Cherokee Life Center
Track and Field Registration Form
August 2, 2013 @ Old Cherokee High School Track

Athletes Name: _____
Age:_____ **Birth Date:** _____ **Gender: Boy Girl**
Parents Name: _____ **Phone Number:** _____
Health Concerns:
_____
_____

9-10 year old 10:00 am pick up to 4 events

- 50 meter run
- 100 meter run
- 200 meter run
- 4x100 relay
- 1 mile run
- 4X400 relay
- Softball throw
- long jump
- spoon and egg race
- potato sack

11-12 year old 11:00 am pick up to 4 events

- 100 meter run
- 200 meter run
- 400 meter run
- 800 meter run
- 1 mile run
- 4X400 relay
- 4x100 relay
- Softball throw
- long jump
- spoon and egg race
- potato sack

13-15 year old 12:00 pm pick up to 4 events

- 100 meter run
- 200 meter run
- 400 meter run
- 800 meter run
- 1 mile run
- 4X400 relay
- 4x100 relay
- disc throw
- long jump

16-18 year old 12:30 pm pick up to 4 events

- 100 meter run
- 200 meter run
- 400 meter run
- 800 meter run
- 1 mile run
- 4X400 relay
- 4x100 relay
- disc throw
- long jump

Parent Signature: _____ Date: _____
Athlete's Signature: _____ Date: _____

*Entrys must be received by July 25, 2013 by 5:00 pm at Cherokee Life Center
*Wavier must also be signed
* Questions call Ahli-sha Stephens 554-6498 or email ahlistep@nc-cherokee.com
* Pick up training tips at CLC
* Arrive 15 minutes before your event