## Afternoons in October

In Autumn, we light our fires to remember what it means to transform, that the equinox brings fresh breath to our Native souls.

At home,
I watch as candles glow
in the early afternoon,
as their dancing
flame-bodies remind
me that I belong to this season
and this season
belongs to me.

I ignite the pinion and see smoke rise from a small, clay log house, an incense burner for moments such as these.

I smell the air as it cleanses me through and through, and I say thank you to the Long Gone Ones who speak to me still, in the quiet mid-day.

I hear flutes play, singing a song of remembering, telling a tale that I've never heard but have always known.

Autumn speaks
in her early days,
and she sends the wind
to breathe on us
and the leaf-rustle
to give us courage
for the journey ahead.

Autumn.

She is our slow and gentle beginning.

~ Kaitlin Curtice