and should include a name, address and phone number. Letters may not exceed 250 words. Letters exceeding the word limit will not be accepted for publication. The name and town or community of the writer will be printed. Letters critical of specifically-named minor children will not be published.

Disclaimer: The views and opinions expressed by the editor and commentators are those of the authors and do not necessarily reflect the official policy or position of the Cherokee One Feather and Eastern Band of Cherokee Indians.

The Cherokee One Feather is published weekly. It is owned by the Eastern Band of Cherokee Indians. Second Class Postage Paid Cherokee, N.C. 28719, USPS 715-640. The deadline is Friday at 12noon unless otherwise advertised. Please email or call for advertising and subscription rates.

CONTENTS © 2019 CHEROKEE ONE FEATHER



**Winner of 14 NCPA Awards
in 2018**

*1st Place - General Excellence for Websites
Cherokee's Award Winning Newspaper since 1965*

Sgadugi dot org

ROBERT JUMPER
ONE FEATHER EDITOR

Have you read the draft constitution? You know, the latest version that has had the eye of government for the past couple of years? The one that, when it was presented to Tribal Council this year, was deemed incomplete and potentially hazardous by some?

Several of the candidates, incumbents included, said they had read all to some to none of the constitution. You all will have the same range of responses when I ask you, I bet. For those of you who have read none or some of the constitution, my question is, why are you waiting? You don't have a copy? You will find it at www.sgadugi.org. Have you read the current governing document, the "Charter"? It is at www.municode.com. When you get there, click on "Code Library"; next "Tribes and Tribal Nations"; next "Eastern Band of Cherokee Indians"; then "Part I-Charter and Governing Document of the Eastern Band of Cherokee Indians". On the other hand, you could simply go to www.sgadugi.org where the committee has kindly provided a copy of the document.

We go through life, looking for better deals. If you are in a lease or making payments for the place you live, you are always looking for a better deal, whether it is a better rate of a loan or more amenities for your comfort. You will review that lease or loan document carefully before you sign and even after you endorse, you make sure you know what your rights are. You educate yourself. And, if someone offers you an opportunity to get a better deal, even if you are in a pretty good lease, you will find out the detail before you dismiss the possibility. You don't let other people talk you out of it; you check it out for yourself. If someone tries to talk you out of it, you are even more likely to read, because the one trying to talk you out of it might have his interests in mind and not yours.

Because we did not get behind the effort to draft and put a constitution before the people for a referendum vote in 2019, it is likely it will be another two years at a minimum before a constitution is considered again. Why? Because current leader-

ship's assessment (and probably an accurate one) is that there would not be enough voter turn-out in an off-election year to get the majority needed to get a community decision on a constitution referendum.

I am not saying that the current draft of the proposed constitution is the way to go, although an impressive amount of research has gone into it. Many educated and experienced tribal members worked diligently on it. I am not saying that we should adopt it without changes, although the committee has asked month after month for input from the community. They wanted to include any voice that would like to be heard. In fact, at www.sgadugi.org, the draft was made available for any tribal member to propose edits so that the committee could immediately consider it for inclusion.

Much has been made of the idea that the current draft was coming from members of one community on the Qualla Boundary. The committee has tried and is trying to engage other communities to serve on the committee. Some progress is being made, but getting community members to help looks like the adage about pulling teeth - it hurts and nobody wants to have it done. If you had an opportunity to have input on a document that could potentially make life better for you, and also your children, wouldn't you jump over hurdles to have your say? Well, a constitution has the potential to make life better; not just for you and your children, but for the entire community. Why do we not make time for something that important? Or, are we complacent because we are not hurting now? If we wait for pain to motivate us to do something to improve ourselves, we may act too late. At least, that is what my doctor tells me at my biannual physicals.

I wonder where all those special interest groups are within the Tribe who railed at the government for poorly-crafted laws that did not address things like Grand Council? They would spend hours at the podium during Tribal Council sessions demanding changes and wanting better-governing laws. But, they have been as silent as the rest of the community during the months that the latest draft of the constitution hit the streets. No rallies, no petitions, no anything. Silence.

Lloyd Arneach Jr. tried to explain to us that the

constitution draft is a framework for government, not a code of laws. Similarly, to the Charter, a constitution would not replace the Cherokee Code, but the Cherokee Code would conform to a new governing document, the constitution. The proposed draft constitution would solidify the people's position as the head of government, with specific inalienable rights, something that the current Charter does not do. The majority, if not all, of the Charter, talks about the rights of elected officials. Read it for yourself, but that is my takeaway from reading it.

The constitution draft talks about citizenship in our nation, the nation of the Eastern Band of Cherokee Indians. The constitution draft talks about a list of civil rights for tribal members. Go to the site and read pages 21 and 22. Then go back to the Charter and try to find your rights there.

You might say that those are covered in the Cherokee Code of Ordinances and, for some

things, you would be right. But most, if not all, of the people's protections in the Code are at the discretion of the Tribal Council. They do not have to have your "okay" if they want to change one or all your rights in the Code (except for referendum items). They simply vote among themselves. The Executive Office would have some say with the use of veto power, but even that may be overridden by a super-majority vote of the Council. Even the quasi-third branch of government, the Judiciary, is only established in Code and by a contractual agreement that Tribal Council has the power to dissolve with its voting power. And the only say you have in it currently is your vote at the polls to decide to elect a representative. Again, this is something that the draft constitution addresses.

I don't know what you want as a tribal member. For me to understand, we must share and discuss. It has been suggested to me that the reason folks have been so quiet is that they are

content and are afraid of rocking the boat. Rocking the boat might cost them something. Let me suggest to you that doing nothing is a potentially harmful option too.

When it comes to driving, I am a bit of a control freak. It makes me uncomfortable to let someone else drive because I know that I am putting my life in their hands, and if they mess up, there is little that I can do about it. I release that control only when I must and only with the understanding that the one I am trusting has the education and experience to get me to my destination.

Let's at least get motivated to check out the option of a constitution. Once we are informed, we may decide that we want things to stay the way they are. Or, we may determine that there is a better way. But, at least we will be in the driver's seat.

**RAYMOND JACKSON, FURMAN WILSON
& EMMA GARRETT MEMORIAL**

BRUSH ARBOR GOSPEL SINGING

ROBBINSVILLE, NC

**BRUSH ARBOR
SINGING GROUNDS**


**PAST JACOB CORNSILK
COMMUNITY CENTER
IN SNOWBIRD**

**AUGUST
23 & 24, 2019**

FEATURED SINGERS:

| FRIDAY 7:00 p.m. | SATURDAY 7:00 p.m. |
|---|--|
| WALKING BY FAITH, NC JOINT HEIRS, TENN FORGIVEN QUARTET, NC SIMPLE FAITH, NC SMOKER-WELCH FAMILY, NC ISAAC'S WELL, NC LONE OAK SINGERS, NC | JOURNEY HOME, TENN FORGIVEN QUARTET, NC COGDILL FAMILY, NC SMOKER-WELCH FAMILY, NC JOINT HEIRS, TENN LONE OAK SINGERS, NC |

SOUND PROVIDED BY: JOSH TURNER



**Lucille
Washington
celebrated
her 100th
birthday on
July 16.**

**She was
married to
George
Washington
for 50 years
prior to his
death.**

COMMENTARY

Choosing Senior Wellness Complex over Adventure Park is wise

SCOTT MCKIE B.P.
ONE FEATHER STAFF

My daughter, who is now a sophomore at the University of Iowa, was merely 9-months-old when the Tribal Planning Board brought in the first legislation dealing with building a water park (referred to as an Adventure Park later) in Cherokee. I'm glad that tribal leaders seem to have finally nixed the idea of an Adventure Park entirely and are going to focus on building a Senior Wellness Complex, under the purview of the Cherokee Indian Hospital, to include a new Tsali Care Center, a new Dialysis Center, a site for an assisted living center, as well as service areas for memory care and adult day services.

Tribal Council passed legislation during its recent Budget Council session on Tuesday, Aug. 6 to construct the Complex. The legislation was submitted by Birdtown Rep. Albert Rose, Wolfstown Rep. Bo Crowe, and Dr. Blythe Winchester. All three should be commended for finally helping to put a dying project out of its misery and moving forward with much-needed services for the treasured elders of the Eastern Band of Cherokee Indians.

After some discussion on the legislation, Principal Chief Richard G. Sneed said his office was looking

at the Long Blanket Tract for the new Complex and was currently garnering renderings for the project. Now, just to remind everyone, that is the tract that was set aside awhile ago for the Adventure Park. "We would like Council to approve using the Long Blanket Tract where we had originally planned to put the Adventure Park which really seems to have lost momentum because of the high development cost of the site for putting that particular project there," he said.

He told Council that the site prep for the Adventure Park project alone was \$20 million.

Council decided on the Long Blanket Tract for the new Complex – a much better use of the area in my opinion. Tribal leaders agree that the spot, which is around 20 acres, is ideally suited for the new Complex.

"Having it in close proximity to the hospital makes the most sense," said Chief Sneed.

Vice Chief Alan B. Ensley commented, "I think this is a project that we all know our communities want and need. I think a close proximity to the hospital would be a great location."

Tribal Council Chairman Adam Wachacha said, "I don't think the adventure park is going anywhere. We've got some other opportunity across the mountain that they

might want to look at for commercial property. I think that the communities have spoken and said they'd like to see the health care campus up here."

I was never sold on the idea of an Adventure Park in Cherokee. There are several like this just over the mountain in Tennessee, and the competition would be fierce. The project came into Council in September 2002 as a resolution (Res. No. 502 – 2002) from the Tribal Planning Board and stated, "...requests have been made by the community to develop a skate park, theater, bowling alley, and a water park."

Well, three of those have been built. The water park has just never gotten off the ground.

In 2010, Council approved \$225,000 (Res. No. 333 – 2010) to be paid to Iconica Inc. "to begin the developmental process started with a detailed Feasibility Phase". Two years later, Council passed legislation (Res. No. 252 – 2012) which authorized the Office of the Treasurer and the EBCI Division of Commerce "to explore and secure financing options for the Cherokee Adventure Park project for an amount up to \$95,000,000". In 2017, Council passed another piece of legislation (Res. No. 485 – 2016) dealing with the Adventure Park – this one instructed the Division of

Commerce and the TCGE to bring forth a plan for the project "not to exceed \$180 million dollars".

Well, it was never built – but, we all know that. It wasn't anyone's fault per se. It just wasn't a project that could ever gain any momentum. It was year after year of start and stop. And, now it seems to have finally stopped.

With the Kituwah LLC on board now, I hope the days of projects hanging around for years and years is over. I doubt they will quibble over a project for too long – time wasted is money wasted, and I don't get the impression from anyone involved with that organization that they like to waste either.

To all of those people who worked on the Adventure Park project over the years, many of whom are my friends, I want to say good job! You ladies and gentlemen did what you were asked to do time and time again, and it became tiresome watching you have to make the same style pitch over and over and over and over again...I cannot imagine your thoughts on the subject.

But, I digress.

The new Senior Wellness Complex sounds like an amazing idea, and I feel it will serve the elder population of the Tribe for years to come. Now, we are all eager to see the renderings.

September 13-15 Maggie Valley, NC

SmokyMtnElkFest.com

SPEAKING OF FAITH

Out of darkness... into the light

MYRA D. COLGATE

CHEROKEE PENTECOSTAL HOLINESS
CHURCH

*"This is the message we heard from Jesus and
now declare to you. God is light, and there is no
darkness in him at all.*

*"So we are lying if we say we have fellowship
with God but go on living in spiritual darkness;
we are not practicing the truth.*

*"But if we are living in the light, as God is in the
light, then we have fellowship with each other,
and the blood of Jesus, his Son, cleanses us from
all sin."*

1 John 1:5-7 (NLT)

*"This, in essence, is the message we heard from
Christ and are passing on to you: God is light,
pure light; there's not a trace of darkness in
him.*

*"If we claim that we experience a shared life
with him and continue to stumble around in the
dark,*

*we're obviously lying through our teeth—we
are not living what we claim.*

*"But if we walk in the light, we also experience
a shared life with one another, as the sacrificial
blood of Jesus, God's Son, purges all our sin."*

1 John 1:5-7 (MSG)

In Scripture, 'light' represents for us our personal education in all that is true, good, pure and holy and is trustworthy. 'Darkness' is understood to mean anything which is sinful and evil. In the sentence 'God is light' means to us that He is perfectly holy and true and so, it stands to reason, only He can lead us out of the darkness of sin. Light can also be said to reveal truth in that it exposes whatever exists and also shows us whether it is good or bad. In the dark, good and evil can look the same, in the light they can be clearly seen for what they really are. As darkness cannot remain in the presence of light, sin cannot remain in the Presence of a Holy God. If

there is a desire to have a relationship with God, a person must put away sin and any of their ways of sinful living, as all would be subject to exposure. It would be the height of hypocrisy to claim that we belong to Him if we are still living anyway we choose, especially if our way could be considered as sinful. It would automatically be exposed in the 'light' for what it is—sinful.

How is it that the blood of Jesus can cleanse us from all sin? In the Old Testament, the believers would symbolically enact the transferring of their sins to an animal which they would have brought to be sacrificed. (See Leviticus 4.) Note: The priest would examine the animal to make sure it had no spot or blemish—but did not examine the person bringing the animal, because it was only the 'sacrifice' that had to be perfect. The animal died in their place to pay for their sinning and to allow them to continue to live in God's favor. God graciously forgave them because of their faith in Him and because they honored Him by obeying His commandments concerning the sacrifice.

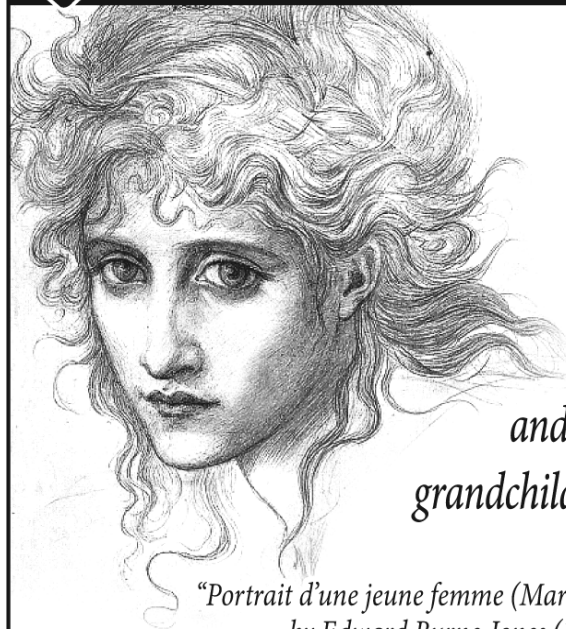
Those sacrifices were a foreshadowing of the day when the Messiah would completely pay for and remove all sin. Only the Perfect Son of God,

Jesus Christ could bring the real cleansing of sin, as Jesus was the "Lamb of God who takes away the sin of the world." (John 1: 29). Sin brings only death. Jesus did not die for His own sins, He had none. He died for the sins of the whole world—past, present and future. "When we commit our life to Christ and identify ourselves with Him, His death becomes ours. He has paid the penalty for our sins, and His Blood has purified us. Just as Christ rose from the grave, we rise to a new life of fellowship with Him. (Romans 6:4).

"God wants to forgive us. He allowed His beloved Son to die just so He could offer us pardon. When we come to Christ, He forgives all the sins we have committed or will ever commit. We don't need to confess the sins of the past all over again, and we don't need to fear that God will reject us if we don't keep our slate perfectly clean. Of course we should continue to confess our sins, but not because failure to do so will make us lose our salvation. Our relationship with Christ is secure. Instead, we should confess so that we can enjoy maximum fellowship and joy with Him." (NLT Life Application Study Bible).



THE ILLUSTRATED BIBLE



*"Portrait d'une jeune femme (Maria Zambaco)"
by Edward Burne-Jones (1870)*

*In all the land were found no women
so beautiful as the daughters of Job;
and their father gave them an
inheritance among their brothers.
After this Job lived one hundred
and forty years, and saw his children and
grandchildren for four generations. So Job died,
old and full of days.*

 JOB 42: 15-17

16 signs of emotional abuse in a relationship

MALLORY BLACK

No one expects to find themselves in an abusive relationship. Most relationships begin in a good way with kind words and compliments, but they can turn harmful and emotionally abusive at any time.

Emotional abuse is a type of domestic violence that often flies under the radar, but it should always be taken seriously as a form of abuse. When emotional abuse is present in a relationship, a partner will criticize, threaten or isolate their partner as a way to manipulate and control them. Emotional abuse can be degrading, humiliating and terrifying, often leaving long-lasting scars on one's spirit and self-esteem.

So, how do you know if you're in an abusive relationship? What can you do when a loved one is being emotionally abused? Let's start with recognizing the tactics of emotional abuse.

SIGNS OF EMOTIONAL ABUSE

In an intimate relationship, emotional abuse can look like when a partner:

- * Constantly calls you hurtful or degrading names, insults you or criticizes you
- * Acts extremely jealous or possessive of you
- * Humiliates you in any way, or shames you
- * Isolates you from your family, friends or community
- * Blocks you from making new friends or joining social groups

- * Ignores your presence for several hours, days or weeks
- * Refuses to listen, speak or respond to you (ex. silent treatment)
- * Explodes in anger toward you or is constantly angry at everything you do
- * Pressures you to commit and becomes angry or sulks when you don't commit
- * Threatens to hurt you or themselves, or uses weapons to scare you
- * Threatens to hurt your children, family members or pets
- * Threatens to take your children away from you or call child protective services (CPS) on you
- * Repeatedly lies about where they are, what they're doing or who they're with
- * Calls you "crazy," "too sensitive," or denies abuse is happening when confronted (ex. gaslighting)
- * Cheats on you or flirts with other people to intentionally hurt you
- * Accuses you of cheating in the relationship

When emotional abuse is present in a relationship, you may feel off-balance, like you're walking on eggshells, or question your judgment more than usual. This is because an abusive partner uses harmful behaviors like the tactics above to manipulate and control their partner so they feel powerless. That's why it is so important to trust your instincts when your partner does or says something that doesn't feel right to you.

Emotional abuse is extremely dangerous and detrimental to a person's wellbeing and often has lifelong psychological effects. An

abusive partner's behavior is likely to escalate as time goes on, and they will often use emotional abuse in combination with other abuse types and tactics to obtain and maintain power in the relationship.

People in abusive relationships tend to blame themselves for the abuse or believe they must have done something to deserve the criticism or attacks. No one ever deserves to be abused. And no matter the abusive partner's reasoning for the abuse, domestic violence goes against our traditional ways as Native people. It is never acceptable to hurt a partner or spouse in any way.

IS ARGUING ABUSIVE?

In every relationship, partners can expect to disagree from time to time. Arguments are a normal part of any relationship, but abusive behavior is not.

In a healthy relationship, each partner must commit to being honest, communicating, and trusting the other person. Each partner must work to maintain healthy communication and avoid hurting the other person emotionally, spiritually and physically. Above all, each partner must show respect in the relationship, especially when disagreements arise.

In an abusive relationship, any disagreement can escalate into emotionally or physically abusive behavior. Remember, there is never an excuse for abuse.

GETTING HELP

Recognizing the signs of

emotional abuse is the first step to getting help. If you or someone you know is being hurt in your relationship, know that you are not alone. There are people who want to support you, including advocates at the StrongHearts Native Helpline.

By calling 1-844-7NATIVE (762-8483), you can connect anonymously with a Native advocate who can offer a listening ear and support with whatever is happening in your relationship. You can share as much as you feel comfortable, and our advocates will listen without judgment or blame.

The StrongHearts Native Helpline is available daily from 7 a.m. to 10 p.m. CST. Advocates also offer crisis intervention, assistance with finding ways to stay safe, and a connection to Tribal and Native domestic violence resources, if needed. We can also assist concerned friends or family members with ways to help a loved one who is being abused, as well as people who are worried they might be abusing their partner.

It can also be incredibly helpful to lean on family members and your cultural roots for support. Never forget that you have the strength and courage of your ancestors, too, who dreamed of a world where every one of their relatives would live in safety, happiness and in harmony. You deserve to feel safe in your relationship, no matter what.

Black is a member of the Navajo Nation and works with the StrongHearts Native Helpline.

StrongHearts Native Helpline 1-844-7NATIVE (762-8483)

COMMENTARY

Observations and random thoughts - PTSD and mental health....issue.

WILLIAM LEDFORD

It seems like I've been away for a looonng time, and I have, but not really. I've been dealing with a loss that jarred me to my core and made me come to grips with the fact that, no matter what you say, or do, you really can't prepare yourself. You can't. But, we have to move on because that's what we have to do. But, it was good to be home and see family. I realized that even though I got older, and rounder, they have gotten older too. But, it seems that we didn't age that badly, for me it must be the green and red chile.

This country has entered into some strange and unknown, and uncomfortable, terrain these days. We have shootings on an almost weekly basis and maybe we're getting numb to it but, that's not it. I'm talking about the fact that middle and high school kids in this country, America, are suffering from the same kind of PTSD that our military vets return with from being in the combat zone. We send our young people off to war knowing that many will return with wounds that aren't visible and are perhaps untreatable. Now, thanks to the NRA and the legislators that hide within the deep pockets of this self-centered group, it's open season on our school children. They are now targets because, "it's a Constitutional right that Americans should be able to own any type of weapon available."

This logic, if you can call it logic, is so blatantly stupid and so patently ignorant that it offends me to the point of boiling rage. All the NRA

does is play up to the "little boys who need big toys" BS. There is an NRA spokesperson, a woman actually, that scoffs at the kids that have been assaulted by assault weapons. She's such a good little GOP female, she does what she's told. And she refuses to back down from that point of view. Even the other good GOP female, backed off of her commentary that a Parkland HS kid who watched his friend die from gunshot wounds, "was looking for attention." After hearing that statement come out of her mouth I had to go buy another TV because they don't seem to be able to absorb a glass of iced tea hurled at the screen. Cheap Samsung products. This is getting expensive. I should attach a Bungee cord to my glass while watching the news.

I have a question that's based upon the times and current events and it involves us and our tribal government. Are we a Sanctuary Rez? I'm curious. I see the noise surrounding sanctuary cities all of the time, Santa Fe, NM is one, so, I ask again, are we a sanctuary Rez? Is there such a thing? We talk about our sovereignty but then we're required to pay the State of NC a high tax to operate our casinos. Oh, it's called revenue sharing or other malarkey but really it's just a tax, or as I view it, simple extortion. Hmmm...off topic, again...OK, what is the policy of the executive, legislative and judicial branches of the EBCI tribal government if Trump's Gestapo, AKA ICE, decides to set up and stage a raid on the Rez? I'm very aware that we have a few people that possibly fit an ICE profile living here. We have

more that fit a DEA profile but's another story for another day. Do we allow it? Should we allow it? Better yet, can we stop it? In such a situation can we intercede and roll up ICE operations or do we bend over and meekly allow them to act with impunity on our land? All Native nations need a well-armed, well-regulated, well-trained militia for times like these, that's what the 2nd Amendment really says and in plain English, that's what it really means, a tool to stop federal government overreach. And mark my words, one day we'll need one of these militias.

Ok I'm done. With a sad heart I write this last paragraph. On the 14th of July my little brother Mike

decamped from this world and walked on. It may be odd for people that knew Mike to hear the word little associated with him because in many ways he was larger than life, but he was one of my little brothers. We all kinda camped at the hospital during the week I was there and I want to sincerely thank the staff at Cherokee Hospital for putting up with all of us. All of you deserve a raise and a bonus. You do what I could never do. I can only put up with a few Ledfords at any one time but they put up with a boatload. Again, thank you.

Ledford is a member of the Eastern Band of Cherokee Indians currently residing in Albuquerque, N.M.

**Where there is a
will...
EBCI Legal
Assistance can show
you the way.**

**Ginger Lynn Welch Complex
810 Acquoni Road
359-7400
legalhelp@nc-chokeee.com**

EBCI Legal Assistance assists with end of life planning, family safety representation, domestic violence civil law cases, community education, self-help resources, and brief legal advice. EBCI Legal Assistance also handles child custody representation under certain conditions. Please call to determine if you qualify and if the program may represent you.

Benefits/Fundraisers

Indian Taco Dinner Fundraiser for Cherokee Dog Sanctuary.

Aug. 16 from 12 p.m. to 6 p.m. at the Cherokee Indian Fairgrounds exhibit hall during the Splish Splash Shopping Bash. Indian tack with a drink (soda or water) for \$8. Deliveries are available for local Cherokee businesses on orders of four or more. If you are ordering for your business, place your order by Aug. 14. Info: Chris Harsh 788-3352, Stacey Harsh 736-9317, or message Cherokee Dog Sanctuary on Facebook

Turkey Shoot Benefit for Baby

Toma. Aug. 17 at 5 p.m. at Jesse Welch's Turkey Shoot Facility in the Big Cove Community. Toma is a 1-year-old boy from Big Cove that

needs a heart transplant and funds will be used for a medical trip to Charlotte. Good prizes, good food, good benefit. All are welcome.

Church Events

Raymond Jackson, Furman Wilson, and Emma Garrett Memorial Brush Arbor Gospel Singing.

Aug. 23-24 at Brush Arbor Singing Grounds in Robbinsville. Featured singers: Friday – Walking by Faith (N.C.), Joint Heirs (Tenn.), Forgiven Quarter (N.C.), Simple Faith (N.C.), Smoker-Welch Family (N.C.), Isaac's Well (N.C.), Lone Oak (N.C.). Saturday – Journey Home (Tenn.), Forgiven Quarter, Cogdill Family (N.C.), Smoker Welch Family, Joint Heirs, Lone Oak.

Cultural Events

Cherokee Speaker's Luncheon.

Aug. 21 from 11:30 a.m. to 1 p.m. at the New Kituwah Academy Multi-purpose Room. Meat will be provided. Bring any sides or desserts that you feel will complement the meal. Info: Kayla Pheasant 359-6406 or kaylphea@nc-chokeee.com

Cherokee Adult Language Learners language night.

Aug. 27 from 5 p.m. to 7 p.m. at Qualla Java Café. Group officials relate, "We look forward to seeing you all and using our language together!" Info: Matthew Tooni 736-9831

Cherokee Archaeological Symposium.

Sept. 26-27 at Harrah's Cherokee Casino Resort Council Fire

Ballrooms. The deadline to register is Friday, Sept. 6. To register: <https://www.eventbrite.com/e/2019-chokeee-archaeological-symposium-tickets-65666621633>. Info: Brian Burgess at briaburg@nc-chokeee.com

General Events

WCU Cherokee Center Drop-In.

Aug. 15 from 1 p.m. to 4 p.m. All new, current, and potential students are welcome to drop-in to meet the staff and see how the Cherokee Center can assist during your time in college. Info: WCU Cherokee Center 497-7920 or <https://www.wcu.edu/engage/chokeee-center/>

Upcoming Building Dedications in the Snowbird Community.

- Tuesday, Aug. 20 at 2 p.m. Snowbird Community Youth Center will be named for the late former Cherokee County – Snowbird Rep. Abraham Wachacha.

- Wednesday, Aug. 21 at 2 p.m. Snowbird HIP Housing Development will be named for the late former Cherokee County – Snowbird Rep. Diamond Brown Jr.

Light refreshments will be served at both events.

EBCI Division of Housing Homebuyer Education Class.

Aug. 20-21 from 5 p.m. to 7 p.m. at the Housing Division Conference Room at 756 Acquoni Road in Cherokee. This is a comprehensive view of what building a home on trust land entails and also how to purchase an existing home. The deadline to register is Friday, Aug. 16 at 4 p.m. Must attend both classes which will include question and answer sessions from Housing's Site Prep, Housing Production, and Rehab Grant Program personnel.

THE JACKSON COUNTY CHAMBER OF COMMERCE PRESENTS THE

WNC FLY FISHING TRAIL

WEEKLY FISHING REPORT

AUGUST 12-18, 2019

| WATERSHED | STOCKING | PRODUCTIVITY | ACTIVE SPECIES | HATCHES | FLY/BAIT |
|--|----------|--------------|--|---|--|
| Tuckasegee River | N/A | All Day | Rainbow Trout, Brown Trout, Brook Trout, Smallmouth Bass | Yellow Stone, Black Stone, Tan Caddis, Sulfur | Yellow Sally, Tellico, Sulfur, Light Cahill, Pat's Rubber Leg Fly and Sexy Walt's Worm flies |
| Chattooga & Whitewater Rivers | N/A | All Day | Rainbow Trout, Brown Trout | Yellow Stone, Tan Caddis, and Sulfur | Yellow Sally, Sulfur and Yellow Stimulator, Pat's Rubber Leg Fly and Sexy Walt's Worm flies |
| Inside GSMNP Oconaluftee River & Small Streams | N/A | All Day | Rainbow Trout, Brown Trout, and Brook Trout | Yellow Stone, Black Stone, Tan Caddis, Sulfur | Yellow Sally, Tellico, Sulfur, Light Cahill, Pat's Rubber Leg Fly and Sexy Walt's Worm flies |

COURTESY OF ALEX BELL/AB'S FLY FISHING GUIDE SERVICE

BEST FISHING TIMES BASED ON THE LUNAR CYCLE

| MONDAY, AUG. 12 | TUESDAY, AUG. 13 | WEDNESDAY, AUG. 14 | THURSDAY, AUG. 15 | FRIDAY, AUG. 16 | SATURDAY, AUG. 17 | SUNDAY, AUG. 18 |
|------------------|------------------|-------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| GOOD N/A | BETTER N/A | BEST | BEST | BETTER++ | BETTER | GOOD |
| 11:27 AM-1:27 PM | 12:17 PM-2:17 PM | 12:42 AM-2:42 AM 1:05 PM-3:05 PM | 1:29 AM-3:29 AM 1:52 PM-3:52 PM | 2:14 AM-4:14 AM 2:36 PM-4:36 PM | 2:57 AM-4:57 AM 3:18 PM-5:18 PM | 3:39 AM-5:39 AM 4:00 PM-6:00 PM |

COURTESY OF WWW.SOLUNARFORECAST.COM

CALL 828-586-2155 OR VISIT WWW.MOUNTAINLOVERS.COM

Info: Tina Larch 359-6912 or Shelby Hornbuckle (359-6917

Qualla Boundary Head Start/ Early Head Start Parent Meeting.

Aug. 22 at 5 p.m. The program is recruiting parent volunteers for the Policy Council. Come to this first meeting to see if this is something you may be interested in for the 2019-20 school year. Info: Amanda Bradley 359-3590, amanbrad@nc-chokekee.com

“We Are Coming Together

Wolfatown” event. Aug. 22 from 5 p.m. to 8 p.m. at the Wolfatown Soccer Field. Fellowship, food, door prizes, and Indian Ball. Info: Chelsea Saunooke 507-7848

Book signing event. Aug. 24 from 12 p.m. to 2 p.m. in the lobby of the Museum of the Cherokee Indian. Sandra Muse Isaacs will sign copies of her new book, “Eastern Cherokee Stories”. Info: 497-3481

Health/Sports Events

Meet and Greet with Cherokee Indian Hospital Pediatric Clinic. Aug. 14 from 2 p.m. to 3 p.m. in the Cherokee Indian Hospital Welch Top Conference Room. Join Dr. Nations for a newborn information session on immunizations, safe sleep, breast

feeding, introduction to the clinic, and circumcisions. This will be followed by a tour of the Pediatric Clinic. Info: 497-9163

Catamount Football EBCI Appreciation Day. Sept. 14 with a 3:30 p.m. kickoff. Food and fun available for all EBCI Western Carolina University alumni at Gate 6 Hospitality Tent starting at 1 p.m. Pre-game traditional stickball across the creek on the intramural field starting at 2 p.m. \$10 tickets for the game. Tribal discount tickets are available at the WCU Cherokee Center until Sept. 12 at 4 p.m. Info: Sky Sampson 497-7920 or snsampson@wcu.edu

Upcoming Pow Wows for Aug. 15-18

Note: This list of pow wows was compiled by One Feather staff. The One Feather does not endorse any of these dances. It is simply a listing of ones occurring throughout the continent. Please call before traveling.

215th Annual UMonHOn He’Thuska Hede’Wachi. Aug. 15-18 at Little Warrior Park in Macy, Neb. Head Singer: Tim Grant. Info: No contact information provided

1st Annual Social Pow Wow

Celebrating Mothers and Babies. Aug. 16-17 at Window Rock Sports Center in Window Rock, Ariz. MC: Mike Salabiye. Host Northern Drum: Midnight Thunder. Host Southern Drum: Stricktly Southern.

2019 Neyaashiinigmiing 35th Annual Traditional Pow Wow. Aug. 16-18 at Neyaashiinigmiing Pow Wow Grounds in Neyaashiinigmiing, Ontario, Canada. Info: Shawn Nadjiwon (519) 534-0981, nawah.events.planner@outlook.com

5th Annual Silver State Gourd Dance Society Celebration. Aug. 16-18 at Reno-Sparks Indian Colony Gym in Reno, Nev. MC: Tom Phillips Sr. Head Singer: Perry Cheevers Toppah. Info: Facebook.com/Silver-State-Gourd-Society

Kehewin Cree Nation Pow Wow. Aug. 16-18 at Kehewin Cree Nation Reserve in Kehewin, Alberta, Canada. Info: (780) 545-7242

31st Annual Nansemond Indian Pow Wow. Aug. 17-18 in Suffolk, Va. MC: Clark Stewart. Host Drum: Stoney Creek. Guest Drum: War Paint. Info: (757) 514-1428 or contact@nansemond.org

61st Annual O-Sa-Wan Pow Wow. Aug. 17-18 at Plowman’s Park in Big Rock, Ill. Info: David King at osawan61@gmail.com

Tashina Kremeier Memorial Dance. Aug. 17 at Concho Pow Wow Grounds in Concho, Okla. MC: Eugene Blackbear Jr. Head Singer: Creg Hart. Info: No contact information provided

2nd Annual Southern Plains Gourd Dance. Aug. 18 in Norman, Okla. MC: Martin Flores. Head

Singer: John Hamilton. Info: (405) 420-9913, (405) 420-9912

Support Groups

AA and NA meetings in Cherokee. Alcoholics Anonymous (AA): Tuesdays at 7pm at Cherokee Indian Hospital (CIH), Saturdays at 10am at CIH conference room. Narcotics Anonymous (NA): Mondays at 8pm at CIH, Thursdays at 8pm at CIH, Fridays at 7pm at CIH conference room.

Analenisgi Recovery Center weekly schedule

Mondays

Be Assertive, Not Aggressive: 1 p.m. to 2 p.m.
Parents Supporting Parents: 3:30 p.m. to 4:30 p.m.
Acceptance (open to community): 5 p.m. to 6 p.m.

Tuesdays

Abstract Recovery: 9 a.m. to 11 a.m.
Strong Hearts: 11:30 a.m. to 12:30 p.m.
Life Recovery (open to community): 3 p.m. to 4 p.m.

Wednesdays

W.R.A.P. Class: 9:15 a.m. to 10:15 a.m.
Creative Writing: 10 a.m. to 11:30 a.m.
Adulting 101: 12 p.m. to 1 p.m.
Communication 101: 1:30 p.m. to 2:30 p.m.
We Belong – Two Spirit (open to community): 5 p.m. to 6 p.m.
Peacemaking Support Circle (open to community): 5 p.m. to 6 p.m.

Thursdays

Life Recovery (open to community): 8:30 a.m. to 9:30 a.m.
Putting off Procrastination: 10:30 a.m. to 11:30 a.m.
Radical Acceptance: 11:30 a.m. to 12:30 p.m.

Healthy Boundaries: 1:30 p.m. to 2:30 p.m.

Fridays

www.premierindoor.com

Premier
INDOOR COMFORT SYSTEMS LLC

HEATING | COOLING | INDOOR AIR QUALITY

828-538-2055
Residential & Commercial | 24/7 Service

W.R.A.P. Class: 9:15 a.m. to 10:15 a.m.
 Creative Recovery: 11 a.m. to 12:30 p.m.
 Depression and Anxiety: 1 p.m. to 2 p.m.
 All classes are open to clients of Analenisgi. Classes open to the community are noted. Info: 497-6892

CIHA Bariatric Support Group meets every second Thursday of the month at Cherokee Indian Hospital from 12-1pm in the Soco Gap Training Room. Groups are led by registered dietitians. Info: CIHA Nutrition Dept. – Nilofer Couture 497-9163 ext. 6459, Linda Johnson ext. 6317, Chrystal Frank ext. 6806, or Jean Walborn ext. 7569

Cherokee Cancer Support Group meets the first Thursday of each month at Betty's Place at 40 Goose Creek Road. A pot luck is held at 5:30pm, and the meeting is open to all. Betty's Place is also open M - F 10am – 2pm and provides counseling and support services to cancer patients that may include supplies, travel, and meals. Info: 497-0788

Cherokee Alzheimer's Support Group meets the first Tuesday of every month 1 p.m. at In-Home Care Services in the Beloved Women's & Children's Center second floor). This group is presented by The Alzheimer's Association Western Carolina Chapter. Info: 359-6860

Community Club Meetings
Big Y Community Club meets the second Tuesday of each month at 6pm at the Big Y Community Building. For information on renting the building for your special occasion, call Brianna Lambert 788-3308. The rental fee is \$75 and \$25 will be returned after cleaning.

Big Cove Community Club meets the first Tuesday of every month at 7pm at the Big Cove Rec. Center. Info: Chairman Butch Hill 497-7309, Vice Chairperson Cindy West, Secretary Lavita Hill 736-3126, or Treasurer Lisa Hardesty 788-1646

Birdtown Community Club meets the last Thursday of each month at 6pm at the Birdtown Community Building. Potluck starts at 5:30pm, meeting starts at 6pm. Chairman: Stephan Watty, Vice Chairman: Joi Owle, Treasurer: Deb Slee. Secretary: Sasha Watty. The community building is available for rent.

Paint Town Community Club meets the last Monday of each month at 5:30pm at the new Painttown Gym. Info: Lula Jackson 736-1511, Lois Dunston 736-3230, Abe Queen (Free Labor) 269-8110, Jennifer Jackson (building rental) 269-7702

Snowbird Community Club meets the first Tuesday of each month or the Tuesday before the Tribal Council meeting. Info: Roger Smoker, chairman, (828) 479-8678 or (828) 361-3278, rogersmoker@yahoo.com

Wolftown Community Club meets the first Tuesday of each month at 5:30pm at the Wolftown Community Club Building. Info: Tuff Jackson, chairman, 788-4088

Yellowhill Community Club meets the first Tuesday of each month at 6pm at the Yellowhill Activity Center unless it's a holiday. Info: Bo Lossiah 508-1781, Lloyd Arneach 269-6498, Reuben Teesatuskie (building rental) 497-2043



Just How Hot Can a Hot Car Get?

DEAR PAW'S CORNER: This morning, I was walking into the drugstore when I heard a small dog frantically barking from a nearby car. I looked in the window and saw a toy poodle rushing back and forth along the back seat, putting her paws on the closed windows and barking at everyone passing by. The car was not running, so no air conditioning, though it was parked in a shady spot. I rushed inside the store and called for the manager, who contacted the police.

They immediately opened the car and rescued the little dog, who was panting heavily. Please let your readers know that leaving your pet inside a locked car, even in the shade, can be a death sentence! — *Relieved Pet Mom in Maine*

DEAR RELIEVED: I'm glad this story had a happy ending! Folks, even on a pleasant day with temperatures in the mid-70s, the interior of a car can heat up to life-threatening levels of more than 100 F. That's even on a cloudy day, or when parked in a shady spot.

Even if you leave your pet inside a locked, running car with the air conditioning on, that's still not acceptable. Your pet will be very anxious without you present, and anything might happen while you're away.

If you want to take your pet with you, make sure the places you go will welcome pets inside. (Your pet should be well-trained and responsive to your commands, and not aggressive to other dogs.) Or, have a friend come along and sit in the running car with your dog or walk them in a nearby grassy area or park while you shop.

Otherwise, leave pets at home. The risk is not worth it.

Send your questions, comments or tips to ask@pawscorner.com.

© 2019 King Features Synd., Inc.

Strange BUT TRUE

By Samantha Weaver

- It was English novelist and essayist Virginia Woolf, one of the foremost modernist literary figures of the 20th century, who made the following sage observation: "For most of history, Anonymous was a woman."

- Would you rather give up TV or your phone? In a Pew Research poll conducted last year in the United States, only 31 percent of those surveyed said it would be "very hard" to give up TV, while 52 percent said the same thing about their cellphone.

- In the language known as Ewe, spoken by some natives of West Africa, the concepts of "yesterday" and "tomorrow" are expressed by the same word. If you were to translate that word literally into English, you'd come up with "not now."

- Most people are aware of the fact that scorpions have eight legs — they are, after all, arachnids — but you probably didn't realize that they also have eight eyes.

- According to the Crayola Company, you can eat 3,500 of their crayons a day and still not reach the level of toxicity found in an ordinary glass of drinking water. They don't mention how — or why — anyone would consume that many crayons in a lifetime, let alone a single day.

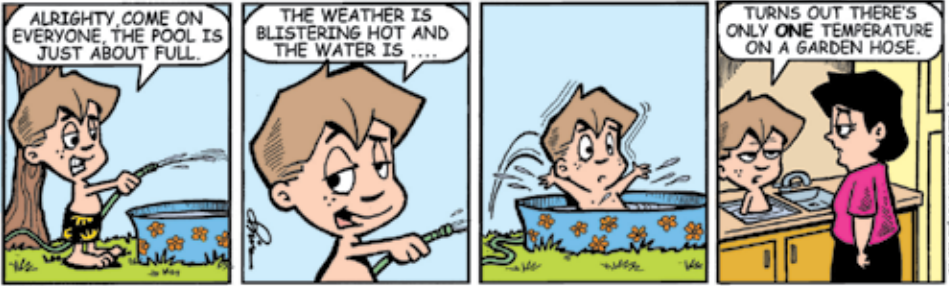
- Those who study such things say that Niagara Falls will only last another 2,400 years.

- Historians say that Mary, Queen of Scots was informed of the murder of her husband, Lord Darnley, in 1567 while she was playing golf. She must have been quite a dedicated sportswoman (or an indifferent wife) because they also say that she completed the round.

Thought for the Day: "I never lecture, not because I am shy or a bad speaker, but simply because I detest the sort of people who go to lectures and don't want to meet them." — *H.L. Mencken*

© 2019 King Features Synd., Inc.

Amber Waves



R.F.D.



The Spats



Weekly SUDOKU

by Linda Thistle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 3 | | 1 | 7 | | | 5 |
| 1 | | | | 9 | | 4 | | |
| | 8 | | 6 | | | | 7 | |
| 5 | 9 | | 7 | | 3 | | | |
| 8 | | | | 6 | | 1 | | |
| | 7 | | 2 | | | | | 4 |
| 2 | | | | 8 | | | | 1 |
| | 9 | | 5 | | | 6 | | |
| | | 4 | | | 3 | | 5 | 2 |

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

© 2019 King Features Synd., Inc.

HOCUS-FOCUS

BY HENRY BOLTIHOFF

Find at least six differences in details between panels.

Differences: 1. Boy's shirt is different. 2. Pictures are rearranged. 3. Button added to man's shirt. 4. Window replaces curtains. 5. Picture on table is missing. 6. Boy is closer to doorway.

© 2019 King Features Syndicate, Inc.

King Crossword

ACROSS

1 ABC daytime offering, with "The"
5 Sand hill
9 Letterman's network
12 Con
13 Egg
14 "The Greatest"
15 Proper subject?
16 Obtains
17 Play on words
18 Oklahoma city
19 Felon's flight
20 Dweeb
21 Individual
23 Green, in a sense
25 Pesky pin-cered insect
28 Worldwide
32 Dentist's directive
33 Presses
34 Giggly sound
36 Outstanding, as debt
37 Tin Man's need
38 Sun. dis-course
39 Distort
42 "— been had!"
44 Doctrines
48 Expert
49 "Yeah, right"
50 Speed along

DOWN

1 Barn-roof decoration
2 Aware of
3 Needle case
4 Look, but don't buy
5 Fairway bend
6 Eye layer
7 Eggnog spring
8 Ambulance org.
9 Mob boss
10 Unclear image
11 Go down
20 Ticket-holders' winnings
22 Japanese-Americans
24 "Crazy" singer
25 Small salamander
26 Beer cousin
27 Fish eggs
29 Feathery wrap
30 Blackbird
31 "Acid"
35 Biblical prophet
36 Handy
39 Cry like a banshee
40 Farm fraction
41 Clarinetist's need
43 String instrument
45 Mediocre
46 Complain
47 Overconfident
49 \$ dispenser

© 2019 King Features Synd., Inc.

BIBLE TRIVIA

by Wilson Casey

1. Is the book of Ephesians in the Old or New Testament or neither?
2. Which of these was stoned to death for preaching that Jesus was the Savior? Stephen, Joel, Asa, Malachi
3. What village was known as "The City of David"? Nimrod, Antioch, Bethlehem, Babylon
4. How many men did Nebuchadnezzar see walking in the fiery furnace? 2, 4, 20, 40
5. From the Bible, who could be called "Mr. Patience"? Naaman, Jairus, Philippi, Job
6. Who owned a coat that had many colors? Hosea, Joseph, Edom, Abraham

Comments? More Trivia? Visit www.TriviaGuy.com

© 2019 King Features Synd., Inc.

Trivia test by Fifi Rodriguez

1. GEOGRAPHY: Which U.S. state has the most miles of rivers?
2. LITERATURE: Who was the author of "The Hundred and One Dalmatians"?
3. ANATOMY: What is the common term for the axilla?
4. LANGUAGE: What is the international radio code word for the letter "P"?
5. MUSIC: How many symphonies did Beethoven compose?
6. SPORTS: How many players are on a cricket team?
7. COMICS: Which comic strip features characters named Jeremy, Hector and Sara?
8. TELEVISION: What is the color of Mr. Spock's blood on the "Star Trek" series?
9. MEASUREMENTS: What is a ligne and what does it measure?
10. FOOD & DRINK: What is the name of a tea named after a 1830s British prime minister?

© 2019 King Features Synd., Inc.



Cherokee Central Schools Position Openings

Cherokee Central Schools Position Openings (Open until Filled unless otherwise indicated):

- **Elementary Teacher** - Must have a valid NC Teaching license or eligible to receive licensure based on bachelor's degree in related field.
- **Special Education Teacher (Middle School)** - Must have a valid NC Teaching license or eligible to receive licensure based on bachelor's degree in related field.
- **Online Education & Career Development Facilitator (High School)** - Must have a Bachelor's degree; a valid NC Teaching License; and at least five (5) years experience in the classroom.
- **Part Time Food Service Worker (Multiple Positions)** - Must have a high school diploma or GED.
- **Cherokee Language Teacher Assistant** - Must have an Associate's degree or minimum 48 completed semester hours -or- may request an education waiver if advanced fluency demonstrated in Cherokee Language.
- **Part Time Cherokee Language Instructor** - Must have an Associate's degree or minimum 48 completed semester hours.
- **Part Time Athletic Trainer** - Must have a bachelor's degree in a health related field. Must be a National Athletic Trainers' Association BOC certified and possess or be in the process of acquiring a licensure, certification or registration from the state of North Carolina.
- **Cultural Coordinator** - Must have a bachelor's degree in business or related field. Must have experience in budget and finance.
- **Speech Language Pathologist (Full Time)** - Qualifications include but are not limited to the following criteria: Certified in NC to work as a Speech Language Therapist; previous work experience, demonstrates the knowledge to perform all intellectual and physical aspects required by the position.
- **Varsity Wrestling Head Coach** - Must have previous successful coaching experience in assigned sport.
- **Middle School Wrestling Head Coach** - Must have previous successful coaching experience in assigned sport.
- **Full Time Custodian** - Must have high school diploma/GED.
- **Human Resources Coordinator** - Must have a Bachelor's degree in Human Resources, Business Management, or other related field. Specialized administrative training or five years work experience in business office management and related technical skill areas.

****Applicants who have accepted the Early Retirement Incentive Plan (ERIP) from EBCI or affiliated entity must wait 3 years before applying for employment.****

APPLY ONLINE at:

**<https://phl.applitrack.com/cherokeecentral/onlineapp/>
or visit www.ccs-nc.org for more information.**



TRADING POST

FOR RENT

2BR, 1 bath mobile home. Quiet park in Ela, no pets. References/background check required. \$450/month, \$450/deposit. 488-8752. UFN

FOR SALE

J. Perez Produce Farmer's Market. Homegrown fresh produce and vegetables, plants, and flowers. Located at 747 Casino Trail, Cherokee, NC. UFN

Blueberries, you pick, \$2/lb. Exit 72 Whittier, follow signs. 8/14

Kemmer Cur puppies, six weeks old - out of bear stock. \$300.00 Call 828-342-1698. 8/28

FREE

Free Gospel Books! (Malachi 4:5 and Revelations 10:7). Are you searching and hungering for more of the Living God? Then, there is more for you! Send for your FREE books at: P.O. Box 1894, Beaufort, SC 29901. UFN

SERVICES

Armstrong Carpet Care Services, install, cleaning, repair. (828)736-8685. 8/28

YARD SALES

Multi Family Yard Sale - Saturday, Aug. 17 from 7 a.m. to 1 p.m. at the old Painttown Gym Parking Lot. Cancel if rain.



ARIES (March 21 to April 19) Despite your Aries penchant for wanting to tackle a problem head-on, you might want to take a little more time to see how a current situation develops. It could surprise you.

TAURUS (April 20 to May 20) Taking on the role of peacemaker in a disruptive environment is a challenge. But you can do it. Just continue to have the same faith in yourself that so many others have in you.

GEMINI (May 21 to June 20) Although your work schedule keeps you busy, you should make time to start preparing for that important upcoming family event you'll want to celebrate in a special way.

CANCER (June 21 to July 22) Home is where the Moon Child wants to be early in the week. But by week's end, a chance to travel raises her or his excitement level, and that of the lucky person who gets to go along.

LEO (July 23 to August 22) Be careful not to be a copycat when dealing with someone who uses unfair or even unkind methods to reach a goal. As always, do the right thing the right way, and you'll win in the end.

VIRGO (August 23 to September 22) An offer could have many good things attached to it that are not apparent at first glance, including a chance to move into another career area. You might want to check out its possibilities.

LIBRA (September 23 to October 22) With responsibilities surging both in the workplace and in the home, it's important to prioritize how you deal with them. Be patient. Pressures will begin to ease starting early next week.

SCORPIO (October 23 to November 21) A positive reaction to a suggestion could indicate that you're on track for getting your message to the right people. Devote the weekend to catching up with the special people in your life.

SAGITTARIUS (November 22 to December 21) A new attitude from those in charge could make things difficult for you unless you can accept the changes without feeling as if you're being pressured into doing so.

CAPRICORN (December 22 to January 19) Family matters once again dominate much of the week. But don't neglect your workplace duties while you deal with them. An offer to help could come from a surprising source.

AQUARIUS (January 20 to February 18) A difficult workplace situation begins to ease, but there still are matters that need to be dealt with before it's fully resolved. There's also a more positive turn in domestic relationships.

PISCES (February 19 to March 20) Don't let yourself be rushed into making a decision about an intriguing financial arrangement. Asking questions and checking it out now could pay off in a big way later on.

BORN THIS WEEK: You might have a tendency to be more than a bit judgmental, but others understand it comes from a warm, loving heart.

© 2019 King Features Synd., Inc.



Kituwah Properties, LLC

Kituwah Properties LLC has the following job opportunities:
Property Manager – Apartment Complex in Shelby, NC
Campground Manager – Ela Campground in Bryson City, NC

Kituwah, LLC

Kituwah, LLC has the following job opportunities:
Office Receptionist/Assistant
Grants Writer/Coordinator

Job Description and Applications can be picked up at the offices of the Kituwah, LLC, 1158 Seven Clans Lane, Whittier, NC 28789, Log Building across from Waffle House, if you have any questions please call Kristin Smith at 828-477-4553.

Applications must be submitted by August 30, 2019.



TALENT TUESDAYS.

YOUR CHANCE TO INTERVIEW US FOR A JOB.

Turn the tables on the traditional hiring process. Join us 10 AM–3 PM for Talent Tuesdays in our Employment Office. Meet hiring managers, ask questions, and get to know what a career with Harrah's is all about. Check HarrahsCherokeeJobs.com for more.



Select positions eligible for hiring bonus. Restrictions apply. Please see Talent Acquisition department for details. Applicants must be 18 years of age or older and have a valid photo ID. An Enterprise of the Eastern Band of Cherokee Indians. Harrah's Cherokee Casinos value diversity and inclusion, and are equal opportunity employers. ©2019, Caesars License Company, LLC.

EASTERN BAND OF CHEROKEE INDIANS

For deadlines and applications call 359-6388. Indian Preference does apply. A current job application must be submitted. Resumes will not be accepted in lieu of a Tribal application.



POSITIONS OPEN

Please attach all required documents

eg: Driver's license, Enrollment, Diplomas, Certificates

Closing Sunday, August 18, 2019

1. Truck Driver/Crew Leader – Solid Waste – Operations (L8 \$34,112 - \$42,640)
2. Certified Nursing Assistant – Tribal In-Home Care Services – Public Health and Human Services (L4 \$23,616 - \$29,520)
3. Firefighter (Multiple) – Fire and Rescue – Operations (L8 \$34,112 - \$42,640)
4. Bookkeeper – Cherokee Department of Transportation – Operations (L8 \$34,112 - \$42,640)

Open Until Filled

1. Part-Time Paramedic (Multiple) – EMS – Public Safety (L8 \$16.40 - \$20.50 per hour)
2. Natural Resources Enforcement Officer (Multiple) – Natural Resources Enforcement – Public Safety (L8 \$34,112 - \$42,640)
3. Patrol Officer (Multiple) – Police Department – Public Safety (L8 \$34,112 - \$42,640)
4. Family Safety Manager – Family Safety – Public Health & Human Services (L16 \$70,192 - \$87,740)
5. Housekeeper I Light Duty – Housekeeping – Support Services (L3 \$21,484 - \$26,855)
6. Driver – Transit – Support Services (L4 \$23,616 - \$29,520)1

Download Applications and Job Descriptions and Apply Online at:
www.ebci.com/jobs

EMPLOYMENT

CHEROKEE INDIAN HOSPITAL AUTHORITY has the following jobs available:

Case Management Support Trainee
– Primary Care
Business Analyst – Finance
Radiology Technologist - PTI
Master Level Therapist – Family
Safety
Child Services Manager – Analenisgi
Pharmacy Technician II
Physician – Emergency Room
PTI RN - Inpatient (2 Positions)
CNA – Tsali Care Center (8 Positions)
Cook – Tsali Care Center (2 Positions)
Cook Aide – Tsali Care Center
CNA Medication Aide – Tsali Care
Center (2 Positions)

PTI CNA Medication Aide – Tsali
Care Center (2 Positions)
PTI LPN – Tsali Care Center
PTI RN – Tsali Care Center (4 Positions)
RN – Tsali Care Center (4 Positions)
RN Supervisor – Tsali Care Center
Ward Clerk – Tsali Care Center (2 Positions)

To apply, visit careers.cherokee-hospital.org. If you have questions, contact the Cherokee Indian Hospital HR department at 828-497-9163. These positions are open until filled. Indian preference does apply.

Cherokee Historical Association Maintenance Positions

Job Requirements:
General maintenance duties include:

- Minor plumbing repairs
- Minor electrical repairs
- Grounds/lawn maintenance
- Maintenance of all campus housing units
- Appliance troubleshooting as needed
- Janitorial work
- Other duties as assigned

Must have valid driver's license and reliable transportation. Having own tools would be beneficial. Be efficient, dependable, trustworthy and able to interact with CHA staff and customers.

Job type: Full and Part time positions are available.

Applications are available at CHA's admin office located at 564 Tsali Blvd., Cherokee, NC Mon-Fri 9:00am – 4:30pm. **8/28pd**

CHEROKEE INDIAN HOSPITAL

AUTHORITY has the following jobs available:

Grant Coordinator - Analenisgi
Food Service Worker
PTR RN – Kanvwotiyi
To apply, visit careers.cherokee-hospital.org. If you have questions contact the Cherokee Indian Hospital HR department at 828-497-9163. These positions will close August 15, 2019 at 4:00pm. Indian preference does apply. **8/14pd**

CHEROKEE INDIAN HOSPITAL AUTHORITY has the following jobs available:

EVS Technician
CNA Medication Aide – Tsali Care Center
To apply, visit careers.cherokee-hospital.org. If you have questions, contact the Cherokee Indian Hospital HR department at 828-497-



START WITH A BASKET. (TO CARRY ALL YOUR OTHER FAVORITE CHEROKEE ART)

The Qualla Arts and Crafts Open Air Indian Art Market.
August 24, 9 a.m.–4 p.m.

Take home authentic Cherokee gifts and great memories of our storytelling, food, and craft demonstrations. Located at Qualla Arts and Crafts Mutual, Inc. in Cherokee, NC and free to the public. For more: Visit CherokeeNC.com | 828.497.3103


CHEROKEE
north carolina

9163. These positions will close August 22, 2019 at 4:00pm. Indian preference does apply. **8/21pd**

**TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT**

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019
At 4:00pm

NAME OF POSITION: Custodian
NUMBER OF POSITIONS: 1
SHIFT: Days

SUMMARY OF JOB: Enforces company regulations and oversees the operation of Tribal Bingo. Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks simultaneously. Most importantly, demonstrate confidentiality. One year custodian experience required. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job description may be picked up at the Tribal Bingo Hall and returned to April Bradley or Caressa Jackson.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

**TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT**

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019

At 4:00pm
NAME OF POSITION: FT Cashier
NUMBER OF POSITIONS: 2
SHIFT: Evening

SUMMARY OF JOB: Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks simultaneously. Most importantly, demonstrate confidentiality. One year cashier/cash handling experience required. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job description may be picked up at the Tribal Bingo Hall and returned to April Bradley or Caressa Jackson.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

**TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT**

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019
At 4:00pm

NAME OF POSITION: Full Time
Floor Attendant
NUMBER OF POSITIONS: 1
SHIFT: Evening

SUMMARY OF JOB: Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks

simultaneously. Most importantly, demonstrate confidentiality. One year experience preferred. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job description may be picked up at the Tribal Bingo Hall and returned to April Bradley or Caressa Jackson.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

**TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT**

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019
At 4:00pm

NAME OF POSITION: PT Cashier
NUMBER OF POSITIONS: 2
SHIFT: Evening

SUMMARY OF JOB: Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks simultaneously. Most importantly, demonstrate confidentiality. One year cashier/cash handling experience required. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job description may be picked up at the Tribal Bingo Hall and returned to April Bradley or Caressa Jackson.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED

BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

**TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT**

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019
At 4:00pm

NAME OF POSITION: PT Concession Attendant
NUMBER OF POSITIONS: 1
SHIFT: Evening

SUMMARY OF JOB: Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks simultaneously. Most importantly, demonstrate confidentiality. One year experience preferred. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job description may be picked up at the Tribal Bingo Hall and returned to April Bradley.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

TRIBAL BINGO ENTERPRISE
JOB ANNOUNCEMENT

ANNOUNCEMENT DATE: July 31, 2019

CLOSING DATE: August 21, 2019
At 4:00pm

NAME OF POSITION: Part Time
Floor Attendant

NUMBER OF POSITIONS: 2
SHIFT: Evening

SUMMARY OF JOB: Presents a professional appearance. Proven communication and interpersonal skills. Enjoys working around people. Strong communication skills. Ability to coordinate multiple tasks simultaneously. Most importantly, demonstrate confidentiality. One year experience preferred. Must obtain a valid NC Drivers License and High School Diploma or GED. Application and a complete job

description may be picked up at the Tribal Bingo Hall and returned to April Bradley or Caressa Jackson.

THE TRIBAL BINGO ENTERPRISE, AN ENTERPRISE CREATED BY THE EASTERN BAND OF CHEROKEE INDIANS, RESERVES THE RIGHT TO REJECT ANY AND ALL APPLICANTS AND EMPLOYMENT IS SUBJECT TO THOSE TERMS WHICH THE TRIBAL BINGO ENTERPRISE DEEM APPROPRIATE. PREFERENCE WILL BE GIVEN TO QUALIFIED MEMBERS OF THE EASTERN BAND OF CHEROKEE INDIANS. **8/14pd**

LEGAL NOTICES

NOTICE OF SERVICE OF
PROCESS BY PUBLICATION
STATE OF NORTH CAROLINA
JACKSON COUNTY

FILE #: 19 CVD 441

In the District Court
TONYA FRANKS,
Plaintiff, vs.
JESSICA BRYSON &
EMERY LITTLEJOHN,
Defendant.)
)

To: EMERY LITTLEJOHN

Take notice that pleading seeking relief against you has been filed in the above-entitled action.

The nature of the relief being sought is as follows: AMENDED CHILD CUSTODY COMPLAINT AND MOTION FOR EMERGENCY CHILD CUSTODY.

You are required to make defense to such pleading not later than August 30, 2019 and upon your failure to do so the party seeking service against you will apply to the court for the relief sought.

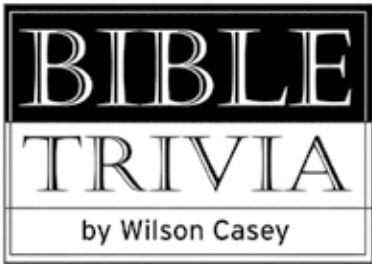
This the 31st day of July 2019.
Brad H. Ferguson, Attorney for
Plaintiff, 1878 Camp Branch Road
Waynesville, North Carolina
28786
828-452-1655. **8/14pd**

Eastern Band of Cherokee Indians
Cherokee, North Carolina
Estate File No. EST 19-075
**In the Matter of the Estate of
Paul Squirrel**

All persons, firms and corporations having claims against this estate are notified to exhibit them to the fiduciary(s) listed on or before the date listed or be barred from their recovery.

Debtors of the decedent are asked to make immediate payment to the appointed fiduciary(s) listed below.
Date to submit claims: 90 DAYS

Puzzle Answers



ANSWERS: 1) New; 2) Stephen; 3) Bethlehem; 4) 4; 5) Job; 6) Joseph



1. Nebraska
2. Dodie Smith
3. Armpit
4. Papa
5. Nine
6. 11
7. "Zits"
8. Green
9. A French unit of length used to size watches, buttons, and hats
10. Earl Grey


— King Crossword —
Answers

Solution time: 24 mins.

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| V | I | E | W | | D | U | N | E | | C | B | S |
| A | N | T | I | | O | V | U | M | | A | L | I |
| N | O | U | N | | G | E | T | S | | P | U | N |
| E | N | I | D | | L | A | M | | D | O | R | K |
| | | | O | N | E | | E | C | O | | | |
| E | A | R | W | I | G | | G | L | O | B | A | L |
| F | L | O | S | S | | | I | R | O | N | S | |
| T | E | E | H | E | | U | N | P | A | I | D | |
| | | | O | I | L | | S | E | R | | | |
| W | A | R | P | | I | V | E | | I | S | M | S |
| A | C | E | | A | S | I | F | | Z | O | O | M |
| I | R | E | | T | H | O | U | | E | S | A | U |
| L | E | D | | M | A | L | L | | S | O | N | G |

— Weekly SUDOKU —
Answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 6 | 3 | 8 | 1 | 7 | 2 | 9 | 5 |
| 1 | 2 | 7 | 3 | 9 | 5 | 4 | 6 | 8 |
| 9 | 8 | 5 | 6 | 4 | 2 | 1 | 7 | 3 |
| 5 | 4 | 9 | 1 | 7 | 8 | 3 | 2 | 6 |
| 8 | 3 | 2 | 4 | 5 | 6 | 7 | 1 | 9 |
| 6 | 7 | 1 | 2 | 3 | 9 | 5 | 8 | 4 |
| 2 | 5 | 6 | 7 | 8 | 4 | 9 | 3 | 1 |
| 3 | 9 | 8 | 5 | 2 | 1 | 6 | 4 | 7 |
| 7 | 1 | 4 | 9 | 6 | 3 | 8 | 5 | 2 |


**HOMEBUYER
EDUCATION
CLASS**
OPEN TO THE PUBLIC
AUGUST 20TH & AUGUST 22ND, 2019
5:00 – 7:00 PM
HCD Conference Room
756 Aquoni Road, Cherokee, NC
28719

Working toward owning a home and don't know where to start? Or want to know what Housing and Community Development has to offer?
Join us for a comprehensive view of what building a home on trust land entails and also how to purchase an existing home.



Deadline to register is Friday, August 16th 2019 at 4:00 pm
Call Tina Larch at 359-6912;
Or Shelby Hornbuckle at 359-6917
MUST ATTEND BOTH CLASSES.
Class will include Q&A Sessions from HCD's Site Prep, Housing Production and Rehab Grant Program Personnel.
SNACK AND PRIZES!!!

FROM DATE OF FIRST PUBLICA-
TION
Pamela Squirrell, P. O. Box 433,
Whittier, NC 28789. **8/21pd**

Eastern Band of Cherokee Indians
Cherokee, North Carolina
Estate File No. EST 19-065

**In the Matter of the Estate of
Kathryn W. Templin**

All persons, firms and corpo-
rations having claims against this
estate are notified to exhibit them
to the fiduciary(s) listed on or
before the date listed or be barred
from their recovery.

Debtors of the decedent are
asked to make immediate payment
to the appointed fiduciary(s) listed
below.

Date to submit claims: 90 DAYS
FROM DATE OF FIRST PUBLICA-
TION

William M. Yarborough, 3722
Channel View Ct., Mt. Pleasant, SC.
9/4pd

Eastern Band of Cherokee Indians
Cherokee, North Carolina
Estate File No. EST 19-079

**In the Matter of the Estate of
COLEMAN WAYNE TERRELL**

All persons, firms and corpo-
rations having claims against this
estate are notified to exhibit them
to the fiduciary(s) listed on or
before the date listed or be barred
from their recovery.

Debtors of the decedent are
asked to make immediate payment
to the appointed fiduciary(s) listed
below.

Date to submit claims: 90 DAYS
FROM DATE OF FIRST PUBLICA-
TION
Suzanne Thompson Terrell, P.O.

Box 784, Cherokee, NC 28719.
9/4pd

PUBLIC NOTICE

On July 5, 2019, Georgia-Car-
olina Radiocasting Companies,
LLC, filed an application with the
Federal Communications Com-
mission for renewal of license of
W267AD (101.3 MHz), which is
licensed to serve Cherokee, North
Carolina. The station transmits
from a site at Cowee Bald, 1711
Huckleberry Creek Rd, in Franklin,
North Carolina, with an effective
radiated power of 114 watts. The
station rebroadcasts WNCC-HD3/
WMIT, in Franklin, North Carolina.
Individuals who wish to advise the
FCC of facts relating to the renewal
application and to whether this
station has operated in the public
interest should file comments and

petitions with the FCC by November
1, 2019, by writing to: FCC, Wash-
ington, DC 20554. **8/14pd**

BIDS, RFPs, etc.


Request for Proposals

The Cherokee Tribal Court seeks
competitive proposals for licensed
attorneys to represent enrolled
members in civil legal matters on a
contractual basis.

The EBCI Legal Assistance Office
needs to refer clients that cannot
be represented by that office due
to a conflict of interest to outside
counsel for representation.
Qualifications include:

1. Applicant must be admitted to
practice in the Cherokee Court
of the Eastern Band of Cherokee
Indians.
2. Applicant must provide diligent,

**TS DOPOLBGE
GWY Dhehady**
Cherokee Speaker's Luncheon



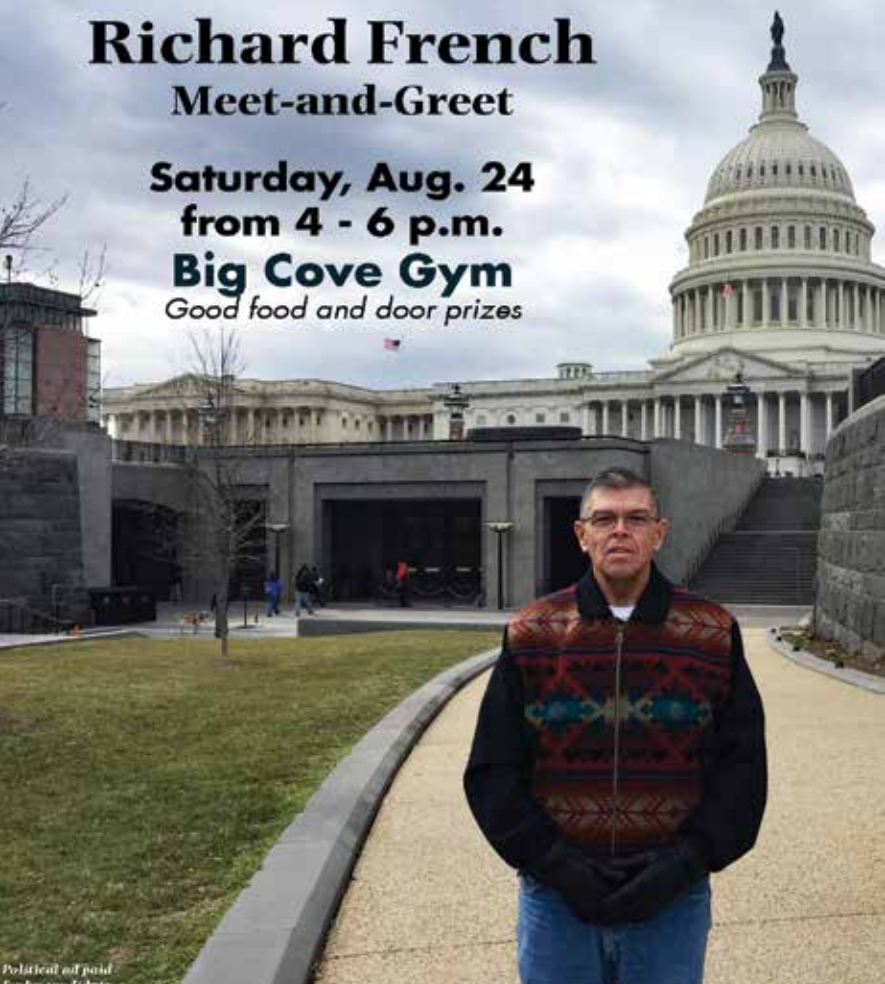
When: August 21st, 2019
Time: 11:30am-1:00pm
Where: New Kituwah Academy Multi-
Purpose Room
Address: 60 Water Dam Rd, Cherokee, NC
28719

Meat will be provided. Please bring any
sides or desserts that you feel will comple-
ment the meal. We look forward to seeing
you there!

If you have any questions please contact Kayla Pheasant @kaylphea@nc-
cherokee.com or 828-359-6406

Richard French
Meet-and-Greet

Saturday, Aug. 24
from 4 - 6 p.m.
Big Cove Gym
Good food and door prizes



Political not paid
for by candidate

professional representation to clients.

3. Applicant should have experience representing clients in custody cases before the Cherokee Court.

4. Applicant must be responsive to clients and bill accurately.

Interested individuals should submit a brief letter proposal including the following information:

- Name and contact information
- Relevant education and experience in this type of work
- Proposed contract terms, including cost to the EBCI
- Professional references

Proposals may be submitted at any time, but those received on or before August 31st will receive priority over later submissions.

Please email proposals to Bonnie Claxton, Manager of the EBCI Legal Assistance Office, bonnclax@nc-chokeee.com.

This is a solicitation of proposals and not an offer to contract. The Eastern Band of Cherokee Indians reserves the right to decline any proposals received. **8/14pd**

Request for Proposals

The Cherokee Court is now taking applications for one (1) part-time Magistrate. This position will substitute for the full time magistrates at the Cherokee Courts while the magistrate is on leave status. Familiarity with the Cherokee community and with a court system (state, federal, or tribal) is preferred. Ability to work with the public and handle conflicts is required. Following training, this position will have full authority to make all magistrate related decisions, including issuing warrants and subpoenas, and other duties as assigned by the Chief Justice.

Education and experience: Requires any combination of at

least four (4) years practical work experience or education in a legal or law enforcement related field. Position will require both in-office and on-call performance of duties.

Interested individuals should submit the following:

- Name and Contact Information
- Relevant Work Experience
- Copies of Certificates

Proposals may be submitted at any time, but those received on or before August 31, 2019 will receive priority over later submissions.

Please email, mail or fax to: Amber Shuler, Court Administrator ambeshul@nc-chokeee.com

PO Box 1629
Cherokee, NC 28719
(828)359-0012 (fax)

This is a solicitation of proposals and not an offer to contract. The Cherokee Tribal Court reserves the right to decline any proposals received. **8/28pd**

Request for Proposals

The Cherokee Tribal Court seeks competitive proposals for a Juvenile Public Defender. This service will be paid on a contractual basis from the Cherokee Tribal Court. Interested individuals should submit a brief letter proposal including the following:

1. Name and Contact Information
2. Copies of Certificates and Licenses
3. Relevant Work Experience

Proposals may be submitted at any time, but those received on or before August 31, 2019 will receive priority over later submissions.

Please mail or email proposals to: Amber Shuler, Court Administrator
Cherokee Tribal Court
PO Box 1629
Cherokee, NC 28719
ambeshul@nc-chokeee.com

This is a solicitation of propos-

als and not an offer to contract. The Cherokee Tribal Court reserves the right to decline any proposals received. **8/28pd**

Request for Proposals

The Cherokee Tribal Court seeks competitive proposals for a Public Administrator. This service will be paid on a contractual basis from the Cherokee Tribal Court. Interested individuals should submit a brief letter proposal including the following:

1. Name and Contact Information
2. Copies of Certificates and Licenses
3. Relevant Work Experience

Proposals may be submitted at any time, but those received on or before August 31, 2019 will receive priority over later submissions.

Please mail or email proposals to: Amber Shuler, Court Administrator
Cherokee Tribal Court
PO Box 1629
Cherokee, NC 28719
ambeshul@nc-chokeee.com

This is a solicitation of proposals and not an offer to contract.

The Cherokee Tribal Court reserves the right to decline any proposals received. **8/28pd**

Kituwah Properties, LLC Request for Qualifications seeks

a General Contractor to ensure that all aspects of maintenance and clean-up of landscaping, grounds, structures, equipment, etc. are maintained in a thorough and timely manner within the Ela Campground Park.

For a copy of the RFQ contact the Kituwah Properties, LLC – Kristin Smith, Office Administrator, at: Phone: (828) 477-4553 Email: kristin.smith@kituwahllc.com
Submission deadline is August 23rd, 2019. **8/21pd**

Good Housekeeping

Porterhouse Steak With Grilled Salad

- 1/4 cup chili sauce
 - 1/4 cup balsamic vinegar
 - 3/4 teaspoon salt
 - 1 garlic clove, crushed with side of chef's knife
 - 1 beef loin porterhouse steak, 2 inches thick (about 2 1/4 pounds)
- Grilled Salad (below)

1. In a pie plate or deep dish, mix chili sauce, vinegar, salt and garlic. Trim all fat from steak; add steak to chili-sauce mixture to coat.

2. Place steak on grill over medium heat and brush with half the chili-sauce mixture remaining in baking dish. Cook steak 20 to 30 minutes for medium-rare or until of desired doneness, turning steak occasionally and brushing with chili-sauce mixture remaining in dish halfway through grilling. Serve with Grilled Salad if you like. Serves 5.

• Each steak serving: About 315 calories, 39 g protein, 5 g carbohydrate, 15 g fat (6 g saturated), 109 mg cholesterol, 425 mg sodium.

GRILLED SALAD: About 15 minutes before serving, cut 1 large head radicchio into 6 wedges. Cut each of 3 medium-size heads Belgian endive lengthwise in half. In small bowl, mix 3 tablespoons olive oil, 1 tablespoon chopped fresh rosemary leaves or 1 teaspoon dried rosemary leaves, crushed, and 1/2 teaspoon salt. Place radicchio and endive on grill over medium heat; brush with olive-oil mixture. Cook 5 to 10 minutes, turning them occasionally, until vegetables are tender-crisp.

• Each salad serving: About 85 calories, 1 g protein, 3 g carbohydrate, 8 g fat (1 g saturated), 0 mg cholesterol, 225 mg sodium.

For thousands of triple-tested recipes, visit our Web site at www.good-housekeeping.com/recipefinder/.

© 2019 Hearst Communications, Inc.
All rights reserved

**Cherokee Tribal Court Jury List
for Aug. 19**

*Jury excuses will be held on
Tuesday, Aug. 13 at 9:30 a.m.*

Allison, Judy O
Anders, Amy Estelle Sequoia
Armachain, Alexa Rae
Aryani, Santi
Bigmeat, Noel Edward
Bigmeat, Robert Cain
Bird, Regina Dawn
Bradley, Bobby Moore
Bradley, Erica Lea
Bradley, Flora Swimmer
Bradley, Onita Louise
Carroll, Kelcie Lynn
Castillo, Abel Nunez
Chandler, Cindy Diana
Cooper, Tammra Kay Cetin
Corbin, Ryan Patrick
Crow, Lindsay Hornbuckle
Crowder, Naomia Lee Ann
Crowe, Becky Parker
Davis, Waylon Dewight
Durant, Sally Ann
Enggelina M, Lenny Catarina
Ensley, Charles Dennis
Flores, Otilia
Fugate, Kimberly Ann
Golden, Dustin Allen
Grindstaff, Anita Barker
Herrera, Selena Ann
Hicks, Arthur Lee
Hill, Eugene Francis
Hill, Nichalus Isaiah
Huskey, John David
Huskey, Tedda Hairston
Jackson, Dwayne Allen
Johnson, Deric Bradley
Jumper, Winnie Leigh
Junaluska, Carmen Valaire
Justice, Felicia Amber
Kent, Martina Bowman
Lambert, Birda Francine
Lambert, Ernest Lillard
Lambert, Patricia Kay
Lambert, Sheila
Ledford, Maggie Nicole
Ledford, Stanley Ray
Lespier, James Ernest

Long, Shannon Marie
Lyons, Danny Lee
Manuel, Tyrone
Mele, Theresa M
Mitchell, Mareena Nicole
Owle, Joseph Micah
Pande, Putu Mikoyoshi
Raby, Jacquelyn Bradley
Raya, Fidel
Reed, Eva Tooni
Reed, Robert Bruce
Rice, Brandon Shane
Rodriguez, Israel Milan
Roland, Rachael Kirkland
Ross, John Robert
Santoyo, Jessica
Santoyo, Jose Luis
Sequoyah, Kieran Simone
Simonds, Elizabeth Ann
Sluder, Keahana Tushmal
Smith, Walter Paul
Sneed, Christopher Travis
Taylor, Autrey Vincent
Thomas Lambert, Karla Andrea
Tiger, Samantha Nicole
Tippins, Mareia Ann
Toineeta, Tyler Edward
Tramper, Jimmy Dean
Wahnetah, Robert Austin
Waldrop, Tiffany Cara
Walker, Amanda Faye
Walkingstick, Daniel Dean
Watty, Mandel Stephen
Welch, Ned Daniel
Young, Annie Marie

**Cherokee Tribal Court Jury List
for Sept. 23**

*Jury excuses will be held on
Friday, Sept. 13 at 9:30 a.m. Jury
Hotline Number: 359-7046*
Armachain, Elaine
Beasley, Beverly Hopkins
Bigwitch, Charles William
Blankenship, Ronald Keith
Blythe, Marcie Leigh
Bowers, Tina Johnson
Bradley, Alicia Colleene
Bradley, Mika Briana
Bryant, Andrew Joseph

Callaham, Lorie Ann
Carey, Matthew Anthony
Chavez, Michelle Lynn
Cooper, Loretta Elaine
Crowe, Keanu Leigh
Cucumber, Bobby Joe
Culler, Lee Edward
Dietzel, Jackson Lewis
Dixon, Mildred Alyne
Driver, Linda Sue Brady
Franks, Jesse Derrick
Grimes, Anthony Louis, Jr
Guilford, Cynthia Taylor
Haynie, Robert Dwight
Herr, Mary Antoinette
Hill, Mary Jane
Hornbuckle, Houston Jeremaine
Houston, Tiffany Renee
Huskey, Robert Zane
Hyatt, Gloria West
Johnson, Andrew Edward
Jumper, Stancil, Jr
Kersey, Donald Alvin
Killian, Minnie Caldwell
Lambert, Stephen Jesse
Larson, James Harold, Sr
Ledford, Mark Randal
Ledford, Storm Mae
Littlejohn, Emery Lee
Littlejohn, Frances Lucille
Long, Roberta Ernestine
Lovelace, Margie Simons
Lyons, Brian Lee
McCoy, Carla Faye
McCoy, Teresa Ann
McCoy, Verna Washington
Morris, Shasta Cunningham
Noviyanti, Kadek
Owle, Daniel Adam
Parris, Justin Lee
Powell, Rosemary Owle
Queen, Jessica Lynn
Queen, Sharon Catt
Reed, Ronald David
Romanczuk, Zofia
Sadler, Doria Jane Ramsey
Sampson, Harriet Hope
Sanders, Eric Tracy
Schell, John Henry, Jr
Sequoyah, BrandiVVade

Sequoyah, Lewis Clinton
Shell, Amanda VVoods
Slee, Michael Edward
Smathers, Keisha Marie
Smith, Jessie Driver
Spann, Amy Joann
Standingdeer, Berdina Michelle
Swilling, Ralph Stephen
Taylor, Aubrey Hornbuckle
Taylor, Trudy Louise
Teesateski, Uktena
Terrell, Suzanne Renee
Toineeta, Lauren Elise
Wahnetah, Kevin Robert Blaine
Walkingstick, Jennifer Charliece
Walls, Concheta Dehart
Warrington, Dana Travis
Welch, Rachel Louann
West, Kelly
West, Nicole Christina
Wildcat, Vera Sequoyah
Williams, Jimmy Nathan
Williamson, Clark James
Woodall, Anner Lynn



Qualla Boundary Head Start & Early Head Start is a federally-funded program that provides early education for children ages birth to five years for low income families (according to federal income guidelines). The Big Cove Children's Center, which is part of the program, offers the same services as the Early Head Start and Head Start program.

There are no child care fees for the program. **It's FREE!**

The following screenings are offered to every child:

- Developmental
- Speech
- Hearing
- Vision
- Dental exams
- Growth assessments
- Mental wellness
- Nutrition

To apply, go to the Dora Reed Children's Center to pick up an application. You can also find the application on the EBCI Public Health and Human Services website. Applications are accepted year-round.



**Fall classes
start Aug. 14**



"When I applied for my current position at Harris EMS my cover letter contained the following statement: 'A firm education from a stellar, accredited institution has laid the foundation upon which I have built my professional career.' Without SCC, many of my accomplishments would not have occurred."

- Kyle Dowling, *Distinguished Alumni Award Winner, 2013 SCC graduate,
Paramedic Supervisor and Training Officer, Harris EMS*

ENROLL TODAY

 **Southwestern**
COMMUNITY COLLEGE
A Nationally Ranked Top 10 College

www.southwesterncc.edu